

**Monmouth
Medical Center
Southern Campus**

**RWJBarnabas
HEALTH**

**COMMUNITY HEALTH
NEEDS ASSESSMENT**

**MONMOUTH MEDICAL CENTER
SOUTHERN CAMPUS**

2019

ACKNOWLEDGEMENTS

The following partners led the Monmouth Medical Center Southern Campus (MMCSC) Community Health Needs Assessment.

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- Shirley Hwang, Vice President, Business Development Southern Region RWJBH
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RWJ BARNABAS HEALTH COMMUNITY HEALTH NEEDS ASSESSMENT STEERING COMMITTEE

The RWJ Barnabas Health CHNA Steering Committee oversees the 2018-2019 CNA process to update Hospitals CNAs and create new Implementation/Community Health Improvement Plans. The key tasks of the Steering Committee include:

- Oversight and guidance of CHNA implementation plan development
- Review facility implementation/health improvement plans and results
- Review of suggested priorities for facility implementation planning
- Share strategies and best practices

Members of the RWJ Barnabas Health CHNA Steering Committee include:

- Jen Velez, Executive Vice President, Community and Behavioral Health, Committee Chair
- Michellene Davis, Executive Vice President, Corporate Affairs
- Bryan Soltes, System Vice President, Network Development, Oncology Services
- Connie Greene, Behavioral Health/Preventive Care
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MONMOUTH MEDICAL CENTER SOUTHERN CAMPUS STEERING COMMITTEE CONSULTANT ADVISORS

Steering Committee Technical Advisors:

- Withum, Smith & Brown (Scott Mariani)
- New Solutions Inc. (Nancy Erickson¹)
- Bruno & Ridgway, Inc. (Joseph Ridgway)

Questions regarding the Community Needs Assessments should be directed to RWJ Barnabas Health System Development & Planning at BHPlanningDept@RWJUH.org.

¹ The CHA's development consultants, New Solutions, Inc., have planned and conducted numerous community needs assessments and implementation plans with multiple organizations including individual hospitals, health systems, other health care and community organizations such as consortia comprised of a wide range of participant organizations. The NSI team, of which two are Ph.D. prepared, includes: planning consultants, market researchers, epidemiologists, computer programmers and data analysts. NSI has extensive regional and local community knowledge of health issues, community services and provider resources for the community reviewed by this assessment. This expertise, as well as the methodological and technical skills of the entire staff, was brought to bear in conducting this Community Health Needs Assessment.

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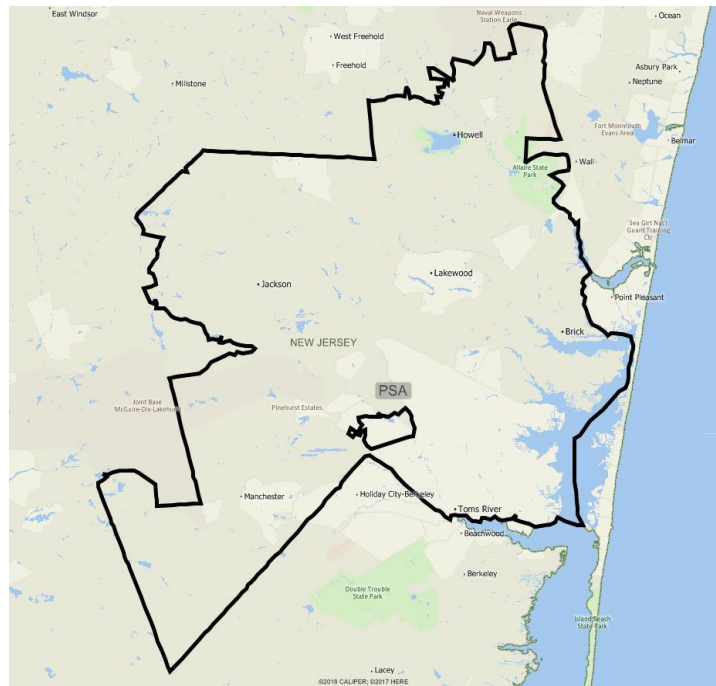
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EXECUTIVE SUMMARY

Background

The Monmouth Medical Center Southern Campus (MMSC) Community Health Needs Assessment (CHNA) is designed to ensure that the Medical Center continues to effectively and efficiently serve the health needs of its service area. The CHNA was developed in accordance with all federal rules and statues, specifically, PL 111-148 (the Affordable Care Act) which added Section 501(r) to the Internal Revenue Code. The MMSC Needs Assessment was undertaken in this context and developed for the purpose of enhancing health and quality of life throughout the community. This assessment builds upon the CHNA completed in 2016. The 2016 Implementation Plan results are reviewed in Appendix A.

MMSC Service Area



The CHNA uses detailed secondary public health data at state, county, and community levels, a community health survey, and focus groups with other community stakeholders. MMSC is a member of RWJ Barnabas Health, which convenes a multi-disciplinary, multi-facility Steering Committee that provides additional support and leadership. Also, insight and expertise from the Monmouth Medical Center Southern Campus CHNA Local Oversight Committee helps to identify health assets, gaps, disparities, trends, and priorities. The Methodology section details the data collection process and analysis.

Service Area

The service area is determined by considering three factors: patient origin, market reliance on the Hospital (market share), and geographic continuity and proximity. Zip codes representing approximately 50% of the MMSC patient origin form the initial primary service area (PSA); any zip code in which the Hospital has a high market share presence is also included. Zip codes with lower market share are deleted from the PSA definition and included in the secondary service area (SSA). Geographic proximity is used to create a contiguous area and completes the service area determination. MMSC’s PSA is predominantly located in the northern section of Ocean County. The SSA is comprised of other sections in the central and southern areas of the county. For purposes of this assessment, Ocean County, MMSC’s home county, was selected to best represent communities served by the Medical Center in reviewing data sources presented at the county level.

MMSC Primary Service Area	
ZIP Code	ZIP Name
07727	Farmingdale
07731	Howell
08527	Jackson
08701	Lakewood
08723	Brick
08724	Brick
08733	Lakehurst
08753	Toms River
08755	Toms Rive
08759	Manchester
08754	Toms River
08756	Toms River

TOP HEALTH ISSUES

The MMCSO Oversight Committee considered primary and secondary data to determine top health issues based on capacity, resources, competencies, and needs specific to the populations it serves. These issues are within the Hospital's purview, competency and resources to impact in a meaningful manner: substance abuse, management of chronic diseases: heart disease, diabetes and cancer.

1. Substance Abuse

Substance abuse refers to a set of related conditions associated with the consumption of mind- and behavior-altering substances that have negative behavioral and health outcomes. Risk factors for substance abuse are similar to mental health conditions and also include poverty and drug availability. Substance abuse has a major impact on individuals, families, and communities. The effects of substance abuse are cumulative, significantly contributing to costly social, physical, mental, and public health problems.

Approximately 10% of American's suffer from a drug abuse problem. Despite a steady decline of drug addiction in the early 2000's substance abuse has increased dramatically in over the past decade. The pervasive use of drugs stems from a variety of factors including the increase availability of drugs. Alterations in brain chemistry caused by prescription and street drugs, as well as untreated emotional and psychological conditions that lead to drug experimentation.

Behavioral health disparities impact diverse groups in the U.S., including racial and ethnic groups, young adults, women, and the LGBTQIA community. There is stigma associated with mental health diagnosis and treatment, particularly among African-Americans and Latinos. Behavioral health plays a major role in one's ability to maintain good physical health. Problems with physical health, such as chronic diseases, can have a serious impact on mental health and decrease a person's ability to participate in treatment and recovery.

Of late, the issue of opioid misuse and addiction has captured the attention of federal and state governments, leading to the U.S. President declaring the opioid crisis a public health emergency. To help clarify some of the reasons for this decision, the National Institute on Drug Abuse has estimated that 115 people a day die as a result of an opioid overdose. In 2014 alone, AHQR reported New Jersey had the 6th highest rate of emergency room visits for opioids (265.4/100,000 population). Between 2014 and 2016, there was a 40% rise in the number of deaths as a result of drug overdoses in the State. The majority of the victims had heroin or fentanyl in their systems.

To help combat this issue, New Jersey announced a statewide initiative to help combat the opioid crisis. One of the initiatives will include a 24-hour response team which will include first responders, mental health advocates, substance abuse counselors specially trained in dealing with addiction, and a beefed-up prescription monitoring program funded by more than a million dollars in federal grants.

- In 2016, there was a higher percentage of binge drinkers in Ocean County (16.4%) than the County Health Ranking benchmark (12.0%).
- Alcohol-impaired driving deaths were 24.3% compared to the County Health Ranking benchmark of 13.0%
- In 2016, 49.4% of primary drug treatment admissions for heroin compared to 43.4% statewide.
- The number of opioid dispensations reached more than 75% of the County's population.

- Drug overdose deaths increased from 134 in 2014, to 242 in 2016.
- Naloxone administrations increased from 624 in 2015, to 977 in 2016.

MMSC patients have access to an array of prevention, intervention and substance use disorder services through the RWJBarnabas Health Institute for Prevention and Recovery (IFPR) is a leader in New Jersey for substance use disorder, focused prevention, and recovery services. IFPR has almost 30 years of experience providing programs and services implemented by a team of highly skilled professionals. Through comprehensive programs offered across NJ, IFPR perpetuates real change by facilitating effective, long-term impact which creates prevention and recovery prepared communities. IFPR is also recognized for its tobacco cessation services, as well as its Training Institute.

2. Management of Chronic Diseases

(1) Cardiovascular Disease

Cardiovascular disease is the leading cause of death for both men and women of most ethnicities, causing 1 in every 4 deaths in the United States. Cardiovascular disease refers to a constellation of conditions affecting the heart and blood vessels. These conditions are caused by the failure of valves or muscle of the heart and are worsened by blockage of veins and arteries. Some of the most prevalent types of heart disease include coronary artery disease, heart attack, heart failure, congenital heart diseases, and stroke. Comorbid conditions include high blood pressure, high cholesterol, and diabetes. Each of these conditions contribute to and exacerbate cardiovascular disease by diminishing blood vessel function. High blood pressure is usually asymptomatic but damages the heart, kidneys, and brain. High levels of LDL cholesterol can build up in blood vessels, eventually causing fatal blockages. Nearly two-thirds of diabetics die from some form of heart vessel disease. All three comorbidities are preventable and can be contained by changing behavioral risk factors.

Coronary artery disease, the most common type of cardiovascular disease, causes more than 370,000 deaths annually.² In 2012, this condition alone cost the United States \$444 billion, with annual increases projected. Heart failure kills more than 177,000 people every year and poses a significant economic burden. Older Americans are hospitalized for heart failure more than any other age group. As the nation's population skews older in coming decades, the cost of heart failure is projected to triple by 2030.

While some risk factors for heart disease (age, family history, male gender, post-menopause, race) cannot be altered, lifestyle changes minimize health conditions associated with heart disease, thereby lowering the likelihood of onset. Obesity increases cholesterol, elevates blood pressure levels, and causes diabetes, all comorbid conditions of heart disease. Healthy eating and exercise can lead to a healthy weight and lower the risk of heart disease. Physical inactivity leads to high blood pressure, high triglyceride levels, low levels of HDL cholesterol, diabetes, and obesity. Regular physical activity can improve these measures. Dietary choices can also increase one's risk of heart disease and obesity. Diets high in saturated fats and cholesterol raise blood cholesterol levels and promote atherosclerosis. Diets high in salt content can raise blood pressure levels. Excessive alcohol use leads to increased blood pressure and higher levels of triglycerides. Cigarette smoking increase the risk of developing heart disease and heart attack by 2 to 4 times by increasing blood pressure and promoting atherosclerosis. Second-hand smoke can increase the risk of heart disease to non-smokers as well.³

² www.cdc.gov/heartdisease/facts.htm

³ www.cdc.gov/heartdisease/behavior.htm

- Cardiovascular disease is the leading cause of death in the nation, New Jersey and Ocean County.
- Between 2014 and 2016, the Ocean County age-adjusted mortality rate decreased for deaths due to heart disease but remained higher than statewide and surrounding counties.
- Between 2011 and 2015, the percent of Ocean County adult residents reported high blood pressure decreased 4.8 percentage points, from 38.4% to 33.6%, but remained above the *Healthy People 2020* target of 26.9%.
- Adults with high cholesterol in Ocean County were nearly 40% of the population.

Cardiovascular disease and related illnesses (high blood pressure, diabetes, and stroke) are prevalent among MMSC service area residents. Cardiovascular disease was identified in a survey of local health officers as one of the top six health-related concerns in the primary service area. Service area residents also identified cardiovascular disease as a key health concern in a Bruno & Ridgway survey.

Many chronic diseases are caused by a short list of risk behaviors including tobacco use and exposure to secondhand smoke; poor nutrition, including diets low in fruits and vegetables and high in sodium and saturated fats; lack of physical activity; and excessive alcohol use.

MMSC addresses the risk factors associated with and the effects of cardiovascular illness. MMSC provides COPD, obesity, high blood pressure, cancer, and cardiac disease screenings. Health education lectures developed collaboratively with local Health Departments, Boards of Education, libraries, and professional and community organizations are available to the community. The Heart Center at MMSC earned disease-specific Joint Commission Certification for Heart Failure, Acute Coronary Syndrome, and Cardiac Rehabilitation.

(2) Diabetes

Chronic diseases are non-communicable, prolonged in duration and rarely completely cured. Chronic illness is a significant driver of the national burden of disease and associated costs. Approximately 6 in 10 Americans live with at least one chronic health condition. Chronic diseases are responsible for 70% of deaths in the United States and treatment accounts for 86% of healthcare costs.⁴ Individuals living with severe chronic illness are heavy users of acute hospital services; better coordination of care can potentially improve health outcomes while reducing hospital use.⁵ Common chronic conditions include heart disease, cancer, stroke, diabetes and arthritis.

Diabetes is a disease in which blood glucose levels are elevated due to abnormal insulin levels. Type 1 diabetes does not allow the body to produce insulin. Type 2 diabetes, the more common disease type, inhibits the body from optimally making or using insulin. Without adequate insulin, glucose remains in the bloodstream and over time, excess blood glucose can cause serious problems, including damaging the eyes, kidneys, and nerves. Diabetes can also cause heart disease, stroke and amputation. Pregnant women may develop gestational diabetes.

- Based on the latest BRFSS survey, the percent of Ocean County residents told they had diabetes decreased from 9.9% in 2011, to 6.6% in 2016.

4 <http://www.cdc.gov/chronicdisease/>

5 <http://bmchealthservres.biomedcentral.com/articles/10.1186/1472-6963-13-164>

- Diabetes is a contributing factor to renal failure. In 2016, the rate of Ocean County residents using a hospital service for renal failure was higher than the State rate.
- The percent of Ocean County residents with a BMI of ≥ 30 trended upward from 26.8% in 2012, to 28.8% in 2016.
- Within Ocean County, the percent of adults reporting no leisure-time physical activity trended upward from 25.5% in 2014, to 24.8% in 2016.

Educating those that have diabetes or who are at risk for diabetes is the goal of MMCSA's Diabetes Education Program. Recently awarded the prestigious American Diabetes Association (ADA) Education Recognition Certificate, the program is now certified by the ADA as offering a high-quality diabetes self-management that is an essential component of effective diabetes treatment.

The program is taught by certified diabetes educators who are also registered nurses and dietitians. Participants receive assistance with glucose monitors, receive nutritional information and advice with meal planning, and learn about treatment options.

(3) Cancer Care

Cancer, the second leading cause of death in the United States, causes approximately 1,600 deaths per day. The disease initiates with unrestrained and abnormal cell growth and spreads via the blood and lymph systems. Cancer is caused by gene mutations that affect how cells grow and divide. Mutations can be inherited or caused by environmental and lifestyle factors. In 2011, the Agency for Healthcare Research and Quality estimated the cost of cancer in the United States totaled \$88.7 billion, with increases projected. There are over 100 different types of cancers, but lung, colorectal, and breast cancers carried the heaviest economic burden. Lung, colorectal, and breast cancers are also responsible for high disability-adjusted life years (DALYs).

Prevention, early detection, and treatment of common cancers yield economic benefits as treating late-stage cancer is more expensive than treating early-stage cancer. Late-stage breast cancer treatment costs three times more than management of early-stage disease. Screening for cervical, breast and colorectal cancers helps detect disease at an early and treatable stage. Vaccines to prevent Hepatitis B (HBV) and HPV are critical to prevention of liver and cervical cancers. Lifestyle-related health behaviors, such as tobacco use, diet, and physical activity can also be modified to reduce risk.

The elderly are at greater risk for developing cancer than younger age cohorts. The median age of cancer diagnoses is 66, with persons aged 65-74 having a 1 in 4 chance of developing the disease. Between 5–10% of all cancer cases can be attributed to genetic defects and the remaining 90–95% attributed to environmental and lifestyle factors. While genetics like age and family history cannot be manipulated, most other major risk factors and lifestyle choices can be changed.

Obesity increases the risk of several cancers; physical activity and nutritious eating can help bring about a healthy weight. One study of severely obese people found significant weight loss reduced risk by one-third. Obesity is associated with increased risks for many types of cancer including breast, colon, endometrial, esophagus, kidney, pancreas, gall bladder, thyroid, ovary, cervix, prostate, multiple myeloma and Hodgkin's lymphoma.⁶

⁶ Retrieved from www.cdc.gov/healthyyouth/obesity/facts.htm. Accessed 7/8/13.

Carcinogens are substances that are responsible for damaging DNA, promoting and aiding cancer. Tobacco, asbestos, radiation (gamma and x-rays), the sun, and car exhaust fumes are well known carcinogens. The rate of breast cancer is greatly increased when women have excess estrogen levels for a prolonged time period. Viruses that weaken the ability of the immune system to fight infection (HPV, Hepatitis B and C, Epstein-Barr, HIV) and immunosuppressive drugs are also linked to an increased risk.

- Between 2007 and 2016, the age-adjusted mortality rate for cancer in Ocean County decreased from 200.2/100,000 to 162.6/100,000.⁷
 - The 2016 Ocean County cancer mortality rate was higher than the New Jersey AAMR of 148.3/100,000 and higher than Monmouth County.
- In 2016, 68.0% of Ocean County adults 50+ had a sigmoidoscopy or colonoscopy, higher than New Jersey (65.1%).
- In 2016, 79.9% of Ocean County women 40+ reported having a mammogram screening within the past 2 years, compared to 77.3% in New Jersey.⁸
- In 2016, in Ocean County, 73.4% of women aged 18 and older had a pap smear within the last three years, compared to 74.5% in New Jersey.⁹
- In 2016, the overall incidence of cancer in Ocean County (509.4/100,000) was higher than the State and Monmouth County rates.
- In the Community Health Survey, cancer was identified as one of the top five health-related concerns in the primary service area.

MMCSC presents community lectures addressing cancer prevention. Health education is supplemented with screenings for lung, breast, prostate, oral, cervical (PAP smear), and skin cancer. Screenings and lectures are collaborative efforts with local Health Departments, Boards of Education, libraries, and professional and community organizations.

MMCSC is accredited by the American College of Radiation Oncology and The American College of Surgeons. The staff at MMCSC's Cancer Center includes dietitians, hospice liaison nurses, medical oncologists, medical physicists, nurse educators, oncology-certified nurses, pastoral care, pathologists, radiation oncologists, radiation therapists, social workers (bilingual available), and surgical oncologists.

7 ibid

8 County Health Rankings 2016 <http://www.countyhealthrankings.org/app/new-jersey/2016/measure/factors/50/data>

9 Behavioral Risk Factor Surveillance System 2012

- *Healthy People 2020* is a 10-year agenda to improve the nation’s health that encompasses the entire continuum of prevention and care. For over three decades Healthy People has established benchmarks and monitored progress over time to measure the impact of prevention activities. *Healthy People 2020* benchmarks are used throughout the report to assess the health status of residents.
- The County Health Rankings, published by the University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation, rank the health of nearly all counties in the United States. The rankings look at a variety of measures that affect health such as high school graduation rates, air pollution levels, income, rates of obesity and smoking, etc. These rankings are also used throughout the report to measure the overall health of Ocean County residents. County rates are also compared to statewide rates.

The MMCSC needs assessment was developed for the purpose of enhancing the health and quality of life throughout the community. To this end, both internal and external data were used to understand recent health indicators and opportunities to provide a positive impact on health and wellness. Other significant needs determined by this CHNA include:

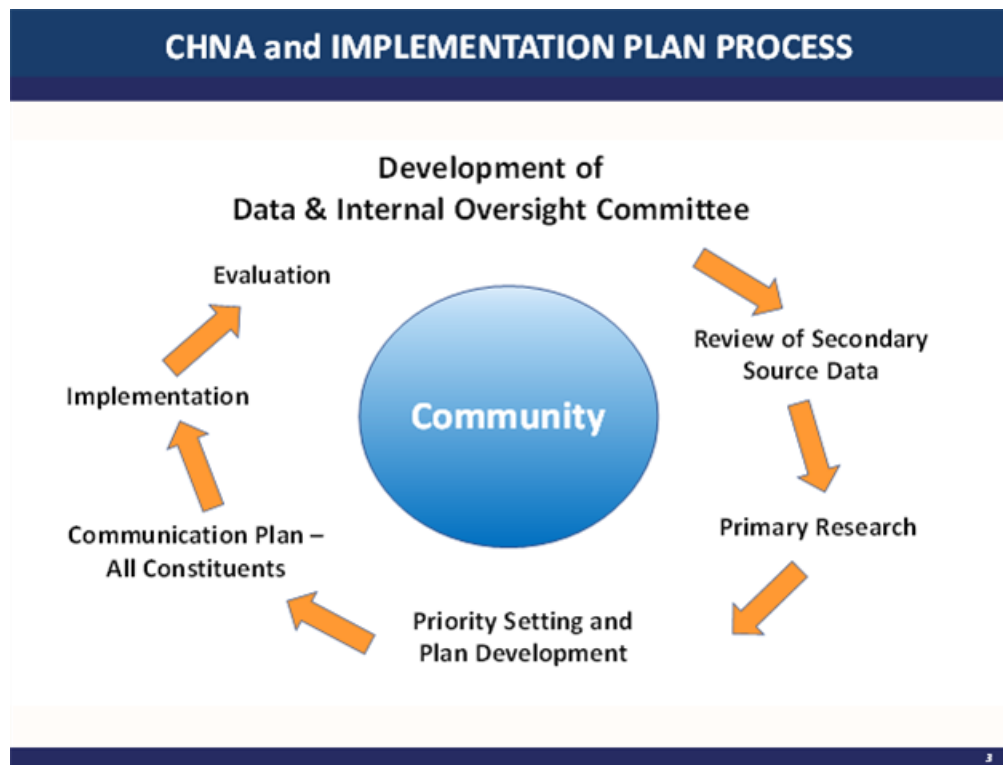
- Mental Health
- Access to Care
- Language/Cultural Barriers
- Access to Specialty Care Services
- Access to Physicians
- Maternal/Child Health
- Awareness of Resources

2. METHODOLOGY/SERVICE AREA

A. METHODOLOGY

Monmouth Medical Center Southern Campus (MMCSC) developed an evidenced-based process to determine the health needs of Ocean County residents. CHNA data sources include both primary and secondary data to provide qualitative and quantitative information about the communities. Data from these sources were reviewed with the Steering Committee to identify and prioritize the top issues facing residents in the service area (see Top Health Issues section).

The flow chart below identifies the CHNA and implementation planning process employed.



Prioritization Process

Following the Steering Committee's review of quantitative and qualitative data on April 30, 2019, a list of 11 issues were identified by consultants as common themes of the research. These issues became the suggested priority issues and included:

- Mental Health
- Substance Abuse
- Cancer
- Awareness of Resources
- Maternal & Child Health
- Access to Specialty Care Services
- Heart Disease

- Diabetes
- Access to Physicians

A ballot was developed, and a survey sent in August 2019 to members of the local Steering Committee asking them to rank each issue based on the following criteria.

- Number of people impacted
- Risk of mortality and morbidity associated with the problem
- Impact of the problem on vulnerable populations
- Meaningful progress can be made within a three-year timeframe
- Community's capability and competency to impact

A tally of the ballots cast resulted in the following five issues to be ranked highest overall.

- Substance Abuse
- Heart Disease
- Diabetes
- Cancer
- Mental Health

Rankings were also developed and weighted for each prioritization criterion.

Members of the Hospital's Executive Committee met to discuss and determine the priority/priorities it would undertake for the next three years. They agreed that for the next three years the Hospital would work on the following top priority areas:

- Substance Abuse
- Chronic Disease Management
 - Heart Disease
 - Diabetes
 - Cancer

Primary Data Sources

Community Health Needs Surveys

In order to obtain a service area-specific analysis for the MMCSA service area, on-line survey Interviews were conducted among 512 residents of the Hospital's PSA. Interviews were conducted online and by telephone. A link to the online survey was displayed on hospital web pages and social media sites. Additionally, postcards were handed out at area businesses and libraries, directing residents to the online survey link.

Focus Group Discussions

Two focus groups were undertaken to uncover additional information from key community groups and individuals with respect to health needs, challenges and barriers, and suggestions for improving access to health care. MMCSA Focus Group Report is found in Section 4. (See Section 4) Focus group meetings were

conducted on July 8, 2019 by New Solutions, Inc. and included representatives of Hasidic population and those representing low income minority populations.

Secondary Data Sources

Over 100 secondary data sources are compiled in this CHNA, presenting data by indicator by county and state. Sources include: The United States Census Bureau, Centers for Disease Control and Prevention (CDC), New Jersey Department of Health (NJDOH), and Behavioral Risk Factor Surveillance System (BRFSS). See **Appendix B** for a detailed list of sources.

Appendix C contains a detailed report of cancer incidence and mortality by cancer site for Ocean County for the years 2010-2017. In addition, hospital tumor registry data is utilized to understand stage of cancer at time of diagnosis.

Health Profile

Section 5 provides a comprehensive presentation of health outcomes as well as the social determinants of health and other health factors that contribute to the health and well-being of Ocean County residents.

Color Indicator Tables

Throughout the Health Profile Section of this CHNA, the color indicator tables compare county level data to *Healthy People 2020* targets, County Health Rankings benchmarks, and New Jersey State data. Data by race/ethnicity are compared to data for all races in the county, unless otherwise indicated. Ocean County was the midpoint value compared to a range 20% higher than the value for New Jersey, *Healthy People 2020*, or County Health Rankings Benchmarks, or 20% lower than the value for New Jersey, *Healthy People 2020*, or County Health Rankings Benchmarks. If the county value was within the range 20% lower or 20% higher than the comparison indicator, or considered within reasonable range, the indicator will be yellow. The table will be red if the Ocean County value is more than 20% worse or lower than the indicator value. If the Ocean County value is 20% better or higher than the indicator value, the table will be green. Comparative counties are also presented providing additional context for select health indicators.

Assets and Gaps

Section 6, Assets and Gaps, summarizes the preceding components of the CHNA. Assets highlight county information indicating improvement over time, in comparison to other counties and the State, or in comparison to other races or genders. Gaps focus on disparities in Ocean County or the MMCSC Service Area that have a negative trend, in comparison to other counties in the State or to other races or genders.

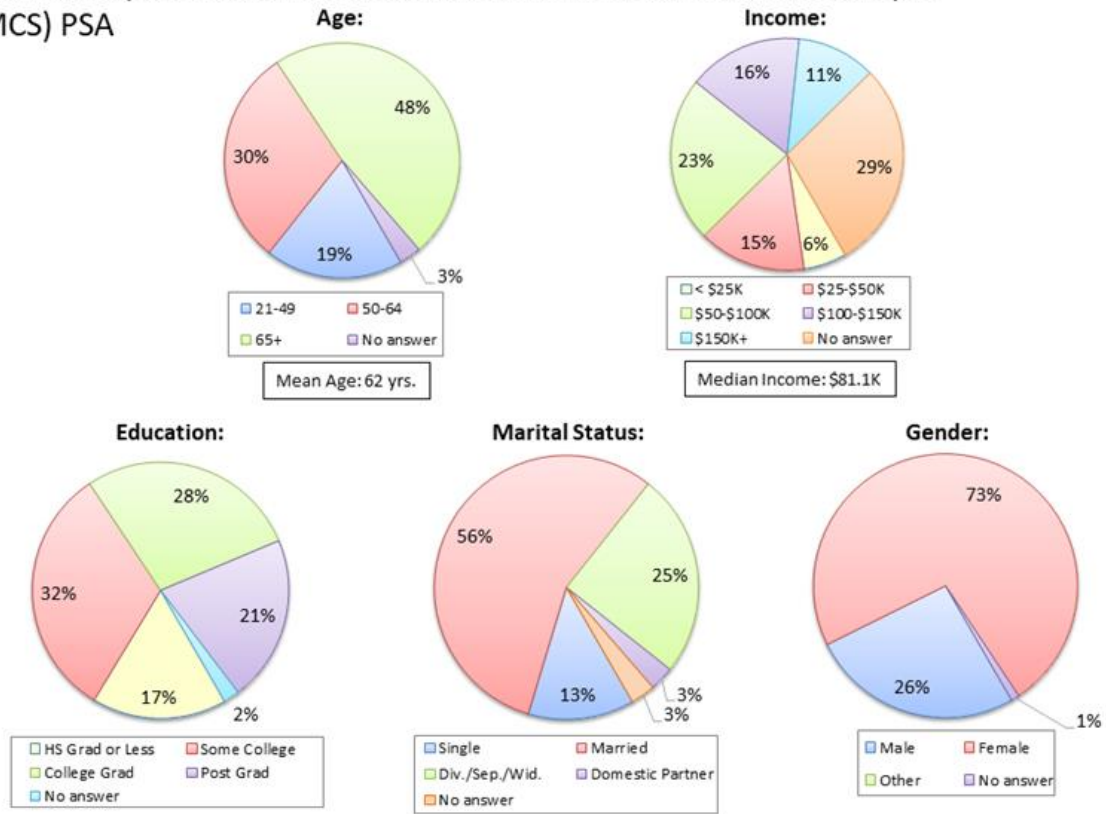
Resource Inventory

A service area-specific resource inventory is included as **Appendix D**, which details health and social service resources available to residents in Ocean County. Providers' names, addresses, and phone numbers and type of services provided are contained in the inventory.

3. COMMUNITY HEALTH NEEDS SURVEY

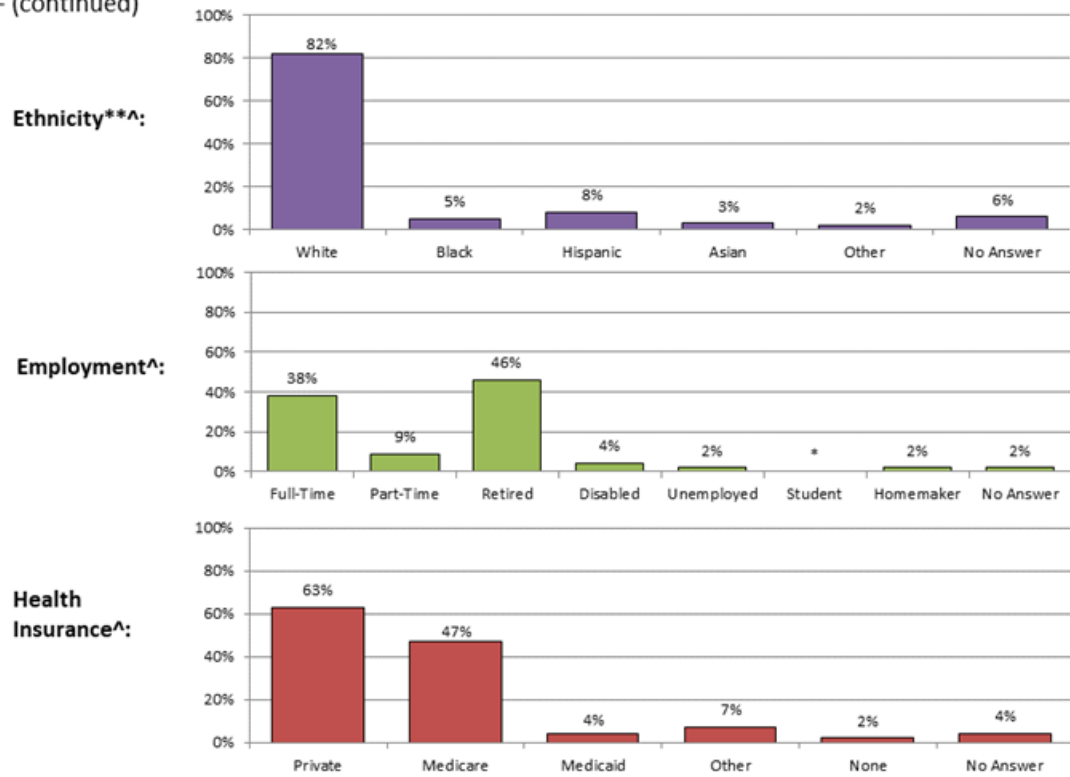
A. SURVEY RESPONDENTS' PROFILES

Profile of Respondents in Monmouth Medical Center Southern Campus' (MMCS) PSA



(n=512)

Profile of Respondents in Monmouth Medical Center Southern Campus' (MMCS)
PSA – (continued)



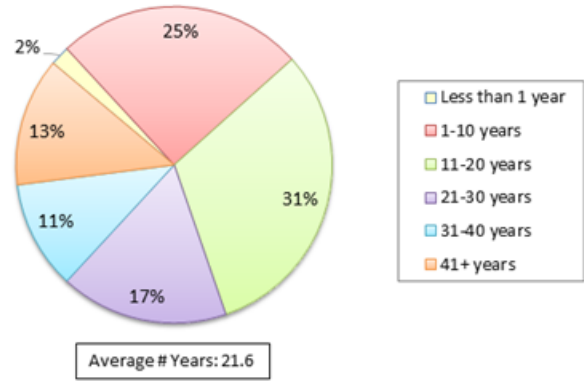
(n=512)

**Quotas were established to align closely with census data.

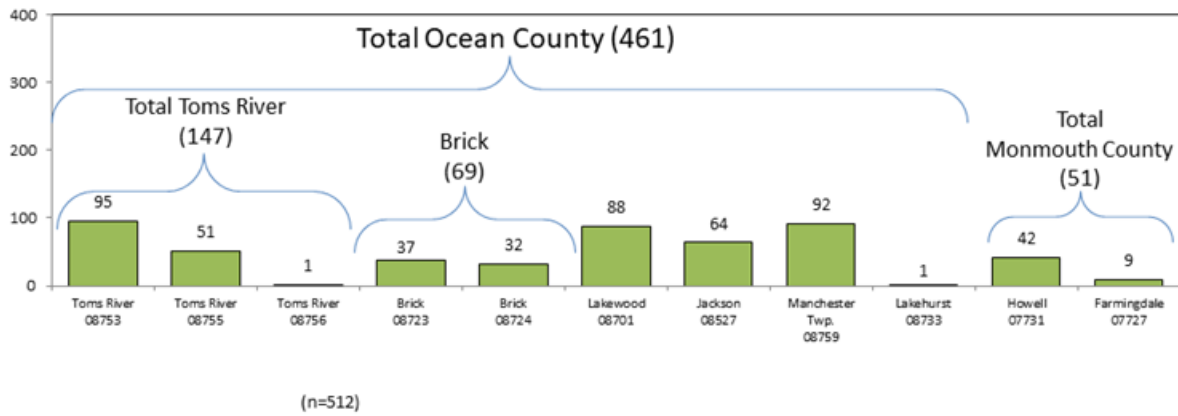
^ = Multiple mentions.

* = Less than 0.5%.

Length of Time in Area



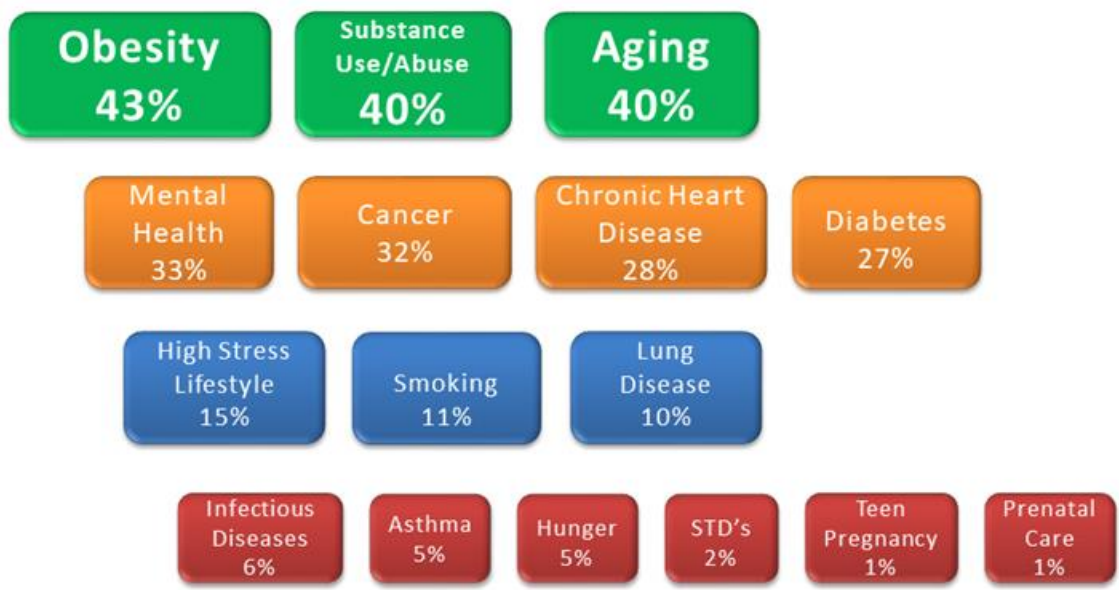
Towns/Zips Where Interviews Came From



B. HEALTH-RELATED CONCERNS OF AREA RESIDENTS

Major Health Concerns Among Respondents in MMCS's PSA Community

- Obesity, substance use/abuse and concerns about aging are the top health concerns among area residents surveyed.
- Also of high concern are mental health issues and the chronic diseases of cancer, heart disease and diabetes.



(n=512)
Q.3 - In your opinion, what are the TOP 3 HEALTH ISSUES OR CONCERNS in your community?

Summary of Health Concerns by Subgroups

Obesity

Substance Use/Abuse

Aging

- #1 concern among younger (<65)
- Higher income (100K+)

- #1 concern among older (65+)
- Skews lower income

Mental Health

Cancer

Chronic Heart Disease

Diabetes

- Younger (<65)
- Lowest (<\$25K) and Highest (\$150K+) income

- Male
- Older (50+)

- Older (65+)
- Skews lower income

High Stress Lifestyle

Smoking

Lung Disease

- Younger (<50)
- Highest (\$150K+) and Lowest income (<\$25K)

- Older (65+)

Infectious Diseases

Asthma

Hunger

STD's

Teen Pregnancy

Prenatal Care

- Lowest income (<\$25K)

- Lowest income (<\$25K)

(n=512)

Q.3 - In your opinion, what are the TOP 3 HEALTH ISSUES OR CONCERNS in your community?

Community Health-Related Issues of Concern – by Ethnicity

• Among the Caucasian population, obesity, aging and substance abuse are the top health concerns cited.

Following substance abuse, obesity and diabetes are the key concerns of African Americans.

Obesity and diabetes are the top concerns among the Hispanic community.

Substance abuse, diabetes, mental health and obesity are all cited as key concerns among the Asian population.

	Caucasian (n=422)	African Am. (n=139)*	Hispanic (n=205)*	Asian (n=48)*
Obesity	43%	44%	45%	40%
Mental Health	33%	35%	30%	42%
Substance Use/Abuse	40%	50%	34%	48%
Aging	43%	25%	23%	23%
High Stress Lifestyle	14%	24%	28%	29%
Cancer	33%	31%	27%	27%
Diabetes	27%	43%	43%	44%
Chronic Heart Disease	28%	17%	18%	23%
Smoking	9%	29%	23%	19%
Asthma	5%	19%	17%	8%
Hunger	5%	19%	9%	8%
Infectious Diseases	6%	10%	11%	2%
Lung Disease	10%	16%	12%	8%
Teen Pregnancy	1%	9%	5%	4%
STD's	1%	9%	5%	2%
Lack of Prenatal Care	1%	5%	3%	2%

Q.3 - In your opinion, what are the TOP 3 HEALTH ISSUES OR CONCERNS in your community?
 *Multi-area group from CMC/MMC/MMCS PSA's. See appendix for list of zip codes.

Community Health-Related Issues of Concern – by Age

- Mental health and substance abuse are the top concerns to younger residents surveyed, while aging is the #1 concern to older residents surveyed.
- High stress lifestyles are of more concern to younger respondents while chronic illnesses (diabetes, heart disease, lung disease) are of more concern to older residents surveyed.

	21-49 (n=97) (A)	50-64 (n=153) (B)	65+ (n=244) (C)
Obesity	45%	46%	40%
Mental Health	56% ^{BC}	35% ^C	22%
Substance Use/Abuse	66% ^{BC}	55% ^C	22%
Aging	18%	28% ^A	58% ^{AB}
High Stress Lifestyle	22% ^C	16%	11%
Cancer	27%	29%	35%
Diabetes	14%	21%	37% ^{AB}
Chronic Heart Disease	12%	22% ^A	37% ^{AB}
Smoking	11%	15% ^C	7%
Asthma	6%	4%	6%
Hunger	6%	5%	5%
Infectious Diseases	7%	4%	6%
Lung Disease	7%	5%	14% ^{AB}
Teen Pregnancy	-	-	1% ^{AB}
STD's	3%	1%	2%
Lack of Prenatal Care	1%	1%	*

* = Less than 0.5%.

Q.3 - In your opinion, what are the TOP 3 HEALTH ISSUES OR CONCERNS in your community?
(A/B/C) = Significantly greater than indicated cell at the 90% confidence level.

Community Health-Related Issues of Concern – by Gender

- Males indicate more concern about chronic heart disease versus females, but otherwise, no difference exists regarding health concerns between males and females.

	Male (n=131) (A)	Female (n=376) (B)
Obesity	44%	42%
Mental Health	31%	33%
Substance Use/Abuse	37%	41%
Aging	43%	40%
High Stress Lifestyle	17%	14%
Cancer	28%	33%
Diabetes	30%	27%
Chronic Heart Disease	35% ^a	25%
Smoking	15%	9%
Asthma	5%	6%
Hunger	3%	6%
Infectious Diseases	5%	6%
Lung Disease	8%	11%
Teen Pregnancy	2%	1%
STD's	2%	2%
Lack of Prenatal Care	-	1% ^a

Q.3 - In your opinion, what are the TOP 3 HEALTH ISSUES OR CONCERNS in your community?
 (A/B) = Significantly greater than indicated cell at the 90% confidence level.

Community Health-Related Issues of Concern – by Income

- Substance abuse/use is cited more often by higher income (\$100K+) respondents, while mental health issues and high stress are cited most often by respondents in both the lowest and highest income groups. Asthma and hunger are of most concern to poverty level (<\$25K) respondents.
- Aging and diabetes also skew towards the lower income groups.

	<i>Under \$25K (n=33) (A)</i>	<i>\$25-50K (n=77) (B)</i>	<i>\$50-100K (n=115) (C)</i>	<i>\$100-150K (n=83) (D)</i>	<i>\$150K+ (n=55) (E)</i>
Obesity	33%	42%	44%	45%	49%
Mental Health	42% ^B	25%	30%	35%	40% ^B
Substance Use/Abuse	30%	38%	34%	55% ^{ABC}	60% ^{ABC}
Aging	52% ^E	38% ^E	41% ^E	41% ^E	18%
High Stress Lifestyle	21%	12%	12%	16%	24% ^{BC}
Cancer	24%	38%	32%	31%	26%
Diabetes	42% ^{DE}	35% ^E	28% ^E	25%	15%
Chronic Heart Disease	30%	23%	31% ^E	29%	18%
Smoking	12%	14%	8%	11%	16%
Asthma	18% ^{BCDE}	5% ^F	3% ^F	6% ^F	-
Hunger	12%	5%	6%	4%	4%
Infectious Diseases	12%	7%	5%	8%	6%
Lung Disease	12%	13%	11%	11%	9%
Teen Pregnancy	3%	-	1%	-	-
STD's	3%	-	1%	1%	4%
Lack of Prenatal Care	6%	1%	-	-	-

Q.3 - In your opinion, what are the TOP 3 HEALTH ISSUES OR CONCERNS in your community?
 (A/B/C/D/E) = Significantly greater than indicated cell at the 90% confidence level.

C. **BARRIERS TO ACCESSING HEALTH CARE SERVICES**

Major Barriers to Accessing Health Care in MMCS's PSA

- Insurance is cited as the #1 barrier to accessing health care by area respondents, followed by long wait times, cost of care, scheduling appointments and doctors not taking new patients.
- Nearly four-of-ten respondents claim they do not experience any difficulty accessing the care they need.



(n=512)
Q.4 - Over the last few years, which, if any, of these issues made it difficult for you, or a household family member, to get medical treatment or care when needed?

Summary of Health Care Barriers by Subgroups

Insurance

- Younger (<65)
- Female
- Lowest (<\$25K) and Highest income (\$150K+)

Long Wait Times

- Younger (<50)
- Lower (<\$50K) and Mid income (\$100-150K)

Cost of Care

- Younger (<65)
- Lowest income (<\$25K)

Scheduling Appointments

- Younger (<65)

Doctors Not Taking New Patients

- Younger (<50)
- Mid (\$100-150K) and Lowest income (<\$25K)

Transportation Problems

- Lower income (<\$50K)

Finding a Dentist

- Lower income (<\$50K)

Fear of Doctors/Hospitals

Language Problems

- Younger (<50)

Not Accessible for Disabled

- Lower income (<\$50K)

Finding Drs. that Treat Cancer

Child Care

- Younger (<50)

Finding Drs. that Treat Heart Disease

No Difficulty Getting Care

- Older (65+)
- Male
- Mid income (\$50-150K)

(n=512)

Q.4 - Over the last few years, which, if any, of these issues made it difficult for you, or a household family member, to get medical treatment or care when needed?

Barriers to Accessing Health Care Services – by Ethnicity

• More than four-of-ten Caucasians say they do not have any difficulty getting the care they need.

Caucasian (n=422)

Insurance Problems	28%
Cost of Care	20%
Scheduling Appointments	21%
Long Wait Times	21%
Drs. Not Taking New Patients	18%
Transportation Problems	8%
Fear of Doctors/Hospitals	5%
Finding a Dentist	7%
Language Problems	2%
Child Care	1%
Not Accessible for Disabled	2%
Find Drs. Treat Heart Disease	1%
Find Drs. Treat Cancer	3%
DO NOT HAVE ANY DIFFICULTIES GETTING CARE	42%

Insurance, cost of care and long wait times are most often cited barriers among the African American and Hispanic groups.

In addition to insurance and cost issues, Asians cite scheduling appointments as a key barrier.

	African Am. (n=139)*	Hispanic (n=205)*	Asian (n=48)*
Insurance Problems	49%	45%	44%
Cost of Care	45%	40%	38%
Scheduling Appointments	20%	26%	31%
Long Wait Times	37%	39%	23%
Drs. Not Taking New Patients	29%	20%	10%
Transportation Problems	21%	16%	13%
Fear of Doctors/Hospitals	16%	7%	8%
Finding a Dentist	17%	14%	17%
Language Problems	6%	24%	4%
Child Care	4%	7%	6%
Not Accessible for Disabled	7%	4%	6%
Find Drs. Treat Heart Disease	4%	3%	2%
Find Drs. Treat Cancer	4%	3%	2%
DO NOT HAVE ANY DIFFICULTIES GETTING CARE	19%	13%	25%

Q.4 - Over the last few years, which, if any, of these issues made it difficult for you, or a household family member, to get medical treatment or care when needed?

*Multi-area group from CMC/MMC/MMCS PSA's. See appendix for list of zip codes.

Barriers to Accessing Health Care Services – by Age

- In general, younger respondents cite more barriers than older respondents.

	21-49 (n=97) (A)	50-64 (n=153) (B)	65+ (n=244) (C)
Insurance Problems	52% ^C	42% ^C	16%
Cost of Care	37% ^C	31% ^C	12%
Scheduling Appointments	38% ^{B/C}	26% ^C	12%
Long Wait Times	32% ^{B/C}	22%	21%
Drs. Not Taking New Patients	28% ^C	19%	13%
Transportation Problems	10%	7%	10%
Fear of Doctors/Hospitals	6%	6%	4%
Finding a Dentist	8%	9%	6%
Language Problems	6% ^C	3%	2%
Child Care	5% ^{B/C}	1%	1%
Not Accessible for Disabled	3%	2%	4%
Find Drs. Treat Heart Disease	2%	1%	1%
Find Drs. Treat Cancer	2%	3%	3%
DO NOT HAVE ANY DIFFICULTIES GETTING CARE	22%	29%	53% ^{AB}

Q.4 - Over the last few years, which, if any, of these issues made it difficult for you, or a household family member, to get medical treatment or care when needed?
 (A/B/C) = Significantly greater than indicated cell at the 90% confidence level.

Barriers to Accessing Health Care Services – by Gender

- Females say they have more difficulty with insurance problems versus males and males are more likely than females to say they do not have any difficulties getting the care they need.

	Male (n=131) (A)	Female (n=376) (B)
Insurance Problems	24%	33% ^A
Cost of Care	19%	24%
Scheduling Appointments	18%	24%
Long Wait Times	25%	23%
Drs. Not Taking New Patients	16%	19%
Transportation Problems	11%	9%
Fear of Doctors/Hospitals	5%	5%
Finding a Dentist	5%	8%
Language Problems	5%	2%
Child Care	2%	1%
Not Accessible for Disabled	2%	4%
Find Drs. Treat Heart Disease	1%	2%
Find Drs. Treat Cancer	2%	3%
DO NOT HAVE ANY DIFFICULTIES GETTING CARE	45% ^B	37%

Q.4 - Over the last few years, which, if any, of these issues made it difficult for you, or a household family member, to get medical treatment or care when needed?
 (A/B) = Significantly greater than indicated cell at the 90% confidence level.

Barriers to Accessing Health Care Services – by Income

- In general, lower income groups (<\$50K) encounter more barriers when seeking care versus those in higher income groups.

	<i>Under \$25K (n=33) (A)</i>	<i>\$25-50K (n=77) (B)</i>	<i>\$50-100K (n=115) (C)</i>	<i>\$100-150K (n=83) (D)</i>	<i>\$150K+ (n=55) (E)</i>
Insurance Problems	55% BCD	34%	27%	29%	40% ^C
Cost of Care	42% CDE	29%	20%	24%	22%
Scheduling Appointments	21%	25%	19%	28%	29%
Long Wait Times	30% ^E	30% ^{CE}	18%	28% ^E	15%
Drs Not Taking New Patients	24%	13%	13%	24% ^{BC}	16%
Transportation Problems	21% ^{CE}	14% ^E	7%	8%	6%
Fear of Doctors/Hospitals	12%	7%	4%	2%	11% ^D
Finding a Dentist	21% CDE	10% ^E	7% ^E	5%	2%
Language Problems	6%	7%	2%	2%	2%
Child Care	6%	1%	1%	2%	2%
Not Accessible for Disabled	12% CDE	7% ^{CD}	1%	-	2%
Finding Dr. Treats Heart Disease	3%	1%	-	1%	2%
Finding Dr. Treats Cancer	6%	1%	4% ^D	-	4%
DO NOT HAVE ANY DIFFICULTIES GETTING CARE	24%	29%	49% ABE	40% ^A	35%

Q.4 - Over the last few years, which, if any, of these issues made it difficult for you, or a household family member, to get medical treatment or care when needed?
(A/B/C/D/E) = Significantly greater than indicated cell at the 90% confidence level.

D. COMMUNITY STRENGTHS/OPPORTUNITIES

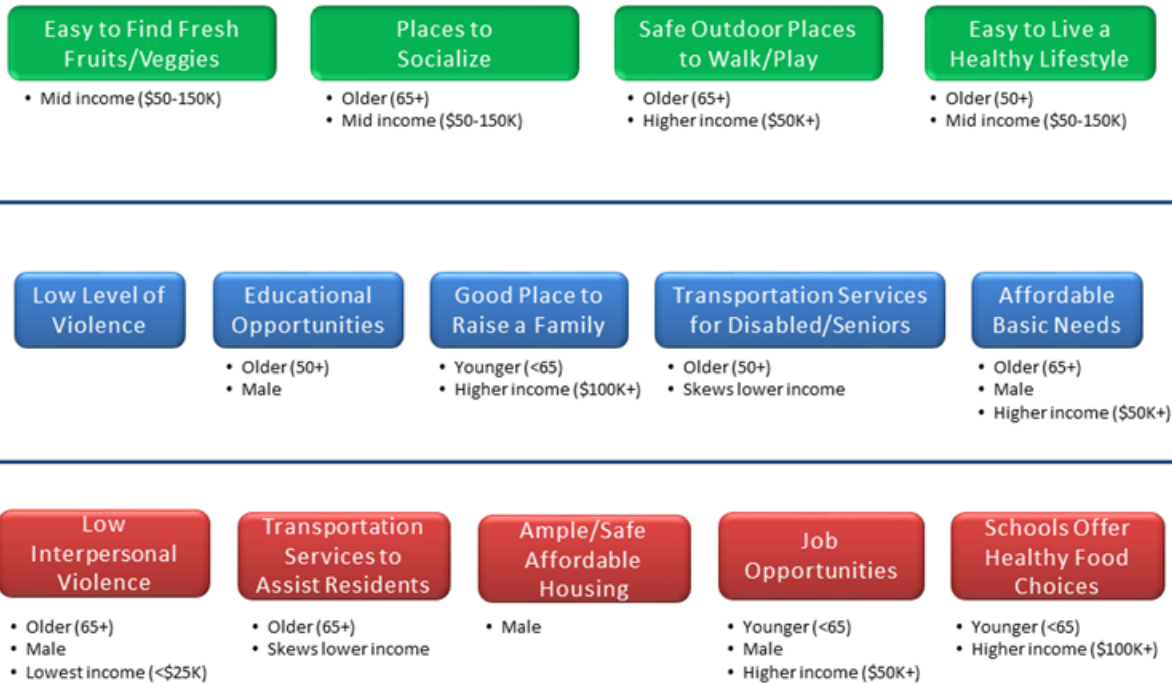
Community Strengths/Opportunities

- A large majority of residents surveyed feel it is easy to find fresh foods, their community has ample places to socialize, there are safe places to walk/play and it's easy to live a healthy lifestyle.
- Residents surveyed are also mostly positive towards the low level of violence, educational opportunities, feel it is a good place to raise a family, are satisfied with the transportation services available for seniors/disabled and feel residents can afford basic needs.
- Opportunities for improvement exist in the areas of offering healthy food choices in schools, job opportunities, safe/affordable housing, transportation services to assist residents and improving the level of interpersonal violence.



(n=512) **Top 2 Box Agreement**
 Q.5 - Please indicate how much you agree or disagree with the following statements about your community. (Scale 1-5: 1=Disagree Completely, 5=Agree Completely)

Community Strengths/Opportunities – by Subgroups



(n=512) **Top 2 Box Agreement**

Q.5 - Please indicate how much you agree or disagree with the following statements about your community. (Scale 1-5: 1=Disagree Completely, 5=Agree Completely)

Community Strengths/Opportunities – by Ethnicity

• Key opportunity areas for the Caucasian population include healthy food in schools, more job opportunities, safe/affordable housing and transportation service to assist residents.

Caucasian (n=422)

Safe Outdoor Places to Walk/Play	77%
Good Place to Raise a Family	52%
Easy to Find Fresh Fruits/Veggies	79%
Places to Socialize	78%
Easy to Live Healthy Lifestyle	74%
Low Level of Violence	63%
Educational Opportunities	57%
Affordable Basic Needs	53%
Transportation Services for Disabled/Seniors	57%
Job Opportunities	33%
Low Interpersonal Violence	44%
Ample/Safe Affordable Housing	35%
Schools Offer Healthy Food Choices	24%
Transportation to Assist Residents	39%

	African Am. (n=139)*	Hispanic (n=205)*	Asian (n=48)*
Safe Outdoor Places to Walk/Play	49%	62%	71%
Good Place to Raise a Family	62%	67%	73%
Easy to Find Fresh Fruits/Veggies	60%	70%	71%
Places to Socialize	64%	71%	79%
Easy to Live Healthy Lifestyle	53%	54%	71%
Low Level of Violence	29%	52%	52%
Educational Opportunities	45%	46%	56%
Affordable Basic Needs	27%	44%	52%
Transportation Services for Disabled/Seniors	50%	41%	54%
Job Opportunities	32%	34%	46%
Low Interpersonal Violence	24%	45%	35%
Ample/Safe Affordable Housing	25%	30%	44%
Schools Offer Healthy Food Choices	39%	43%	50%
Transportation to Assist Residents	40%	33%	46%

African Americans appear the least satisfied of the minority groups with regard to community services.

Hispanics cite affordable housing and transportation services as areas in need of improvement.

Asians want more job opportunities and less interpersonal violence.

Top 2 Box Agreement

Q.5 - Please indicate how much you agree or disagree with the following statements about your community. (Scale 1-5: 1=Disagree Completely, 5=Agree Completely)

*Multi-area group from CMC/MMC/MMCS PSA's. See appendix for list of zip codes.

Community Strengths/Opportunities – by Age

- Older residents surveyed, particularly those 65+, are more positive towards most community services versus younger residents, although younger residents (<65) feel there are more job opportunities, schools offer healthy food choices and the community is a good place to raise a family.

	21-49 (n=97) (A)	50-64 (n=153) (B)	65+ (n=244) (C)
Safe Outdoor Places to Walk/Play	76%	69%	81% ^B
Good Place to Raise a Family	79% ^{BC}	70% ^C	37%
Easy to Find Fresh Fruits/Veggies	78%	81%	79%
Places to Socialize	71%	73%	83% ^{AB}
Easy to Live Healthy Lifestyle	56%	71% ^A	81% ^{AB}
Low Level of Violence	62%	63%	63%
Educational Opportunities	46%	58% ^A	61% ^A
Affordable Basic Needs	44%	48%	58% ^{AB}
Transportation Services for Disabled/Seniors	38%	49% ^A	67% ^{AB}
Job Opportunities	51% ^{BC}	40% ^C	24%
Low Interpersonal Violence	35%	38%	50% ^{AB}
Ample/Safe Affordable Housing	27%	36%	38% ^A
Schools Offer Healthy Food Choices	37% ^C	33% ^C	16%
Transportation to Assist Residents	25%	33%	48% ^{AB}

Top 2 Box Agreement

Q.5 - Please indicate how much you agree or disagree with the following statements about your community. (Scale 1-5: 1=Disagree Completely, 5=Agree Completely)

(A/B/C) = Significantly greater than indicated cell at the 90% confidence level.

Community Strengths/Opportunities – by Gender

- Males give higher ratings than females with regard to educational and job opportunities, as well as having low interpersonal violence, affordable/safe housing and residents being able to afford basic needs.

	Male (n=131) (A)	Female (n=376) (B)
Safe Outdoor Places to Walk/Play	76%	76%
Good Place to Raise a Family	54%	56%
Easy to Find Fresh Fruits/Veggies	84%	78%
Places to Socialize	76%	78%
Easy to Live Healthy Lifestyle	76%	72%
Low Level of Violence	69%	61%
Educational Opportunities	66% ⁰	55%
Affordable Basic Needs	72% ⁰	45%
Transportation Services for Disabled/Seniors	54%	56%
Job Opportunities	41% ⁰	31%
Low Interpersonal Violence	53% ⁰	41%
Ample/Safe Affordable Housing	43% ⁰	33%
Schools Offer Healthy Food Choices	30%	24%
Transportation to Assist Residents	41%	38%

Top 2 Box Agreement

Q.5 - Please indicate how much you agree or disagree with the following statements about your community. (Scale 1-5: 1=Disagree Completely, 5=Agree Completely)

(A/B) = Significantly greater than indicated cell at the 90% confidence level.

Community Strengths/Opportunities – by Income

- In general, those in higher income brackets (\$50K+) are more positive to their community services versus those in lower income groups, although lower income respondents are more favorable towards transportation services and feel there is a low level of interpersonal violence.

	<i>Under \$25K (n=33) (A)</i>	<i>\$25-50K (n=77) (B)</i>	<i>\$50-100K (n=115) (C)</i>	<i>\$100-150K (n=83) (D)</i>	<i>\$150K+ (n=55) (E)</i>
Safe Outdoor Places to Walk/Play	61%	69%	81% ^{AB}	77% ^A	78% ^A
Good Place to Raise a Family	46%	42%	50%	67% ^{ABC}	82% ^{ABCD}
Easy to Find Fresh Fruits/Veggies	67%	75%	83% ^A	89% ^{AB}	80%
Places to Socialize	76%	68%	83% ^B	83% ^B	75%
Easy to Live Healthy Lifestyle	64%	66%	78% ^{BC}	82% ^{ABE}	62%
Low Level of Violence	67%	56%	65%	66%	67%
Educational Opportunities	55%	43%	58% ^B	65% ^B	56%
Affordable Basic Needs	36%	42%	60% ^{AB}	55% ^{AB}	55% ^A
Transportation Services for Disabled/Seniors	70% ^E	60% ^E	57% ^E	58% ^E	35%
Job Opportunities	33%	20%	39% ^B	41% ^B	51% ^B
Low Interpersonal Violence	58% ^E	43%	45%	46%	36%
Ample/Safe Affordable Housing	39%	26%	41% ^B	43% ^B	33%
Schools Offer Healthy Food Choices	27%	16%	24%	35% ^{BC}	35% ^B
Transportation to Assist Residents	67% ^{BCDE}	42% ^E	44% ^E	41% ^E	22%

Top 2 Box Agreement

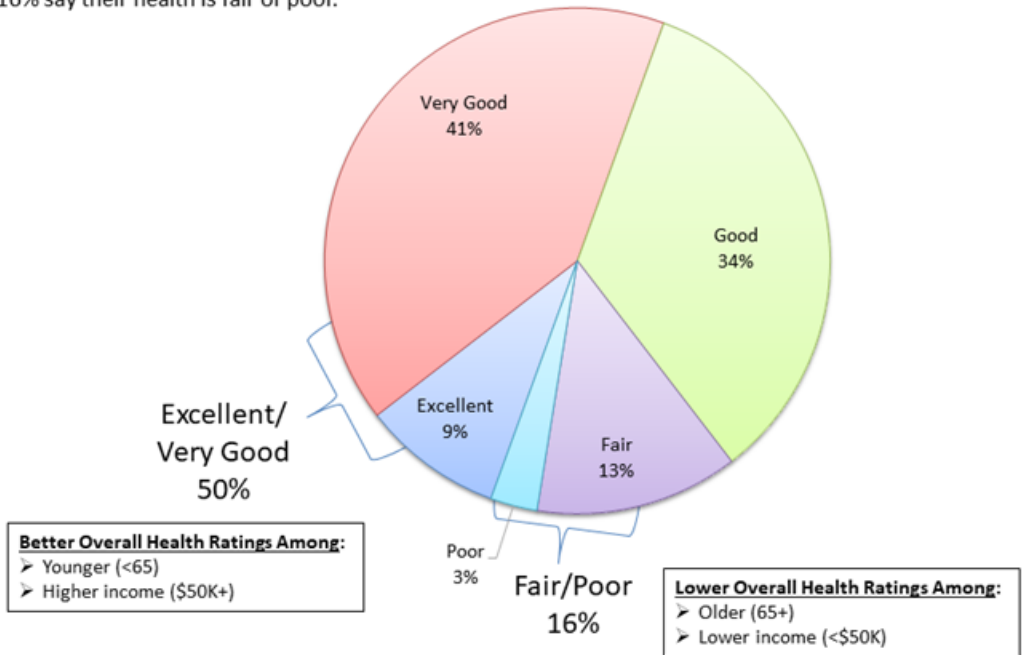
Q.5 - Please indicate how much you agree or disagree with the following statements about your community. (Scale 1-5: 1=Disagree Completely, 5=Agree Completely)

(A/B/C/D/E) = Significantly greater than indicated cell at the 90% confidence level.

E. PERSONAL HEALTH HABITS AND PRACTICES

Self-Description of Overall Health

- Less than one in ten residents surveyed describe their health as being excellent. In all, one-half of respondents describe their health as being excellent or very good; one-third describe it as good, while 16% say their health is fair or poor.

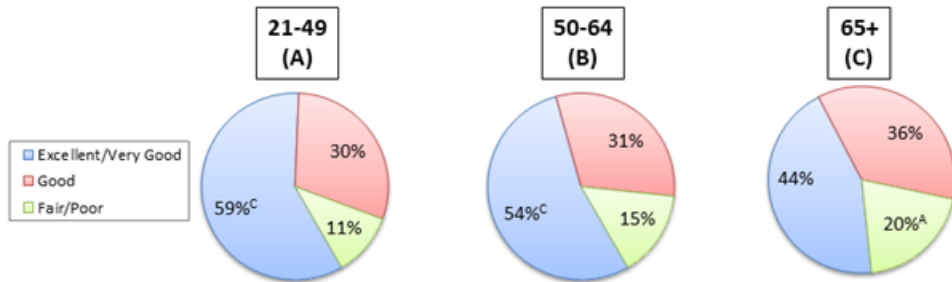


(n=512)
Q.6 - How would you describe your overall health?

Self-Description of Overall Health – by Subgroups

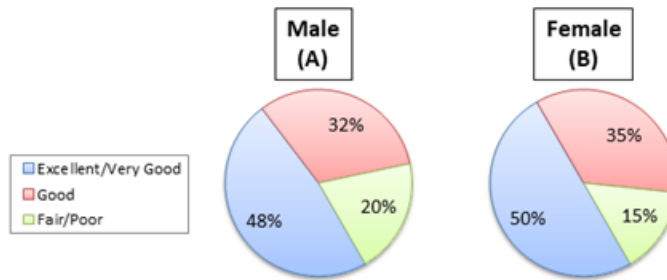
Age:

Younger respondents describe their overall health as better vs. older respondents.



Gender:

Males and females describe their overall health about the same.

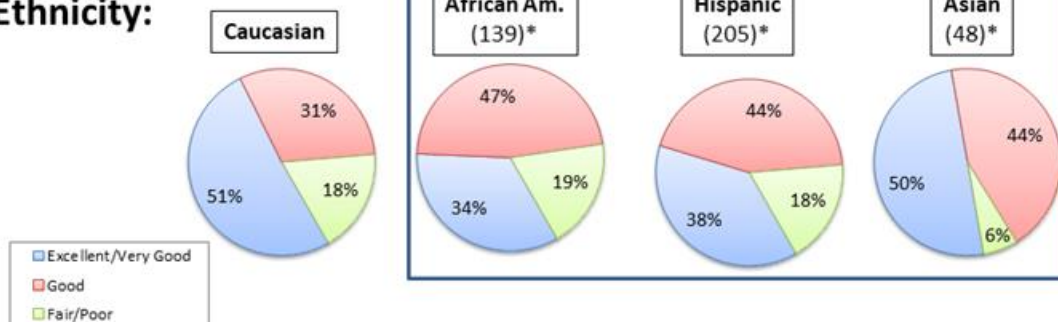


Q.6 - How would you describe your overall health?
 (A/B/C) = Significantly greater than indicated cell at the 90% confidence level.

Self-Description of Overall Health – by Subgroups – (continued)

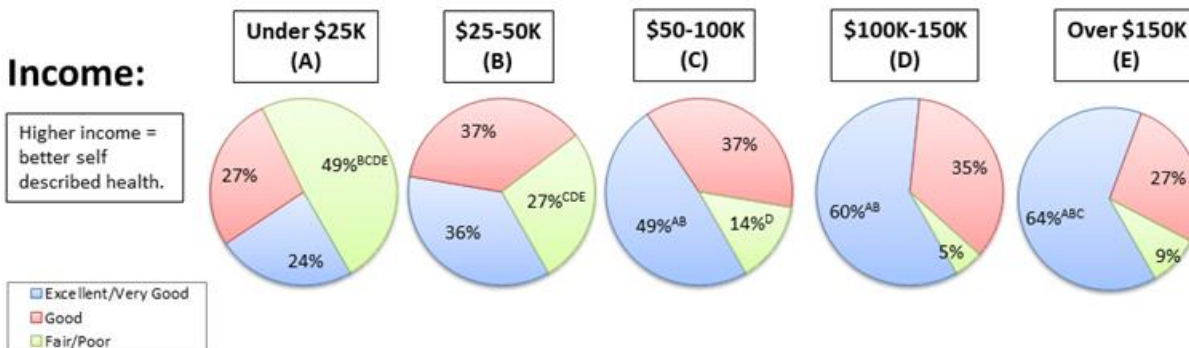
Race/Ethnicity:

African American and Hispanic residents surveyed describe their health somewhat lower versus other ethnic groups.



Income:

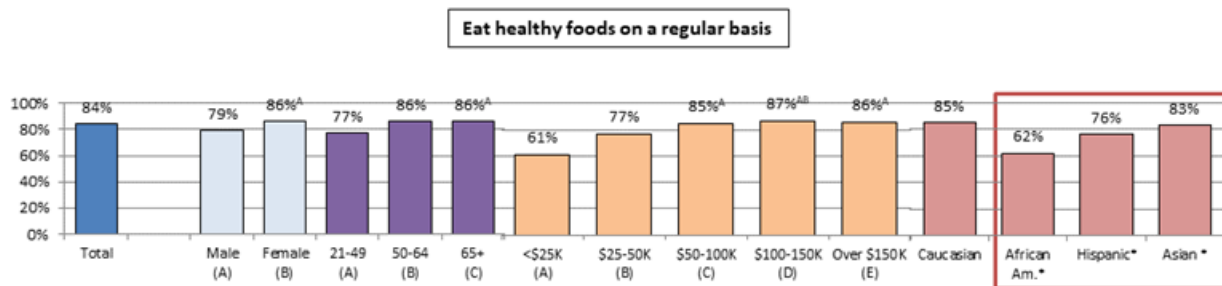
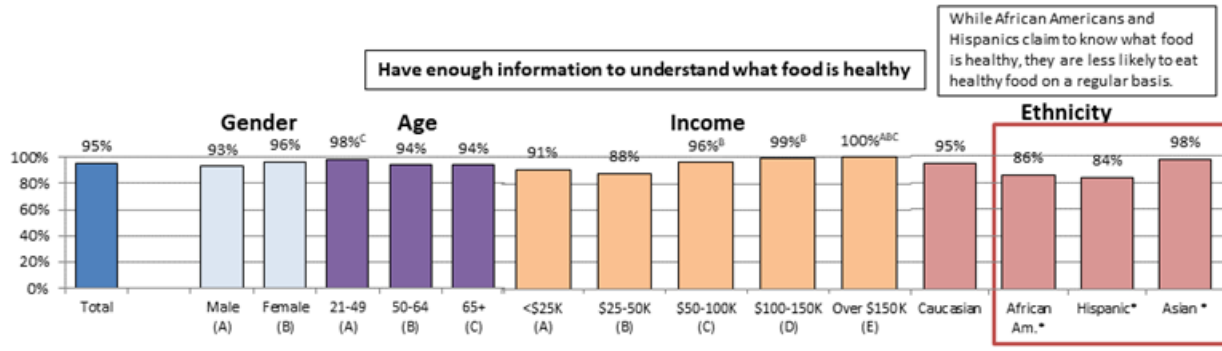
Higher income = better self described health.



*Multi-area group from CMC/MMC/MMCS PSA's. See appendix for list of zip codes.
 Q.6 - How would you describe your overall health?
 (A/B/C/D/E) = Significantly greater than indicated cell at the 90% confidence level.

Self-Description of Understanding and Eating Healthy

- Almost all residents surveyed feel they understand what food is healthy (95%), with the large majority saying they eat healthy food on a regular basis (84%).
- Older respondents, those with higher incomes and females are more likely to eat healthy foods on a regular basis.



(n=512)

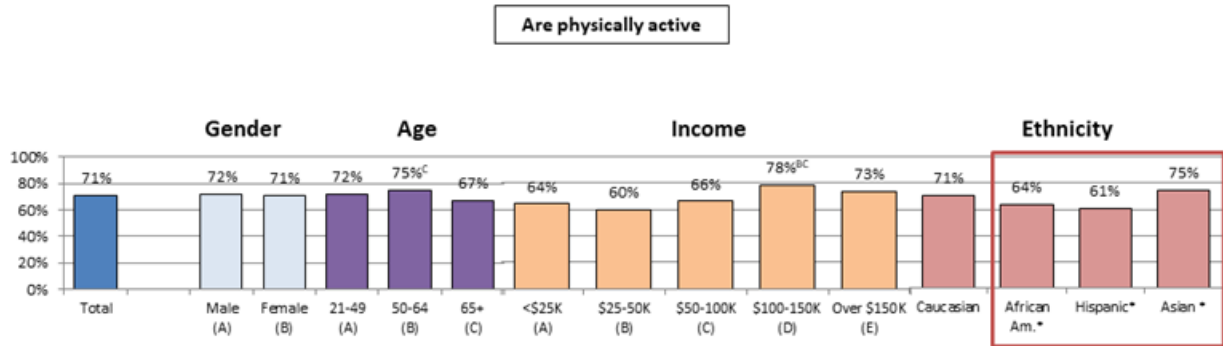
Q.11 - Do you feel that you...

*Multi-area group from CMC/MMC/MMCS PSA's. See appendix for list of zip codes.

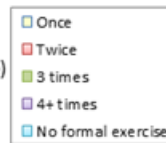
(A/B/C/D/E) = Significantly greater than indicated cell at the 90% confidence level.

Self-Description of Physical Activity

- Seven-of-ten residents surveyed claim to be physically active, with about two-third saying they exercise 3-4 or more times a week.



Times Exercise per Week
(Among those who are physically active)
(n=363)



(n=512)

Q.11 - Do you feel that you...

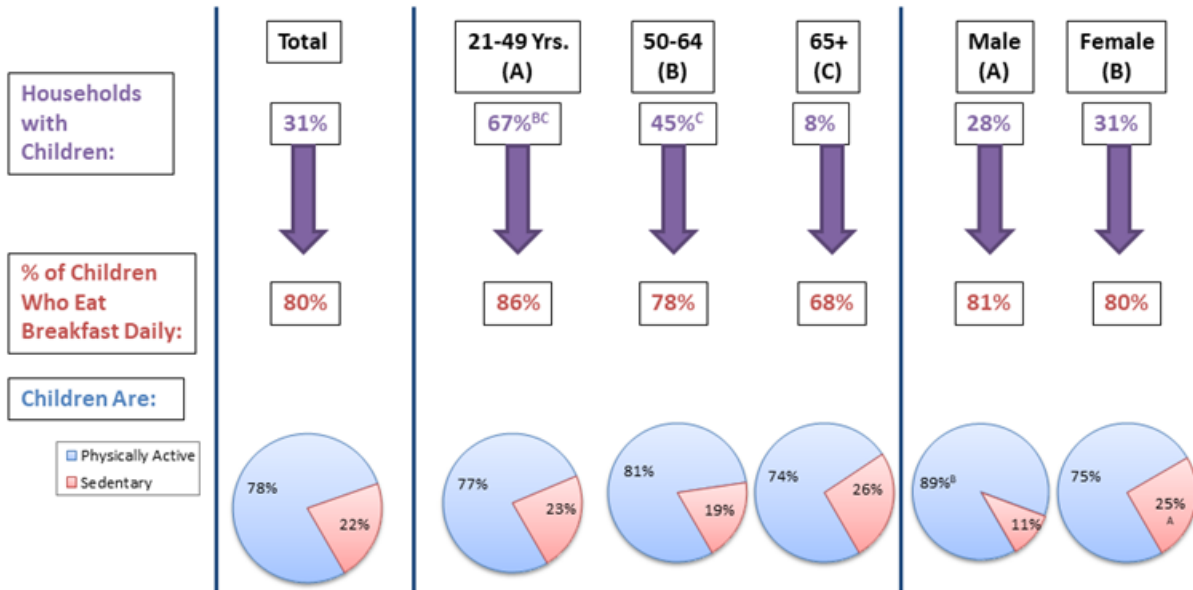
Q.11 - How often do you exercise each week?

*Multi-area group from CMC/MMC/MMCS PSA's. See appendix for list of zip codes.

(A/B/C/D/E) = Significantly greater than indicated cell at the 90% confidence level.

Activity Level of Children in Household

- In households with children, the large majority are eating breakfast daily and are physically active.



(n=512)

Q.11a - Do you have any children that live with you?

Q.11b - Do they eat breakfast before the start of the school day?

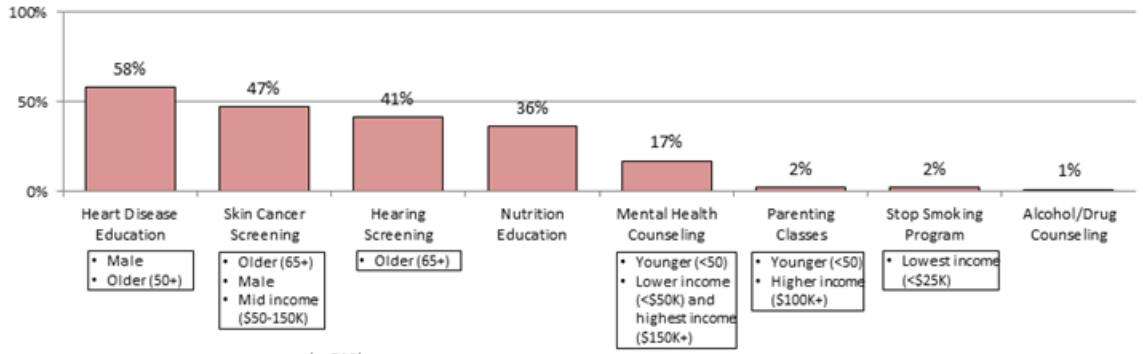
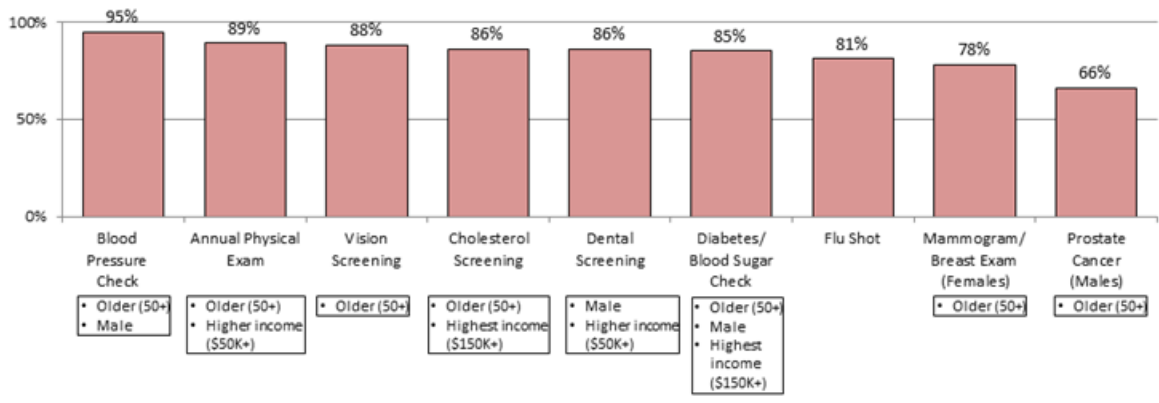
Q.11c - Would you describe your child(ren) as physically active or sedentary during after school hours and weekends?

(A/B/C) = Significantly greater than indicated cell at the 90% confidence level.

F. INCIDENCE OF SCREENING TESTS AND CONDITIONS DIAGNOSED

Incidence of Screenings/Exams/Tests Past 2 Years

• Most screening tests skew toward the older (50+) and higher income populations.



(n=512)
 Q.7 - Please indicate if you have had, or participated in, the services that are listed below in the past 2 years.

Incidence of Screenings/Exams/Tests – by Ethnicity

• Caucasians report high levels of getting preventative screening exams overall.

Caucasian (n=422)

Blood Pressure Check	96%
Cholesterol Screening	88%
Diabetes/Blood Sugar Check	86%
Heart Disease Education	58%
Annual Physical Exam	89%
Dental Screening	87%
Vision Screening	90%
Mammogram/Breast Exam (Females)	79%
Prostate Cancer Screen (Males)	68%
Flu Shot	82%
Skin Cancer Screening	52%
Hearing Screening	42%
Nutrition Education	37%
Parenting Classes	3%
Mental Health Counseling	18%
Alcohol/Drug Counseling	1%
Stop Smoking Program	3%

African Americans and Hispanics appear to get fewer screening exams, particularly in regard to prostate screens (African Americans), heart disease education (AA & Hispanic) and skin cancer screens (AA, Hispanic & Asian)

	African Am. (n=139)*	Hispanic (n=205)*	Asian (n=48)*
Blood Pressure Check	88%	73%	92%
Cholesterol Screening	64%	62%	71%
Diabetes/Blood Sugar Check	67%	63%	79%
Heart Disease Education	49%	31%	60%
Annual Physical Exam	77%	68%	88%
Dental Screening	63%	60%	75%
Vision Screening	73%	63%	77%
Mammogram/Breast Exam (Females)	63%	59%	59%
Prostate Cancer Screen (Males)	31%	50%	57%
Flu Shot	64%	61%	85%
Skin Cancer Screening	17%	22%	23%
Hearing Screening	44%	29%	31%
Nutrition Education	35%	28%	29%
Parenting Classes	5%	6%	-
Mental Health Counseling	12%	13%	15%
Alcohol/Drug Counseling	6%	6%	2%
Stop Smoking Program	5%	8%	4%

Q.7 - Please indicate if you have had, or participated in, the services that are listed below in the past 2 years.

*Multi-area group from CMC/MMC/MMCS PSA's. See appendix for list of zip codes.

Incidence of Screenings/Exams/Tests – by Age

- Most screening exams skew towards the older population (50+), with the exception of mental health counseling and parenting classes, which skew younger.

	21-49 (n=97) (A)	50-64 (n=153) (B)	65+ (n=244) (C)
Blood Pressure Check	87%	95% ^A	98% ^A
Cholesterol Screening	71%	90% ^A	89% ^A
Diabetes/Blood Sugar Check	78%	86%	87% ^A
Heart Disease Education	43%	60% ^A	63% ^A
Annual Physical Exam	76%	90% ^A	92% ^A
Dental Screening	86%	88%	86%
Vision Screening	73%	86% ^A	95% ^{AB}
Mammogram/Breast Exam (Females)	51%	89% ^{AC}	81% ^A
Prostate Cancer Screen (Males)	30%	60% ^A	80% ^{AB}
Flu Shot	78%	79%	83%
Skin Cancer Screening	20%	39% ^A	64% ^{AB}
Hearing Screening	39% ^B	28%	50% ^{AB}
Nutrition Education	34%	41%	34%
Parenting Classes	7% ^C	3%	1%
Mental Health Counseling	24% ^{B,C}	15%	15%
Alcohol/Drug Counseling	2%	1%	1%
Stop Smoking Program	1%	3%	3%

Q.7 - Please indicate if you have had, or participated in, the services that are listed below in the past 2 years.

(A/B/C) = Significantly greater than indicated cell at the 90% confidence level.

Incidence of Screenings/Exams/Tests – by Gender

• Males tend to get more screening exams than females with regard to blood pressure, diabetes, heart disease education, dental and skin cancer.

	Male (n=131) (A)	Female (n=376) (B)
Blood Pressure Check	99% ^a	93%
Cholesterol Screening	87%	86%
Diabetes/Blood Sugar Check	91% ^a	83%
Heart Disease Education	67% ^a	55%
Annual Physical Exam	89%	89%
Dental Screening	90% ^a	85%
Vision Screening	90%	88%
Mammogram/Breast Exam (Females)	NA	78%
Prostate Cancer Screen (Males)	66%	NA
Flu Shot	86%	80%
Skin Cancer Screening	56% ^a	45%
Hearing Screening	45%	40%
Nutrition Education	38%	36%
Parenting Classes	2%	3%
Mental Health Counseling	14%	17%
Alcohol/Drug Counseling	1%	1%
Stop Smoking Program	4%	2%

Q.7 - Please indicate if you have had, or participated in, the services that are listed below in the past 2 years.

(A/B) = Significantly greater than indicated cell at the 90% confidence level.

NA = Not applicable.

Incidence of Screenings/Exams/Tests – by Income

- Higher income residents have more screening tests, with the exception of mental health counseling, which skews to the lower income groups (<\$50K) as well as the highest income group (\$150K+).

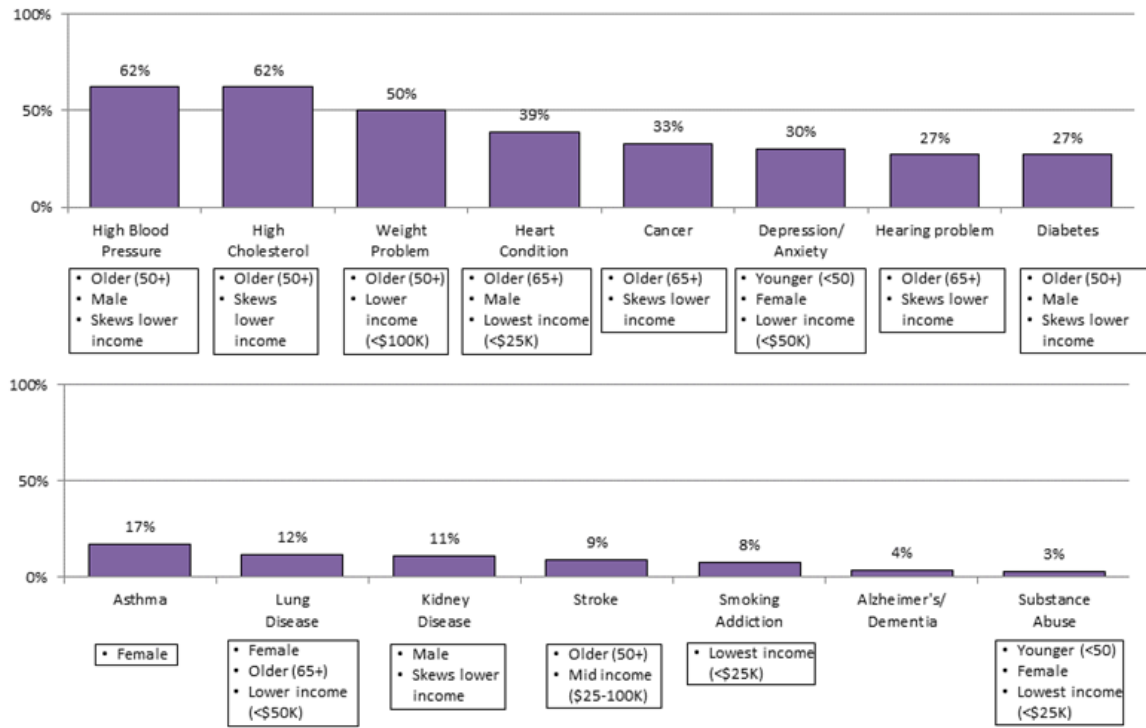
	Under \$25K (n=33) (A)	\$25-50K (n=77) (B)	\$50-100K (n=115) (C)	\$100-150K (n=83) (D)	\$150K+ (n=55) (E)
Blood Pressure Check	94%	92%	92%	95%	95%
Cholesterol Screening	76%	81%	86%	86%	93% AB
Diabetes/Blood Sugar Check	85%	78%	78%	87%	91% BC
Heart Disease Education	52%	46%	59% ^b	64% ^b	64% ^b
Annual Physical Exam	73%	82%	90% ^A	88% ^A	95% AB
Dental Screening	64%	78%	88% AB	92% AB	95% AB
Vision Screening	79%	88%	86%	88%	87%
Mammogram/Breast Exam (Females)	64%	72%	81%	79%	74%
Prostate Cancer Screen (Males)	40%	75%	72%	59%	55%
Flu Shot	76%	82%	84%	81%	87%
Skin Cancer Screening	30%	40%	54% AB	49% ^A	42%
Hearing Screening	39%	40%	42%	37%	44%
Nutrition Education	33%	30%	40%	35%	42%
Parenting Classes	-	-	-	6% ABC	7% ABC
Mental Health Counseling	36% CD	22% CD	10%	11%	24% CD
Alcohol/Drug Counseling	6%	-	1%	1%	2%
Stop Smoking Program	9% ^b	-	4% ^b	2%	2%

Q.7 - Please indicate if you have had, or participated in, the services that are listed below in the past 2 years.

(A/B/C/D/E) = Significantly greater than indicated cell at the 90% confidence level.

Conditions Diagnosed by Physician (Self or Family Member)

- Older respondents (50+) report being diagnosed with more conditions versus their younger counterparts, although depression/anxiety and substance abuse skew towards the younger population.



(n=512)

Q.8 - Have you, or a household family member, ever been told by a doctor or other health professional that you have had any of the following?

Conditions Diagnosed by Physician – by Ethnicity

- Two-thirds of the Caucasian population surveyed report being diagnosed with high blood pressure and/or high cholesterol. One-half say they have a weight problem.

Caucasian (n=422)

High blood pressure	65%
High cholesterol	65%
Diabetes	28%
Heart condition	39%
Cancer	35%
Weight problem	50%
Depression or anxiety	31%
Asthma	16%
Lung disease	12%
Smoking addiction	9%
Kidney disease	12%
Hearing problem	29%
Stroke	9%
Alzheimer's/dementia	5%
Substance use/abuse	3%

High blood pressure, high cholesterol and weight problems appear to be frequently diagnosed conditions among all ethnic groups.

	African Am. (n=139)*	Hispanic (n=205)*	Asian (n=48)*
High blood pressure	59%	40%	56%
High cholesterol	37%	41%	54%
Diabetes	30%	24%	44%
Heart condition	23%	22%	29%
Cancer	14%	18%	27%
Weight problem	36%	42%	42%
Depression or anxiety	17%	21%	17%
Asthma	22%	19%	8%
Lung disease	9%	8%	2%
Smoking addiction	15%	10%	8%
Kidney disease	8%	8%	10%
Hearing problem	9%	9%	19%
Stroke	7%	3%	10%
Alzheimer's/dementia	5%	3%	6%
Substance use/abuse	6%	5%	2%

Q.8 - Have you, or a household family member, ever been told by a doctor or other health professional that you have had any of the following?

*Multi-area group from CMC/MMC/MMCS PSA's. See appendix for list of zip codes.

Conditions Diagnosed by Physician – by Age

- Not surprisingly, older respondents report being diagnosed with more conditions than younger respondents with the exception of depression and substance abuse which skew younger.

	21-49 (n=97) (A)	50-64 (n=153) (B)	65+ (n=244) (C)
High blood pressure	39%	52% ^A	78% ^{AB}
High cholesterol	43%	62% ^A	71% ^{AB}
Diabetes	11%	22% ^A	37% ^{AB}
Heart condition	24%	31%	48% ^{AB}
Cancer	18%	24%	43% ^{AB}
Weight problem	41%	53% ^A	52% ^A
Depression or anxiety	40% ^{BC}	29%	27%
Asthma	23%	19%	15%
Lung disease	7%	10%	14% ^A
Smoking addiction	11%	8%	7%
Kidney disease	7%	12%	12%
Hearing problem	14%	20%	37% ^{AB}
Stroke	3%	8% ^A	11% ^A
Alzheimer's/dementia	2%	5%	5%
Substance use/abuse	8% ^C	4%	1%

Q.8 - Have you, or a household family member, ever been told by a doctor or other health professional that you have had any of the following?
 (A/B/C) = Significantly greater than indicated cell at the 90% confidence level.

Conditions Diagnosed by Physician – by Gender

- Females report higher diagnosis of depression, asthma, lung disease and substance abuse versus males, while males report a higher incidence of high blood pressure, diabetes, heart conditions and kidney disease.

	Male (n=131) (A)	Female (n=376) (B)
High blood pressure	70% ^B	60%
High cholesterol	64%	61%
Diabetes	37% ^B	24%
Heart condition	53% ^B	34%
Cancer	34%	32%
Weight problem	49%	51%
Depression or anxiety	18%	34% ^A
Asthma	6%	21% ^A
Lung disease	8%	13% ^A
Smoking addiction	6%	9%
Kidney disease	21% ^B	8%
Hearing problem	31%	26%
Stroke	9%	9%
Alzheimer's/dementia	5%	4%
Substance use/abuse	1%	4% ^A

Q.8 - Have you, or a household family member, ever been told by a doctor or other health professional that you have had any of the following?
 (A/B) = Significantly greater than indicated cell at the 90% confidence level.

Conditions Diagnosed by Physician – by Income

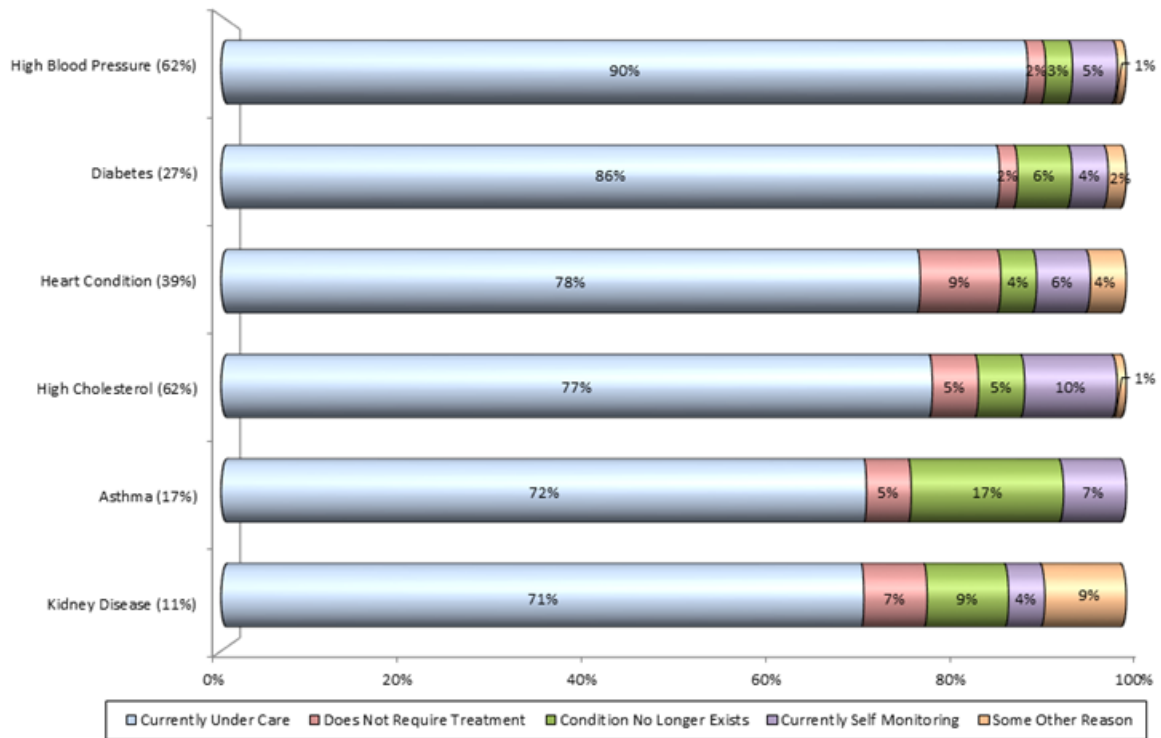
- In general, residents surveyed in the lower income levels report more conditions diagnosed versus higher income respondents.

	<i>Under \$25K (n=33) (A)</i>	<i>\$25-50K (n=77) (B)</i>	<i>\$50-100K (n=115) (C)</i>	<i>\$100-150K (n=83) (D)</i>	<i>\$150K+ (n=55) (E)</i>
High blood pressure	79% BDE	62% E	70% ^f E	63% ^f E	35%
High cholesterol	70% ^f E	64% ^f E	64% E	57%	49%
Diabetes	36% ^f E	27% ^f E	28% E	25% ^f E	13%
Heart condition	58% BE	34%	43% E	42% E	26%
Cancer	42% ^f E	29% ^f E	40% BE	33% ^f E	16%
Weight problem	58%	63% DE	57% D	43%	44%
Depression or anxiety	52% CDE	42% ^C DE	23%	33%	29%
Asthma	21%	22% ^C DE	12%	17%	22%
Lung disease	24% CDE	23% CDE	8% ^f E	6%	2%
Smoking addiction	18% ^f E	10%	8%	7%	6%
Kidney disease	15% ^f E	16% ^f E	10% ^f E	12% E	4%
Hearing problem	33% ^f E	43% CDE	25% ^f E	19%	11%
Stroke	9%	12% D	13% DE	2%	6%
Alzheimer's/dementia	-	8% ^A DE	4% ^A DE	6% ^A DE	4%
Substance use/abuse	9%	4%	3%	4%	2%

Q.8 - Have you, or a household family member, ever been told by a doctor or other health professional that you have had any of the following?
 (A/B/C/D/E) = Significantly greater than indicated cell at the 90% confidence level.

How Conditions Are Being Managed

- Diagnosed conditions most likely to be under a physician's care include: high blood pressure, diabetes, heart conditions, high cholesterol, asthma and kidney disease.



NOTE: Multiple mentions.

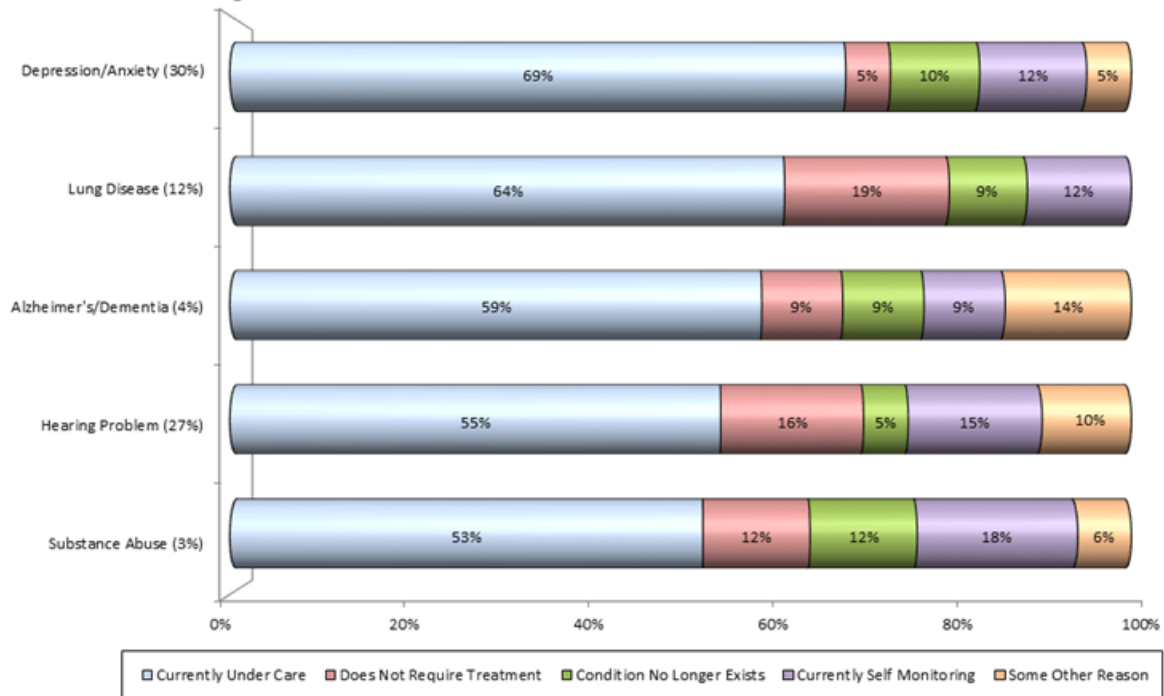
Q.9 - Are you/household family member currently under care for this [CONDITION]?

Q.10 - Why are you/household family member not under current care for the [CONDITION]?

Would you say it is because...

How Conditions Are Being Managed – (continued)

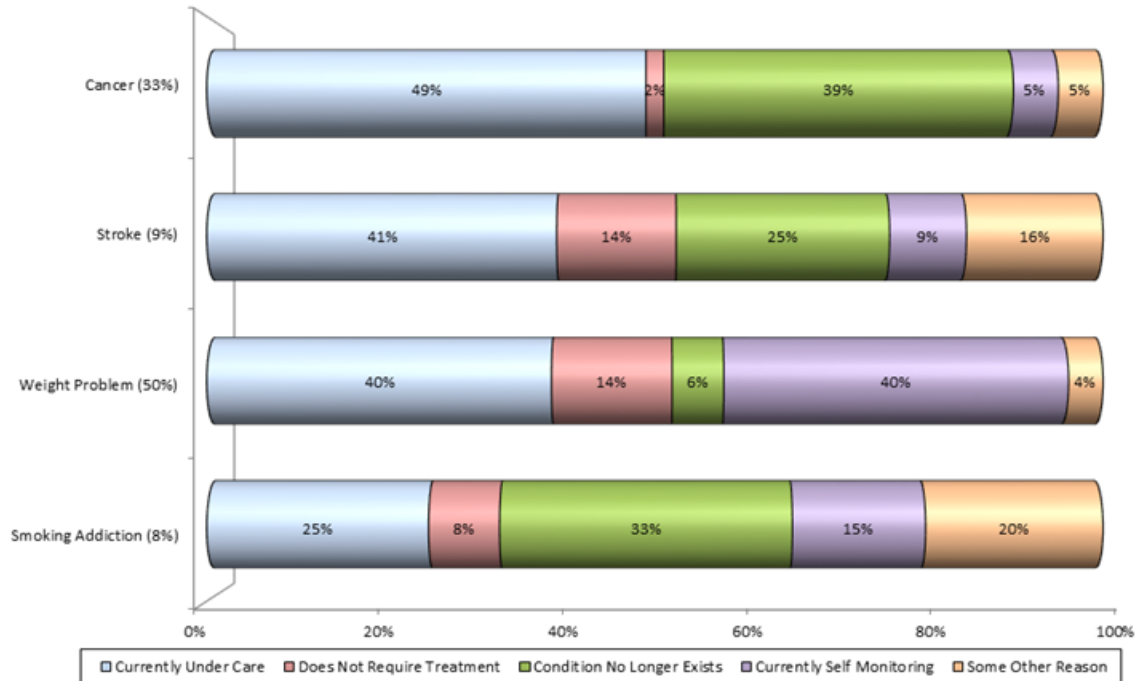
- Many are also under a physician's care for depression/anxiety, lung disease, Alzheimer's, hearing problems and substance abuse. Some say these conditions do not require treatment, they are self-monitoring or the condition no longer exists.



NOTE: Multiple mentions.
 Q.9 - Are you/household family member currently under care for this [CONDITION]?
 Q.10 - Why are you/household family member not under current care for the [CONDITION]? Would you say it is because...

How Conditions Are Being Managed – (continued)

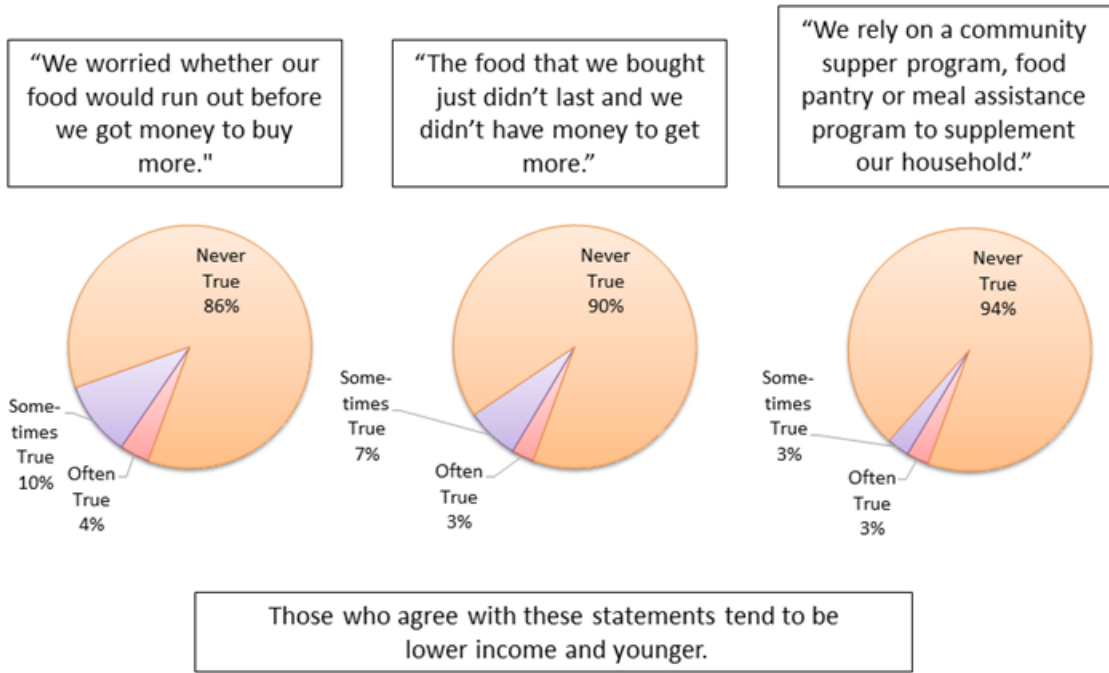
- For those diagnosed with cancer who are not under a doctor's care say their condition no longer exists.
- For respondents with weight issues, four or ten are under a physician's care, while an additional four of ten say they are self-monitoring their condition and some say their condition does not require treatment.
- For smoking addiction, only one-fourth say they are under a doctor's care, with a large percentage who say the condition no longer exists, and a smaller percentage who say they are self-monitoring their condition.



NOTE: Multiple mentions.
 Q.9 - Are you/household family member currently under care for this [CONDITION]?
 Q.10 - Why are you/household family member not under current care for the [CONDITION]? Would you say it is because...

G. ADDITIONAL DATA

Statements About Ample Food/Food Assistance Programs



(n=512)
 Q.12 - Please read the following statements that people have made about their food situation.
 For each one, indicate how true the statement was for your household over the last 12 months.

Physician Habits

- Older respondents are significantly more likely versus their younger counterparts to visit the same doctor or group every year or two for a check-up, while younger respondents are more likely to visit the doctor only when sick or need medical care.

	Age				Ethnicity			
	Total	21-49 (A)	50-64 (B)	65+ (C)	Caucasian	AA*	Hispanic*	Asian*
	%	%	%	%	%	%	%	%
Go to Dr/group every year or two for check-up	79	67	77	86 ^{AB}	80	69	57	77
		➔						
Go to Dr/group only when sick/hurt	20	31 ^C	24 ^C	13	18	23	35	27
		➔						
Only go to urgent care center or ER when need medical care	8	20 ^{BC}	7	5	6	20	26	10
		➔						
See dr. for monitoring chronic illness monthly/several times year	3	1	2	5 ^A	3	1	-	-

(n=512)

NOTE: Multiple mentions.

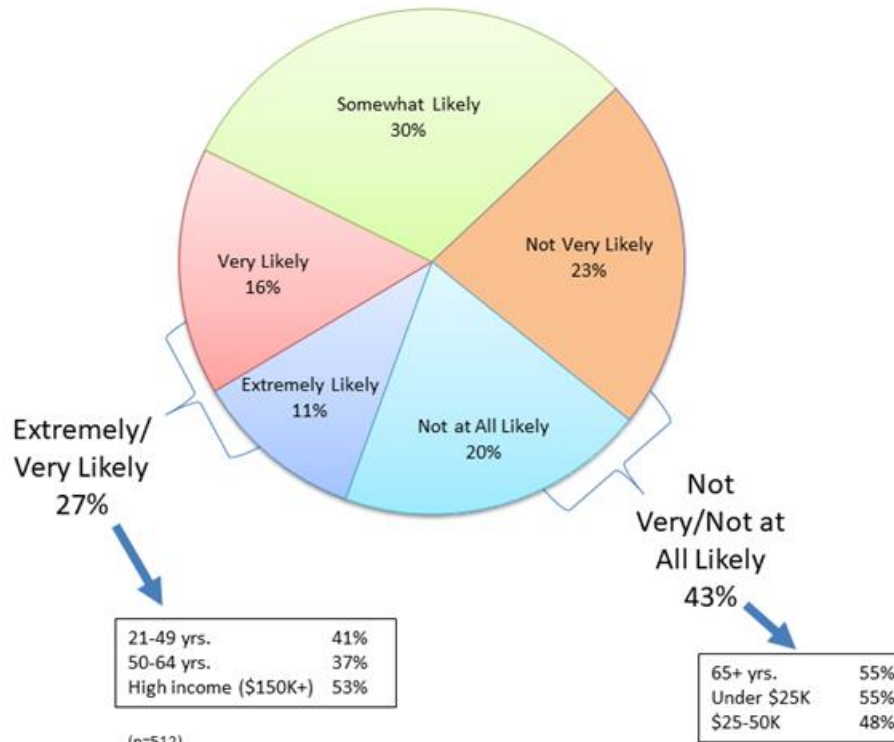
*Multi-area group from CMC/MMC/MMCS PSA's. See appendix for list of zip codes.

Q.13 - When you need medical care, which of the statements below best describes you?

(A/B/C) = Significantly greater than indicated cell at the 90% confidence level.

Likelihood of Accessing Medical Care Virtually

- Only about one-fourth of respondents indicated a strong likelihood of accessing medical care virtually, highest among younger and higher income respondents.



(n=512)

Q.14 - If you were able to access medical care virtually, for example, through FaceTime or Skype, how likely would you be to use this type of technology?

Sampling of Additional Comments - (Reference Data File for Complete List)



Q.15 - Use the space below to expand on a topic previously mentioned or an important health-related topic that was not mentioned in this survey.

4. FOCUS GROUP DISCUSSION

A. MINORITY POPULATIONS FOCUS GROUP

On July 8, 2019, a focus group was held at Monmouth Medical Center Southern Campus with seven community members representing minority populations in the region. Participants were asked about the health status, needs and barriers to care for minority populations.

MOST PRESSING HEALTH AND MENTAL HEALTH ISSUES

When asked about the most pressing health or mental health issues facing the community, most mentioned that the minority community did not have a good working knowledge of the resources that were available to them and as a result were using or expecting the Hospital to be the one-stop shop for all their needs. In addition to not knowing who to reach out to for help, minority populations fear they may not be welcomed. This fact is oftentimes a barrier to the receipt of services.

- *“You have a lot of people that have health issues like high blood pressure, diabetes and they just need help and counseling to understand what they need to do. There is no one they can reach out to and feel comfortable reaching out.”*
- *“How can we begin to connect people with a resource in the community, so they don’t have to worry about going to the hospital . . . but going to someone they trust . . .”*

MENTAL HEALTH ISSUES

Misconceptions and stigmas around mental health are often barriers to the receipt of mental health services. Other barriers included a lack of understanding about how to access and navigate the system. Participants also talked about the life crises many minority communities faced and how these issues impacted residents’ health and mental health.

- *“There’s a lot of misconceptions about mental health and I think it exists at every social level, but even more so when you have low socioeconomic conditions . . . when there’s a lot of poverty.”*
- *“You know the major illnesses facing our community are depression, anxiety and fear. Those are the three major health issues in this community because everything else stems from that. The anxiety of not being able to take my child to a safe school where they will be fed.”*
- *“I’ve had to dispel a lot of things because there’s a lot of fear to request help. They don’t want their child labeled in Special Education. They don’t want this, they don’t want that, and then they suffer alone, and you see parents feeling guilty. A lot of guilty parenting happens because they just don’t understand why a child would behave a certain way and what kinds of things are producing these behaviors.”*
- *“They need navigators, they literally need someone to make phone calls because they don’t even know how to articulate why they are making an appointment. So, they really need a lot of physical, logistical and emotional support.”*

BARRIERS ACCESSING SERVICES

Participants also talked about barriers that residents had in accessing services including transportation and the need for mobile services that could be brought to the community.

- *“A lot of places people are referred to are up north. How are they supposed to get there? Taxi rides are expensive.”*

- *“I know they have companies that transport, but a lot of them (community residents) have no idea how to fill out the paperwork to set up the appointment.”*
- *“That’s another reason why the emergency rooms are so impacted, because folks have no other place to go.”*

Others mentioned the fact that there were available resources through sites and mobile vans operated by Ocean Health Initiatives, school-based health services programs, as well as services provided by the Ocean County Department of Health, especially with regard to flu clinics, mobile vans, screenings and annual health fairs. While it was acknowledged that these services were available, it was also mentioned that it was often difficult to get the community to come out to utilize these services.

- *“And yes, it’s difficult to get the community to come out and to come to these things. You are afraid, you have trust issues, you have areas where people are afraid to come out and do the things they need to, to better themselves. And a lot of time they just need to have someone to help them, give them a little come on, let’s go here. It takes a hands-on approach, but it has to be done.”*

COMMUNITIES NOT BEING SERVED

Asked if there were consumers not being served, the overwhelming response was about homeless populations and the lack of available services for the homeless of Ocean County. Many stories were offered about the health issues facing these individuals and the lack of resources available to meet their most basic needs for food, shelter and clothing.

- *“There’s a large population of people that lives on the train tracks in Lakewood, it’s like they’re in a different world.”*
- *“We had a family call our church line and there were no resources to help them in this community. Every place I called to try to help them was saying we don’t do that. If there’s not an infant there is nothing we can do.”*
- *“I’ve seen or heard that people are put up in a hotel for a few days, but that’s the limit. And after that, where do you go?”*
- *A lot of folks are not going to come out of those woods because of a lack of trust, because what’s going to happen to them if they do? (the undocumented)”*

POTENTIAL SOLUTIONS

When asked what needs to be done to solve some of the health and mental health problems in the community, most representatives talked about communication and working with each other to share existing resources and developing others. Respondents also suggested reimagining the ED as an information and referral service.

- *“So how do we communicate with the agency so we can come together? What would it look like if you reached out to all the churches in the community and we all helped you find not only the financial means to finish the building (church property to be renovated and used for community purposes), but also worked together collectively? How do we apply for grants so that the government and state agencies realize these people are addressing a need not to maintain the so-called ‘needy community’, but help them get out of that situation?”*
- *“Even in a position of leadership, we are the minority and it’s time that we take those blinders off and learn how to work together. I would love that we could connect and find ways to help the community thrive in all its assets.”*
- *“So, in what ways can we partner? We need to partner!”*

- *“Let’s see how we can connect from this day forward. Let’s see how we can help one another. I didn’t even know Pastor was over there and I should have, so now I know you are out there and I’m going to reach out. It’s not about how many members you have or how many I have; it’s about reaching the community and helping the community get to a better place.”*
- *“Perhaps once a month or a quarter something could be sent to the churches about what’s available or what’s coming up so we can announce it on Sundays or the days we have Bible Study.”*
- *“So, what would it look like if instead of going to individual churches we have a community-wide event? Music of all cultures, food and then tables with all of the resources and then have in intervals “bright spots” – this organization is here for this, and you have these commercials about what each organization can offer.”*
- *“I’m just thinking about it, I feel like the theme is communications, breaking down communication . . . many people, even those who are poor have phones. Apps are the way to go when it comes to communications now. And there’s just so much technology out there to bring so many people together . . . I don’t know where it would be sponsored from (on-line resource directory) but it has to be a communication platform that is easily and readily accessible to leaders and members. At least leaders could promote it and its ease of use.”*
- *“If we want to think out of the box, why does the emergency department have to be the emergency department? Why not have other tracts for when it’s not an emergency? It’s a place of trust already and people come here but it’s expensive, a burden – why not turn that into an opportunity. A person in the ED that would be a liaison to the different resources people need.”*

MEETING CONSUMERS NEEDS AND EXPECTATIONS

There was a great deal of divergence of opinions regarding how to meet the needs and expectations of minority populations. Some felt that this population had few expectations because of their belief that things would not change. Others believed that most were looking for respect or woke each morning with faith and hope that something good would happen. Participants did not believe that minority populations were treated respectfully.

- *“You have to treat people kind and nice, not be afraid of folks. You can’t be afraid to help someone if they don’t look or smell like you. You can’t be afraid to help them.”*
- *“I don’t think people are treated with respect. Because when people come in, they’re not received properly . . . If you’re hurting and you want help, you don’t need someone to be nasty to you.”*
- *“I think that one of the greatest barriers two of them actually, in our community is the misconception that people are poor or are homeless, or lack health because they want to. It’s not they want to be there, and they don’t actually want to be helped. They want to be acknowledged as able-bodied human beings that want to strive and thrive.”*
- *“. . . the people want to know you’re there to help them. They want to feel love and trust.”*

SERVICES THAT ARE HARD TO OBTAIN

Participants were most troubled by the lack of shelters for homeless people and families. While it was acknowledged that heating and cooling centers were available for emergencies, there were no services to shelter adults in need of housing. Most participants agreed that basic services for homeless – showers and a bed to sleep in were the most difficult services to find in the community. Other needs mentioned included mental health care needs for children. Community representatives said that getting parents support to help with their child’s issues is often frustrating because parents are dealing with their own

crises and are not proactive about educating themselves through workshops. More often helping parents individually through the crisis has worked more effectively but is time-consuming and expensive.

- *“Play-based therapy for younger children. We are finding a lot of mental health needs. A lot of social emotional needs.”*
- *“The uninsured are not getting anything. How do we get these kids, who have been victims of domestic violence and severe PTSD issues, services? If I didn’t get these kids services, they would be suspended daily because of their aggression.”*
- *“We have no shelters. We’ll shelter dogs . . . before we will shelter and house people. I just have an issue with that.”*

HEALTHY HABITS

Most participants felt that people were aware of the importance of eating healthy, but their life situations were often not stable enough for them to commit to that type of lifestyle.

- *“Many of migrant populations are resourceful and come from agricultural countries where they grow vegetables and they’ll have their local gardens, if they are in a stable situation.”*
- *“A lot of teen Moms have to be taught how to shop. What to get. This generation wants quick; anything you can pop in the microwave and be done.”*

B. ORTHODOX JEWISH COMMUNITY FOCUS GROUP

On the afternoon of July 8, 2019, a second focus group made up of individuals representing Orthodox Jewish organizations came together to discuss their health needs, barriers to the receipt of services, and ideas to improve the health of their community. A follow-up interview was conducted on August 1, 2019 to obtain additional insights into these topic areas.

MOST PRESSING ISSUES

When asked about the most pressing problems faced by the community, most agreed that being one of the largest growing populations in New Jersey and having minimal pediatric services and no obstetrical services was problematic and concerning for them. As described by participants, the lack of obstetrical services at MMCSC meant they had no options locally and had to leave the area to deliver in Long Branch, New Brunswick, Brick or Hackensack (places where most obstetricians they use practice). Participants believed pediatric specialty care services were insufficient to meet the needs of the 30,000 school-aged children living in Lakewood. Participants also felt it would be beneficial for the Hospital, pediatricians and the community to identify what types of minor or intermediate pediatric services could be offered on the Hospital campus in an outpatient setting so that only inpatient or highly specialized issues would need to be transferred to another hospital.

Residents also expressed concern over the lack of information about new programs. For example, participants felt the community had not received enough information about the Hospital’s new GEM program. The consensus was that with more and more seniors leaving their homes and moving to Lakewood to be closer to their children, the geriatric program would be well utilized by the community if more people were aware of the service.

- *“Number 1 fastest growing community in the world with the highest birth rate and we don’t have a hospital in our town for giving birth. The average family has 10-12 kids in this community.”*

- *“Monmouth is 45 minutes away and there are countless stories of people delivering on the road. Ambulances don’t want to go there because Jersey Shore is so much closer, but our doctors use Monmouth.”*
- *“I think not having OB impacts emergencies that may be OB-related. You want to bring them somewhere there’s an OB Department.”*
- *“We would benefit from having Monmouth services provided here and Kimball services provided at Monmouth.”*
- *“Basically, what happens (in Pediatrics) is when you are very limited, a lot of the in-between staff doesn’t come here because people are saying if I am going to get definitive care then I’m going to the hospital where I can get definitive care.”*
- *“I think that program (GEMS) is something the community should be made more aware of. So that people who are coming here definitely could avail themselves of the geriatric program.”*

Other services respondents felt were missing or hard to access included not having an intensivist in the Hospital and the lack of orthopedic surgeons in the community. Another mentioned a large pediatric group that was no longer accepting Medicaid Managed Care which was placing a hardship on families who were used to getting pediatric care from this practice.

Respondents felt that Monmouth Medical Center South and Monmouth Medical Center were extremely good at understanding and respecting Orthodox Jewish religious and cultural customs and observances.

MENTAL HEALTH ISSUES

With regard to mental health, participants believed that mental health issues were heightened as a result of residents waiting until they were in crisis before reaching out for help because of their fear of being hospitalized and losing contact with their primary therapist or psychiatrist.

Participants suggested that having an urgent care type of service for mental health would take care of a lot of these problems and would encourage people to come in before their problems reached crisis proportion. Individuals from the Hospital offered information regarding a DSRP program that was designed specially to deal with these urgent situations. Participants agreed that information about this program needed to be shared with physicians and community stakeholders so that they were better informed about existing community resources.

- *“Knowledge is powerful and if there’s something going on new in the hospital or in the system, even if its small and only 5, 10, 15 or 20 people would use the service, it’s important that we figure out a channel for getting the information out.”*
- *“I think if we can work in a way of really being super communicative with the community, that would be tremendous.”*
- *“There’s a community council we discussed, and that’s definitely a good idea. Like a community council to bring stakeholders together and keep them informed so they could go back and tell their communities.”*
- *“I think email lists are something we can certainly work on with the hospital. And anything really large, I think the hospital does and should continue to use press releases in whatever publications the community reads.”*

HEALTHY COMMUNITY AND HEALTH AWARENESS

When asked for their views with respect to Lakewood being a healthy community, most felt the community was safe, with the exception of the traffic, the driving and congestion, and the lack of bike lanes. Most believed that the infrastructure has not kept up with population growth, but that significant progress was being made. Most felt that residents were aware of the value of maintaining healthy lifestyles.

Representatives were aware of people in need, homeless and in those in crisis, and through various organizations in the community worked to get them necessary services. Social work services to help residents with elderly parents was mentioned as being needed in the community in response to a question regarding members of the community who were not being served.

A Hospital spokesperson responded with information about support groups, and a caregiver program that was available, further highlighting the need for more communication about available resources within the community.

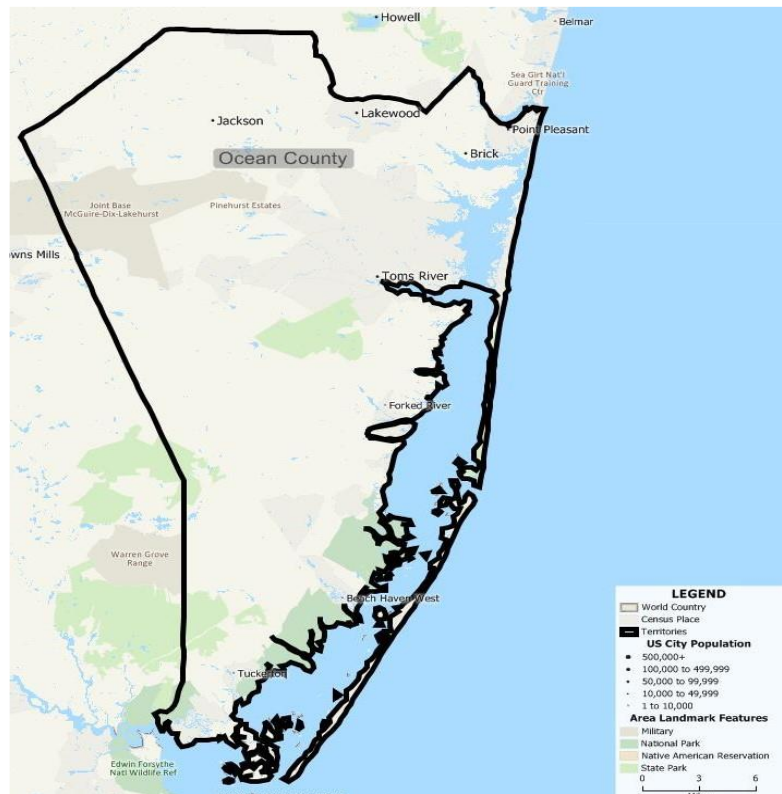
Lastly, respondents were extremely complimentary about the changes that had been instituted at the Hospital to ensure that the Orthodox Jewish community felt that MMCSC cared about fulfilling their needs.

5. OCEAN COUNTY/SERVICE AREA HEALTH PROFILE

The Ocean County Health Profile provides a discussion of outcomes and factors in determining health. Ocean County data are compared to local, county, state, and national measures.

A. OCEAN COUNTY OVERVIEW

Ocean County is the second largest county in New Jersey. It is located along the Jersey Shore. The county encompasses a land mass of 915.40 square miles, the largest county in New Jersey. The county is made up of the following municipalities: Barnegat Light, Barnegat Township, Bay Head, Beach Haven, Beachwood, Berkeley Township, Brick Township, Eagleswood, Harvey Cedars, Island Heights, Jackson Township, Lacey Township, Lakehurst, Lakewood Township, Lavallette, Little Egg Harbor Township, Long Beach Township, Manchester Township, Mantoloking, Ocean Gate, Ocean Township, Pine Beach, Plumsted Township, Point Pleasant Beach, Point Pleasant Borough, Seaside Heights, Seaside Park, Ship Bottom, South Toms River, Stafford Township, Surf City, Toms River Township, and Tuckerton. Much of the County is flat and coastal, with many beaches. Forty miles of Barrier Island form the Barnegat and Little Egg Harbor Bay, offering a wide range of water sports. In addition to being the northeast gateway to New Jersey's Pine Barrens, Ocean County is also home to six state parks.



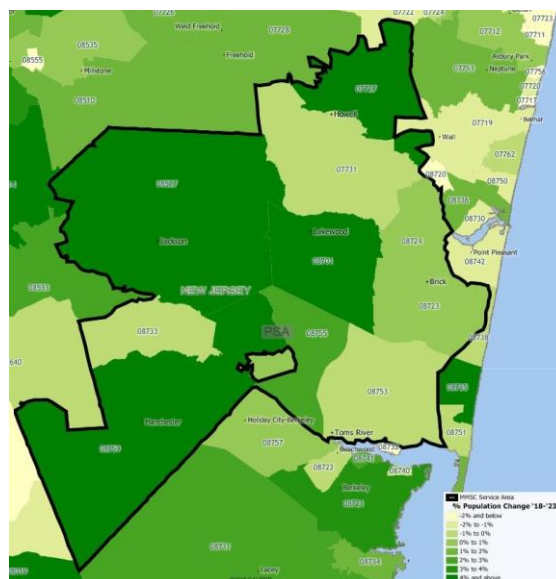
The following is an example of community health disparities identified in the CHNA.

- In 2016, the median household income in Ocean County (\$63,108) was more than \$10,000 below the statewide median of \$73,702.
- The median household income of residents of Howell was \$99,437 in 2016 compared to \$36,980 in Manchester.
- In 2016, 31.5% of Lakewood residents were living in poverty compared to 11.2% county-wide.
- Ocean County's population is much older than the State.
- Ocean County's population is predominantly White (83.9%) compared to 54.4% in New Jersey.
- Ocean County's teen birth rate, 15-17-year-olds, for Hispanics (20.1/1,000) was higher than the rate statewide (15.0/1,000).
- Black residents in Ocean County had the highest age-adjusted mortality rate (AAMR) for heart disease compared to Whites and Hispanics.
- Black residents in Ocean County had higher rates of AAMR for cancer than Whites and Hispanics.
- The drug overdose death rate was higher in Ocean County than the rate statewide and in Monmouth County.
- The percent of Ocean County low birth weight and very low birth weight infants was higher among Blacks than for Whites and Hispanics.

B. MMCS SERVICE AREA

Between 2010 and 2018, the population of the MMCS Service Area increased by over 3% (3.79%). In 2023, the Service Area population is expected to increase another 2.34% to 415,175.

**Population Change in MMCS Service Area
2018-2023**



* Source: Claritas Population Estimates 2018, 2023

**MMCSC Service Area
Population Distribution & Projected Percent Change 2018-2023**

AGE COHORT	GEOGRAPHIC AREA									
	New Jersey	Monmouth Medical Center South	Monmouth County	Ocean County	Howell (07731)	Toms River (08753)	Toms River (08755)	Lakewood (08701)	Manchester Township (08759)	Lakehurst (08733)
0-17	1,924,893	108,115	122,489	146,445	7,646	13,856	5,183	47,599	2,775	739
% of Total	21.19%	26.04%	19.60%	23.98%	20.4%	22.1%	19.8%	43.7%	7.6%	27.2%
% Change '18-'23	-1.87%	2.82%	-6.65%	3.95%	-8.87%	2.39%	1.31%	5.41%	13.03%	-1.73%
18-44	3,063,151	125,224	197,440	178,271	12,605	20,852	7,693	34,993	4,273	1,038
% of Total	33.72%	30.16%	31.60%	29.20%	33.7%	33.3%	29.3%	32.1%	11.7%	38.3%
% Change '18-'23	-0.71%	2.89%	1.43%	3.35%	1.00%	0.65%	7.76%	2.18%	9.45%	-2.08%
45-64	2,440,092	90,558	180,834	135,984	11,440	16,484	6,523	12,945	4,814	660
% of Total	26.86%	21.81%	28.94%	22.27%	30.6%	26.3%	24.9%	11.9%	13.2%	24.3%
% Change '18-'23	-1.87%	-6.19%	-5.08%	-7.39%	-5.91%	-9.53%	-8.05%	14.15%	-20.27%	-1.35%
65+	1,656,700	91,278	124,099	149,888	5,737	11,418	6,839	13,495	24,705	275
% of Total	18.24%	21.99%	19.86%	24.55%	15.3%	18.2%	26.1%	12.4%	67.6%	10.1%
% Change '18-'23	15.44%	10.92%	14.70%	9.52%	28.83%	11.67%	6.00%	6.95%	7.93%	16.53%
All Ages	9,084,836	415,175	624,862	610,588	37,428	62,610	26,238	109,032	36,567	2,712
% of Total	100%	100%	100%	100.0%	100%	100%	100%	100%	100%	100%
% Change '18-'23	1.3%	2.34%	0.05%	2.27%	-0.14%	-0.14%	1.69%	5.49%	3.63%	-0.18%
Female 15-44	1,677,665	69,981	109,400	99,216	7,046	11,367	4,417	19,659	2,411	538
% of Total	18.47%	16.86%	17.51%	16.25%	18.83%	18.16%	16.83%	18.03%	6.59%	19.84%
% Change '18-'23	-1.21%	2.75%	-0.01%	3.37%	-1.40%	0.19%	5.57%	4.29%	10.65%	-5.45%

Source: Claritas Population Estimates 2018, 2023

C. SOCIAL DETERMINANTS OF HEALTH

Social determinants of health include socioeconomic and environmental factors which influence health outcomes, disparities in health, equity in health care, and are important tools to assess health at the local level. *Healthy People 2020* provides a framework for assessing social determinants of health across five topic areas: economic stability; education; social and community context; health and health care; and, neighborhood and built environment. While a relatively affluent county, there are residents of Ocean County and MMCSC Service Area that face many socioeconomic challenges that may have consequences for health and health care in the region.¹⁰

1. Socioeconomic Status

Socioeconomic status is the aggregate of several social, economic, and demographic measures. In this analysis, these measures include household Income and poverty, unemployment, education, ethnic and racial makeup, age, and Divinity Health’s Health Need Index by service area. According to *Healthy People 2020*, socioeconomic factors contribute to disparities in disease incidence and mortality among racial, ethnic and underserved groups. Studies indicate that income and socioeconomic status (SES) is a better predictor of the likelihood of an individual’s or group’s access to education, health insurance, and safe and healthy living and working conditions than race or ethnicity. SES also impacts the prevalence of behavioral risk factors (tobacco smoking, physical inactivity, obesity, excessive alcohol use) and rates of preventive screenings (lower SES, fewer screenings).

¹⁰ <https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health>

Income, Poverty, and Unemployment

Income influences the way people invest in their health and provides options for healthy lifestyle choices. In low income circumstances, preventive care expenses are more often neglected in favor of immediate living expenses. The longer people live in poverty, the more abject their income disadvantage and the more likely they are to suffer from a range of health problems. Circumstances that lead to poverty also may lead to social exclusion, discrimination, racism, stigmatization, and unemployment. Thus, the following measures of income and poverty may be evidence of these problems.

Unemployment puts health at risk, starting when people first feel their jobs are threatened, before they become unemployed. Job insecurity increases mental health issues, particularly anxiety and depression. Populations with higher unemployment rates have collective increased risk of premature death.

Those who are unemployed face greater challenges to health and well-being, including lost income and health insurance. Unemployed individuals are 54% more likely to be in poor or fair health as compared to employed individuals. According to CHR, racial and ethnic minorities and those with less education, often already at-risk for poor health outcomes, are most likely to be unemployed. Labor statistics indicate unemployment rates peaked at the height of the recession in 2010 and began to show some improvement beginning in 2014. Most areas of the State have shown continued improvement.

Ocean County

Ocean County residents have traditionally had lower median household income than residents of the State.

- In 2016, the median household income in Ocean County was \$63,108, more than \$10,000 below the State median of \$73,702
- In 2016, Ocean County had a higher percentage of people living below the federal poverty level than statewide, 11.2% and 10.9% respectively.¹¹
- Between 2014 and 2016, unemployment throughout New Jersey declined. In 2016, the Ocean County unemployment rate was 4.5%, a decrease of 1.4% from 2014, and lower than the New Jersey unemployment rate of 5.2%.¹²

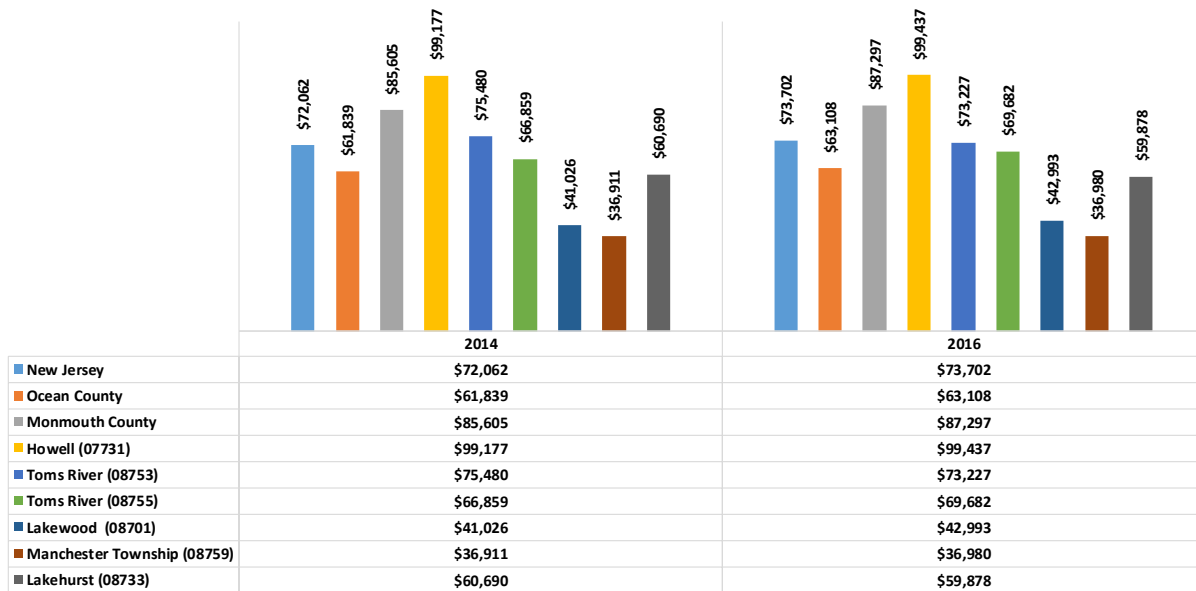
MMSC Service Area

- The 2016 median household income of Howell (\$99,437) and Toms River 08753 (\$73,227) residents was more than the county-wide figure (\$63,108), and higher than most of the other Service Area zip codes.
- In 2016, there were 31.5% of Lakewood residents living in poverty compared to 11.2% county-wide.

¹¹ Ibid.

¹² United States Bureau of Labor Statistics Newark, NJ-PA, Division Economic Summary 2016 http://www.bls.gov/regions/new-york-new-jersey/summary/blssummary_newark_div.pdf

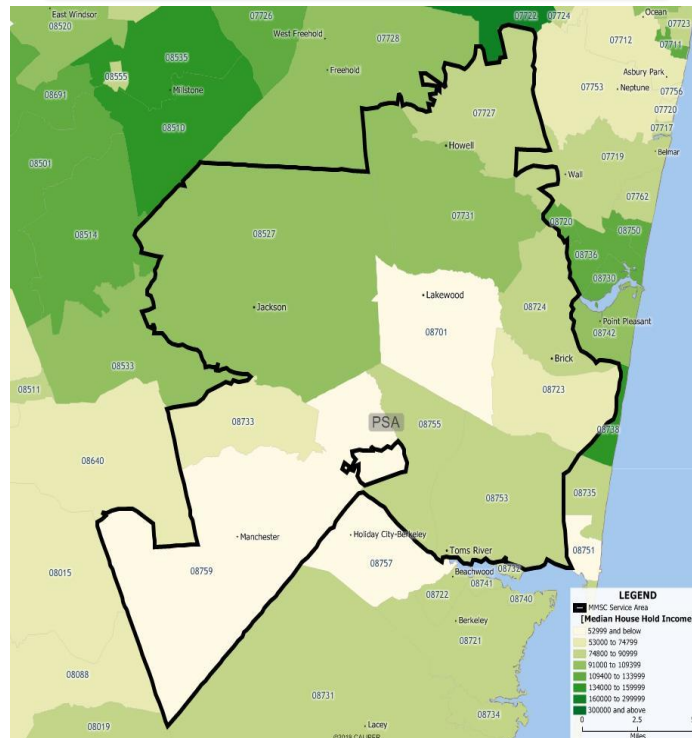
Median Household Income State and County Comparisons – 2014-2016



Source: United States Census 2016 5 Year ACS Estimates

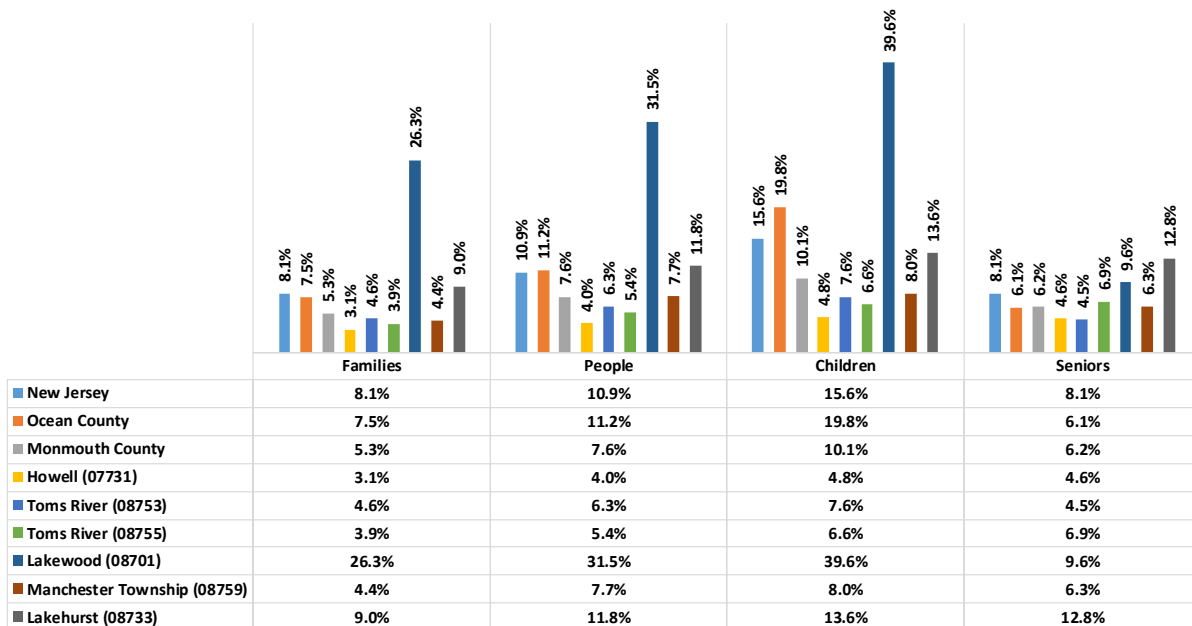
Median Household Income, 2018 Ocean County

HOUSEHOLD INCOME (2018*)	
GEOGRAPHIC AREA	MEDIAN
New Jersey	\$78,317
Ocean County	\$68,797
(07731) Howell	\$106,058
(08527) Jackson	\$92,739
(07727) Farmingdale	\$85,757
(08724) Brick	\$82,619
(08753) Toms River	\$80,553
(08755) Toms River	\$74,801
(08723) Brick	\$72,401
(08733) Lakehurst	\$69,924
(08701) Lakewood	\$47,833
(08759) Manchester Township	\$43,168



- In 2016, the percent of families living in poverty in Ocean County (7.5%) was lower than the State (8.1%).¹³
 - In 2016, 31.5% of people and 26.3% of families were living in poverty in Lakewood. The Lakewood percentage of children in poverty was 39.6%.
- In 2016, there was a wide range of percentages of families living in poverty across select MMSC service area zip codes:¹⁴
 - Toms River 08755: 3.9%
 - Manchester: 4.4%
 - Lakewood: 26.3%
 - Lakehurst: 9.0%
- Lakewood's percent of children living in poverty (39.6%) is more than twice the New Jersey percentage (15.6%).

Income Below Federal Poverty Level State and County Comparisons, 2016



Source: United States Census 2016 5 Year ACS Estimates

Unemployment

- In 2016, the unemployment rate for Ocean County (4.5%) was below the rate statewide (5.2%) and the same as the Monmouth County rate.
- The Ocean County unemployment rate declined 1.4 percentage points between 2014-2016.
- In 2016, Lakewood unemployment rate was 3.6%, a decrease from 5.1% in 2014, and lower than the Ocean County rate of 4.5%, and the State rate of 5.2%.¹⁵

¹³ United States Census Bureau American Community Survey 2014

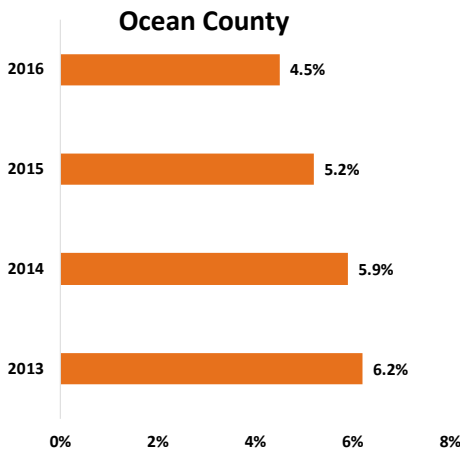
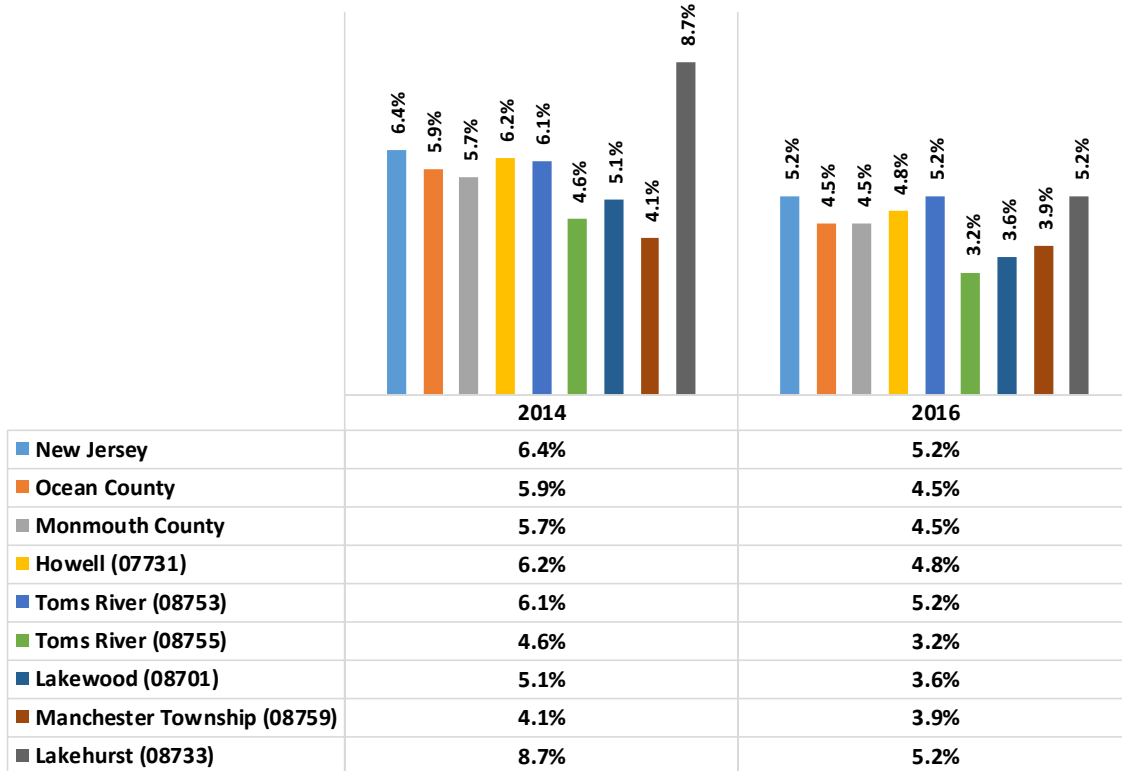
http://factfinder.census.gov/faces/tableservices/jsf/pages/productview.xhtml?pid=ACS_14_5YR_DP03&prodType=table

¹⁴ United States Census Bureau American Community Survey 2014

¹⁵ Ibid.

- In 2016, the Howell unemployment rate was 4.8%, a decrease from 6.2% in 2014 but higher than the County rate of 4.5%.
- In 2016, Toms River 08755 had the lowest unemployment rate (3.2%) of the comparative zip codes.

Unemployment State and County Comparisons, 2014-2016



Source: United States Census 2013, 2014, 2016 5 Year ACS Estimates

**County Health
Rankings & Roadmaps**
Building a Culture of Health, County by County

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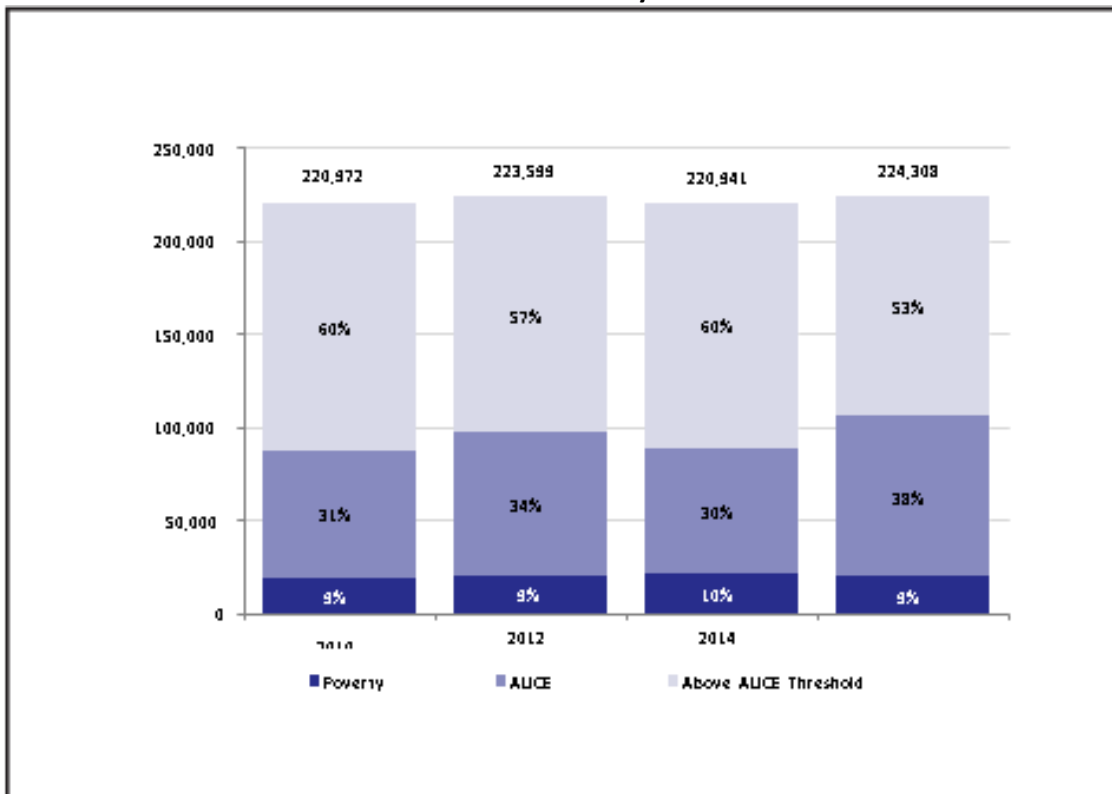
National Benchmark: 3.2%
Ocean County 2016: 4.5%

Asset Limited Income Constrained Employed Project

Many believe that the Federal Poverty Level (FPL) understates true poverty and is prejudicial to New Jersey as it fails to adjust for differences in the cost of living across states.

To ascertain the number of households that may be struggling due to the high cost of living in New Jersey we turned to the United Way’s ALICE (Asset Limited Income Constrained Employed project)¹⁶ to get a better idea of the number of households that earn more than the Federal Poverty Level but less than the basic cost of living in Ocean County. As shown in the chart below, the Alice Threshold (AT) combined the number of households in poverty and ALICE households equals the population struggling to afford basic needs. In Ocean County, this percentage amounts to 47% (2016).

Households by Income, 2010 to 2016
Ocean County



Sources: **2016 Point-in-Time Data:** American Community Survey. **ALICE Demographics:** American Community Survey; the ALICE Threshold. **Budget:** U.S. Department of Housing and Urban Development (HUD); U.S. Department of Agriculture (USDA); Bureau of Labor Statistics (BLS); Internal Revenue Service (IRS); State of New Jersey Department of the Treasury; Child Care Aware NJ (CCANJ).

The United Way’s analysis shows ALICE households in Ocean County may earn above the Federal poverty level for a single adult, \$11,880, or \$24,300 for a family of four, but less than the household survival budget for Ocean County.

¹⁶ <http://www.unitedwaynj.org/ourwork/aliceatnj.php>

Household Survival Budget, Ocean County		
	SINGLE ADULT	2 ADULTS, 1 INFANT, 1 PRESCHOOLER
Monthly Costs		
Housing	\$904	\$1,417
Child Care	\$-	\$1,625
Food	\$182	\$603
Transportation	\$314	\$627
Health Care	\$196	\$727
Technology	\$55	\$75
Miscellaneous	\$202	\$597
Taxes	\$369	\$891
Monthly Total	\$2,222	\$6,562
ANNUAL TOTAL	\$26,664	\$78,744
Hourly Wage	\$13.33	\$39.37

Sources: **2016 Point-in-Time Data:** American Community Survey. **ALICE Demographics:** American Community Survey; the ALICE Threshold. **Budget:** U.S. Department of Housing and Urban Development (HUD); U.S. Department of Agriculture (USDA); Bureau of Labor Statistics (BLS); Internal Revenue Service (IRS); State of New Jersey Department of the Treasury; Child Care Aware NJ (CCANJ).

There appears to be differences among municipalities in Ocean County in terms of the percentage of households living in poverty or at the ALICE threshold. Sixty-six percent of Lakewood and Seaside Heights residents, and 58% of Manchester residents had incomes at the Federal poverty level or at the ALICE threshold.

Ocean County, 2016		
Town	Total HH	% ALICE & Poverty
Barnegat	8,411	46%
Barnegat Light	264	34%
Bay Head	457	25%
Beach Haven	530	34%
Beachwood	3,726	45%
Berkeley	19,978	54%
Brick	29,986	44%
Eagleswood	560	45%
Harvey Cedars	216	34%
Island Heights	683	36%
Jackson	20,356	33%
Lacey	10,872	41%
Lakehurst	860	54%
Lakewood	23,738	66%
Lavallette	996	38%
Little Egg Harbor	8,385	49%
Long Beach	1,517	28%
Manchester	23,008	58%
Mantoloking	135	15%
Ocean	3,835	45%
Ocean Gate	818	51%

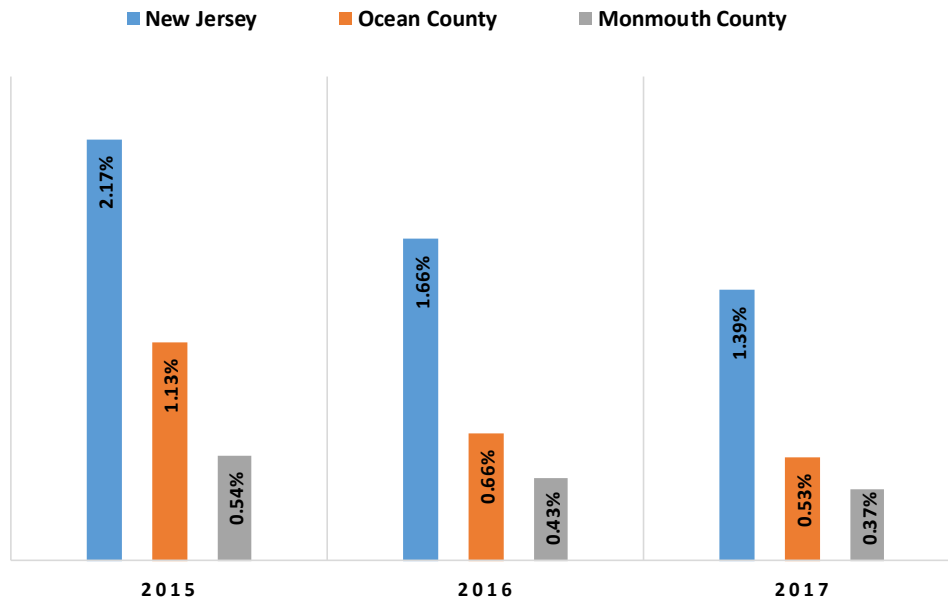
Ocean County, 2016		
Town	Total HH	% ALICE & Poverty
Pine Beach	825	30%
Plumsted	2,982	36%
Point Pleasant	7,274	35%
Point Pleasant Beach	1,986	36%
Seaside Heights	1,124	66%
Seaside Park	903	42%
Ship Bottom	418	35%
South Toms River	1,045	53%
Stafford	10,138	42%
Surf City	571	31%
Toms River	34,609	43%
Tuckerton	1,403	57%

Temporary Assistance Needy Families (TANF)

In order to qualify for TANF in New Jersey, applicants must comply with all requirements of Work First New Jersey. This includes signing over rights of child support payments, helping to establish paternity of children, cooperating with work requirements and applying for all assistance programs for which a household may be eligible. Additionally, eligible applicants must meet income and resource guidelines.¹⁷

- As of December 2017, 0.53% of Ocean County children were receiving Work First NJ/TANF benefits, far less than the statewide rate (1.39%); Ocean County ranks in the middle performing quartile in New Jersey.
- As of December 2017, 0.07% of Ocean County adults were receiving Work First NJ/TANF benefits, less than statewide (0.17%).
- Between 2015 and 2017, the percentage of adults and children receiving WFNJ/TANF benefits declined by 58.8% and 53.1%, respectively.

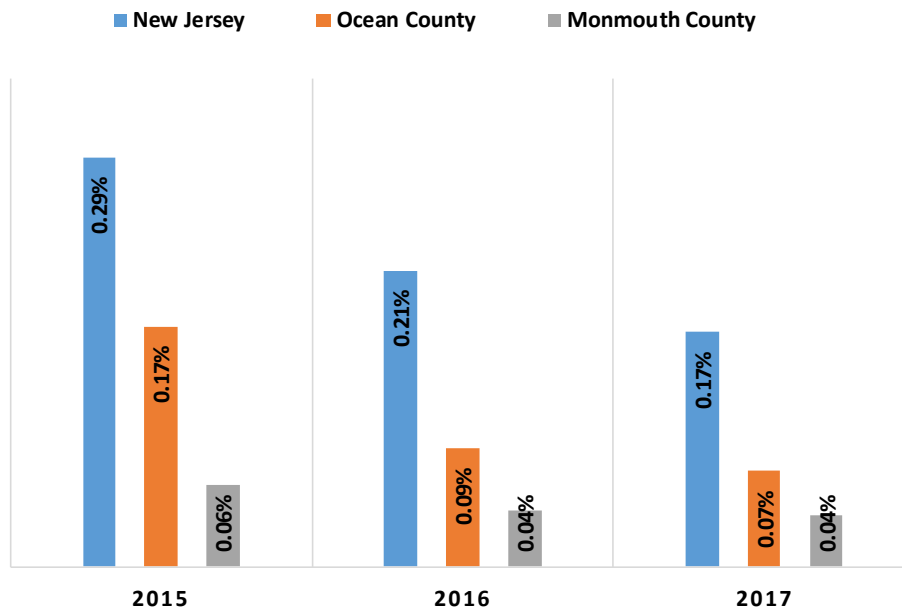
**Temporary Assistance to Needy Families
State & County Comparisons Children 2015-2017**



Source: http://www.nj.gov/humanservices/dfd/news/cps_dec17.pdf

¹⁷ <http://www.tanfprogram.com/new-jersey-tanf-eligibility>

Temporary Assistance to Needy Families State & County Comparisons Adults 2015-2017



Source: http://www.nj.gov/humanservices/dfd/news/cps_dec17.pdf

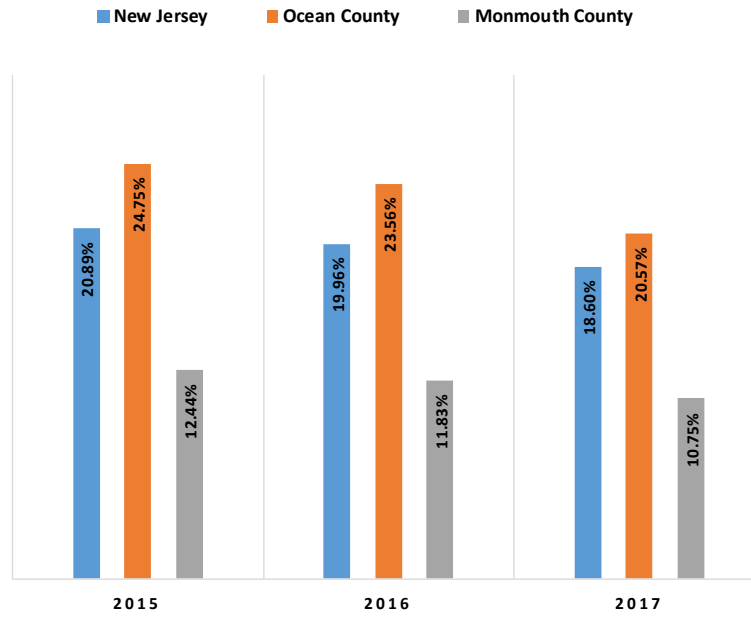
Supplemental Nutrition Assistance Program (SNAP)

SNAP offers nutrition assistance to millions of eligible, low-income individuals and families. The Food and Nutrition Service works with State agencies, nutrition educators and neighborhood and faith-based organizations to ensure that those eligible for nutrition assistance make informed decisions and access benefits.¹⁸

- In 2017, more Ocean County children (20.6%) used SNAP benefits compared to 18.6% of children statewide.
- In 2017, 4.6% of Ocean County adults used SNAP benefits compared to 5.8% of adults statewide.
- The percentage of Ocean County children and adults receiving SNAP benefits ranks in the middle performing quartile among all counties.

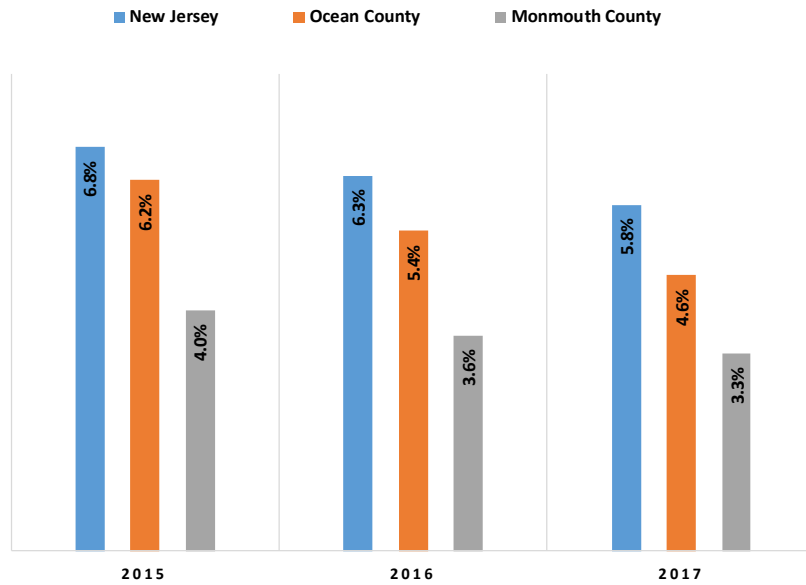
¹⁸ <http://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program-snap>

Supplemental Nutrition Assistance Program (SNAP) State & County Comparisons Children 2015-2017



Source: http://www.nj.gov/humanservices/dfd/news/cps_dec17.pdf

Supplemental Nutrition Assistance Program (SNAP) State & County Comparisons Adults 2015-2017



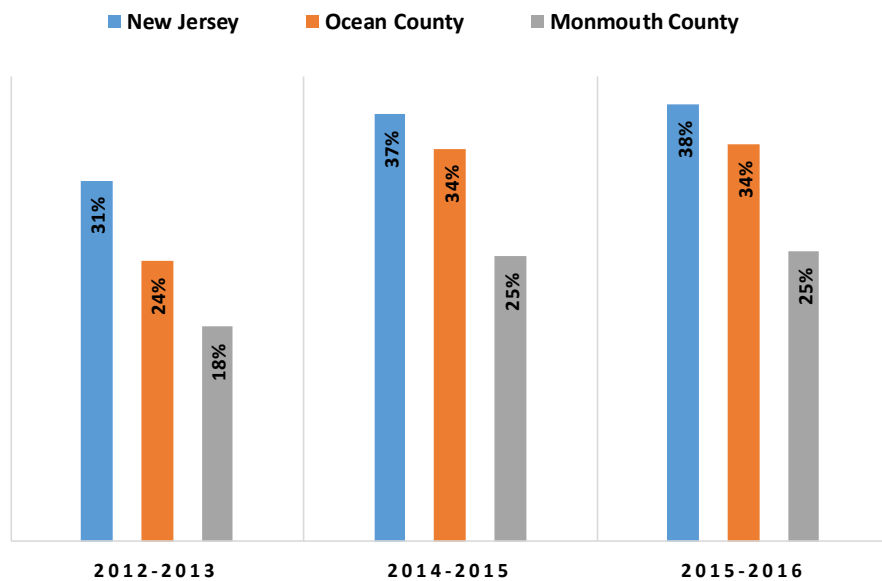
Source: http://www.nj.gov/humanservices/dfd/news/cps_dec17.pdf

Children Eligible for Free Lunch

Public schools nationwide and across New Jersey have free lunch programs for children living at or near poverty. New Jersey requires public schools serve school lunches meeting at least one-third of recommended dietary allowances. According to the National School Lunch Program, the objective is “to provide a nutritious, well-balanced lunch for children in order to promote sound eating habits, to foster good health and academic achievement and to reinforce the nutrition education taught in the classroom.”¹⁹

- The percentage of children eligible for free lunch increased or remained constant throughout New Jersey, Monmouth, and Ocean Counties between 2012-2013 and 2015-2016.
- Ocean County reported a 10 percentage point increase in students eligible for free lunch from 24% during the 2012-2013 school years to 34% in 2014-2016 school years.
- Ocean County is within the middle performing quartile compared to of all New Jersey counties for free school lunch eligibility, and the middle performing quartile for County Health Rankings.

Children Eligible for Free Lunch State & County Comparisons 2012-2016



Source: http://www.nj.gov/humanservices/dfd/news/cps_dec16.pdf

**County Health
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National Benchmark: 33.0%
Ocean County 2016: 34.0%

¹⁹ http://www.nj.gov/agriculture/divisions/fn/childadult/school_lunch.html

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
WFNJ/TANF (Supplemental Nutritional Assistance Program) <i>Percent of Population</i>	N.A.	N.A.	
WFNJ/TANF-Children <i>Percent of Children</i>	N.A.	N.A.	
SNAP (Supplemental Nutrition Assistance Program) <i>Percent of Population Receiving SNAP</i>	N.A.	N.A.	
SNAP-Children <i>Percent of Children Receiving SNAP</i>	N.A.	N.A.	
Children Eligible for Free Lunch	N.A.		

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

2. Education

People with higher levels of educational attainment tend to have lower morbidity rates from acute and chronic diseases, independent of demographic and labor market factors. Life expectancy is increasing in the United States, yet differences have become more pronounced between those with and without a college education. The mechanisms by which education influences health are complex and likely include interrelationships between demographic and family background indicators, effects of poor health in childhood, greater resources associated with higher levels of education, a learned appreciation for the importance of good health behaviors, and one’s social networks.²⁰ The ability to communicate in English is also a key part of educational competence.

The lack of English proficiency can negatively impact one’s ability to understand and follow medical directions. Ocean County residents experienced a decrease in the percentage of the population over age 5 with limited English proficiency.

Ocean County

- In 2016, 9.1% of Ocean County residents did not graduate from high school, 2.0 percentage points lower than New Jersey at 11.1%.²¹ This represents an improvement from 9.8% of County residents and 11.6% statewide that did not graduate from high school as reported in the previous CHNA.
- In 2016, 27.5% of Ocean County residents earned a bachelor’s degree or higher.²² This represents an increase from 26.3% of County residents that earned a bachelor’s degree or higher as reported in the previous CHNA.

20 National Poverty Center Policy Brief #9 Education and Health 2007 http://www.npc.umich.edu/publications/policy_briefs/brief9/

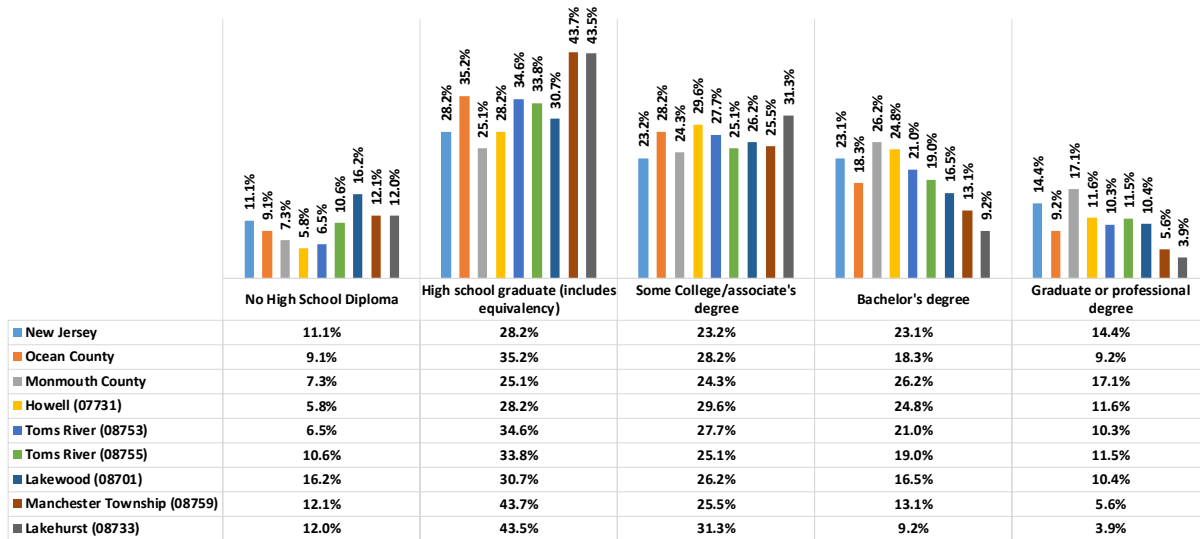
21 United States Census Bureau American Community Survey 2014

22 Ibid.

MMSCS Service Area

- In 2016, 16.2% of Lakewood residents did not complete high school, higher than the statewide percentage (11.1%).
- In 2016, 36.4% of Howell residents obtained a Bachelor’s degree or higher.

**Educational Attainment
State & County Comparisons, 2016**



Source: United States Census 2016 5 Year ACS Estimates



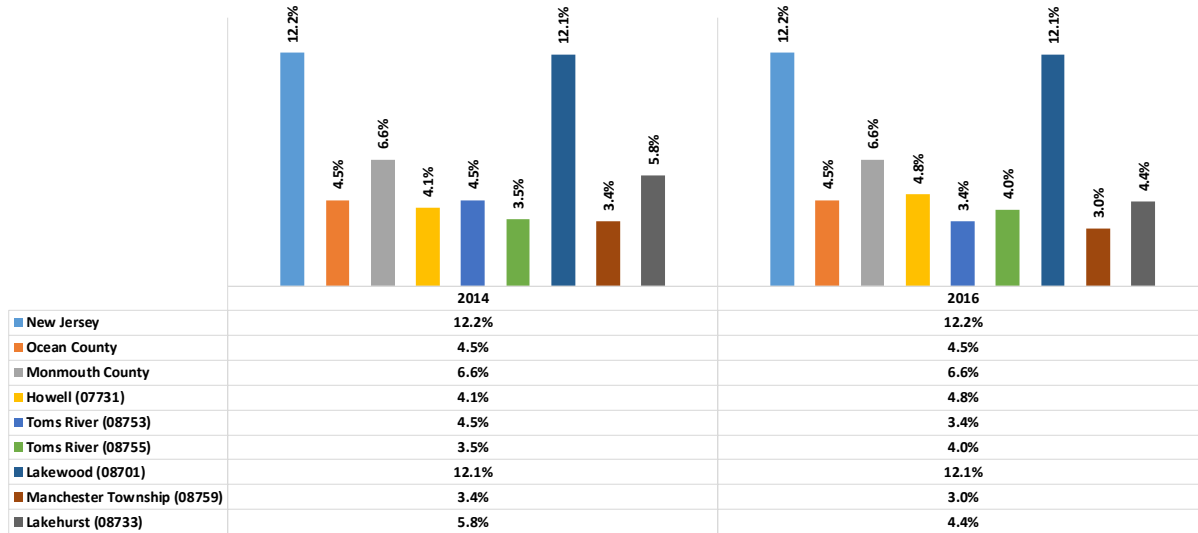
Baseline: 89.0 %
Target: 97.9%
Ocean County 2016: 90.9%

Limited English Proficiency

The lack of English proficiency can negative impact one’s ability to understand and follow medical directions. Ocean County residents experienced a decrease in the percentage of the population over age 5 with limited English proficiency.

- The percentage of Limited English Proficiency (LEP) persons age 5+ in Ocean County (4.5%) was lower than New Jersey (12.2%).
- In 2016, the percentage of Limited English Proficiency (LEP) individuals in Lakewood (12.1%) was lower than New Jersey (12.2%) and higher than the Ocean County rate (4.5%).

Limited English Proficiency Households (%) State & County Comparisons, 2014-2016



Source: United States Census 2014-2016 ACS 5 Year Estimates; Persons Age 5+ reporting speaking English “less than well”.

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Educational Attainment: No High School Diploma <i>Percent of Population (Age 25+)</i>	N.A.	N.A.	
Limited English Proficiency <i>Percent of Population (Age 5+)</i>	N.A.	N.A.	
RED: Poorest Performing Quartile			
Yellow: Middle Quartiles			
Green: Best Performing Quartile			

3. Demographics

Age

Age affects how people behave in relation to their health; as people age, the body becomes more prone to disease and health behaviors become more important to good health.

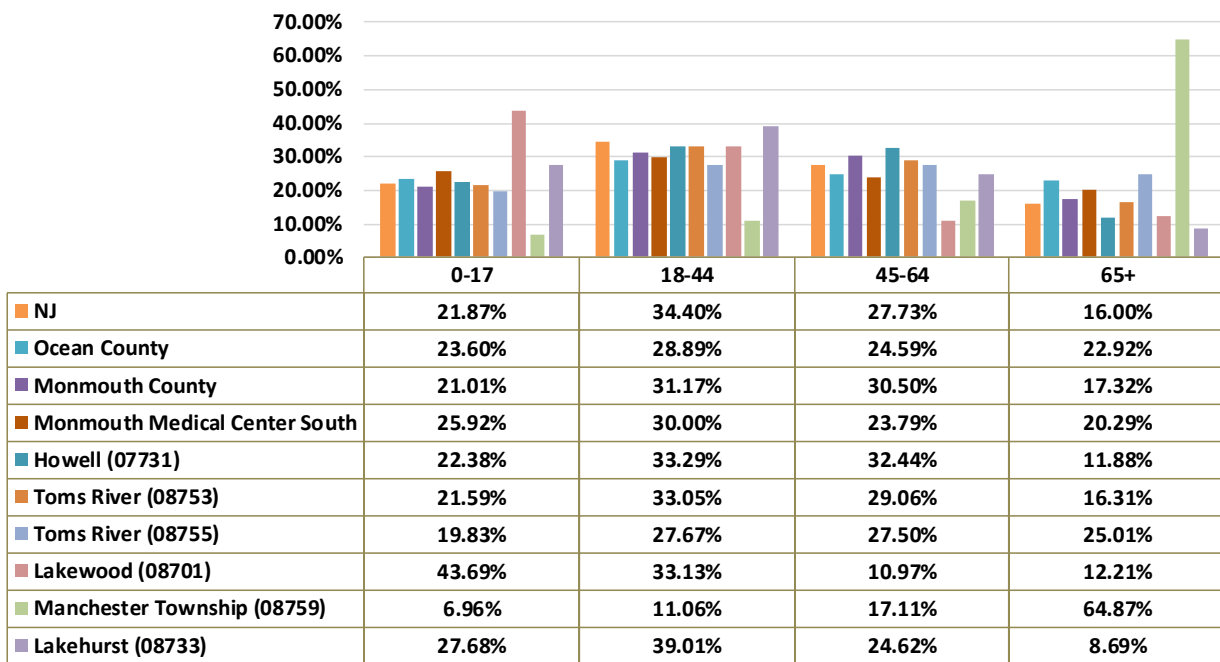
Ocean County

- Ocean County’s population distribution is much older than the State.
- In 2018, 22.9% of Ocean County residents were over 65 compared to 16.0% statewide.

MMCSC Service Area

- In 2018, 7.0% of Manchester Township residents were 0-17, lower than the 23.6% in Ocean County and 21.9% in New Jersey.
- In 2018, 39.0% of Lakehurst residents were 18-44, higher than 28.9% in Ocean County and 34.4% in New Jersey.
- In 2018, 64.9% of Manchester Township residents were 65+, higher than 22.9% in Ocean County and 16.0% in New Jersey.

**Population by Age Cohort
State & County Comparisons**



Source: Claritas 2018 Population Estimate

Ethnic and Racial Makeup

Racial and ethnic minorities receive lower quality healthcare than non-minorities, even when access-related factors such as insurance status and income are controlled. Sources of disparities are complex and rooted in historic and contemporary inequities, and involve many participants at several levels, including health systems administrative and bureaucratic processes, utilization managers, healthcare professionals, and patients.²³

²³ Institute of Medicine, Unequal Treatment: confronting Racial and Ethnic Disparities in Health Care, 2003, <http://www.nap.edu/read/10260/chapter/2>

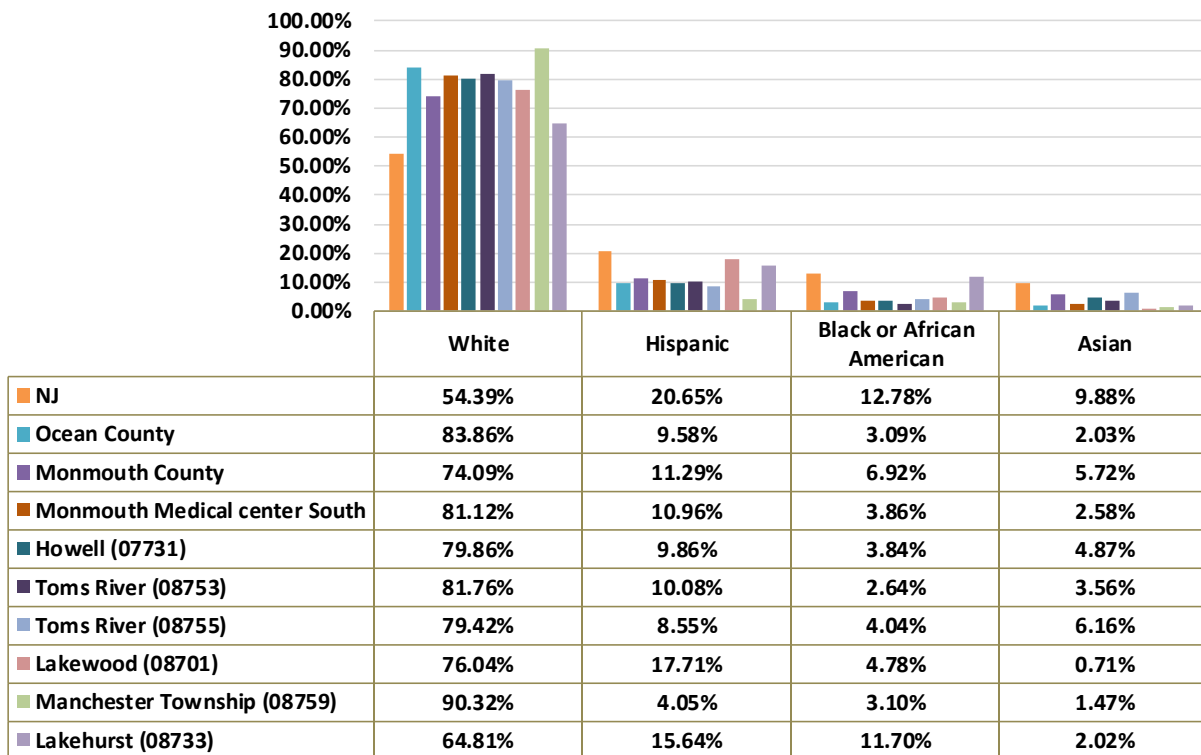
Ocean County

- In 2018, Ocean County had lower percentages of African-American, Hispanic and Asian populations than New Jersey.
 - 3.1% of the county population was African-American, compared to 12.8% statewide.
 - 9.6% of the population was Hispanic/Latino compared to 20.7% statewide.
 - Whites were 83.9% of the county’s population compared to 54.4% in New Jersey.

MMSC Select Service Area

- In 2018, 2.6% of Toms River 08753’s population was African-American, lower than 12.8% in New Jersey.
- In 2018, 90.3% of Manchester’s population was White, higher than 83.9% in Ocean County.
- In 2018, 17.7% of Lakewood’s population was Hispanic/Latino, compared to 9.6% in Ocean County and 20.7% in New Jersey.
- In 2018, 6.2% of Toms River 08755’s population was Asian, more than the 2.0% in Ocean County.
- Between 2010 and 2018, the Hispanic population in Ocean County grew 19.7%.

**Population by Race/Ethnicity
State & County Comparisons**



Source: Claritas 2018 Population Estimate

**Population by Race/Ethnicity
Ocean County – Trend**

Ocean County			
RACE / ETHNICITY	2010	2018	% Change
White (alone)	495,534	500,683	1.0%
Black / African American (alone)	16,583	18,473	11.4%
Asian (alone)	9,924	12,111	22.0%
Native American / Pacific Islander / Other Race (alone)	1,104	1,176	6.5%
Two or More Races (alone)	5,639	7,440	31.9%
Hispanic / Latino (of Any Race)	47,783	57,180	19.7%

Source: Claritas 2018 Population Estimate

4. Social and Community Context

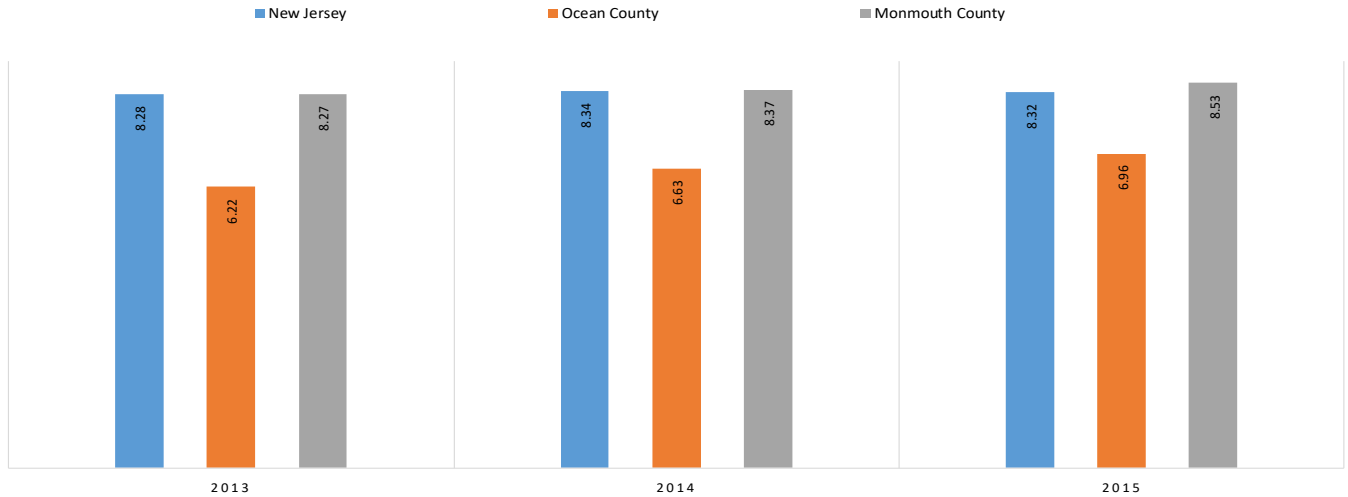
Social Associations

Social isolation can negatively impact health outcomes. Having a strong social network is associated with healthy lifestyle choices, positive health status, and reduced morbidity and mortality. Participation in community organizations can enhance social trust and a sense of belonging.²⁴ Social associations include structured membership organizations such as civic organizations, bowling centers, golf clubs, fitness centers, sports organizations, religious organizations, political organizations, business and professional associations.

- Between 2013 and 2015, Ocean County had lower membership association rates than New Jersey and Monmouth County.
- The membership association rate for Ocean County falls within the worst performing quartile compared to all 21 counties statewide.

²⁴ <http://www.countyhealthrankings.org/app/new-jersey/2015/measure/factors/140/description>

Number of Membership Organizations State & County Comparisons, 2013-2015



Source: County Health Rankings, CDC Wonder Mortality Data, 2013 - 2015

County Health Rankings & Roadmaps
Building a Culture of Health, County by County
A Robert Wood Johnson Foundation program

National Benchmark: 22.1
Ocean County 2015: 6.96

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Membership Organizations	N.A.		
<i>RED: Poorest Performing Quartile</i>			
<i>Yellow: Middle Quartiles</i>			
<i>Green: Best Performing Quartile</i>			

5. Health and Health Care

Access to affordable quality health care is important to physical, social, and mental health. Health insurance helps individuals and families access needed primary care, specialists, and emergency care, but does not ensure access. It is also necessary for providers to offer affordable care, be available to treat patients and be near patients.²⁵

²⁵ <http://www.countyhealthrankings.org/our-approach/health-factors/access-care>

Health Insurance

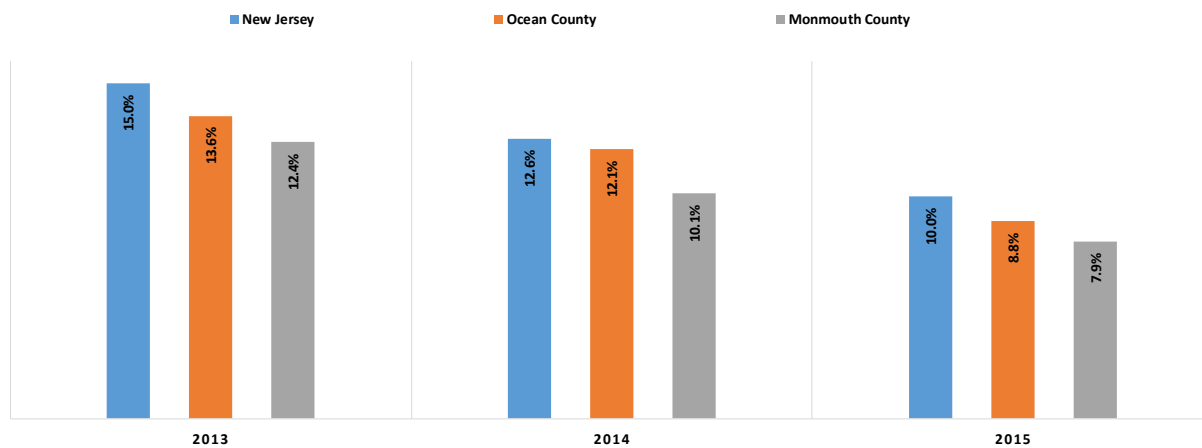
The expansion of Medicaid coverage and the Affordable Care Act's (ACA) coverage provisions, which began taking effect in 2010, helped decrease the nation's uninsured rate by 7.2 percentage points, from 16 percent in 2010. That translates into 20.4 million fewer people who lacked health insurance in 2016 compared to 2010. The uninsured rate is estimated to have increased to 15.5% in the first quarter of 2018, meaning another 4 million lost coverage since 2016 due to changes in health policy and insurance offerings. The uninsured are less likely to have primary care providers than the insured; they also receive less preventive care, dental care, chronic disease management, and behavioral health counseling. Those without insurance are often diagnosed at later, less treatable disease stages than those with insurance and, overall, have worse health outcomes, lower quality of life, and higher mortality rates.

Neighborhoods with low health insurance rates often have fewer providers, hospital beds and emergency resources than areas with higher rates. Even the insured have more difficulty getting care in these areas.

Cost can be a barrier to care even for those who have insurance. Lack of insurance creates barriers to timely access to care for patients and financial burdens to the providers who care for them.

- Since 2013, the non-elderly population without health insurance in Ocean County has trended downward, decreasing from 13.6% in 2013 to 8.8% in 2015.
- From 2013 through 2015, Ocean County had consistently lower rates of non-elderly population without health insurance than statewide.
- In 2015, Ocean County (8.8%) had a higher percentage of uninsured than the ambitious *Healthy People 2020* target of no person without health coverage. Ocean County also had a higher percentage of individuals without insurance than the CHR Benchmark.

Non-elderly Population Without Health Insurance State & County Comparisons 2013-2015



Source: Healthy People 2020 - CDC Behavioral Risk Factor Surveillance System
County Health Rankings - US Census Bureau's Small Area Health Insurance Estimates (SAHIE)



Baseline: 10.0%
Target: 0.0%
Ocean County 2015: 8.8%



A Robert Wood Johnson Foundation program

National Benchmark: 6.0%
Ocean County 2015: 8.8%

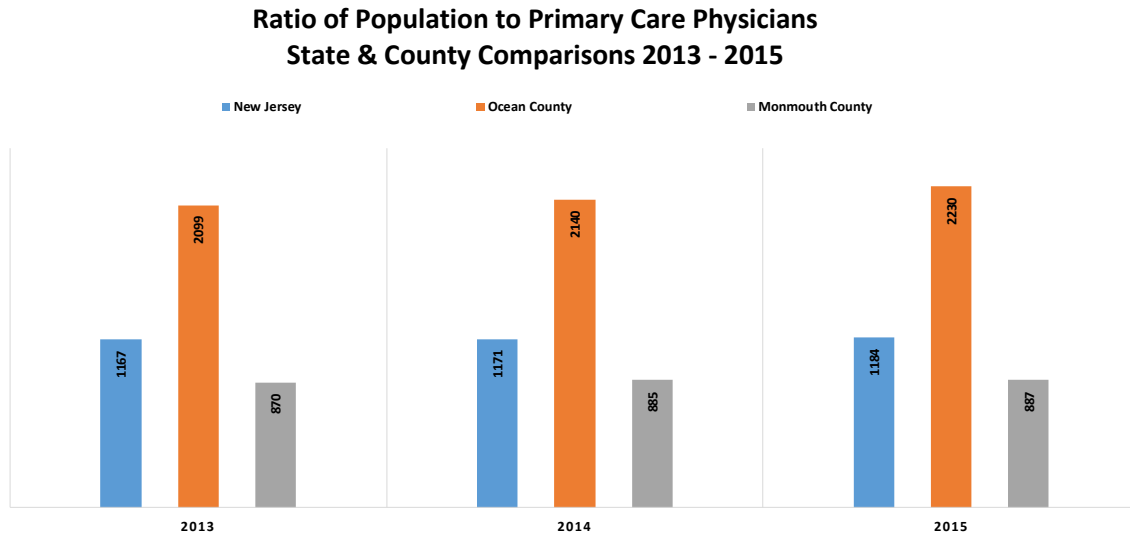
Access to Care

Access to affordable quality health care is important to ensuring physical, social, and mental health. Health insurance assists individuals and families to obtain primary care, specialists, and emergency care, but does not ensure access. Access to care goes beyond just insurance, it is also necessary for providers to offer affordable care, be available to treat patients and be near patients.²⁶

Primary Care Physicians

Nationally, many areas lack sufficient providers to meet patient needs; as of June 2014, there are about 7,200 primary care, 5,000 mental health and 5,900 dental federally designated Health Professional Shortage Areas in the US. Having a usual primary care provider is associated with a higher likelihood of appropriate care and better outcomes. In 2017, 88% of Americans had a usual source of care, but those with low incomes are less likely to than those with higher incomes, and the uninsured are twice as likely as the insured to lack a usual care source.^{27,28}

- Between 2013 and 2015, the ratio of population to primary care physicians in Ocean County increased from 2,099:1 to 2,230:1.
- In 2015, the Ocean County ratio for primary care providers was worse than the CHR national benchmark (1,030:1).
- Ocean County performs in the worst performing quartile of all New Jersey counties for the ratio of primary care physicians to population.



Source: County Health Rankings – HRSA Area Resource File



National Benchmark: 1030:1
Ocean County 2015: 2230:1

²⁶ <http://www.countyhealthrankings.org/our-approach/health-factors/access-care>

²⁷ <http://www.countyhealthrankings.org/our-approach/health-factors/access-care>

²⁸ <http://www.cdc.gov/fastfactsaccessstohealthcare.htm>

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Primary Care Physicians <i>Rate/100000 Population</i>	N.A		
Health Care Access/ Coverage <i>Do You Have Any Kind of Coverage</i> % No			

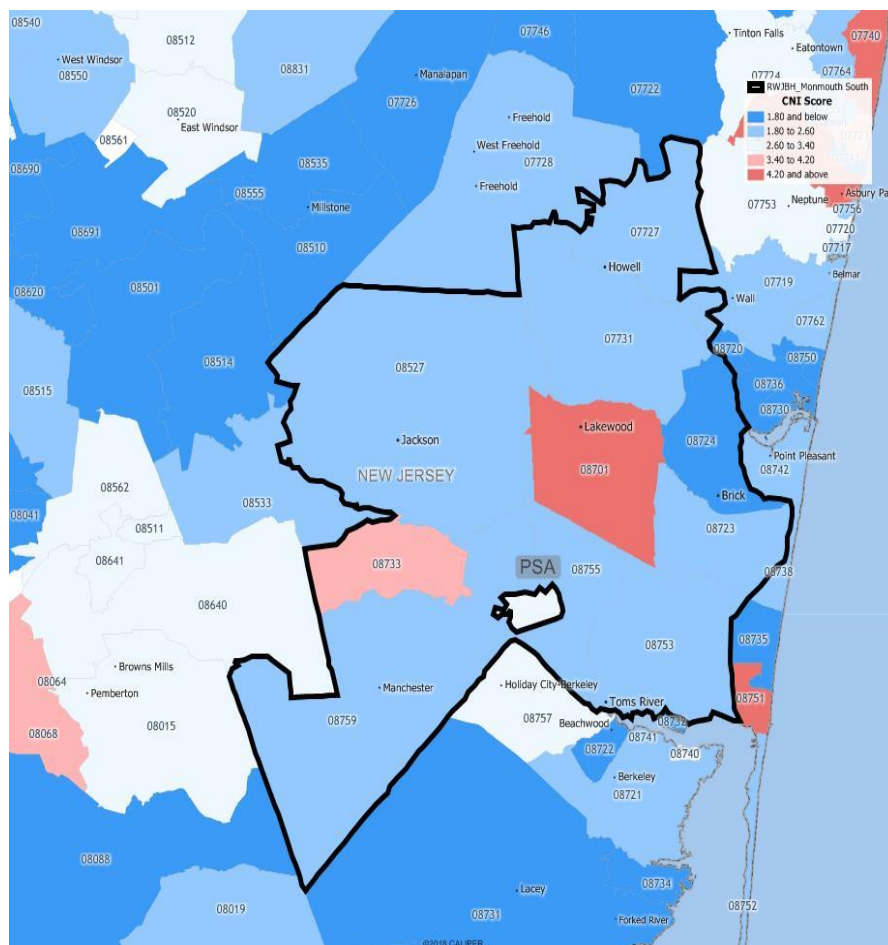
RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

Community Need Index ²⁹

The Community Need Index (CNI), jointly developed by Dignity Health and Truven Health in 2004, is strongly linked to variations in community healthcare needs and is a strong indicator of a community's demand for services.

Based on a wide array of demographic and economic statistics, the CNI provides a score for every populated ZIP Code in the United States. A score of 1.0 indicates a ZIP Code with the least need and a score of 5.0 represents a ZIP Code with the most need. The CNI is useful as part of a larger community health needs assessment to pinpoint specific areas with greater need than others.

The CNI score is an average of five barrier scores that measure socio-economic indicators of each community using 2017 source data. The five barriers are:



²⁹ Truven Health Analytics, 2017; Insurance Coverage Estimates, 2017; Claritas, 2017; and Community Need Index, 2017. <http://cni.chw-interactive.org/>

1. Income Barrier
 - Percentage of households below poverty line, with head of household age 65 or older
 - Percentage of families with children under 18 below poverty line
 - Percentage of single female-headed families with children under 18 below poverty line
2. Cultural Barrier
 - Percentage of population that is minority (including Hispanic ethnicity)
 - Percentage of population over age 5 that speaks English poorly or not at all
3. Education Barrier
 - Percentage of population over 25 without a high school diploma
4. Insurance Barrier
 - Percentage of population in the labor force, aged 16 or more, without employment
 - Percentage of population without health insurance
5. Housing Barrier
 - Percentage of households renting their home

A comparison of CNI scores and hospital utilization reveals a strong correlation between need and use. Communities with low CNI scores can be expected to have high hospital utilization. There is a causal relationship between CNI scores and preventable hospitalizations and ED visits for manageable conditions. Communities with high CNI scores may have more hospitalization and ED visits that could have been avoided with improved healthy community structures and appropriate outpatient and primary care.

Community Needs Index

	Service Area	ZIP Code	ZIP Code Description	CNI Score
Highest CNI Score (Highest Need)	RWJBH Monmouth Southern Campus	08701	Lakewood	4.2
		08733	Lakehurst	3.4
Lowest CNI Score (Lowest Need)	RWJBH Monmouth Southern Campus	08759	Manchester	2.4
		07731	Howell	2.2
		08755	Toms River	2.0
		08527	Jackson	2.0
		08753	Toms River	2.0
		08724	Brick	1.6

Source: 2017 Dignity Health, Truven Health Analytics, 2016; Insurance Coverage Estimates, 2016; Claritas, 2016; and Community Need Index, 2016.

Lakewood (4.2) and Lakehurst (3.4) CNI scores indicated the highest need in the Service Area. Conversely, Brick (1.6) and Toms River 08753 (2.0) scores represented the lowest need in the Service Area.

Timeliness of Service

A key indicator of the timeliness of service is emergency department (ED) utilization for conditions that could have been treated in a primary care setting.

Reasons for accessing the ED instead of a more appropriate, lower acuity level of care include:

- No regular source of primary care
- Lack of health insurance
- Cost
- Transportation
- Office hours
- Citizenship status

ED Utilization of Ambulatory Care Conditions

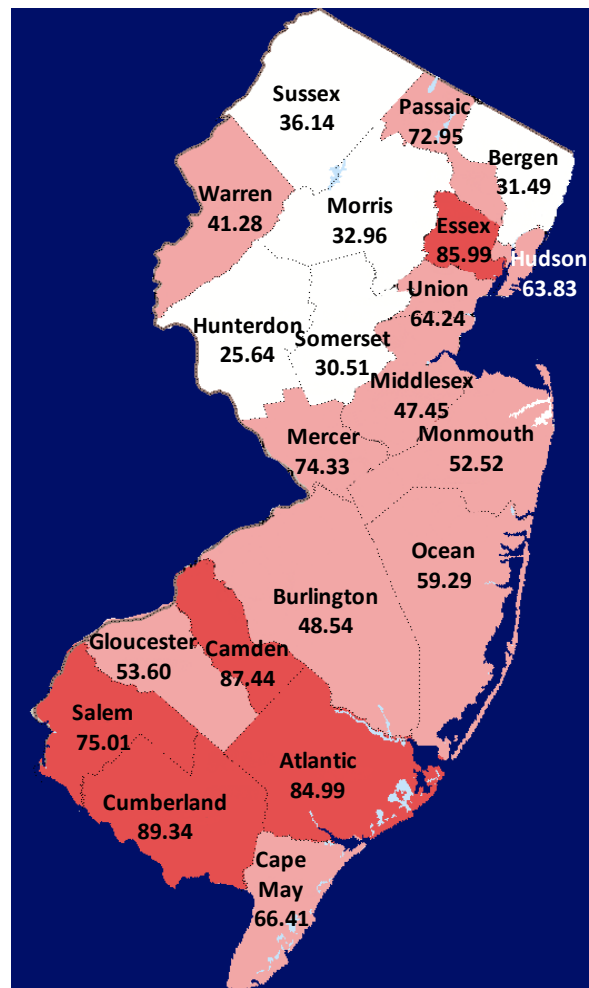
Ambulatory Care Sensitive Conditions (ACSC) are potentially preventable medical conditions that are treated in the ER although more appropriate care should have been provided in a non-emergent outpatient primary care setting. ED utilization rates may be reduced by addressing primary care access issues.

ED Utilization for Ambulatory Care Sensitive Conditions

Ambulatory Care Sensitive Conditions (ACSC) are potentially preventable medical conditions that are treated in the ED although more appropriate care should have been provided in a non-emergent outpatient primary care setting. ED utilization rates may be reduced by addressing primary care access issues. Higher rates of ACSC conditions in Emergency Departments may indicate primary care access issues, poor preventative care among the population and in some instances health barriers related to socioeconomic status.

The map shows the total New Jersey ACSC Emergency Department Rate by county. Dark Red shading represents the counties with the 5 highest rates in the State. White Shading represents the counties with the 5 lowest rates in the State. Pink Shading represents counties between the highest and lowest “Top 5s”.

- In 2016, Ocean County’s ACSC ED visit rate (at 59.29/1,000) was slightly higher than the statewide rate (58.22/1,000).



- Ocean County had the 11th highest ACSC ED visit rate of the 21 counties in 2016, 59.29/1,000, this was a 2.83 percentage point decrease from the 2013 rate.

Total ACSC ED Visits/Rate/1,000 Population

ACSC - ED Rate/1,000				ACSC - ED Rate/1,000			
COUNTY	NJ 2013	NJ 2016	Change '13-'16	COUNTY	NJ 2013	NJ 2016	Change '13-'16
CUMBERLAND	82.08	89.34	7.26	GLOUCESTER	53.34	53.60	0.27
CAMDEN	92.53	87.44	(5.09)	MONMOUTH	52.97	52.52	(0.46)
ESSEX	81.43	85.99	4.56	BURLINGTON	53.85	48.54	(5.31)
ATLANTIC	85.64	84.99	(0.65)	MIDDLESEX	48.46	47.45	(1.01)
SALEM	77.56	75.01	(2.55)	WARREN	36.90	41.28	4.38
MERCER	73.13	74.33	1.20	SUSSEX	25.76	36.14	10.38
PASSAIC	70.77	72.95	2.18	MORRIS	30.40	32.96	2.56
CAPE MAY	71.68	66.41	(5.27)	BERGEN	31.74	31.49	(0.25)
UNION	61.98	64.24	2.26	SOMERSET	30.77	30.51	(0.26)
HUDSON	58.01	63.83	5.81	HUNTERDON	23.72	26.62	2.90
OCEAN	62.11	59.29	(2.83)	STATEWIDE	57.56	58.22	0.65

Green represents a decrease between 2013-2016. Yellow represents an increase between 2013-2016.

Source: NJDHSS 2013/2016 UB-04 Data – NJ Residents; Population: United States Census American Community Survey 5yr Estimate

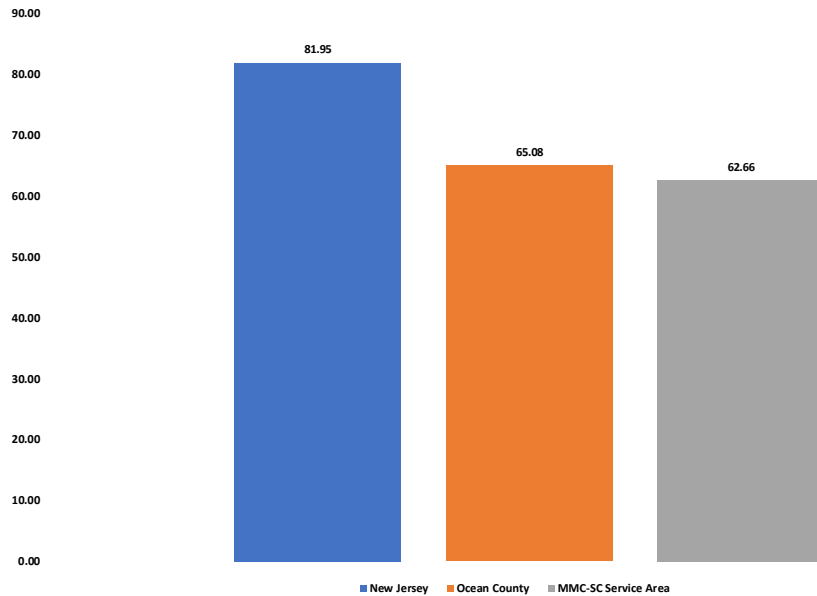
Children

- In 2016, Ocean County's ACSC ED visits for children age 0-17 (65.08/1,000) was lower than the statewide rate (81.95/1,000).
- The 2016 Ocean County ACSC visit rate among children was higher than the rate in the MMCSC Service Area (62.66/1,000).
- The towns with the highest ACSC ED visit rate were Lakehurst (113.31/1,000), Brick (08723 (85.57/1,000), Brick 08724 (84.02/1,000) and Toms River 08753 (82.73/1,000) each of which have rates considerably higher than the MMCSC Service Area.

ACSC ED 2016 – Pediatric (Age 0-17) Rate/1,000 Population

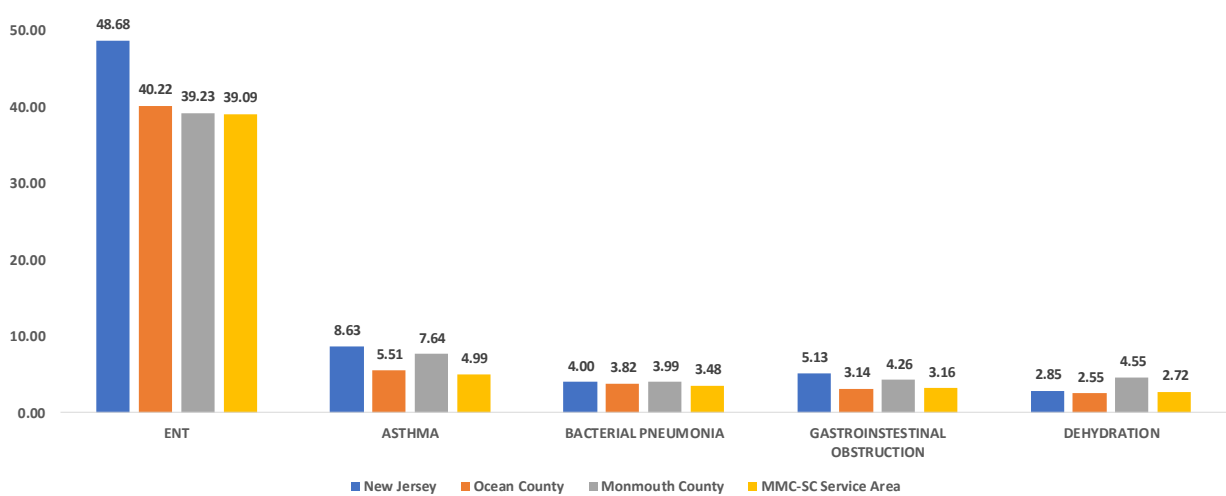
GEOGRAPHIC AREA	RATE	HIGHEST SERVICE AREA RATES	
New Jersey	81.95	08733 Lakehurst	113.31
Ocean County	65.08	08723 Brick	85.57
MMC-SC Service Area	62.66	08724 Brick	84.02
		08753 Toms River	82.73
		08759 Manchester Township	77.87

Total ACSC ED Visits for Children (Age 0-17); Rate/1,000 Population



Source: UB-04 2016 Discharges

ED ACSC Volume: Top 5 by Service Area Zip Codes – Pediatric (Age 0-17), 2016 Rate/1,000 Population



ED ACSC (2016) Pediatrics (Age 0-17)				
Geographic Area	Rate	Geographic Area		Rate
New Jersey	81.95	08733	Lakehurst	113.31
Ocean County	65.08	08723	Brick	85.57
MMC-SC Service Area	62.66	08724	Brick	84.02
		08753	Toms River	82.73
		08759	Manchester Township	77.87

Source: UB-04 2016 Discharges

- There was a total of 6,536 ACSC ED visits for children from MMCS’s Service Area in 2016.
- ENT is the most common ACSC that resulted in an ED visit for children, followed by asthma, bacterial pneumonia, gastrointestinal obstruction and dehydration.

ACSC ED Volume: Top 5 by Service Area – Pediatric (Age 0-17)

Pediatric: Ages 0-17		
County	ACSC Description (Top 5 Combined Service Area)	TOTAL IN AREA
MMC-Sc Service Area	ENT	4,077
	Asthma	520
	Bacterial Pneumonia	363
	Gastrointestinal Obstruction	330
	Dehydration	284
	All Others	962
	TOTAL MMC-SC Service Area	6,536

Top 5 Based on Total ACSCs in MMCS Service Area: 2016

Adults

- The 2016 adult ED ACSC rate for Lakehurst (89.01/1,000) was higher than the New Jersey rate (52.13/1,000).
- In 2016, Lakewood had the lowest adult ED ACSC rate (60.40/1,000) of the 5 zip codes with the highest rate in the Service Area.

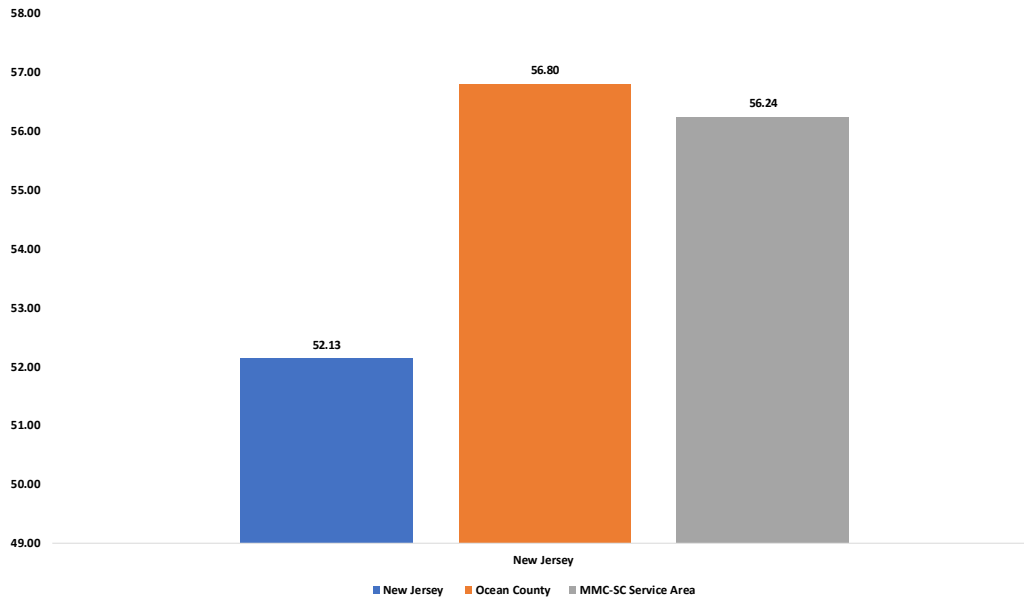
**ACSC ED 2016 – Adults (Age 18+)
Rate/1,000 Population**

GEOGRAPHIC AREA	RATE	Top 5 By Zip Code	RATE
New Jersey	52.13	08733 Lakehurst	89.01
Ocean County	56.80	08724 Brick	73.14
MMC-SC Service Area	56.24	08723 Brick	70.56
		08755 Toms River	61.16
		08701 Lakewood	60.40

Source: UB-04 2016 Discharges

- The 2016 Ocean County’s adult ED ACSC rate (56.80/1,000) is higher than the statewide rate (52.13).
- Ocean County adult ED ACSC rate is slightly higher than the MMCSC’s Service Area rate (56.24/1,000).

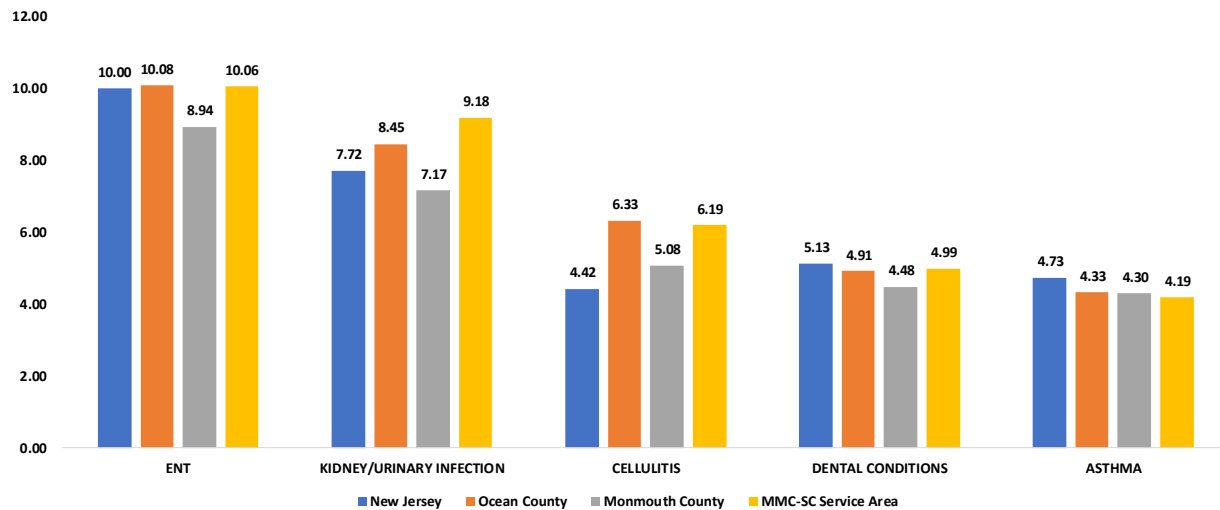
Total ACSC ED Visits for Adults (age 18+): Rate 1,000 Population



Source: UB-04 2016 Discharges

- In 2016, ENT was the leading cause of adult ED ACSC followed by kidney/urinary infection, cellulitis, dental conditions and asthma in the Service Area.
- In 2016, Ocean County adults had ED visit rates for ENT, kidney/urinary infections, and cellulitis which were higher than the rates statewide.

**Total ACSC ED Visits for Adults (Age 18+): Rate/1,000 Population
Top 5 Conditions (2016)**



ED ACSC (2016) Adults 18+				
Geographic Area	Rate	Geographic Area		Rate
Ocean County	56.80	08733	Lakehurst	89.01
New Jersey	52.13	08724	Brick	73.14
MMC- SC Service Area	56.24	08723	Brick	70.56
		08755	Toms River	61.16
		08701	Lakewood	60.40

Source: UB-04 2016 Discharges

- There was a total of 16,740 adult ED ACSC visits in 2016 in the MMCSA Service Area.

EMERGENCY DEPARTMENT (2016) – AGE 18+		
County	ACSC Description (Top 5 Combined Service Area)	TOTAL IN AREA
MMC-SC Service Area	ENT	2,994
	Kidney/Urinary Inf.	2,732
	Cellulitis	1,844
	Dental Conditions	1,485
	Asthma	1,247
	All Others	6,438
	TOTAL MMC-SC Service Area	16,740

Top 5 Based on Total ACSCs in RBMC PA/OB Combined Service Area: 2016

Inpatient Utilization for Ambulatory Care Sensitive Conditions

Individuals may be admitted to the hospital due to an ACSC; higher rates of ACSC conditions among inpatients indicate primary care access issues, poor preventive care and barriers related to socioeconomic status.

- Ocean County ranks 18/21 counties with 20.19/1,000 ACSC Inpatient admissions in 2016, a (4.60) percentage point decrease from 2013.
- In 2016, Ocean County (20.19/1,000) had 18.4% more ACSC Inpatient admissions than the State (16.99/1,000).

**Total Ambulatory Care Sensitive Conditions (ACSCs) Inpatient Admissions, per 1,000 Population
2013-2016**

ACSC - IP Rate/1,000				ACSC - IP Rate/1,000			
COUNTY	NJ 2013	NJ 2016	Change '13-'16	COUNTY	NJ 2013	NJ 2016	Change '13-'16
SALEM	26.07	27.47	(1.40)	MONMOUTH	19.07	17.22	(-1.85)
CUMBERLAND	24.18	26.12	(1.94)	GLOUCESTER	19.84	15.85	(-3.99)
CAMDEN	22.87	22.61	(-0.26)	WARREN	15.94	15.69	(-0.25)
CAPE MAY	20.71	22.36	(1.65)	MIDDLESEX	17.07	15.33	(-1.74)
OCEAN	24.79	20.19	(-4.60)	UNION	16.18	15.21	(-0.97)
ESSEX	21.61	19.76	(-1.85)	SUSSEX	15.34	14.12	(-1.22)
ATLANTIC	23.63	19.66	(-3.97)	HUNTERDON	13.81	13.90	(0.09)
BURLINGTON	18.91	18.90	(-0.01)	MORRIS	15.04	13.13	(-1.91)
HUDSON	20.58	17.35	(-3.23)	BERGEN	15.20	12.18	(-3.02)
PASSAIC	20.78	17.32	(-3.46)	SOMERSET	14.04	11.48	(-2.56)
MERCER	20.17	17.23	(-2.94)	STATEWIDE	19.13	16.99	(-2.14)

Green represents a decrease between 2013-2016. Yellow represents an increase between 2013-2016.

Source: NJDHSS 2013/2016 UB-04 Data – NJ Residents; Population: United States Census American Community Survey 5yr Estimate

- In 2016, Manchester had the highest inpatient admissions due to ACSC (42.49/1,000) followed by Toms River 08755 (23.92/1,000).

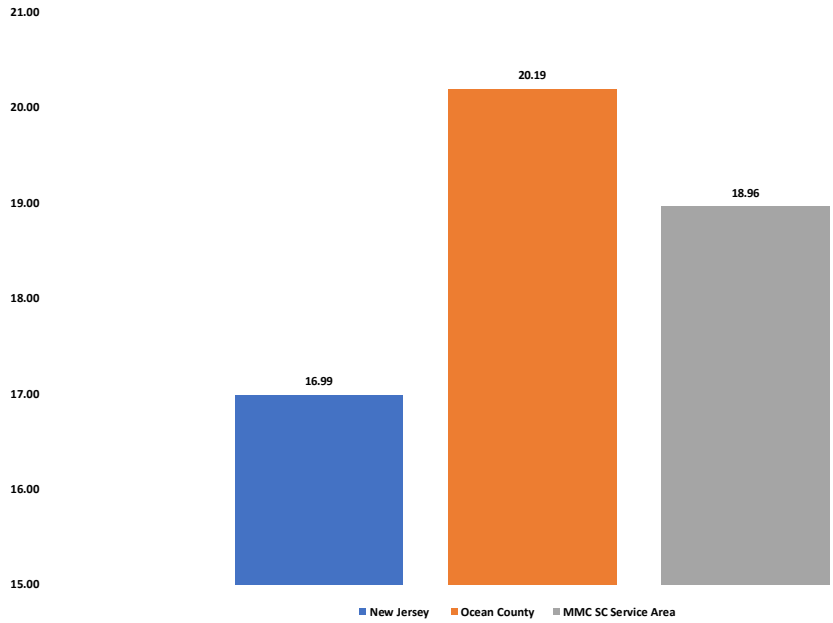
**Total ACSC Inpatient Admissions – Rate/1,000 Population
All Ages 2016**

GEOGRAPHIC AREA	RATE	HIGHEST SERVICE AREA RATES	
New Jersey	16.99	08759 Manchester Township	42.49
Ocean County	20.19	08755 Toms River	23.92
MMC SC Service Area	18.96	08733 Lakehurst	21.65
		08724 Brick	18.92
		08723 Brick	18.17

*Source: UB-04 2016 Discharges

In 2016, MMSC’s Service Area inpatient use rate for ACSC was lower than the Ocean County rate but higher than the State rate.

**Total ACSC Inpatient Admissions – All Ages
per 1,000 Population, 2016**



Source: UB-04 2016 Discharges

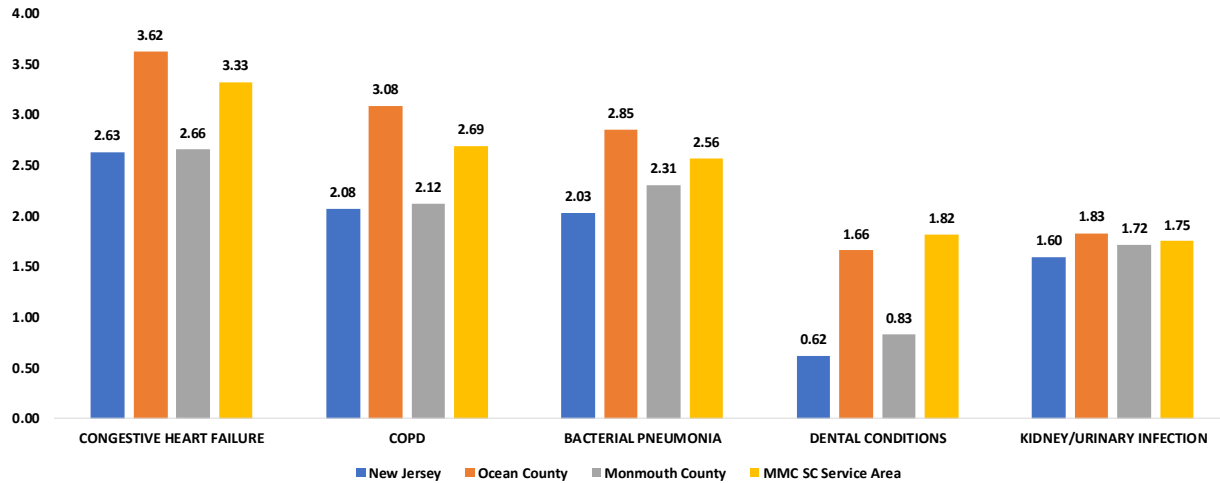
- In 2016, there were a total of 7,623 ACSC admissions from the MMSC Service Area.

INPATIENT (2016) – ALL AGES		
SERVICE AREA	ACSC Description (Top 5 Conditions Combined)	TOTAL IN AREA
MMSC Service Area	Congestive Heart Failure	1,337
	COPD	1,083
	Bacterial Pneumonia	1,031
	Dental Conditions	732
	Kidney/ Urinary Infection	704
	All Others	2,736
	TOTAL MMSC AREA	7,623

Source: UB-04 2016 Discharges

- In 2016, congestive heart failure was the leading cause of inpatient ACSC admissions in the MMCSC Service Area followed by COPD, bacterial pneumonia, kidney/urinary infections, and dental conditions.
- The 2016 Ocean County inpatient ACSC rates the top 5 ACSCs were higher than statewide rates.

Total ACSC Inpatient Admissions (All Ages) by Top 5 Conditions, 2016: Rate/1,000 Population



IP ACSC (2016) All Ages			
Geographic Area	Rate	Geographic Area	Rate
Ocean County	20.19	(08759) Manchester Township	42.49
New Jersey	16.99	(08755) Toms River	23.92
MMC SC Service Area	18.96	(08733) Lakehurst	21.65
		(08724) Brick	18.92
		(08724) Brick	18.17

Source: UB-04 2016 Discharges

Additional information regarding Ambulatory Care Sensitive Conditions may be found in **Appendix G: Discharges and Population 18-64 for Ambulatory Care Sensitive Conditions.**

6. Neighborhood and Built Environment

The neighborhood and built environment contribute to health in a variety of ways. Pollution, crime, and access to healthy food and water are environmental and neighborhood factors that may be hazardous to a community's health.³⁰

Air Quality

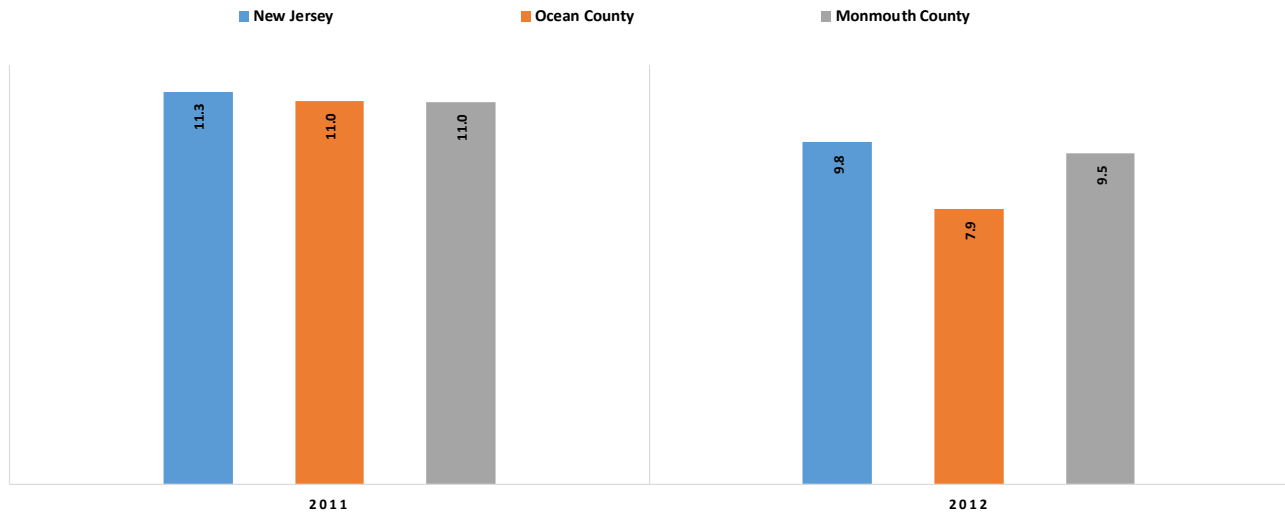
Outdoor air quality has improved since the 1990, but many challenges remain in protecting Americans from air quality problems. Air pollution may make it harder for people with asthma and other respiratory diseases to breathe.³¹ County level data masks ZIP Code level analysis that may reveal higher concentrations of air pollution, particularly in industrialized areas of a county.

³⁰ Source: Commission to Build a Healthier America, Robert Wood Johnson Foundation <http://www.commissiononhealth.org/PDF/888f4a18-eb90-45be-a2f8-159e84a55a4c/Issue%20Brief%203%20Sept%2008%20-%20Neighborhoods%20and%20Health.pdf>

³¹ <http://www.cdc.gov/air/default.htm>

- In 2012, the daily measure of fine particle matter in Ocean County (7.9 PM2.5) is lower than the State rate (9.8 PM2.5). Compared to all 21 counties, Ocean County ranks in the top performing quartile statewide.
- Ocean County experienced a 28.2% reduction in fine particulate matter in between 2011 (11.0 per cubic meter) and 2012 (7.9 per cubic meter).
- In 2012, Ocean County (7.9 PM2.5) average daily measure of fine particles is lower than the CHR national benchmark (10.7 PM2.5), placing it in the middle performing quartile.

Average Daily Density of Fine Particulate Matter State & County Comparisons, 2011-2012



Source: County Health Rankings - Environmental Public Health Tracking Network



National Benchmark: 6.7
Ocean County 2012: 7.9

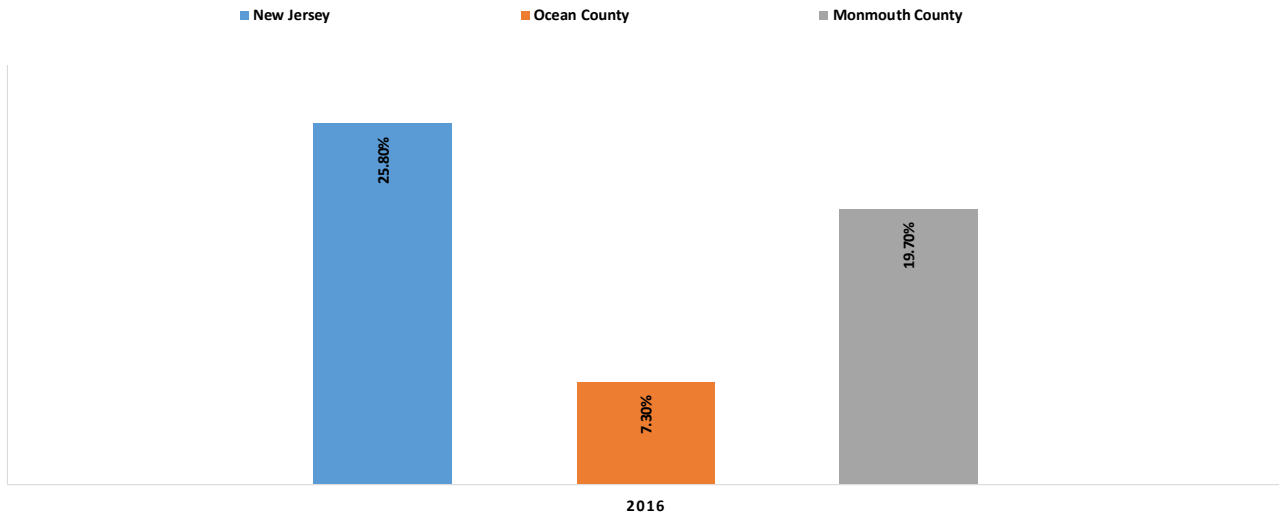
Housing Built before 1950

The potential for exposure to lead based paint in housing units built before 1950 is high. A main source of lead exposure is found in household dust with lead-based paint. Children are highly vulnerable to exposure to lead because of its adverse effects on the developing brain and nervous system.³²

- In 2016, only 7.3% of Ocean County housing units were built before 1950, 71% lower than New Jersey overall at 25.8%.
- Ocean County ranked among the top performing quartiles of all counties in New Jersey, in terms of housing units built before 1950.

³² Report On the National Survey of Lead-Based Paint in Housing, <https://www.epa.gov/sites/production/files/documents/r95-003.pdf>

Housing Built Before 1950 With Possible Lead-Based Paint Hazard State & County Comparisons 2016



Source: <https://www26.state.nj.us/doh-shad/indicator/view/pre1950home.percent.html>

Lead Hazards

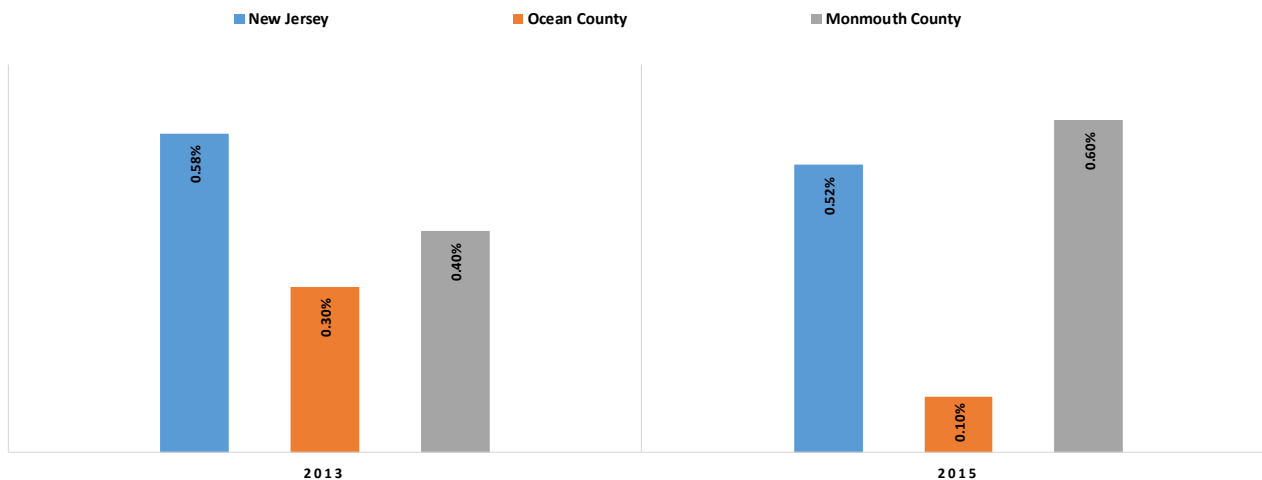
The Centers for Disease Control and Prevention (CDC) defines lead poisoning in children as a blood lead level of 10 micrograms per deciliter ($\mu\text{g}/\text{dL}$) or above. Young children can be exposed by swallowing lead dust or soil that gets on their hands or objects they put into their mouths such as toys; swallowing leaded paint chips; breathing leaded dust or lead contaminated air and eating food or drinking water that is contaminated with lead.

Very high levels of lead can cause seizures, brain damage, developmental or intellectual disabilities, coma and even death. Exposure to lead, even at low levels, has been associated with decrease hearing, lower intelligence, hyperactivity, attention deficit, and developmental problems.³³ County level analysis cannot reveal individual town disparities in blood lead levels particularly in towns with housing stock built before 1950.

- In 2015, 0.1% of Ocean County children had elevated blood lead levels compared to 0.52% statewide.
- The percent of children with elevated blood lead levels decreased from 0.30% in 2013 to 0.10% in 2015. In 2015, Ocean County ranked among the top performing quartile among counties statewide.

³³ <http://www.nj.gov/health/fhs/newborn/lead.shtml>

Children with Elevated Blood Levels State & County Comparisons 2013 – 2015



Source: <https://www.cdc.gov/nceh/lead/data/state/njdata.htm>

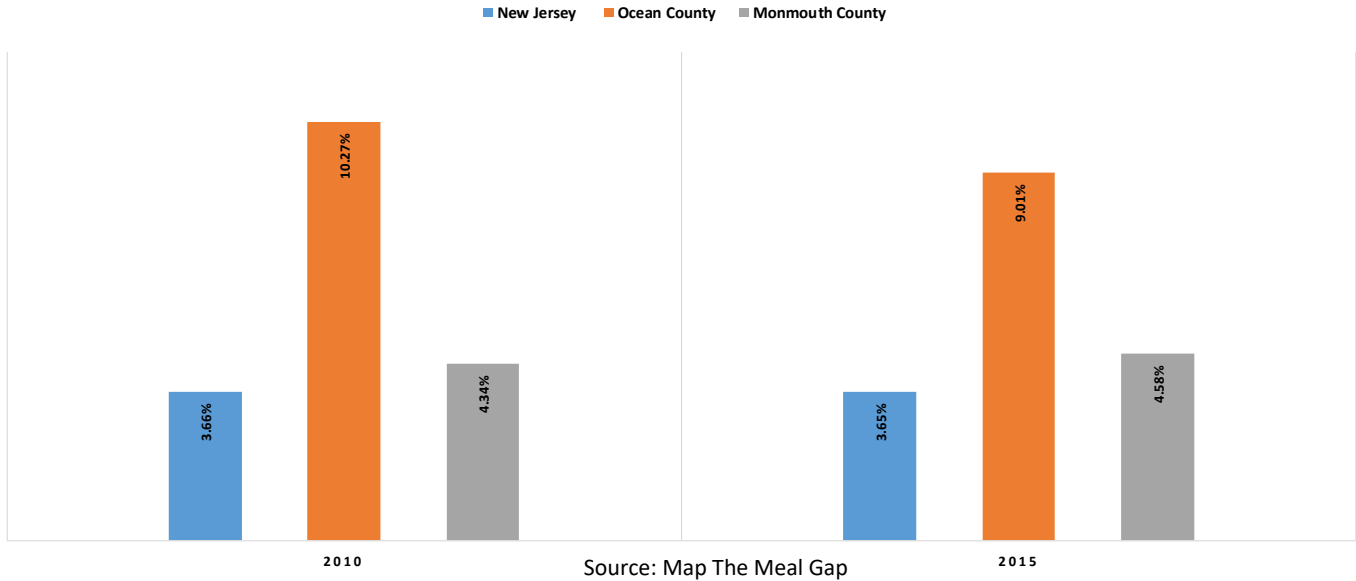
Access to Healthy Foods

Choices about food and diet are influenced by accessibility and affordability of retailers. Specifically, travel time to shopping, availability of healthy foods and food prices are key to decision making. Low-income families face greater barriers in accessing healthy and affordable food retailers, which in turn negatively affect diet and food security.³⁴

- In 2015, 3.65% of New Jersey and 9.01% of Ocean County residents suffered from limited access to healthy foods.

³⁴ <https://www.ers.usda.gov/data-products/food-environment-atlas/go-to-the-atlas/>

Limited Access to Healthy Foods State & County Comparisons 2010 - 2015



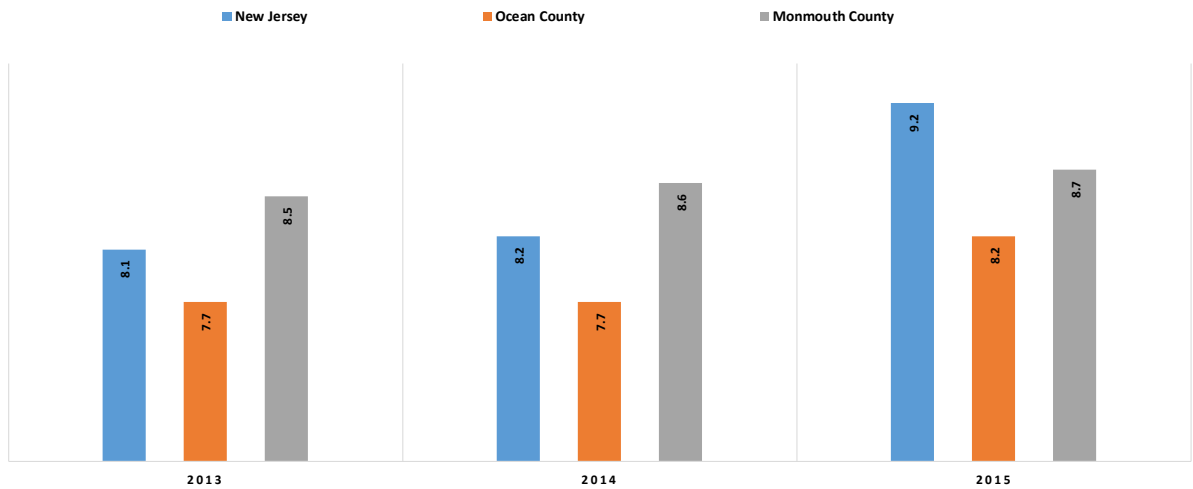
County Health Rankings & Roadmaps
Building a Culture of Health, County by County

A Robert Wood Johnson Foundation program

National Benchmark: 2.0
Ocean County 2015: 9.0

- In 2015, Ocean County had a rate of 8.2 out of 10 on the food environment index which is an indicator of access to healthy foods compared to 9.2 for New Jersey residents.

Food Environment Index 2015



Source: USDA Food Environment Atlas, Map the Meal Gap from Feeding America, County Health Rankings

County Health Rankings & Roadmaps
Building a Culture of Health, County by County

A Robert Wood Johnson Foundation program

National Benchmark: 8.6
Ocean County 2015: 8.2

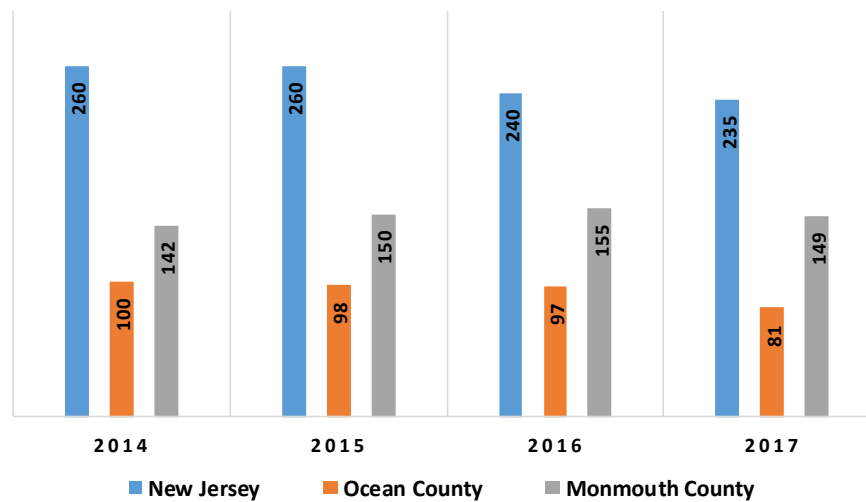
Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Limited Access to Healthy Foods			
Food Environment Index <i>Index of factors that contribute to a healthy food environment</i>	N.A.		
Housing Built Before 1950 with Possible Lead-Based Paint Hazard	N.A.	N.A.	
Percent of Children With Elevated Blood Lead Levels <i>Percent of Children</i>	N.A.	N.A.	
Annual Number of Unhealthy Air Quality Days <i>Due to Fine Particulate Matter</i>	N.A.		
RED: Poorest Performing Quartile			
Yellow: Middle Quartiles			
Green: Best Performing Quartile			

Injury and Crime Prevention

Injuries and violence are widespread. Most events resulting in injury, disability or death are predictable and preventable. Individual behaviors, physical environment, access to health services and the social environment affect the risk of unintentional injury and violence. Violent crime, burglaries and motor vehicle crash deaths in Ocean County have seen steady decreases and are lower than rates statewide.

- Between 2014 and 2017, the violent crime rate in Ocean County decreased from 100/100,000 to 81/100,000.
- The violent crime rate for Ocean County places it in the worst performing quartile compared to the County Health Rankings benchmark.

**Violent Crime
Rate per 100,000 Population
State & County Comparisons 2014-2017**



Source: State of New Jersey Department of Law and Public Safety Division of State Police Uniform Crime Reporting Uniform Crime data count; retrieved on 05.10.2019 for the years 2014 ,2015, 2016 and 2017 (current) from URL <https://www.njsp.org/ucr/uniform-crime-reports.shtml>

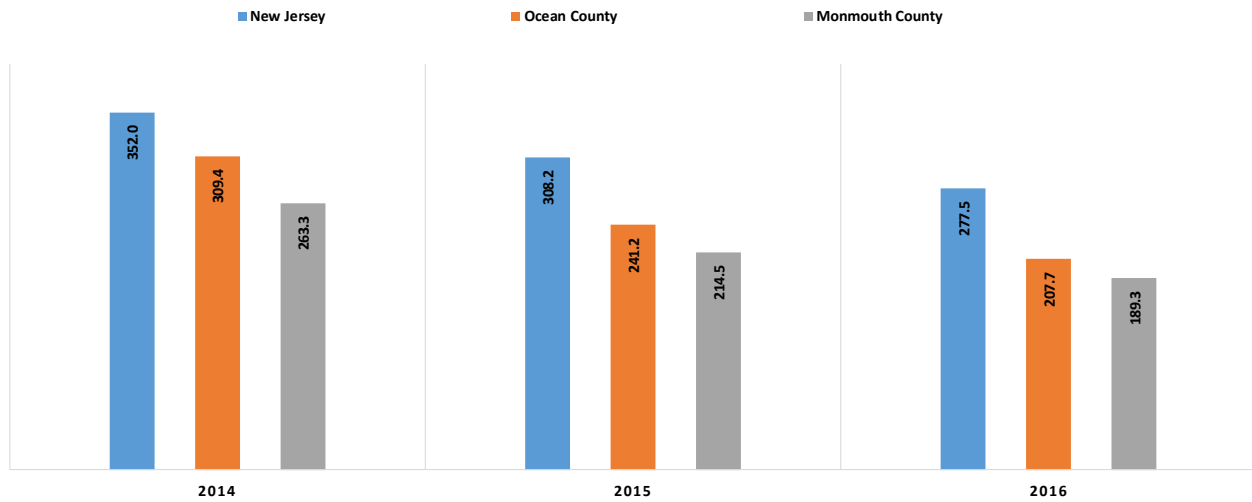


*National Benchmark: 62
Ocean County 2017: 81*

Burglaries

- The Ocean County (207.7/100,000) burglary rate was lower than the New Jersey (277.0/100,000) rate but higher than the Monmouth County rate in 2016 (189.3/100,000).
- The Ocean County burglary rate decreased from 309.4/100,000 in 2014 to 207.7/100,000 in 2016.
- Ocean County’s burglary rate ranks in the middle performing quartile of New Jersey counties.

Burglary Rate State & County Comparisons, 2014-2016



Source: http://www.njsp.org/ucr/2016/pdf/2015a_sect_7.pdf

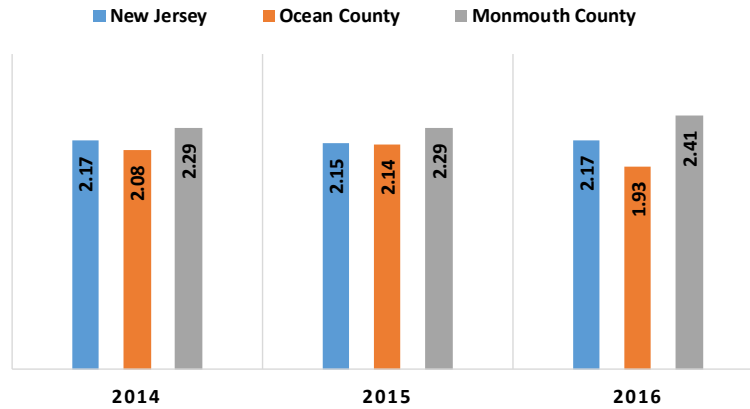
Domestic Violence Arrests

Domestic violence can negatively impact a victim's health beyond the domestic violence incident. Victims of domestic violence exhibit physical and emotional problems including, but not limited to, chronic pain, depression, anxiety, eating disorders, and post-traumatic stress disorder.³⁵

- Statewide domestic violence arrest rates have remained fairly constant.
- In 2016, the Ocean County domestic violence arrest rate (1.93/1,000) was lower than the State (2.17/1,000) and Monmouth County (2.41/1,000).
- Between 2014 and 2016, the rate of domestic violence arrests in Ocean County decreased 7.2%.
- Ocean County is within the middle quartile compared to all New Jersey counties for arrests due to domestic violence.

³⁵ http://www.stopvaw.org/health_effects_of_domestic_violence

Domestic Violence Arrests: Rate per 1,000 State & County Comparisons 2014 - 2016

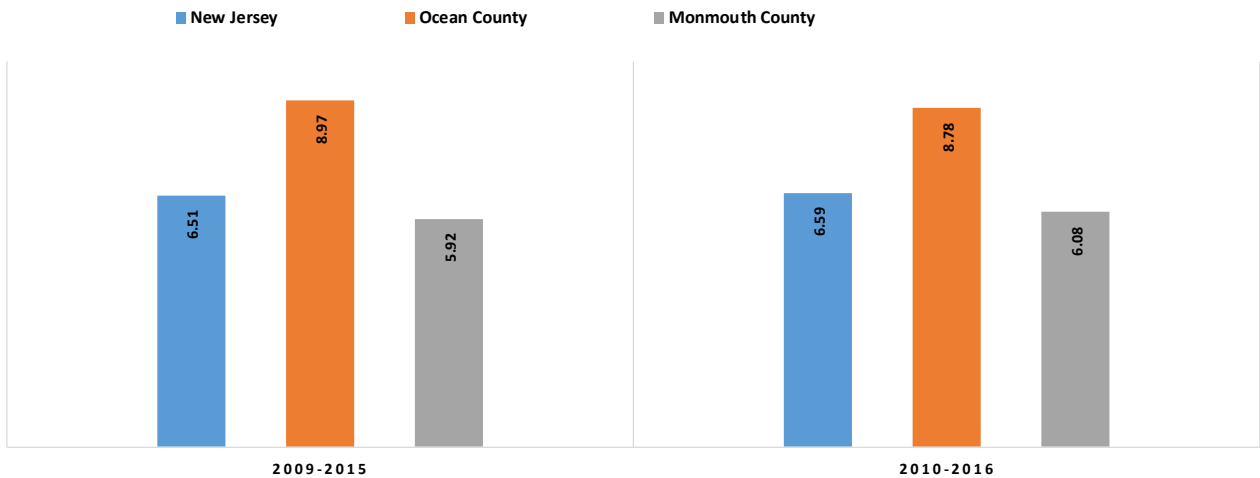


Source: County Health Rankings - The Uniform Crime Reporting (UCR) Program

Motor Vehicle Crash Deaths

- In 2010-2016, Ocean County (8.78/100,000) had more motor vehicle crash deaths than New Jersey (6.59/100,000).
- Deaths due to motor vehicle accidents decreased slightly in Ocean County between 2009-2015 (8.97/100,000) and 2010-2016 (8.78/100,000).
- 2010-2016 Ocean County (8.78/100,000) car accident related deaths occurred 29.2% less often than the *Healthy People 2020* target (12.4/100,000).

Number of Motor Vehicle Crash Deaths State & County Comparisons, 2009-2016



Source: County Health Rankings, CDC Wonder Mortality Data, 2010 - 2016



Baseline: 13.8
Target: 12.4
Ocean County 2016: 8.78

County Health Rankings & Roadmaps
Building a Culture of Health, County by County

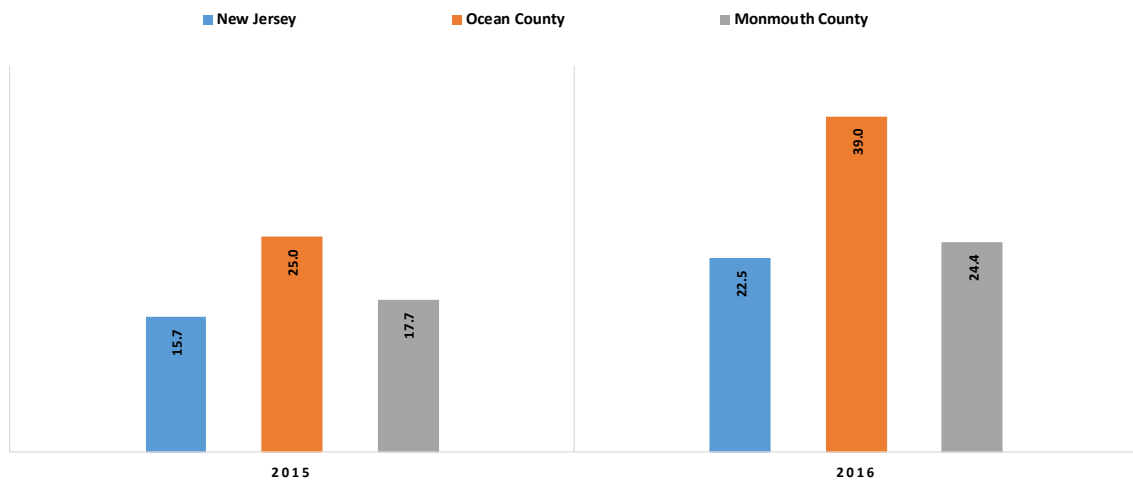
A Robert Wood Johnson Foundation program

National Benchmark: 9
Ocean County 2016: 8.78

Accidental Poisoning and Exposure to Noxious Substances

- In 2016, Ocean County (39.0/100,000) had a higher death rate due to accidental poisoning and exposure to noxious substances than statewide (22.5/100,000).
- Ocean County had more deaths due to accidental poisoning and exposure to noxious substances in 2016 than in 2015.
- Ocean County ranks in the worst performing quartile in New Jersey, and in the worst performing quartile with respect to the *Healthy People 2020* target.

Deaths Due to Accidental Poisoning and Exposure to Noxious Substances State & County Comparisons 2015-2016



Source: NJ SHAD



Baseline: 13.2
Target: 13.2
Ocean County 2016: 39.0

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Violent Crime <i>Rate/ 100000 Population</i>	N.A		
Burglary <i>Rate/ 100000 Population</i>	N.A	N.A.	
Domestic Violence Arrests <i>Rate/ 1000 Population</i>	N.A	N.A	
Deaths Due to Motor Vehicle Crashes <i>Rate/ 100000 Population</i>			
Deaths Due to Poisoning <i>Rate/ 100000 Population</i>		N.A	

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

D. HEALTH FACTORS

Health factors represent the influences that impact one’s health. These include demographic, social, environmental, economic, and individual behaviors as well as clinical care and access to services. Social determinants were described in Section B preceding Health Factors.

1. Clinical Care Measures

Inpatient and ED Utilization

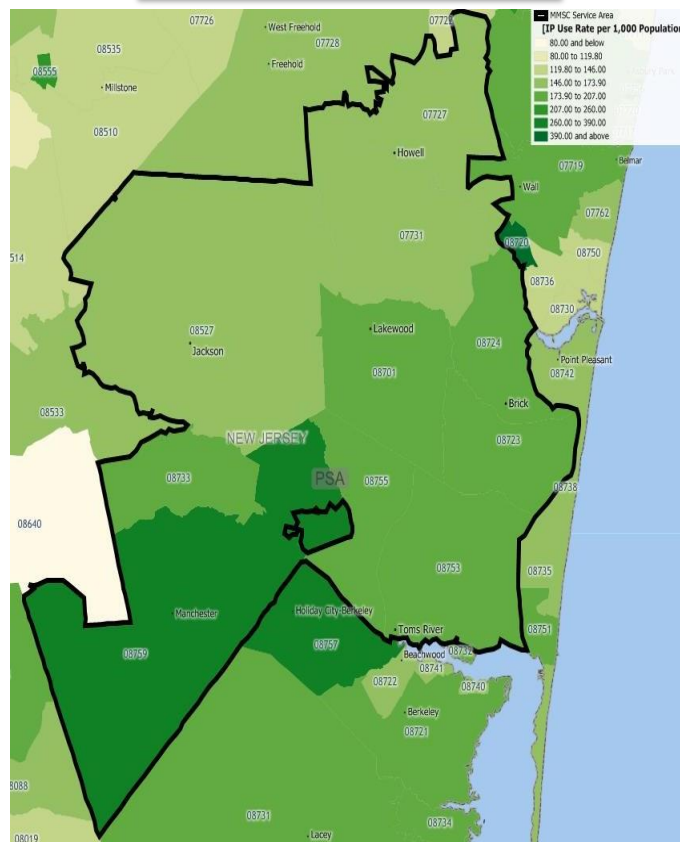
Factors impacting hospital utilization may include policy change, advances in technology, practice patterns and demographics. Many federal and state health care payment reforms, including the Affordable Care Act (ACA), were designed to improve care transitions, coordination of care, enhance ambulatory care and improve access to primary care. The anticipatory result would include improved coordinated care and declines in inpatient and ED utilization.

Inpatient

- Ocean County’s 2016 inpatient utilization rate (199.73/1,000) was higher than the State (160.22/1,000).
- MMSCS’s Service Area inpatient rate (189.97/1,000) was lower than the Ocean County rate.
- Manchester had the highest inpatient use rate in the MMSCS Service Area (310.56/1,000), likely due to the high concentration of seniors in this area.

Inpatient Use Rates per 1,000 Population 2016

GEOGRAPHIC AREA	RATE
New Jersey	160.22
Ocean County	199.73
MMSC	189.97
TOP 5 BY SERVICE AREA	
(08559) Manchester Township	310.56
(08753) Toms River	204.56
(08701) Lakewood	191.08
(08723) Brick	190.29
(08724) Brick	187.80



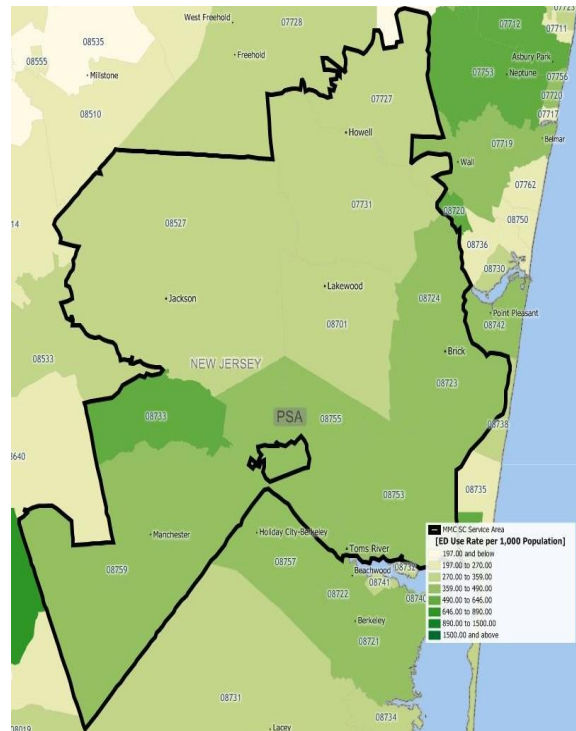
Source: UB-04 2016 Discharges Includes Inpatient & Same Day Stay, Excludes Normal Newborn; Population – Claritas 2016 Estimate

Emergency Department

- Ocean County’s 2016 ED visit rate (360.63/1,000) was higher than the State rate (352.20/1,000).
- MMCSC’s 2016 Service Area (344.90/1,000) ED use rate was lower than the State and County rates.
- In 2016, Lakehurst’s ED visit rate (506.15/1,000) was the highest in the Service Area.

ED Use Rate per 1,000 Population 2016

GEOGRAPHIC AREA	RATE
New Jersey	352.20
Ocean County	360.63
MMSC	344.90
TOP 5 BY SERVICE AREA	RATE
(08733) Lakehurst	506.15
(08723) Brick	431.07
(08724) Brick	427.98
(08755) Toms River	389.18
(08759) Manchester	381.41



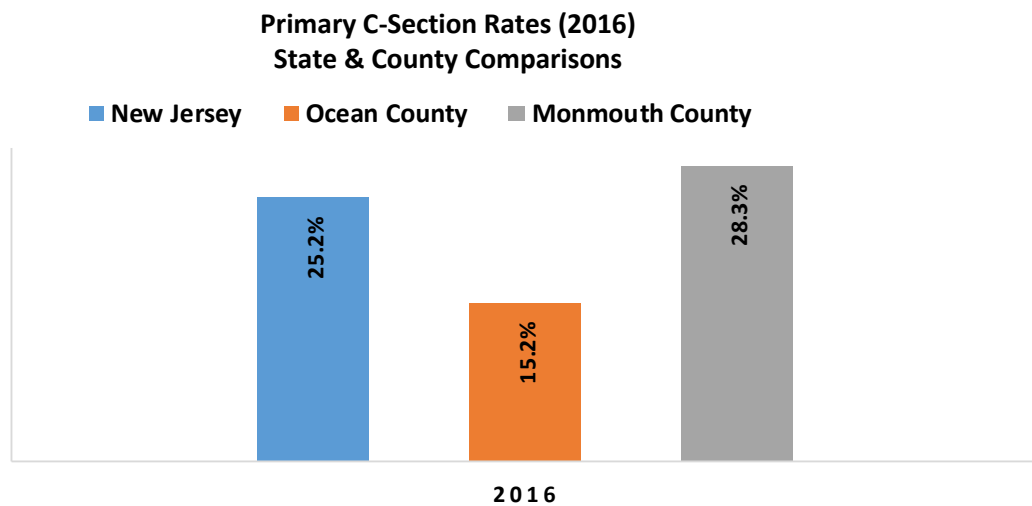
*Source: UB-04 2016 ED Discharges; Claritas 2016 Estimate

** Emergency Room Use Among Adults Aged 18–64: Early Release of Estimates From the National Health Interview Survey, January–June 2011; http://www.cdc.gov/nchs/data/nhis/earlyrelease/emergency_room_use_january-june_2011.pdf

Cesarean Section

A Cesarean Section (C-section) is a major surgical procedure performed because of health problems in the mother, position of the baby, and/or distress in the infant.³⁶ The U.S. cesarean delivery rate reached a high of 32.9% of all births in 2009, rising 60% from 1996 (20.7%). Recently, the American College of Obstetricians and Gynecologists developed clinical guidelines for reducing the occurrence of non-medically indicated cesarean delivery and labor induction prior to 39 weeks. Efforts to reduce such births include initiatives to improve perinatal care quality, and changes in hospital policy to disallow elective delivery prior to 39 weeks and education of the public.³⁷

- Ocean County's 2016 primary C-section rate (15.2%) was lower than the State rate (25.2%).
- The 2016 Ocean County primary C-section rate (15.2%) was lower than Monmouth County (28.3%).
- In 2016, the Ocean County primary C-section rate was in the best performing quartile of New Jersey counties, and the best quartile for the *Healthy People 2020* target.
- County-wide, women with a primary C-section trended downward from 2013 through 2016, decreasing from 17.3% in 2013, to 15.2% in 2016.



Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database <http://www4.state.nj.us/dhss-shad/query/result/birth/BirthBirthCnty/Count.html>

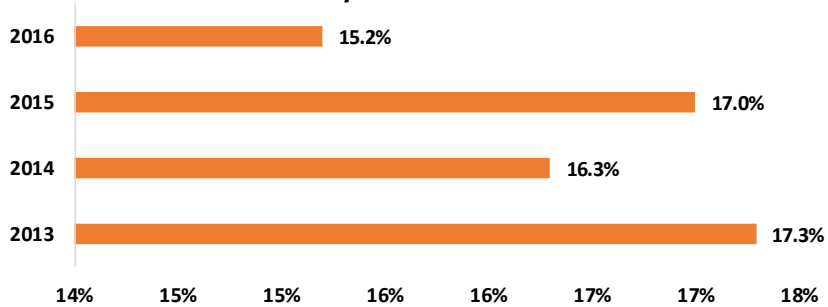
*Primary C-Section: Single \geq 37 Week Low Risk Births Delivered By C-Section/Single Live Births To Low Risk Females

**Repeat C-Section: Single \geq 37 Week Low Risk Births Delivered By C-Section With Prior Cesarean/Live Births To Low Risk Females With A Prior Cesarean

³⁶ <http://www.nlm.nih.gov/medlineplus/cesareansection.html>

³⁷ http://www.cdc.gov/nchs/data/nvsr/nvsr63/nvsr63_01.pdf

**Primary C-Section Rates (2016)
Ocean County – Trend**



Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database <http://www4.state.nj.us/dhss-shad/query/result/birth/BirthBirthCnty/Count.html>

*Primary C-Section: Single >=37 Week Low Risk Births Delivered By C-Section/Single Live Births To Low Risk Females

**Repeat C-Section: Single >=37 Week Low Risk Births Delivered By C-Section With Prior Cesarean/Live Births To Low Risk Females With A Prior Cesarean

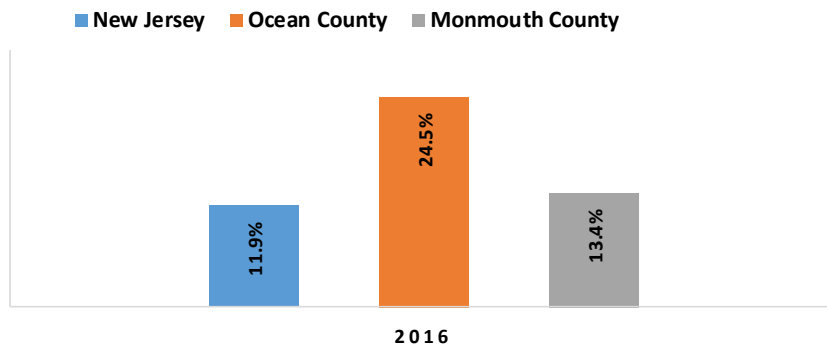


Baseline: 26.5%
Target: 23.9%
Ocean County 2016: 15.2%

Vaginal Birth After C-Section (VBAC)

- Ocean County’s 2016 VBAC rate (24.5%) was higher than the State rate (11.9%). Ocean County ranks in the best performing quartile of all 21 New Jersey counties.
- County-wide women with a VBAC fluctuated between 2013 and 2016, with an overall increase from 23.8% in 2013 to 24.5% in 2016.

**Vaginal Birth After Cesarean Section (VBAC) Rates (2016)
State & County Comparisons**

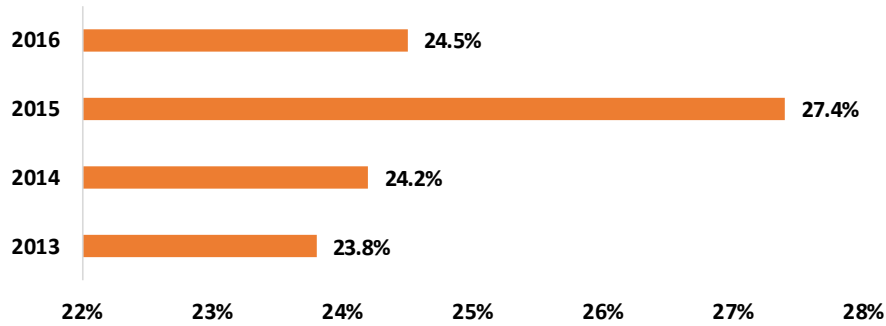


Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database <http://www4.state.nj.us/dhss-shad/query/result/birth/BirthBirthCnty/Count.html>

*Primary C-Section: Single >=37 Week Low Risk Births Delivered By C-Section/Single Live Births To Low Risk Females

**Repeat C-Section: Single >=37 Week Low Risk Births Delivered By C-Section With Prior Cesarean/Live Births To Low Risk Females With A Prior Cesarean

Vaginal Birth After Cesarean Section (VBAC) Rates (2016)
Ocean County – Trend



Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database <http://www4.state.nj.us/dhss-shad/query/result/birth/BirthBirthCnty/Count.html>

*Primary C-Section: Single >=37 Week Low Risk Births Delivered By C-Section/Single Live Births To Low Risk Females

**Repeat C-Section: Single >=37 Week Low Risk Births Delivered By C-Section With Prior Cesarean/Live Births To Low Risk Females With A Prior Cesarean

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Primary C-Section Rate <i>Single >=37 Week Low Risk Births Delivered By C-Section/Single Live Births To Low Risk Females</i>		N.A.	
VBAC Rate	N.A.	N.A.	

- RED: Poorest Performing Quartile
- Yellow: Middle Quartiles
- Green: Best Performing Quartile

2. Health Behaviors

Maternal / Fetal Health

Prenatal Care

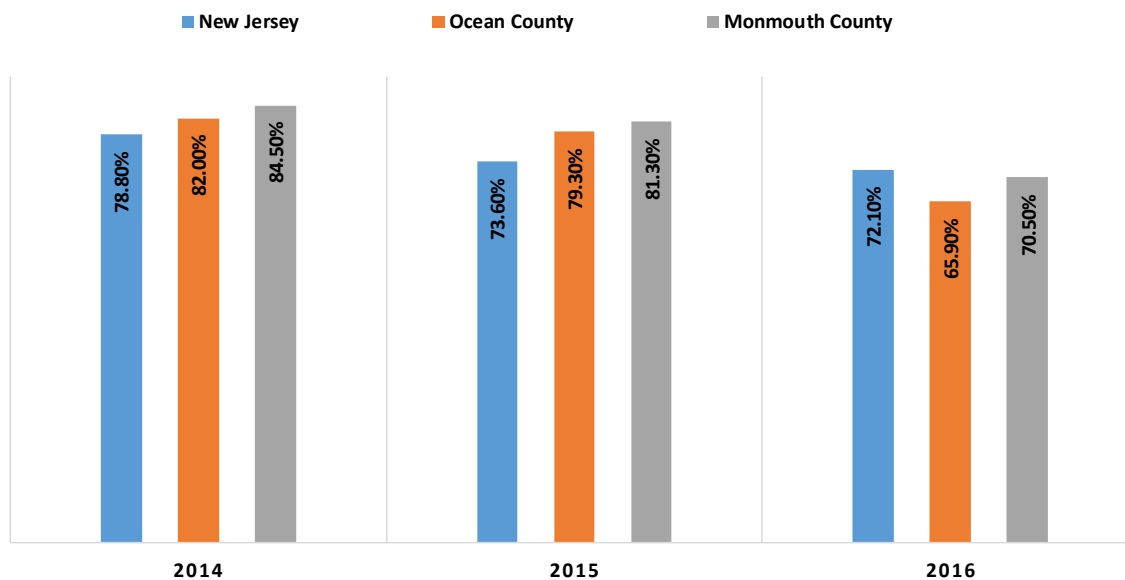
The medical care a woman receives during pregnancy monitors her health and the developing fetus. Low-risk pregnancies should visit a prenatal provider every four or six weeks through 28 weeks, then every two or three weeks from weeks 28-36, and finally every week in the ninth month until delivery. A high-risk pregnancy requires additional visits.³⁸ Pregnant women who do not receive adequate prenatal care risk undetected complications and an increased possibility of adverse outcomes.

³⁸ <http://www.plannedparenthood.org/health-info/pregnancy/prenatal-care>

Early and regular prenatal care is a strategy to improve health outcomes for mothers and infants. Two significant benefits are improved birth weight and decreased preterm delivery. Infants born to mothers who receive no prenatal care have an infant mortality rate five times higher than mothers who receive appropriate prenatal care in the first trimester of pregnancy. Enrollment in care during the first trimester of pregnancy reflects timely initiation of prenatal care.³⁹

- In 2016, only 65.9% of Ocean County women entered prenatal care in the first trimester compared to 72.1% in New Jersey. As compared to other New Jersey counties, Ocean County ranks in the worst performing quartile.
- Ocean County women enrolled in first trimester prenatal care declined from 82.0% in 2008 to 65.9% in 2016.

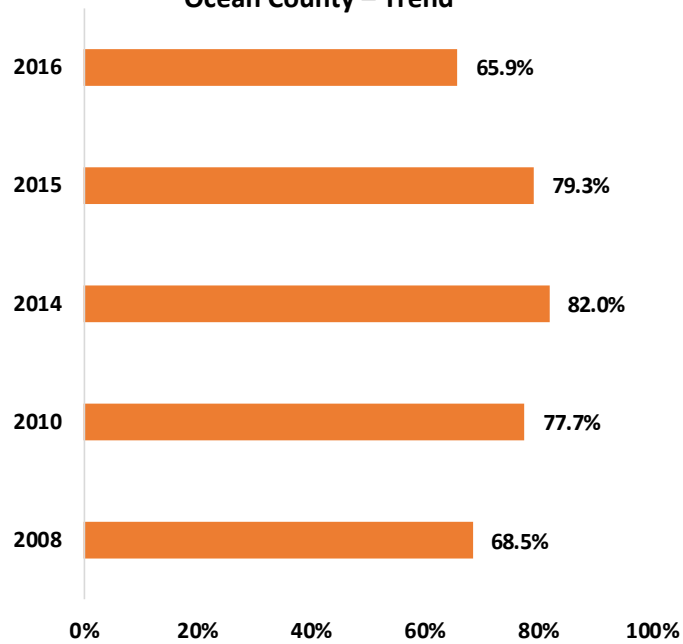
Percentage of Live Births with First Trimester Prenatal Care State & County Comparisons 2014-2016



Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database
Note: Percentages are based on Total Number of Live Births for County and State

³⁹ <http://www.hrsa.gov/quality/toolbox/measures/prenatalfirsttrimester/index.html>

Percentage of Live Births with First Trimester Prenatal Care Ocean County – Trend



Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database

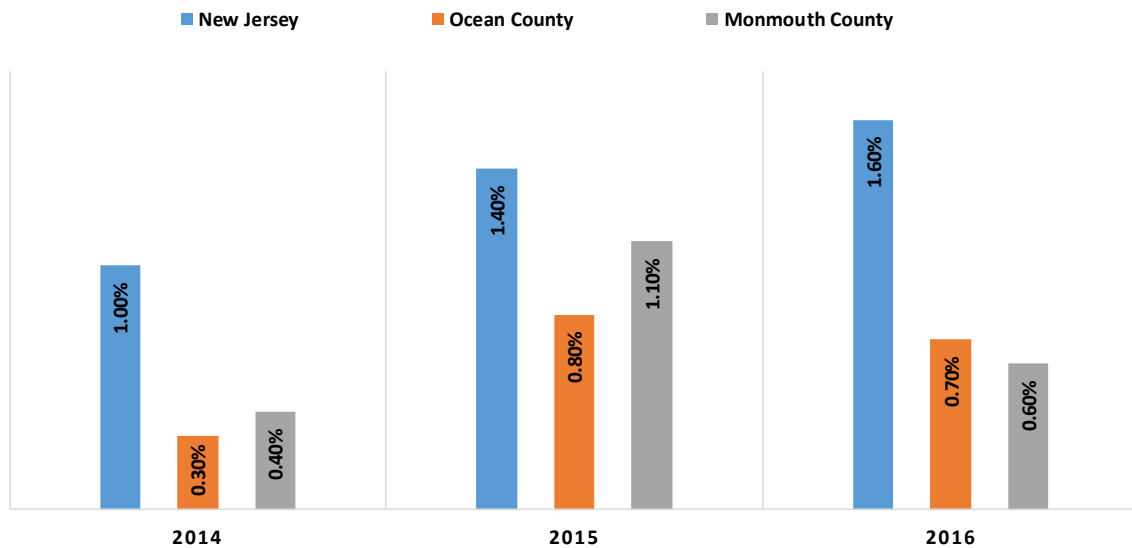
Note: Percentages are based on Total Number of Live Births for County and State



Baseline: 70.8%
Target: 77.9%
Ocean County 2016: 65.9%

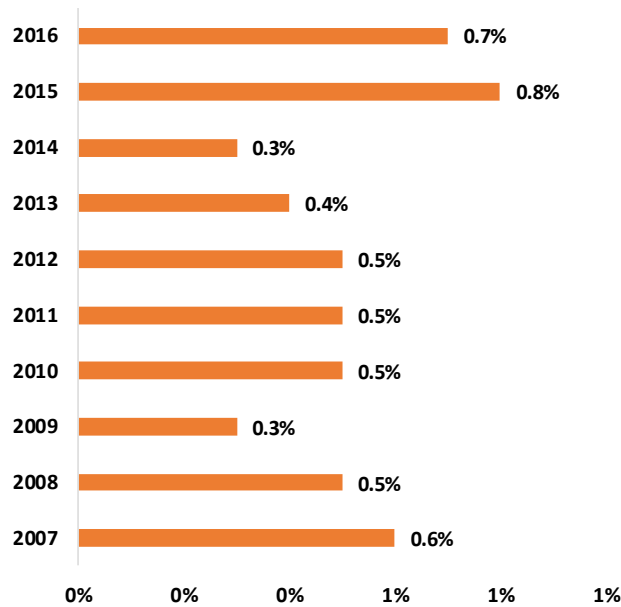
- The percent of Ocean County women without prenatal care ranged from a low of 0.3% in 2009 and 2014 to a high of 0.8% in 2015.
- The 2016 Ocean County rate for no prenatal care (0.7%) was less than double the State rate of 1.6% and performed in the top quartile for New Jersey.

**Percentage of Live Births with No Prenatal Care
State & County Comparisons 2014-2016**



Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database
 Note: Percentages are based on Total Number of Live Births for County and State

**Percentage of Live Births with No Prenatal Care, 2014-2016
Ocean County – Trend**



Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database
Note: Percentages are based on Total Number of Live Births for County and State

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
First Trimester Prenatal Care <i>Percentage of Live Births</i>		N.A.	
No Prenatal Care <i>Percentage of Live Births</i>	N.A.	N.A.	

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

High Risk Sexual Behaviors

Teen Pregnancy

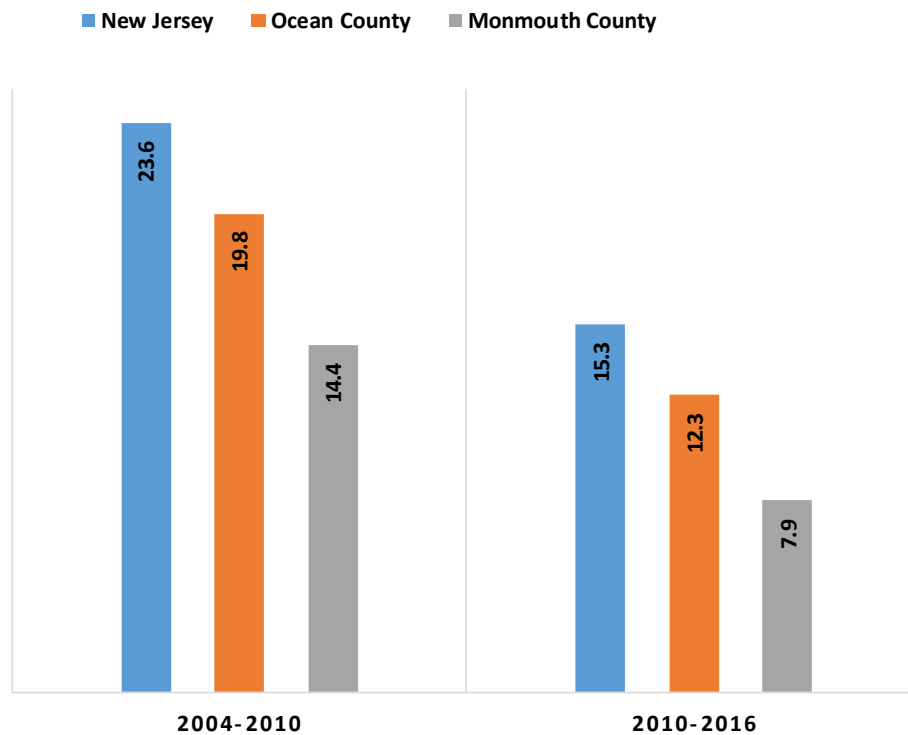
In 2016, there were 20.3 births/1,000 American adolescent females aged 15-19 years; approximately 209,809 babies were born to teens, with nearly eighty-nine percent of these births occurring outside of marriage. The national teen birth rate has trended downward over the past 20 years. In 1991, the U.S. teen birth rate was 61.8 births/1,000 adolescent females. However, the U.S. teen birth rate remains higher than that of many other developed countries, including Canada and the United Kingdom.⁴⁰ Pregnant teens are less likely than older women to receive recommended prenatal care and are more likely to have pre-term or low birth weight babies. Teen mothers are often at increased risk for STIs and repeat pregnancies,

⁴⁰ <http://www.hhs.gov/ash/oah/adolescent-health-topics/reproductive-health/teen-pregnancy/trends.html>

are less likely than their peers to complete high school and more likely to live below the poverty level and rely on public assistance. Risky sexual behaviors can have high economic costs for communities and individuals.⁴¹

- The 2010-2016 Ocean County (12.3/1,000) birth rate among teens aged 15-19 was lower than the State rate (15.3/1,000) and in the best performing quartile for the County Health Ranking benchmark.
- The birth rate among Ocean County teens aged 15-17 decreased from 7.0/1,000 in 2007-2011 to 4.1/1,000 in 2012-2016 and was in the middle quartile statewide.
- For both age cohorts, 15-17 and 15-19, the percent of Ocean County teen births is consistently lower than statewide rates.

Teen Births Age 15-19, Rate 1,000 Female Population State & County Comparisons



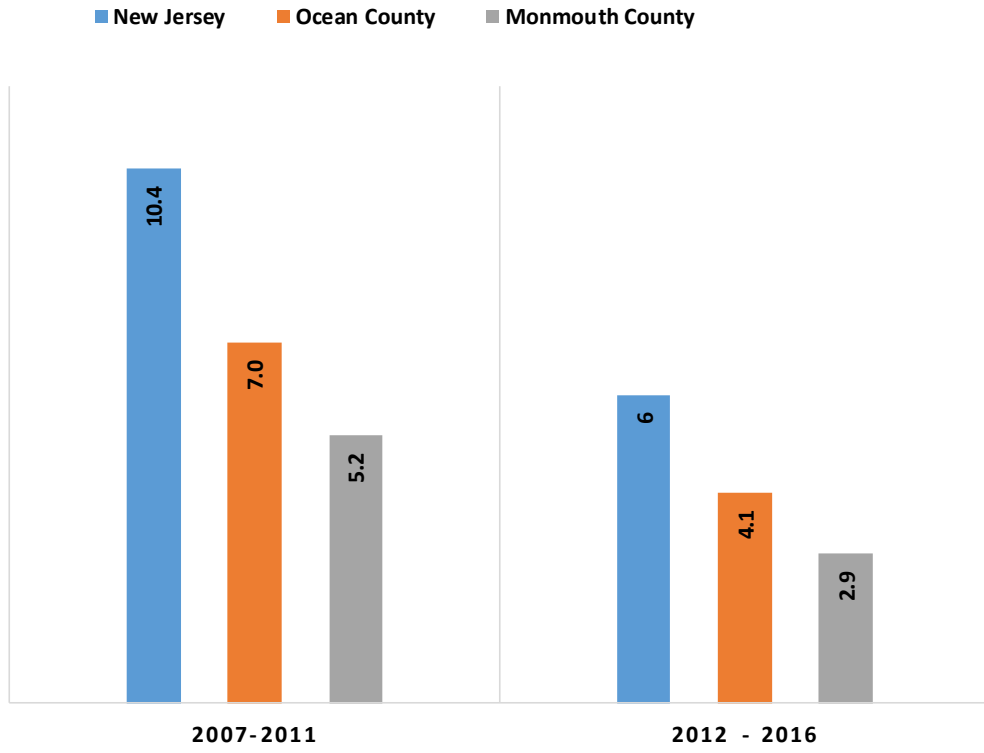
Source: NJDOH Center for Health Statistics State Health Assessment Data

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National Benchmark: 15
Ocean County 2016: 12.3

⁴¹ <http://www.countyhealthrankings.org/our-approach/health-factors/sexual-activity>

Teen Births Age 15-17, Rate 1,000 Female Population State & County Comparisons



Source: NJDOH Center for Health Statistics State Health Assessment Data



Baseline: 40.2
Target: 36.2
Ocean County 2016: 11.4

In a 2016 CDC Teen Pregnancy Statistics data brief, *State Disparities in Teenage Birth Rates in the United States*, based upon 2014 data, New Jersey is one of 10 states with the lowest teen birth rates (<20/1,000) compared to National figures (41.5/1,000). However, the New Jersey rate shows tremendous variability when examined by town.

- The Lakehurst 2016 birth rate to teens aged 15-19 (12.10/1,000) was higher than the Ocean County rate (7.77/1,000).

Teen Birth Rates 2016 – Deliveries Among 15-19 Year Old’s

GEOGRAPHIC AREA	RATE
New Jersey	11.54
Ocean County	7.77
MMSC	7.68
TOP 5 BY ZIP CODE	
Lakehurst (08733)	12.10
Lakewood (08701)	10.69
Farmingdale (07727)	8.50
Toms River (08753)	7.87
Brick (08723)	7.19

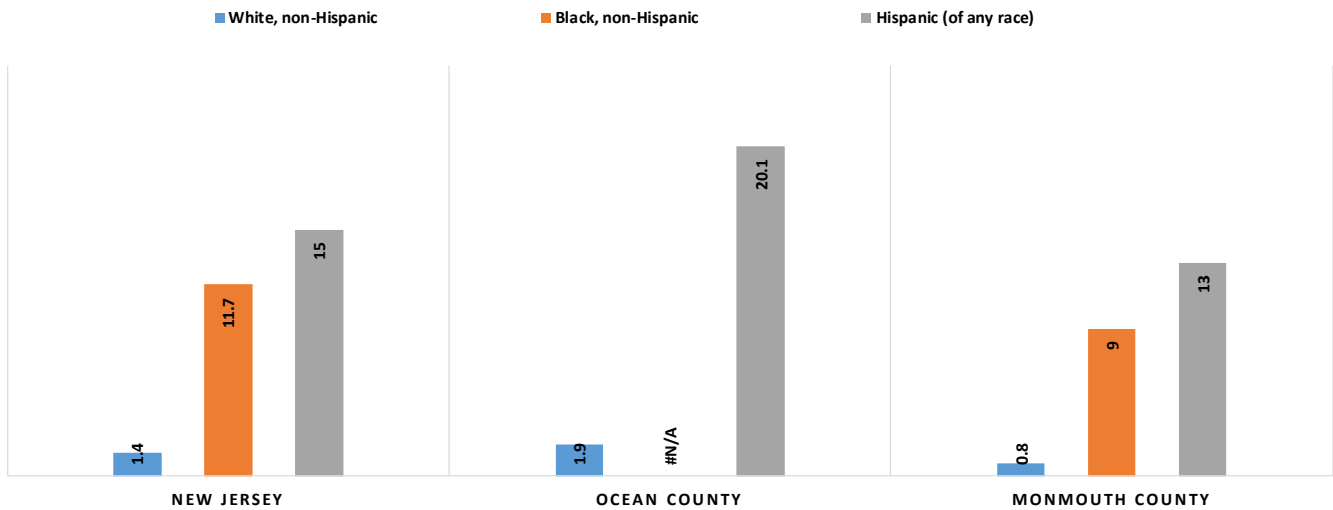
*Source: UB-04 2016 Discharges – All Deliveries to Mothers Age 15-19; Claritas Population Estimate

** NCHS Data Brief <http://www.cdc.gov/nchs/data/databriefs/db46.pdf>

Teen Births by Mother’s Race/Ethnicity (Age 15-17)

- The 2012-2016 Ocean County teen birth rate for Whites and Hispanics was higher relative to New Jersey and Monmouth County.
- The rate among Ocean County teens, 15-17, was highest among Hispanics (20.1/1,000).

Teen Births by Mother's Race/Ethnicity, Aged 15-17 State & County Comparisons, 2012-2016



Source: Age 15-17- NJDOH Center for Health Statistics State Health Assessment Data

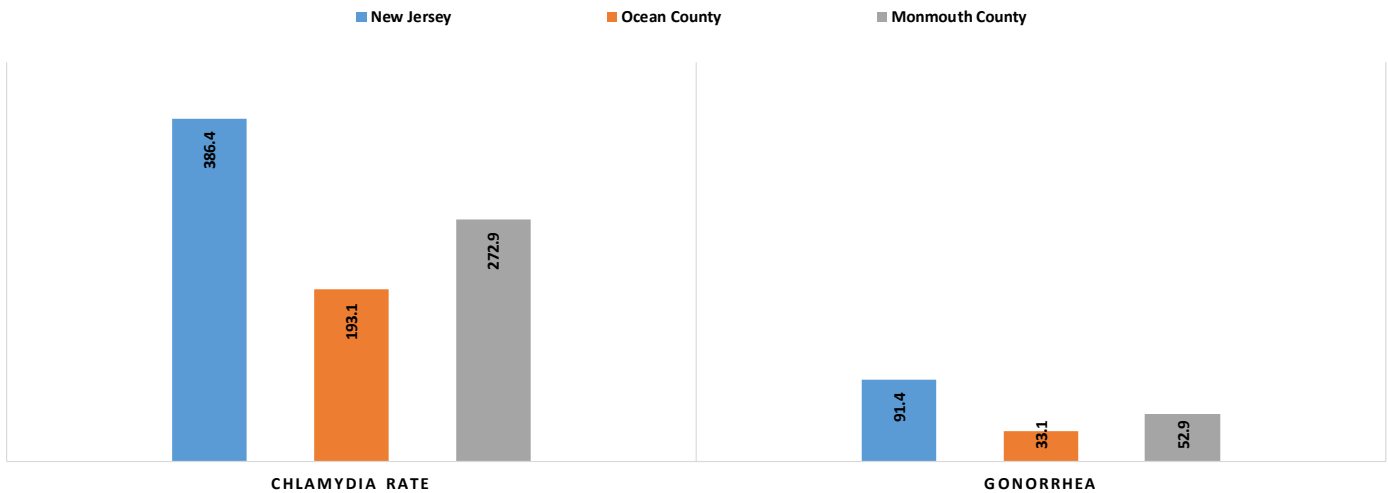
Sexually Transmitted Infection

Sexually transmitted infections (STI) are caused by bacteria, parasites and viruses contracted through relations with an infected individual. There are more than 20 types of STIs, including Chlamydia, Gonorrhea, Genital herpes, HIV/AIDS, HPV, Syphilis and Trichomoniasis. Most STIs affect both men and women, but in many cases health problems may be more severe for women. If pregnant, a STI can cause serious health complications for the baby.⁴²

- Chlamydia is the most prevalent STI. In 2016, Ocean County (193.1/1,000) was lower than the New Jersey rate (386.4/1,000) and the Monmouth County rate (272.4/1,000) and performed in the top quartile statewide.
- The rate of chlamydia in Ocean County (193.1/1,000) was higher than the CHR national benchmark (145.1/1,000) and performed in the bottom quartile.
- In 2016, Ocean County (33.1/100,000) had a far lower gonorrhea rate than the State (91.4/100,000).
- Ocean County ranks in the top quartile of New Jersey counties with regard to chlamydia and gonorrhea infection rates.

⁴² <http://www.nlm.nih.gov/medlineplus/sexuallytransmitteddiseases.html>

Sexually Transmitted Diseases: Rate / 100,000 Population Chlamydia and Gonorrhea Rates State & County Comparisons 2016



Source: NJ SHAD

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National Benchmark: 145.1

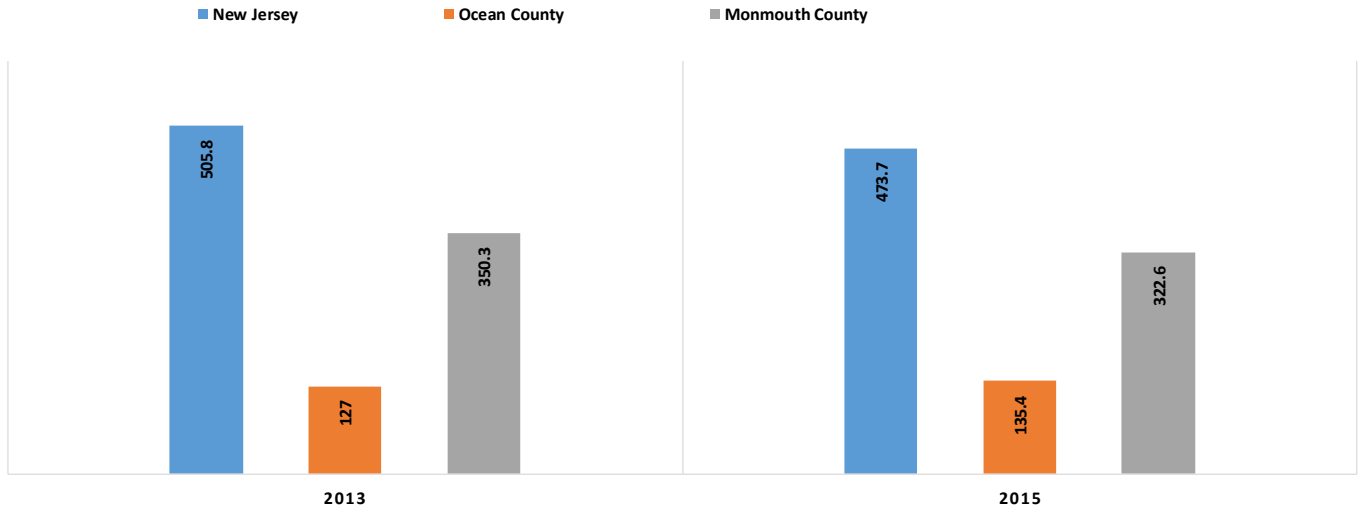
Ocean County 2016: 193.1

HIV/AIDS

Human immunodeficiency virus (HIV) is spread mainly by having sex with someone infected with HIV or sharing needles with someone positive. Approximately 50,000 new HIV infections occur in the United States each year.

- County-wide HIV/AIDS prevalence rates increased between 2013 (127.0/100,000) and 2015 (135.4/100,000).
- In 2015, HIV/AIDS prevalence rate in Ocean County (135.4/100,000) was lower than the New Jersey rate (473.7/100,000) and the Monmouth County rate. Ocean County is in the top quartile statewide.
- The prevalence rate was higher than the CHR benchmark of 49/100,000 and was in the bottom quartile.

HIV Prevalence Rates 2013-2015 State & County Comparisons



Source: National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention, County Health Rankings

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National Benchmark: 49
Ocean County 2015: 135.4

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
STDs: Chlamydia <i>Rate per 100,000 Population</i>	N.A.		
STDs: Gonorrhea <i>Rate per 100,000 Population</i>	N.A.	N.A.	
Teen Births Ages 15-19 <i>Rate per 100,000 Female Population</i>	N.A.		
Teen Births Ages 15-17 <i>Rate per 100,000 Female Population</i>		N.A.	
HIV: Rates <i>Rate per 100,000 Population</i>	N.A.		

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

Individual Behavior

A CDC report indicates that people can live longer if they practice one or more healthy lifestyle behaviors including: eating a healthy diet, not smoking, regular exercise and limiting alcohol consumption. People who engage in all of these behaviors are 66 percent less likely to die early from cancer, 65 percent less likely to die early from cardiovascular disease and 57 percent less likely to die early from other causes compared to those who do not engage in any of these behaviors.⁴³

Tobacco Use

Tobacco use is the leading cause of preventable death in the United States. Smoking leads to disease and disability, and harms nearly every organ in the body, and causes cancer, heart disease, stroke, diabetes, and lung diseases such as emphysema, bronchitis, and chronic airway obstruction. Exposure to secondhand smoke can lead to lung cancer and heart disease. Each year, smoking kills approximately 480,000 Americans, including 41,000 from secondhand smoke. On average, smokers die 10 years earlier than nonsmokers.

About 15% of U.S. adults smoke. Each day, nearly 3,200 youth smoke their first cigarette, and 2,100 people transition from occasional to daily smokers. Smokeless tobacco also leads to various cancers, gum and teeth problems, and nicotine addiction. Almost 6% of young adults use smokeless tobacco and half of new users are younger than 18.^{44, 45}

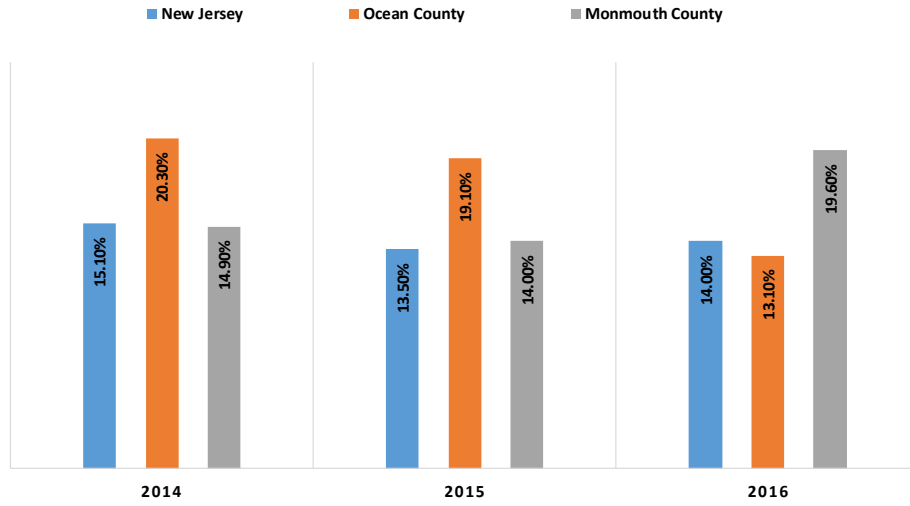
- Between 2012 and 2016, smoking rates decreased in Ocean County with from 20.3% in 2014 to 13.1% in 2016.
- In 2016, the percent of smokers in Ocean County (13.1%) was lower than New Jersey (14.0%) and Monmouth County (19.6%). Ocean County performs in the middle quartile statewide among all counties and the *Healthy People 2020* target, and in the best quartile with respect to the County Health Rankings benchmark.

⁴³ <http://www.cdc.gov/features/livelonger/>

⁴⁴ <http://www.countyhealthrankings.org/our-approach/health-factors/tobacco-use>

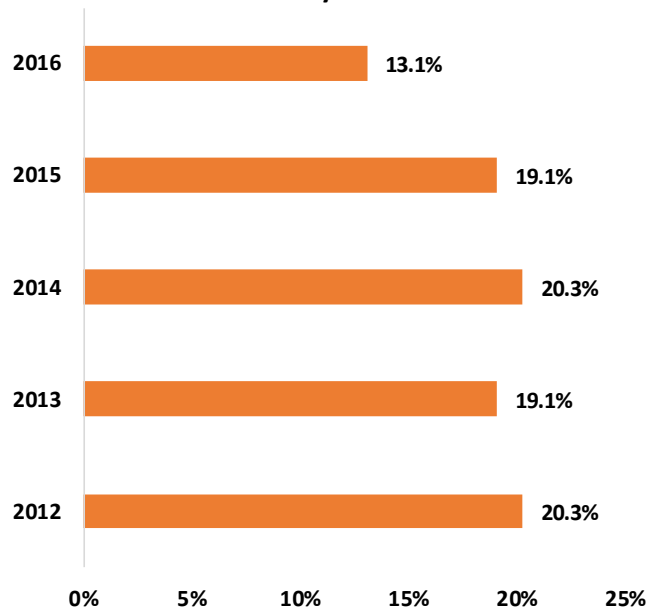
⁴⁵ http://www.cdc.gov/tobacco/data_statistics/fact_sheets/index.htm

Adults Who Are Current Smokers State & County Comparisons, 2014-2016



Source: CDC New Jersey Behavioral Risk Factor Surveillance System (NJBRFS)

Adults Who Are Current Smokers Ocean County – Trend



Source: CDC New Jersey Behavioral Risk Factor Surveillance System (NJBRFS)



Baseline: 20.6%
Target: 12.0%
Ocean County 2016: 13.1%

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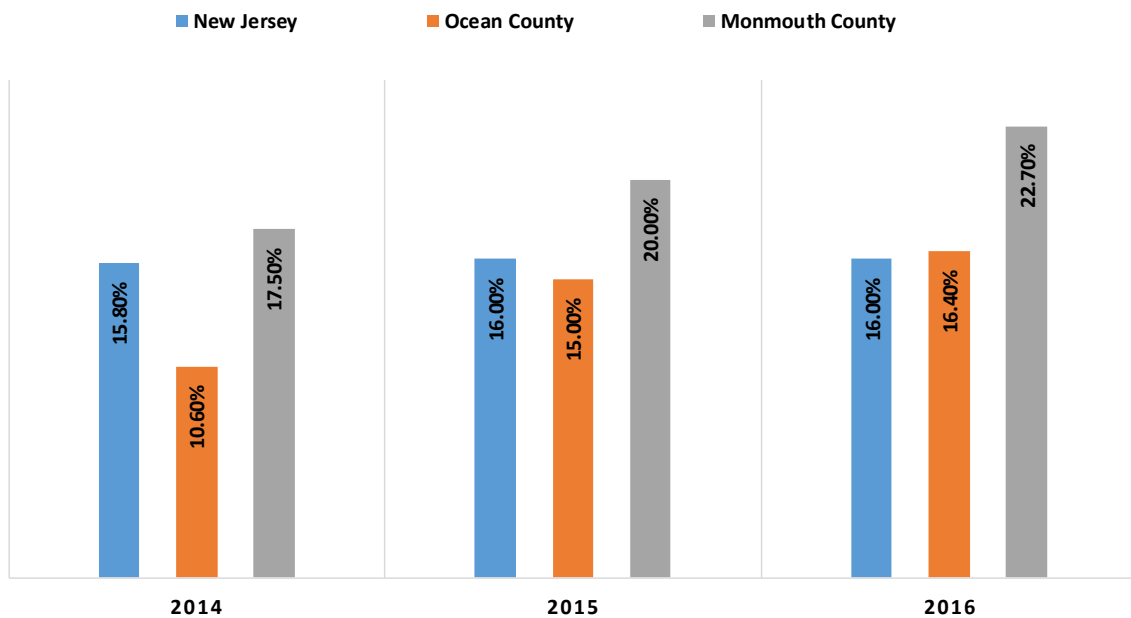
National Benchmark: 14.0%
Ocean County 2016: 13.1%

Alcohol Use

Although moderate alcohol use is associated with reduced risk of heart disease and diabetes, excessive consumption is the third leading cause of preventable death nationally. Excessive consumption considers both the amount and the frequency of drinking. Short-term, excessive drinking is linked to alcohol poisoning, intimate partner violence, risky sexual behaviors, failure to fulfill responsibilities and motor vehicle crashes. Over time, excessive alcohol consumption is a risk factor for hypertension, acute myocardial infarction, fetal alcohol syndrome, liver disease and certain cancers.⁴⁶

- Binge drinkers, those men that consume more than 5 drinks and women that consume more than 4 drinks in one occasion, increased from 10.6% in 2014, to 16.4% in 2016.
- In 2016, 16.4% of Ocean County residents were binge drinkers compared to 16% statewide and 22.7% in Monmouth County.
- Statewide, Ocean County performs in the middle performing quartile for New Jersey counties, and the worst performing quartile for the County Health Rankings benchmark.

Adults Reporting Binge Drinking State & County Comparisons, 2014-2016



Source: CDC New Jersey Behavioral Risk Factor Surveillance System

Question: During the past 30 days how many days per week or per month did you have at least one drink of any alcoholic beverage? If response is not 0 then ask: Considering all types of alcoholic beverages how many times during the past 30 days did you have 5(for males)/4(for females) or more drinks on an occasion?

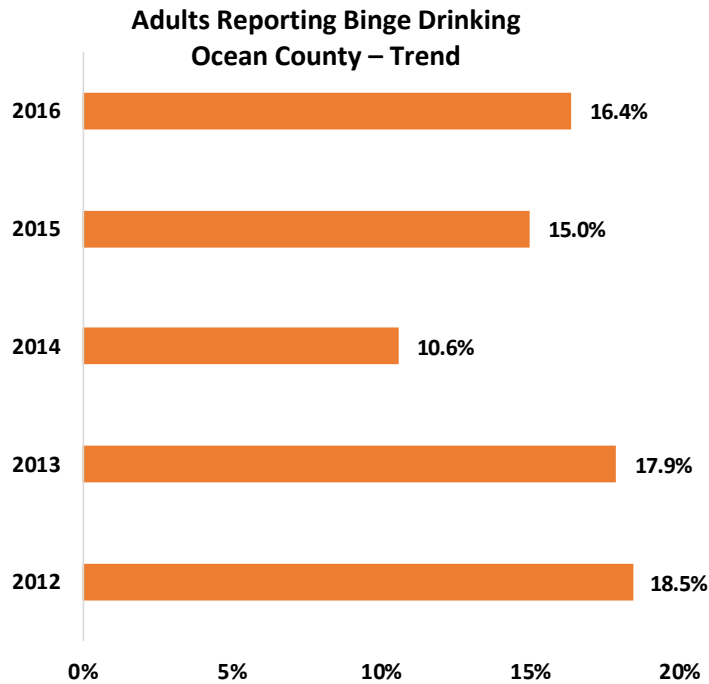
"Binge Drinking" is defined when someone has at least 5(for males)/4(for females) or more drinks on an occasion a month.

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National Benchmark: 13.0%
Ocean County 2016: 16.4%

⁴⁶ <http://www.countyhealthrankings.org/our-approach/health-factors/alcohol-drug-use>



Source: CDC New Jersey Behavioral Risk Factor Surveillance System

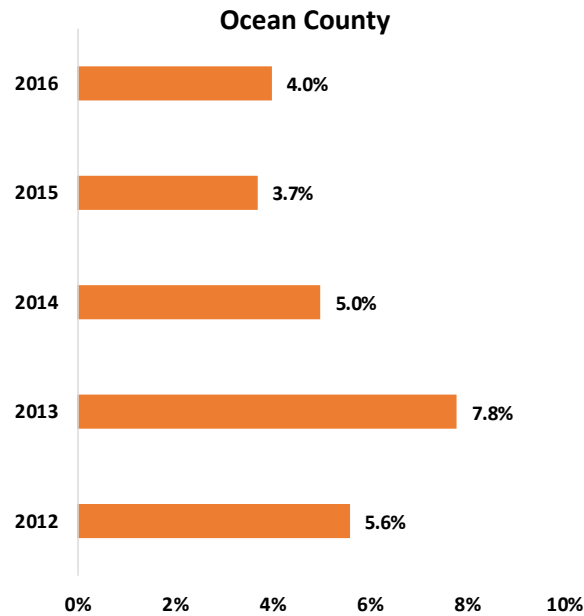
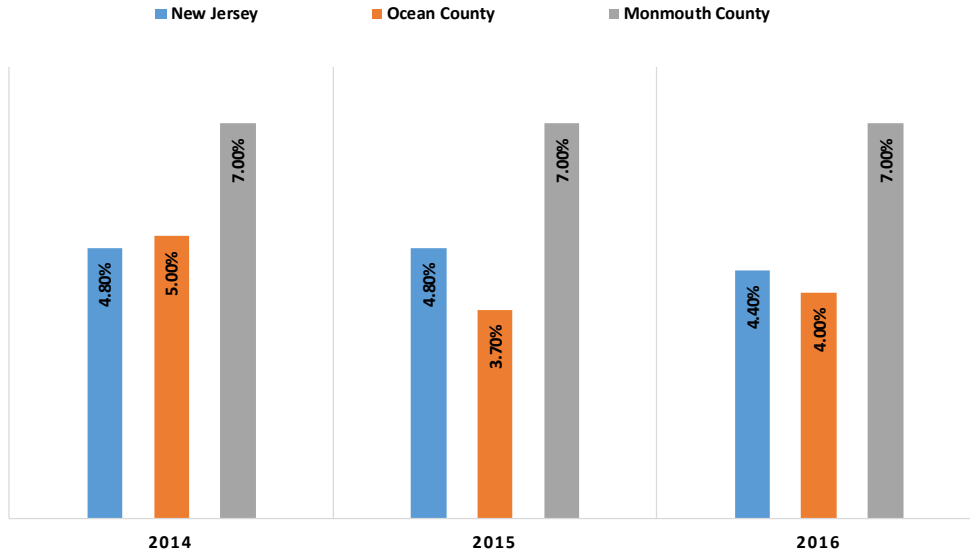
Question: During the past 30 days how many days per week or per month did you have at least one drink of any alcoholic beverage? If response is not 0 then ask: Considering all types of alcoholic beverages how many times during the past 30 days did you have 5(for males)/4(for females) or more drinks on an occasion?

"Binge Drinking" is defined when someone has at least 5(for males)/4(for females) or more drinks on an occasion a month.

Heavy drinking is defined when someone has at least 60 drinks a month (for males) and 30 (for females).

- County-wide, residents who were heavy drinkers decreased slightly from 5.0% in 2012 to 4.0% in 2016.
- In 2016, Ocean County had the lowest percent of residents reporting heavy drinking, relative to residents of the State and Monmouth County.
- Ocean County ranked in the middle performing quartile among the 21 counties in New Jersey.

Adults Reporting Heavy Drinking State & County Comparisons, 2014-2016



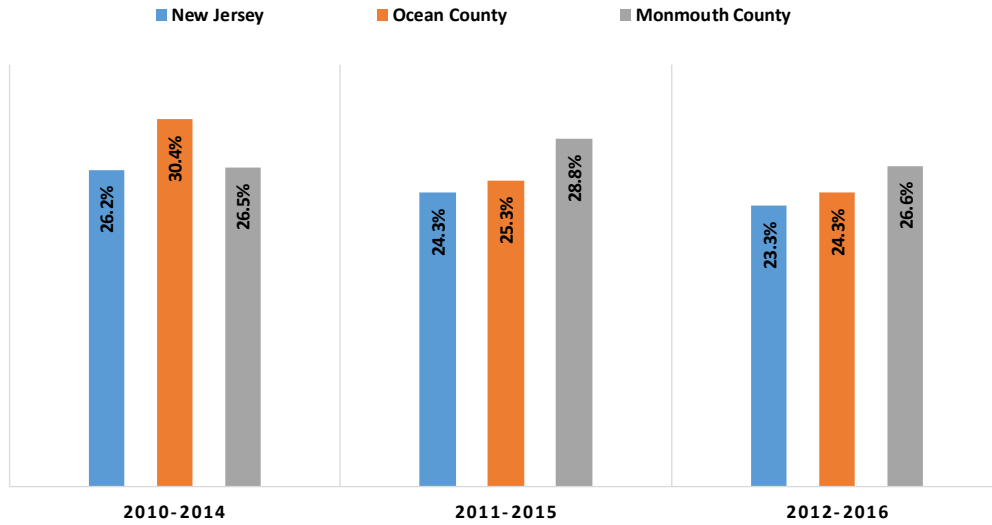
Source: CDC New Jersey Behavioral Risk Factor Surveillance System

Question: During the past 30 days how many days per week or per month did you have at least one drink of any alcoholic beverage? If response is not 0 then ask: Considering all types of alcoholic beverages how many drinks have you had during the past 30 days?

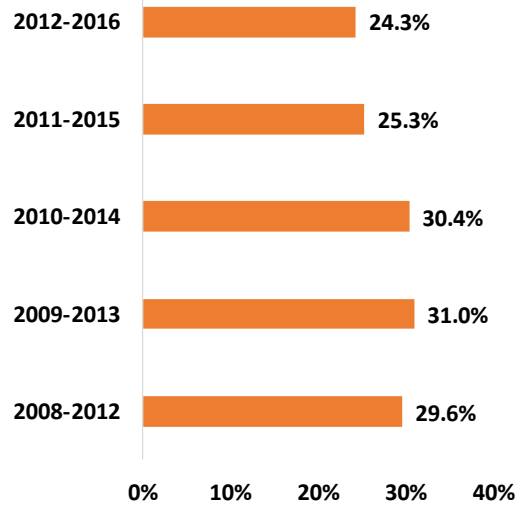
"Heavy Drinking" is defined when someone has at least 60(for males)/30(for females) or more drinks a month.

- Alcohol impaired driving deaths in Ocean County decreased between 2010-2014 and 2012-2016 from 30.4% to 24.3%.
- The rate of alcohol impaired driving deaths in Ocean County was historically higher than New Jersey.

Alcohol-Impaired Driving Deaths State & County Comparisons, 2010-2016



Ocean County



Source: NJDOH New Jersey Fatality Analysis Health Reporting System County Health Rankings

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National Benchmark: 13.0%
Ocean County 2016: 24.3%

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Excessive Drinking <i>Binge Drinkers</i>	N.A.		
Excessive Drinking <i>Heavy Drinkers</i>	N.A.	N.A.	
Alcohol Impaired Driving Deaths	N.A.		
Tobacco Use <i>Adults Who Are Current Smokers</i>			
RED: Poorest Performing Quartile			
Yellow: Middle Quartiles			
Green: Best Performing Quartile			

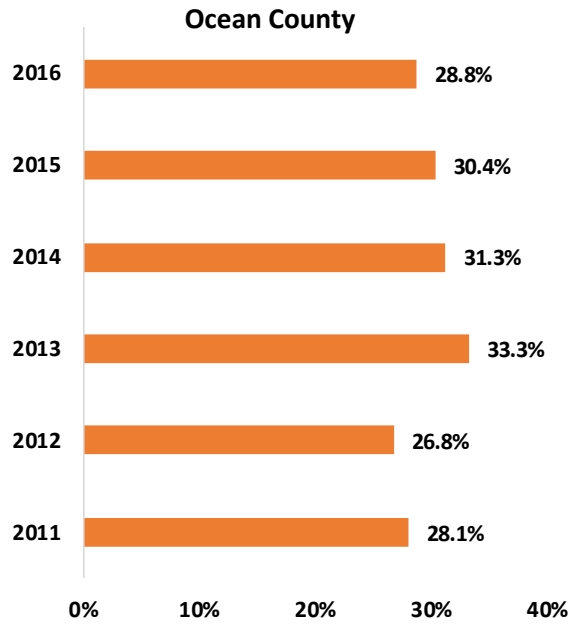
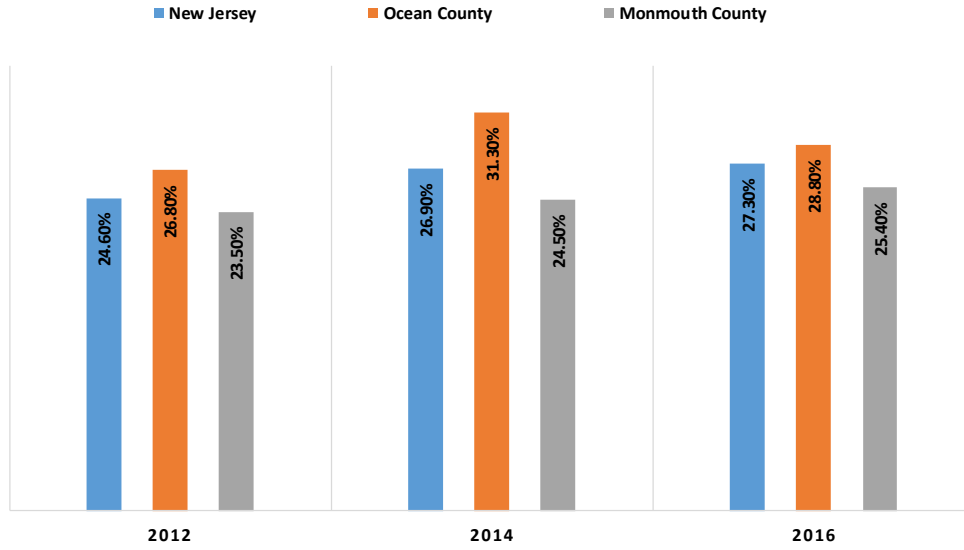
Obesity

Healthy food is a key component to good health; insufficient nutrition hinders growth and development. As of 2016, 41 million Americans struggled with hunger in the U.S. A household that is food insecure has limited or uncertain access to enough food to support a healthy life. Obesity among food insecure people, as well as low income individuals, occurs in part because they are often subject to the same challenges as other Americans (more sedentary lifestyles, increased portion size) and because they face unique challenges in adopting and maintaining healthy behaviors, including limited resources and lack of access to affordable healthy food, cycles of food deprivation and overeating, high levels of stress and anxiety, fewer opportunities for physical activity, greater exposure to marketing of obesity promoting products, and limited access to health care.⁴⁷

- The percent of Ocean County residents with a Body Mass Index (BMI) ≥ 30 trended upward from 26.8% in 2012, to 28.8% in 2016.
- In 2016, Ocean County (28.8%) had a higher rate of obesity than Monmouth County (25.4%) and the State (27.3%).
- In 2016, a lower percent of Ocean County residents (28.8%) are obese than the *Healthy People 2020* target (30.6%)
- In 2016, Ocean County residents with a BMI ≥ 30 ranked in the middle performing quartile in New Jersey and with regard to the County Health Rankings.
- In 2016, Ocean County ranked in the best performing quartile with regard to the *Healthy People 2020* target.

⁴⁷ <http://www.frac.org>

Reported BMI ≥ 30 State & County Comparisons, 2012-2016



Source: CDC Behavioral Risk Factor Surveillance System



Baseline: 33.9%
Target: 30.5%
Ocean County 2016: 28.8%

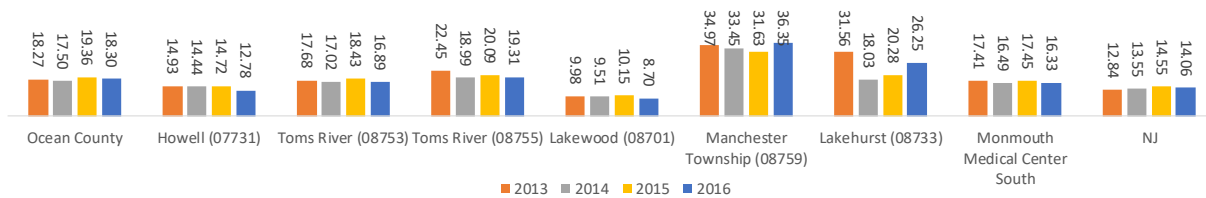


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National Benchmark: 26.0%
Ocean County 2016: 28.8%

- In 2016, Manchester Township residents had a higher rate of patients hospitalized with a diagnosis of obesity (36.35/1,000) as compared to Ocean County (18.30/1,000).
- In 2016, patients hospitalized from Lakewood had the lowest rate of obesity.

Disease Incidence: Obesity, Rate per 1,000 Population



Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges For MS-DRGs In the Range 682-685

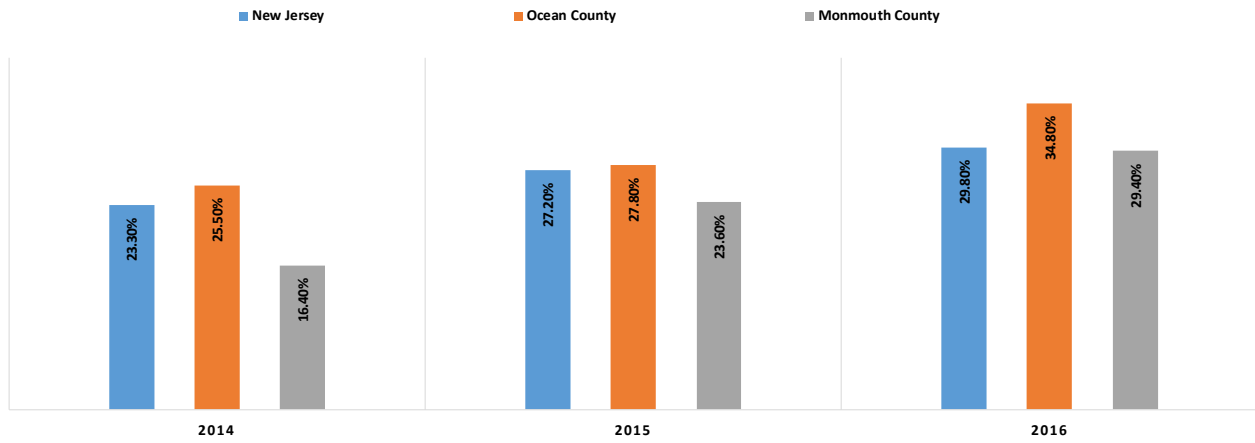
Exercise

Inadequate physical activity contributes to increased risk of coronary heart disease, diabetes and some cancers. Nationally, half of adults and nearly three-quarters of high school students do not meet the CDC's recommended physical activity levels.⁴⁸

- Within Ocean County, the percent of individuals reporting no leisure time physical activity trended upward from 25.5% in 2014, to 34.8% in 2016.
- From 2014 to 2016, Ocean County had a higher percentage of residents reporting no leisure time physical activity than the State and Monmouth County.
- Compared to all counties statewide, Ocean County performs in the bottom quartile.
- Ocean County performs in the lowest quartile compared to the County Health Rankings benchmark.
- Ocean County performs in the middle quartile with regard to the *Healthy People 2020* target.

⁴⁸ <http://www.countyhealthrankings.org/our-approach/health-factors/diet-and-exercise>

Percent of Adults Age 20+ Reporting No Leisure-Time Physical Activity State and County Comparison 2014-2016



Source: CDC Behavioral Risk Factor Surveillance System



Baseline: 36.2%
Target: 32.6%
Ocean County 2016: 34.8%

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National Benchmark: 20.0%
Ocean County 2016: 34.8%

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Obesity <i>Percent With Reported BMI >= 30</i>	Green	Yellow	Yellow
Exercise: Adults <i>Percent of Adults Age 20+ Reporting No Leisure-Time Physical Activity</i>	Yellow	Red	Red

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

Health Screenings

Screening tests can detect disease and conditions in early stages, when they may be easier to treat.

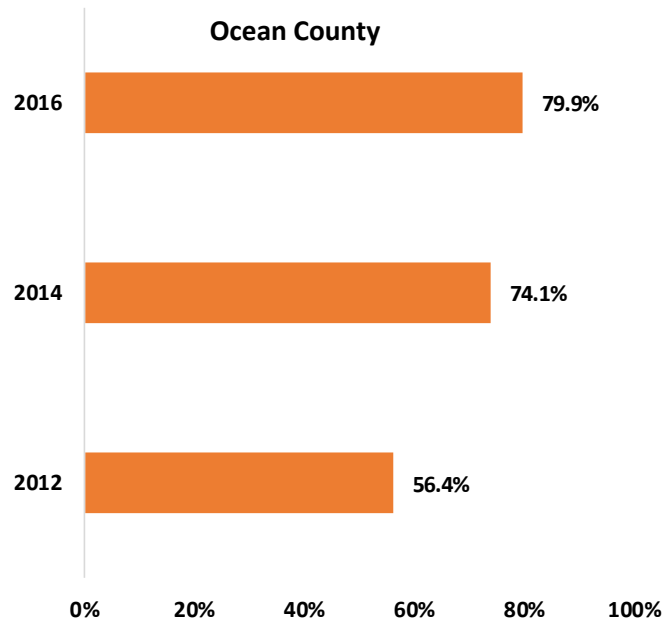
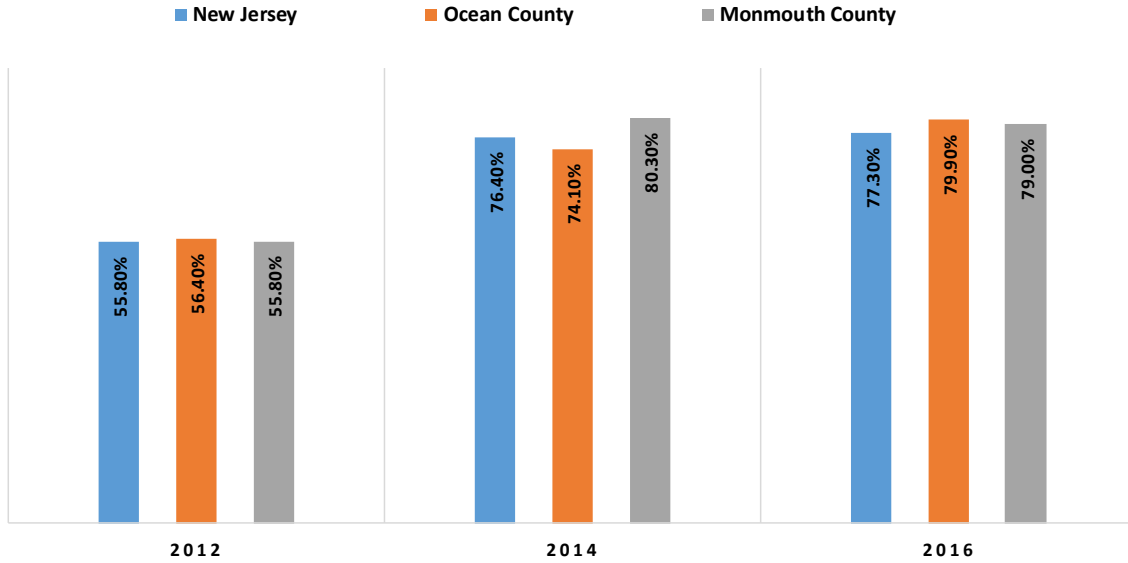
Cancer Screening

Breast Cancer (mammography)

According to the American Cancer Association, women ages 40 to 44 should have the choice to start annual breast cancer screening with mammograms (x-rays of the breast) if they wish to do so. Women age 45 to 54 should get mammograms every year. Women 55 and older should switch to mammograms every 2 years, or can continue yearly screening. Screening should continue as long as a woman is in good health and is expected to live 10 more years or longer. Women should also know how their breasts normally look and feel and report any breast changes to a health care provider right away. Some women – because of their family history, a genetic tendency, or certain other factors – should be screened with MRIs along with mammograms. The number of women who fall into this category is very small.

- In 2016, 79.9% of Ocean County women over age 40 had a mammography within the past two years, up 23.5 percentage points since 2012. Compared to all counties statewide, Ocean County performs in the top quartile.
- In 2016, Ocean County performed in the top quartile in terms of the County Health Ranking benchmark and in the middle quartile for the *Healthy People 2020* target.

Women Age 50+ Who Had a Mammogram Within Past 2 Years State & County Comparisons, 2012-2016



Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)



Baseline: 69.8%
Target: 81.1%
Ocean County 2016: 79.9%

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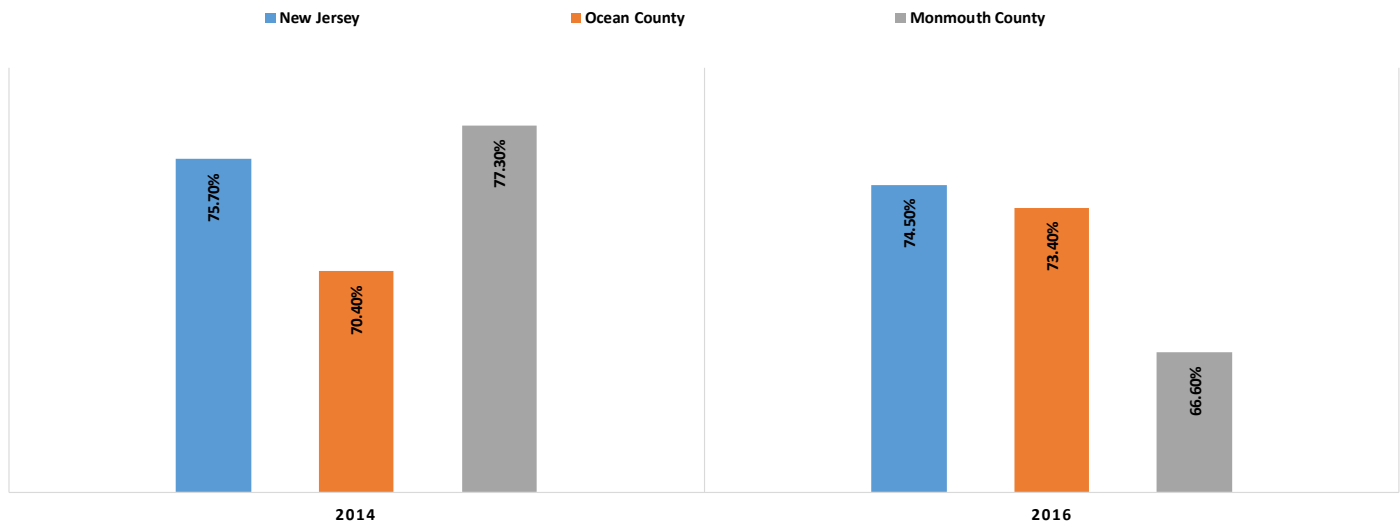
National Benchmark: 71.0%
Ocean County 2016: 79.9%

Cervical Cancer (pap smear)

According to the American Cancer Association, cervical cancer testing should start at age 21. Women between the ages of 21 and 29 should have a Pap test done every 3 years. Women between the ages of 30 and 65 should have a Pap test plus an HPV test (called “co-testing”) done every 5 years. Women over age 65 who have regular cervical cancer testing in the past 10 years with normal results should not be tested for cervical cancer. Women with a history of a serious cervical pre-cancer should continue to be tested for at least 20 years after that diagnosis, even if testing goes past age 65. Some women – because of their health history (HIV infection, organ transplant, DES exposure, etc.) – may need a different screening schedule for cervical cancer.

- In 2016, 73.4% of Ocean County women over age 18 had a pap smear within the past three years as compared to 74.5% of New Jersey women 18+.
- More Ocean County women over age 18 had a pap test within 3 years than in comparative Monmouth County (66.6%).
- Compared to the State overall, Ocean County performs in the middle performing quartile and in the top quartile with respect to the *Healthy People 2020* target.
- Between 2014 and 2016, Ocean County women who had a pap test within the past three years increased 3 percentage points from 70.4% to 73.4%.

Women How Had Received a Pap Test State & County Comparisons, 2014-2016



Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)



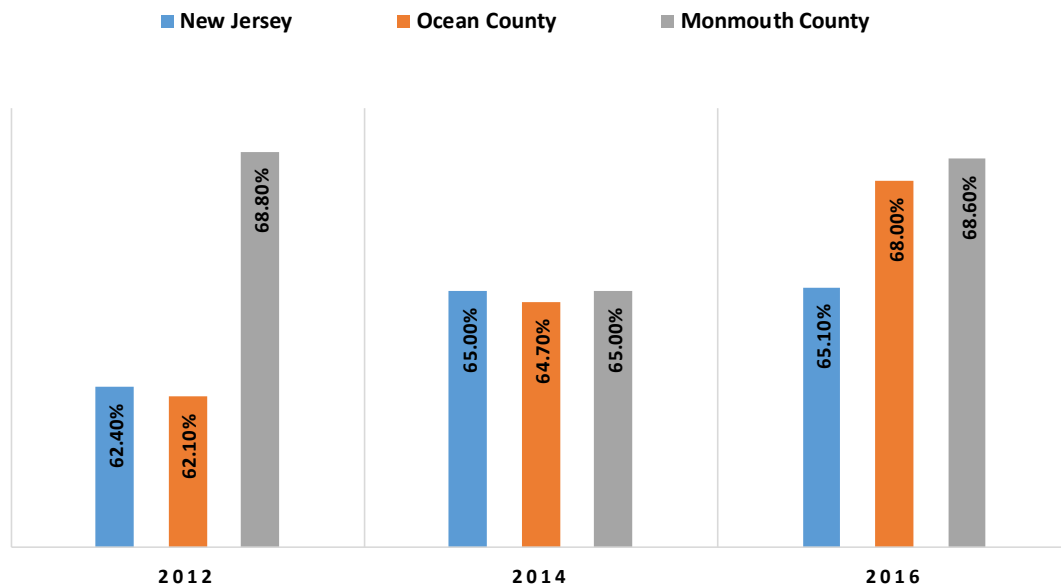
Baseline: 60.2%
Target: 66.2%
Ocean County 2016: 73.40%

Colon-rectal Cancer (sigmoidoscopy or colonoscopy)

According to the American Cancer Association, starting at age 50, both men and women should follow one of these testing plans: colonoscopy every 10 years, CT colonography (virtual colonoscopy) every 5 years, flexible sigmoidoscopy every 5 years, or double-contrast barium enema every 5 years.

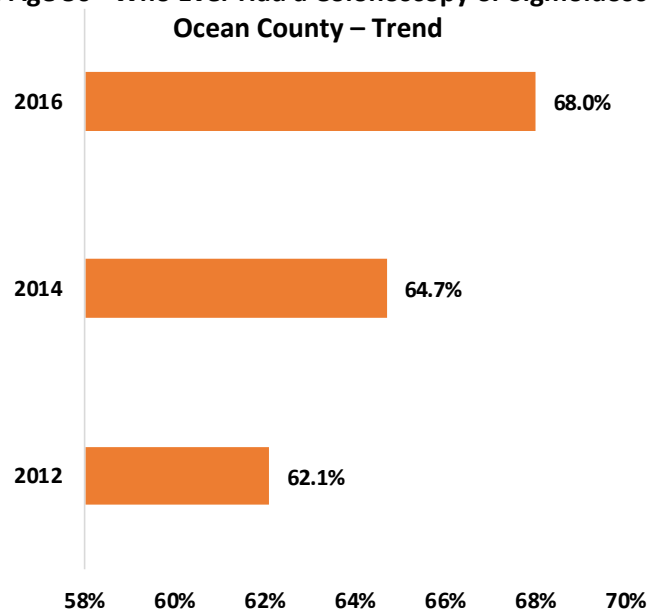
- In 2016, a greater percentage of Ocean County adults over age 50 (68.0%) participated in colon-rectal screening than in 2012 (62.1%). Compared to all New Jersey counties, Ocean County performs in the middle performing quartile.
- In 2016, the percent of Ocean County residents screened for colon cancer was 2.9 percentage points higher than the State, and 0.6 percentage points lower than Monmouth County.
- In 2016, fewer Ocean County adults (68.0%) over age 50 had a colonoscopy/sigmoidoscopy than the *Healthy People 2020* target of 70.5% of adults (50+) ever having colon-rectal screening in 2016.

**Adults Age 50+ Who Ever Had a Colonoscopy or Sigmoidoscopy
State & County Comparisons, 2012-2016**



Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

**Adults Age 50+ Who Ever Had a Colonoscopy or Sigmoidoscopy
Ocean County – Trend**



Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)



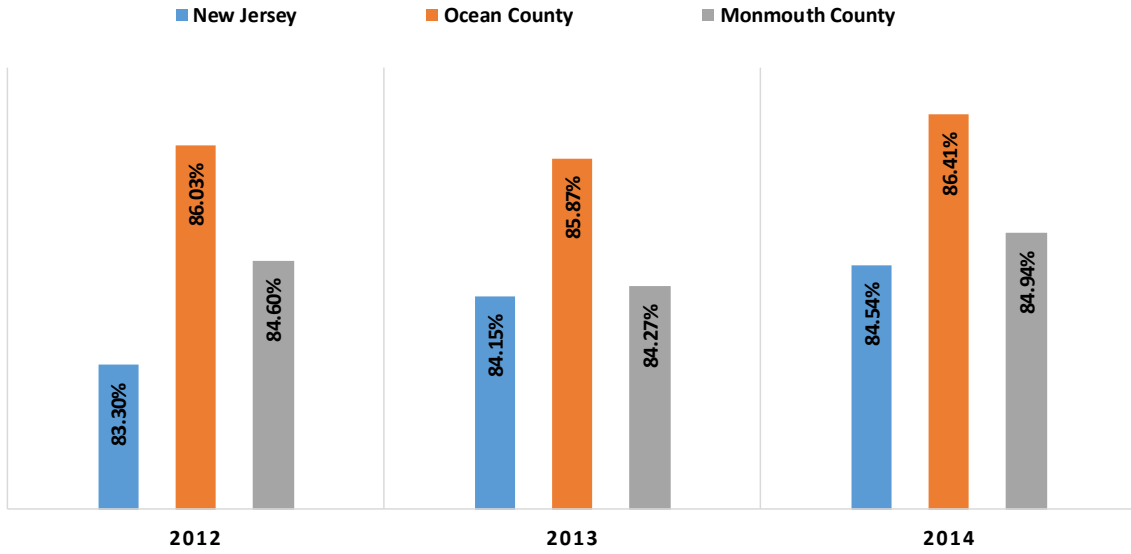
Baseline: 52.1%
Target: 70.5%
Ocean County 2016: 68.0%

Diabetes

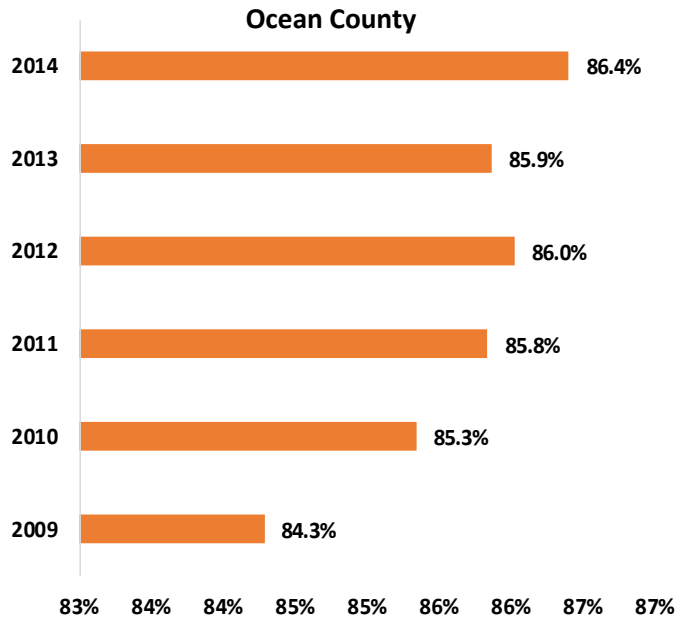
There are several ways to diagnose diabetes including A1C, Fasting Plasma Glucose (FPG), Oral Glucose Tolerance Test (OGTT) and Random (Casual) Plasma Glucose Test. Diabetes screenings are an effective means of diagnosing and managing illness.

- In 2014, almost 86.4% of Ocean County diabetic Medicare enrollees received HbA1c screening, higher than the State and surrounding counties. As compared to all New Jersey counties, Ocean County performs in the top performing quartile.
- The percent of Ocean County diabetic Medicare enrollees receiving HbA1c screening has trended upward since 2009.
- In 2014, fewer Ocean County diabetic Medicare enrollees (86.4%) were screened than the CHR national benchmark (91%). Ocean County ranked in the middle quartile of the CHR benchmark.

Diabetic Medicare Enrollees That Received Screening State & County Comparisons, 2012-2014



Source: County Health Rankings – Dartmouth Atlas of Health Care



Source: County Health Rankings – Dartmouth Atlas of Health Care

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National Benchmark: 91.0%
Ocean County 2014: 86.4%

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Mammograms <i>Women Age 50+ Who Have NOT Had a Mammogram Within Past Two Years</i>	Yellow	Green	Green
Sigmoidoscopy/ Colonoscopy <i>Adults Age 50+ Who Have Ever Had a Sigmoidoscopy or Colonoscopy</i>	Yellow	N.A.	Yellow
HbA1c Screening <i>% Diabetic Medicare Enrollees Receiving Screening</i>	N.A.	Yellow	Green
Pap Test <i>Women Who Have Had a PAP Test Within Past Three Years</i>	Green	N.A.	Yellow

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

Immunizations

It is better to prevent disease than to treat it after it occurs; vaccines prevent disease and save millions of lives. Vaccines introduce the antigens that cause diseases. Immunity, the body’s means to preventing disease, recognizes germs and produces antibodies to fight them. Even after many years, the immune system continues to produce antibodies to thwart disease from recurring. Through vaccination we can develop immunity without suffering from disease.⁴⁹

Childhood Immunizations: DPT, polio, MMR & Hib (aged 19-35 months)

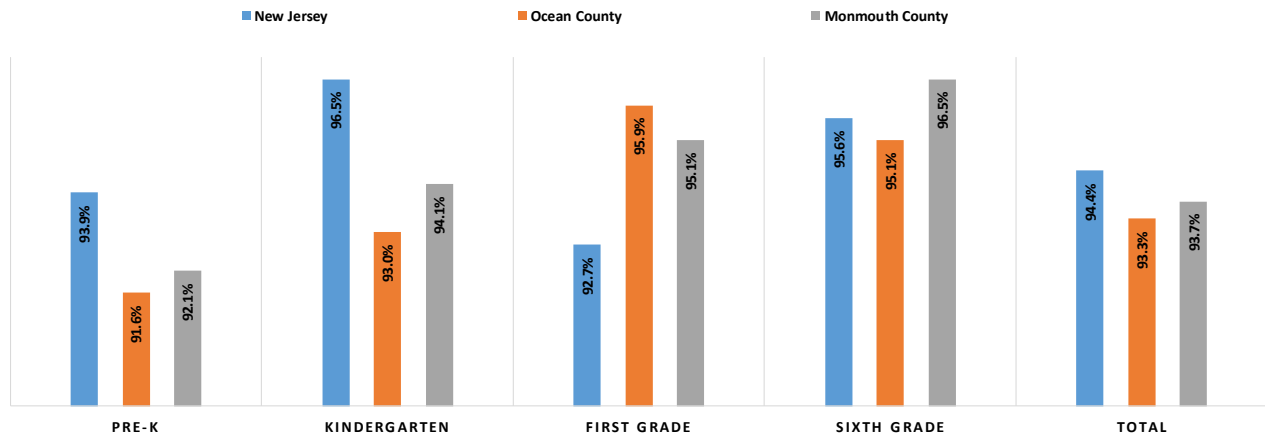
Young children are readily susceptible to disease and the consequences can be serious or life-threatening. Childhood immunizations minimize impact of vaccine preventable diseases. Combined 4 vaccine series (4:3:1:3) refers to 4 or more doses of DTP/DT, 3 or more doses of poliovirus vaccine, 1 or more doses of MCV and 3 or more doses of Hib.⁵⁰ Conflicting information in the news and on the internet about children's immunizations may cause vaccine hesitancy among select parents. Health care providers have been encouraged to use interventions to overcome vaccine non-compliance, including parental counseling, increasing access to vaccinations, offering combination vaccines, public education, and reminder recall strategies.

Childhood immunization is an evidenced-based strategy, which is known to reduce the incidence, prevalence and mortality of many communicable diseases in many Western Countries including the U.S.

- In 2016, 95.9% of first grade students in Ocean County had received all required immunizations compared to 92.7% statewide.
- 93.3% of all Ocean County students received all required immunizations, slightly less than the statewide percentage (94.4%).
- Ocean County is in the bottom quartile statewide.

⁴⁹ <http://www.cdc.gov/vaccines/vac-gen/howvpd.htm#why>
⁵⁰ <http://www.cdc.gov/vaccines/imz-managers/coverage/nis/child/tech-notes.html>

Childhood Immunization: Percent of Children Meeting All Immunization Requirements State and County Comparisons, 2016



Source: NJDOH Annual Immunization Status Report
http://www.nj.gov/health/cd/documents/status_report/2016/all_schools_vac.pdf
 Data are the most current County-Level figures available.

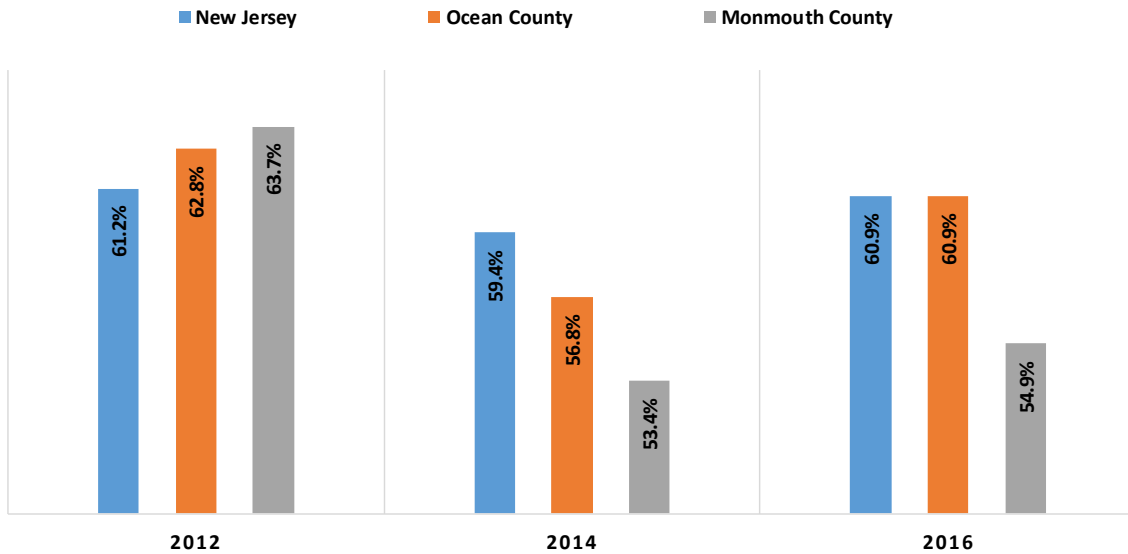
Adult Flu

Immunizations are not just for children. As we age, the immune system weakens putting us at higher risk for certain diseases. Greater than 60 percent of seasonal flu-related hospitalizations occur in people 65 and older. The single best way to protect against the flu is an annual vaccination.⁵¹

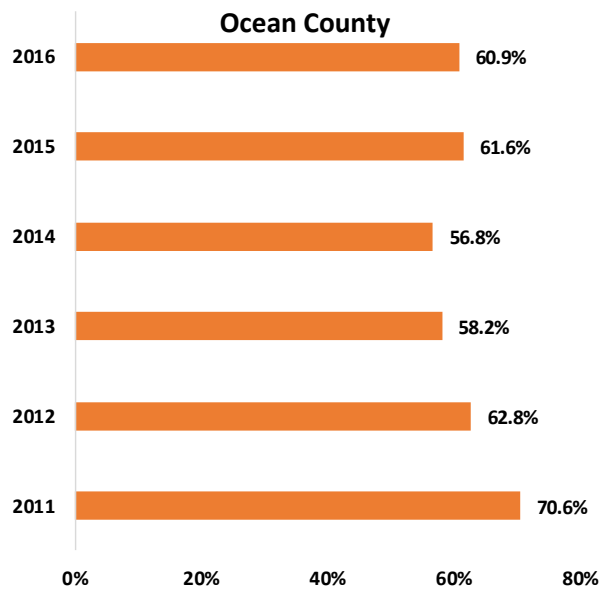
- Ocean County had the same percent of adults receiving flu shots as residents of New Jersey.
- Between 2012 and 2016, the percentage of Ocean County adults who had a flu shot fluctuated with an overall decrease of nearly 2 percentage points.
- The percent of 2016 Ocean County adults who received the flu shot in the past year (60.9%) was lower than the *Healthy People 2020* target of 90.0%.
- Ocean County performs in the worst performing *Healthy People 2020* quartile.
- As compared to all counties statewide, Ocean County performs in the middle performing quartile.

⁵¹ <http://www.cdc.gov/vaccines/adults/rec-vac/index.html>

Adults Age 65+ Who Had a Flu Shot in the Past Year State & County Comparisons, 2012-2016



Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)



Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

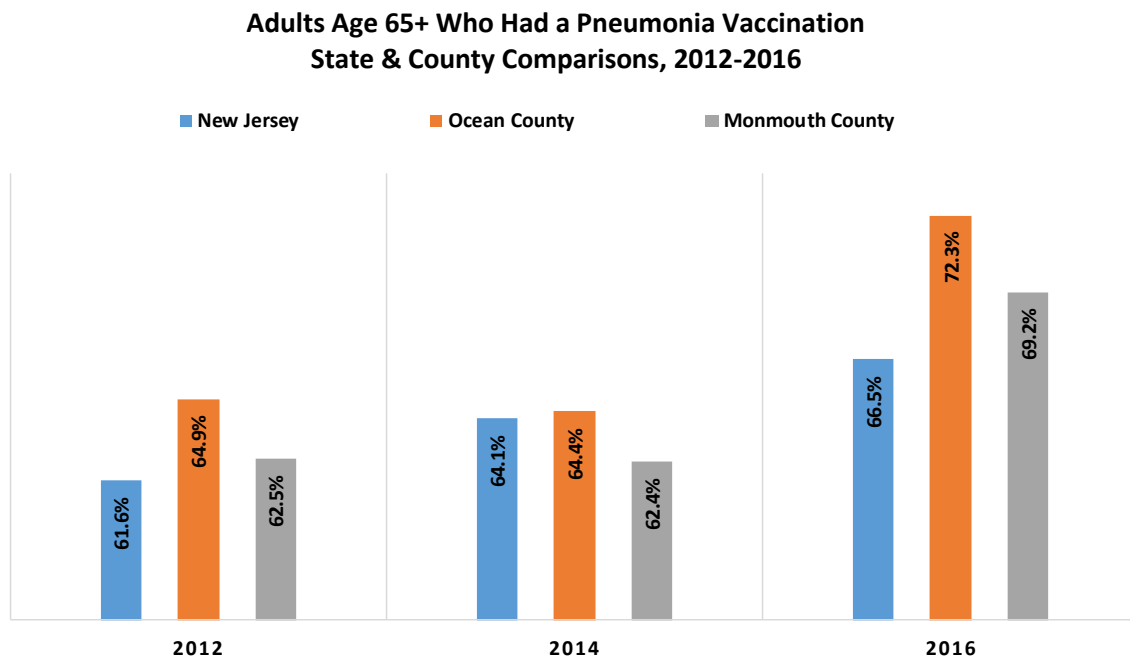


Baseline: 66.6%
Target: 90.0%
Ocean County 2016: 60.9%

Adult Pneumonia

The pneumococcal vaccine protects us against some of the 90 types of pneumococcal bacteria. Pneumococcal vaccine is recommended for all adults 65 years or older.⁵²

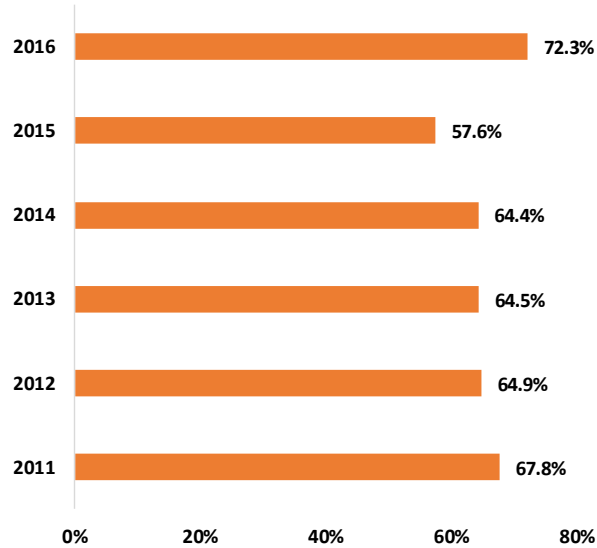
- The percent of Ocean County adults age 65+ who had a pneumonia vaccine fluctuated from 2012 through 2016, with an overall increase from 64.9% in 2014 to 72.3% in 2016.
- In 2016, the percent of Ocean County (72.3%) adults that have had a pneumonia vaccine is higher than statewide (66.5%) and less than the *Healthy People 2020* target (90.0%). As compared to all counties statewide, Ocean County performs in the middle quartile. Ocean County performs in the middle quartile in the *Healthy People 2020* target as well.



Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

⁵² <http://www.cdc.gov/pneumococcal/about/prevention.html>

Adults Age 65+ Who Had a Pneumonia Vaccination Ocean County



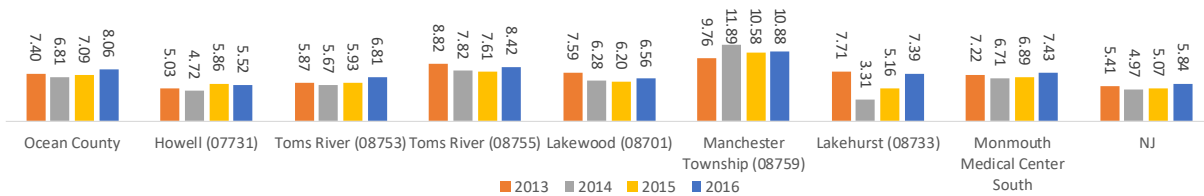
Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)



Baseline: 60.0 %
Target: 90.0%
Ocean County 2016: 72.3%

- MMCSC Service Area residents who used a hospital service had a higher rate of pneumonia (7.43/1,000) than residents of the State (5.84/1,000).
- In 2016, Manchester Township residents who used a hospital service had the highest rate of pneumonia (10.88/1,000), and Howell at 5.52/1,000 was the lowest of the comparison geographies.

Acute Care IP, Same Day and ED Discharges; Rate / 1,000 Population: Pneumonia



Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census Definition: Inpatient, Same Day Stay and ED Discharges – For MS-DRGs 177, 178, 179, 193, 194, 195

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Flu Shot <i>Adults Age 65+ Who Have NOT Had a Flu Shot in the Past Year</i> %No		N.A.	
Pneumonia Vaccination <i>Adults Age 65+ Who Have NOT Ever Had a Pneumonia Vaccination</i> %Never		N.A.	
Children Meeting All Immunization Requirements	N.A.	N.A.	

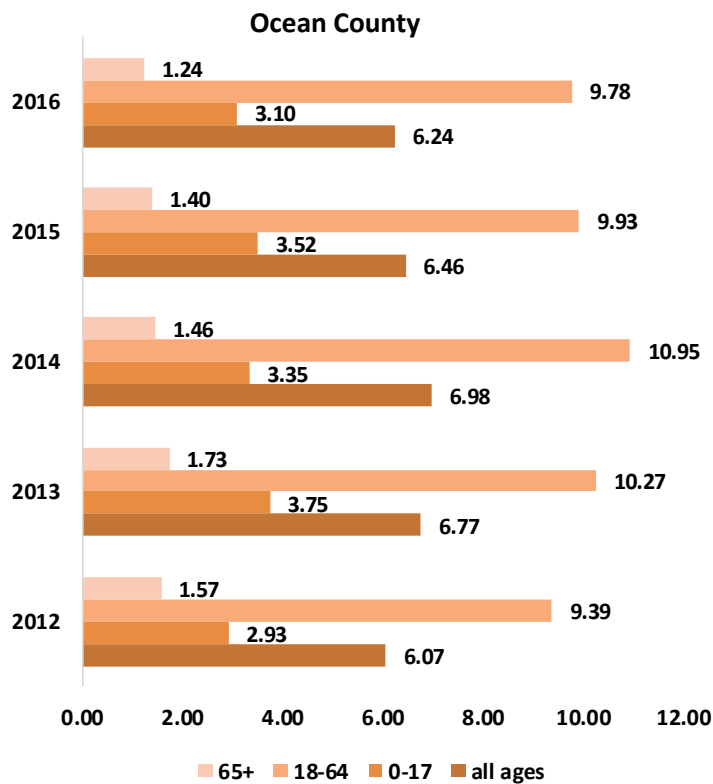
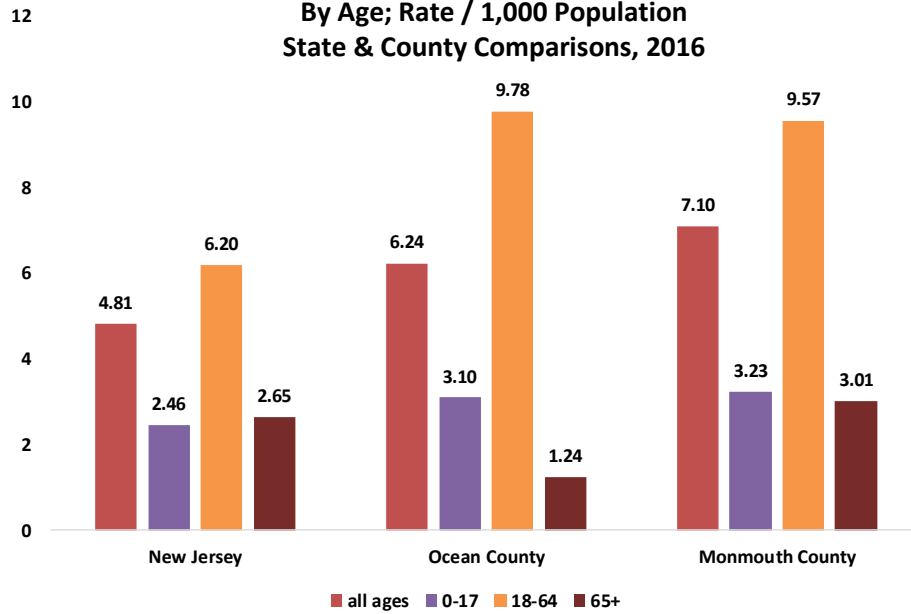
RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

4. Behavioral Health Utilization

Mental Health

- In 2016, Ocean County (6.24/1,000) had a higher rate of residents with an inpatient hospitalization for a mental health condition among all age cohorts than the State.
- Within Ocean County, by age cohort in 2016, adults 18-64 (9.78/1,000) had the highest rate of mental/behavioral health inpatient hospital admissions compared to older adults 65+ (1.24/1,000) and children (3.10/1,000).
- Ocean County had a slightly higher rate of inpatient hospitalizations for mental/behavioral health conditions in 2016 (6.24/1,000) than in 2012 (6.07/1,000).

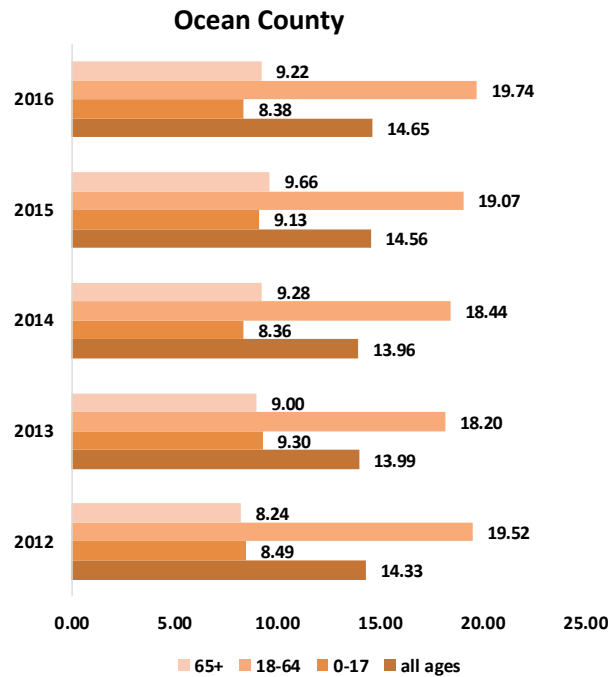
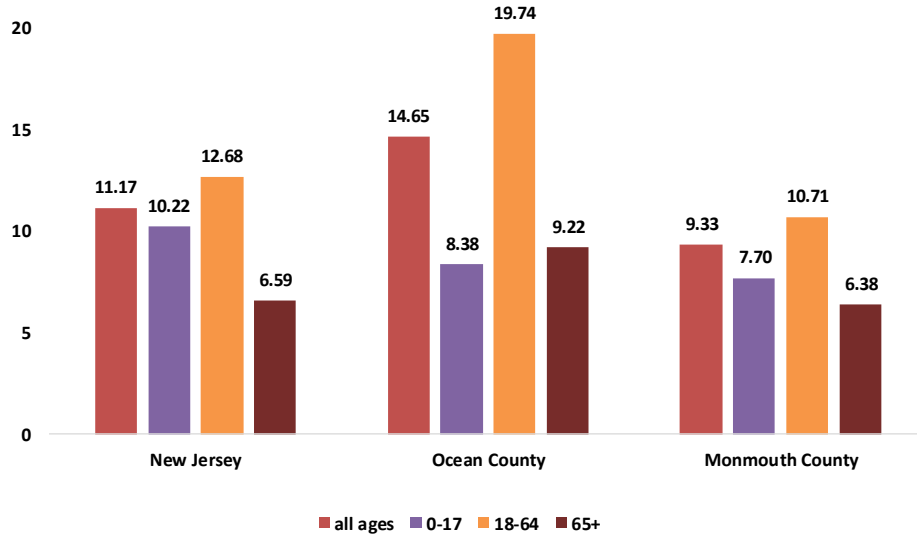
**Inpatient Admissions for Mental/Behavioral Health Conditions
By Age; Rate / 1,000 Population
State & County Comparisons, 2016**



Source: NJDHSS 2012 - 2016 UB-04 Data MDC 19 – NJ Residents; Population: United States Census American Community Survey 5yr Estimate

- In 2016, Ocean County (14.65/1,000) had a higher ED visit rate for mental health conditions than the State (11.17/1,000) and Monmouth County (9.33/1,000).
- In 2016, Ocean County adults 18-64 (19.74/1,000) had the highest rate of ED visits compared to children (8.38/1,000) and older adults 65+ (9.22/1,000).
- Ocean County's ED visits rate for mental/behavioral health conditions increased slightly between 2012 (14.33/1,000) and 2016 (14.65/1,000).

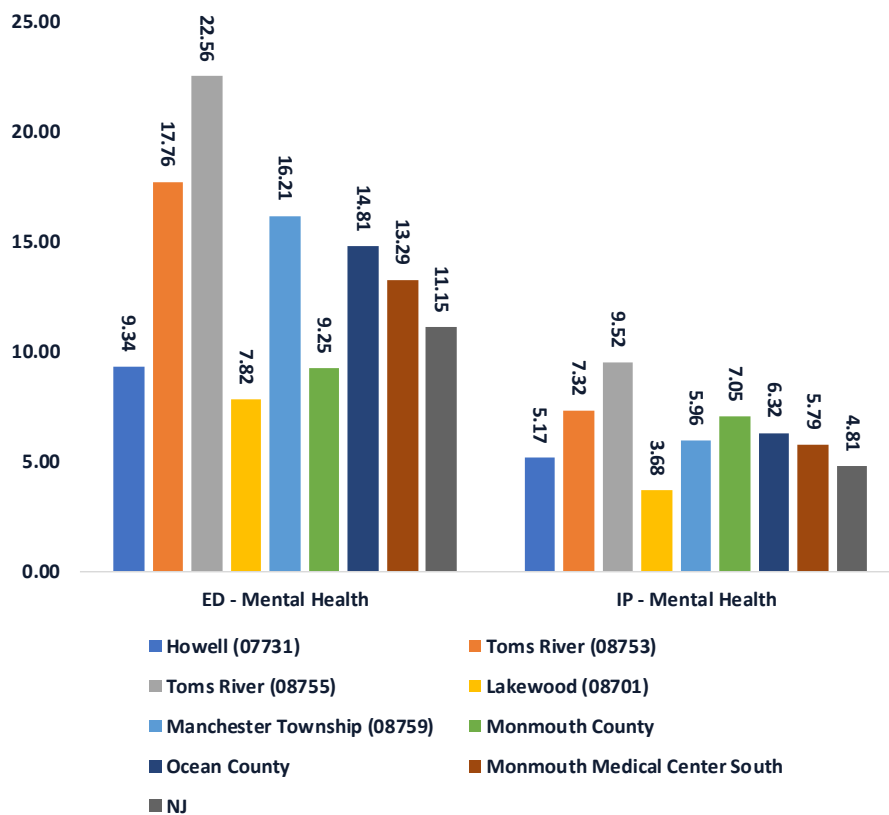
**ED Visits for Mental/Behavioral Health Conditions (2016): By Age; Rate / 1,000 Population
State & County Comparisons 2016**



Source: NJDHSS 2012- 2016 UB-04 Data MDC 19 – NJ Residents; Population: United States Census American Community Survey 5yr Estimate

- In 2016, inpatient hospitalizations for mental/behavioral health for MMCSC’s Service Area (5.79/1,000) exceeded the New Jersey rate (4.81/1,000) but was lower than the Ocean County rate (6.32/1,000).
- In 2016, the emergency department rate for mental/behavioral health in Toms River (22.56/1,000) was greater than Ocean County (14.81/1,000) and greater than New Jersey (11.15/1,000).
- In 2016, the emergency department rate for mental health in Lakewood was lower than the New Jersey rate (11.15/1,000) and the Ocean County rate (14.81/1,000).

Mental Health Use Rate /1,000 Population: 2016



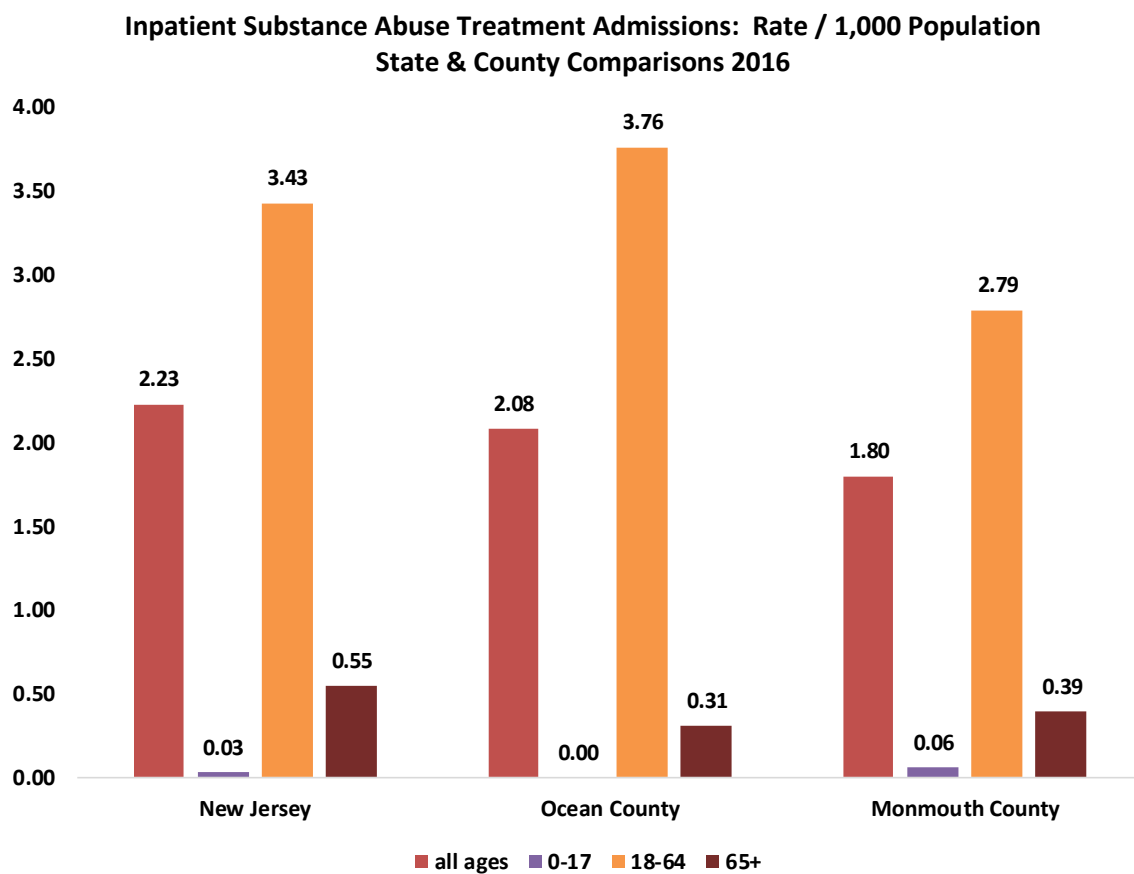
*Source: UB-04 2016 Discharges; Claritas Population Estimate

** Mental Health Defined As MDC 19

Substance Abuse

Substance abuse has a major impact on individuals, families and communities. In 2005, an estimated 22 million Americans struggled with a drug or alcohol problem. Almost 95 percent of people with substance use problems are considered unaware of their problem. These estimates highlight the importance of increasing prevention efforts and improving access to treatment for substance abuse and co-occurring disorders.⁵³

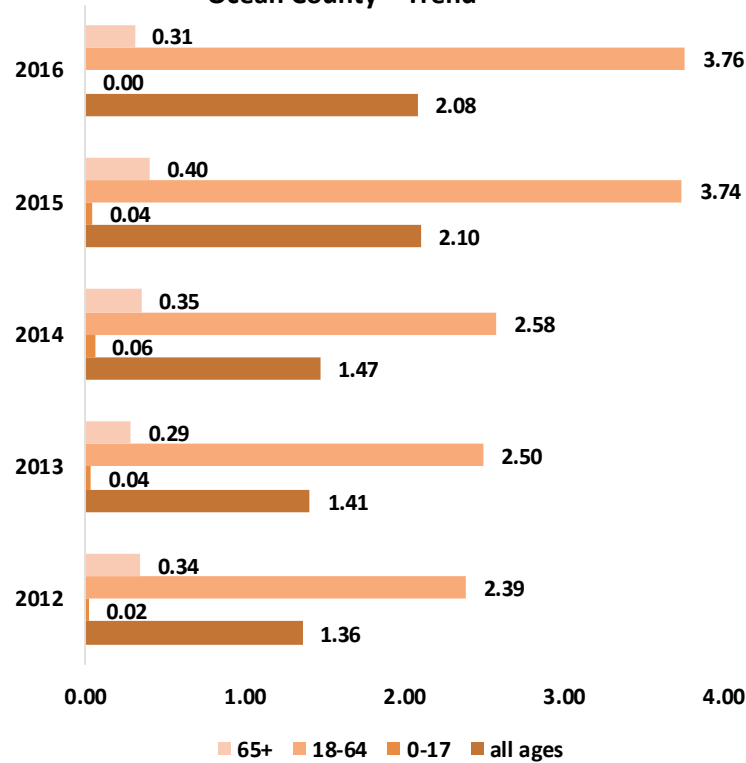
- In 2016, Ocean County had a higher use rate for residents with an inpatient admission for substance abuse than Monmouth County among all age cohorts.
- Inpatient use rates by age cohort in Ocean County trended upward among all ages between 2012-2016.



Source: NJDHSS 2012 - 2016 UB-04 Data MDC 20 – NJ Residents; Population: United States Census American Community Survey 5yr Estimate

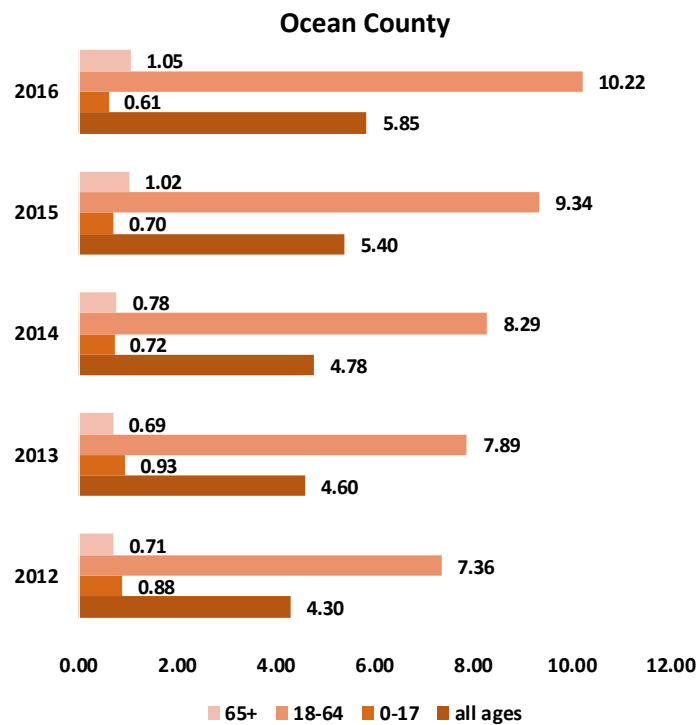
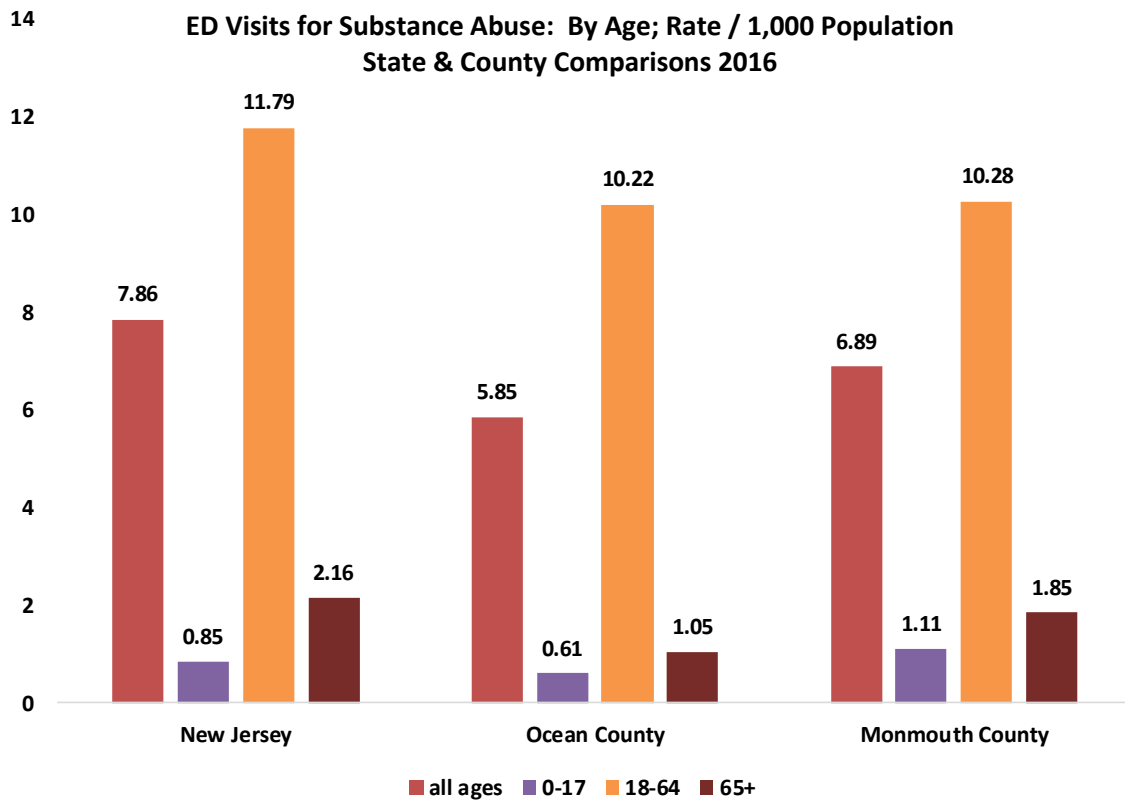
⁵³ <http://www.healthypeople.gov/2020/topics-objectives/topic/substance-abuse>

**Inpatient Substance Abuse Treatment Admissions: Rate / 1,000 Population
Ocean County – Trend**



Source: NJDHSS 2012 - 2016 UB-04 Data MDC 20 – NJ Residents; Population: United States Census American Community Survey 5yr Estimate

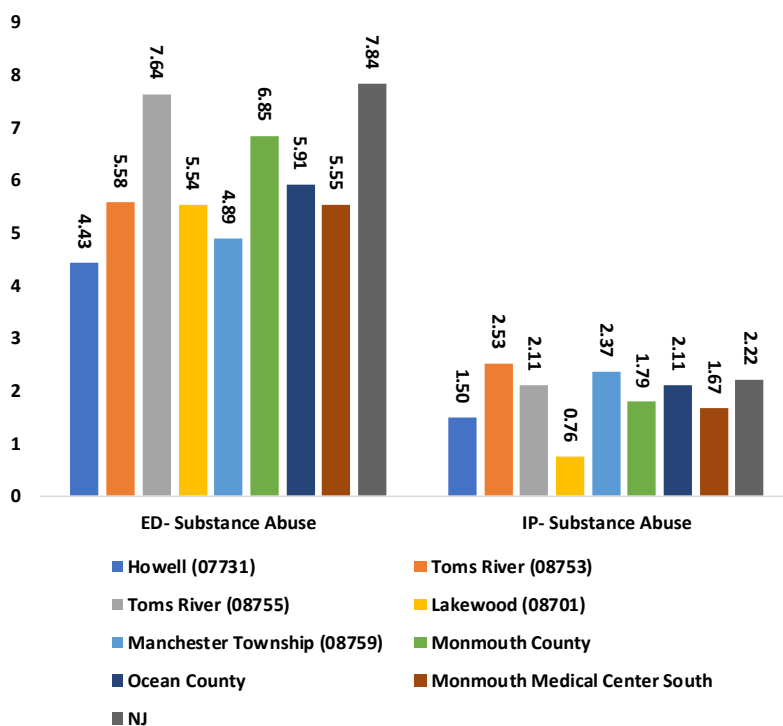
- In 2016, Ocean County (5.85/1,000) had a lower ED visit rate for substance abuse than the State (7.86/1,000) and Monmouth County (6.89/1,000).
- Between 2012 and 2016, ED visit rate for substance abuse in Ocean County increased from 4.30/1,000 to 5.85/1,000.



Source: NJDHSS 2012 - 2016 UB-04 Data MDC 20 – NJ Residents; Population: United States Census American Community Survey 5yr Estimate

- Inpatient hospitalization to general hospitals for substance abuse in the MMCSC Service Area (1.67/1,000) was lower than the County rate (2.11/1,000), and the State rate (2.22/1,000).
- The Toms River 08753 rate (2.53/1,000) for inpatient hospitalization for substance abuse was higher than Ocean County (2.11/1,000).
- In 2016, emergency department visits for substance abuse in MMCSC's Service Area (5.55/1,000) was lower than the Ocean County rate (5.91/1,000) and lower than the New Jersey rate (7.84/1,000).
- In 2016, emergency department utilization rates for substance abuse in Toms River 08755 (7.64/1,000) was higher than the Ocean County rate (5.91/1,000).

Substance Abuse Use Rate 1,000 Population: 2016

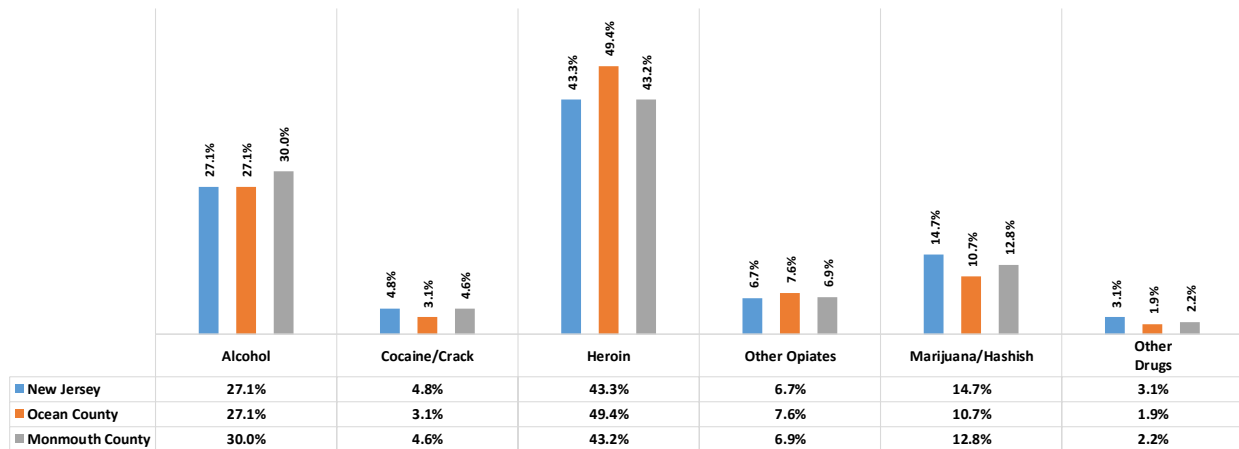


*Source: UB-04 2016 Discharges; Claritas Population Estimate

** Substance Abuse Defined As MDC 20

- In 2016, heroin was the leading reason for admission to a drug treatment center followed by alcohol for Ocean County residents.

Primary Drug Treatment Admissions State & County Comparisons 2016

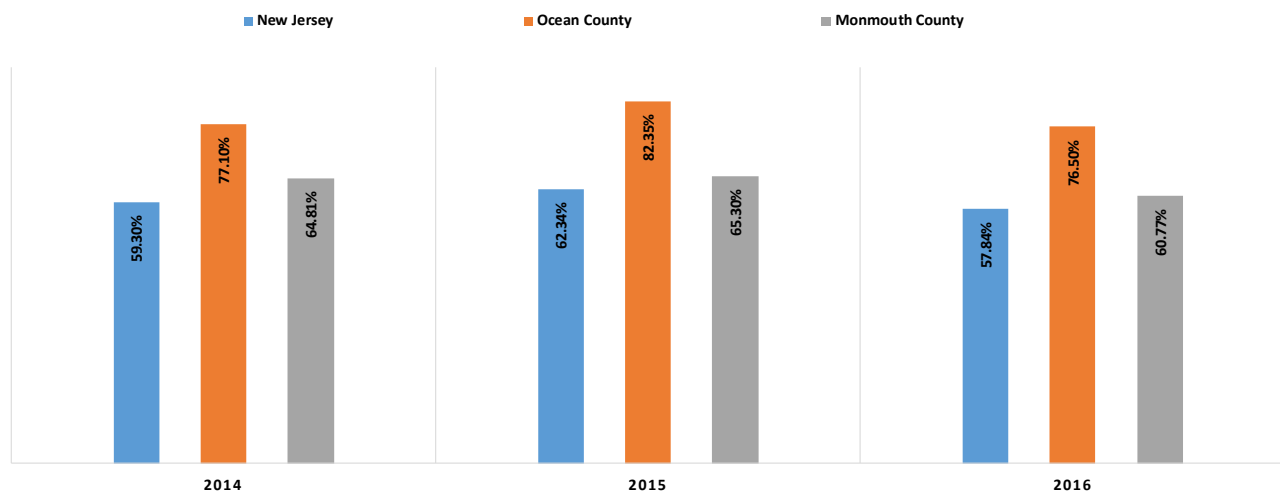


Source: <http://www.nj.gov/humanservices/dmhas/publications/statistical/Substance%20Abuse%20Overview/2016/statewide.pdf>

Between 2014 and 2016, the number of drugs dispensed went down across the State, as well as in Ocean County.

- In 2016, the number of drugs dispensed reached more than 75% of the Ocean County population.

Opioid Dispensing State & County Comparisons 2016

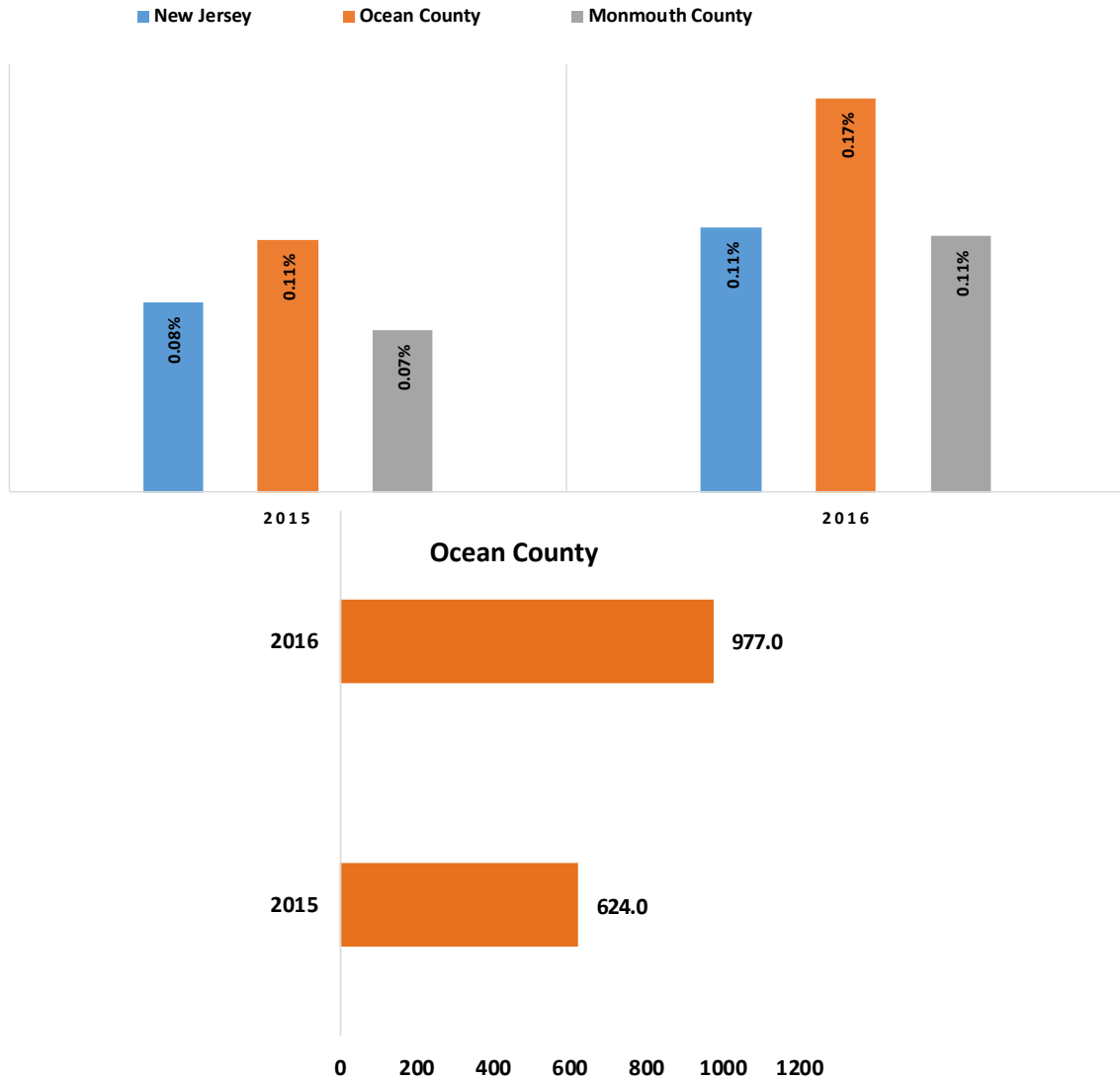


Source: <http://www.nj.gov/humanservices/dmhas/publications/statistical/Substance%20Abuse%20Overview/2016/statewide.pdf>

Naloxone is a FDA approved medication to prevent overdose by opioids such as heroin, morphine and oxycodone. It blocks opioid receptor sites reversing the toxic effects of overdose.

- Between 2015 and 2016, the number of Naloxone administrations increased statewide; and in Monmouth and Ocean Counties. In Ocean County, Naloxone administrations increased from 624 administrations to 977.

Naloxone Administrations State & County Comparisons 2016 Percent of Total Population



Source: <http://www.nj.gov/humanservices/dmhas/publications/statistical/Substance%20Abuse%20Overview/2016/statewide.pdf>

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Treatment Admissions for Alcohol <i>Percentage of Total Treatment Admissions</i>	N.A	N.A.	Yellow
Treatment Admissions for Heroin <i>Percentage of Total Treatment Admissions</i>	N.A	N.A	Red
Treatment Admissions for Cocaine <i>Percentage of Total Treatment Admissions</i>	N.A.	N.A	Green
Treatment Admissions for Marijuana <i>Percentage of Total Treatment Admissions</i>	N.A	N.A.	Green
Treatment Admissions for Other Drugs <i>Percentage of Total Treatment Admissions</i>	N.A	N.A	Green
Treatment Admissions for Opiates <i>Percentage of Total Treatment Admissions</i>	N.A	N.A	Yellow
Total Opioid Dispensations <i>Rate/ 100000 Population</i>	N.A	N.A	Yellow
Total Substance Abuse Treatment Admissions <i>Rate/ 100000 Population</i>	N.A	N.A	Red
Total Naloxone Administrations <i>Rate/ 100000 Population</i>	N.A	N.A	Yellow

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

E. HEALTH OUTCOMES

Disease-specific mortality, health status and morbidity are among the outcomes presented. Indicators of general health and mental health measures are also discussed in this section.

1. Mortality - Leading Cause of Death

According to the CDC, mortality statistics are one of few data sets comparable for small geographic areas, available for long time periods and appropriate as a primary source for public health planning.

- Between 2013 and 2016, Ocean County age-adjusted mortality rates (AAMR) improved (decreased) for influenza and pneumonia (-24.4%), stroke (-16.6%), nephritis (-7.8%), septicemia (-2.0%), chronic lower respiratory disease (-3.9%), and cancer (-0.2%).
- Between 2013 and 2016, four of the top 10 leading causes of death for Ocean County increased including: diseases of the heart (1.6%), unintentional injuries (49.7%), diabetes (0.7%), and Alzheimer’s disease (11.2%).

**Top 10 Causes of Death in Ocean County
Age-Adjusted Rate/100,000 Population 2008-2016**

CAUSE	2008	2013	2016	% Change '13-'16
Diseases of heart	206.8	196.7	199.9	1.6%
Cancer (malignant neoplasms)	192.7	162.9	162.6	-0.2%
Unintentional injuries	27.9	43.3	64.8	49.7%
Chronic lower respiratory diseases (CLRD)	36.6	36.0	34.6	-3.9%
Stroke (cerebrovascular diseases)	31.8	31.3	26.1	-16.6%
Alzheimer's disease	21.8	19.7	21.9	11.2%
Septicemia	18.0	15.1	14.8	-2.0%
Nephritis, nephrotic syndrome and nephrosis (kidney disease)	19.6	15.4	14.2	-7.8%
Diabetes mellitus	16.9	14.1	14.2	0.7%
Influenza and pneumonia	11.4	12.7	9.6	-24.4%

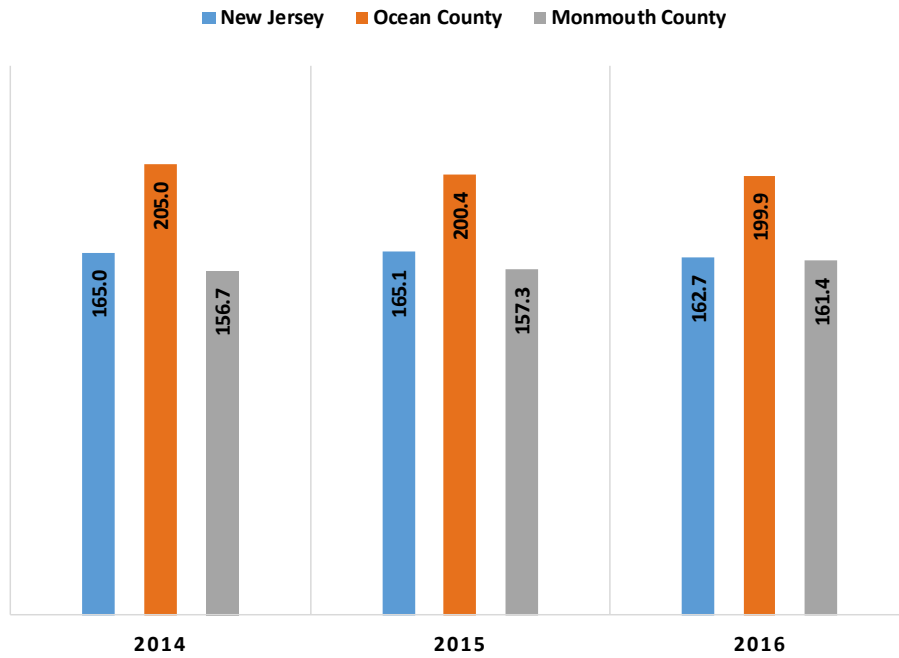
Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

Heart Disease (1)

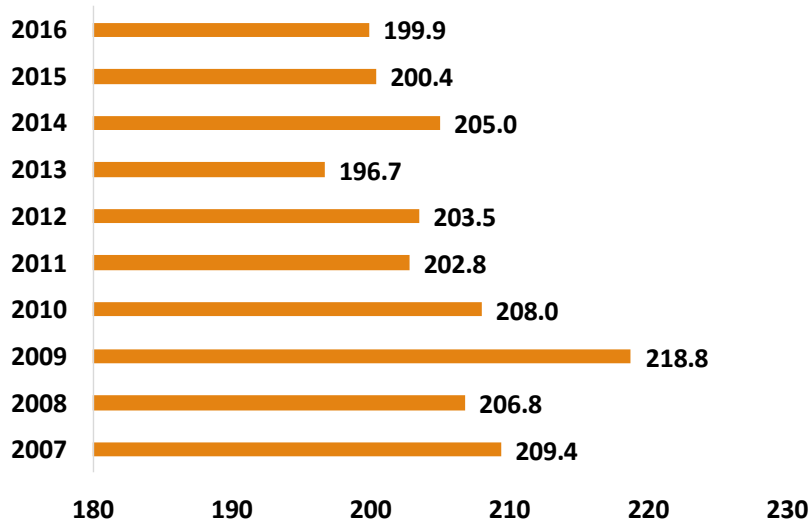
Heart disease includes several conditions, most commonly, coronary artery disease, angina, heart failure and arrhythmias. Nationally, statewide and in Ocean County, heart disease remains the leading cause of death. Responsible for 1 in every 4 deaths, approximately 610,000 people die of heart disease in the United States each year.

- The County AAMR for heart disease deaths decreased between 2014 (205.0/100,000) and 2016 (199.9/100,000).
- The 2016 Ocean County mortality rate due to heart disease (199.9/100,000) was higher than the statewide (162.7/100,000) rate.
- In 2016, across the County, Blacks (253.8/100,000) had the highest heart disease mortality rate as compared to Whites (204.7/100,000) and Hispanics (70.1/100,000).

Deaths Due to Diseases of the Heart: Age-Adjusted Rate/100,000 Population State & County Comparisons 2014-2016



Ocean County

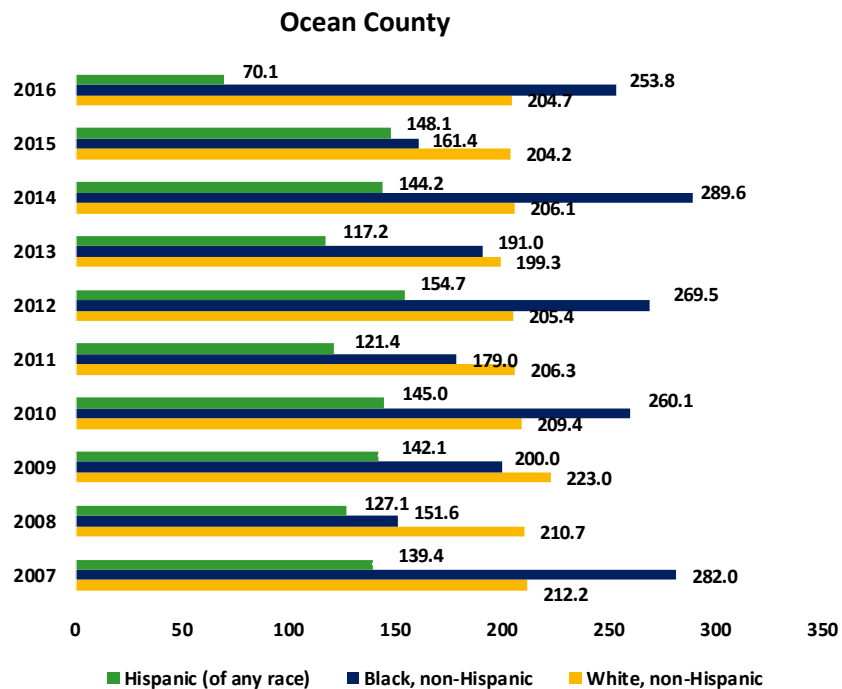
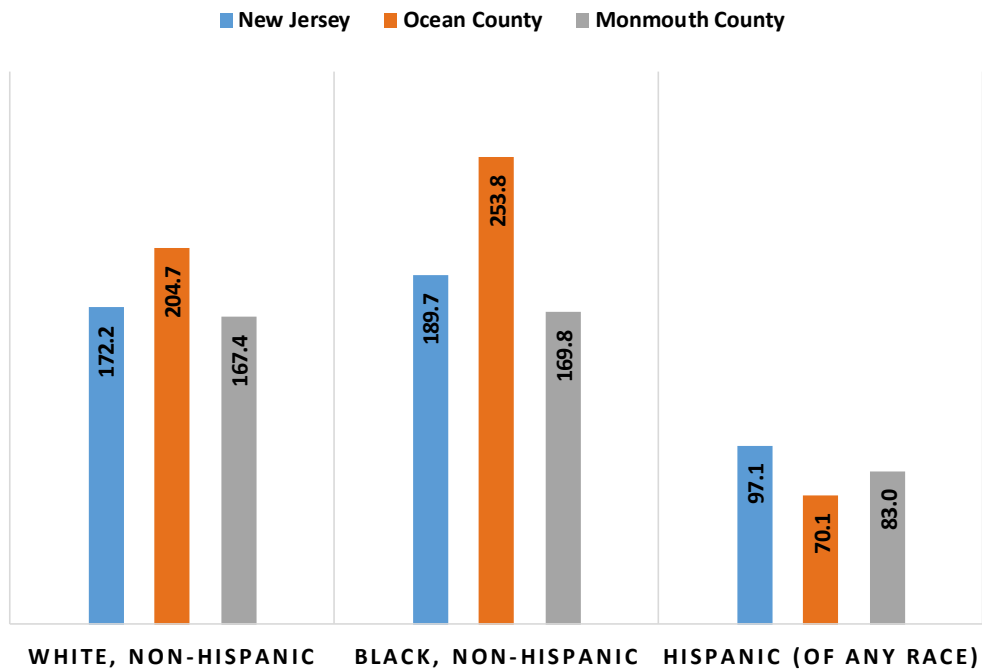


Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.



Baseline: 129.2
Target: 103.4
Ocean County 2016: 199.9

Deaths Due to Diseases of the Heart by Race/Ethnicity, 2016
Ocean County Age-Adjusted Rate/100,000 Population



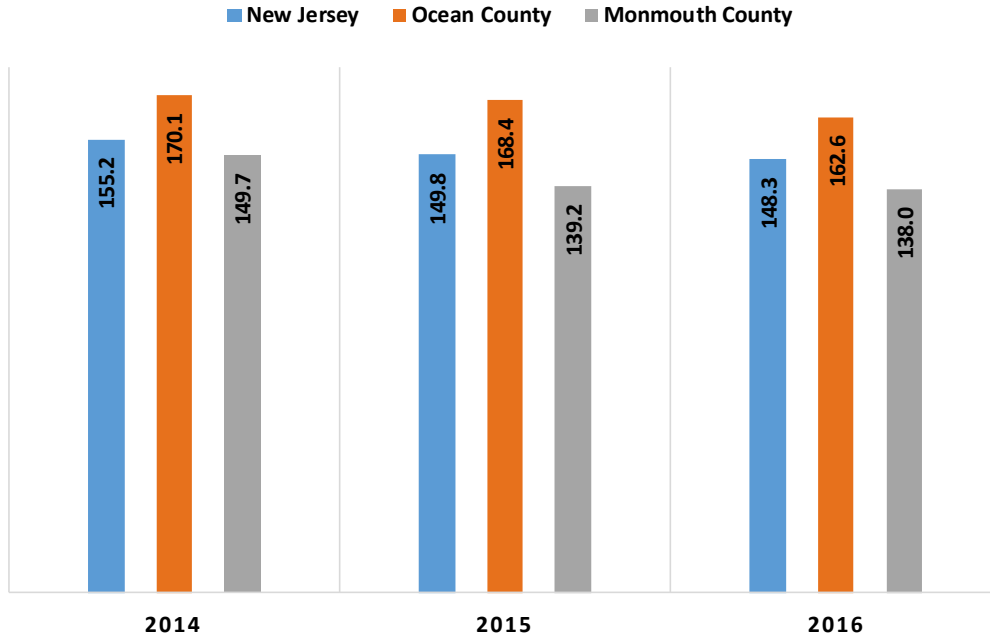
Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

Cancer (2)

Although there are many types of cancer, all originate from abnormal cells with untreated disease.⁵⁴ Approximately half of American men and one-third of women will develop some form of cancer throughout their lifetimes. Cancer risk may be reduced by basic lifestyle modifications including limiting or avoiding tobacco, sun protection, being physically active and eating healthy foods. Early detection greatly improves positive outcomes. Cancer is the second leading cause of death in the United States, New Jersey and Ocean County.⁵⁵

- The 2016 County mortality rate (162.6/100,000) was higher than New Jersey (148.3/100,000) and ranks in the middle quartile statewide.
- The 2016 Ocean County cancer AAMR (162.6/100,000) performed slightly worse than the *Healthy People 2020* target of 161.4/100,000.

Deaths Due to Malignant Neoplasms (Cancer): Age-Adjusted Rate/100,000 Population State & County Comparisons, 2014-2016

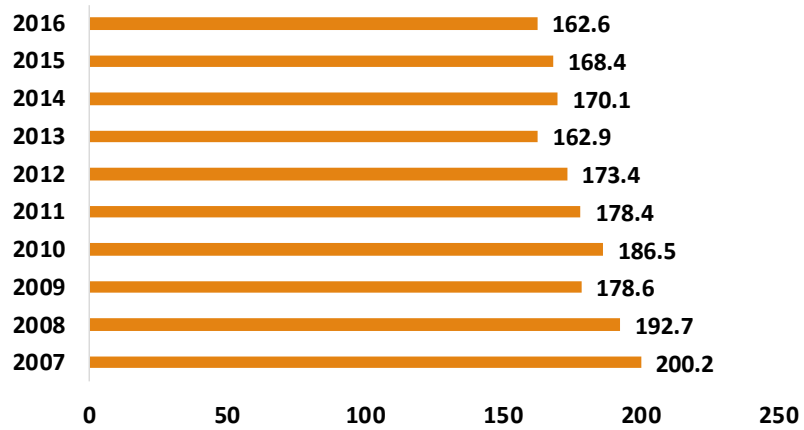


Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

⁵⁴ <http://www.cancer.org/cancer/cancerbasics/what-is-cancer>

⁵⁵ <http://www.cancer.org/cancer/cancerbasics/questions-people-ask-about-cancer>

**Deaths Due to Malignant Neoplasms (Cancer): Age-Adjusted Rate/100,000 Population
Ocean County – Trend**



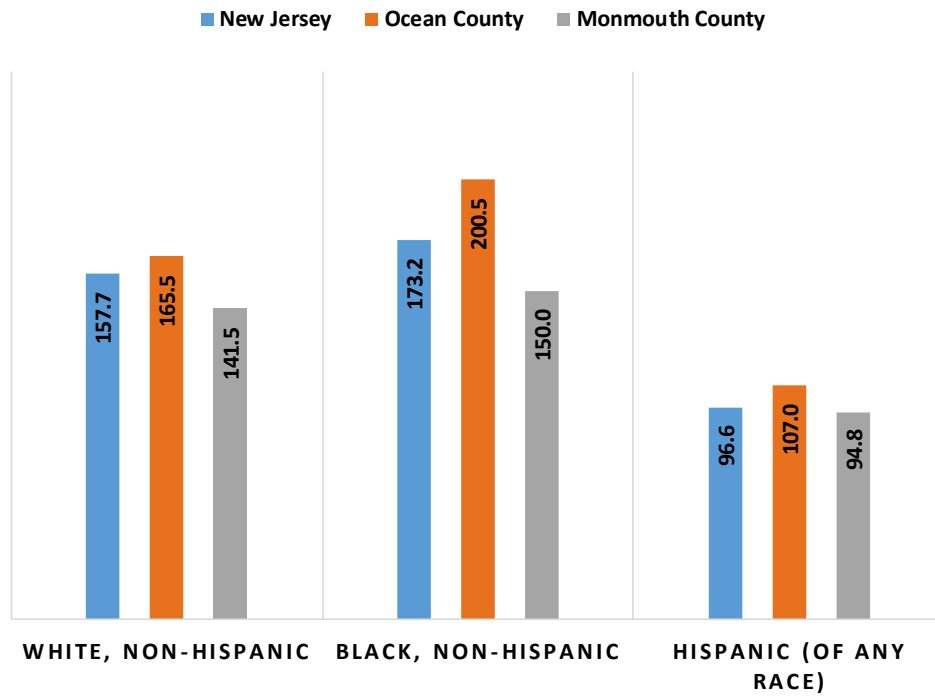
Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.



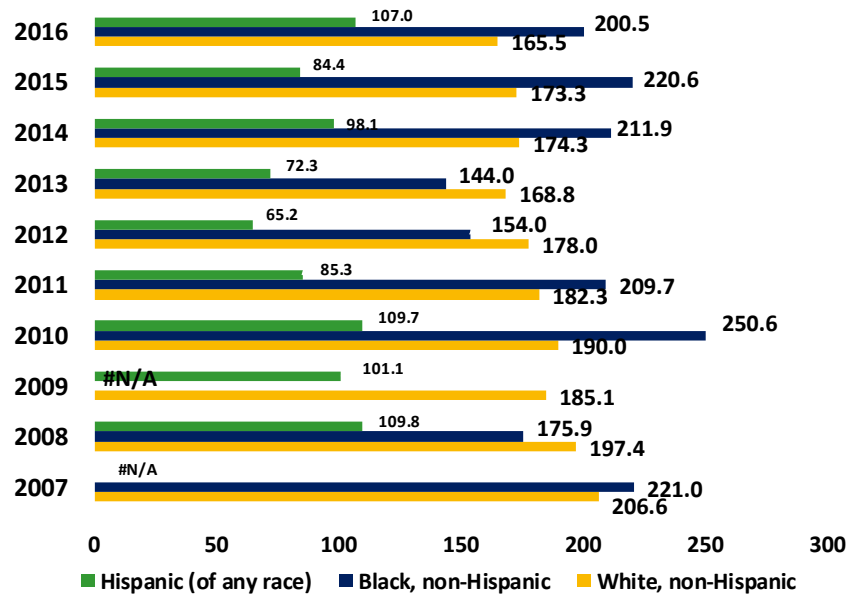
Baseline: 179.3
Target: 161.4
Ocean County 2016: 162.6

- In 2016, the mortality rate for malignant neoplasm deaths among Whites in Ocean County was markedly higher than for Hispanics.
- The mortality rate for cancer among Whites in Ocean County has been lower than for Blacks since 2014.

Deaths Due to Malignant Neoplasms (Cancer): By Race/Ethnicity State & County Comparisons, 2014-2016



Ocean County

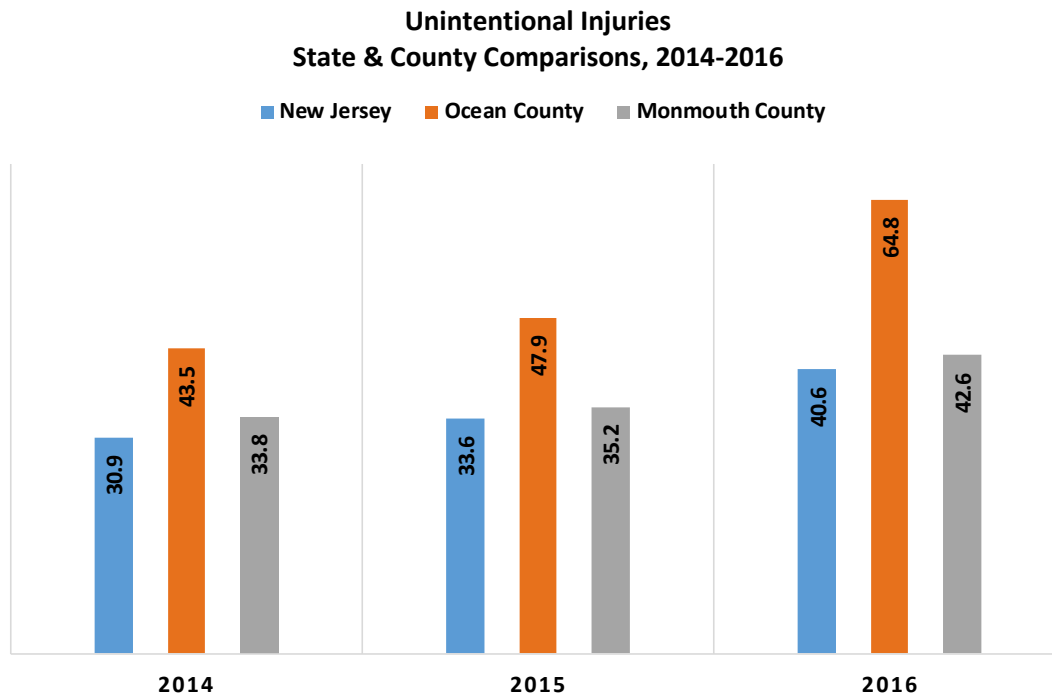


Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

Unintentional Injuries (3)

The majority of unintentional injuries are preventable and predictable. Deaths due to unintentional injury often occur as a result of motor vehicle accidents, falls, firearms, drownings, suffocations, bites, stings, sports/recreational activities, natural disasters, fires, burns and poisonings. Public Health prevention strategies including minimum age drinking requirements, seatbelt and helmet laws, smoke alarms, exercise programs and other safety awareness campaigns reduce unintentional injury and death.⁵⁶

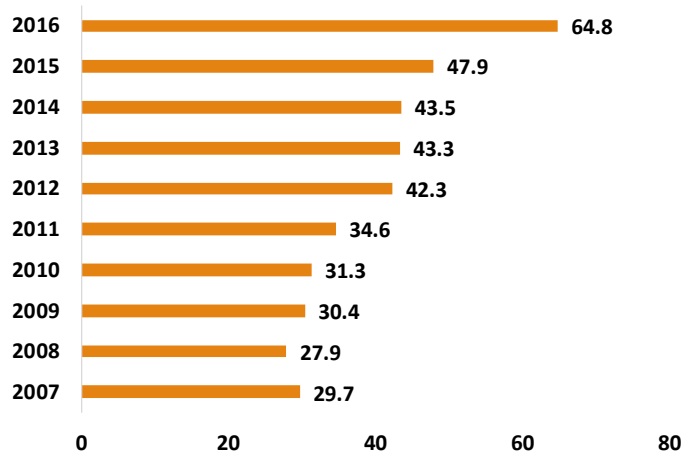
- The unintentional injury death rate increased from 43.5/100,000 in 2014, to 64.8/100,000 in 2016. Ocean County ranked in the bottom performing quartile among New Jersey counties and with respect to the *Healthy People 2020* target.
- The 2016 Ocean County unintentional injury AAMR (64.8/100,000) was higher than the State (40.6/100,000) and Monmouth County (42.6/100,000).



Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

⁵⁶ <http://www.cdph.ca.gov/programs/ohir/Pages/UnInjury2010Background.aspx>

Unintentional Injuries Ocean County – Trend



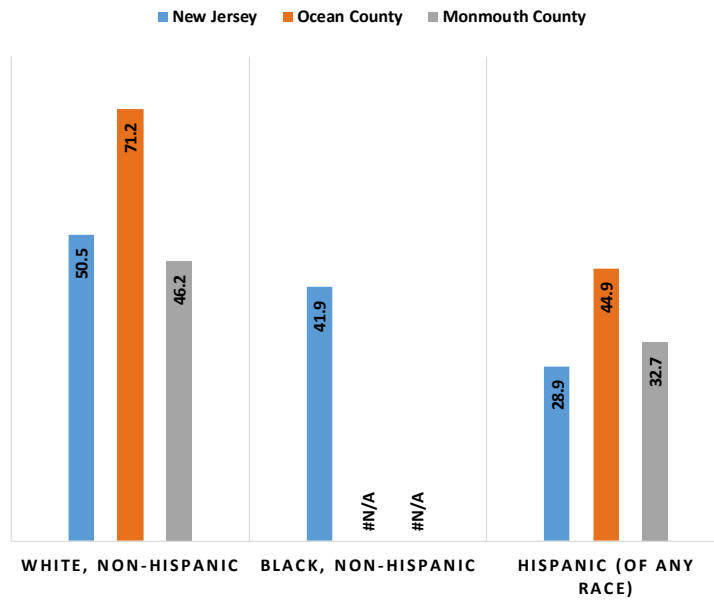
Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.



Baseline: 40.4
Target: 36.4
Ocean County 2016: 64.8

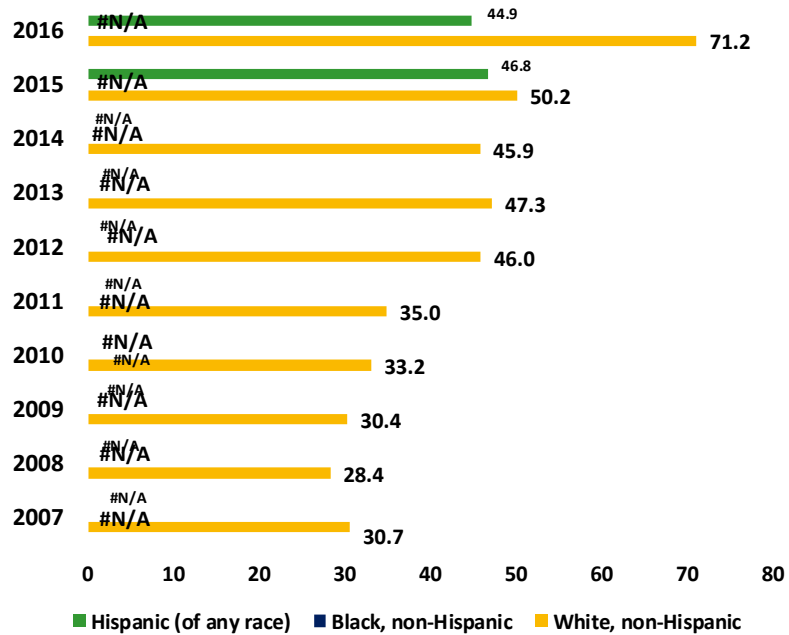
- The 2016 unintentional injury death rate for Whites (71.2/100,000) was higher than the rate for Hispanics (44.9/100,000).

Unintentional Injuries by Race/Ethnicity State & County Comparisons, 2014-2016



Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

Unintentional Injuries by Race/Ethnicity



Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

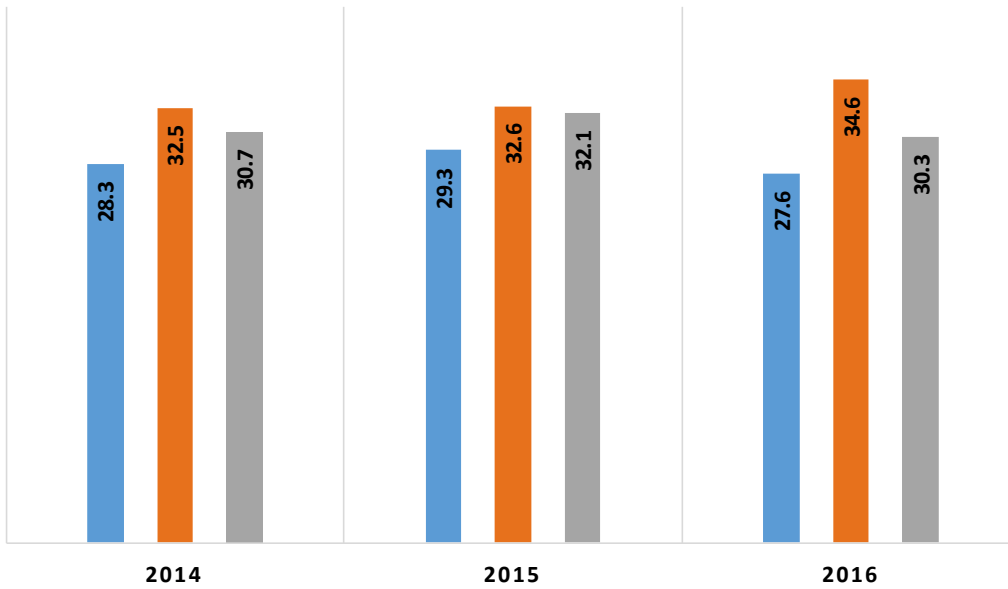
Chronic Lower Respiratory Disease (4)

Chronic Lower Respiratory Diseases (CLRD) is the fourth leading cause of death in Ocean County. CLRD includes chronic bronchitis, emphysema, and asthma, all characterized by shortness of breath caused by airway obstruction. The obstruction is irreversible in chronic bronchitis and emphysema and reversible in asthma.

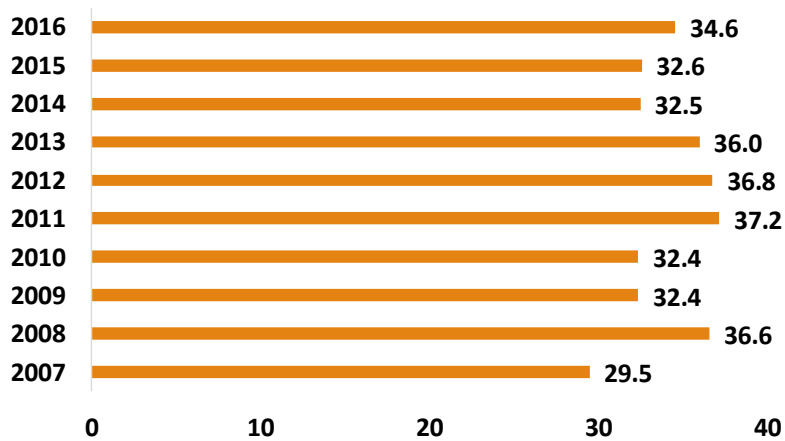
- In 2016, the county-wide AAMR due to chronic lower respiratory disease in Ocean County was higher than the statewide rate and the rate in Monmouth County.
- Since 2007, the AAMR for chronic lower respiratory disease has increased from 29.5/100,000 to 34.6/100,000 in 2016.

Deaths Due to Chronic Lower Respiratory Disease State & County Comparisons, 2014-2016

■ New Jersey ■ Ocean County ■ Monmouth County



Ocean County



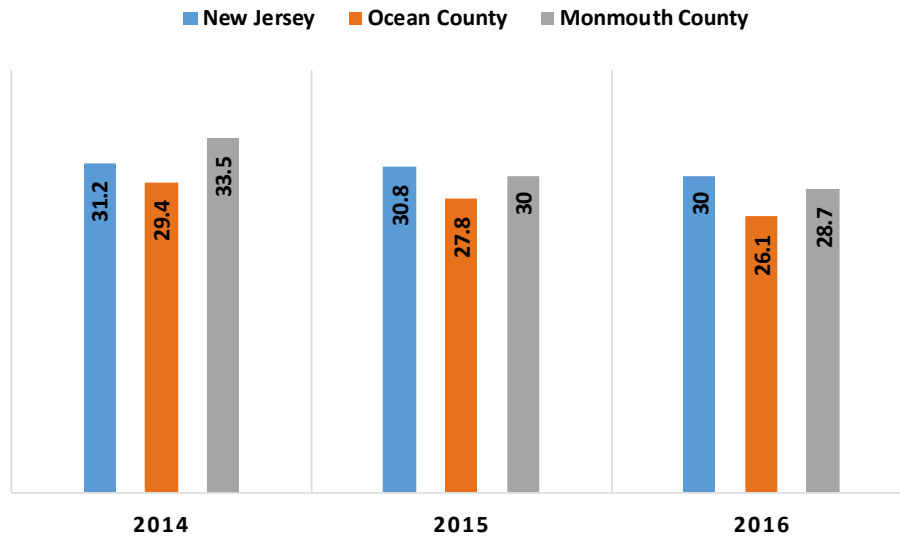
Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

Stroke (Cerebrovascular Diseases) (5)

A stroke occurs when a clot blocks blood supply to the brain or if a blood vessel within the brain bursts.

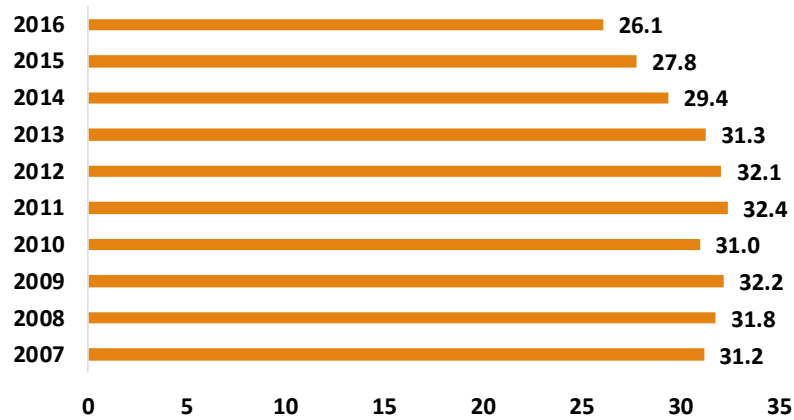
- The Ocean County stroke AAMR decreased from 2014 (29.4/100,000), to 2016 (26.1/100,000). In 2016, the County AAMR was lower than the *Healthy People 2020* target (34.8/100,000).
- The 2016 Ocean County stroke AAMR (26.1/100,000) was lower than the State (30.0/100,000) and Monmouth County (28.7/100,000) and ranks in the top quartile statewide.
- Over the last 10 years, the stroke mortality rate ranged from a high of 32.4/100,000 in 2011, to a low of 26.1/100,000 in 2016.

**Deaths Due to Stroke: Age-Adjusted Rate/100,000 Population
State & County Comparisons, 2014-2016**



Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

**Deaths Due to Stroke: Age-Adjusted Rate/100,000 Population
Ocean County – Trend**



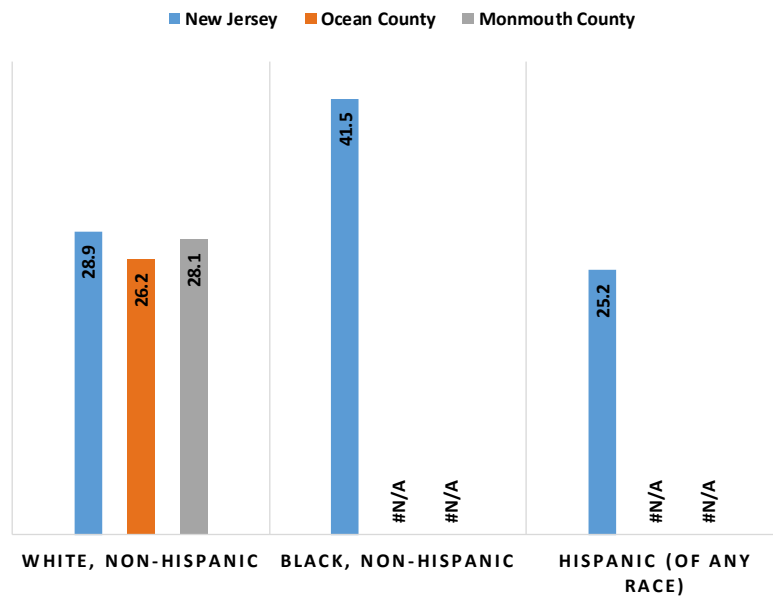
Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.



Baseline: 43.5
Target: 34.8
Ocean County 2016: 26.1

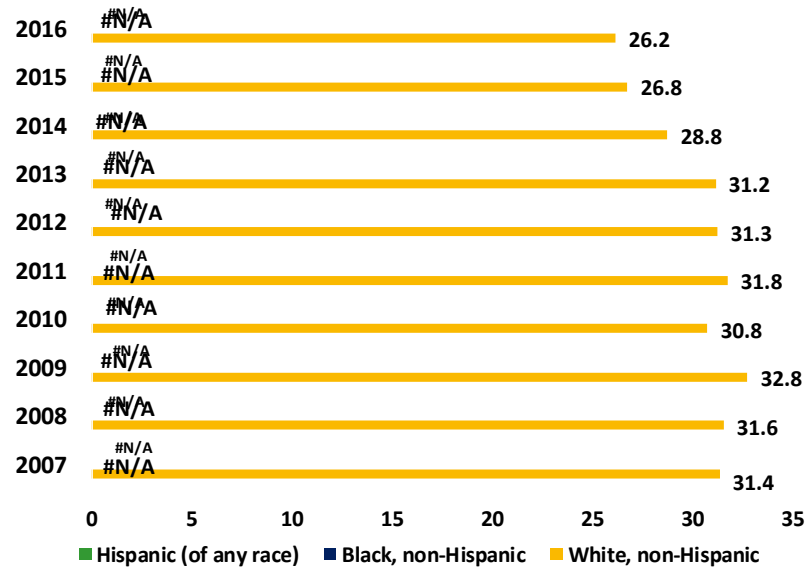
- By race/ethnicity in 2016, Blacks (41.5/100,000) in New Jersey had the highest death rate due to stroke statewide compared to Whites (28.9/100,000) and Hispanics (25.2/100,000).

**Deaths Due to Stroke: Age-Adjusted Rate/100,000 Population
By Race/Ethnicity
State & County Comparisons, 2014-2016**



Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

Deaths Due to Stroke: Age-Adjusted Rate/100,000 Population By Race/Ethnicity



Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Deaths Due to Diseases of The Heart <i>Age-Adjusted Rate/100000 Population</i>		N.A.	
Deaths Due to Diseases of The Heart (Black, Non-Hispanic) <i>Age-Adjusted Rate/100000 Population</i>	N.A.	N.A.	
Deaths Due to Malignant Neoplasms (Cancer) <i>Age-Adjusted Rate/100000 Population</i>		N.A.	
Deaths Due to Malignant Neoplasms (Cancer) (Black, Non-Hispanic) <i>Age-Adjusted Rate/100000 Population</i>	N.A.	N.A.	
Deaths Due to Cerebrovascular Disease (Stroke) <i>Age-Adjusted Rate/100000 Population</i>		N.A.	
Deaths Due to Cerebrovascular Disease (Stroke) (Whites, Non-Hispanic) <i>Age-Adjusted Rate/100000 Population</i>	N.A.	N.A.	
Deaths Due to Unintentional Injuries <i>Age-Adjusted Rate/100000 Population</i>		N.A.	
Deaths Due to Unintentional Injuries (Whites, Non-Hispanic) <i>Age-Adjusted Rate/100000 Population</i>	N.A.	N.A.	
Deaths Due to Chronic Lower Respiratory Deaths <i>Age-Adjusted Rate/100000 Population</i>	N.A.	N.A.	

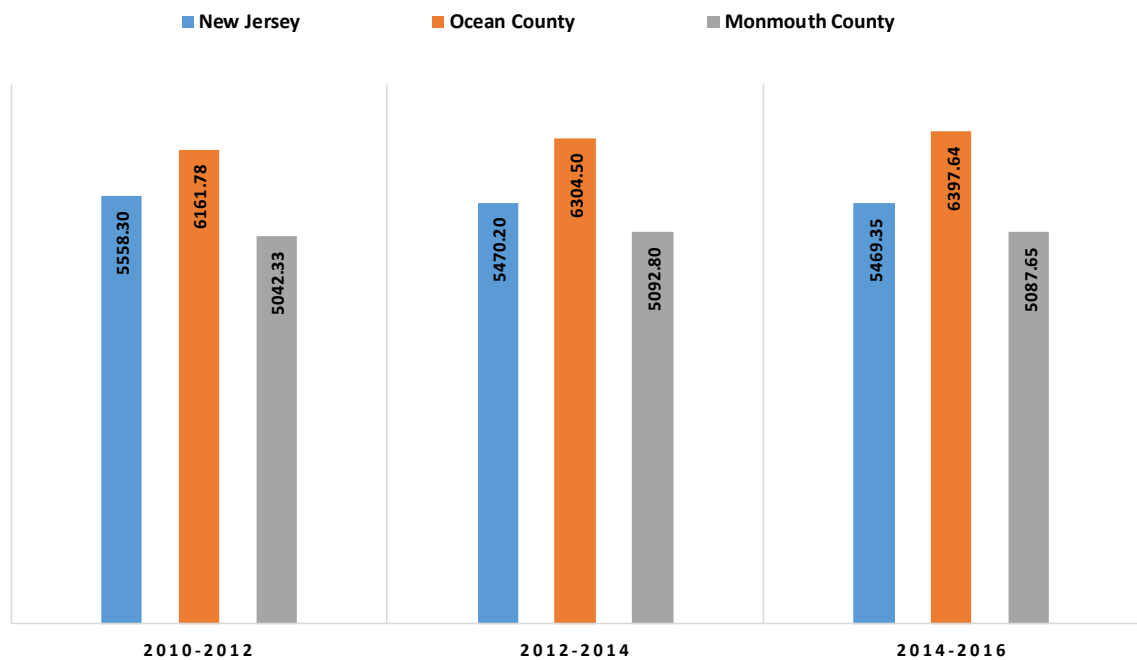
RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

2. Premature Deaths

An alternate method to reviewing crude or age-adjusted death rates as a measure of premature mortality is assessing Years of Potential Life Lost (YPLL). YPLL calculate the number of years of potential life lost for each death occurring before a predetermined end point, in this case, age 75 per 100,000 population. Premature deaths are reviewed to highlight potentially preventable adverse outcomes.

- The Ocean County YPLL rate increased from 6,161.78/100,000 for the period 2010-2012, to 6,397.64/100,000 for the period from 2014-2016. The 2014-2016 Ocean County YPLL rate (6,397.64/100,000) was higher than the statewide rate (5,469.35/100,000) and ranks in the middle performing statewide quartile.
- The 2014-2016 Ocean County YPLL rate (6,397.64/100,000) ranked in the middle quartile in terms of the County Health Ranking benchmark (5,300/100,000).

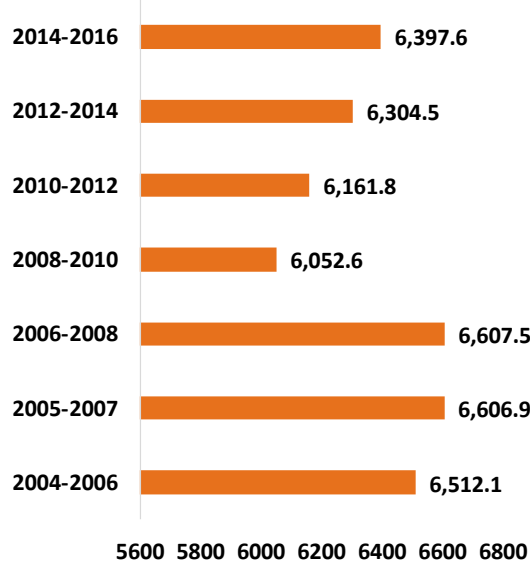
**Premature Death: Years of Potential Life Lost Before Age 75: Age-Adjusted Rate/100,000 Population
State & County Comparisons, 2010-2016**



Source: County Health Rankings; National Vital Statistics System

Note: Every death occurring before the age of 75 contributes to the total number of years of potential life lost

**Premature Death: Years of Potential Life Lost Before Age 75: Age-Adjusted Rate/100,000 Population
Ocean County**



Source: County Health Rankings; National Vital Statistics System

Note: Every death occurring before the age of 75 contributes to the total number of years of potential life lost



National Benchmark: 5300.00
Ocean County 2014-2016: 6,397.64

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Premature Death: Years of Potential Life Lost Before Age 75 <i>Age-Adjusted Rate/100000 Population</i>	N.A.		

RED: Poorest Performing Quartile

Yellow: Middle Quartiles

Green: Best Performing Quartile

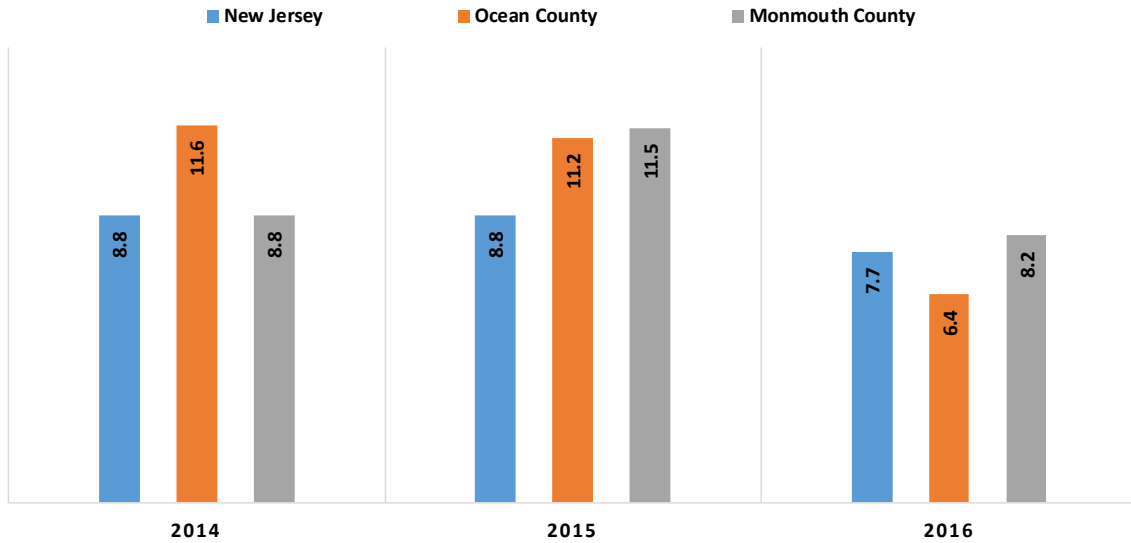
3. Behavioral Health-Related Deaths

Mental health is a state of well-being in which an individual realizes his or her own abilities, copes with normal life stresses, works productively, and is able to contribute to his or her community. Mental illness is diagnosable mental disorders or health conditions characterized by alterations in thinking, mood, or behavior (or some combination thereof) associated with distress and/or impaired functioning. Depression, the most common type of mental illness, is associated with higher rates of chronic disease, increased health care utilization, and impaired functioning. However, rates of mental illness treatment remain low, and often the treatment received is inadequate.

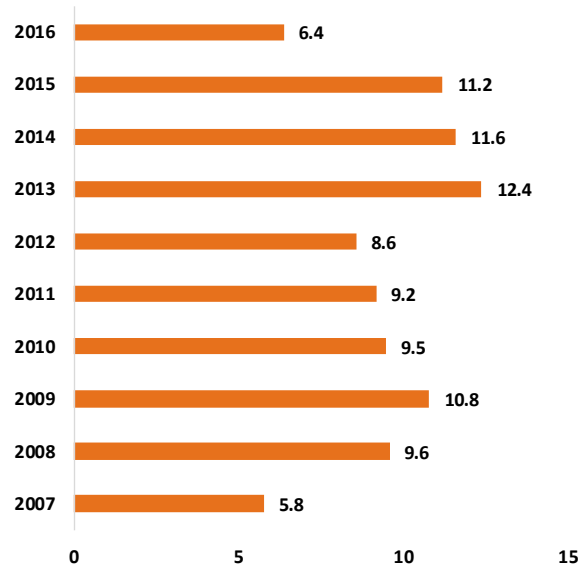
- Statewide deaths due to suicide decreased from 2014 (8.8/100,000) to 2016 (7.7/100,000), or 12.5%, while Ocean County's suicide rate declined from 11.6/100,000 to 6.4/100,000 for the same period.
- Ocean County's 2016 suicide rate was lower than the rate statewide and the rate for Monmouth County, and ranked in the middle quartile for all New Jersey counties.
- The 2016 Ocean County suicide rate (6.4/100,000) was lower than the *Healthy People 2020* target (10.2/100,000) and ranked in the top performing quartile.

Deaths Due to Suicide: Age-Adjusted Rate/100,000 Population

State & County Comparisons, 2014-2016



Ocean County



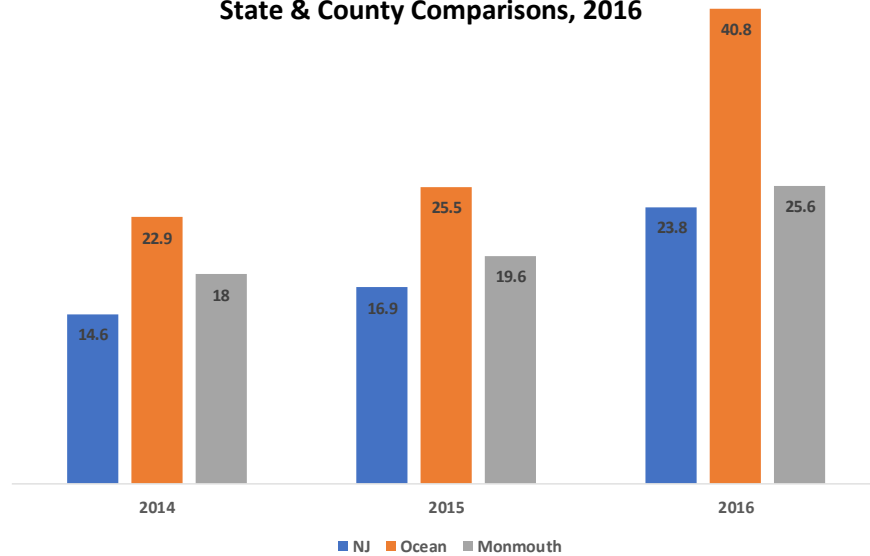
Source: NJDOH Center for Health Statistics; NJ State Health Assessment Data



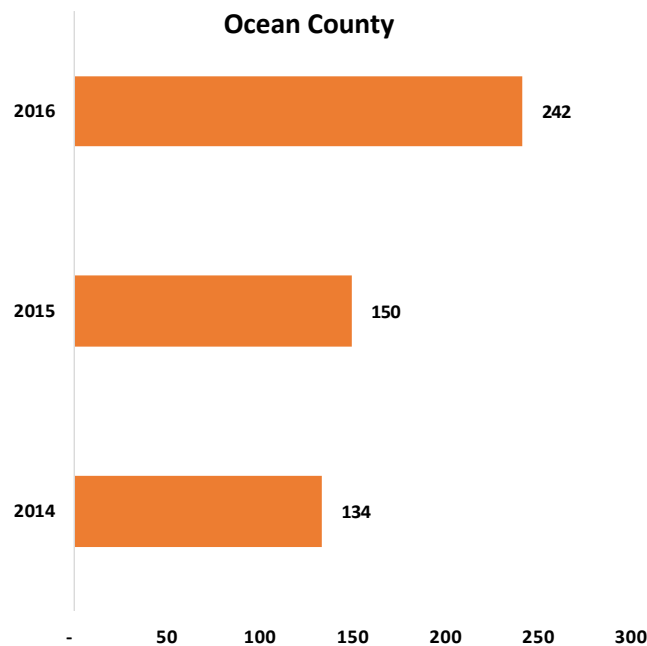
Baseline: 11.3
 Target: 10.2
 Ocean County 2016: 6.4

- Between 2014 and 2016, the rate of drug overdose deaths in Ocean County increased from 22.9/100,000 to 40.8/100,000.
- Drug overdose deaths in Ocean County increased from 134 to 242.

**Drug Overdose Deaths, Rate/100,000 Population
State & County Comparisons, 2016**



Ocean County



Source: <http://www.nj.gov/humanservices/dmhas/publications/statistical/Substance%20Abuse%20Overview/2016/statewide.pdf>

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National Benchmark: 10
Ocean County 2016: 25.0

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Deaths Due to Suicide <i>Age-Adjusted Rate/100,000 Population</i>		N.A.	
Drug overdose deaths	N.A.		

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

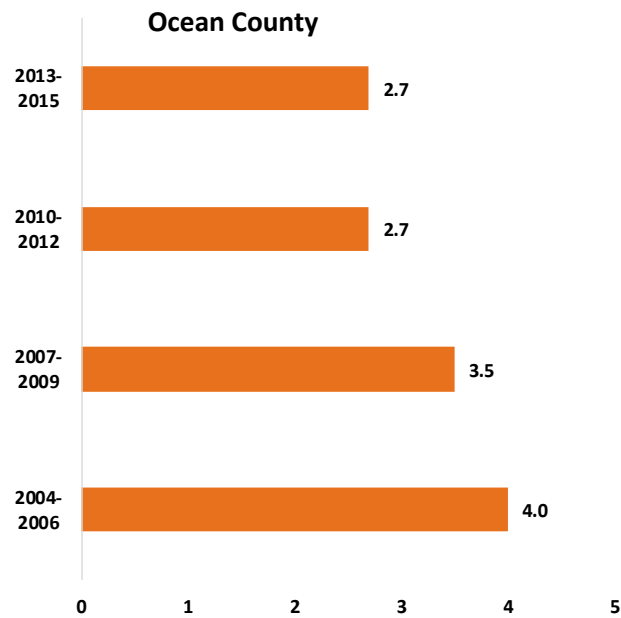
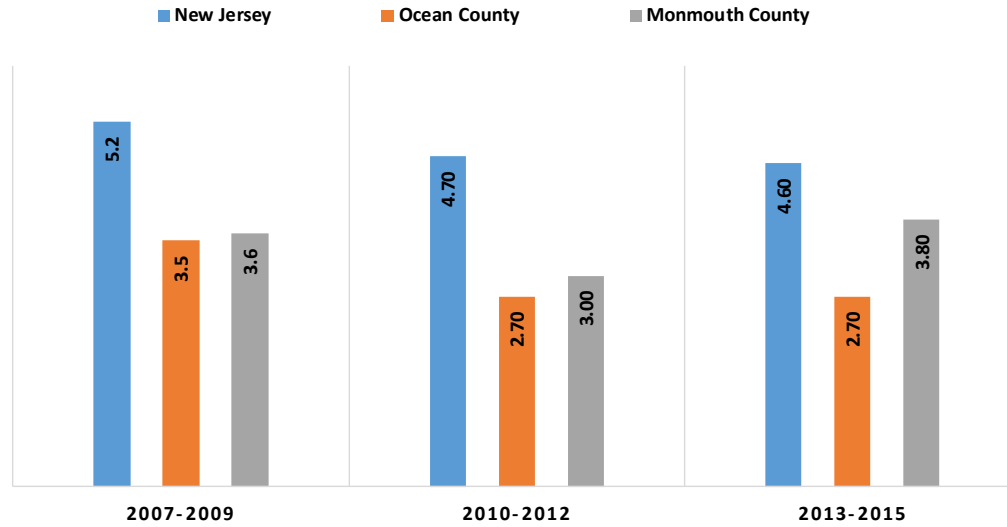
4. Infant Mortality

Infant mortality, the death of a baby prior to his or her first birthday, is *traditionally* used as an indicator of the health and well-being of a nation. Infant mortality is calculated as the number of infant deaths under age 1 per 1,000 live births. Great disparities exist in infant mortality by age, race, and ethnicity. Most frequent causes are serious birth defect, preterm birth / low birth weight, Sudden Infant Death Syndrome (SIDS), maternal complications of pregnancy, and injury.⁵⁷

- The overall infant mortality rate declined statewide from the period 2007-2009 (5.2/100,000) to 2013-2015 (4.6/100,000).
- The Ocean County infant mortality rate declined from 3.5/100,000 to 2.7/100,000 between 2013 and 2015.
- Ocean County ranks in the top performing quartile among New Jersey counties for overall infant mortality in 2013-2015 and is in the best performing quartile for the *Healthy People 2020* target and the County Health Ranking benchmark.

⁵⁷ <http://www.cdc.gov/reproductivehealth/maternalinfanthealth/infantmortality.htm>

Infant Mortality Rate: Rate of Infant (Under 1 Year) Deaths/1,000 Live Births State & County Comparisons, 2007-2015



Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2015 is most recent year available.



Baseline: 6.7
Target: 6.0
Ocean County 2013-2015: 2.7



National Benchmark: 4.0
Ocean County 2015: 2.7

5. Low and Very Low Birth Weight Infants

Birth weight is the most important factor affecting neonatal mortality and a significant determinant of post neonatal mortality. Low birth weight infants (less than 2,500 grams) are at an increased risk for health problems ranging from neurodevelopmental disabilities to respiratory disorders.⁵⁸ Racial disparities in low birth weight babies persist; nationally, non-Hispanic Black infants continue to die at nearly twice the rate of non-Hispanic Whites.

Low Birth Weight

- In 2016, Ocean County had a lower percentage of low birth weight babies (6.4%) than the State (8.1%) and Monmouth County (7.4%).
- The 2016 percent of Ocean County low birth weight babies was lower than the *Healthy People 2020* target of 7.8%.
- The percentage of Ocean County low birthweight babies was higher among Blacks (20.1%) than for Whites (5.8%) and Hispanics (6.4%) in 2016.

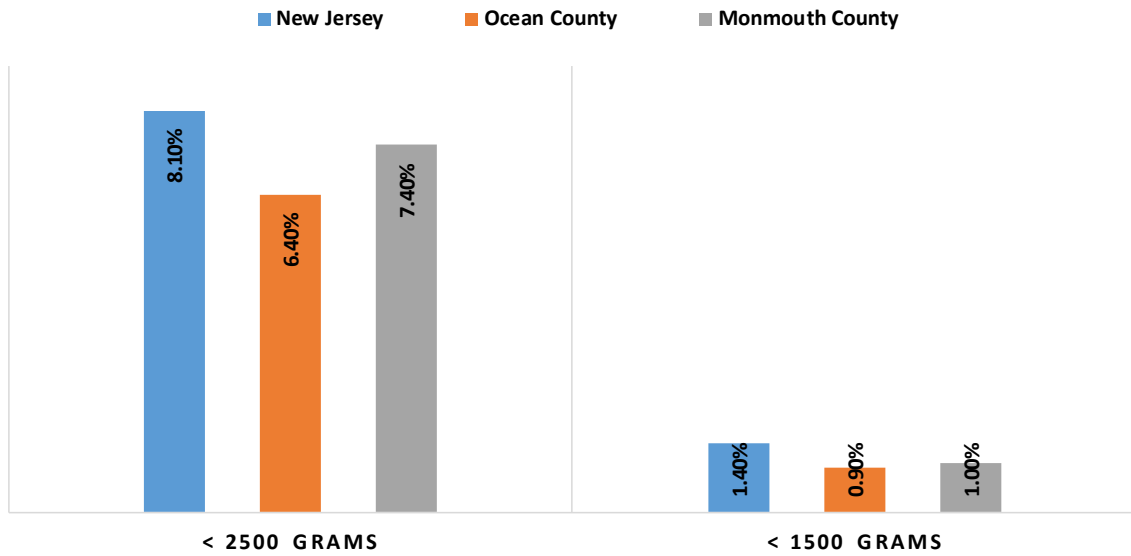
Very low birth weight babies (less than 1,500 grams) are at greater risk of adverse outcomes than low birth weight babies.

Very Low Birth Weight

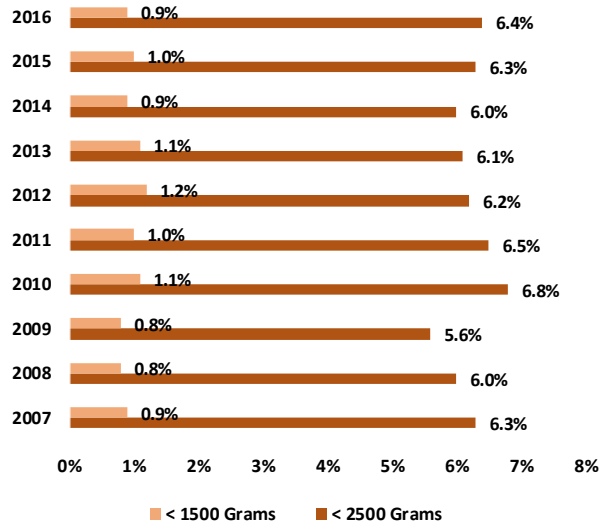
- In 2016, 0.9% of Ocean County babies were very low birth weight as compared to 1.4% statewide.
- The 2016 percent of very low birth weight babies in Ocean County was lower than the rate in Monmouth County (1.0%).
- By race, between 2011 and 2016, the percent of low birth weight babies decreased among Whites from 1.0% to 0.7%, increased from 3.1% to 3.9% for Blacks, and increased from 1.3% to 1.5% for Hispanics.

⁵⁸ http://www.cdc.gov/PEDNSS/how_to/interpret_data/case_studies/low_birthweight/what.htm

Birth Weight: Percent of Live Births with Low and Very Low Birth Weight State & County Comparisons, 2016



Ocean County

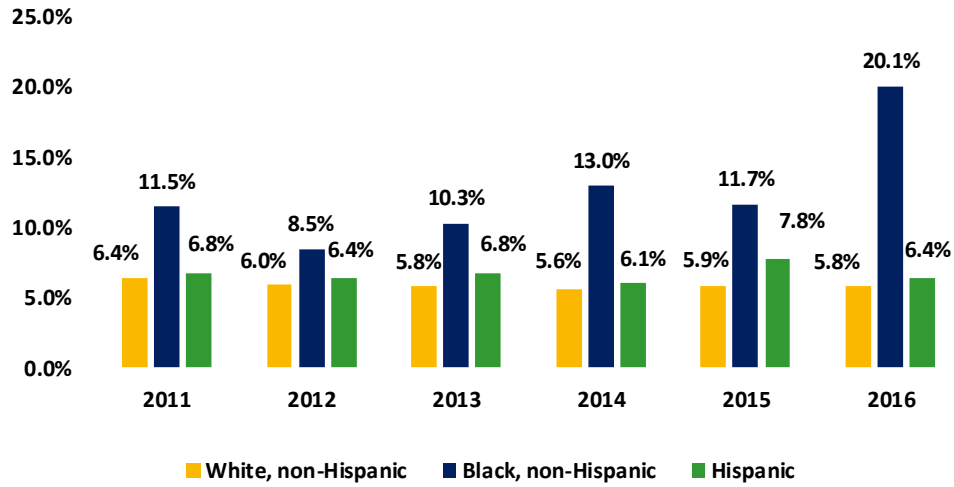


Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database
 Note: Percentages are based on the total number of live births for the County and State



<2500/<1500
 Baseline: 8.20% / 1.50%
 Target: 7.80% / 1.40%
 Ocean County 2016: 6.40% / 0.90%

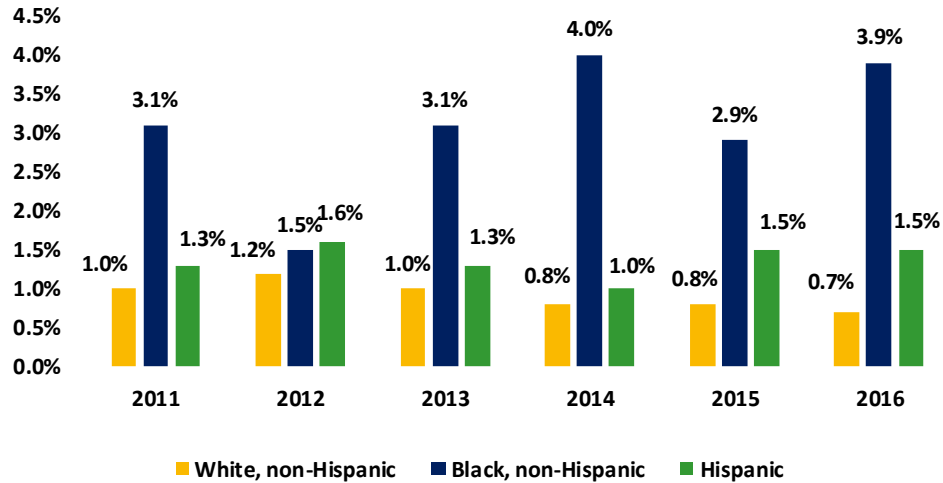
**Low Birth Weight by Mother's Race/Ethnicity: Percent of Live Births with Low Birth Weight
Ocean County, 2011-2016**



Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database

Note: *Percentages are based on the total number of Low or Very Low Birth Weight Births / Live births for the County and State

**Very Low Birth Weight by Mother's Race/Ethnicity: Percent of Live Births with Very Low Birth Weight
Ocean County, 2011-2016**



Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database

Note: *Percentages are based on the total number of Low or Very Low Birth Weight Births / Live births for the County and State

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Infant Mortality Rate <i>Rate of Infant (Under 1 Year) Deaths/1000 Live Births</i>			
Low Birthweight (<2500 Grams) <i>Percentage of Live Births</i>		N.A.	
Low Birthweight (<2500 Grams) (Black Non-Hispanic) <i>Percentage of Live Births</i>	N.A.	N.A.	
Very Low Birthweight (<1500 Grams) <i>Percentage of Live Births</i>		N.A.	
Very Low Birthweight (<1500 Grams) (Black Non-Hispanic) <i>Percentage of Live Births</i>	N.A.	N.A.	

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

6. Health Status and Behavioral Health Status

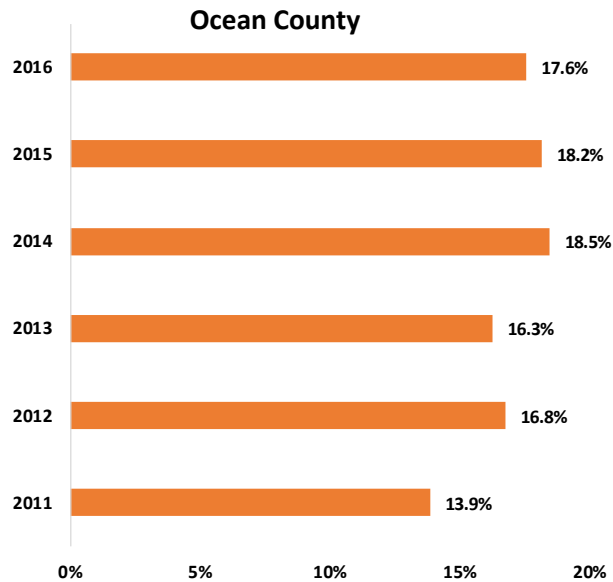
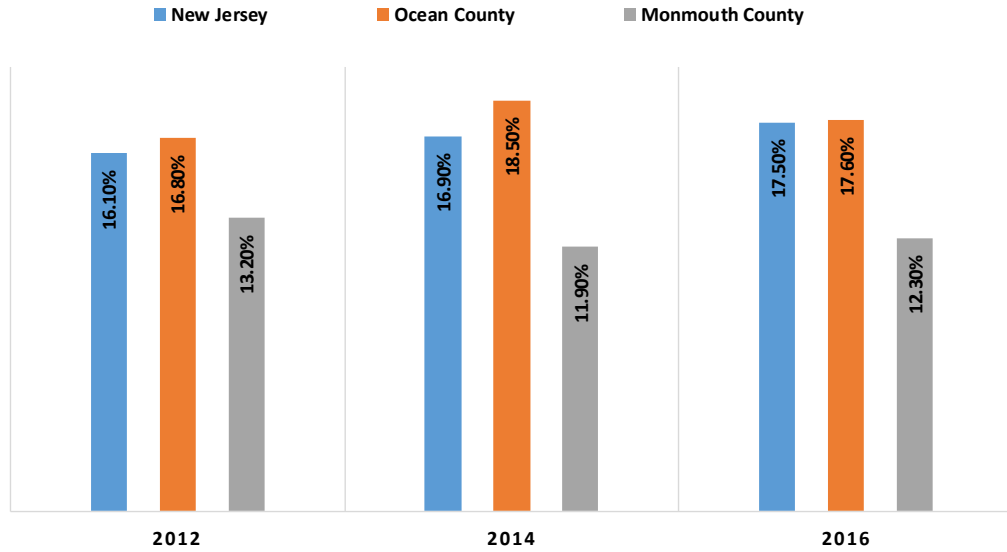
Health status and behavioral health status are broad multidimensional concepts including self-report measures of physical and mental health.

Behavioral Risk Factor Surveillance System (BRFSS), the nation’s premier system of health-related telephone surveys, collects data about U.S. residents regarding health-related risk behaviors, chronic health conditions and use of preventive services. In 1984, the survey began collecting data in 15 states and is currently conducted in all states including Washington D.C. and three United States territories. The most recent data available are for the year 2016.

General Health Status

- Between 2012 and 2016, BRFSS data reported an increase in the percent of Ocean County residents who indicate their health as “poor or fair,” from 16.8% to 17.6%.
- In 2016, 17.5% of New Jersey respondents report that their health is “fair or poor,” slightly lower than the rate among Ocean County residents.
- As compared to all New Jersey counties, Ocean County residents with “fair or poor” health rank in the middle performing quartile.
- As compared to the County Health Ranking, Ocean County residents report with “fair or poor” health rank in the bottom quartile.

Percent of Respondents Reporting Their Health as “Fair or Poor” State & County Comparisons, 2012-2016



Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

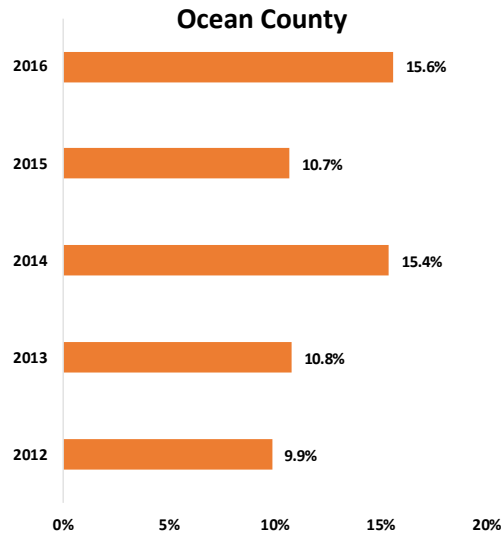
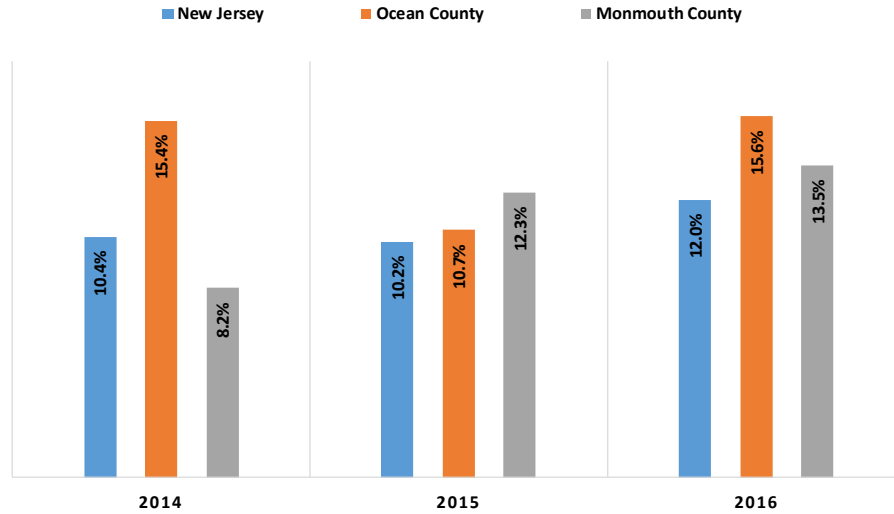
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National Benchmark: 12%
Ocean County 2016: 17.6%

- NJBRFSS reports that the number of Ocean County adults with 14 or more physically unhealthy days (in the last 30 days) increased 5.7 percentage points between 2012 (9.9%) and 2016 (15.6%).
- Ocean County residents with 14+/30 days of poor physical health rank in the poorest performing quartile in New Jersey and compared to the County Health Ranking benchmark.

Percent Reporting 14 or More of the Past 30 Days Physical Health Not Good: Age-Adjusted State & County Comparisons, 2014-2016



Source: New Jersey Behavioral Risk Factor Survey

Note: The physical health measure is based on response to the question: "Now thinking about your physical health which includes physical illness and injury for how many days during the past 30 days was your physical health not good?"

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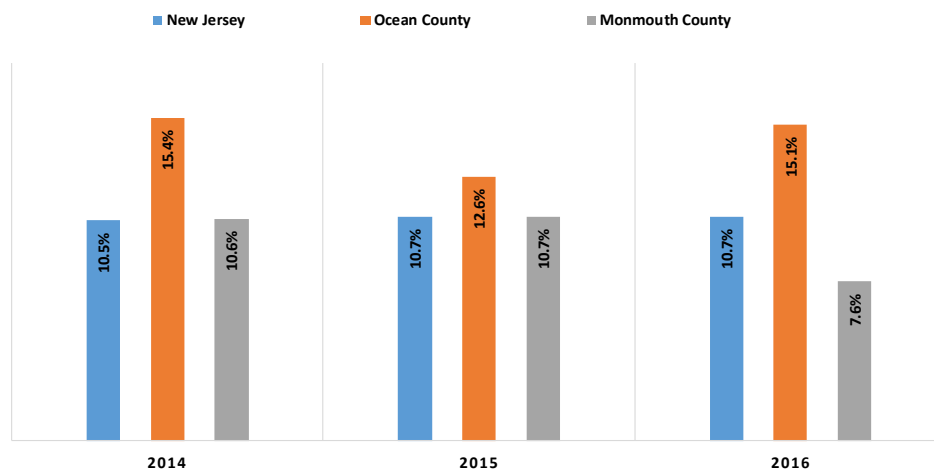
National Benchmark: 3.0%
Ocean County 2016: 15.6%

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Reported "Fair" or "Poor" Health Percent of Respondents	N.A.	Red	Yellow
Physically Unhealthy Days Reported in the Past 30 Days Average Age-Adjusted Number	N.A.	Red	Red
RED: Poorest Performing Quartile Yellow: Middle Quartiles Green: Best Performing Quartile			

Behavioral Health Status

- County-wide, adults who report 14 or more of the past 30 days with "not good" mental health status decreased slightly from 15.4% in 2012, to 15.1% in 2016. The 2016 Ocean County report of 14+/30 days with "not good" mental health was higher than New Jersey at 10.7%.
- As compared to all New Jersey counties, Ocean County residents with 14+/30 days of poor physical health ranks in the worst performing quartile.
- As compared to County Health Ranking Ocean County ranks in the bottom quartile.

Frequent Mental Distress
Percent Reporting 14 or More of the Past 30 Days Mental Health Not Good
State & County Comparisons, 2014-2016



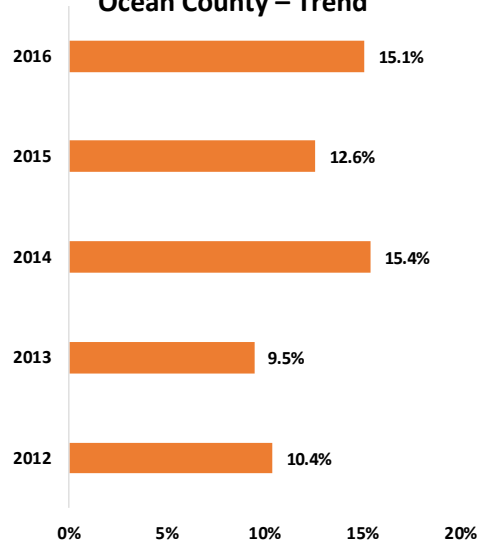
Source: New Jersey Behavioral Risk Factor Survey

Note: The physical health measure is based on response to the question: "Now thinking about your physical health which includes physical illness and injury for how many days during the past 30 days was your physical health not good?"

County Health Rankings & Roadmaps
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National Benchmark: 3.1%
 Ocean County 2016: 15.1%

**Frequent Mental Distress
Percent Reporting 14 or More of the Past 30 Days Mental Health Not Good
Ocean County – Trend**

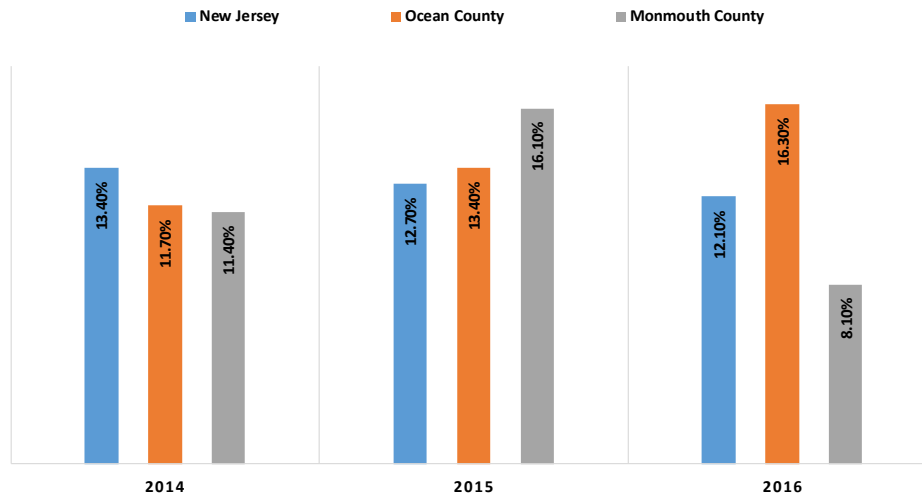


Source: New Jersey Behavioral Risk Factor Survey

Note: The physical health measure is based on response to the question: “Now thinking about your physical health which includes physical illness and injury for how many days during the past 30 days was your physical health not good?”

- Between 2012 and 2016, the percent of Ocean County residents reporting a history of depression increased from 11.7% to 16.3%.
- The Ocean County rate for history of depression was higher than the statewide rate (12.1%) and ranked in the worst performing quartile among New Jersey counties.

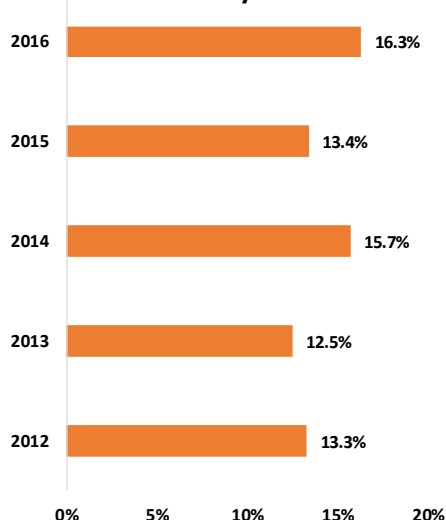
**History of Diagnosed Depression
State & County Comparisons 2014-2016**



Source: New Jersey Behavioral Risk Factor Survey

Note: The frequent mental distress health measure is based on response to the question: “Now thinking about your mental health which includes stress depression and problems with emotions for how many days during the past 30 days was your mental health not good?”

History of Diagnosed Depression Ocean County – Trend



Source: New Jersey Behavioral Risk Factor Survey

Note: The frequent mental distress health measure is based on response to the question: “Now thinking about your mental health which includes stress depression and problems with emotions for how many days during the past 30 days was your mental health not good?”

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Mentally Unhealthy Days Reported in the Past 30 Days <i>Average Age-Adjusted Number</i>	N.A.		
History of Diagnosed Depression	N.A.	N.A.	
<i>RED: Poorest Performing Quartile</i>			
<i>Yellow: Middle Quartiles</i>			
<i>Green: Best Performing Quartile</i>			

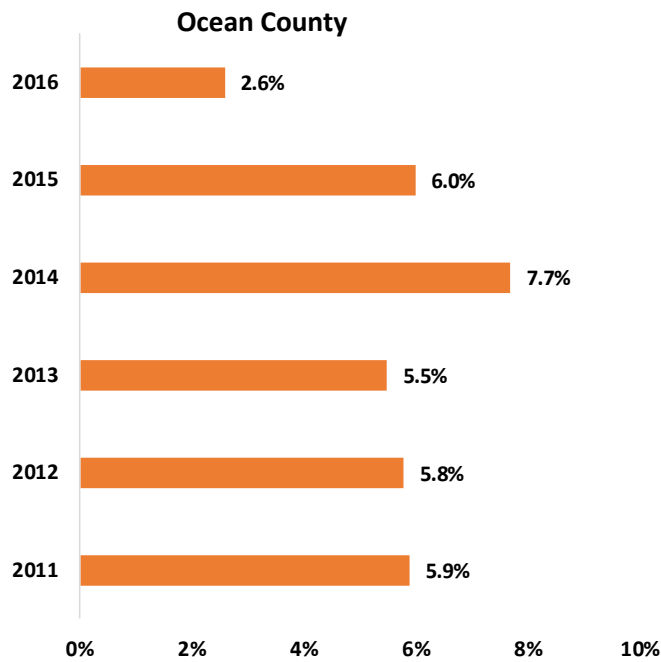
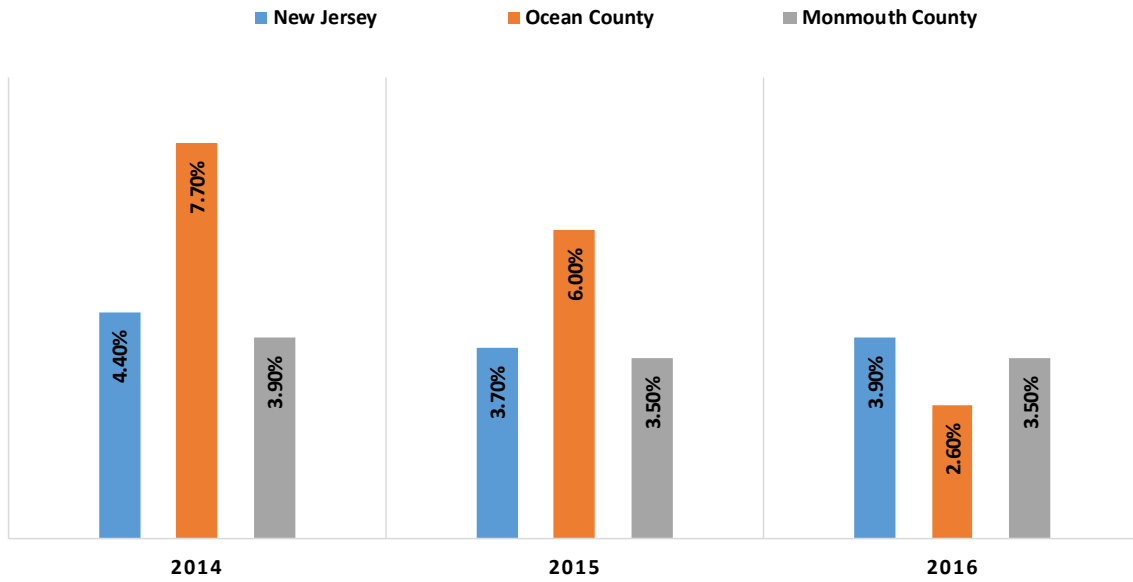
7. Morbidity

Morbidity, the rate of disease incidence, is a measure of quality of life and how healthy a population is in terms of being disease free.

Heart Disease

- According to BRFSS, the percent of Ocean County residents told they have angina or coronary heart disease decreased from 7.7% in 2014, to 2.6% in 2016. In 2016, BRFSS indicates 3.9% of New Jersey respondents have angina or coronary heart disease.
- As compared to New Jersey, Ocean County residents reporting angina or coronary heart disease ranks in the top performing quartile.

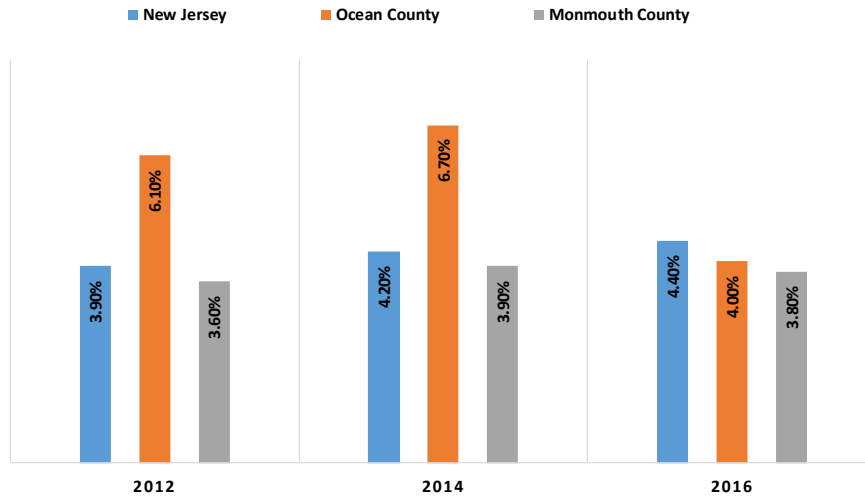
**Cardiovascular Disease (Percent “Yes”)
Were You Ever Told You Had Angina or Coronary Heart Disease?
State & County Comparisons, 2014-2016**



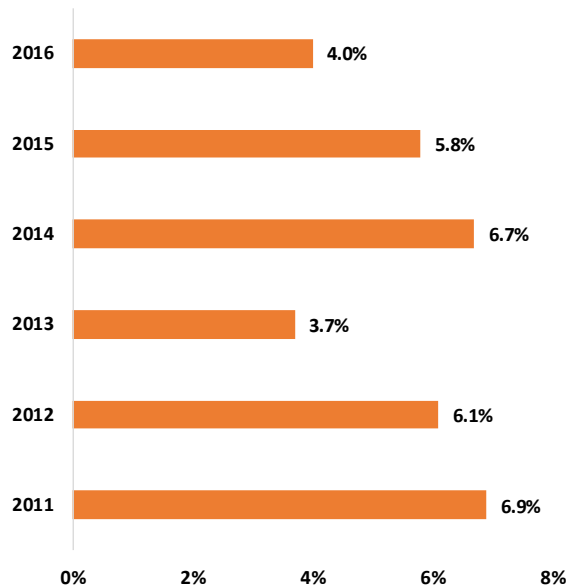
Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

- According to BRFSS, the percent of Ocean County residents told they have had a heart attack declined 2.9 percentage points from 6.1% in 2011 to 4.0% in 2016. In 2016, BRFSS indicated 4.0% of New Jersey respondents were told they had a heart attack.
- Ocean County ranks in the middle performing quartile compared to all 21 New Jersey counties for residents who had a heart attack.

**Cardiovascular Disease (Percent “Yes”)
Were You Ever Told You Had a Heart Attack? (Myocardial Infarction)**



Ocean County

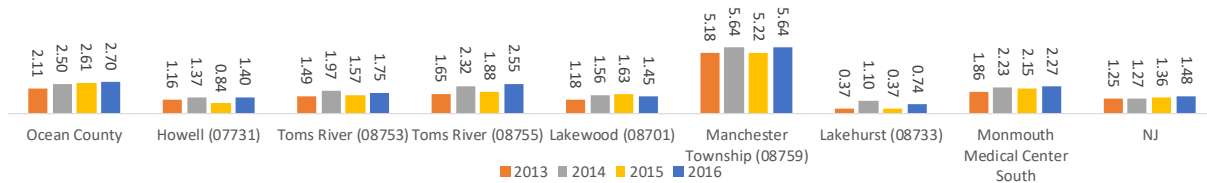


Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

Heart Disease Hospital Use Rates for County, MMCSC Service Area, and Selected Towns

- In 2016, the rate of Ocean County residents using a hospital service with a heart attack diagnosis was higher than those in the State and in the MMCSC Service Area.
- Manchester Township had the highest rate of patients hospitalized with a diagnosis of heart attacks at 5.64/1,000 and Lakehurst residents reported the lowest rate of heart attack at 0.74/1,000.

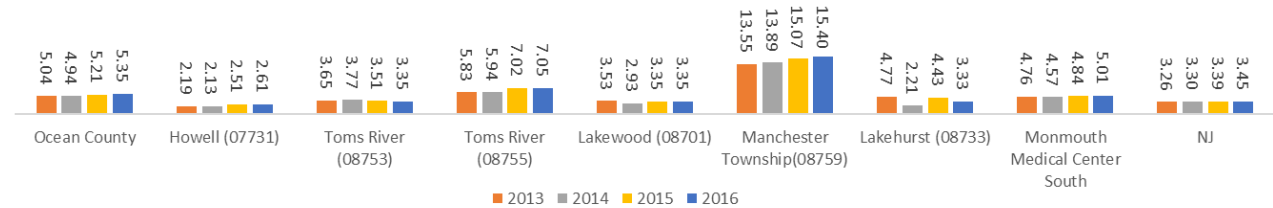
Heart Attack: Acute Care IP, Same Day and ED Discharges; Rate / 1,000 Population, 2013-2016



Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges for MS-DRGs 280-285

- In 2016, the rate of patients hospitalized with a diagnosis of heart failure in Ocean County was higher than MMCSC’s Service Area.
- In 2016, Manchester Township residents exhibited the highest rate of patients hospitalized with a diagnosis of heart failure/CHF at 15.40/1,000 and Howell residents had the lowest rate at 2.61/1,000.

Heart Failure/CHF: Acute Care IP; Same Day and ED Discharges; Rate / 1,000 Population, 2013-2016

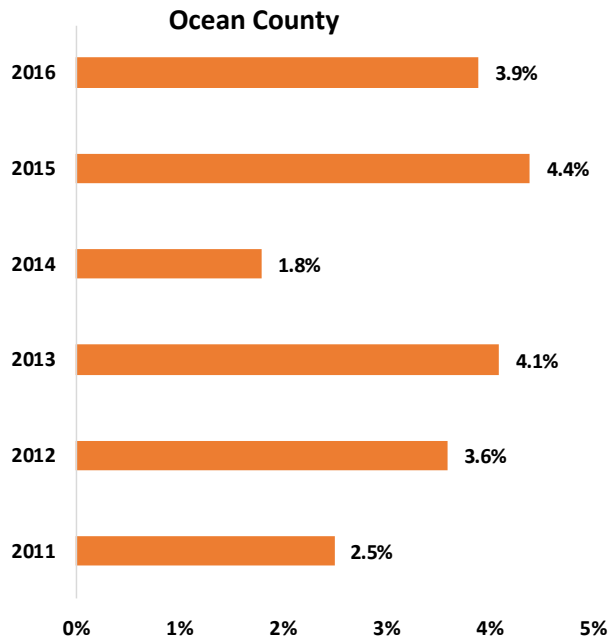
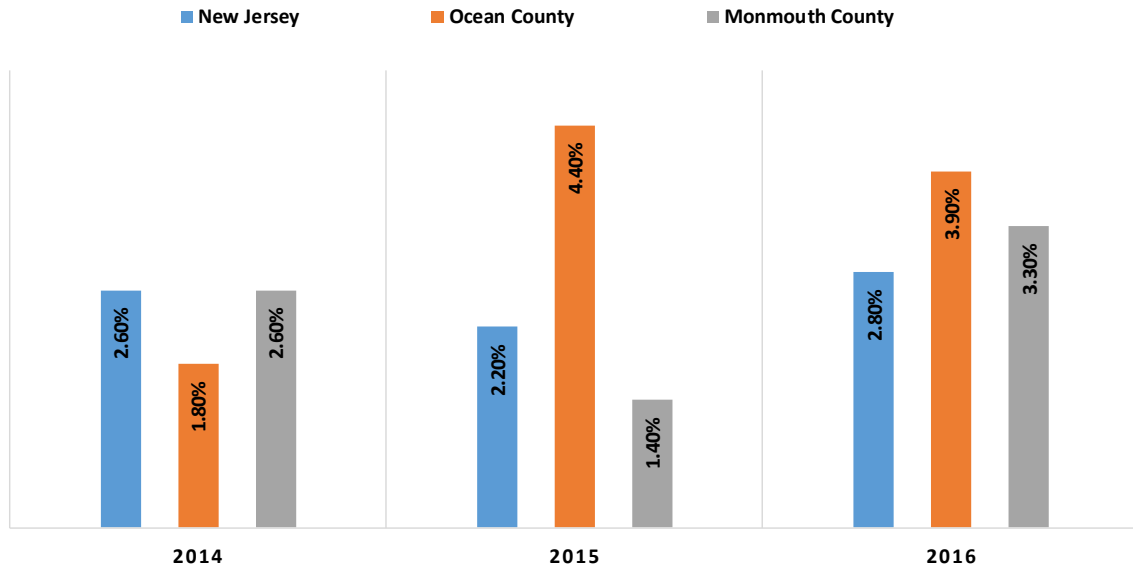


Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges for MS-DRGs 291-293

Stroke

- In 2016, BRFSS reported 3.9% of Ocean County respondents indicated they had a stroke.
- In 2016, Ocean County (3.9%) reported a higher rate of strokes than the State (2.8%) and Monmouth County residents (3.3%).
- Ocean County ranks in the bottom quartile of New Jersey counties for percentage of the population that had a stroke.

**Cardiovascular Disease (Percent “Yes”): Have You Ever Been Told You Had a Stroke?
State & County Comparisons, 2014-2016**

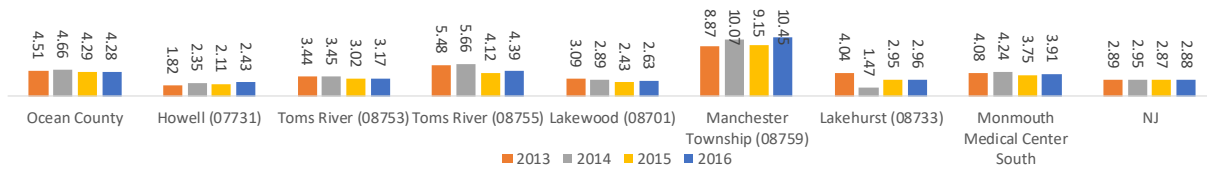


Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

Stroke Hospital Use Rates for County, MMCSC Service Area, and Selected Towns

- From 2013 through 2016, Ocean County had a higher rate of patients using a hospital service with stroke/TIA diagnosis compared to the MMCSC Service Area.
- In 2016, Manchester Township (10.45/1,000) had a higher rate for patients hospitalized for stroke/TIA diagnosis than the State, County or MMCSC Service Area.

Stroke/TIA: Acute Care IP; Same Day and ED Discharges; Rate / 1,000 Population, 2013-2016



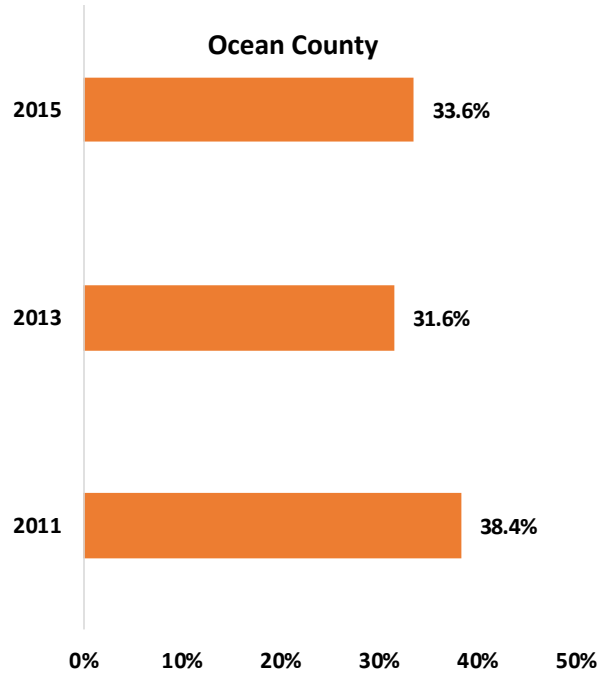
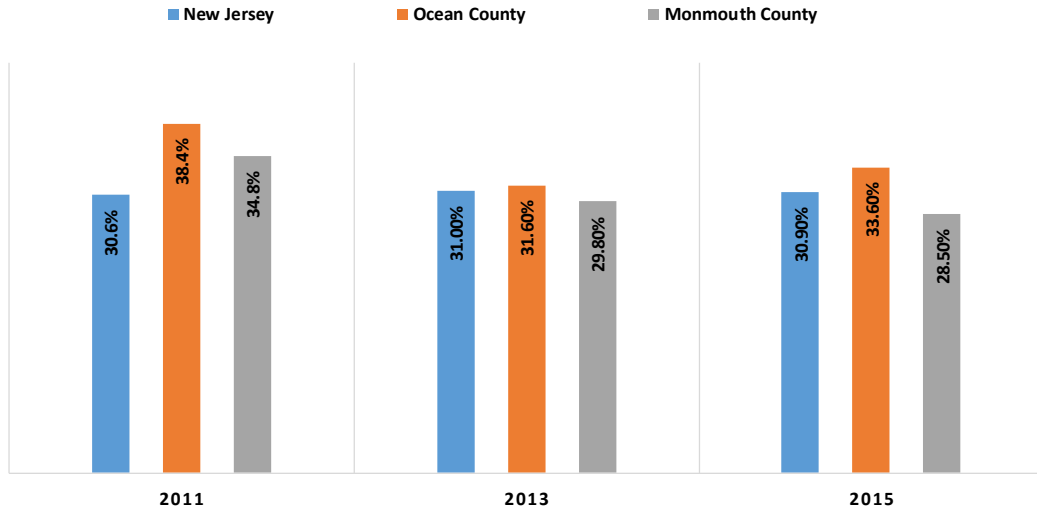
Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges for MS-DRGs 061-069

Hypertension and High Cholesterol

According to the American Heart Association, risk factors associated with developing cardiovascular disease include: high blood pressure, high cholesterol, cigarette smoking, physical inactivity, poor diet, overweight and obesity and Diabetes.

- In 2015, BRFSS reported 33.6% of Ocean County adults were told that they suffered from hypertension, more than New Jersey adults (30.9%), and adults in Monmouth County (28.5%).
- Between 2011 and 2015, Ocean County adults who were told they had high blood pressure decreased 4.8 percentage points.
- In 2015, Ocean County (33.6%) was higher than the *Healthy People 2020* target (26.9%) for adults with high blood pressure.

Adults Who Have Been Told They Have Hypertension State & County Comparisons, 2011-2015



Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

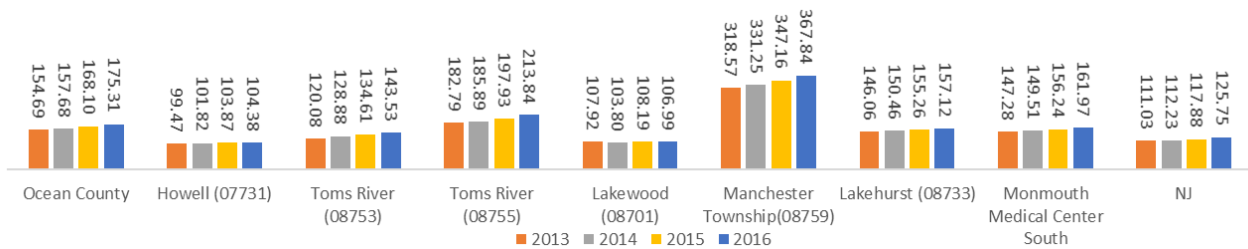


Baseline: 29.9%
Target: 26.9%
Ocean County 2015: 33.6%

Hypertension Hospital Use Rates for County, MMCSC Service Area, and Selected Towns

- Manchester Township had a higher rate of patients using a hospital service with a diagnosis of hypertension for each year from 2013 through 2016 than the MMCSC Service Area.
- In 2016, MMCSC’s Service Area (161.97/1,000) had a lower rate of patients using a hospital service with a hypertension diagnosis than Ocean County (175.31/1,000).

Hypertension: Acute Care IP, Same Day and ED Discharges; Rate / 1,000 Population, 2013-2016

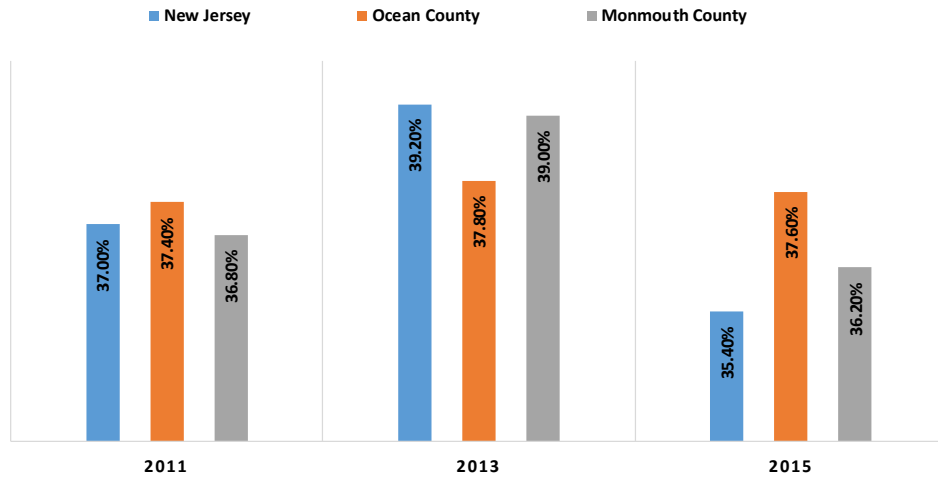


Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges – ICD-9 DX Codes in Range 401-405.99 (Appearing Anywhere In First 13 DX Codes On Patient Record)

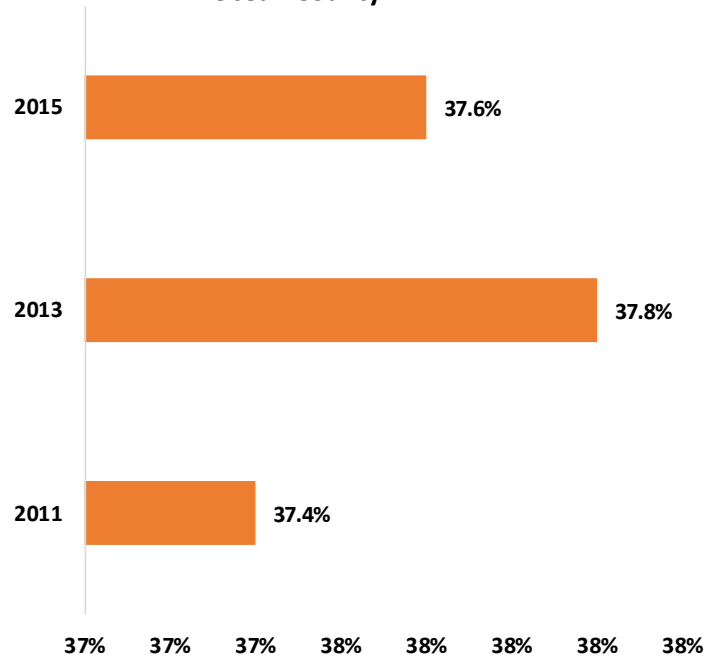
Cholesterol

- In the 2015 BRFSS, 37.6% of Ocean County adults who had their cholesterol checked were told it was high, higher than New Jersey adults (35.4%) and adults in Monmouth County (36.2%).
- The percent of Ocean County adults reporting high cholesterol remained fairly consistent between 2011 and 2015.
- The 2015 Ocean County percent of adults who had their cholesterol checked and were told it was high was nearly three times the *Healthy People 2020* target of 13.5%. Ocean County is in the lowest performing quartile with respect to the *Healthy People 2020* target.

Adults Who Have Had Their Cholesterol Checked and Told It Was High State & County Comparisons, 2011-2015



Ocean County



Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

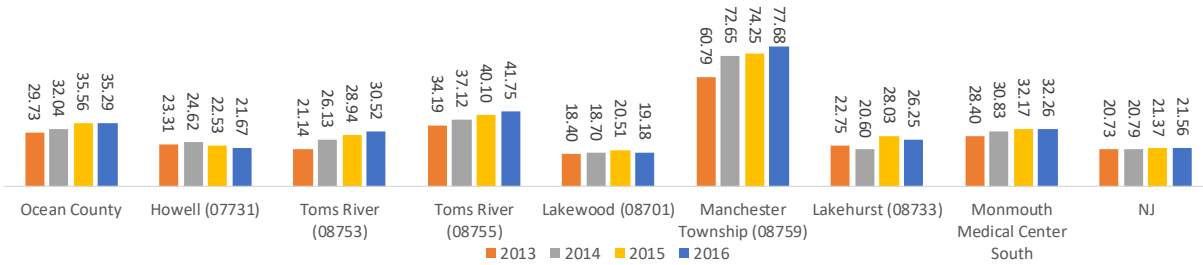


Baseline: 15.0 %
Target: 13.5%
Ocean County 2015: 37.6%

High Cholesterol Hospital Use Rates for County, MMCSC Service Area, and Selected Towns

- The rate of patients using a hospital service with a diagnosis of high cholesterol was higher in MMCSC’s Service Area than the State.
- In 2016, the rate of patients using a hospital service with a diagnosis of high cholesterol was highest in Manchester Township in comparison to the other geographies.

High Cholesterol: Acute Care IP, Same Day and ED Discharges; Rate / 1,000 Population, 2013-2016

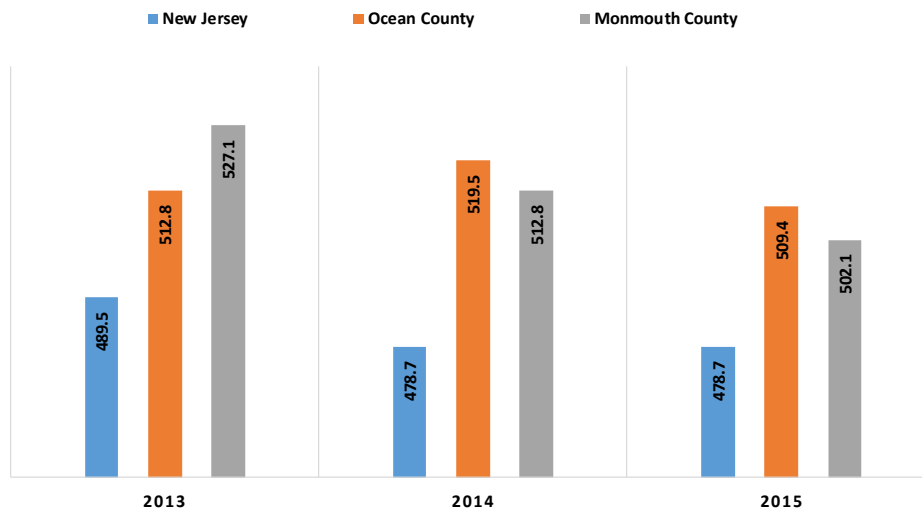


Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges – ICD-9 DX Codes 272.0 or 272.2 (Appearing Anywhere In First 13 DX Codes On Patient Record)

Cancer

- Incidence of overall invasive cancer in Ocean County decreased from 799.5/100,000 in 2007, to 509.4/100,000 in 2015.
- In 2015, the overall incidence of cancer in Ocean County was higher than the State and Monmouth County.

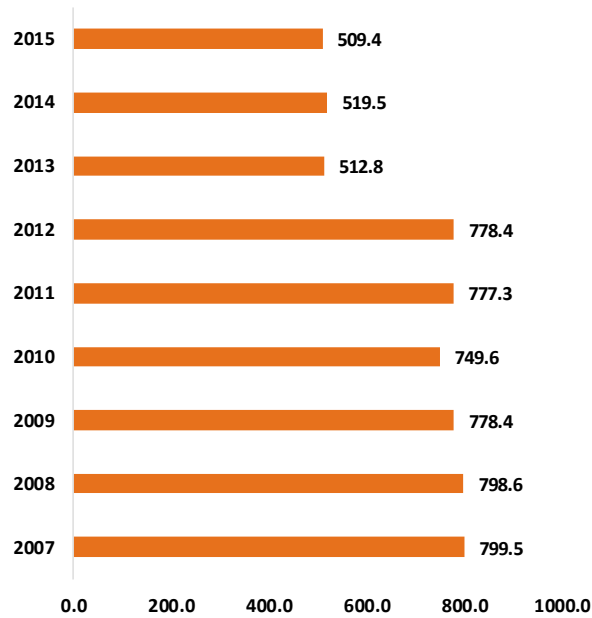
Overall Invasive Cancer Incidence: Age-Adjusted Rate / 100,000 Population State & County Comparisons, 2013-2015



Source: NJDOH New Jersey Cancer Registry

Note: The Rate / 100,000 for Prostate Cancer is based on Males and the Rate / 100000 for Breast Cancer is based on Females

**Overall Invasive Cancer Incidence: Age-Adjusted Rate / 100,000 Population
Ocean County – Trend**



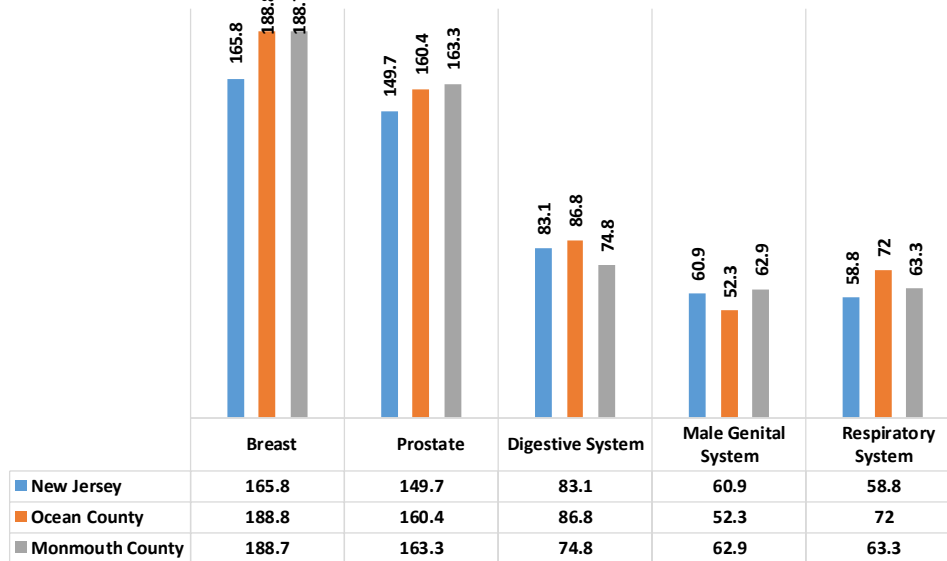
Source: NJDOH New Jersey Cancer Registry

Note: The Rate / 100,000 for Prostate Cancer is based on Males and the Rate / 100,000 for Breast Cancer is based on Females

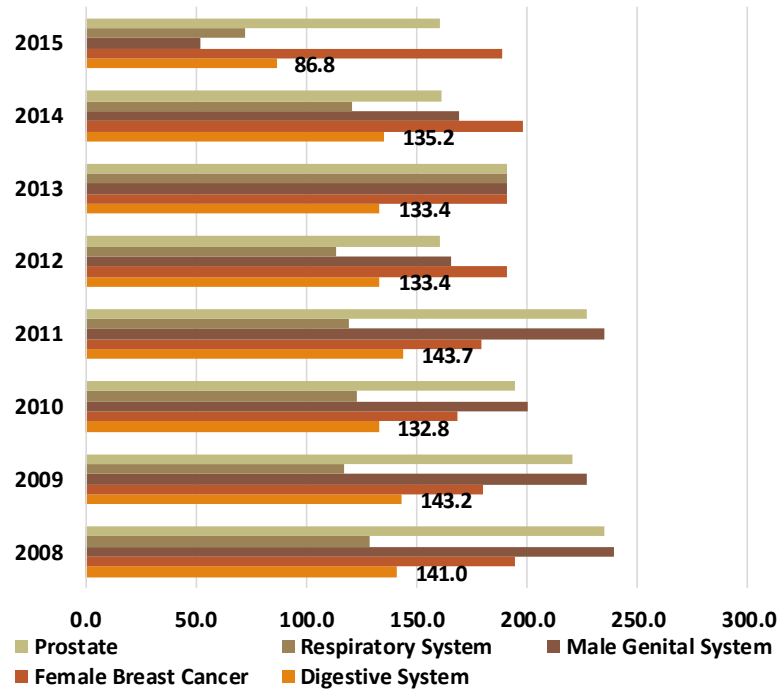
Incidence by Site

- In Ocean County, breast (188.8/100,000) and prostate (160.4/100,000) cancers had the highest incidence rates among the top five cancers, followed by digestive system (86.8/100,000), respiratory system (72.0/100,000) and male genital system (52.3/100,000).
- In 2015, only male genital system cancer incidence rates in Ocean County were lower than New Jersey.
- Prostate and digestive system cancer incidence for Ocean County performs in the middle quartile in comparison to all 21 New Jersey counties.
- Male genital system cancer performs in the top quartile and breast and respiratory cancers perform in the worst performing quartile.

**Invasive Cancer Incidence by Site: Age-Adjusted Rate / 100,000 Population
State & County Comparison, 2015**



Ocean County



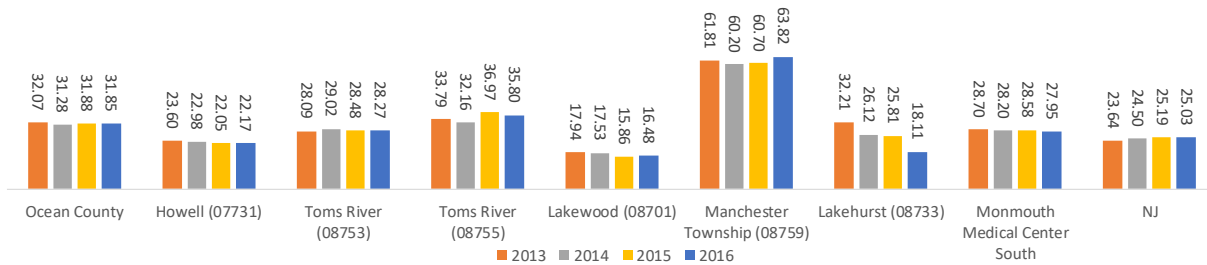
Source: NJDOH New Jersey Cancer Registry

Note: The Rate / 100000 for Prostate Cancer is based on Males and the Rate / 100000 for Breast Cancer is based on Females

Cancer Hospital Use Rates for County, MMCSC Service Area, and Selected Towns

- The 2016 rate of patients using a hospital service with a cancer diagnosis per 1,000 population was highest in Manchester Township compared to the other geographies.
- In 2016, the rate for patients discharged with a cancer diagnosis/1,000 population was higher in the County (31.85/1,000) than in the MMCSC Service Area (27.95/1,000).

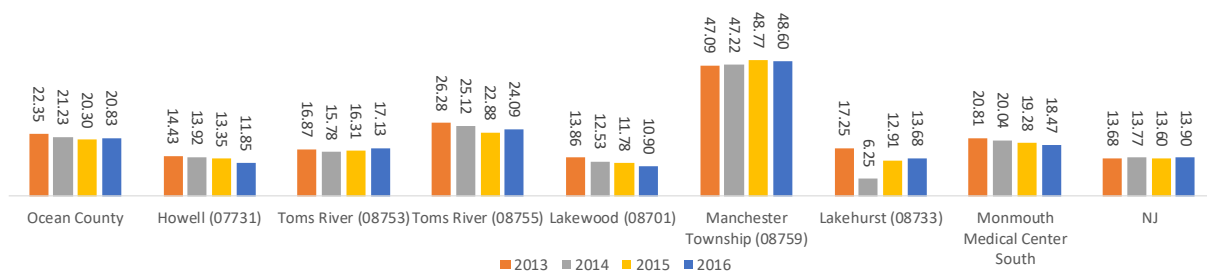
Cancer: Acute Care IP, Same Day and ED Discharges; Rate / 1,000 Population, 2013-2016



Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census Definition: Inpatient, Same Day Stay and ED Discharges – New Solution’s Inc. Oncology Product Line (includes History of Cancer)

- The 2016 rate of residents using a hospital service that had a history of cancer diagnosis was highest in Manchester Township (48.60/1,000) in terms of the comparison areas.
- In 2016, the rate of patients hospitalized with a history of cancer diagnosis/1,000 population was lowest in Lakewood (10.90/1,000).

History of Cancer: Acute Care Inpatient, Same Day and ED Discharges; Rate / 1,000 Population



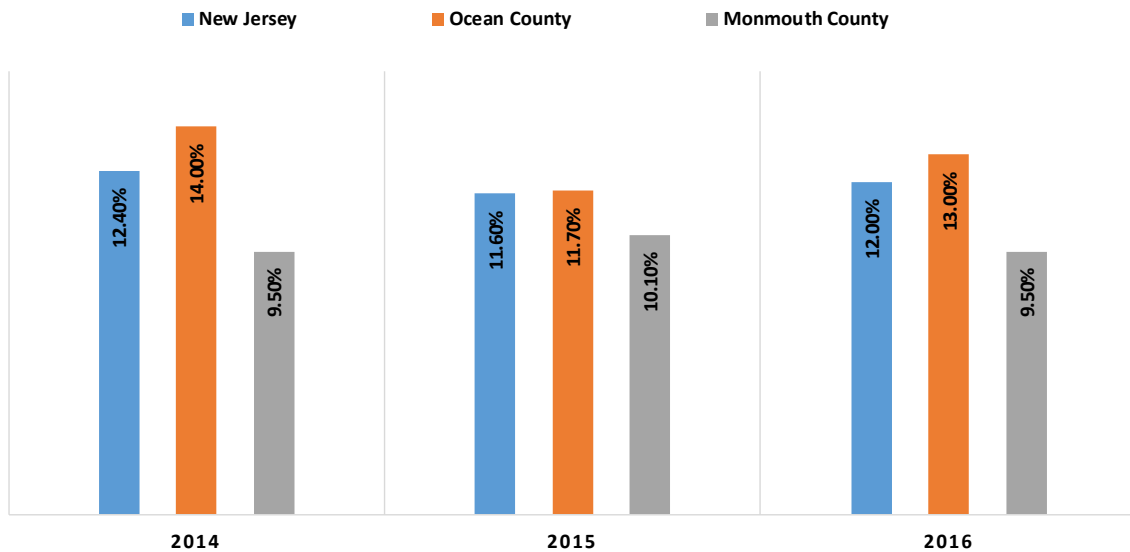
Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census Definition: Inpatient, Same Day Stay and ED Discharges – New Solution’s Inc. Oncology Product Line (History of Cancer Only)

Asthma

Asthma, a chronic lung disease often with childhood onset, inflames and narrows airways and causes recurring periods of wheezing, chest tightness, shortness of breath and coughing.⁵⁹ The exact cause of asthma is unknown; however, researchers believe genetic and environmental factors are involved. Factors may include: atopy, parents with asthma, certain respiratory infections during childhood and contact with some airborne allergens or exposure to some viral infections in infancy or in early childhood when the immune system is developing.⁶⁰

- According to the 2016 BRFSS survey, 13.0% of Ocean County adults reported ever being told they have asthma.
- The percent of Ocean County residents with asthma (13.0%) is higher than the State (12.0%), and Monmouth County (9.5%). Compared to all 21 New Jersey counties, Ocean County was in the middle quartile.

**Asthma (Percent “Yes”): Adults Who Have Ever Been Told They Have Asthma
State & County Comparisons, 2014-2016**

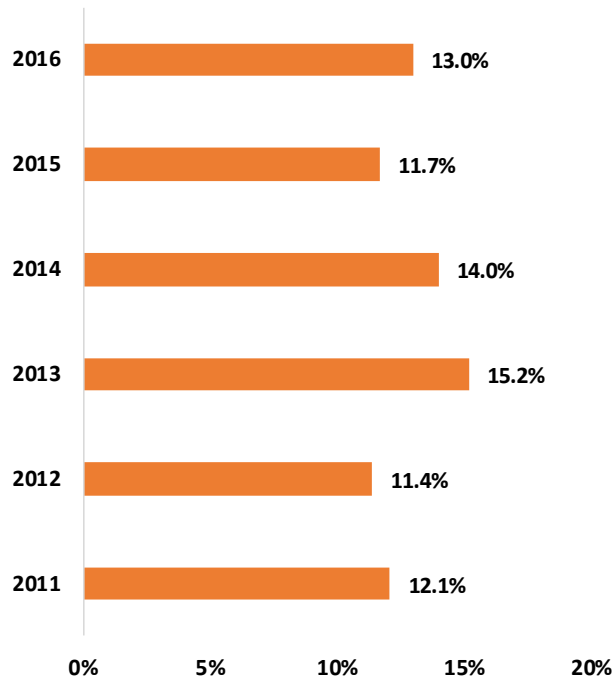


Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

⁵⁹ <http://www.nhlbi.nih.gov/health/health-topics/topics/asthma>

⁶⁰ *ibid*

**Asthma (Percent “Yes”): Adults Who Have Ever Been Told They Have Asthma
Ocean County – Trend**

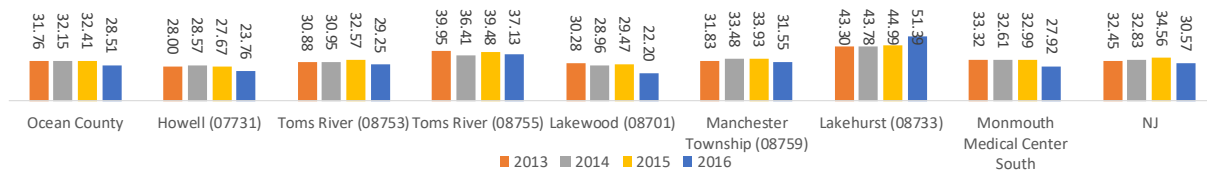


Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

Asthma Hospital Use Rates for County, MMCSC Service Area, and Selected Towns

- Rates of residents using a hospital service with a diagnosis of asthma were highest in Lakehurst in 2016 (51.39/1,000) of the comparative geographies.
- In 2016, the rate of MMCSC Service Area residents (27.92/1,000) using a hospital service with a diagnosis of asthma was lower in Lakewood (22.20/1,000) than the Ocean County rate (28.51/1,000).

Asthma: Acute Care IP, Same Day and ED Discharges; Rate / 1,000 Population, 2013-2016



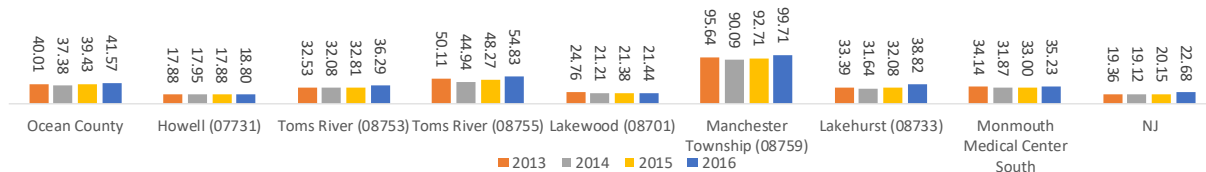
Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges – ICD-9 DX Codes In the Range 493-493.9 (Appearing Anywhere In First 13 DX Codes On Patient Record)

COPD (excluding Asthma)

Chronic Obstructive Pulmonary Disease (COPD) is a group of diseases that cause airflow blockage and breathing-related problems including emphysema, chronic bronchitis. In the United States, tobacco smoke is a key factor in the development and progression of COPD, although exposure to air pollutants in the home and workplace, genetic factors, and respiratory infections also play roles.

- Rates of residents hospitalized with a diagnosis of COPD were higher in Manchester Township (99.71/1,000) in 2016 than in the MMCSC Service Area (35.23/1,000).
- In 2016, the rate of hospitalization for patients with a diagnosis of COPD was lowest in Howell (18.80/1,000) compared to the other Ocean County comparison areas.

COPD (excluding Asthma): Acute Care IP, Same Day and ED Discharges; Rate / 1,000 Population, 2013-2016



Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges – ICD-9 DX Codes In the Ranges 490-492 & 494-496 (Appearing Anywhere In First 13 DX Codes On Patient Record)

Diabetes

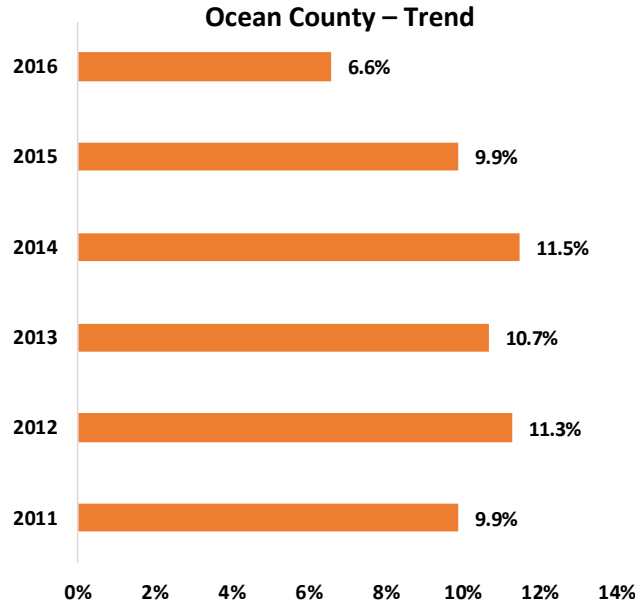
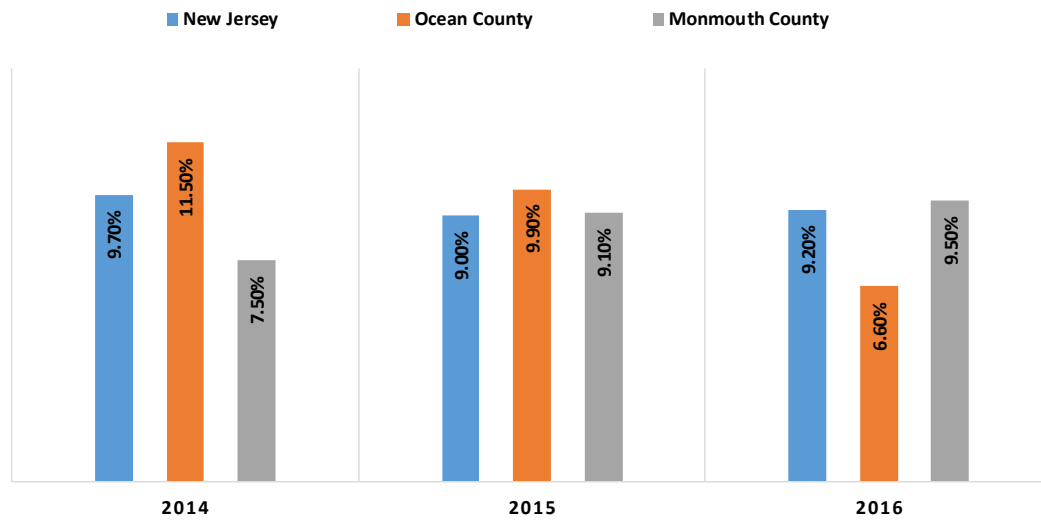
Diabetes is indicated by high levels of blood glucose as a result of problems in insulin production, effectiveness, or a combination of both. The three most common types of diabetes are Type 1, Type 2 and Gestational. Individuals with diabetes may develop serious health complications including heart disease, stroke, kidney failure, blindness, amputation and premature death.

Type 1 develops when insulin producing cells located in the pancreas are destroyed. There is no known way to prevent Type 1 diabetes. In order to survive, Type 1 diabetics must have insulin delivered by injection or pump. Type 2 primarily onsets with insulin resistance disorder in which cells within the muscles, liver, and fat tissue are unable to properly use insulin. Higher risk for developing Type 2 diabetes is associated with older age, obesity, family history of diabetes, history of gestational diabetes, impaired glucose metabolism, physical inactivity, and race/ethnicity. African Americans, Hispanics/Latinos, American Indians, some Asians, and Native Hawaiians or other Pacific Islanders are at particularly high risk for Type 2. Gestational diabetes is a form of glucose intolerance diagnosed during the second or third trimester of pregnancy. The risk factors for gestational diabetes are similar to those for type 2 diabetes.⁶¹

⁶¹ <http://www.cdc.gov/diabetes/pdfs/data/2014-report-generalinformation.pdf>

- Diabetes is decreasing among Ocean County residents. Between 2014 (11.5%) and 2016 (6.6%), the rate decreased by 4.9 percentage points.
- In 2016, Ocean County had a lower percentage of patients reporting diabetes than the State and Monmouth County. Ocean County is in the top performing quartile for diabetes as compared to all 21 counties statewide.

**Diabetes (Percent “Yes”): Have You Ever Been Told by a Doctor That You Have Diabetes?
State & County Comparison, 2014-2016**



Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

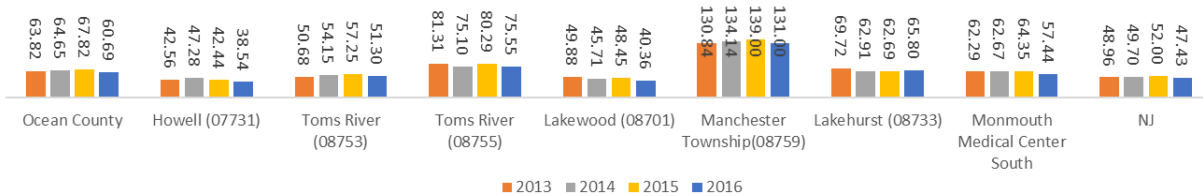
County Health Rankings & Roadmaps
Building a Culture of Health, County by County

A Robert Wood Johnson Foundation program

National Benchmark: 8.0%
Ocean County 2016: 7.2%

- High rates of residents using a hospital service with a diabetes diagnosis were observed in Manchester Township (131.00/1,000) and Toms River 08755 (75.55/1,000).
- In 2016, the rate of patients using a hospital service with diabetes diagnosis was lower in the MMCSC Service Area (57.44/1,000) than in the County (60.69/1,000).

Diabetes: Acute Care IP, Same Day and ED Discharges; Rate / 1,000 Population 2013-2016

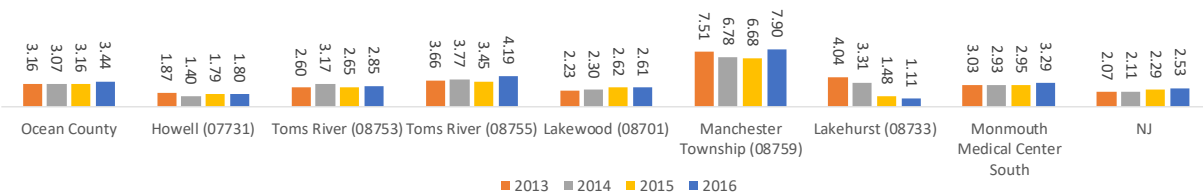


Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges – ICD-9 DX Codes In The Range 249.00-250.03 (Appearing Anywhere In First 13 DX Codes On Patient Record)

Diabetes is a contributing factor to renal failure. More than 35% of U.S. adults with diabetes have chronic kidney disease. High blood sugar and high blood pressure increase the risk that chronic kidney disease will eventually lead to kidney failure.⁶²

- In 2016, the rate of Ocean County residents using a hospital service with diagnosis of renal failure (3.44/1,000) was higher than the State and the MMCSC Service Area.

Renal Failure: Acute Care IP, Same Day and ED Discharges; Rate / 1,000 Population, 2013-2016



Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges For MS-DRGs In the Range 682-685

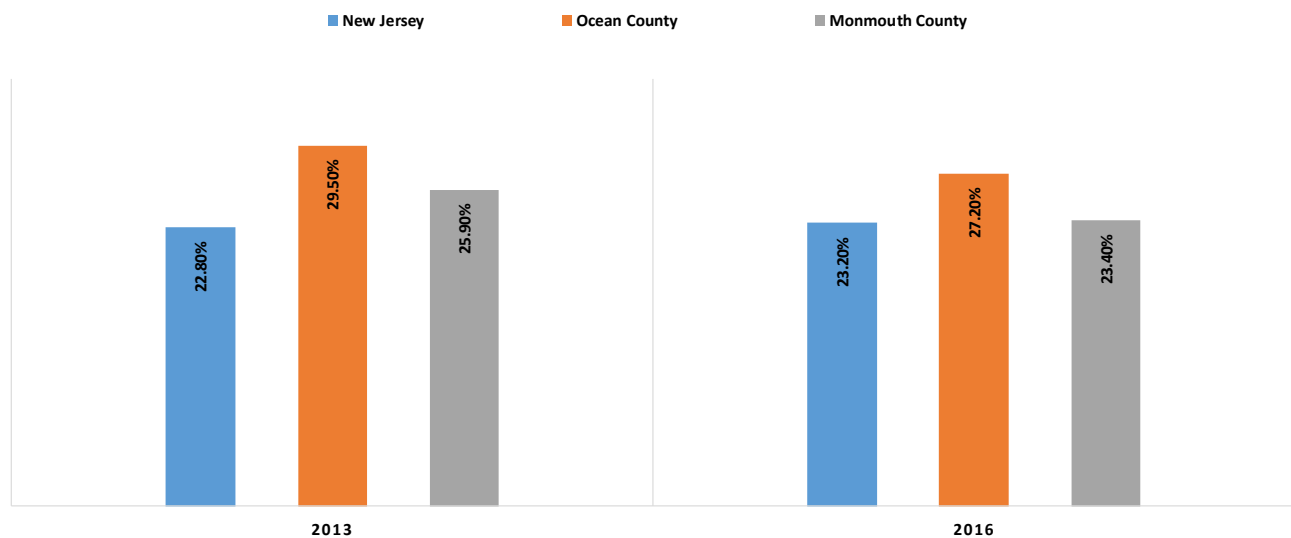
⁶² <http://www.cdc.gov/Features/WorldKidneyDay>

Arthritis

Arthritis affects more than 1 in 5 adults and is the nation's most common cause of disability. *Arthritis* describes more than 100 rheumatic diseases and conditions that affect joints, the tissues which surround the joint and other connective tissue. The pattern, severity and location of symptoms vary depending on the specific form of the disease. Typically, rheumatic conditions are characterized by pain and stiffness in and around one or more joints. The symptoms can develop gradually or suddenly.⁶³

- Between 2013 and 2016, the percentage of Ocean County residents reporting arthritis decreased from 29.5% to 27.2%.
- The percentage of Ocean County residents reporting arthritis was higher than the State (23.2%) and Monmouth County (23.4%). As compared to 21 counties statewide, Ocean County ranks in the bottom quartile.

**Arthritis (Percent "Yes"): Adults Who Have Ever Been Told They Have Arthritis
State and County Comparison 2013-2016**



Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

⁶³ <http://www.cdc.gov/arthritis/basics.htm>

Indicator	HealthyPeople 2020 Target	County Health Rankings Benchmark	New Jersey
Overall Cancer Incidence <i>Age-Adjusted Rate per 100,000 Population</i>	N.A.	N.A.	Yellow
Prostate Cancer Incidence <i>Age-Adjusted Rate per 100,000 Population</i>	N.A.	N.A.	Yellow
Breast Cancer Incidence <i>Age-Adjusted Rate per 100,000 Population</i>	N.A.	N.A.	Red
Respiratory System Cancer Incidence <i>Age-Adjusted Rate per 100,000 Population</i>	N.A.	N.A.	Red
Digestive System Cancer Incidence <i>Age-Adjusted Rate per 100,000 Population</i>	N.A.	N.A.	Yellow
Male Genital System Cancer Incidence <i>Age-Adjusted Rate per 100,000 Population</i>	N.A.	N.A.	Green

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

Indicator	HealthyPeople 2020 Target	County Health Rankings Benchmark	New Jersey
CARDIOVASCULAR DISEASE <i>Were You Ever Told You Had Angina or Coronary Heart Disease?</i> % Yes	N.A.	N.A.	Green
CARDIOVASCULAR DISEASE <i>Were You Ever Told You Had a Heart Attack?</i> % Yes	N.A.	N.A.	Yellow
STROKE <i>Were You Ever Told You Had a Stroke?</i> % Yes	N.A.	N.A.	Red
Hypertension Awareness <i>Adults Who Have Been Told They Have High Blood Pressure</i>	Yellow	N.A.	Red
Cholesterol Awareness <i>Adults Who Have Had Their Cholesterol Checked and Told it Was High</i>	Red	N.A.	Yellow
ASTHMA <i>Adults Who Have Ever Been Told They Have Asthma</i> % Yes	N.A.	N.A.	Yellow
DIABETES <i>Have You Ever Been Told by a Doctor That You Have Diabetes</i> % Yes	N.A.	Green	Green
ARTHRITIS <i>Adults Who Have Ever Been Told They Have Arthritis</i> % Yes	N.A.	N.A.	Red

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

6. ASSETS AND GAPS ANALYSIS

The Assets and Gaps Analysis summarizes and highlights each component of the CHNA. Assets highlight Ocean County's or Monmouth Medical Center's Southern Campus Service Area, indicating improvements over time in comparison to other counties and the State or in comparison to other races and genders. Gaps focus on disparities in Ocean County's or in Monmouth Medical Center's Southern Campus Service Area that have negative trends in comparison to other counties and the State or in comparison to other races or genders.

A. HEALTH DISPARITIES

Economic Status

ASSETS

- The median household income for Howell residents was higher than New Jersey and Ocean County at \$99,437, compared to \$73,702 and \$63,108 respectively.
- The percent of people living in poverty in Howell was 4.0% for individuals and 3.1% for families in 2016, the lowest in all towns in MMCSC Service Area.
- In 2016, the percent of unemployment in Ocean County (4.5%) was lower than New Jersey (5.2%).
- Between 2015 and 2017, the percentage of adults and children receiving TANF/WFJ benefits declined by more than 50%.
- In 2016, 9.1% of Ocean County residents didn't complete high school, 2% lower than New Jersey.

GAPS

- The median household income for Manchester Township (\$36,950) is about half the income of New Jersey (\$73,702) residents.
- Ocean County's 2016 income is \$10,594 lower than New Jersey.
- In 2016, Ocean County had a higher percentage of people and children living in poverty than New Jersey's poverty rates.
- The percent of people living in poverty in Lakewood was 31.5% for individuals and 26.3% for families in 2016, which are the highest levels of poverty in all the towns in the MMCSC Service Area.

Health and Health Care

ASSETS

- Since 2013, the non-elderly population without health insurance in Ocean County has trended downward, decreasing from 13.6% in 2013 to 8.8% in 2015.
- In 2016, Ocean County's ACSC ED visits for children age 0-17 (65.08/1,000) was lower than the statewide rate (81.95/1,000).
- In 2016, MMCSC's Service Area inpatient use rate for ACSC was lower than the Ocean County rate.

GAPS

- In 2015, Ocean County (8.8%) was higher than the ambitious *Healthy People 2020* target of no person without health coverage. Ocean County also had a higher percentage of individuals without insurance than the CHR Benchmark.
- Between 2013 and 2015, the ratio of population to primary care physicians in Ocean County increased from 2,099:1 to 2,230:1.
- Ocean County performs in the worst performing quartile of all New Jersey counties for the ratio of primary care physicians to population.
- The 2016 Ocean County's adult ED ACSC rate (56.80/1,000) is higher than the statewide rate (52.13).

Neighborhood and Built Environment

ASSETS

- Ocean County experienced a 28.2% reduction in fine particulate matter in between 2011 and 2012.
- In 2016, only 7.3% of Ocean County housing units were built before 1950, 71% lower than New Jersey overall at 25.8%.
- In 2015, 0.1% of Ocean County children had elevated blood lead levels compared to 0.52% statewide
- Between 2010 and 2015, the percent of Ocean County residents with limited access to healthy foods declined from 10.27% to 9.01%.

GAPS

- The violent crime rate for Ocean County places it in the worst performing quartile compared to the County Health Rankings benchmark.
- In 2010-2016, Ocean County (8.78/100,000) had more motor vehicle crash deaths than New Jersey (6.59/100,000).
- In 2016, Ocean County (39.0/100,000) had a higher death rate due to accidental poisoning and exposure to noxious substances than statewide (22.5/100,000).

B. HEALTH FACTORS

Clinical Care Measures

ASSETS

- MMCSC's Service Area inpatient rate (189.97/1,000) was lower than the Ocean County rate.
- MMCSC's 2016 Service Area (344.90/1,000) ED use rate was lower than the State and County rates.
- Ocean County's primary c-section rate was 10 points lower than the State.
- County-wide, women with a VBAC fluctuated between 2013 and 2016, with an overall increase from 23.8% in 2013 to 24.5% in 2016.

GAPS

- Ocean County's 2016 inpatient utilization rate (199.73/1,000) was higher than the State (160.22/1,000) rate.
- Ocean County's 2016 ED visit rate (360.63/1,000) was higher than the State rate (352.20/1,000).

Health Behaviors

ASSETS

- The birth rate among Ocean County teens aged 15-17 decreased from 7.0/1,000 in 2007-2011, to 4.1/1,000 in 2012-2016 and was in the middle quartile statewide.
- In 2016, Ocean County (33.1/100,000) had a far lower gonorrhea rate than the State (91.4/100,000).
- The 2016 Ocean County rate for no prenatal care was far less than the statewide rate (0.7%) compared to 1.6%, respectively.

GAPS

- In 2016, only 65.9% of Ocean County women entered prenatal care in the first trimester compared to 72.1% in New Jersey. As compared to other New Jersey counties, Ocean County ranks in the worst performing quartile.
- The 2012-2016 Ocean County teen birth rate for Whites and Hispanics was higher relative to New Jersey and Monmouth County.
- The rate of chlamydia in Ocean County (193.1/1,000) was higher than the CHR national benchmark (145.1/1,000).
- Ocean County's HIV/AIDS prevalence rates increased between 2013 (127.0/100,000) and 2015 (135.4/100,000).

Individual Behaviors

ASSETS

- In 2016, the percent of smokers in Ocean County (13.1%) was lower than New Jersey (14.0%) and Monmouth County (19.6%).
- In 2016, Ocean County had the lowest percent of residents reporting heavy drinking, relative to residents of the State and Monmouth County.
- Alcohol impaired driving deaths in Ocean County decreased between 2010-2014 and 2012-2016 from 30.4% to 24.3%.

GAPS

- Binge drinkers, those men that consume more than 5 drinks and women that consume more than 4 drinks in one occasion in Ocean County, increased from 10.6% in 2014, to 16.4% in 2016.
- The percent of Ocean County residents with a Body Mass Index (BMI) ≥ 30 trended upward from 26.8% in 2012, to 28.8% in 2016.
- Within Ocean County, the percent of individuals reporting no leisure time physical activity trended upward from 25.5% in 2014, to 34.8% in 2016.

Health Screenings and Immunizations

ASSETS

- In 2016, 79.9% of Ocean County women over age 40 had a mammography within the past two years, up 23.5 percentage points since 2012. Compared to all counties statewide, Ocean County performs in the top quartile.
- More Ocean County women (73.40%) over age 18 had a pap test within 3 years than in comparative Monmouth County (66.6%).
- In 2016, a greater percentage of Ocean County adults over age 50 (68.0%) participated in colon-rectal screening than in 2012 (62.1%).
- In 2016, 95.9% of first grade students in Ocean County had received all required immunizations compared to 92.7% statewide

GAPS

- The percent of 2016 Ocean County adults who received the flu shot in the past year (60.9%) was lower than the *Healthy People 2020* target of 90.0%.
- In 2016, the percent of Ocean County (72.3%) adults that have had a pneumonia vaccine is higher than statewide (66.5%) but less than the *Healthy People 2020* target (90.0%).
- In 2014, fewer Ocean County diabetic Medicare enrollees (86.4%) were screened than the CHR national benchmark (91%).

Behavioral Health Utilization

ASSETS

- In 2016, Ocean County (5.85/1,000) had a lower ED visit rate for substance abuse than the State (7.86/1,000) and Monmouth County (6.89/1,000).

GAPS

- In 2016, Ocean County (6.24/1,000) had a higher rate of residents with an inpatient hospitalization for a mental health condition among all age cohorts than the State.
- In 2016, Ocean County (14.65/1,000) had a higher ED visit rate for mental health conditions than the State (11.17/1,000) and Monmouth County (9.33/1,000).

- Inpatient use rates by age cohort in Ocean County trended upward among all the age cohort groups.
- In Ocean County, Naloxone administrations increased from 624 administrations to 977.

C. HEALTH OUTCOMES

Mortality

ASSETS

- Between 2013 and 2016, Ocean County age-adjusted mortality rates (AAMR) improved (decreased) for cancer (-0.2%), stroke (-16.6%), septicemia (-2.0%), nephritis (-7.8%), chronic lower respiratory disease (-3.9%), and influenza and pneumonia (-24.4%).
- The 2016 Ocean County stroke AAMR (26.1/100,000) was lower than the State (30/100,000) and Monmouth County (28.7/100,000).
- The Ocean County infant mortality rate declined from 3.5/100,000 to 2.7/100,000 between 2013 and 2015.

GAPS

- Between 2013 and 2016, five of the top 10 leading causes of death for Ocean County increased including: diseases of the heart (1.6%), unintentional injuries (49.7%), diabetes (0.7%), and Alzheimer's disease (11.2%).
- The 2016 Ocean County mortality rate due to heart disease (199.9/100,000) was higher than statewide (162.7/100,000).
- The 2016 Ocean County cancer AAMR (162.6/100,000) was higher than the State rate (148.3/100,000).
- In 2016, the mortality rate for malignant neoplasm deaths among Whites in Ocean County (165.5/100,000) was higher than for Hispanics (107.0/100,000).
- The 2016 Ocean County unintentional injury AAMR (64.8/100,000) was higher than the State (40.6/100,000) and Monmouth County (42.6/100,000).
- Since 2007, the AAMR for chronic lower respiratory disease has increased from 29.5/100,000 to 34.6/100,000 in 2016.
- The Ocean County YPLL increased from 6,161.8/100,000 for the period 2010-2012, to 6,397.6/100,000 for the period from 2014-2016. The Ocean County YPLL (6,397.6/100,000) was higher than the statewide rate (5,469.35/100,000).
- Drug overdose deaths in Ocean County increased from 134 to 242.

Maternal and Child Health

ASSETS

- The Ocean County infant mortality rate declined from 3.5/100,000 to 2.7/100,000 between 2013-2015.
- In 2016, Ocean County had a lower percentage of low birth weight babies (6.4%) than the State (8.1%) and Monmouth County (7.4%).

- In 2016, 0.9% of Ocean County babies were very low birth weight as compared to 1.4% statewide.

GAPS

- The percentage of Ocean County low birthweight babies was higher among Blacks (20.1%) than for Whites (5.8%) and Hispanics (6.4%) in 2016.
- By race, between 2011 and 2016, the percent of low birth weight babies decreased among Whites from 1.0% to 0.7%, increased from 3.1% to 3.9% for Blacks, and increased from 1.3% to 1.5% for Hispanics.

Health Status and Behavioral Health Status

GAPS

- Between 2012 and 2016, BRFSS data reported an increase in the percent of Ocean County residents who indicate their health as “poor or fair,” from 16.8% to 17.6%.
- NJBRFSS reports that the number of Ocean County adults with 14 or more physically unhealthy days (in the last 30 days) increased 5.7 percentage points between 2012 (9.9%) and 2016 (15.6%).
- County-wide, adults who report 14 or more of the past 30 days with “not good” mental health status decreased slightly from 15.4% in 2012, to 15.1% in 2016. The 2016 Ocean County report of 14+/30 days with “not good” mental health was higher than New Jersey at 10.7% and the National Benchmark (3.1%).
- Between 2012 and 2016, the percent of Ocean County residents reporting a history of depression increased from 11.7% to 16.3%. The Ocean County rate for history of depression was higher than the statewide rate (12.1%).

Morbidity

ASSETS

- The percent of Ocean County residents told they have angina or coronary heart disease decreased from 7.7% in 2014, to 2.6% in 2016.
- The percent of Ocean County residents told they have had a heart attack declined 2.9 percentage points from 6.1% in 2011 to 4.0% in 2016.
- Incidence of overall invasive cancer in Ocean County decreased from 799.5/100,000 in 2007, to 509.4/100,000 in 2015.
- Diabetes is decreasing among Ocean County residents. Between 2014 (11.5%) and 2016 (6.6%), the rate decreased by 4.9 percentage points. In 2016, Ocean County had a lower percentage of patients reporting diabetes than the State (9.2%) and Monmouth County (9.5%).

GAPS

- In 2016, the rate of Ocean County residents using a hospital service with a heart attack diagnosis was higher than those in the State and in the MMCSC Service Area.
- In 2016, the rate of patients hospitalized with a diagnosis of heart failure in Ocean County was higher than MMCSC’s Service Area.
- In 2016, Ocean County (3.9%) reported a higher rate of strokes than the State (2.8%) and Monmouth County residents (3.3%).

- In 2015, Ocean County (33.6%) was higher than the *Healthy People 2020* target (26.9%) for adults with high blood pressure.
- In 2015, 37.6% of Ocean County adults who had their cholesterol checked were told it was high, higher than New Jersey adults (35.4%) and adults in Monmouth County (36.2%). It was nearly three times the *Healthy People 2020* target of 13.5%
- In Ocean County, breast (188.8/100,000), prostate (160.4/100,000), digestive system (86.8/100,000), and respiratory system (72.0/100,000) cancers had higher incidence rates than the State.
- The percent of Ocean County residents with asthma (13.0%) is higher than the State (12.0%), and Monmouth County (9.5%).
- The percentage of Ocean County residents reporting arthritis (27.2%) was higher than the State (23.2%) and Monmouth County (23.4%).

APPENDICES

Community Health Needs Assessment



**Monmouth
Medical Center
Southern Campus**

**RWJ Barnabas
HEALTH**

Let's be healthy together.



Introduction



In 2016, Monmouth Medical Center Southern Campus (MMCSC) conducted and adopted its Community Health Needs Assessment (CHNA) which consisted of a community health needs survey of residents in our service area, a detailed review of secondary source data and a survey of local health officials and community agencies. The Plan can be accessed at www.rwjbh.org/monmouth-medical-center-southern-campus/about/community-health-needs-assessment/

Through the CHNA process, health need priorities were chosen based on the Medical Center's capacity, resources, competencies, and the needs specific to the populations it serves. The Implementation Plan addresses the manner in which MMCSC will address each priority need and the expected outcome for the evaluation of its efforts. The implementation plan which follows is based on the four selected priority areas*:

- Access to Care
- Care Transitions
- Chronic Diseases
- Health of Older Adults

MMCSC participates in the Ocean County Health Advisory Group which is made up of key stakeholders in the county (government, civic, community-based organizations and healthcare providers) who are focused on improving the health of community members. MMCSC will continue to work with the Ocean County Health Advisory Group, other providers and community organizations to improve the health and welfare of our communities.

**The four focus areas do not represent the full extent of the Medical Center's community benefit activities or its support of the community's health needs. Other needs identified through the CHNA may be better addressed by other agencies/organizations or deferred to another timeframe.*

Goal #1: Enhance Access to Care for Service Area Residents

Key CHNA Findings:

- More than 60% of Hispanic consumer respondents were extremely concerned with “not having a doctor who takes their insurance” or “not enough doctors who will take patients with Medicaid”. MMCSC’s payer mix has higher proportions of Medicaid & self-pay/charity care than Ocean County & New Jersey.
- An increasing elderly population, within primary service area challenged in care navigation and transportation.
- Of the 19 health concerns identified, 59% were concerned with cancer; the importance of free/low cost preventative services such as mammograms was cited by more than 70% of respondents, and 30% were concerned with serious mental illness. ER Discharges for Mental Diseases & Disorders in Ocean County increased between 2010 and 2014.

Strategy/Initiative 1.1

Promote Monmouth Medical Center, Southern Campus Cancer Services/Programs within service area (Lakewood) to increase access for area residents.

Indicator/Metric

- Increase screening imaging services by 20% by 2017 (mammogram) for Lakewood residents.

Tracking/Outcome

2016 Year End: 925
2017 Year End: 1076

Strategy/Initiative 1.2

Improve access to medical care services for the serious mentally ill through the Integrated Health Home. (Project dependent on DSRIP funding).

Indicator/Metric

- Increase the number of actively engaged patients by 15% by 2017/2018

Tracking/Outcome

2016 Year End: 158
2017 Year End: 150



Strategy/Initiative 1.3

Improve access to care through navigation process.

Indicator/Metric

- Number of patients assigned to primary care MDs since navigation initiative started in July 2016

Tracking/Outcome

1,715 PCP appointments made in 2017



Strategy/Initiative 1.4

Enhance and sustain the Better Health Program to promote healthy aging.

Indicator/Metric

- Number enrolled in Better Health Program
- Number of educational programs
- Number of program attendees

Tracking/Outcome

2016 Year End: 1,326 enrolled members; 31 educational programs; 1,347 attendees

2017 Year End: 1,972 enrolled members; 70 educational programs; 1,443 attendees



Strategy/Initiative 1.5

Continue to collaborate with both FQHCs (Ocean Health Initiatives and CHEMED) to enhance care coordination and access to care for medically indigent patients.

Indicator/Metric

- Number of cases referred to OHI
- Number of cases referred to CHEMED

Tracking/Outcome

2016 Year End: (July - December) 257 OHI, 56 CHEMED

2017 Year End: 543 OHI, 63 CHEMED



Goal #2: Expand Efforts in Care Transitions for Patients With Chronic Diseases

Key CHNA Findings:

- In the third year of the Medicare hospital readmissions reduction program, New Jersey ranked 50 of 50 States. Ninety-seven percent of N.J. hospitals were penalized for readmissions from October 2014 to September 2015.

Strategy/Initiative 2.1

Reduce readmissions within 30 days post discharge from acute care.

Indicator/Metric

- Decrease readmission rate for the following diagnosis by 2017

2016 Goal	2017 Goal
CHF 17.8	CHF 19.90
Pneumonia 13.96	Pneumonia 15.40
COPD 16.3	COPD 18.40
AMI 13.17	AMI 15.31

Tracking/Outcome

2015 Baseline; 2016 and 2017 Year End:

	2015	2016	2017
CHF	18.75	21.83	14.50
PNA	16.09	18.12	11.72
COPD	9.78	7.69	10.99
AMI	25.0	28.57	16.67

Strategy/Initiative 2.2

Expand Transitions in Care program to include personalized follow-up calls for “moderate risk” patients.

Indicator/Metric

- Improve compliance rate targets for patient call backs of the 7-10 LACE score (moderate risk patients) to 85% target for 2017

Tracking/Outcome

2016 Year End: 75%

2017 Year End: 100%



Goal #3: Enhance Awareness, Support Self-Management and Early Diagnosis of Chronic Diseases

Key CHNA Findings:

- Chronic diseases (i.e. heart disease, diabetes, cancer) are responsible for 70% of all deaths in the United States. Treating people with chronic diseases account for 86% of all healthcare costs in the U.S.
- Heart disease is the leading cause of death in Ocean County, N.J. and in the U.S.; cancer mortality and incidence rates among Ocean County residents are higher than the state.
- Between 2009 and 2012, the percentage of Ocean County residents told they have Diabetes increased from 10% to 11.5%. Diabetes is the fifth leading cause of death in Ocean County.

Strategy/Initiative 3.1

Improve participation and outcomes for patients taking part in the Outpatient Diabetic Self Management Program.

Indicator/Metric

- 80% of participants will achieve within a 6-month period
 - A1c reduction of 1% or >
 - Weight reduction of 3.5% or >
 - Participation in 10 hours of comprehensive diabetic management education
- Continue to provide patient consult

Tracking/Outcome

2016 Year End: A1c - 65%; Weight reduction - 55%; 10-hr-participation - 70%;
290 patient consults

2017 Year End: A1c - 62.75%; Weight reduction - 56.25%; 10-hr-participation - 83.3%;
402 patient consults

Strategy/Initiative 3.2

Continue to provide community health screenings , education, counseling and exercise programs.

Indicator/Metric

- Number of screenings; Number of participants

Tracking/Outcome

2016 Year End: 540 screenings; 8,736 participants

2017 Year End: 606 screenings; 6,913 participants

Goal #4: Develop Programs and Services to Support the Healthcare Needs of Older Adults

Key CHNA Findings:

- Older adults are the fastest growing age group in Ocean County. Elderly patients make up about 20% of total ER patients at MMCSC.
- In 2014, approximately 60% of Manchester residents (MMCSC's service area) were 65+, the highest in MMCSC's service area, nearly triple 21.5% in Ocean County and nearly quadruple 14.1% in New Jersey.
- Older adults are at higher risk for developing chronic illnesses and related disabilities, including arthritis, heart disease and dementia.

Strategy/Initiative 4.1

Develop and implement the Geriatric Institute as a convenient, one-stop location for all provisions of care and education to older adults, across the continuum.

Indicator/Metric

- Measure hospital utilization of 65 and older: ER; Inpatient-ACE (opened in October, 2015); Outpatient (opened October 2016)

Tracking/Outcome

Baseline for ER: 2016 Year End: (August - December) 6,648

2017 Year End: 6,703

Admissions to ACE: 2016 Year End: 1,906

2017 Year End: 1,949

Strategy/Initiative 4.2

Identify and work with organizations to promote healthy lifestyle behaviors for 55+ communities.

Indicator/Metric

- Number of communities reached; outreach programs conducted
- Number of attendees

Tracking/Outcome

	2016 (August - December)	2017
Communities reached:	47	53
Programs conducted:	246	238
Number of attendees:	6,919	4,719





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6587-05/18mmssc

APPENDIX B: SECONDARY DATA SOURCES

Source	
Advocates for Children of New Jersey	http://acnj.org
Agency for Healthcare Research and Quality	http://www.ahrq.gov
Alcohol Retail Density and Demographic Predictors of Health Disparities: A Geographic Analysis	http://www.ncbi.nlm.nih.gov/
American Cancer Society Guidelines for Early Detection of Cancer	http://www.cancer.org
American Nutrition Association	http://americannutritionassociation.org
Annals of Family Medicine, Inc.	http://www.annfammed.org
Asthma and Allergy Foundation of America	www.aafa.org
BRFSS and Youth BRFSS	www.cdc.gov
Bruno and Ridgway Community Health Assessment Study	
Bureau of Labor Statistics	http://data.bls.gov
CDC	http://www.cdc.gov
CDC Community Health Indicators Service	http://wwwn.cdc.gov/CommunityHealth
CDC Division of Nutrition, Physical Activity, and Obesity	http://www.cdc.gov/obesity
CDC National Center for Environmental Health	http://www.cdc.gov/nceh
CDC National Center for Health Statistics	http://www.cdc.gov/nchs/fastats/
CDC National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention	https://www.cdc.gov/std
CDC NCIRD	http://www.cdc.gov/vaccines
CDC Preventing Chronic Disease	http://www.cdc.gov/pcd
CDC WONDER	http://wonder.cdc.gov
Centers for Medicare and Medicaid Services (CMS)	https://www.cms.gov
Child Trends	http://www.childtrends.org
County Health Rankings	http://www.countyhealthrankings.org
Department of Numbers	http://www.deptofnumbers.com
Do Something	https://www.dosomething.org
Enroll America	https://www.enrollamerica.org
Free Clinic Directory	http://freeclinicdirectory.org
Gallup	http://www.gallup.com
Health Care Decision Analyst	New Solutions, Inc.
Healthgrades	https://www.healthgrades.com
Health Grove	http://www.healthgrove.com
Health Indicators Warehouse (BRFSS)	www.healthindicators.gov
Health Resources and Services Administration Data Warehouse	https://datawarehouse.hrsa.gov
Healthy People 2020	https://www.healthypeople.gov
Home Facts	http://www.homefacts.com
Institute of Medicine	http://www.nap.edu
Kaiser Family Foundation	http://kff.org
Kaiser Health News	http://khn.org
Kids Count	http://www.datacenter.kidscount.org
March of Dimes	http://www.marchofdimes.org
NJ Department Human Services, Division of Addiction Services, New Jersey Drug and Alcohol Abuse Treatment	http://www.state.nj.us/humanservices/dmhas/home/
NJ Department of Health and Senior Services, Center for Health	http://www.nj.gov/health/chs/
National Association for Convenience and Fuel Retailing	http://www.nacsonline.com
National Center for Biotechnology Information	http://www.ncbi.nlm.nih.gov
National Center for Health Statistics CDC	http://www.cdc.gov/nchs/data
National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention; Division of HIV/AIDS Prevention	http://www.cdc.gov/hiv
National Highway Traffic Safety Administration	http://www-nrd.nhtsa.dot.gov
National Institute for Mental Illness	http://www.nami.org
National Institute of Diabetes, Digestive & Kidney Diseases	http://www.niddk.nih.gov
National Institutes of Health Medline Plus Health Screening	https://www.nlm.nih.gov/medlineplus
National Poverty Center University of Michigan	http://www.npc.umich.edu

Source

Neighborhood Scout	http://www.neighborhoodscout.com/nj/crime/
New Jersey Council of Teaching Hospitals	http://njcth.org
New Jersey Death Certificate Database, Office of Vital Statistics and Registry	http://www.nj.gov/health/vital/
New Jersey State Health Assessment Data Complete Indicator Profile of Risk Factor for Childhood Lead Exposure: Pre-1950 Housing	https://www26.state.nj.us/doh-shad
NIH Medline Plus	https://www.nlm.nih.gov/medlineplus
NJ Department of Education	http://www.state.nj.us/education
NJ DOH Family Health	http://www.nj.gov/health/fhs
NJ DOH, Division of Communicable Disease Services	http://www.nj.gov/health/cd/
NJ DOH, New Jersey Cancer Registry	http://www.cancer-rates.info/nj/
NJ DOH Division of HIV, STD, and TB Services	http://www.nj.gov/health/hivstdtb/
NJ Department of Labor and Workforce Development	http://lwd.dol.state.nj.us/labor
NJ Department of Law and Public Safety, Uniform Crime Reporting Unit, US Census Bureau, American Community Survey	http://www.njsp.org/ucr/crime-reports.shtml
NJ State Police Uniform Crime Reporting Unit	http://www.njcedv.org
NJ Substance Abuse Monitoring System	https://njsams.rutgers.edu/njsams
NJ.Com	http://www.nj.com
NJ State Health Assessment Data (SHAD)	https://www26.state.nj.us/doh-shad/home/Welcome.html
Pro Publica	https://propublica.org
Rutgers Center for Health Policy	http://www.cshp.rutgers.edu
Substance Abuse and Mental Health Services Administration	http://www.samhsa.gov
The Annie E. Casey Foundation Kids Count Data Center Children Receiving TANF (Welfare)	http://www.datacenter.kidscount.org
United States Department of Agriculture Economic Research Service	http://www.ers.usda.gov
United States Department of Health and Human Services	http://www.hhs.gov/healthcare
United States Department of Health and Human Services, Agency for Healthcare Research and Quality Understanding Quality Measurement 2016	http://www.ahrq.gov
United Way	http://www.unitedwaynj.org/ourwork/alicenj.php
University of Nevada	https://www.unce.unr.edu
US Department of Education	http://www.ed.gov
US Department of Health and Human Services, Maternal and Child Health Bureau	http://mchb.hrsa.gov
US DHHS Administration for Children and Families	http://www.acf.hhs.gov
Washington Post	https://www.washingtonpost.com
World Health Organization	http://www.who.int

**APPENDIX C1: CANCER INCIDENCE RATE REPORT: CANCER PATIENT ORIGIN
OCEAN COUNTY 2017**

Over eighty-seven percent of MMCSC’s cancer inpatients, and over 72.2% of the hospital’s cancer outpatients originated from the hospital’s Primary Service Area. In total, 93.7% of inpatients and 93.5% of outpatients served in the hospital’s cancer programs resided in Ocean County. Lakewood (08701) and Jackson (08527) represent the largest segment of MMCSC’s inpatient cancer patients. Lakewood (08701) and Manchester (08759) represent the largest segments of MMCSC’s outpatient cancer patients. The health factors and outcomes explored in this CHNA bear relevance to the oncology services and its review of specific cancer needs for the community.

CANCER PATIENT ORIGIN	2017 MMC-S IP PATIENTS	%	2017 MMC-S OP PATIENTS	%
Ocean County	370	93.7%	501	93.5%
Primary Service Area	347	87.8%	387	72.2%
Secondary Service Area	0	0.0%	0	0.0%
Out of Service Area (NJ)	44	11.1%	144	26.9%
Out of State	4	1.0%	5	0.9%
TOTAL	395	100.0%	536	100.0%
Lakewood (08701)	181	45.8%	106	19.8%
Jackson (08527)	44	11.1%		
Manchester (08759)			86	16.0%

Source; Decision Support; IP volume includes cases with ICD10 principal or secondary codes C00 thru D49.9 (Neoplasms); OP volume includes cases with ICD10 principal or secondary codes Z51.0 or Z51.11 (Chemo and Radiation Therapy).

APPENDIX C2: CANCER INCIDENCE RATE REPORT: OCEAN COUNTY 2011-2015

INCIDENCE RATE REPORT FOR OCEAN COUNTY 2011-2015				
Cancer Site	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend
All Cancer Sites	515.9	4370	falling	-0.7
Bladder	24.4	230	falling	-3.5
Brain & ONS	7.7	54	stable	0.4
Breast	130.8	567	falling	-0.6
Cervix	8.7	28	falling	-2.1
Colon & Rectum	45.5	406	falling	-3
Esophagus	5.7	51	stable	5.5
Kidney & Renal Pelvis	17.7	144	rising	1.7
Leukemia	16	132	stable	0.3
Liver & Bile Duct	8.1	71	rising	4.3
Lung & Bronchus	70.3	647	falling	-1.6
Melanoma of the Skin	34.3	277	rising	3.7
Non-Hodgkin Lymphoma	22.6	195	stable	0.6
Oral Cavity & Pharynx	11.8	100	stable	0.2
Ovary	12.6	57	falling	-1.8
Pancreas	15.2	140	rising	1.1
Prostate	125.8	506	falling	-2.9
Stomach	7.6	68	falling	-1.6
Thyroid	23.1	142	stable	-2.8
Uterus (Corpus & Uterus, NOS)	31.7	144	stable	0.3

The Source for C, and the following tables C3, C4, C5 and C6 is:

Source: <https://statecancerprofiles.cancer.gov>

**APPENDIX C3: CANCER INCIDENCE DETAILED RATE REPORT: OCEAN COUNTY 2011-2015
SELECT CANCER SITES: RISING INCIDENCE RATE**

		Kidney & Renal Pelvis	Liver & Bile Duct	Melanoma of the Skin	Pancreas
INCIDENCE RATE REPORT FOR OCEAN COUNTY 2011-2015 All Races (includes Hispanic), All Ages	Age-Adjusted Incidence Rate - cases per 100,000	17.7	8.1	34.3	15.2
	Average Annual Count	144	71	277	140
	Recent Trend	rising	rising	rising	rising
	Recent 5-Year Trend in Incidence Rates	1.7	4.3	3.7	1.1
White Non-Hispanic, All Ages	Age-Adjusted Incidence Rate - cases per 100,000	17.8	8	35.1	15.2
	Average Annual Count	134	65	260	130
	Recent Trend	rising	rising	stable	rising
	Recent 5-Year Trend in Incidence Rates	1.7	4.4	0.7	1.1
Black (includes Hispanic), All Ages	Age-Adjusted Incidence Rate - cases per 100,000	*	*	*	*
	Average Annual Count	3 or fewer	3 or fewer	3 or fewer	3 or fewer
	Recent Trend	*	*	*	*
	Recent 5-Year Trend in Incidence Rates	*	*	*	*
Asian or Pacific Islander (includes Hispanic), All Ages	Age-Adjusted Incidence Rate - cases per 100,000	*	*	*	*
	Average Annual Count	3 or fewer	3 or fewer	3 or fewer	3 or fewer
	Recent Trend	*	*	*	*
	Recent 5-Year Trend in Incidence Rates	*	*	*	*
Hispanic (any race), All Ages	Age-Adjusted Incidence Rate - cases per 100,000	18.7	9.2	9.9	17.1
	Average Annual Count	6	3	3	5
	Recent Trend	*	*	*	*
	Recent 5-Year Trend in Incidence Rates	*	*	*	*
MALES	Age-Adjusted Incidence Rate - cases per 100,000	24.4	12.9	44.1	17.1
	Average Annual Count	89	50	166	66
	Recent Trend	rising	rising	rising	stable
	Recent 5-Year Trend in Incidence Rates	1.4	4.3	3.9	0.7
FEMALES	Age-Adjusted Incidence Rate - cases per 100,000	12.2	4.2	27.3	13.8
	Average Annual Count	55	21	112	73
	Recent Trend	rising	rising	rising	rising
	Recent 5-Year Trend in Incidence Rates	2	3.9	3.5	1.4

* Data has been suppressed to ensure confidentiality and stability of rate estimates. Counts are suppressed if fewer than 16 records were reported in a specific area-sex-race category. If an average count of 3 is shown, the total number of cases for the time period is 16 or more which exceeds suppression threshold (but is rounded to 3).

APPENDIX C4: CANCER MORTALITY RATE REPORT: OCEAN COUNTY 2011-2015

MORTALITY RATE REPORT FOR OCEAN COUNTY 2011-2015					
Cancer Site	Met Healthy People Objective	Age-Adjusted Death Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend
All Cancer Sites	No	169	1589	falling	-1.4
Bladder	***	5.7	56	stable	0.2
Brain & ONS	***	4.4	35	stable	-0.1
Breast	No	21.4	108	falling	-2.4
Cervix	Yes	2	8	stable	-1.7
Colon & Rectum	No	15.5	150	falling	-2.5
Esophagus	***	4.2	39	stable	0.1
Kidney & Renal Pelvis	***	3.2	30	stable	-1
Leukemia	***	6.8	63	falling	-1.2
Liver & Bile Duct	***	6.1	56	rising	2.8
Lung & Bronchus	No	45.9	434	falling	-3.3
Melanoma of the Skin	No	2.8	26	stable	-0.5
Non-Hodgkin Lymphoma	***	5.7	57	stable	-1.2
Oral Cavity & Pharynx	Yes	1.8	17	falling	-1.7
Ovary	***	7.1	37	falling	-2.1
Pancreas	***	12.4	119	stable	0.5
Prostate	Yes	17	71	falling	-3.6
Stomach	***	2.8	27	falling	-4.2
Thyroid	***	0.5	4	*	*
Uterus (Corpus & Uterus, NOS)	***	5.3	28	rising	1.5

*** No Healthy People 2020 Objective for this cancer.

* Data has been suppressed to ensure confidentiality and stability of rate estimates. Counts are suppressed if fewer than 16 records were reported in a specific area-sex-race category. If an average count of 3 is shown, the total number of cases for the time period is 16 or more which exceeds suppression threshold (but is rounded to 3).

**APPENDIX C5: CANCER MORTALITY DETAILED RATE REPORT FOR RISING RATES:
MONMOUTH COUNTY 2011-2015**

		Liver & Bile Duct	Uterus (Corpus & Uterus, NOS)
MORTALITY RATE REPORT FOR OCEAN COUNTY 2011-2015 All Races (includes Hispanic), All Ages	Met Healthy People Objective	***	***
	Age-Adjusted Death Rate - cases per 100,000	6.1	5.3
	Average Annual Count	56	28
	Recent Trend	rising	rising
	Recent 5-Year Trend in Death Rates	2.8	1.5
White Non-Hispanic, All Ages	Met Healthy People Objective	***	***
	Age-Adjusted Death Rate - cases per 100,000	6.4	5.5
	Average Annual Count	55	27
	Recent Trend	rising	rising
	Recent 5-Year Trend in Death Rates	3.2	1.7
Black (includes Hispanic), All Ages	Met Healthy People Objective	*	*
	Age-Adjusted Death Rate - cases per 100,000	*	*
	Average Annual Count	3 or fewer	3 or fewer
	Recent Trend	*	*
	Recent 5-Year Trend in Death Rates	*	*
Asian or Pacific Islander (includes Hispanic), All Ages	Met Healthy People Objective	*	*
	Age-Adjusted Death Rate - cases per 100,000	*	*
	Average Annual Count	3 or fewer	3 or fewer
	Recent Trend	*	*
	Recent 5-Year Trend in Death Rates	*	*
Hispanic (any race), All Ages	Met Healthy People Objective	*	*
	Age-Adjusted Death Rate - cases per 100,000	*	*
	Average Annual Count	3 or fewer	3 or fewer
	Recent Trend	*	*
	Recent 5-Year Trend in Death Rates	*	*
MALES	Met Healthy People Objective	***	n/a
	Age-Adjusted Death Rate - cases per 100,000	9.6	n/a
	Average Annual Count	38	n/a
	Recent Trend	rising	n/a
	Recent 5-Year Trend in Death Rates	3	n/a
FEMALES	Met Healthy People Objective	***	***
	Age-Adjusted Death Rate - cases per 100,000	3.3	5.3
	Average Annual Count	18	23
	Recent Trend	rising	stable
	Recent 5-Year Trend in Death Rates	2.1	0.5

* Data has been suppressed to ensure confidentiality and stability of rate estimates. Counts are suppressed if fewer than 16 records were reported in a specific area-sex-race category. If an average count of 3 is shown, the total number of cases for the time period is 16 or more which exceeds suppression threshold (but is rounded to 3).

APPENDIX C6: CANCER INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
ALL SITES: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	441.2	1,580,653	falling	-1.4
New Jersey	477.5	49,332	falling	-0.9
Atlantic County	490.9	1,646	falling	-0.6
Bergen County	462	5,311	falling	-1.1
Burlington County	521.7	2,845	stable	-1
Camden County	513.9	2,982	stable	-1.4
Cape May County	557.2	864	stable	-0.1
Cumberland County	502.9	862	stable	0.1
Essex County	452.1	3,717	falling	-1.2
Gloucester County	529.7	1,753	stable	-1.7
Hudson County	391.1	2,429	falling	-1.5
Hunterdon County	481.7	762	stable	-0.2
Mercer County	498.1	2,058	falling	-0.4
Middlesex County	455.8	4,118	falling	-1
Monmouth County	511.5	3,950	falling	-1.6
Morris County	470.4	2,848	falling	-1.7
Ocean County	515.9	4,370	falling	-0.7
Passaic County	441.4	2,378	falling	-0.9
Salem County	534.1	443	stable	0.1
Somerset County	461.1	1,761	falling	-1.4
Sussex County	489.7	863	falling	-0.5
Union County	451.9	2,692	falling	-1.2
Warren County	497.8	665	falling	-0.5
Bladder: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	20.3	72,640	falling	-1.7
New Jersey	23.6	2,449	falling	-1.5
Atlantic County	27.9	94	stable	0.2
Bergen County	23	272	falling	-0.8
Burlington County	26.7	147	stable	0
Camden County	25.3	146	stable	0
Cape May County	35	58	rising	1.3
Cumberland County	26.4	45	stable	1
Essex County	19.1	153	stable	-0.4
Gloucester County	28.4	91	rising	0.7
Hudson County	17.5	102	falling	-1.5

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Hunterdon County	28.2	44	rising	1.4
Mercer County	22.1	91	stable	-0.5
Middlesex County	23.1	205	stable	-0.3
Monmouth County	25.8	202	stable	-0.2
Morris County	24.3	149	stable	-0.3
Ocean County	24.4	230	falling	-3.5
Passaic County	21.2	113	stable	-0.6
Salem County	29.5	25	stable	0.3
Somerset County	21.3	81	stable	0.3
Sussex County	26.6	45	stable	-0.3
Union County	20.1	119	falling	-3.7
Warren County	27.6	37	stable	-0.6
Brain & ONS: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	6.5	22,226	falling	-0.9
New Jersey	6.9	669	falling	-0.3
Atlantic County	7.3	22	stable	0.3
Bergen County	7.7	81	stable	-0.4
Burlington County	7.2	36	stable	0.5
Camden County	7.2	39	stable	0
Cape May County	7.1	9	stable	0
Cumberland County	7.1	12	stable	-0.8
Essex County	5.1	42	falling	-1.4
Gloucester County	7.3	23	stable	-0.3
Hudson County	5.7	37	falling	-1.2
Hunterdon County	7.8	10	stable	-0.5
Mercer County	7.1	27	stable	-0.5
Middlesex County	6.3	55	falling	-1
Monmouth County	7.3	54	stable	0.5
Morris County	7.9	43	stable	0.1
Ocean County	7.7	54	stable	0.4
Passaic County	6.7	35	falling	-0.9
Salem County(7)	7.3	5	*	*
Somerset County	6.1	22	stable	-0.5
Sussex County	7.7	12	stable	-0.5
Union County	6.2	36	falling	-1
Warren County	10.4	13	stable	1.6
Breast: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	124.7	234,445	stable	0.2

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015

County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
New Jersey	133.4	7,357	rising	0.4
Atlantic County	132.5	236	stable	-0.1
Bergen County	135.5	822	falling	-0.6
Burlington County	139.6	405	stable	-0.1
Camden County	140.1	440	stable	0.4
Cape May County	129.9	100	falling	-0.7
Cumberland County	113.9	101	falling	-0.8
Essex County	133.5	610	rising	5.7
Gloucester County	142.6	257	stable	0
Hudson County	104.4	356	falling	-0.5
Hunterdon County	155.1	133	stable	-0.1
Mercer County	140	309	stable	-0.4
Middlesex County	129.2	625	falling	-0.5
Monmouth County	144.1	594	stable	-0.1
Morris County	144.4	465	stable	-0.3
Ocean County	130.8	567	falling	-0.6
Passaic County	117	344	falling	-0.5
Salem County	126.1	55	stable	-0.5
Somerset County	140.4	290	stable	0.4
Sussex County	134.3	125	stable	-0.2
Union County	133.4	433	falling	-0.4
Warren County	127.7	91	stable	-0.3
Cervix: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	7.5	12,529	stable	0.2
New Jersey	7.6	380	falling	-2.6
Atlantic County	9.8	15	falling	-3.6
Bergen County	6.7	36	falling	-2
Burlington County	6.1	15	stable	-9.4
Camden County	7.8	22	falling	-2.4
Cape May County	10.2	5	stable	-0.4
Cumberland County	12	9	falling	-3.8
Essex County	9.5	42	falling	-3.7
Gloucester County	6.9	11	falling	-2.5
Hudson County	10.1	35	falling	-2.7
Hunterdon County	5.3	4	falling	-2.3
Mercer County	5.5	11	falling	-3.3
Middlesex County	6.1	28	falling	-2.3
Monmouth County	6.9	26	falling	-2.6

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Morris County	5.9	18	falling	-2.2
Ocean County	8.7	28	falling	-2.1
Passaic County	7.9	21	falling	-2.2
Salem County(7)	*	3 or fewer	*	*
Somerset County	8.3	15	stable	-1.3
Sussex County	5.8	5	falling	-3.1
Union County	8.5	26	falling	-1.9
Warren County	7.8	5	falling	-3.1
Colon & Rectum: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	39.2	139,950	falling	-1.7
New Jersey	41.9	4,346	falling	-1.6
Atlantic County	42.1	143	falling	-2.7
Bergen County	38.3	447	stable	0.4
Burlington County	46.8	256	falling	-2.1
Camden County	45.5	263	falling	-2.9
Cape May County	46.2	72	falling	-2.8
Cumberland County	49.3	84	falling	-1.4
Essex County	43.3	355	stable	0.4
Gloucester County	44.1	144	falling	-2.2
Hudson County	41.4	254	falling	-2.5
Hunterdon County	41	65	falling	-2.8
Mercer County	39.5	164	falling	-4.4
Middlesex County	41.6	375	falling	-2.5
Monmouth County	41.9	326	falling	-3.7
Morris County	36.5	224	falling	-3
Ocean County	45.5	406	falling	-3
Passaic County	40	215	falling	-3.6
Salem County	47.4	40	falling	-2.1
Somerset County	35.9	139	falling	-2.4
Sussex County	42.5	71	falling	-2.9
Union County	40.4	241	falling	-2.5
Warren County	46.3	62	falling	-2.9
Esophagus: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	4.6	16,795	falling	-0.9
New Jersey	4.4	465	falling	-1
Atlantic County	4.4	15	falling	-2.5
Bergen County	3.3	39	falling	-1.8
Burlington County	5.3	30	stable	-0.1

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015

County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Camden County	5.2	31	stable	-1
Cape May County	5.5	8	stable	-0.8
Cumberland County	5.6	10	stable	0.6
Essex County	3.9	32	falling	-3.1
Gloucester County	6.3	22	stable	1.1
Hudson County	3	18	falling	-2.9
Hunterdon County	4.6	8	stable	-0.4
Mercer County	4.7	19	stable	-1.3
Middlesex County	4	37	falling	-1.1
Monmouth County	4.6	36	stable	-0.4
Morris County	4.6	29	stable	0.3
Ocean County	5.7	51	stable	5.5
Passaic County	4.4	24	stable	-1.1
Salem County	5.4	5	stable	-2
Somerset County	3.2	12	falling	-1.6
Sussex County	5.5	10	stable	0.2
Union County	3.6	22	falling	-1.7
Warren County	5.8	8	stable	1.4
Kidney & Renal Pelvis.: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	16.4	58,599	rising	0.8
New Jersey	16	1,655	stable	0.2
Atlantic County	17.2	58	rising	1.4
Bergen County	16.1	186	rising	1
Burlington County	19.9	108	rising	2.6
Camden County	19.5	112	rising	2
Cape May County	18.1	29	rising	1.9
Cumberland County	22.6	38	rising	4.2
Essex County	13	108	rising	0.8
Gloucester County	19.2	65	rising	2
Hudson County	12.4	79	stable	0.7
Hunterdon County	13.4	22	rising	1.6
Mercer County	16.2	68	rising	2.1
Middlesex County	14.8	135	rising	0.9
Monmouth County	16.7	131	rising	1.3
Morris County	13.7	83	stable	0.9
Ocean County	17.7	144	rising	1.7
Passaic County	15.9	85	rising	1.6
Salem County	18.1	15	stable	1

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015

County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Somerset County	13.8	54	rising	1.7
Sussex County	14.1	27	stable	0.1
Union County	15.1	90	rising	1
Warren County	16.3	21	rising	1
Leukemia: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	13.6	47,270	falling	-1.6
New Jersey	15.2	1,523	rising	0.6
Atlantic County	14.5	47	stable	0.5
Bergen County	16.1	182	rising	0.8
Burlington County	15.3	80	rising	1.2
Camden County	15.2	86	rising	0.9
Cape May County	15.9	24	rising	1.2
Cumberland County	15.3	26	rising	2
Essex County	13.1	104	stable	-0.3
Gloucester County	17.3	55	rising	1.6
Hudson County	12.1	73	falling	-0.7
Hunterdon County	13.2	20	stable	-0.8
Mercer County	15.8	65	stable	0.6
Middlesex County	15	133	rising	0.6
Monmouth County	15.7	118	rising	1.1
Morris County	16	94	stable	0.6
Ocean County	16	132	stable	0.3
Passaic County	15.1	78	stable	0.1
Salem County	12.9	10	stable	0.8
Somerset County	15.3	56	stable	0.6
Sussex County	16.5	28	stable	1
Union County	16	92	rising	1.2
Warren County	15.6	20	stable	0.1
Liver & Bile Duct: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	8.1	30,492	rising	2.2
New Jersey	7.5	808	rising	2.2
Atlantic County	8.2	30	rising	2.9
Bergen County	6.8	81	rising	1.6
Burlington County	7.4	42	rising	3.2
Camden County	9.1	55	rising	3.8
Cape May County	8.8	15	rising	5.4
Cumberland County	10.7	19	rising	6.8
Essex County	7.7	67	rising	1.8

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015

County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Gloucester County	8.6	30	rising	4
Hudson County	7.8	49	rising	2.2
Hunterdon County(7)	5.8	10	*	*
Mercer County	8.4	36	rising	4.1
Middlesex County	7.4	68	rising	3
Monmouth County	6.8	56	rising	1.9
Morris County	5.7	36	rising	1.3
Ocean County	8.1	71	rising	4.3
Passaic County	8.2	46	rising	2.9
Salem County	10.9	9	rising	4.6
Somerset County	6.6	27	rising	3.2
Sussex County	7.2	13	rising	1.9
Union County	6	37	rising	2.4
Warren County	7.4	10	stable	1
Lung & Bronchus: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	60.2	217,545	falling	-2.1
New Jersey	57.3	5,940	falling	-2.2
Atlantic County	68.2	232	falling	-2.8
Bergen County	50.9	596	falling	-1.3
Burlington County	63.1	344	falling	-0.9
Camden County	71.4	415	falling	-0.6
Cape May County	79.3	131	stable	-0.2
Cumberland County	70.9	122	falling	-2.7
Essex County	48.7	392	falling	-2.4
Gloucester County	76	249	falling	-0.5
Hudson County	46.3	274	falling	-2
Hunterdon County	52.1	80	falling	-1.5
Mercer County	58.9	242	falling	-1
Middlesex County	52.3	466	falling	-1.6
Monmouth County	61.6	478	falling	-2.5
Morris County	48	291	falling	-1.5
Ocean County	70.3	647	falling	-1.6
Passaic County	49.6	266	stable	-5.7
Salem County	76.5	66	stable	-0.6
Somerset County	47.1	177	falling	-1.2
Sussex County	62.4	109	falling	-1.1
Union County	47.5	275	falling	-1.6
Warren County	63.4	87	falling	-1

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Melanoma of the Skin: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	21.3	74,467	rising	2.1
New Jersey	22.1	2,251	stable	0.2
Atlantic County	25.5	85	stable	-1.5
Bergen County	17.8	203	falling	-2.3
Burlington County	26.6	145	stable	0.8
Camden County	20.7	120	stable	-0.3
Cape May County	45	68	rising	3.9
Cumberland County	16.2	28	rising	1.9
Essex County	13.1	106	stable	0.8
Gloucester County	26.9	86	stable	0.1
Hudson County	7.9	50	stable	-0.6
Hunterdon County	39.1	61	rising	5
Mercer County	23.4	95	stable	-8.1
Middlesex County	17.9	161	rising	1.8
Monmouth County	31.6	237	rising	2
Morris County	26.5	159	stable	-0.4
Ocean County	34.3	277	rising	3.7
Passaic County	14	74	rising	1.8
Salem County	36.8	28	rising	5.3
Somerset County	24.1	91	stable	-1.2
Sussex County	28.7	49	rising	2.7
Union County	15.3	91	rising	1.1
Warren County	26	33	rising	1.7
Non-Hodgkin Lymphoma: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	18.9	66,509	falling	-1
New Jersey	21.6	2,188	stable	-0.2
Atlantic County	20.9	67	stable	-0.3
Bergen County	22.4	255	stable	-0.1
Burlington County	21.8	116	rising	0.6
Camden County	19.8	114	stable	0.1
Cape May County	20.2	31	stable	-0.2
Cumberland County	21.7	37	stable	0.4
Essex County	19.4	157	stable	0
Gloucester County	22.2	71	stable	0.7
Hudson County	17.7	110	stable	-0.4
Hunterdon County	23.4	36	stable	0.6
Mercer County	21.7	88	stable	0.4

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Middlesex County	22.4	199	rising	0.6
Monmouth County	23.4	177	stable	-0.6
Morris County	22.7	134	stable	-0.7
Ocean County	22.6	195	stable	0.6
Passaic County	19.5	101	stable	0.4
Salem County	20.7	17	stable	0.6
Somerset County	21	80	stable	0.8
Sussex County	22.2	38	stable	0.3
Union County	22.4	134	stable	-0.3
Warren County	23.2	30	stable	0.6
Oral Cavity & Pharynx: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	11.6	42,585	stable	0.4
New Jersey	10.6	1,118	stable	0.6
Atlantic County	14.1	49	stable	0.3
Bergen County	9.4	109	stable	0.1
Burlington County	11.4	63	stable	0
Camden County	11.6	69	stable	0.4
Cape May County	13	20	stable	0.4
Cumberland County	13.1	23	stable	0.6
Essex County	8.9	75	falling	-2.1
Gloucester County	11.1	39	stable	0.8
Hudson County	7.9	50	falling	-2.4
Hunterdon County	9.4	17	stable	0.6
Mercer County	9.3	40	falling	-1.6
Middlesex County	10.4	95	stable	0.1
Monmouth County	11.9	96	stable	0.2
Morris County	10.5	66	stable	0.3
Ocean County	11.8	100	stable	0.2
Passaic County	9.9	55	falling	-1.1
Salem County	14	11	stable	1.5
Somerset County	10.1	41	rising	1
Sussex County	13.3	24	stable	0.5
Union County	9.5	59	stable	-0.3
Warren County	11.3	16	stable	0.5
Ovary: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	11.3	21,476	falling	-1.6
New Jersey	12.3	692	falling	-1.9
Atlantic County	11.5	20	falling	-1.7

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Bergen County	12.1	75	falling	-2.5
Burlington County	14.1	42	falling	-1.2
Camden County	13	41	falling	-1.4
Cape May County	15.2	12	stable	-0.8
Cumberland County	8.4	8	falling	-2.5
Essex County	12.2	56	falling	-2
Gloucester County	13.3	25	stable	-1.2
Hudson County	11.4	39	falling	-2
Hunterdon County	11	10	falling	-3.1
Mercer County	14.3	32	stable	-0.6
Middlesex County	11.8	57	falling	-2
Monmouth County	12.3	53	falling	-1.9
Morris County	12.1	40	falling	-1.9
Ocean County	12.6	57	falling	-1.8
Passaic County	12.1	36	falling	-1.9
Salem County	13.6	6	stable	0
Somerset County	12.3	26	falling	-1.1
Sussex County	13.8	13	stable	-1.4
Union County	10.7	36	falling	-2.6
Warren County	12.6	9	stable	-1.2
Pancreas: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	12.6	45,703	rising	0.6
New Jersey	14	1,465	rising	1.2
Atlantic County	13.3	45	stable	-0.2
Bergen County	13.8	164	stable	0.2
Burlington County	15.7	87	rising	3
Camden County	13.6	79	stable	0.6
Cape May County	13.9	23	stable	0.9
Cumberland County	14.5	25	rising	1.6
Essex County	14.6	117	stable	0
Gloucester County	13.8	46	rising	1.6
Hudson County	13.1	78	rising	3.8
Hunterdon County	15.1	24	rising	1.4
Mercer County	17.1	70	rising	2.4
Middlesex County	13.3	120	stable	0.2
Monmouth County	14.2	113	stable	0.5
Morris County	13.4	83	rising	1.5
Ocean County	15.2	140	rising	1.1

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Passaic County	13.2	72	stable	0.4
Salem County	12.6	11	stable	1.3
Somerset County	12.9	49	rising	1.3
Sussex County	13.1	22	stable	0.2
Union County	12.9	77	stable	0
Warren County	15	21	rising	1.5
Prostate: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	109	190,639	falling	-7.3
New Jersey	134.7	6,575	falling	-6
Atlantic County	120.7	199	falling	-3
Bergen County	131.1	714	falling	-4
Burlington County	147.8	390	falling	-6.3
Camden County	141.7	385	stable	-0.7
Cape May County	161.5	126	falling	-1.5
Cumberland County	127.2	103	falling	-1.2
Essex County	158.8	580	falling	-4.8
Gloucester County	136.8	219	falling	-7.5
Hudson County	111.8	297	falling	-4.4
Hunterdon County	103	83	falling	-2.1
Mercer County	147	285	falling	-1.7
Middlesex County	127.3	542	falling	-3.4
Monmouth County	144.9	544	falling	-1.8
Morris County	135.5	397	falling	-7.8
Ocean County	125.8	506	falling	-2.9
Passaic County	137.1	342	falling	-1.4
Salem County	138.9	57	stable	-1
Somerset County	125.2	228	falling	-2.3
Sussex County	122.5	115	falling	-6.8
Union County	138.4	378	falling	-6
Warren County	125.2	84	falling	-8.3
Stomach: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	6.6	23,501	falling	-1.2
New Jersey	8	827	falling	-1.6
Atlantic County	7.5	25	falling	-1.5
Bergen County	9.1	107	falling	-1.1
Burlington County	6.4	36	falling	-1.6
Camden County	8.9	51	stable	-0.5
Cape May County	5.8	9	stable	-0.4

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015

County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Cumberland County	7.4	12	falling	-1.7
Essex County	9.3	75	falling	-2
Gloucester County	6.7	22	falling	-1.5
Hudson County	10	61	falling	-0.9
Hunterdon County	5	8	falling	-3.4
Mercer County	8.2	33	falling	-2.2
Middlesex County	7.4	67	falling	-1.8
Monmouth County	6.1	49	falling	-2.3
Morris County	7.1	43	falling	-1.2
Ocean County	7.6	68	falling	-1.6
Passaic County	9.8	53	stable	-0.8
Salem County	6.6	5	stable	-1.3
Somerset County	6.9	26	falling	-1.7
Sussex County	6.8	11	falling	-2.5
Union County	9.4	55	falling	-1.5
Warren County	6.8	9	falling	-2.6
Thyroid: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	14.5	47,777	stable	0.6
New Jersey	19.2	1,833	stable	0.8
Atlantic County	14.9	44	stable	-2.3
Bergen County	19.6	201	stable	-2.1
Burlington County	21.4	105	stable	2.1
Camden County	22.2	119	rising	3.2
Cape May County	16.9	18	rising	6
Cumberland County	17.2	28	stable	-7.2
Essex County	12.6	103	rising	5.1
Gloucester County	21.7	67	rising	4.9
Hudson County	14.8	105	stable	-0.3
Hunterdon County	16.5	23	rising	4.5
Mercer County	24.1	96	rising	7.2
Middlesex County	19.1	167	rising	5.8
Monmouth County	24.4	166	stable	0.2
Morris County	20.6	111	stable	-1.9
Ocean County	23.1	142	stable	-2.8
Passaic County	17	87	rising	6.7
Salem County	19.2	13	rising	7.3
Somerset County	22.6	83	stable	-4.5
Sussex County	17.1	28	rising	6.6

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Union County	18.1	105	stable	-7.1
Warren County	17.3	21	rising	4.9
Uterus (Corpus & Uterus, NOS): All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	26.2	51,560	rising	1.2
New Jersey	31.3	1,822	rising	0.7
Atlantic County	30.5	57	stable	0.6
Bergen County	29.8	193	stable	0.4
Burlington County	33.4	102	rising	1.1
Camden County	34.3	113	stable	-0.8
Cape May County	32.5	28	rising	1.3
Cumberland County	36.1	34	stable	1
Essex County	31.8	151	rising	1.3
Gloucester County	33.1	62	rising	1.1
Hudson County	23.9	84	stable	0
Hunterdon County	32.7	30	stable	-0.2
Mercer County	34.5	79	rising	0.8
Middlesex County	31.7	161	rising	0.8
Monmouth County	30	131	stable	-5
Morris County	32.9	111	stable	0.5
Ocean County	31.7	144	stable	0.3
Passaic County	26.8	82	stable	0.3
Salem County	37.4	17	stable	1.2
Somerset County	33.7	73	stable	0.8
Sussex County	35.5	35	stable	-0.1
Union County	32.2	107	stable	0.4
Warren County	35.9	27	stable	-0.5

APPENDIX C7: MMC SOUTHERN CAMPUS - TUMOR REGISTRY SUMMARY

In 2016, MMCSC's tumor registry data showed that 9.0% and 21.1% of overall cases were Stage 3 and Stage 4 respectively. The following primary sites were made up of more than 25% of Stage 4 cases: Oral Cavity and Pharynx (60.0%), Digestive System (42.9%), and Respiratory System (50.0%).

Compared to 2015, there was a decrease of 10 cases (-3.2%) in 2016. The two biggest decreases in overall cases occurred in Lymphoma (-9, -47.4%), followed by Digestive System (-3, -5.6%). Please note that case volume counts smaller than 10 are suppressed. Staging percentages are calculated on analytic cases only.

	Cases (both analytic and non-analytic)		2015			2016			2015 - 2016			
	2015	2016	% Stage III	% Stage IV	Total % Stage III & IV	% Stage III	% Stage IV	Total % Stage III & IV	Change in Case Volume	Change in % points for Stage III	Change in % points for Stage IV	Change in % points for Stage III & IV
ORAL CAVITY & PHARYNX			50.0%	0.0%	50.0%	0.0%	60.0%	60.0%	4	(50.0)	60.0	10.0
DIGESTIVE SYSTEM	54	51	4.2%	50.0%	54.2%	7.1%	42.9%	50.0%	(3)	3.0	(7.1)	(4.2)
RESPIRATORY SYSTEM	53	54	22.6%	48.4%	71.0%	8.8%	50.0%	58.8%	1	(13.8)	1.6	(12.1)
BONES AND JOINT			0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	(1)	0.0	0.0	0.0
SOFT TISSUE			0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0	0.0	0.0	0.0
SKIN EXCLUDING BASAL & SQUAMOUS			0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	(1)	0.0	0.0	0.0
BASAL & SQUAMOUS SKIN			0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0	0.0	0.0	0.0
BREAST	38	40	41.2%	0.0%	41.2%	44.4%	5.6%	50.0%	2	3.3	5.6	8.8
FEMALE GENITAL SYSTEM	11	11	25.0%	25.0%	50.0%	25.0%	0.0%	25.0%	0	0.0	(25.0)	(25.0)
MALE GENITAL SYSTEM	18	23	0.0%	25.0%	25.0%	0.0%	7.7%	7.7%	5	0.0	(17.3)	(17.3)
EYE & ORBIT			0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	1	0.0	0.0	0.0
URINARY SYSTEM	26	24	7.1%	0.0%	7.1%	0.0%	0.0%	0.0%	(2)	(7.1)	0.0	(7.1)
BRAIN & OTHER NERVOUS SYSTEM	15	14	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	(1)	0.0	0.0	0.0
ENDOCRINE SYSTEM	14	12	0.0%	10.0%	10.0%	0.0%	0.0%	0.0%	(2)	0.0	(10.0)	(10.0)
LYMPHOMA	19	10	0.0%	33.3%	33.3%	20.0%	20.0%	40.0%	(9)	20.0	(13.3)	6.7
MYELOMA			0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	(2)	0.0	0.0	0.0
LEUKEMIA	15	20	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	5	0.0	0.0	0.0
MESOTHELIOMA			0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0	0.0	0.0	0.0
KAPOSI SARCOMA			0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0	0.0	0.0	0.0
MISCELLANEOUS	-	19	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	19	0.0	0.0	0.0
Total	311	301	12.2%	23.6%	35.8%	9.0%	21.1%	30.1%	(10)	(3.1)	(2.6)	(5.7)

APPENDIX D: RESOURCE INVENTORY

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Ambulatory Care Facility	Advanced Medical Imaging Of Toms River	1430 Hooper Avenue	Toms River	08753	(732) 349-2867
Ambulatory Care	Advanced Spine Care and Physical Rehabilitation, LLC	728 Bennetts Mills Rd, Suite 1	Jackson	08527	(732)-415-1401
Ambulatory Care	Aims Diagnostic Imaging Services Of New Jersey	1113 Beacon Avenue	Manahawkin	08050	(609) 978-6302
Ambulatory Care	Aims Diagnostic Imaging Services Of NJ, LLC	1109 Beacon Avenue	Manahawkin	08050	(609) 978-6301
Ambulatory Care	Ami Atlanticare	517 Route 72 West	Manahawkin	08050	(609)-568-9149
Ambulatory Care	Atlantic Medical Imaging	455 Jack Martin Boulevard	Brick	08724	(732) 840-6500
Ambulatory Care	Atlantic Medical Imaging	864 Route 37 West, West Hills Plaza	Toms River	08755	(732) 240-2772
Ambulatory Care	Family Planning Center Of Ocean County	290 River Avenue	Lakewood	08701	(732) 364-9696
Ambulatory Care	FMC-John J DePalma Renal Center	1 Plaza Drive	Toms River	08757	(732)-505-0637
Ambulatory Care	Garden State Medical Center, LLC	1314 Hooper Avenue - Bldg B	Toms River	08753	(732) 849-0077
Ambulatory Care	Garden State Radiation Oncology	512 Lakehurst Road	Toms River	08755	(732) 240-0053
Ambulatory Care	Health Village Imaging	27 S Cooks Bridge Road	Jackson	08527	(732)-497-1200
Ambulatory Care	Health Village Imaging	1301 Route 72 West	Manahawkin	08050	(609) 660-9729
Ambulatory Care	Jersey Advanced Mri And Diagnostic Center li	1 Kathleen Drive	Jackson	08527	(732) 901-6820
Ambulatory Care	Lacey Diagnostic Imaging	833 Lacey Road, Units #2 And #3	Forked River	08731	(609) 242-2334
Ambulatory Care	Lakewood Dialysis Services, LLC	1328 River Avenue, Suite 16	Lakewood	08701	(732)-730-2222
Ambulatory Care	Meridian-Fresenius Dialysis At Brick	1640 Route 88, Suite 102	Brick	08724	(732)-206-8200
Ambulatory Care	Meridian Imaging	27 S Cooks Bridge Road	Jackson	08527	(732) 497-1200
Ambulatory Care	New Jersey Radiology Associates	1322 Route 72	Manahawkin	08050	(609) 978-7900
Ambulatory Care	NJN Of Toms River-East	21 Stockton Drive	Toms River	08755	(732) 286-6333
Ambulatory Care	North Dover Open MRI LLC	1215 Route 70	Lakewood	08701	(732) 370-9902
Ambulatory Care	Ocean Health Initiatives	1610 Route 88, Suite 102	Brick	08723	(732)363-6655
Ambulatory Care	Ocean Health Initiatives	101 2Nd Street	Lakewood	08701	(732) 363-6655
Ambulatory Care	Ocean Health Initiatives	798 Route 539, Building 3	Little Egg Harbor Tw	08087	(732) 363-6655
Ambulatory Care	Ocean Health Initiatives	333 Haywood Road	Manahawkin	08050	(732)-363-6655
Ambulatory Care	Ocean Orthopedic Associates, Pa	530 Lakehurst Road	Toms River	08755	(732) 349-8454

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Ambulatory Care	OHI-Manchester Township New Access Point	686 State Route 70	Manchester Township	08733	(732) 363-6655
Ambulatory Care	Open MRI Of Central Jersey	226 Route 37 West, Suite 5	Toms River	08755	(732) 349-1620
Ambulatory Care	Our Birthing Center	326 3rd Street, #2B	Lakewood	08701	(732)-370-5627
Ambulatory Care	Physicians Dialysis Brick	150 Brick Boulevard	Brick	08723	(732)-477-2247
Ambulatory Care	Saint Barnabas Specialty Center	780 Route 37 West	Toms River	08755	(973) 322-9878
Ambulatory Care	Shore Heart Group, P.C.	115 East Bay Ave	Manahawkin	08050	(609)-971-3300
Ambulatory Care	Shore Imaging	1166 River Avenue	Lakewood	08701	(732) 364-9565
Ambulatory Care	Shore Imaging, PC	1100 Route 70 West	Whiting	08759	(732) 364-9565
Ambulatory Care	Shore Open MRI	1255 Route 70	Lakewood	08701	(732) 942-2300
Ambulatory Care	Shore Point Radiation Oncology Center	900 Route 70 East	Lakewood	08701	(732) 901-7333
Ambulatory Care	Sleep Health LLC	483 River Avenue	Lakewood	08701	(732) 364-3530
Ambulatory Care	Toms River X-Ray/Ct/MRI Center	154 Highway 37 West	Toms River	08755	(732) 244-0777
Ambulatory Care	University Radiology Group, Pc	3822 River Road	Point Pleasant	08742	(732) 892-1200
Ambulatory Care Satellite	OHI At Clifton Avenue Grade School	625 Clifton Avenue	Lakewood	08701	(732) 363-6655
Ambulatory Care Satellite	OHI Mobile Dental Van	101 2Nd Street	Lakewood	08701	(732) 363-6655
Ambulatory Surgical	Atlantcare Surgery Center-Ocean County	798 Route 539, Building A, Suite 1	Little Egg Harbor Tw	08087	(609) 296-1122
Ambulatory Surgical	Coastal Endoscopy Center LLC	175 Gunning River Road Bldg A Unit 4	Barnegat	08005	(609)-698-0700
Ambulatory Surgical	Jackson Surgery Center	27 South Cooks Bridge Road, Suite L2	Jackson	08527	(972) 763-3893
Ambulatory Surgical	Jackson Township Dialysis	260 North County Line Rd, Suite 120	Jackson	08527	(732)-364-2055
Ambulatory Surgical	Jasper Ambulatory Surgical, LLC	74 Brick Boulevard, Building 3, Suite 121	Brick	08723	(732) 262-0700
Ambulatory Surgical	Lakewood Surgery Center, LLC	1215 Route 70	Lakewood	08701	(732) 719-1800
Ambulatory Surgical	Manchester Surgery Center	1100 Route 70	Whiting	08759	(732) 716-8116
Ambulatory Surgical	Ocean Endosurgery Center	129 Route 37 West, Suite 1	Toms River	08755	(732) 797-3960
Ambulatory Surgical	Physicians' Surgicenter, LLC	1 Plaza Drive, Units 2-4	Toms River	08757	(732) 818-0059
Ambulatory Surgical	Seashore Surgical Institute, LLC	495 Jack Martin Boulevard	Brick	08724	(732) 836-9800
Ambulatory Surgical	Shore Outpatient Surgicenter, LLC	360 Route 70	Lakewood	08701	(732) 942-9835
Ambulatory Surgical	Shore Spine and Physical Rehabilitation, P.C.	1104 Arnold Ave	Point Pleasant	08742	(732)-714-0070

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Ambulatory Surgical	Shore Surgical Pavilion LLC	475 Route 70	Lakewood	08701	(732) 730-3939
Ambulatory Surgical	Southern Ocean County Dialysis Center	1301 Route 72, Suite 110	Manahawkin	08050	(609)-597-0483
Ambulatory Surgical	Toms River Surgery Center, LLC	1430 Hooper Avenue	Toms River	08753	(732) 240-2277
Ambulatory Surgical	University Radiology, P.C.	833 Lacey Road, Units #2 And #3	Forked River	08731	(609)-242-2334
Behavioral Health	Brighter Days School Self-Help Center	268 Bennetts Mills Road	Jackson	08527	(732) 534-9960
Behavioral Health	Journey To Wellness - Self Help Center	226 Route 37 West, Unit 14	Toms River	08755	(732) 914-1546
Behavioral Health	Mental Health Assoc Of Ocean Cty - Systems Advocacy	226 Route 37 West, Unit 14	Toms River	08755	(732) 914-1546
Behavioral Health	Ocean Mental Health Services Inc, Program Of Assertive Comm. Treatment (Pact)	1057 Route 9	Bayville	08721	(732) 606-9478
Behavioral Health	Ocean Mental Health Services, Inc. Partial Care - Project Recovery	160 Route 9	Bayville	08721	(732) 349-5550
Behavioral Health	Preferred Behavioral Health Of NJ - Dare - Partial Care	700 Airport Road	Lakewood	08701	(732) 367-4700
Behavioral Health	Preferred Behavioral Health Of NJ - Partial Care - Interact & Prime Time	725 Airport Road	Lakewood	08701	(732) 367-8859
Behavioral Health	Preferred Behavioral Health Services - Learn Of The Jersey Shore	725 Airport Road, Suite 7G	Lakewood	08701	(732) 276-1510
Behavioral Health	Triple C Housing, Inc. - Supportive Housing	1 Distribution Way	Monmouth Junction	08852	(609) 655-3950
Behavioral Health-OP	Agape Counseling Services	815 Route 9	Lanoka Harbor	08734	(609) 242-0086
Behavioral Health-OP	Community Health Law Project - Systems Advocacy	44 Washington Street, Suite 101	Toms River	08753	(732) 380-1012
Behavioral Health-OP	Life Excel, Inc	35 Beaverson Blvd - Bldg 1	Brick	08723	(732) 920-7933
Behavioral Health-OP	Lighthouse At Ocean County	400 N Main Street, Bldg 1 Suite 2	Manahawkin	08050	(609) 489-0789
Behavioral Health-OP	Monmouth Medical Center - Deaf Enhanced Screening Center	Southern Campus (Barnabas Health) 600 River Avenue	Lakewood	08701	(732) 886-4474
Behavioral Health-OP	Monmouth Medical Center (PESS)- Primary Screening Center For Ocean	Southern Campus (Barnabas Health) 600 River Avenue	Lakewood	08701	(732) 886-4474
Behavioral Health-OP	Ocean County Human Services - County Mental Health Board	1027 Hooper Avenue - Bldg 2	Toms River	08754	(732) 506-5374
Behavioral Health-OP	Ocean County Mental Health Services, Inc	687 Route 9	Bayville	08721	(732) 269-4849
Behavioral Health-OP	Ocean Medical Services, Inc.	2001 Route 37 East	Toms River	08753	(732) 288-9322

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Behavioral Health-OP	Ocean Mental Health Services Early Intervention Support Services	1376 Route 9	Toms River	08754	(732) 240-3760
Behavioral Health-OP	Ocean Mental Health Services - Involuntary Outpatient Commitment	687 Route 9	Bayville	08721	(732) 269-4849
Behavioral Health-OP	Ocean Mental Health Services Project Recovery	160 Route 9	Bayville	08721	(732) 349-5550
Behavioral Health-OP	Ocean Mental Health Services, Inc	81 Nautilus Drive	Manahawkin	08755	(609) 597-5327
Behavioral Health-OP	Ocean Mental Health Services, Inc - Homeless Services (Path)	687 Route 9	Bayville	08721	(732) 269-4849
Behavioral Health-OP	Ocean Mental Health Services, Inc - Program Of Assertive Comm Treatment (PACT)	122 Lien Street	Toms River	08753	(732) 349-0515
Behavioral Health-OP	Ocean Mental Health Services, Inc. Partial Care - Project Anchor	687 Route 9	Bayville	08721	(732) 269-4849
Behavioral Health-OP	Ocean Mental Health Services, Inc. - Crisis Diversion	687 Route 9	Bayville	08721	(732) 269-4849
Behavioral Health-OP	Ocean Mental Health Services, Inc. - Intensive Family Support Services	160 Route 9	Bayville	08721	(732) 349-3535
Behavioral Health-OP	Preferred Behavioral Health Access Center	700 Airport Road	Lakewood	08701	(732) 367-1602
Behavioral Health-OP	Preferred Behavioral Health (Lakewood)	999 Airport Road	Lakewood	08701	(732) 458-1700
Behavioral Health-OP	Preferred Behavioral Health Of NJ	725 Airport Road	Lakewood	08701	(732) 276-1510
Behavioral Health-OP	Preferred Behavioral Health Of NJ ntegrated Case Mgt Services	591 Lakehurst Road	Toms River	08755	(732) 323-3664
Behavioral Health-OP	Preferred Behavioral Health Of NJ - Justice Involved Services	591 Lakehurst Road	Toms River	08755	(732) 323-3664
Behavioral Health-OP	Preferred Behavioral Health Of NJ - Supportive Employment Services	725 Airport Road	Lakewood	08701	(732) 367-5439
Behavioral Health-OP	Preferred Behavioral Health Of NJ - Supportive Housing	725 Airport Road	Lakewood	08701	(732) 367-2665
Behavioral Health-OP	Preferred Behavioral Health Of NJ -Homeless Services (Path)	725 Airport Road	Lakewood	08701	(732) 367-2665
Behavioral Health-OP	Preferred Behavioral Health Of NJ	700 Airport Road	Lakewood	08701	(732) 367-4700
Behavioral Health-OP	Seashore Family Services Of NJ	35 Beaverson Blvd - Bldg 6 Suite A	Brick	08723	(732) 920-2700
Behavioral Health-OP	Seashore Family Services Of NJ	226 Main Street	Toms River	08753	(732) 244-1600
Behavioral Health-OP	St Barnabas Behavioral Health Center	1691 Route 9	Toms River	08753	(732) 914-1688

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Behavioral Health-OP	St Barnabas Behavioral Health Center - Deaf Enhanced STFC	1691 Route 9	Toms River	08753	(732) 914-1688
Behavioral Health-OP	The Center At Advanced Behavioral Care Services, LLC	5 Airport Road	Lakewood	08701	(732) 961-9666
Behavioral Health-OP-Res.	Ocean Mental Health Services, Inc. Supportive Housing	160 Route 9	Bayville	08721	(732) 281-1658
Behavioral Health-OP-Res.	Preferred Behavioral Health (Barnegat)	Barnegat Commons Suite C-1	Barnegat	08805	(609) 660-0197
Behavioral Health-OP-Res.	Preferred Behavioral Health (Toms River)	1191 Lakewood Road	Toms River	08755	(732) 458-1700
Behavioral Health-OP-Res.	RHD - Ocean Supportive Housing	317 Brick Boulevard	Brick	08723	(732) 920-5000
Behavioral Health-OP-Res.	RHD - Ocean/Monmouth Supportive Housing	2040 Sixth Avenue - Suite C	Neptune City	07753	(732) 361-5845
Behavioral Health-Res.	Jersey Shore University Medical Ctr - Short Term Care Facility	1945 Corlies Avenue	Neptune	07754	(732) 776-4361
Behavioral Health-Res.	Monmouth Med Ctr Southern Campus (Barnabas Health) Short Term Care	1691 Route 9	Toms River	08753	(732) 914-3836
Behavioral Health-Res.	Ocean Mental Health Services, Inc.	160 Route 9	Bayville	08721	(732) 349-5550
Behavioral Health-Res.	Resource For Human Development - Residential Intensive Support Team (RIST)	850 West Main Street	Barnegat	08005	(609) 698-8300
Behavioral Health-Res.	Resource For Human Development - Residential Intensive Support Team (RIST)	317 Brick Boulevard, Suite 200	Brick	08723	(732) 920-5000
Behavioral Health-Res.	Resource For Human Development (Coastal Wellness) - Residential Intensive Support Team (RIST) Ocean/Monmouth Program	2040 Sixth Avenue - Suite C	Neptune City	07753	(732) 361-5845
Clinical Care-Dental	Center For Health Education, Medicine & Dentistry (Chemed)	1771 Madison Avenue	Lakewood	08701	(732) 364-2144
Clinical Care-Dental	Ocean Health Initiatives	101 Second Street	Lakewood	08701	(732) 363-6655
Clinical Care-Dental	Ocean Health Initiatives	301 Lakehurst Road	Toms River	08753	(732) 552-0377
Communicable Disease-Tb Testing	Long Beach Island Health Department	2119 Long Beach Boulevard - 1St Floor	Ship Bottom	08008	(609) 492-1212
Communicable Disease-Tb Testing	Ocean County Health Department	175 Sunset Avenue P.O. Box 2191	Toms River	08754	(732) 341-9700
Comprehensive Rehabilitation	HealthSouth Rehabilitation Hospital Of Toms River	14 Hospital Drive	Toms River	08755	(800) 765-4772

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Comprehensive Rehabilitation	Shore Rehabilitation Institute	425 Jack Martin Boulevard, Second Floor, East Wing	Brick	08724	(732) 836-4530
End Stage Renal Dialysis	Bricktown Dialysis Center	525 Jack Martin Boulevard, Suite 200-201	Brick	08724	(732) 836-9669
End Stage Renal Dialysis	Fresenius Medical Care Lakewood	1328 River Avenue, Suite 16	Lakewood	08701	(732) 730-2222
End Stage Renal Dialysis	Fresenius Medical Care Toms River	970 Hooper Avenue	Toms River	08753	(732) 286-6502
End Stage Renal Dialysis	Fresenius Medical Center John J DePalma	1 Plaza Drive	Toms River	08757	(732) 505-0637
End Stage Renal Dialysis	Meridian-Fresenius Dialysis At Brick	1640 Route 88, Suite 102	Brick	08724	(732) 206-8200
End Stage Renal Dialysis	Ocean County Dialysis Center	635 Bay Avenue	Toms River	08753	(732) 341-2730
End Stage Renal Dialysis	RCG Whiting	430 Pinewald-Keswick Road, Route 530	Whiting	08759	(732) 350-8405
End Stage Renal Dialysis	Renal Center Of Brick	150 Brick Boulevard	Brick	08723	(732) 477-2247
End Stage Renal Dialysis	Southern Ocean County Dialysis Clinic	1301 Route 72, Suite 110	Manahawkin	08050	(609) 597-0483
Federally Qualified Health Centers	Center For Health Education, Medicine And Dentistry	1771 Madison Avenue Route 9	Lakewood	08701	(732) 364-2144
Federally Qualified Health Centers	Ocean Health Initiatives	855 Somerset Avenue	Lakewood	08701	(732) 363-6655
Federally Qualified Health Centers	Ocean Health Initiatives	333 Haywood Road	Manahawkin	08050	(609) 489-0110
Federally Qualified Health Centers	Ocean Health Initiatives Inc	301 Lakehurst Road	Toms River	08755	(732) 363-6655
General Acute Care Hospital	Community Medical Center	99 Rt 37 West	Toms River	08755	(732) 557-8000
General Acute Care Hospital	Monmouth Medical Center-Southern Campus	600 River Ave	Lakewood	08701	(732) 363-1900
General Acute Care Hospital	Ocean Medical Center	425 Jack Martin Blvd	Brick	08724	(732) 840-2200
General Acute Care Hospital	Southern Ocean Medical Center	1140 Rt 72 W	Manahawkin	08050	(609) 597-6011
Home Health Agency	Bayada Home Health Care, Inc	401 Lacey Road	Whiting	08759	(732) 350-2355
Home Health Agency	Hackensack Meridian Health at Home Ocean County	1759 Route 88, Suite 100	Brick	08724	(732)-206-8100
Home Health Agency	Meridian Home Care-Ocean County	Laurelton Plaza, 1759 State Highway 88, Suite 100	Brick	08724	(732) 206-8100
Home Health Agency	VNA Of Central Jersey Home Care & Hospice	1443 Hooper Avenue	Toms River	08755	(732) 818-6800
Hospice	Bayada Hospice	96 East Water Street	Toms River	08753	(609)-387-6410
Hospice	CareSense Health	1935 Swathmore Avenue	Lakewood	08701	(888) 444-8157

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Hospice	Compassionate Care Hospice Of Marlton, LLC	1130 Hooper Avenue, Suite 200	Toms River	08753	(732) 244-6380
Hospice	Hackensack Meridian Health Hospice	80 Nautilus Drive	Manahawkin	08050	(609)-489-0252
Hospice	Holisticare Hospice Of New Jersey	1144 Hooper Avenue - Suite 208	Toms River	08753	(732) 731-8100
Hospice	Holy Redeemer Hospice - New Jersey, Shore	1228 Route 37 West	Toms River	08755	(732) 240-2449
Hospice	Meridian Hospice	80 Nautilus Drive	Manahawkin	08050	(609) 489-0252
Hospice	New Jersey Cuidado Casro Hospice	74 Brick Blvd- Bldg 4, Ste 120	Brick	08723	(732) 477-0516
Hospice	Ocean Hospice, LLC	A-108 Commons Way	Toms River	08755	(732)-505-0080
Hospice	VNA Of Central Jersey Home Care & Hospice	1433 Hooper Avenue	Toms River	08755	(732) 818-6800
Hospice Care Branch	Compassionate Care Hospice Of Marlton LLC	1130 Hooper Avenue, Suite 200	Toms River	08753	(732) 244-6380
Hospice Care Branch	Holy Redeemer Hospice-NJ, Shore	1228 Route 37 West	Toms River	08755	(732) 240-2449
Hospice Care Branch	Meridian Hospice	80 Nautilus Drive	Manahawkin	08050	(609) 489-0252
Hospice Care Branch	New Jersey Cuidado Casero Hospice	74 Brick Blvd - Bldg 4, Ste 120	Brick	08723	(732) 477-0516
Hospice Care Program	CareSense Health	1935 Swarthmore Avenue	Lakewood	08701	(888) 444-8157
Hospice Care Program	Holisticare Hospice Of New Jersey	1144 Hooper Avenue, Suite 208	Toms River	08753	(732) 731-8100
Hospice Care Program	VNA Of Central Jersey Home Care & Hospice	1433 Hooper Avenue	Toms River	08755	(732) 818-6800
Hosp-Based, Off-Site Amb. Care	Children's Specialized Hospital	94 Stevens Road	Toms River	08755	(732) 797-3800
Hosp-Based, Off-Site Amb. Care	CMC Radiology Center At Whiting	65 Lacey Road	Manchester	08759	(732) 557-8000
Hosp-Based, Off-Site Amb. Care	Community Medical Center Sleep Center-Manahawkin	647 Mill Creek Road, Suites 4,5,7	Manahawkin	08050	(732) 557-8000
Hosp-Based, Off-Site Amb. Care	CSH Outpatient Center-Toms River	94 Stevens Road	Toms River	08755	(908) 233-3272
Hosp-Based, Off-Site Amb. Care	Meridian Cancer Care	27 South Cooks Bridge Road, Suite M7	Jackson	08527	(732) 840-3321
Hosp-Based, Off-Site Amb. Care	Meridian Rehab Outpatient Therapy At Manahawkin	56 Nautilus Drive	Manahawkin	08050	(609) 978-3110
Hosp-Based, Off-Site Amb. Care	Meridian Rehab Outpatient Therapy Center At Brick	150 Allaire Road	Brick	08724	(732) 836-4368
Hosp-Based, Off-Site Amb. Care	Ocean Care Center	1517 Richmond Avenue, Route 35 South	Point Pleasant	08742	(732) 295-6377
Hosp-Based, Off-Site Amb. Care	Ocean Medical Center Family Health Center	1608 State Route 88, Suite 207	Brick	08724	(732) 840-3322
Hosp-Based, Off-Site Amb. Care	SleepCare Center of Ocean Medical Center	1610 Route 88, Second Floor	Brick	08724	(732)-836-4295

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Hosp-Based, Off-Site Amb. Care	SOMC's Center For Sleep Disorders	2446 Church Road, Suite 3A	Toms River	08753	(609) 978-8900
Hosp-Based, Off-Site Amb. Care	Southern Ocean Medical Center Clinic	53 Nautilus Drive	Manahawkin	08050	(609) 978-8900
Hosp-Based, Off-Site Amb. Care	Southern Ocean Medical Center Sleep Center	53 Nautilus Drive	Manahawkin	08050	(609) 978-8900
Hospitals - Cancer Center	Community Medical Center	99 Route 37 West	Toms River	08755	(732) 557-8000
Hospitals - Cancer Center	Monmouth Medical Center - Southern Campus	600 River Avenue	Lakewood	08701	(732) 363-1900
Hospitals - Cancer Center	Ocean Medical Center	425 Jack Martin Boulevard	Brick	08724	(732) 840-2200
Hospitals - Cancer Center	Southern Ocean Medical Center	1140 Rte 72 West	Manahawkin	08050	(609) 597-6011
Inpatient Rehab & Long Term Care	Arbors Care Center	1750 Route 37 West	Toms River	08757	(732) 914-0090
Inpatient Rehab & Long Term Care	AristaCare At Manchester	1770 Tobias Avenue	Manchester	08759	(732) 657-1800
Inpatient Rehab & Long Term Care	AristaCare At Whiting	23 Schoolhouse Road	Whiting	08759	(732) 849-4300
Inpatient Rehab & Long Term Care	Atlantic Coast Rehabilitation & Health Care	485 River Road	Lakewood	08701	(732) 364-7100
Inpatient Rehab & Long Term Care	Barnegat Rehabilitation and Nursing Center	859 West Bay Avenue	Barnegat	08005	(609) 698-1400
Inpatient Rehab & Long Term Care	Bartley Healthcare Nursing & Rehabilitation	175 Bartley Road	Jackson	08527	(732) 370-4700
Inpatient Rehab & Long Term Care	Bey Lea Village Care Center	1351 Old Freehold Road	Toms River	08753	(732) 240-0090
Inpatient Rehab & Long Term Care	Care One At Jackson	11 History Lane	Jackson	08527	(732) 367-6600
Inpatient Rehab & Long Term Care	Children's Specialized Hospital	94 Stevens Road	Toms River	08755	(732) 797-3800
Inpatient Rehab & Long Term Care	Claremont Center	1515 Hulse Road	Pt Pleasant	08742	(732) 295-9300
Inpatient Rehab & Long Term Care	Community Medical Center TCU	99 Route 37 West	Toms River	08755	(732) 557-8000
Inpatient Rehab & Long Term Care	Concord Healthcare & Rehabilitation Center	963 Ocean Avenue	Lakewood	08701	(732) 367-7444
Inpatient Rehab & Long Term Care	Crestwood Manor	50 Lacey Road	Whiting	08759	(732) 849-4900
Inpatient Rehab & Long Term Care	Crystal Lake Healthcare & Rehabilitation Center	395 Lakeside Boulevard	Bayville	08721	(732) 269-0500
Inpatient Rehab & Long Term Care	Fountain View Care Center	527 River Avenue	Lakewood	08701	(732) 905-0700
Inpatient Rehab & Long Term Care	Green Acres Manor	1931 Lakewood Road	Toms River	08755	(732) 286-2323
Inpatient Rehab & Long Term Care	Hamilton Place At The Pines At Whiting	507 Route 530	Whiting	08759	(732) 849-0400
Inpatient Rehab & Long Term Care	Hampton Ridge Healthcare & Rehabilitation	95 Stevens Road	Toms River	08755	(732) 286-5005
Inpatient Rehab & Long Term Care	Harrogate	400 Locust Street	Lakewood	08701	(732) 905-7070
Inpatient Rehab & Long Term Care	Holiday Care Center	4 Plaza Drive	Toms River	08757	(732) 204-0900

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Inpatient Rehab & Long Term Care	Laurelton Village Care Center	475 Jack Martin Boulevard	Brick	08724	(732) 458-6600
Inpatient Rehab & Long Term Care	Leisure Chateau Rehabilitation	962 River Avenue	Lakewood	08701	(732) 370-8600
Inpatient Rehab & Long Term Care	Leisure Park Health Center	1400 Route 70	Lakewood	08701	(732) 370-0444
Inpatient Rehab & Long Term Care	Manahawkin Convalescent Center	1211 Route 72 West	Manahawkin	08050	(609) 597-8500
Inpatient Rehab & Long Term Care	Meridian Nursing & Rehabilitation At Brick	415 Jack Martin Boulevard	Brick	08724	(732) 206-8000
Inpatient Rehab & Long Term Care	Monmouth Medical Center - Southern Campus	600 River Avenue	Lakewood	08701	(732) 363-1900
Inpatient Rehab & Long Term Care	Mystic Meadows Rehab & Nursing Center	151 Ninth Avenue	Little Egg Harbor Twp	08087	(609) 294-3200
Inpatient Rehab & Long Term Care	Ocean Medical Center	425 Jack Martin Boulevard	Brick	08724	(732) 840-2200
Inpatient Rehab & Long Term Care	Rose Garden Nursing & Rehab Center	1579 Old Freehold Road	Toms River	08753	(732) 505-4477
Inpatient Rehab & Long Term Care	Seacrest Village	1001 Center Street	Little Egg Harbor Twp	08087	(609) 296-9292
Inpatient Rehab & Long Term Care	Shore Meadows Rehabilitation & Nursing Center	231 Warner Street	Toms River	08757	(732) 942-0800
Inpatient Rehab & Long Term Care	Shorrock Gardens Care Center Inc	75 Old Toms River Road	Brick	08723	(732) 451-1000
Inpatient Rehab & Long Term Care	Southern Ocean Center	1361 Route 72 West	Manahawkin	08050	(609) 978-0600
Inpatient Rehab & Long Term Care	Southern Ocean Medical Center	1140 Route 72 West	Manahawkin	08050	(609) 978-8900
Inpatient Rehab & Long Term Care	Southern Ocean Medical Center	1140 Route 72 West	Manahawkin	08050	(609) 597-6011
Inpatient Rehab & Long Term Care	Tallwood's Care Center	18 Butler Boulevard	Bayville	08721	(732) 237-2220
Inpatient Rehab & Long Term Care	Whiting Health Care Center	3000 Hilltop Road	Whiting	08759	(732) 849-4400
Inpatient Rehab & Long Term Care	Willow Springs Rehab & Health Care Center	1049 Burnt Tavern Road	Brick	08724	(732) 840-3700
Mammography Centers	Advanced Medical Imaging Of Toms River	1430 Hooper Avenue - Suite 102	Toms River	08753	(732) 349-2867
Mammography Centers	Aims Diagnostic Imaging	1109 Beacon Avenue	Manahawkin	08050	(609) 978-6301
Mammography Centers	CMC Radiology At Whiting	65 Lacey Road	Whiting	08755	(732) 557-8145
Mammography Centers	Community Medical Center	99 Hwy 37 West	Toms River	08755	(732) 557-3363
Mammography Centers	Community Medical Center - Nexus Building	368 Lakehurst Road - Nexux Bldg - 1St Floor	Toms River	08755	(732) 557-3363
Mammography Centers	Ella Health Of Toms River MSO, LLC	222 Oak Avenue - Suite 1	Toms River	08753	(848) 221-8209
Mammography Centers	Garden State Medical Center LLC, Dba Shore Imaging, Pc	1100 Route 70 West - Suite 102	Whiting	08759	(732) 364-9565
Mammography Centers	Health Village Imaging	1301 Route 72 West- Suite 100	Manahawkin	08050	(609) 660-9729

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Mammography Centers	Jacqueline M Wilentz MMC-SC	500 River Avenue - Suite 200	Lakewood	08701	(732) 923-7942
Mammography Centers	Lacey Diagnostic Imaging	833 Lacey Road	Forked River	08731	(609) 242-2334
Mammography Centers	Ocean Gynecological & Obstetrical Associates	475 Route 70	Lakewood	08701	(732) 364-8000
Mammography Centers	Ocean Medical Imaging Women's Center	9 Mule Road	Toms River	08757	(732) 240-1400
Mammography Centers	Shore Imaging, Chandru Jain, Md, PC	1166 River Avenue - Suite 102	Lakewood	08701	(732) 364-9565
Mammography Centers	Southern Ocean Medical Center	1140 Route 72 West	Manahawkin	08050	(609) 978-8900
Mammography Centers	Toms River X-Ray	154 Hwy 37 West	Toms River	08755	(732) 244-0777
Mammography Centers	University Radiology Group, Pc	3822 River Road	Point Pleasant	08742	(732) 892-1200
Mammography Centers	Woman's Imaging Pavilion At Ocean Medical Center	425 Jack Martin Boulevard	Bricktown	08724	(732) 836-4083
Maternal & Pediatric	Planned Parenthood	800 West Main Street	Freehold	07728	(732) 431-1717
Maternal & Pediatric	Center For Health Education, Medicine & Dentistry (Chemed)	1771 Madison Avenue	Lakewood	08701	(732) 364-2144
Maternal & Pediatric	Community Medical Center / RWJ Barnabas Health	99 Highway 37 West	Toms River	08755	(732) 557-8000
Maternal & Pediatric	Ocean Health Initiatives	101 Second Street	Lakewood	08701	(732) 363-6655
Maternal & Pediatric	Ocean Health Initiatives	333 Haywood Road	Manahawkin	08055	(609) 489-0110
Maternal & Pediatric	Ocean Health Initiatives	301 Lakehurst Rd	Toms River	08755	(732) 552-0377
Maternal & Pediatric	Ocean Health Initiatives - Lakehurst Circle Ctr li	686 Route 70	Lakehurst	08733	(732) 363-6655
Maternal & Pediatric	Ocean Health Initiatives - The Mobile Unit	101 Second Street	Lakewood	08701	(732) 363-6655
Maternal & Pediatric	Ocean Health Initiatives Elementary School	625 Clifton Avenue	Lakewood	08701	(732) 363-6655
Maternal & Pediatric	Planned Parenthood	268 South Academy Street	Hightstown	08520	(609) 448-3439
Maternal & Pediatric	Planned Parenthood	69 Newman Springs Road East	Shrewsbury	07702	(732) 842-9300
Maternal & Pediatric	Southern Ocean Medical Center	1140 Route 37 West	Manahawkin	08050	(609) 597-6011
Monmouth County Cancer Coalition	Center For Kids & Family	Att: Debra Levinson 99 Route 37 West	Toms River	08755	(732) 286-3693
Ocean County Cancer Coalition	Center For Kids & Family	Att: Debra Levinson 99 Route 37 West	Toms River	08755	(732) 286-3693
Primary Health Care Center	Lakewood Resource & Referral Center - Chemed	1771 Madison Ave (Route 9)	Lakewood	08701	(732) 364-2144
Primary Health Care Center	Lakewood Resource & Referral Center - Chemed	1771 Madison Avenue (RTE 9)	Lakewood	08701	(732) 364-2144

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Primary Health Care Center	Ocean Health Initiatives	Lakehurst Circle Center li - 686 Route 70	Lakehurst	08733	(732) 363-6655
Primary Health Care Center	Ocean Health Initiatives	Lakehurst Circle Ctr li- 686 Rt 70	Lakehurst	08733	(732) 363-6655
Primary Health Care Center	Ocean Health Initiatives	101 Second Street	Lakewood	08701	(732) 363-6655
Primary Health Care Center	Ocean Health Initiatives	333 Haywood Road	Stafford	08050	(609) 489-0110
Primary Health Care Center	Ocean Health Initiatives	301 Lakehurst Road	Toms River	08755	(732) 552-0377
Primary Health Care Center	Ocean Health Initiatives Elementary School	625 Clifton Avenue	Lakewood	08701	
Primary Health Care Center	Ocean Health Initiatives - The Mobile Unit	101 Second Street	Lakewood	08701	
Psychiatric Hospital	St Barnabas Behavioral Health Center	1691 Highway 9 CN 2025	Toms River	08755	(732) 914-1688
Senior Services	A Friend's House (Manahawkin)	179 South Main Street	Manahawkin	08050	(609) 978-6444
Senior Services	A Friend's House (Toms River)	105 Sunset Avenue, Cn2010	Toms River	08754	(800) 511-1510
Senior Services	Ambassador Medical Day Care, LLC	619 River Avenue	Lakewood	08701	(732) 367-1133
Senior Services	Brick Twp Senior Outreach Services & Senior Center	373 Adamston Road	Brick Twp	08723	(732) 920-8686
Senior Services	Day Break	816 Beaver Dam Road	Point Pleasant	08742	(732) 892-1717
Senior Services	Golden Years Care Of Freehold	20 Jackson Street, Suite 1A	Freehold	07728	(732) 845-3332
Senior Services	James Howard Clinic	970 Route 70	Brick	08724	(732) 836-6008
Senior Services	Little Egg Harbor Senior Center	641 Radio Road	Tuckerton	08087	(609) 296-1789
Senior Services	Long Beach Island Senior Center	4700 Long Beach Blvd	Brant Beach	08008	(609) 494-8861
Senior Services	Ocean County Office Of Senior Citizens	1027 Hooper Avenue Bldg #2 First Floor	Toms River	08754	(732) 929-2091
Senior Services	Regency Memory Club (Toms River)	1311 Route 37 West	Toms River	08755	(732) 286-2220
Senior Services	Riverside Manor Medical Day	699 Cross Street	Lakewood	08701	(732) 370-9400
Senior Services	Riverside Manor Medical Day	699 Cross Street	Lakewood	08701	(732) 370-9400
Senior Services	Seacrest Village Adult Day Center	1001 Center Street, P.O. Box 1480	Little Egg Harbor	08087	(609) 296-9292
Senior Services	Senior Care Of Brick	2125 Route 88	Brick	08724	(732) 899-1331
Senior Services	Stainton Senior Center	1735 Simpson Avenue	Ocean City	08226	(609) 399-0055
Senior Services	Toms River Twp Senior Center	652 Garfield Avenue	Toms River	08753	(732) 341-1000
Senior Services	Upper Township Senior Center	1369 Old Stagecoach Road	Ocean View	08230	(609) 390-9409

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Senior Services	Visiting Homecare Service Of Ocean County, Inc.	105 Sunset Avenue	Toms River	08754	(732) 244-5565
Senior Services	Whiting Health Care Center	3000 Hilltop Road	Whiting	08759	(732) 849-4969
Senior Services	Young At Heart	2125 Route 88	Brick	08724	(732) 899-1331
Senior Services	Young At Heart	2125 Route 88	Brick	08724	(732) 899-1331
Senior Services	Young At Heart Adult Center	115 Grawton Road	Jackson	08527	(732) 928-9222
Senior Services	Young At Heart Adult Center	115 Grawton Road	Jackson	08527	(732) 928-9222
Special Hospital	Specialty Hospital Of Central Jersey	600 River Avenue, 4 West	Lakewood	08701	(732) 806-3207
Surgical Practice	Bey Lea Ambulatory Surgical	54 Bey Lea Road Building 2	Toms River	08753	(732) 281-1020
Surgical Practice	Cataract & Laser Institute P A	101 Prospect Street, Suite 102	Lakewood	08701	(732) 367-0699
Surgical Practice	Center For Special Procedures	475 Route 70, Suite 203	Lakewood	08701	(732) 886-1234
Surgical Practice	Coastal Endoscopy Center LLC	175 Gunning River Road Bldg A, Unit 4	Barneгат	08005	(609) 698-0700
Surgical Practice	Dr Michael Rosen Md Pc	1114 Hooper Avenue	Toms River	08753	(732) 240-6396
Surgical Practice	Endoscopy Center Of Ocean County	477 Lakehurst Road	Toms River	08755	(732) 349-4422
Surgical Practice	Endoscopy Center Of Toms River	473 Lakehurst Road	Toms River	08755	(732) 349-4422
Surgical Practice	Garden State Ambulatory Surgery Center	1 Plaza Drive	Toms River	08757	(732) 341-7010
Surgical Practice	NJ Cataract and Laser Institute, P.A.	101 Prospect Street, Suite 102	Lakewood	08701	(732)-367-0699
Surgical Practice	Northeast Surgi-Care LLC	475 Route 70, Suite 203	Lakewood	08701	(732)-886-1234
Surgical Practice	Ocean County Eye Associates	18 Mule Road	Toms River	08755	(732) 818-1200
Surgical Practice	Ocean Surgery Center	501 Lakehurst Road	Toms River	08753	(732) 341-7299
Surgical Practice	The Surgicenter	500 Lakehurst Road	Toms River	08755	(732) 914-2233

APPENDIX E: DISCHARGES AND POPULATION 18-64 FOR AMBULATORY CARE SENSITIVE CONDITIONS

ACSC Discharges from NJ Hospitals	Total ACS Discharges	ANGINA	ASTHMA	BACTERIAL PNEUMONIA	CELLULITIS	CONGESTIVE HEART FAILURE	CONVULSION	COPD	DEHYDRATION	DENTAL CONDITIONS	DIABETES	ENT
ALL RACES												
Statewide	55,565	603	3,780	6,170	6,230	5,260	963	6,355	2,923	761	7,624	533
MMSC PSA	1,991	20	86	292	238	204	35	266	63	18	268	16
WHITE												
Statewide	27,668	276	1,289	3,316	4,150	2,014	528	3,729	1,469	379	3,271	237
MMSC PSA	1,593	15	58	238	211	145	29	224	52	17	202	14
BLACK												
Statewide	15,535	160	1,363	1,578	892	2,180	242	1,792	740	186	2,603	134
MMSC PSA	207	1	15	29	14	43	4	22	6	1	37	2

ACSC Discharges from NJ Hospitals	Total ACS Discharges	GASTRO-INSTESTINAL OBSTRUCTION	GRAND MAL STATUS/OTHER EPILEPTIC CONVULSION	HYPERTENSION	HYPOGLYCEMIA	IMMUNIZATION RELATED PREVENTABLE	KIDNEY/URINARY INFECTION	NUTRITION DEFICIENCIES (til 12/14 DSCG)	OTHER TUBERCULOSIS	PELVIC INFLAMMATORY DISEASE	PULMONARY TUBERCULOSIS	SKIN GRAFTS W CELLULITIS
ALL RACES												
Statewide	55,565	1,936	4,534	994	60	8	4,164	2,068	33	359	73	134
MMSC PSA	1,991	53	206	21	1		144	51	1	7		1
WHITE												
Statewide	27,668	969	2,226	346	25	3	2,051	1,203	4	110	6	67
MMSC PSA	1,593	46	168	14	1		112	41		5		1
BLACK												
Statewide	15,535	437	1,293	427	26	2	841	462	10	118	16	33
MMSC PSA	207	3	18	5			5	1		1		

ACSC 2016 Discharge Rate per 1,000 population	Est 2016 Population 18-64	Total ACS Discharges	ANGINA	ASTHMA	BACTERIAL PNEUMONIA	CELLULITIS	CONGESTIVE HEART FAILURE	CONVULSION	COPD	DEHYDRATION	DENTAL CONDITIONS	DIABETES	ENT
ALL RACES													
Statewide	5,610,651	9.903	0.107	0.674	1.100	1.110	0.938	0.172	1.133	0.521	0.136	1.359	0.095
MMSC PSA	218,291	9.121	0.092	0.394	1.338	1.090	0.935	0.160	1.219	0.289	0.082	1.228	0.073
Variance from Statewide		(0.783)	(0.016)	(0.280)	0.238	(0.020)	(0.003)	(0.011)	0.086	(0.232)	(0.053)	(0.131)	(0.022)
WHITE													
Statewide	3,657,780	7.564	0.075	0.352	0.907	1.135	0.551	0.144	1.019	0.402	0.104	0.894	0.065
MMSC PSA	189,813	8.392	0.079	0.306	1.254	1.112	0.764	0.153	1.180	0.274	0.090	1.064	0.074
Variance from Statewide		0.828	0.004	(0.047)	0.347	(0.023)	0.213	0.008	0.161	(0.128)	(0.014)	0.170	0.009
BLACK													
Statewide	783,378	19.831	0.204	1.740	2.014	1.139	2.783	0.309	2.288	0.945	0.237	3.323	0.171
MMSC PSA	10,171	20.352	0.098	1.475	2.851	1.376	4.228	0.393	2.163	0.590	0.098	3.638	0.197
Variance from Statewide		0.521	(0.106)	(0.265)	0.837	0.238	1.445	0.084	(0.125)	(0.355)	(0.139)	0.315	0.026
Variance Black from White													
Statewide		12.27	0.13	1.39	1.11	0.00	2.23	0.16	1.27	0.54	0.13	2.43	0.11
PSA		11.96	0.02	1.17	1.60	0.26	3.46	0.24	0.98	0.32	0.01	2.57	0.12
Est Admissions Statewide		9609.41	100.89	1086.94	867.82	3.20	1748.67	128.92	993.37	425.39	104.83	1902.46	83.24
Est Admissions PSA		121.64	0.20	11.89	16.25	2.69	35.23	2.45	10.00	3.21	0.09	26.18	1.25

ACSC 2016 Discharge Rate per 1,000 population	Est 2016 Population 18-64	Total ACS Discharges	GASTRO-INSTESTINAL OBSTRUCTION	GRAND MAL STATUS/OTHER EPILEPTIC CONVULSION	HYPERTENSION	HYPOGLYCEMIA	IMMUNIZATION RELATED PREVENTABLE	KIDNEY/URINARY INFECTION	NUTRITION DEFICIENCIES (til 12/14 DSCG)	OTHER TUBERCULOSIS	PELVIC INFLAMMATORY DISEASE	PULMONARY TUBERCULOSIS	SKIN GRAFTS W CELLULITIS
ALL RACES													
Statewide	5,610,651	9.903	0.345	0.808	0.177	0.011	0.001	0.742	0.369	0.006	0.064	0.013	0.024
MMSC PSA	218,291	9.121	0.243	0.944	0.096	0.005	0.000	0.660	0.234	0.005	0.032	0.000	0.005
Variance from Statewide		(0.783)	(0.102)	0.136	(0.081)	(0.006)	(0.001)	(0.082)	(0.135)	(0.001)	(0.032)	(0.013)	(0.019)
WHITE													
Statewide	3,657,780	7.564	0.265	0.609	0.095	0.007	0.001	0.561	0.329	0.001	0.030	0.002	0.018
MMSC PSA	189,813	8.392	0.242	0.885	0.074	0.005	0.000	0.590	0.216	0.000	0.026	0.000	0.005
Variance from Statewide		0.828	(0.023)	0.277	(0.021)	(0.002)	(0.001)	0.029	(0.113)	(0.001)	(0.004)	(0.002)	(0.013)
BLACK													
Statewide	783,378	19.831	0.558	1.651	0.545	0.033	0.003	1.074	0.590	0.013	0.151	0.020	0.042
MMSC PSA	10,171	20.352	0.295	1.770	0.492	0.000	0.000	0.492	0.098	0.000	0.098	0.000	0.000
Variance from Statewide		0.521	(0.263)	0.119	(0.053)	(0.033)	(0.003)	(0.582)	(0.491)	(0.013)	(0.052)	(0.020)	(0.042)
Variance Black from White													
Statewide		12.27	0.29	1.04	0.45	0.03	0.00	0.51	0.26	0.01	0.12	0.02	0.02
PSA		11.96	0.05	0.88	0.42	-0.01	0.00	-0.10	-0.12	0.00	0.07	0.00	-0.01
Est Admissions Statewide		9609.41	229.47	816.26	352.90	20.65	1.36	401.74	204.36	9.14	94.44	14.71	18.65
Est Admissions PSA		121.64	0.54	9.00	4.25	-0.05	0.00	-1.00	-1.20	0.00	0.73	0.00	-0.05