## FEBRUARY IS AMERICAN HEART MONTH



# Women's Heart Health: What You Need to Know

## Friday, February 28, 2025 | 10 a.m. - 12 p.m. The Museum at Jersey City Medical Center

350 Montgomery Street, Jersey City | First Floor Auditorium

Heart disease is the leading cause of death for women in the U.S., but many women are unaware of the signs, symptoms, and risk factors.

Join us for an insightful panel discussion as we celebrate American Heart Month. Our distinguished panelists will cover important topics related to heart health, from risk assessment and imaging to heart failure and nutrition.

Don't miss this opportunity to gain valuable knowledge and take steps toward better heart health and wellness!

Register today and get ready to discover how to live a longer, happier and healthier life. Boxed lunch will be provided (parking information will be shared after registration).

To RSVP, scan the QR code or go to: <a href="mailto:rwjbh.org/events/event/?event=39104">rwjbh.org/events/event/?event=39104</a>





Jersey City Medical Center

### **Featured Panelists**

#### MODERATOR



**Kimberly A. Skelding, MD** Division Chief of Cardiovascular Services and Interventional Cardiologist



Mary Abed, MD Executive Vice Chair for Strategic Operations, Department of Medicine and Cardiologist



Eman Rashed, MD, PhD Advanced Heart Failure and Transplant Cardiologist



Yekaterina Kim, MD Non-Invasive Cardiologist



Kristin Carlino, MS, RDN, CSOWM Registered Dietitian