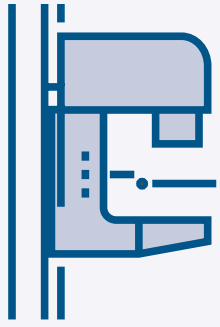


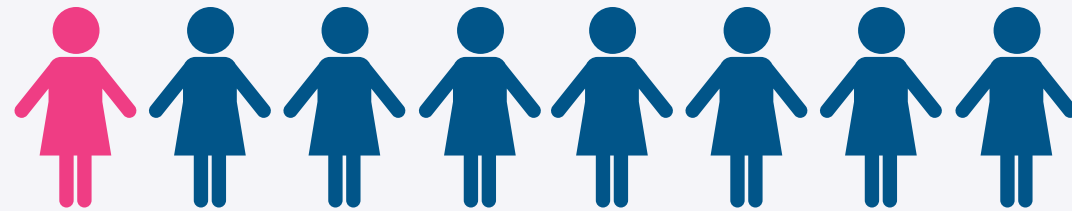
October is Breast Cancer Awareness Month



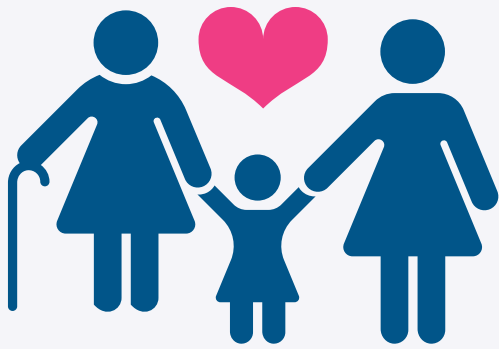
Annual mammograms can **detect breast cancer** early when the prognosis is best.

40

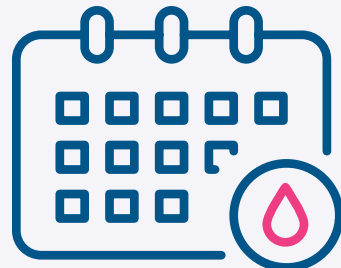
Women should begin getting an annual mammogram at **age 40**.



About **1 in 8 women** will be diagnosed with breast cancer during her lifetime.



More than **85% of women diagnosed** with breast cancer have **no family history** of the disease.



Having your **first menstrual period before age 12** or **starting menopause after age 55** increases your risk for breast cancer.



Male breast cancer accounts for less than one percent of all breast cancer diagnoses.

Dense breasts may **increase your risk** for breast cancer.



There are more than **4 million breast cancer survivors** in the United States.

Learn more and **schedule your mammogram** at rwjbh.org/mammo

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Let's beat breast cancer together.