



The Physical Therapy Program helps patients reach their full potential by minimizing impairments while promoting mobility and function for participation in their home and community. Our pediatric physical therapists are specialists in the unique needs of children, adolescents and young adults from birth through 21 years of age and they are experts in a variety of treatment interventions allowing them to individualize a plan of care to meet the unique needs of the child and family.

## Physical Therapy evaluation and treatment may include:

- Ongoing observation and analysis of the child's functional abilities and struggles
- Identification of impairments
- Provision of strategies and home activity suggestions to encourage mobility, increase strength and flexibility, improve balance and coordination, prevent deformities or further injury, overall wellness and fitness recommendations
- Assess needs for equipment and bracing and make appropriate referrals
- Coordination of care with other health care providers
- Partnering with families to develop specific objective, measurable and time based goals to focus the care
- Etc.

## Your physical therapist will work with you to help develop a plan for your child taking into consideration:

- Goals that you and / or your child have for therapy
- Evidence (if available) or best practice standards for the amount of therapy needed
- How your child progresses during therapy
- What resources are available (i.e., your availability, transportation, funding; family support) to you and your child
- Etc.

Learn more.



## Treat children with

- Acute medical conditions
- Amputation
- Arthrogryposis
- Autism Spectrum Disorders (ASD)
- Brain injury
- Burns
- Cerebral palsy
- Developmental delays
- Genetic disorders
- Etc.

## Interventions recommended

- Aquatic therapy
- Balance and coordination activities
- Serial casting, splinting or bracing
- Developmental facilitation
- Endurance training
- Equipment training
- Gait training for difficulty walking
- Home exercise programs
- Etc.