



## Patient Safety Sitter Resource: 15/30 Minute Watch

*You may be assigned more than one patient*

*Typical assignment: Elderly who wander, patients with occasional memory loss, confusion, prior history of falls, behavioral health units*

### Patient Information:

15-minute watch

30-minute watch

This patient is on a 15/30 min watch because: \_\_\_\_\_

The most recent behaviors/risks have been: \_\_\_\_\_

They have a history of: \_\_\_\_\_

I received handoff from: \_\_\_\_\_

### 15/30 Minute Watch Role & Duties:

Observe and check in with intention every 15/30 minutes

Make sure the patient has everything they need during your check in:

Call bell

Phone

Access to water (*if allowed*)

Offer toileting

Be mindful not to get distracted with other patients; seek assistance to remain on time with the watch

Document your observations

Escalate any concerns or issues to the patient's care team

Provide a thorough and structured handoff



I'm here to help you stay safe, so I need to check in on you regularly. I'll be back in 15/30 minutes.

What can I help you with?

I have a safety concern...  
I'd like to share an observation from today...

During my shift, this is what happened/what I noticed...

This is what you should be aware of...

***You are so vital to each patients' safety, even a few minutes' delay in checking in can be unsafe.***