



Trinitas Regional Medical Center

Trinitas Regional Medical Center (TRMC), an RWJBarnabas Health facility, is a major center for comprehensive health services for those who live and work in Central New Jersey. Trinitas is a Catholic teaching medical center with Catholic oversight by the sisters of Charity of Saint Elizabeth. In 2022, Trinitas joined RWJBarnabas Health, New Jersey's largest academic health system, to allow significant investment in facilities, technology and innovation to enhance clinical services.

With 12 Centers of Excellence across the continuum of care, Trinitas has distinguished itself in cardiology, cancer care, behavioral health, dialectical behavior therapy, renal care, nursing education, diabetes management, wound healing, breast health, seniors' health care, women's health care and sleep medicine.

Trinitas Comprehensive Cancer Center, together with Rutgers Cancer Institute, the state's only National Cancer Institute-designated Comprehensive Cancer Center, is at the forefront of cancer research, prevention, diagnosis and treatment of routine, rare and complex cancers. Our multidisciplinary team of nationally recognized oncologists, nurses and oncology support professionals provide the most advanced treatment options to ensure a compassionate, comprehensive and personalized approach to diagnosing and treating cancer.

The Connie Dwyer Breast Center offers the latest in comprehensive breast health services including mammograms, 3D mammograms, breast MRI, genetic testing, fellowship-trained breast surgeons and more. Our multidisciplinary team provides access to the most advanced screening and treatment options for breast cancer including complex surgical procedures, radiation therapy techniques, clinical trials, immunotherapy and precision medicine.

Trinitas Behavioral Health campus at New Point, part of RWJBarnabas Health Behavioral Health services, together with Rutgers University Behavioral Health Care (UBHC), is a leading provider of integrated mental health and substance abuse treatment services to children, adolescents, adults and seniors, serving almost 200,000 outpatient behavioral health visits annually. In 2023, the Healthcare Foundation of NJ Center for Autism & Developmental Disabilities unit opened to serve adults with intellectual and developmental disabilities (I/DD), as well as co-occurring mental disorders. Trinitas is the only hospital in the state of NJ to offer this specialized unit for individuals living with I/DD and mental illness.

Vital Statistics



553
Beds



752
Medical Staff



722
Nurses



63
Residents



1,133
Births



12,967
Inpatient Admissions
(includes acute, non-acute and observational cases)



57,766
ER Visits



4,888
Surgeries



333,908
Outpatient Visits
(includes the ER & Psych Clinic)



15,789
Cancer Visits



34,428
Renal Visits



151,649
Psychiatric Visits



For patients struggling with emotional regulation, the Trinitas Institute for Dialectical Behavior Therapy and Allied Treatments offers a structured, manualized treatment plan developed to treat individuals with Borderline Personality Disorder (BPD), as well as individuals with chronic mood and behavioral issues. The DBT programs at the Trinitas Institute are certified by the DBT-Linehan Board of Certification (DBT-LBC). Trinitas also offers Electroconvulsive Therapy (ECT), a modern, safe, treatment for certain severe psychiatric disorders performed in a dedicated surgical suite with a team of health professionals.

Our modern 46,000-square-foot Medical Arts Building houses the comprehensive Women's Health Center for obstetrics and gynecology (OB/GYN) services, Women Infants and Children Supplemental Nutrition Program (WIC), a comprehensive Pediatric Health Center, a 19-station Dialysis Center and several physician practices.

Trinitas School of Nursing, part of RWJBarnabas Health, provides pre-licensure nursing education, in partnership with Union College, to graduates who serve as professional nurses in our community, around the nation and globally. The School of Nursing has been designated as a Center of Excellence in Nursing Education by the National League for Nursing, and is recognized as the first faculty in the nation to have all eligible members earn the Certified Nurse Educator (CNE) credential.

Honors & Awards



- Healthgrades' 2023 Five Star recipient for Pacemaker Procedures for 6 consecutive years (2018-2023) and Five Star recipient for Treatment of Diabetic Emergencies.



- Healthgrades' 2023 Labor & Delivery Excellence Award, recognizes hospitals nationwide for superior clinical care of women during and after childbirth.



- Trinitas received the American College of Radiology (ACR) Diagnostic Imaging Accreditation and the Gold Seal, in Breast Ultrasounds and Computed Tomography (CT), 2023-2026.



- The Joint Commission has provided disease-specific care certifications to Trinitas for the following programs:
 - Accredited:
 - Behavioral Health Care and Human Services: 2023
 - Acute Care Hospital: 2023
 - Advanced Certification Program:
 - Advanced Palliative Care: 2023
 - Primary Stroke Center: 2023
 - Certification:
 - Joint Replacement - Hip: 2023
 - Joint Replacement - Knee: 2023



- Go Clear Award- Surgical Smoke-Free Recognition Program, GOLD level. Presented by the Association of periOperative Registered Nurses (AORN) to recognize health care facilities that are committed to providing increased surgical patient and health care worker safety by implementing practices that eliminate smoke caused by the use of lasers and electro-surgery devices during surgery.



- Trinitas School of Nursing was recognized as a 2020-2024 Center of Excellence by the National League for Nursing Education for the fourth consecutive time. This is the only diploma program in the nation that is a NLN Center of Excellence in Nursing Education continuously since 2008.



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RWJBarnabas
HEALTH

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Let's be healthy together.