

## Cancer Support Services

# STRONGER TOGETHER

Clara Maass Medical Center's Stronger Together program provides support, education and hope to patients in active and survivorship phases of the cancer continuum. Our goal is to support patients on their cancer journey with general support groups, mindfulness programs and educational workshops.

We strive to create a safe, inclusive environment for patients to talk about their challenges and experiences and share with others who are in similar situations. For more information, please contact us at [CMMCstrongertogether@rwjbh.org](mailto:CMMCstrongertogether@rwjbh.org) or call 973-450-4150.



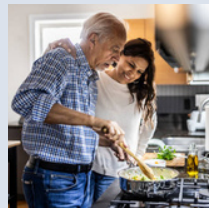
## Upcoming Events

### Monthly Cancer Support Group CMMC Cancer Center Conference Room

**August 13 | 1 p.m. to 2 p.m.**

Topic: Cancer Fighting Diet  
"Cancer Prevention & Prevention of Recurrence"

Speaker: Silvana Blanco, MS, RD  
Registered Dietitian, Clara Maass Medical Center

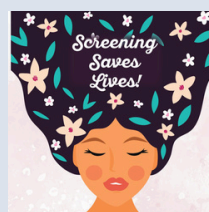


**September 10 | 1p.m. to 2 p.m.**

Topic: Meditation Session  
Camile Ventrell, Meditation Instructor

### Breast Cancer Screenings on the ScreenNJ LifeSaver Mobile Health Unit October 21 | 9 a.m. to 3 p.m. Clara Maass Medical Center 36 Newark Ave. Suite 132 Belleville, NJ

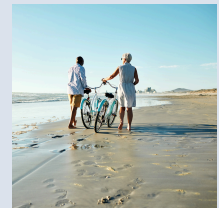
Appointment required:  
Text "Screen" to 43386  
Call 833-727-3665  
Email [patientnavigation@cinj.rutgers.edu](mailto:patientnavigation@cinj.rutgers.edu)



### Men's Cancer Support September 21 | 10 a.m. CMMC Learning Center

Topic: Prostate Cancer and  
Sexual Health

Speaker: Dr. Kuang-Yiao (Ken)  
Hsieh, MD, Urologist  
RWJBH Medical Group and  
Essex Hudson Urology



### Wellness Seminars for Cancer Survivors September 26 | 5:30 p.m. CMMC Cancer Center Conference Room

Topic: Genetics and Cancer  
Survivorship  
Speaker: Alejandra M Rodriguez  
(Gomez) MS, CGC, Licensed and  
Certified Genetic Counselor



[Please click or scan the QR code to get updates about Stronger Together programs.](#)