Community Medical Center | RWJBarnabas HEALTH

COMMUNITY HEALTH NEEDS ASSESSMENT

COMMUNITY MEDICAL CENTER

2019

ACKNOWLEDGEMENTS

The following partners led the Community Medical Center (CMC) Community Health Assessment:

COMMUNITY MEDICAL CENTER EXECUTIVES AND SENIOR TEAM
- Patrick Ahearn, President and CEO
- Donna Bonacorso, Chief Nursing Officer and VP for Patient Care Services
- Neil Bryant, VP, Support Services
- Brian Case, AVP, Business Development
- Shaun Fitzsimmons, Director, Information Technology & Services
- Jean Flaherty, Director, Marketing & Communications
- Dr. Teri Kubiel, VP, Community Outreach & Patient Experience
- Meika Neblett, MD, Chief Medical Officer
- Rick Pallamary, VP, Development/Foundation
- Christopher Reidy, VP, Finance/Site Financial Officer
- Vanessa Smith, Chief Human Resources Officer & VP

JOINT COMMUNITY MEDICAL CENTER/BARNABAS HEALTH BEHAVIORAL HEALTH CENTER OVERSIGHT COMMITTEE

- Patrick Ahearn, President and CEO, Community Medical Center
- Deanna Sperling, President and CEO, Barnabas Health Behavioral Health Center
- Dr. Teri Kubiel, VP of Patient Experience and Community Affairs, Community Medical Center
- Keri Britske, Director of Community Outreach, Community Medical Center
- Charlene Harding, Director of Business Development, Community Medical Center
- Jean Flaherty, Director of Marketing & Communications, Community Medical Center
- Rick Pallamary, VP of Development, Community Medical Center
- Shari Beirne, VP of Patient Experience & Marketing, Barnabas Health Behavioral Health Center
- Mayor Harry Robbins, Lakehurst
- Bobbie Seidel, Lead, Work/Life Consultant, Military and Family Support Center
- Peter Curatolo, Ocean County Health Department
- Brian Rumpf, Ocean County Health Department

RWJ BARNABAS HEALTH COMMUNITY HEALTH NEEDS ASSESSMENT STEERING COMMITTEE

The RWJ Barnabas Health CHNA Steering Committee oversees the 2018-2019 CNA process to update Hospitals CNAs and create new Implementation/Community Health Improvement Plans. The key tasks of the Steering Committee include:
- Oversight and guidance of CHNA implementation plan development
- Review facility implementation/health improvement plans and results
- Review of suggested priorities for facility implementation planning
- Share strategies and best practices

Members of the RWJ Barnabas Health CHNA Steering Committee include:

- Jen Velez, Executive Vice President, Community and Behavioral Health, Committee Chair
- Michellene Davis, Executive Vice President, Corporate Affairs
- Bryan Soltes, System Vice President, Network Development, Oncology Services
- Connie Greene, Behavioral Health/Preventive Care
- Joseph Jaeger, DrPH, Chief Academic Officer
- Barbara Mintz, Senior Vice President, Health and Wellness
- Jessica Israel, M.D., Corporate Chair, Geriatrics
- Michael Knecht, Corporate Vice President, Strategic Messaging and Marketing
- Ernani Sadural, M.D., Director of Global Health for Barnabas Health
- Richard Henwood, Vice President, Finance
- Tamara Cunningham, Vice President, System Development/Planning
- Hospital Representatives:
  - Céu Cirne Neves, Vice President, Physician and Support Services, Saint Barnabas Medical Center (Designee: Margie Heller, Vice President, Community Health & Global Strategic Partnerships, Saint Barnabas Medical Center)
  - Darrell K. Terry, Sr., MHA, MPH, FACHE, President and CEO, Newark Beth Israel Medical Center (Designee: Kim Cook, Director, Community Relations & Volunteer Services)
  - Frank Mazzarella, M.D., Chief Medical Officer, Clara Maass Medical Center (Designee: Fran Monteleone, Director, Physician Relations and Community Outreach)
  - Judy Colorado, Chief Nursing Officer and Vice President of Patient Care Services, Monmouth Medical Center Southern Campus (Designee: Jean McKinney, Community Education Department)
  - Anna Burian, Vice President of Ambulatory Care Services, Monmouth Medical Center (Designee: Jean McKinney, Community Education Department)
  - Teri Kubiel, DNP, Vice President, Patient Experience and Community Affairs
  - Shari Beirne, Director of Marketing and Patient Satisfaction, Barnabas Health Behavioral Health Center
  - Serena Collado, Director, Community Health, Robert Wood Johnson University Hospital Somerset
  - Mariam Merced, Director, Community Health Promotions, Robert Wood Johnson University Hospital New Brunswick
  - Donna Mancuso, Manager, Public & Community Affairs, Robert Wood Johnson University Hospital Rahway
  - Ruth Bash, Vice President & Chief Culture Officer, Children's Specialized Hospital
  - Irene Borgen, Vice President, Quality and Standards, Jersey City Medical Center
  - Diane Grillo, Vice President, Health Promotion, Robert Wood Johnson University Hospital Hamilton (Designee: Lauren Stabinsky, Director Community & Corporate Health, Robert Wood Johnson University Hospital Hamilton)

COMMUNITY MEDICAL CENTER STEERING COMMITTEE CONSULTANT ADVISORS

Steering Committee Technical Advisors:
- Withum, Smith & Brown (Scott Mariani)
- New Solutions Inc. (Nancy Erickson[1])
- Bruno & Ridgway, Inc. (Joseph Ridgway)

Questions regarding the Community Needs Assessments should be directed to RWJ Barnabas Health System Development & Planning at BHPlanningDept@RWJUH.org*.*

---

[1] The CHA's development consultants, New Solutions, Inc., have planned and conducted numerous community needs assessments and implementation plans with multiple organizations including individual hospitals, health systems, other health care and community organizations such as consortia comprised of a wide range of participant organizations. The NSI team, of which two are Ph.D. prepared, includes: planning consultants, market researchers, epidemiologists, computer programmers and data analysts. NSI has extensive regional and local community knowledge of health issues, community services and provider resources for the community reviewed by this assessment. This expertise, as well as the methodological and technical skills of the entire staff, was brought to bear in conducting this Community Health Needs Assessment.
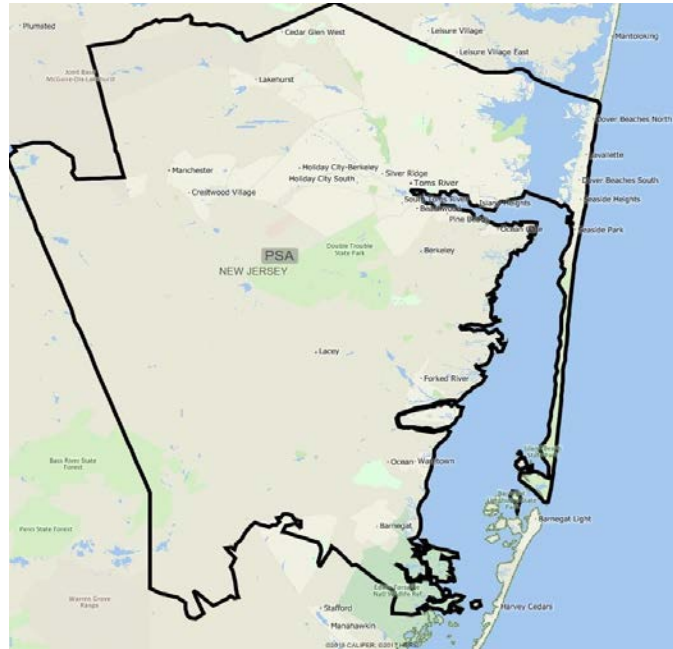
TABLE OF CONTENTS

EXECUTIVE SUMMARY

Background

CMC Service Area

Community Medical Center (CMC) and the Barnabas Health Behavioral Health Center (BHBHC), both in Toms River, New Jersey, have jointly collaborated to develop this CHNA. The CMC/BHBHC Community Health Needs Assessment (CHNA) is designed to ensure that the facilities continue to effectively and efficiently serve the health needs of their service area. The CHNA was developed in accordance with all federal rules and statues, specifically, PL 111-148 (the Affordable Care Act) which added Section 501(r) to the Internal Revenue Code. The CMC/BHBHC Needs Assessment was undertaken in this context and developed for the purpose of enhancing health and quality of life throughout the community. This assessment builds upon the CHNA completed in 2016. The 2016 Implementation Plan results are reviewed in **Appendix A**.

The CHNA uses detailed secondary public health data at state, county, and community levels, a community health survey, and focus groups with other community stakeholders. CMC and BHBHC are members of RWJ Barnabas Health, which convenes a multi-disciplinary, multi-facility Steering Committee that provides additional support and leadership. Also, insight and expertise from the CMC/BHBHC CHNA Oversight Committee helps to identify health assets, gaps, disparities, trends, and priorities. The Methodology section details the data collection process and analysis.

Service Area

The service area is determined by considering three factors: patient origin, market reliance on the Hospital (market share), and geographic continuity and proximity. Zip codes representing approximately 50% of the CMC patient origin form the initial primary service area (PSA); any zip code in which the Hospital has a high market share presence is also included. Zip codes with lower market share are deleted from the PSA definition and included in the secondary service area (SSA). Geographic proximity is used to create a contiguous area and completes the service area determination. CMC's PSA is predominantly located in the central section of Ocean County. The SSA is comprised of other zip codes within Ocean County. This is also true for the BHBHC. For purposes of this assessment, Ocean County, CMC's/BHBHC's home county, was selected to best represent communities served by the facilities in reviewing data sources presented at the county level.

CMC Primary Service Area	
ZIP Code	**ZIP Name**
08005	Barnegat
08721	Bayville
08722	Beachwood
08731	Forked River
08732	Island Heights
08733	Lakehurst
08734	Lanoka Harbor
08735	Lavallette
08740	Ocean Gate
08741	Pine Beach
08751	Seaside Heights

TOP THREE HEALTH ISSUES

The CMC/BHBHC Oversight Committee considered primary and secondary data to determine three top health issues based on capacity, resources, competencies, and needs specific to the populations it serves. These issues are within the Hospitals' purview, competency and resources to impact in a meaningful manner: chronic disease prevention and management, behavioral health: mental health and substance use, and cancer.

CMC Primary Service Area	
ZIP Code	ZIP Name
08752	Seaside Park
08753	Toms River
08755	Toms River
08757	South Toms River
08758	Waretown
08759	Manchester Township
08754	Toms River
08756	Toms River

1. *Chronic Disease Prevention and Management*

Chronic diseases are non-communicable diseases that are prolonged in duration and are rarely cured completely. These conditions include heart disease, cancer, stroke, diabetes and arthritis. Two of these chronic diseases—heart disease and cancer—together accounted for nearly 48% of all deaths in the U.S. Arthritis is the most common cause of disability. Of the 53 million adults with a doctor diagnosis of arthritis, more than 22 million say they have trouble with their usual activities because of arthritis. Diabetes is the leading cause of kidney failure, lower-limb amputations other than those caused by injury, and new cases of blindness among adults. As previously discussed, Obesity is a serious health concern and factor affecting incidence of chronic diseases.

Chronic diseases tend to become more common with age. Eighty-nine percent of Americans over the age of 65 have at least one chronic condition, and 68% or more have two or more chronic diseases. In 2015, the ten most common chronic conditions for adults 65+ on Medicare were hypertension (58%), high cholesterol (47%), arthritis (31%), ischemic heart disease (29%), diabetes (27%), chronic kidney disease (18%), heart failure (14%), depression (14%), Alzheimer's Disease and dementia (11%), and chronic obstructive pulmonary disease (11%).

Chronic diseases and conditions are on the rise worldwide. An aging population and behavioral factors including the adoption of more sedentary lifestyles are pushing obesity rates and cases of diseases such as diabetes upwards. According to the World Health Organization, chronic disease prevalence is expected to rise 57% by the Year 2020.

Some chronic diseases are impacted by factors which are beyond an individual's control like age, family history and genetics, but many are preventable with behavioral modifications like quitting or avoiding smoking, secondhand smoke, chemical fumes and dust; exercising; eating healthy by avoiding high fats, salt, and sugar; sleeping; managing stress levels; and abstaining from excessive alcohol consumption.

- Six of the top 10 leading causes of death for Ocean County are chronic diseases: diseases of the heart, cancer, diabetes, chronic lower respiratory disease, kidney disease and Alzheimer's Disease.
- Ocean County's Age-Adjusted Mortality Rate (AAMR) for heart disease deaths (199.9/100,000) was higher than the CHR benchmark of (103.4/100,000).
- The AAMR for Alzheimer's Disease increased (11.2%) between 2013 and 2016.
- More than a third (33.6%) of Ocean County residents indicated they were told they had high blood pressure.
- More than a third of Ocean County residents reported high cholesterol.

- The percent of Ocean County residents reporting arthritis decreased from (29.5%) in 2013, to (27.2%) in 2016.
- Chronic Disease was identified as a top health concern on the Community Needs Survey.
- Diabetes and obesity were among top health priorities identified by focus group participants.

CMC collaborates with community partners throughout the county to provide screening services for heart disease, cancer and diabetes and related risk factors, and provides outpatient diabetes self-management classes and support groups for community residents. To help foster healthy eating habits for school-aged children, the Medical Center provides educational programs and assembles and sponsors community exercise programs.

Bilingual health fairs and screenings are offered in an effort to reach out to the Hispanic/Latino community.

2. *Behavioral Health: Mental Health and Substance Use*

Behavioral health refers to a constellation of mental health and substance use disorders which together affect more than 25% of Americans aged 18 and over.[2] These disorders are recurrent, serious and may co-occur, but they are treatable and many people recover.

Mental disorders are health conditions characterized by alterations in thinking, mood, and/or behavior associated with distress and or impaired functioning. Risk factors for mental illness include family history, stressful life situations, chronic medical conditions, brain damage, and substance abuse.

Serious mental illnesses include schizophrenia, major depression, and bi-polar disorder among others. Patients with serious mental illness are more likely to be unemployed, involved with law enforcement, and have housing insufficiency.[3] According to the 2015 National Survey of Drug Use & Health, an estimated 98 million adults 18 or older in the U.S. had a serious mental illness, including 2.5 million living below the poverty level.[4] The relationship between poverty and serious mental illness is complex. Poverty may heighten the experience of mental illness as well as increase the likelihood of the onset of mental illness. In addition, experiencing a mental illness can also increase one's chances of living below poverty level.

Substance abuse refers to a set of related conditions associated with the consumption of mind- and behavior-altering substances that have negative behavioral and health outcomes. Risk factors for substance abuse are similar to mental health conditions and also include poverty and drug availability. Substance abuse has a major impact on individuals, families, and communities. The effects of substance abuse are cumulative, significantly contributing to costly social, physical, mental, and public health problems.

Behavioral health disparities impact diverse groups in the U.S., including racial and ethnic groups, young adults, women, and the LGBTQIA community. There is stigma associated with mental health diagnosis and treatment, particularly among African-Americans and Latinos. Behavioral health plays a major role in

---

[2] *https://www.samhsa.gov/disorders.*
[3] *Ibid.*
[4] *http://www.samhsa.gov/data/*

one's ability to maintain good physical health. Problems with physical health, such as chronic diseases, can have a serious impact on mental health and decrease a person's ability to participate in treatment and recovery.

Of late, the issue of opioid misuse and addiction has captured the attention of federal and state governments, leading to the U.S. President declaring the opioid crisis a public health emergency. To help clarify some of the reasons for this decision, the National Institute on Drug Abuse has estimated that 115 people a day die as a result of an opioid overdose. In 2014 alone, AHQR reported New Jersey had the 6th highest rate of emergency room visits for opioids (265.4/100,000 population). Between 2014 and 2016, there was a 40% rise in the number of deaths as a result of drug overdoses in the State. The majority of the victims had heroin or fentanyl in their systems.

To help combat this issue, New Jersey announced a statewide initiative to help combat the opioid crisis. One of the initiatives will include a 24-hour response team which will include first responders, mental health advocates, substance abuse counselors specially trained in dealing with addiction, and a beefed-up prescription monitoring program funded by more than a million dollars in federal grants.

- In 2016, (15.1%) of Ocean County residents reported 14 of the last 30 days were not good mental health days, down from (15.4%) in 2013.
- In 2016, Ocean County had a higher rate of residents with an inpatient mental health hospitalization than the State.
- In 2016, the leading reason for admission to a drug-related treatment center was heroin use followed by alcohol.
- The rate of alcohol impaired driving deaths in Ocean County is historically higher than the State.

CMC deploys a full-time psychiatrist in the ED to assess and treat urgent/emergent psychiatric crises with the goal of reducing inpatient hospitalization whenever possible. Peer recovery specialists are also used in the ED to help encourage patients brought in with an opioid overdose to seek ongoing treatment and recovery from their addiction.

3. *Cancer*

Cancer, the second leading cause of death in the United States, causes approximately 1,600 deaths per day. The disease initiates with unrestrained and abnormal cell growth and spreads via the blood and lymph systems. Cancer is caused by gene mutations that affect how cells grow and divide. Mutations can be inherited or caused by environmental and lifestyle factors. In 2011, the Agency for Healthcare Research and Quality estimated the cost of cancer in the United States totaled $88.7 billion, with increases projected. There are over 100 different types of cancers, but lung, colorectal, and breast cancers carried the heaviest economic burden. Lung, colorectal, and breast cancers are also responsible for high disability-adjusted life years (DALYs).

Prevention, early detection, and treatment of common cancers yield economic benefits as treating late-stage cancer is more expensive than treating early-stage cancer. Late-stage breast cancer treatment costs three times more than management of early-stage disease. Screening for cervical, breast and colorectal cancers helps detect disease at an early and treatable stage. Vaccines to prevent Hepatitis B (HBV) and HPV are critical to prevention of liver and cervical cancers. Lifestyle-related health behaviors, such as tobacco use, diet, and physical activity can also be modified to reduce risk.

The elderly are at greater risk for developing cancer than younger age cohorts. The median age of cancer diagnoses is 66, with persons aged 65-74 having a 1 in 4 chance of developing the disease. Between 5–10% of all cancer cases can be attributed to genetic defects and the remaining 90–95% attributed to environmental and lifestyle factors. While genetics like age and family history cannot be manipulated, most other major risk factors and lifestyle choices can be changed.

Obesity increases the risk of several cancers; physical activity and nutritious eating can help bring about a healthy weight. One study of severely obese people found significant weight loss reduced risk by one-third. Obesity is associated with increased risks for many types of cancer including breast, colon, endometrial, esophagus, kidney, pancreas, gall bladder, thyroid, ovary, cervix, prostate, multiple myeloma and Hodgkin's lymphoma.[5]

Carcinogens are substances that are responsible for damaging DNA, promoting and aiding cancer. Tobacco, asbestos, radiation (gamma and x-rays), the sun, and car exhaust fumes are well known carcinogens. The rate of breast cancer is greatly increased when women have excess estrogen levels for a prolonged time period. Viruses that weaken the ability of the immune system to fight infection (HPV, Hepatitis B and C, Epstein-Barr, HIV) and immunosuppressive drugs are also linked to an increased risk.

- Between 2013 and 2016, the age-adjusted mortality rate for cancer in Ocean County decreased from 162.9/100,000 to 162.6/100,000.
    - The 2016 Ocean County cancer mortality rate was higher than the New Jersey AAMR of 148.3/100,000.
- In 2016, 68.0% of Ocean County adults 50+ had a sigmoidoscopy or colonoscopy, higher than New Jersey 63.8%.
- In 2016, 79.9% of Ocean County women 40+ reported having a mammogram screening within the past 2 years, compared to 77.3% in New Jersey.[6]
- In 2016, in Ocean County, 73.4% of women aged 18 and older had a pap smear test within the last three years, compared to 74.5% in New Jersey.[7]
- In 2016, 28.8% of Ocean County residents were obese, more than the 27.3% of residents statewide.[8]
- Smoking decreased in Ocean County from 20.3% in 2014 to 13.1% in 2016. The percent of Ocean County smokers in 2016 was lower than the *Country Health* Ranking benchmark (14%).

CMC provides free cancer screenings for breast, cervical, prostate and colon cancer to uninsured/ underinsured residents in Ocean County and sponsors cancer navigators and support groups to help patients with cancer through their journey.

CMC is accredited by the American College of Radiation Oncology and The American College of Surgeons. The staff at CMC's Cancer Center includes dieticians, hospice liaison nurses, medical oncologists, medical physicists, nurse educators, oncology-certified nurses, pastoral care, pathologists, radiation oncologists, radiation therapists, social workers (bilingual available), and surgical oncologists.

---

5 Retrieved from www.cdc.gov/healthyyouth/obesity/facts.htm. Accessed 7/8/13.
6 County Health Rankings 2016 http://www.countyhealthrankings.org/app/new-jersey/2016/measure/factors/50/data
7 Behavioral Risk Factor Surveillance System 2016
8 New Jersey State Health Assessment Data 2016

1.   *INTRODUCTION*

CMC Service Area

Community Medical Center (CMC) and Barnabas Behavioral Health Center (BHBHC), both in Toms River, New Jersey, have jointly collaborated to develop this CHNA. The CMC/BHBHC Community Health Needs Assessment (CHNA) is designed to ensure that the facilities continue to effectively and efficiently serve the health needs of its service area. The CHNA was developed in accordance with all federal rules and statues, specifically, PL 111-148 (the Affordable Care Act) which added Section 501(r) to the Internal Revenue Code. The CMC/BHBHC Needs Assessment was undertaken in this context and developed for the purpose of enhancing health and quality of life throughout the community. This assessment builds upon the CHNA completed in 2016. The 2016 Implementation Plan results are reviewed in **Appendix A**.

The CHNA uses detailed secondary public health data at state, county, and community levels, a community health survey, and focus groups with other community stakeholders. CMC and BHBHC are members of RWJ Barnabas Health, which convenes a multi-disciplinary, multi-facility Steering Committee that provides additional support and leadership. Also, insight and expertise from the CMC/BHBHC CHNA Oversight Committee helps to identify health assets, gaps, disparities, trends, and priorities. The Methodology section details the data collection process and analysis.

Community Medical Center and Barnabas Behavioral Health Center are located in Toms River, New Jersey. CMC is one of four acute care hospitals operating in Ocean County. Barnabas Health Behavioral Health Center is a behavioral hospital also located in Toms River. CMC and BHBHC are affiliates of RWJ Barnabas Health. The hospitals' primary service area encompasses 16 zip codes that are part of the central and most populated area in the County. Ocean County municipalities to the north and south of the PSA comprise the Secondary Service Area (SSA). This is also true for the BHBHC.

The CMC/BHBHC Oversight Committee determined three issues to be within the Hospital's purview, competency and resources to impact in a meaningful manner: chronic disease prevention and management, behavioral health: mental health and substance use, and cancer.

The CHNA uses detailed secondary public health data at state, county, and community levels, from various sources including Department of Health and Human Services, Centers for Disease Control and Prevention, Census Bureau, *Healthy People 2020,* the County Health Rankings, and hospital discharge data, to name a few.

- *Healthy People 2020* is a 10-year agenda to improve the nation's health that encompasses the entire continuum of prevention and care. For over three decades Healthy People has established benchmarks and monitored progress over time to measure the impact of prevention activities. *Healthy People 2020* benchmarks are used throughout the report to assess the health status of residents.
- The County Health Rankings, published by the University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation, rank the health of nearly all counties in the United States. The rankings look at a variety of measures that affect health such as high school graduation rates, air pollution levels, income, rates of obesity and smoking, etc. These rankings are also used throughout the report to measure the overall health of Ocean County residents. County rates are also compared to statewide rates.

The CMC/BHBHC needs assessment was developed for the purpose of enhancing the health and quality of life throughout the community. To this end, both internal and external data were used to understand recent health indicators and opportunities to provide a positive impact on health and wellness. Other significant needs determined by this CHNA include:

- Access to Primary Care Services
- Chronic Cardiac Conditions
- Diabetes
- Food Security
- Maternal/Child Health
- Insurance Coverage
- Health Education/Service Awareness
- Transportation

2. *METHODOLOGY/SERVICE AREA*

A. *METHODOLOGY*

Community Medical Center (CMC) and Barnabas Health Behavioral Health Center (BHBHC) developed an evidenced-based process to determine the health needs of Ocean County residents. CHNA data sources include both primary and secondary data to provide qualitative and quantitative information about the communities. Data from these sources were reviewed with the Steering Committee to identify and prioritize the top issues facing residents in the service area (see Top Health Issues section).

The flow chart below identifies the CHNA and implementation planning process employed.

Prioritization Process

Following the Steering Committee's review of quantitative and qualitative data on June 27, 2019, a list of 12 issues were identified by consultants as common themes of the research. These issues became the suggested priority issues and included:

- Mental Health
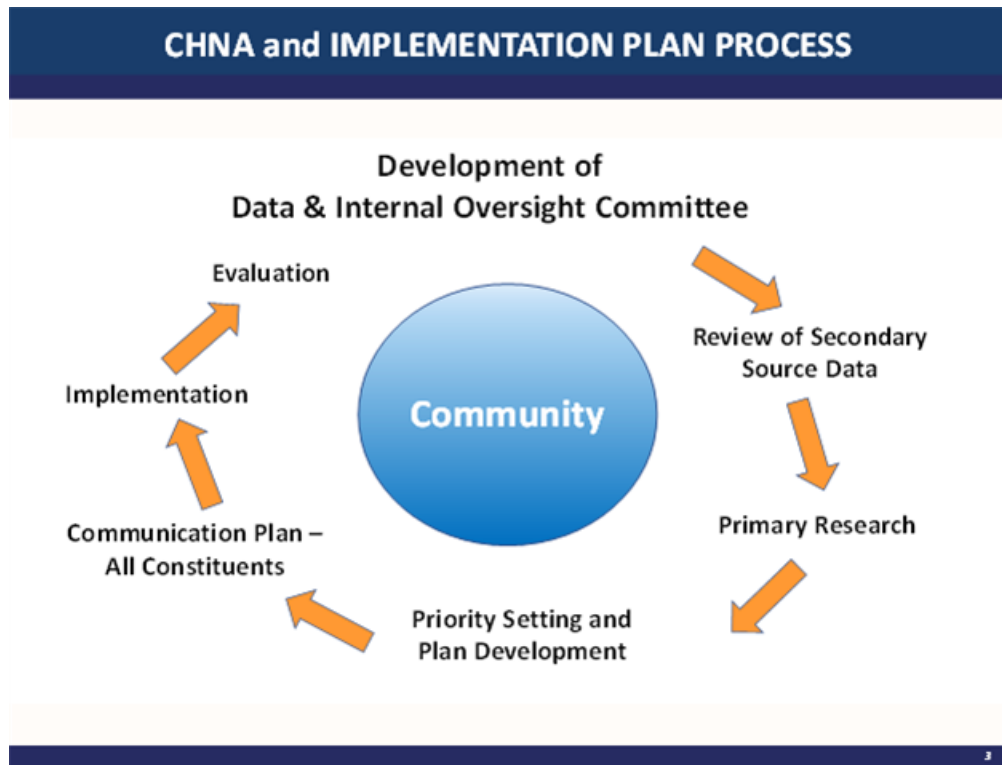- Chronic Disease Management
- Cancer
- Access to Primary Care
- Chronic Cardiac Conditions
- Diabetes
- Substance Abuse

- Food Security
- Maternal/Child Health
- Insurance Coverage
- Health Education/Service Awareness
- Transportation

A ballot was developed, and a survey sent to members of the Oversight Committee asking them to rank each issue based on the following criteria.

- Number of people impacted
- Risk of mortality and morbidity associated with the problem
- Impact of the problem on vulnerable populations
- Meaningful progress can be made within a three-year timeframe
- Community's capability and competency to impact

As a result, the top three priority areas selected were:

- Chronic Disease Prevention and Management
- Behavioral Health: Mental Health and Substance Use
- Cancer

Primary Data Sources

Community Health Needs Surveys

In order to obtain a service area-specific analysis for the CMC service area, on-line survey Interviews were conducted among 369 residents of the Hospital's PSA. Interviews were conducted online and by telephone. A link to the online survey was displayed on hospital web pages and social media sites. Additionally, postcards were handed out at area businesses and libraries, directing residents to the online survey link. A telephone augment was conducted to capture additional interviews in specific areas and among specific ethnic groups. For the telephone portion, a representative sample of households was generated from a database of residential telephone numbers. Bruno and Ridgway Research Associates, Inc. administered the on-line and telephone surveys from August 6 to November 2, 2018. Survey results are incorporated into this CHNA. (See Section 3)

Focus Group Discussions

A focus group was undertaken to uncover additional information about the health needs, challenges and barriers, and suggestions for improving access to health care services for residents of the Lakehurst community. The Focus Group Report is found in Section 4. (See Section 4) A focus group meeting was conducted in September 2019 by New Solutions, Inc.

Secondary Data Sources

Over 100 secondary data sources are compiled in this CHNA, presenting data by indicator by county and state. Sources include: The United States Census Bureau, Centers for Disease Control and Prevention (CDC), New Jersey Department of Health (NJDOH), and Behavioral Risk Factor Surveillance System (BRFSS). See **Appendix B** for a detailed list of sources.

Appendix C contains a detailed report of cancer incidence and mortality by cancer site for Ocean County for the years 2010-2017. In addition, hospital tumor registry data is utilized to understand stage of cancer at time of diagnosis.

Health Profile

Section 5 provides a comprehensive presentation of health outcomes as well as the social determinants of health and other health factors that contribute to the health and well-being of Ocean County residents.

Color Indicator Tables

Throughout the Health Profile Section of this CHNA, the color indicator tables compare county level data to *Healthy People 2020* targets, County Health Rankings benchmarks, and New Jersey State data. Data by race/ethnicity are compared to data for all races in the county, unless otherwise indicated. Ocean County was the midpoint value compared to a range 20% higher than the value for New Jersey, *Healthy People 2020*, or County Health Rankings Benchmarks, or 20% lower than the value for New Jersey, *Healthy People 2020*, or County Health Rankings Benchmarks. If the county value was within the range 20% lower or 20% higher than the comparison indicator, or considered within reasonable range, the indicator will be yellow. The table will be red if the Ocean County value is more than 20% worse or lower than the indicator value. If the Ocean County value is 20% better or higher than the indicator value, the table will be green. Comparative counties are also presented providing additional context for select health indicators.

Assets and Gaps

Section 6, Assets and Gaps, summarizes the preceding components of the CHNA. Assets highlight county information indicating improvement over time, in comparison to other counties and the State, or in comparison to other races or genders. Gaps focus on disparities in Ocean County or the CMC Service Area that have a negative trend, in comparison to other counties in the State or to other races or genders.

Resource Inventory

A service area-specific resource inventory is included as **Appendix D,** which details health and social service resources available to residents in Ocean County. Providers' names, addresses, and phone numbers and type of services provided are contained in the inventory.

B.   SERVICE AREA

Community Medical Center (CMC) and Barnabas Health Behavioral Health Center (BHBHC) are located in Toms River, New Jersey. CMC is one of four hospitals serving residents in Ocean County. BHBHC is a Behavioral Health Center also located in Toms River, New Jersey which services the same service area. The Medical Center's primary service area (PSA) consists of the following zip codes:

CMC Service Area Map

CMC Primary Service Area	
ZIP Code	**ZIP Name**
08005	Barnegat
08721	Bayville
08722	Beachwood
08731	Forked River
08732	Island Heights
08733	Lakehurst
08734	Lanoka Harbor
08735	Lavallette
08740	Ocean Gate
08741	Pine Beach
08751	Seaside Heights
08752	Seaside Park
08753	Toms River
08755	Toms River
08757	South Toms River
08758	Waretown
08759	Manchester Township
08754	Toms River
08756	Toms River
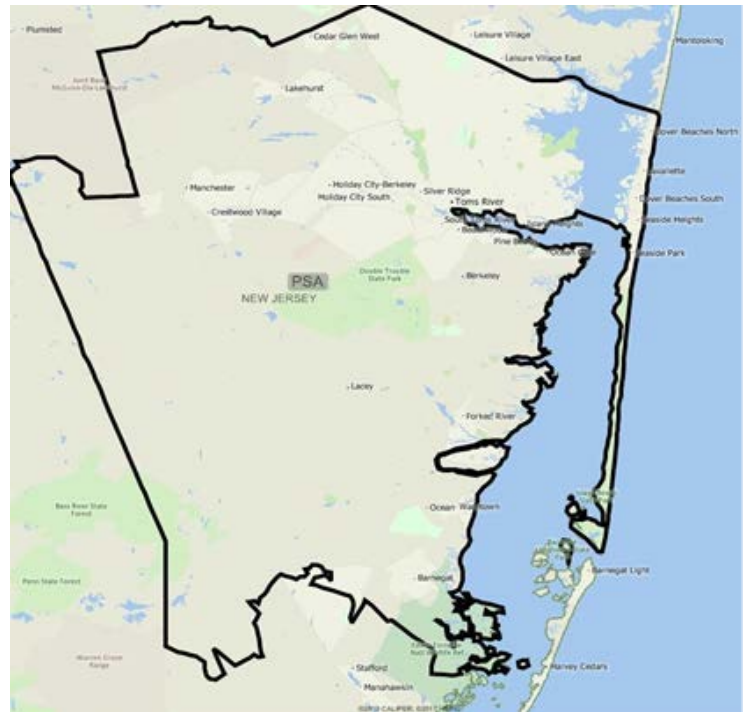
The service area is determined by taking into consideration three factors: patient origin, market reliance on the Hospital (market share), and geographic continuity/ proximity. Typically, the combined service area represents 75-80% of the Medical Center's patients. Zips codes representing approximately 50% of the CMC patient origin form the initial PSA. Added to this list is any zip code in which the Medical Center has a high market share presence, any zip code with lower market share is deleted from the PSA definition and becomes part of the secondary service area (SSA). The next range of zip codes comprise the SSA. Geographic proximity is used to create a contiguous area completes the service area determination. CMC's PSA is predominantly located in the central portion of Ocean County. The SSA is comprised of other sections to the north and south of the County. For purposes of this assessment, Ocean County, CMC's home county, was selected to best represent communities served by the Medical Center in reviewing data sources presented at the county level.

Most of the secondary data in this report is based on county level data. City or zip code level data is provided wherever possible to enhance the understanding of the specific needs of service area residents. Data obtained from the qualitative analyses provide further insight into health issues facing the communities served by the Medical Center.

3. COMMUNITY HEALTH NEEDS SURVEY

A. SURVEY RESPONDENTS' PROFILE

Profile of Respondents in Community Medical Center's (CMC) PSA
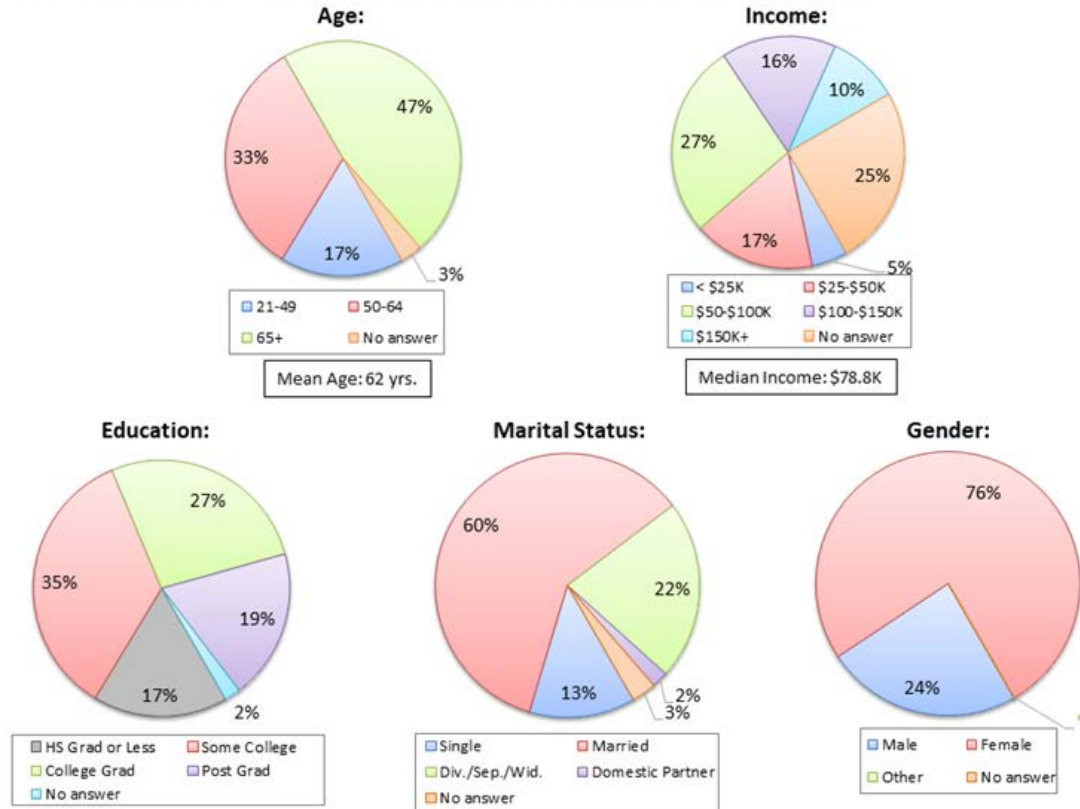
(n=369)
* = Less than 0.5 percent.

Profile of Respondents in Community Medical Center's (CMC) PSA – (continued)

Ethnicity^:**

Black	White	Hispanic	Asian	Other	No Answer
5%	85%	6%	4%	3%	7%

Employment^:

Full-Time	Part-Time	Retired	Disabled	Unemployed	Student	Homemaker	No Answer
36%	11%	45%	5%	2%	*	1%	3%

Health Insurance^:

Private	Medicare	Medicaid	Other	None	No Answer
63%	47%	4%	9%	2%	4%
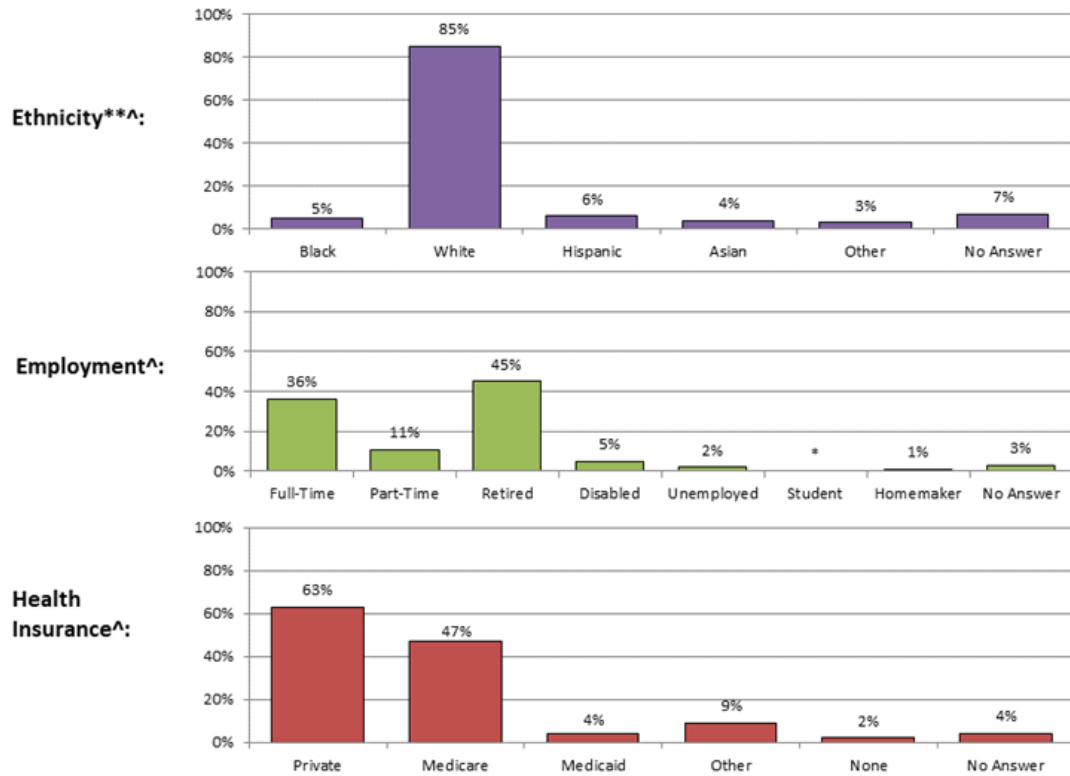
(n=369)   * = Less than 0.5%.
**Quotas were established to align closely with census data.
^ = Multiple mentions.

Length of Time in Area

Legend:
- Less than 1 year
- 1-10 years
- 11-20 years
- 21-30 years
- 31-40 years
- 41+ years

2% | 27%
15%
10%
17% | 28%

Average # Years: 21.6
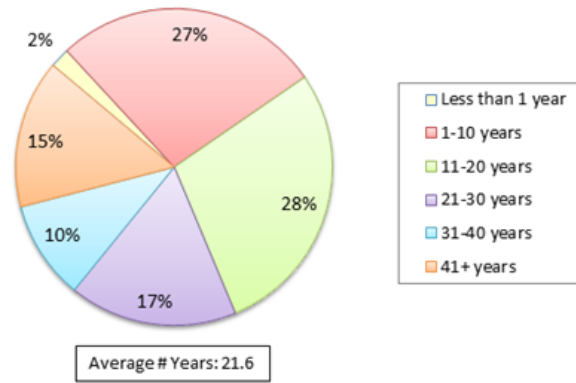
Towns/Zips Where Interviews Came From

Town	Count
Toms River 08753 08755 08756 08757	204
Manchester Twp. 08759/ Lakehurst 08733	93
Forked River 08731/ Lanoka Harbor 08734/ Waretown 08758	29
Bayville 08721/ Ocean Gate 08740	14
Beachwood 08722/ Pine Beach 08741/ Island Heights 08732	10
Seaside Park 08752/ Seaside Heights 08751/ Lavallette 08735	8
Barnegat 08005	8

(n=369)

12
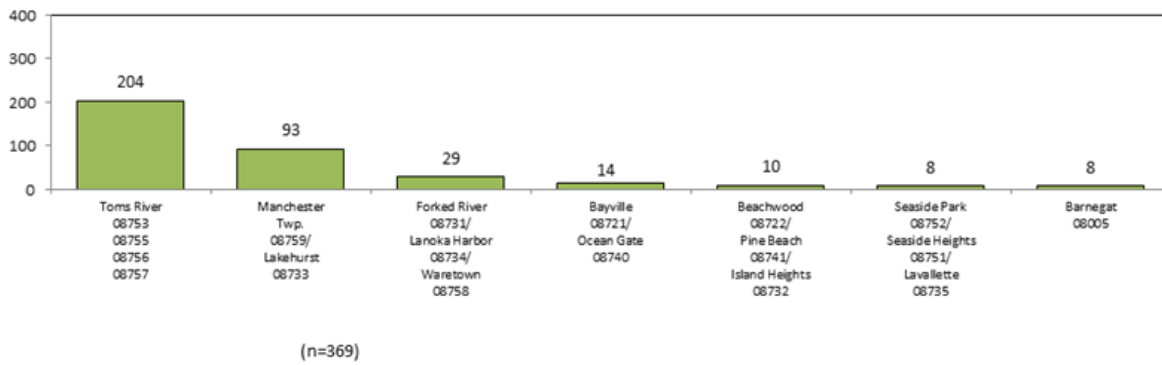
B.   HEALTH-RELATED CONCERNS OF AREA RESIDENTS

Major Health Concerns Among Respondents in CMC's PSA Community

- Substance abuse, followed by concerns about aging are the top health concerns among area residents surveyed. Chronic illnesses such as cancer, heart disease and diabetes, along with mental health issues and obesity are also cited as key concerns.

Substance Use/Abuse 46%   **Aging 40%**

Obesity 37%   **Cancer 37%**   **Mental Health 32%**   **Chronic Heart Disease 29%**   **Diabetes 28%**

Lung Disease 15%   **Smoking 12%**   **High Stress Lifestyle 10%**

Infectious Diseases 6%   **Asthma 5%**   **Hunger 5%**   **STD's 2%**   **Teen Pregnancy 1%**   **Prenatal Care 1%**
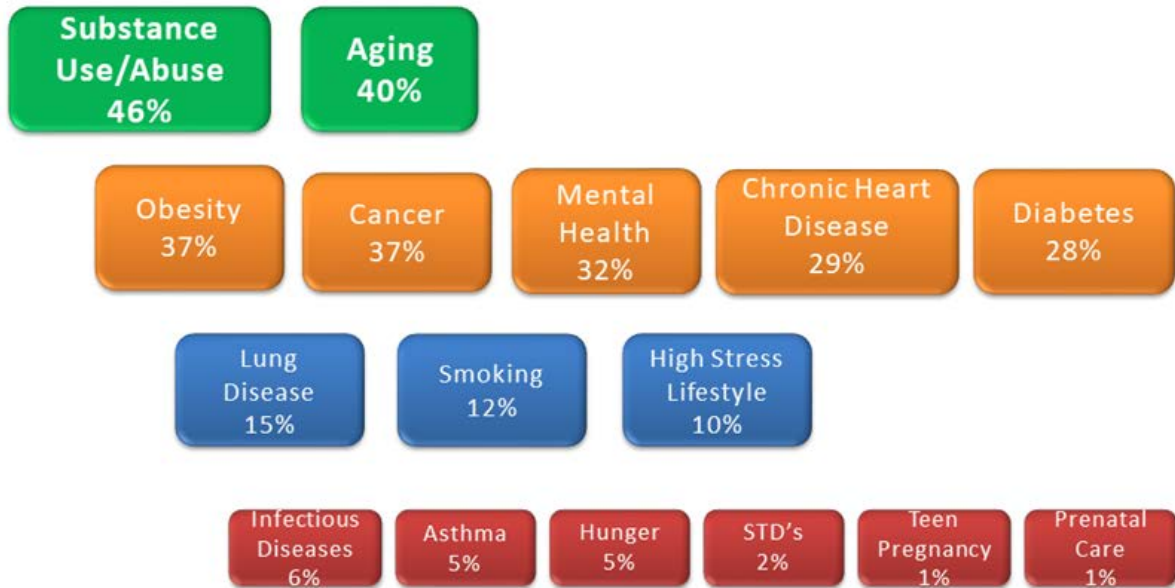
(n=369)
Q.3 - In your opinion, what are the TOP 3 HEALTH ISSUES OR CONCERNS in your community?

Summary of Health Concerns by Subgroups

Substance Use/Abuse
- Younger (<65)
- Higher income ($100K+)

Aging
- Older (65+)

Obesity
- Mid income ($25-50K)

Cancer
- Older (65+)

Mental Health
- Higher income ($100K+)
- Lowest income (<$25K)
- Younger (<65)

Chronic Heart Disease
- Older (50+)

Diabetes
- Older (50+)

Lung Disease
- Older (65+)
- Mid income ($25-100K)

Smoking
- Male

High Stress Lifestyle

Infectious Diseases

Asthma
- Lower income (<$50K)

Hunger
- Lower income (<$100K)
- Female

STD's

Teen Pregnancy

Prenatal Care
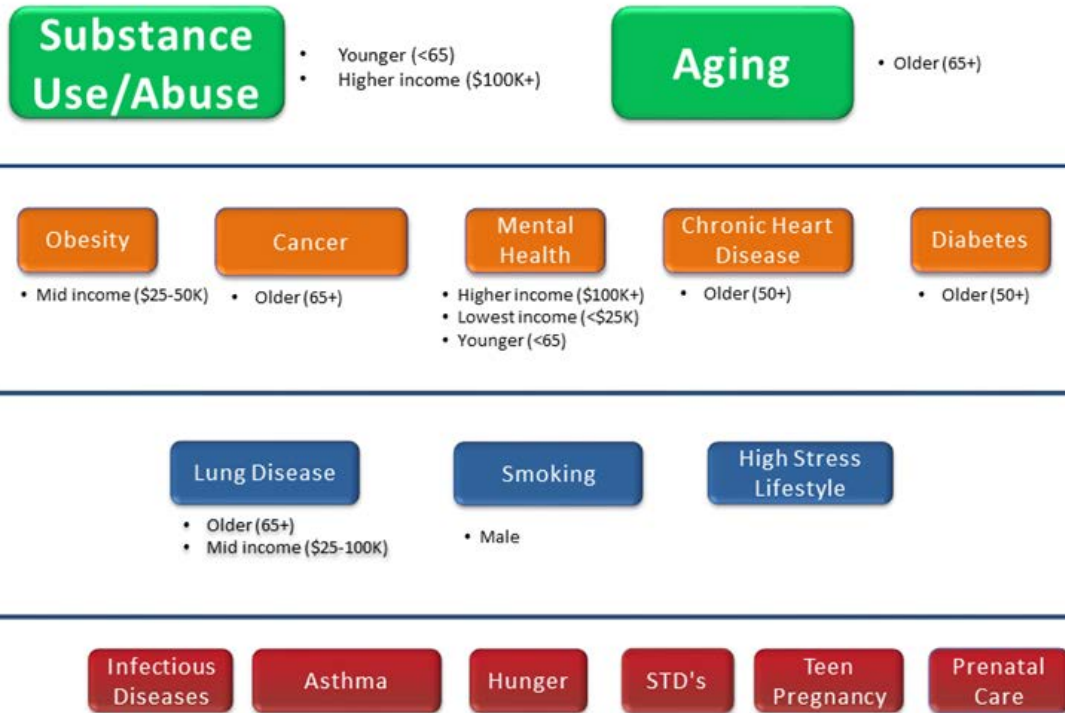
(n=369)

Q.3 - In your opinion, what are the TOP 3 HEALTH ISSUES OR CONCERNS in your community?

Community Health-Related Issues of Concern – by Ethnicity

> - **Among the Caucasian population, substance abuse and aging are the top health concerns cited.**

	Following substance abuse, obesity and diabetes are the key concerns of African Americans.	Obesity and diabetes are the top concerns among the Hispanic community.	Substance abuse, diabetes, mental health and obesity are all cited as key concerns among the Asian population.

	Caucasian (n=314)	African Am. (n=139)*	Hispanic (n=205)*	Asian (n=48)*
Obesity	39%	44%	45%	40%
Mental Health	33%	35%	30%	42%
Substance Use/Abuse	46%	50%	34%	48%
Aging	41%	25%	23%	23%
High Stress Lifestyle	11%	24%	28%	29%
Cancer	37%	31%	27%	27%
Diabetes	27%	43%	43%	44%
Chronic Heart Disease	29%	17%	18%	23%
Smoking	12%	29%	23%	19%
Asthma	4%	19%	17%	8%
Hunger	5%	19%	9%	8%
Infectious Diseases	5%	10%	11%	2%
Lung Disease	14%	16%	12%	8%
Teen Pregnancy	1%	9%	5%	4%
STD's	1%	9%	5%	2%
Lack of Prenatal Care	1%	5%	3%	2%

Q.3 - In your opinion, what are the TOP 3 HEALTH ISSUES OR CONCERNS in your community?
*Multi-area group from CMC/MMC/MMCS PSA's. See appendix for list of zip codes.

Community Health-Related Issues of Concern – by Age

- **Mental health and substance abuse are of more concern to younger residents surveyed, while aging, cancer, diabetes, lung disease and heart diseases are of more concern to older residents surveyed.**

	21-49 (n=64) (A)	50-64 (n=120) (B)	65+ (n=172) (C)
Obesity	39%	38%	37%
Mental Health	61%BC	35%C	20%
Substance Use/Abuse	78%BC	63%C	24%
Aging	22%	31%	55%AB
High Stress Lifestyle	11%	8%	12%
Cancer	28%	34%	41%A
Diabetes	13%	23%A	40%AB
Chronic Heart Disease	14%	25%A	37%AB
Smoking	13%	15%	11%
Asthma	2%	5%	6%A
Hunger	8%	6%	5%
Infectious Diseases	3%	5%	8%
Lung Disease	8%	10%	20%AB
Teen Pregnancy	-	1%	1%
STD's	2%	2%	2%
Lack of Prenatal Care	-	2%	1%

Q.3 - In your opinion, what are the TOP 3 HEALTH ISSUES OR CONCERNS in your community?
(A/B/C) = Significantly greater than indicated cell at the 90% confidence level.

Community Health-Related Issues of Concern – by Gender

- Few differences are cited between gender groups. Males indicate more concern about smoking, while females cite hunger more often.

	Male (n=89) (A)	Female (n=279) (B)
Obesity	38%	37%
Mental Health	30%	33%
Substance Use/Abuse	43%	47%
Aging	39%	41%
High Stress Lifestyle	15%	9%
Cancer	39%	36%
Diabetes	28%	28%
Chronic Heart Disease	36%	27%
Smoking	18%[B]	10%
Asthma	7%	5%
Hunger	2%	7%[A]
Infectious Diseases	6%	6%
Lung Disease	16%	15%
Teen Pregnancy	1%	*
STD's	2%	1%
Lack of Prenatal Care	1%	1%

* = Less than 0.5%.

Q.3 - In your opinion, what are the TOP 3 HEALTH ISSUES OR CONCERNS in your community?
(A/B) = Significantly greater than indicated cell at the 90% confidence level.

Community Health-Related Issues of Concern – by Income

> • **Higher income respondents cite mental health and substance use/abuse issues more often than lower income respondents. Asthma and lung diseases are cited more by lower income respondents.**

	Under $25K (n=19) (A)	$25-50K (n=62) (B)	$50-100K (n=98) (C)	$100-150K (n=60) (D)	$150K+ (n=36) (E)
Obesity	26%	48%^A	37%	38%	36%
Mental Health	42%	29%	23%	38%^C	47%^BC
Substance Use/Abuse	42%	40%	42%	70% ABC	67% ABC
Aging	47%	37%	38%	37%	25%
High Stress Lifestyle	21%	5%	8%	12%	11%
Cancer	21%	37%	38%	35%	28%
Diabetes	32%^E	36%^E	29%^E	25%^E	11%
Chronic Heart Disease	26%	27%	33%	25%	22%
Smoking	11%	16%	8%	12%	17%
Asthma	5%	11% CDE	2%	2%	-
Hunger	11%	5%^E	7%^E	3%	-
Infectious Diseases	11%	11%	6%	5%	6%
Lung Disease	5%	23%^AE	17%^A	12%	8%
Teen Pregnancy	-	-	-	2%	-
STD's	5%	2%	-	2%	3%
Lack of Prenatal Care	-	2%	-	-	-

Q.3 - In your opinion, what are the TOP 3 HEALTH ISSUES OR CONCERNS in your community?
(A/B/C/D/E) = Significantly greater than indicated cell at the 90% confidence level.

C. *BARRIERS TO ACCESSING HEALTH CARE SERVICES*

Major Barriers to Accessing Health Care in CMC's PSA

Insurance 31%

- Insurance is the #1 barrier cited by most age, gender, income and ethnic groups, followed by long wait times, cost of care, scheduling appointments and doctors not taking new patients.
- Over one-third of respondents claim they do not experience any difficulty accessing the care they need.

Long Wait Times 23%

Cost of Care 22%

Scheduling Appointments 22%

Drs. Not Taking New Patients 22%

Finding a Dentist 9%

Transportation Problems 8%

Fear of Doctors/ Hospitals 5%

Finding Drs. That Treat Cancer 3%

Not Accessible for Disabled 3%

Child Care 2%

Language Problems 2%

Finding Drs. That Treat Heart Disease 2%

Do Not Have Any Difficulties Getting Care 37%

(n=369)
Q.4 - Over the last few years, which, if any, of these issues made it difficult for you, or a household family member, to get medical treatment or care when needed?

Summary of Health Care Barriers by Subgroups

Insurance
- Younger (<65)
- Female

Long Wait Times
- Male
- Mid income (<$25-50K)

Cost of Care
- Younger (<65)

Scheduling Appointments
- Younger (<50)

Doctors Not Taking New Patients
- Younger (<65)

Finding a Dentist
- Lower income (<$100K)

Transportation Problems
- Mid income (<$25-50K)

Fear of Doctors/ Hospitals
- Highest income ($150K+)

Finding Drs. That Treat Cancer

Not Accessible for Disabled
- Lower income (<$50K)

Child Care
- Highest income ($150K+)

Language Problems

Finding Drs. That Treat Heart Disease

Do Not Have Any Difficulties Getting Care →
- Older (65+)
- Higher income ($50K+)

(n=369)
Q.4 - Over the last few years, which, if any, of these issues made it difficult for you, or a household family member, to get medical treatment or care when needed?

Barriers to Accessing Health Care Services – by Ethnicity

> - **Four of ten Caucasians say they have no difficulty getting the care they need.**

	Caucasian (n=314)
Insurance Problems	29%
Cost of Care	19%
Scheduling Appointments	22%
Long Wait Times	20%
Drs. Not Taking New Patients	21%
Transportation Problems	5%
Fear of Doctors/Hospitals	3%
Finding a Dentist	9%
Language Problems	3%
Child Care	2%
Not Accessible for Disabled	2%
Find Drs. Treat Heart Disease	1%
Find Drs. Treat Cancer	2%
DO NOT HAVE ANY DIFFICULTIES GETTING CARE	40%

> Insurance, cost of care and long wait times are most often cited barriers among the African American and Hispanic groups.

> In addition to insurance and cost issues, Asians cite scheduling appointments as a key barrier.

African Am. (n=139)*	Hispanic (n=205)*	Asian (n=48)*
49%	45%	44%
45%	40%	38%
20%	26%	31%
37%	39%	23%
29%	20%	10%
21%	16%	13%
16%	7%	8%
17%	14%	17%
6%	24%	4%
4%	7%	6%
7%	4%	6%
4%	3%	2%
4%	3%	2%
19%	13%	25%

Q.4 - Over the last few years, which, if any, of these issues made it difficult for you, or a household family member, to get medical treatment or care when needed?
*Multi-area group from CMC/MMC/MMCS PSA's. See appendix for list of zip codes.

Barriers to Accessing Health Care Services – by Age

- **In general, younger respondents cite more barriers than older respondents.**

	21-49 (n=64) (A)	50-64 (n=120) (B)	65+ (n=172) (C)
Insurance Problems	45%[C]	44%[C]	18%
Cost of Care	30%[C]	31%[C]	13%
Scheduling Appointments	28%[C]	23%	16%
Long Wait Times	20%	23%	22%
Drs. Not Taking New Patients	27%	26%[C]	17%
Transportation Problems	8%	5%	9%
Fear of Doctors/Hospitals	5%	7%	4%
Finding a Dentist	9%	10%	9%
Language Problems	3%	3%	2%
Child Care	5%[B]	-	2%[B]
Not Accessible for Disabled	2%	4%	3%
Find Drs. Treat Heart Disease	-	2%	2%[A]
Find Drs. Treat Cancer	3%	3%	2%
DO NOT HAVE ANY DIFFICULTIES GETTING CARE	30%	28%	46%[AB]

Q.4 - Over the last few years, which, if any, of these issues made it difficult for you, or a household family member, to get medical treatment or care when needed?
(A/B/C) = Significantly greater than indicated cell at the 90% confidence level.

Barriers to Accessing Health Care Services – by Gender

- **Few differences exist in health care barriers between males and females. Males say they encounter long wait times more often versus females, while females cite insurance problems more often.**

	Male (n=89) (A)	Female (n=279) (B)
Insurance Problems	25%	34%A
Cost of Care	20%	23%
Scheduling Appointments	18%	23%
Long Wait Times	34%B	19%
Drs. Not Taking New Patients	27%	20%
Transportation Problems	10%	7%
Fear of Doctors/Hospitals	2%	5%
Finding a Dentist	8%	9%
Language Problems	5%	2%
Child Care	3%	1%
Not Accessible for Disabled	2%	3%
Find Drs. Treat Heart Disease	-	2%A
Find Drs. Treat Cancer	3%	3%
DO NOT HAVE ANY DIFFICULTIES GETTING CARE	37%	37%

Q.4 - Over the last few years, which, if any, of these issues made it difficult for you, or a household family member, to get medical treatment or care when needed?
(A/B) = Significantly greater than indicated cell at the 90% confidence level.

Barriers to Accessing Health Care Services – by Income

- **In general, higher income groups ($50K+) have fewer barriers when seeking care versus lower income respondents.**

	Under $25K (n=19) (A)	$25-50K (n=62) (B)	$50-100K (n=98) (C)	$100-150K (n=60) (D)	$150K+ (n=36) (E)
Insurance Problems	42%	31%	29%	38%	36%
Cost of Care	32%	29%	20%	20%	31%
Scheduling Appointments	16%	21%	22%	23%	22%
Long Wait Times	21%	32%CD	18%	18%	28%
Drs Not Taking New Patients	21%	13%	22%	22%	22%
Transportation Problems	5%	16% CDE	2%	3%	3%
Fear of Doctors/Hospitals	5%	7%	3%	2%	11%D
Finding a Dentist	11%	11%DE	12%DE	2%	-
Language Problems	-	2%	3%	2%	-
Child Care	-	-	1%	-	6%
Not Accessible for Disabled	5%	7%CD	-	-	3%
Finding Drs. Treat Heart Disease	-	3%	-	-	-
Finding Drs. Treat Cancer	-	2%	2%	-	-
DO NOT HAVE ANY DIFFICULTIES GETTING CARE	21%	29%	43%AB	43%AB	44%A

Q.4 - Over the last few years, which, if any, of these issues made it difficult for you, or a household family member, to get medical treatment or care when needed?
(A/B/C/D/E) = Significantly greater than indicated cell at the 90% confidence level.
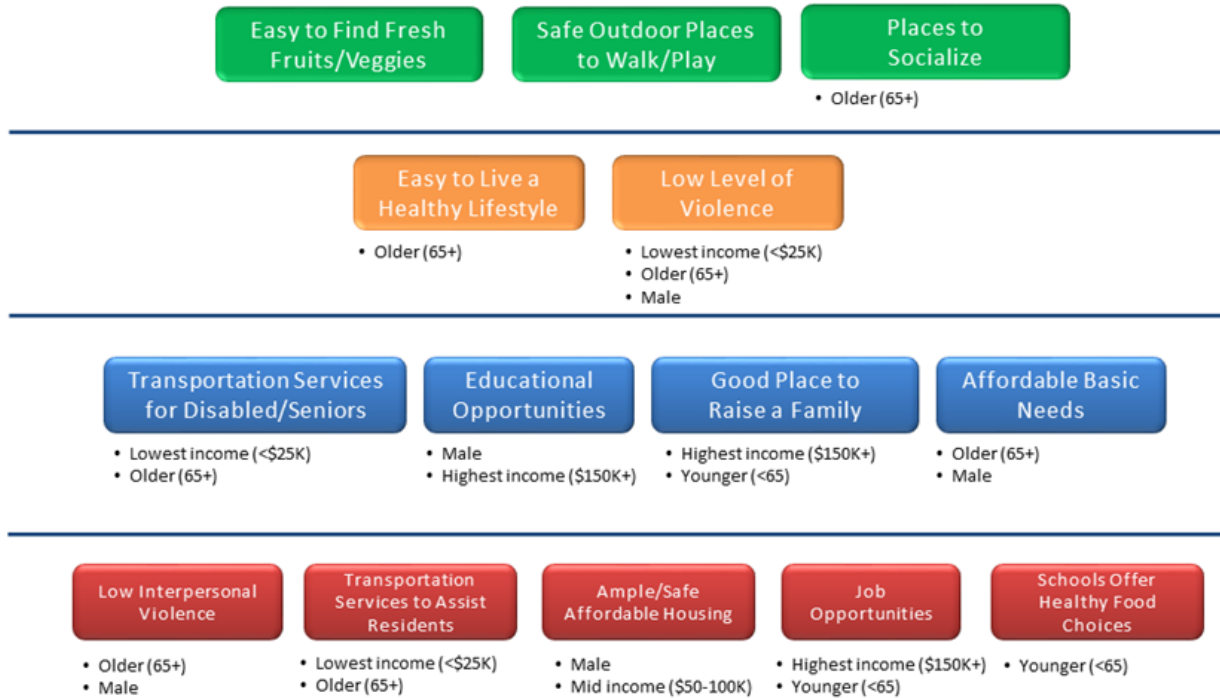
D. COMMUNITY STRENGTHS/OPPORTUNITIES

Community Strengths/Opportunities

- A large majority of residents surveyed feel it is easy to find fresh foods, there are safe places to walk/play and there are ample places to socialize in their community. Most also feel it is easy to live a healthy lifestyle and the level of violence is low.
- Roughly one-half of respondents are satisfied with transportation services for seniors/disabled, educational opportunities, affordability of basic needs and feel the community is a good place to raise a family.
- The community receives relatively low scores in the areas of healthy food choices in schools, job opportunities, safe/affordable housing, low interpersonal violence and transportation services to assist residents.

Strengths →

Easy to Find Fresh Fruits/Veggies 83%	Safe Outdoor Places to Walk/Play 80%	Places to Socialize 79%

Easy to Live a Healthy Lifestyle 74%	Low Level of Violence 66%

Transportation Disabled/Seniors 58%	Educational Opportunities 56%	Good Place to Raise a Family 55%	Affordable Basic Needs 51%

Opportunities →

Low Interpersonal Violence 46%	Transportation Services to Assist Residents 42%	Ample/Safe Affordable Housing 40%	Job Opportunities 34%	Schools Offer Healthy Food Choices 27%

(n=369) **Top 2 Box Agreement**
Q.5 - Please indicate how much you agree or disagree with the following statements about your community. (Scale 1-5: 1=Disagree Completely, 5=Agree Completely)
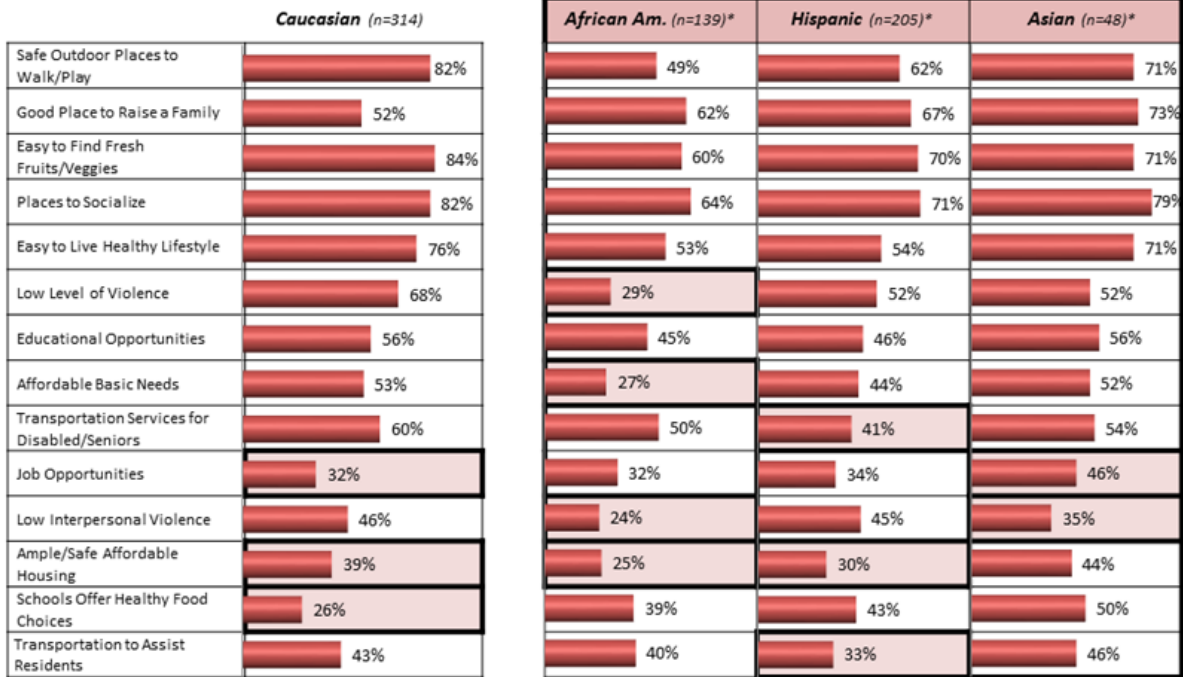
Community Strengths/Opportunities by Subgroups

Easy to Find Fresh Fruits/Veggies	Safe Outdoor Places to Walk/Play	Places to Socialize
		• Older (65+)

Easy to Live a Healthy Lifestyle	Low Level of Violence
• Older (65+)	• Lowest income (<$25K) • Older (65+) • Male

Transportation Services for Disabled/Seniors	Educational Opportunities	Good Place to Raise a Family	Affordable Basic Needs
• Lowest income (<$25K) • Older (65+)	• Male • Highest income ($150K+)	• Highest income ($150K+) • Younger (<65)	• Older (65+) • Male

Low Interpersonal Violence	Transportation Services to Assist Residents	Ample/Safe Affordable Housing	Job Opportunities	Schools Offer Healthy Food Choices
• Older (65+) • Male	• Lowest income (<$25K) • Older (65+)	• Male • Mid income ($50-100K)	• Highest income ($150K+) • Younger (<65)	• Younger (<65)

(n=369) **Top 2 Box Agreement**
Q.5 - Please indicate how much you agree or disagree with the following statements about your community. (Scale 1-5: 1=Disagree Completely, 5=Agree Completely)

Community Strengths/Opportunities– by Ethnicity

- Key opportunity areas for the Caucasian population include providing healthy food in schools, more job opportunities and safe/affordable housing.

African Americans appear the least satisfied of the minority groups with regard to community services.

Hispanics cite affordable housing and transportation services as areas in need of improvement.

Asians want more job opportunities and less interpersonal violence.

	Caucasian (n=314)	African Am. (n=139)*	Hispanic (n=205)*	Asian (n=48)*
Safe Outdoor Places to Walk/Play	82%	49%	62%	71%
Good Place to Raise a Family	52%	62%	67%	73%
Easy to Find Fresh Fruits/Veggies	84%	60%	70%	71%
Places to Socialize	82%	64%	71%	79%
Easy to Live Healthy Lifestyle	76%	53%	54%	71%
Low Level of Violence	68%	29%	52%	52%
Educational Opportunities	56%	45%	46%	56%
Affordable Basic Needs	53%	27%	44%	52%
Transportation Services for Disabled/Seniors	60%	50%	41%	54%
Job Opportunities	32%	32%	34%	46%
Low Interpersonal Violence	46%	24%	45%	35%
Ample/Safe Affordable Housing	39%	25%	30%	44%
Schools Offer Healthy Food Choices	26%	39%	43%	50%
Transportation to Assist Residents	43%	40%	33%	46%

Top 2 Box Agreement
Q.5 - Please indicate how much you agree or disagree with the following statements about your community. (Scale 1-5: 1=Disagree Completely, 5=Agree Completely)
*Multi-area group from CMC/MMC/MMCS PSA's. See appendix for list of zip codes.

Community Strengths/Opportunities – by Age

- Older residents' surveys (65+) are more positive towards many community services than their younger counterparts, although younger respondents feel there are more job opportunities, schools offer healthy food choices and the community is a good place to raise a family.

	21-49 (n=64) (A)	50-64 (n=120) (B)	65+ (n=172) (C)
Safe Outdoor Places to Walk/Play	80%	77%	84%
Good Place to Raise a Family	75%C	70%C	36%
Easy to Find Fresh Fruits/Veggies	77%	86%	83%
Places to Socialize	70%	75%	87%AB
Easy to Live Healthy Lifestyle	63%	69%	82%AB
Low Level of Violence	52%	61%	73%AB
Educational Opportunities	56%	53%	59%
Affordable Basic Needs	48%	41%	59%B
Transportation Services for Disabled/Seniors	47%	48%	70%AB
Job Opportunities	53%BC	38%C	26%
Low Interpersonal Violence	33%	36%	56%AB
Ample/Safe Affordable Housing	38%	36%	43%
Schools Offer Healthy Food Choices	34%C	34%C	17%
Transportation to Assist Residents	28%	35%	52%AB

Top 2 Box Agreement

Q.5 - Please indicate how much you agree or disagree with the following statements about your community. (Scale 1-5: 1=Disagree Completely, 5=Agree Completely)
(A/B/C) = Significantly greater than indicated cell at the 90% confidence level.

Community Strengths/Opportunities – by Gender

- **Males are more positive towards the level of violence and interpersonal violence, affordable housing, affordable basic needs and educational opportunities versus females.**

	Male (n=89) (A)	Female (n=279) (B)
Safe Outdoor Places to Walk/Play	80%	80%
Good Place to Raise a Family	53%	56%
Easy to Find Fresh Fruits/Veggies	80%	84%
Places to Socialize	79%	80%
Easy to Live Healthy Lifestyle	79%	73%
Low Level of Violence	76%B	62%
Educational Opportunities	67%B	53%
Affordable Basic Needs	66%B	46%
Transportation Services for Disabled/Seniors	57%	57%
Job Opportunities	40%	32%
Low Interpersonal Violence	63%B	41%
Ample/Safe Affordable Housing	51%B	36%
Schools Offer Healthy Food Choices	33%	25%
Transportation to Assist Residents	40%	42%

Top 2 Box Agreement
Q.5 - Please indicate how much you agree or disagree with the following statements about your community. (Scale 1-5: 1=Disagree Completely, 5=Agree Completely)
(A/B) = Significantly greater than indicated cell at the 90% confidence level.

Community Strengths/Opportunities – by Income

- Those in highest income bracket ($150K+) are the most positive to their community being a good place to raise a family with educational and job opportunities. Respondents in the lowest income group are more favorable towards transportation services and a low level of violence.

	Under $25K (n=19) (A)	$25-50K (n=62) (B)	$50-100K (n=98) (C)	$100-150K (n=60) (D)	$150K+ (n=36) (E)
Safe Outdoor Places to Walk/Play	84%	74%	86%B	80%	86%
Good Place to Raise a Family	63%B	40%	52%	65%B	83% BCD
Easy to Find Fresh Fruits/Veggies	90%	79%	89%	87%	81%
Places to Socialize	84%	74%	89% BE	80%	75%
Easy to Live Healthy Lifestyle	74%	69%	81%E	77%	64%
Low Level of Violence	79%B	55%	68%	65%	69%
Educational Opportunities	63%B	34%	58%B	55%B	75% BCD
Affordable Basic Needs	58%	40%	57%B	43%	58%B
Transportation Services for Disabled/Seniors	84% BCDE	63%E	59%E	50%	39%
Job Opportunities	47%B	19%	41%B	32%	69% BCD
Low Interpersonal Violence	58%D	39%	43%	35%	53%D
Ample/Safe Affordable Housing	42%	26%	50% BD	32%	39%
Schools Offer Healthy Food Choices	32%	16%	24%	30%B	36%B
Transportation to Assist Residents	74% BCDE	50% DE	43%E	35%	22%

Top 2 Box Agreement Q.5 - Please indicate how much you agree or disagree with the following statements about your community. (Scale 1-5: 1=Disagree Completely, 5=Agree Completely)
(A/B/C/D/E) = Significantly greater than indicated cell at the 90% confidence level.

E.   PERSONAL HEALTH HABITS AND PRACTICES

Self-Description of Overall Health

- About one-half of residents surveyed describe their health as being excellent or very good; 36% describe it as good, while 16% say their health is fair or poor.
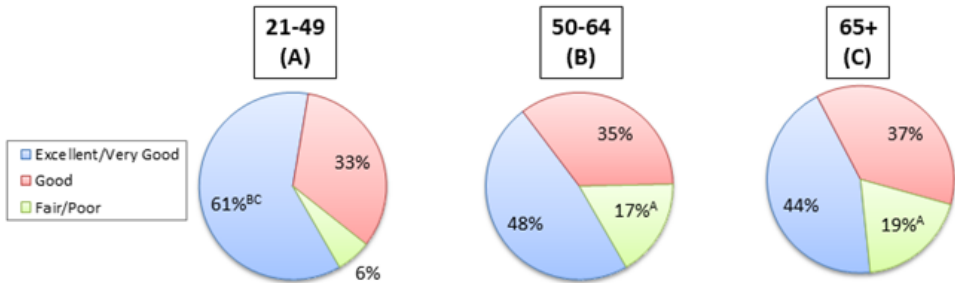
Very Good
40%

Good
36%

Excellent
8%

Fair
14%

Excellent/
Very Good
48%

Better Overall Health Ratings Among:
➢ Younger (<50)
➢ Higher income ($100K+)

Poor
2%

Fair/Poor
16%

Lower Overall Health Ratings Among:
➢ Older (50+)
➢ Lower income (<$50K)
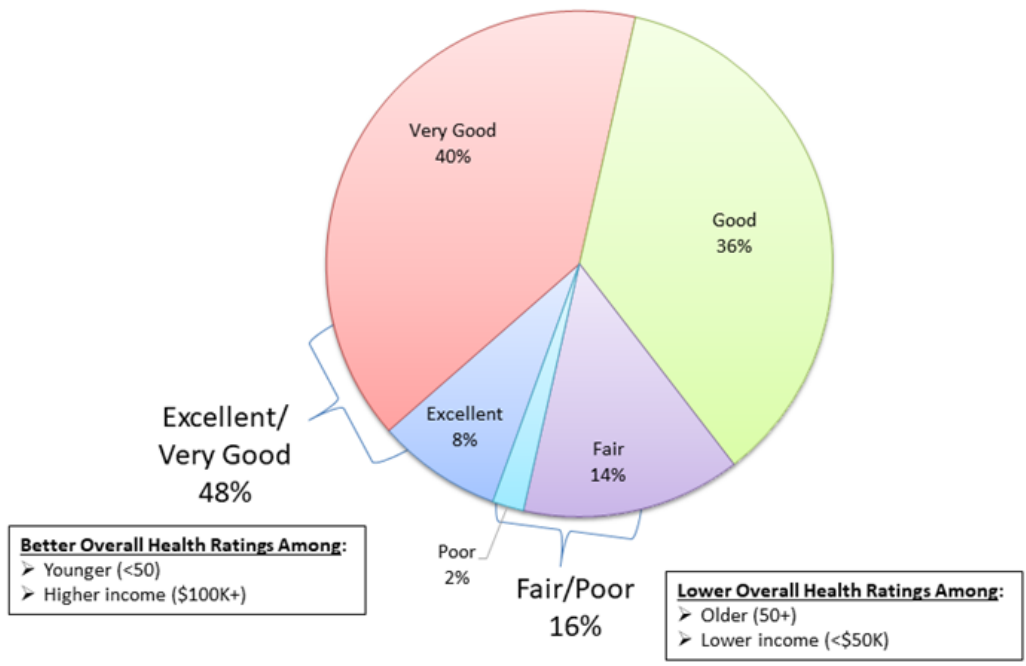
(n=369)
Q.6 - How would you describe your overall health?

Self-Description of Overall Health – by Subgroups

Age:

21-49 (A) | **50-64 (B)** | **65+ (C)**

Younger respondents describe their overall health as better vs. older respondents.

Legend:
- Excellent/Very Good
- Good
- Fair/Poor

21-49 (A): 61%BC Excellent/Very Good, 33% Good, 6% Fair/Poor

50-64 (B): 48% Excellent/Very Good, 35% Good, 17%A Fair/Poor

65+ (C): 44% Excellent/Very Good, 37% Good, 19%A Fair/Poor

Gender:

Male (A) | **Female (B)**

Males and females describe their overall health about the same.

Legend:
- Excellent/Very Good
- Good
- Fair/Poor

Male (A): 47% Excellent/Very Good, 38% Good, 15% Fair/Poor

Female (B): 49% Excellent/Very Good, 35% Good, 16% Fair/Poor
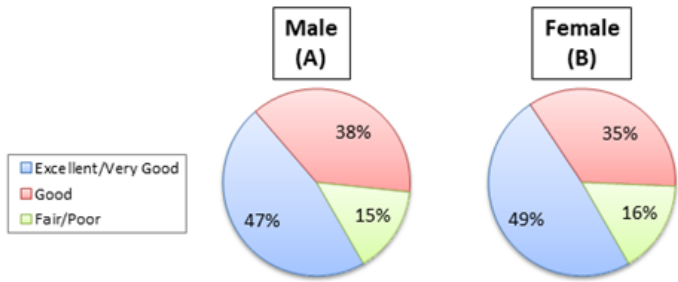
Q.6 - How would you describe your overall health?
(A/B/C) = Significantly greater than indicated cell at the 90% confidence level.

Self-Description of Overall Health – by Subgroups – (continued)

Race/Ethnicity:

| African American and Hispanic residents surveyed describe their health somewhat lower versus other ethnic groups. |

Caucasian (314)
- 33% Good
- 50% Excellent/Very Good
- 17% Fair/Poor

African Am. (139)*
- 47% Good
- 34% Excellent/Very Good
- 19% Fair/Poor

Hispanic (205)*
- 44% Good
- 38% Excellent/Very Good
- 18% Fair/Poor

Asian (48)*
- 44% Good
- 50% Excellent/Very Good
- 6% Fair/Poor

Legend:
- Excellent/Very Good
- Good
- Fair/Poor

Income:

Higher income = better self described health.

Under $25K (A)
- 31% Good
- 32% Excellent/Very Good
- 37%CDE Fair/Poor

$25-50K (B)
- 37% Good
- 31% Excellent/Very Good
- 32%CDE Fair/Poor

$50-100K (C)
- 46%D Good
- 44%B Excellent/Very Good
- 10%DE Fair/Poor

$100K-150K (D)
- 68%ABC Excellent/Very Good
- 30% Good
- 2% Fair/Poor

Over $150K (E)
- 67%ABC Excellent/Very Good
- 30% Good
- 3% Fair/Poor

Legend:
- Excellent/Very Good
- Good
- Fair/Poor

*Multi-area group from CMC/MMC/MMCS PSA's. See appendix for list of zip codes.
Q.6 - How would you describe your overall health?
(A/B/C/D/E) = Significantly greater than indicated cell at the 90% confidence level.

Self-Description of Understanding and Eating Healthy

- The vast majority of residents surveyed feel they understand what food is healthy (96%), with many saying they eat healthy food on a regular basis (85%).
- Those with higher incomes are more likely to eat healthy on a regular basis.

While African Americans and Hispanics claim to know what food is healthy, they are less likely to eat healthy food on a regular basis.

Have enough information to understand what food is healthy

Eat healthy foods on a regular basis
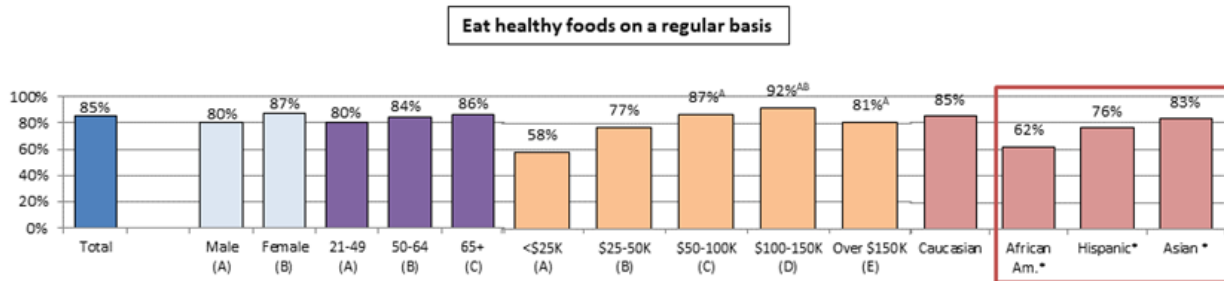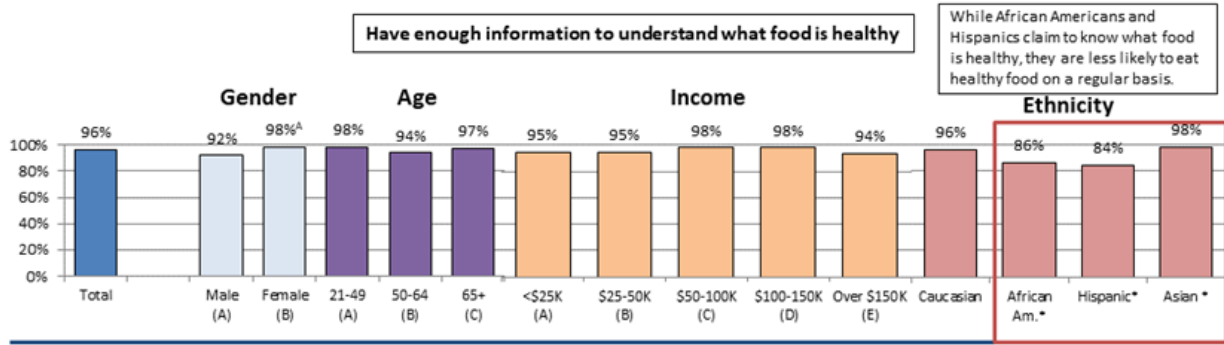
(n=369)
Q.11 - Do you feel that you...
(A/B/C/D/E) = Significantly greater than indicated cell at the 90% confidence level.
*Multi-area group from CMC/MMC/MMCS PSA's. See appendix for list of zip codes.

Self-Description of Physical Activity

- Almost three-fourths of residents surveyed claim to be physically active.
- Physical activity is higher among males and the higher income groups.

Are physically active
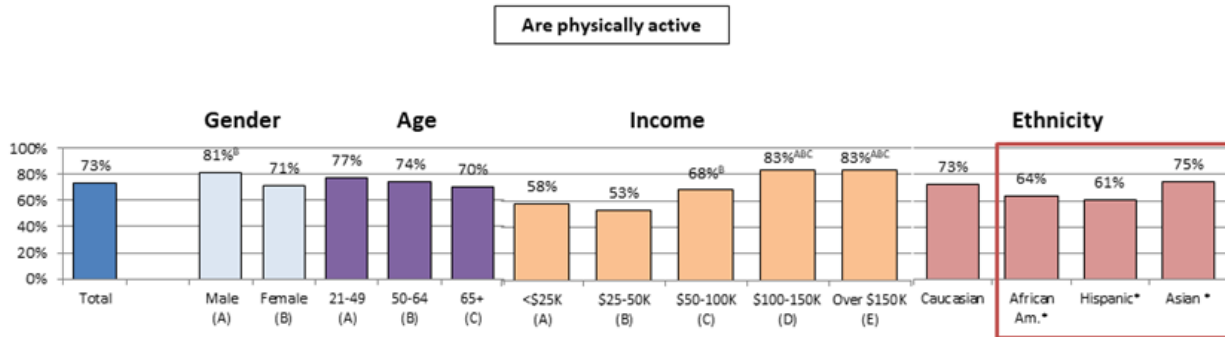
 # Times Exercise per Week
(Among those who are physically active)
(n=270)

- Once
- Twice
- 3 times
- 4+ times
- No formal exercise
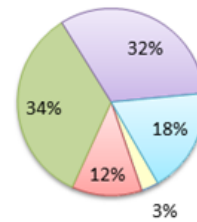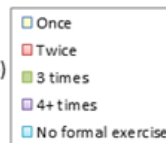
(n=369)
Q.11 - Do you feel that you...
Q.11 - How often do you exercise each week?
(A/B/C/D/E) = Significantly greater than indicated cell at the 90% confidence level.
*Multi-area group from CMC/MMC/MMCS PSA's. See appendix for list of zip codes.

Activity Level of Children in Household

- In households with children, the large majority are eating breakfast daily and are physically active.

	Total	21-49 Yrs. (A)	50-64 (B)	65+ (C)	Male (A)	Female (B)
Households with Children:	27%	59%BC	39%C	5%	27%	27%
% of Children Who Eat Breakfast Daily:	79%	87%C	79%C	44%	79%	78%
Children Are: Physically Active / Sedentary	81% / 19%	76% / 24%	81% / 19%	89% / 11%	92%B / 8%	77% / 23%A
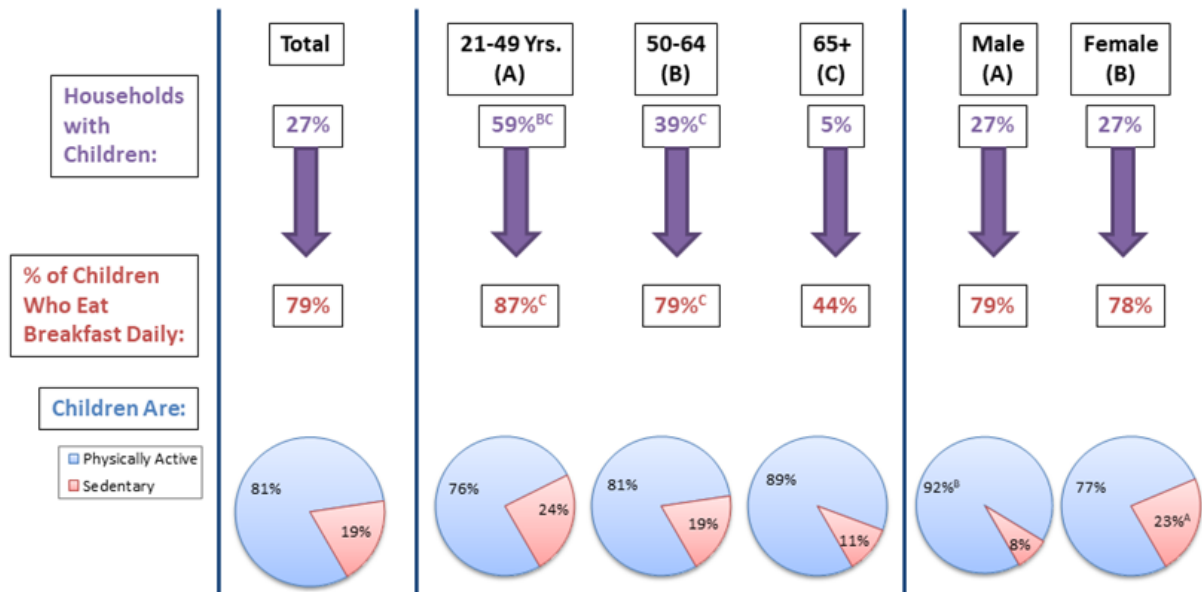
(n=369)
Q.11a - Do you have any children that live with you?
Q.11b - Do they eat breakfast before the start of the school day?
Q.11c - Would you describe your child(ren) as physically active or sedentary during after school hours and weekends?
(A/B/C) = Significantly greater than indicated cell at the 90% confidence level.

F. INCIDENCE OF SCREENING TESTS AND CONDITIONS DIAGNOSED

Incidence of Screenings/Exams/Tests Past 2 Years

- Most screening tests skew toward the older (50+) and higher income populations.

Blood Pressure Check	Annual Physical Exam	Vision Screening	Cholesterol Screening	Dental Screening	Diabetes/ Blood Sugar Check	Flu Shot	Mammogram/ Breast Exam (Females)	Prostate Cancer (Males)
96%	92%	89%	86%	85%	83%	80%	76%	71%

- Older (50+) | • Older (50+)
• Highest income ($150K+) | | • Younger (<50)
• Higher income ($50K+) | | | • Higher income ($50K+)
• Older (65+) | • Older (50+)
• Mid income ($50-100K) | • Older (50+)
• Low income (<$50K)
• Mid income ($100-150K) |

Heart Disease Education	Skin Cancer Screening	Hearing Screening	Nutrition Education	Mental Health Counseling	Stop Smoking Program	Parenting Classes	Alcohol/Drug Counseling
60%	52%	40%	33%	14%	4%	2%	1%

- Mid age (50-64)
• Higher income ($50K+) | • Older (65+)
• Higher income ($25K+) | • Younger (<50)
• Older (65+)
• Mid income ($25-100K) | • Higher income ($50K+)
• Younger (<50) | • Younger (<65)
• Lower income (<$50K)
• Female | | • Younger (<50)
• Highest income ($150K+) | |

(n=369)
Q.7 - Please indicate if you have had, or participated in, the services that are listed below in the past 2 years.

Incidence of Screenings/Exams/Tests – by Ethnicity

- **A large percentage of the Caucasian population appears to get preventative screening tests.**

African Americans and Hispanics appear to get fewer screening exams, particularly in regard to prostate screens (African Americans), heart disease education (AA & Hispanic) and skin cancer screens (AA, Hispanic & Asian)

	Caucasian (n=314)	African Am. (n=139)*	Hispanic (n=205)*	Asian (n=48)*
Blood Pressure Check	96%	88%	73%	92%
Cholesterol Screening	86%	64%	62%	71%
Diabetes/Blood Sugar Check	83%	67%	63%	79%
Heart Disease Education	61%	49%	31%	60%
Annual Physical Exam	91%	77%	68%	88%
Dental Screening	85%	63%	60%	75%
Vision Screening	90%	73%	63%	77%
Mammogram/Breast Exam (Females)	77%	63%	59%	59%
Prostate Cancer Screen (Males)	73%	31%	50%	57%
Flu Shot	81%	64%	61%	85%
Skin Cancer Screening	56%	17%	22%	23%
Hearing Screening	40%	44%	29%	31%
Nutrition Education	33%	35%	28%	29%
Parenting Classes	3%	5%	6%	-
Mental Health Counseling	15%	12%	13%	15%
Alcohol/Drug Counseling	1%	6%	6%	2%
Stop Smoking Program	4%	5%	8%	4%

Q.7 - Please indicate if you have had, or participated in, the services that are listed below in the past 2 years.
*Multi-area group from CMC/MMC/MMCS PSA's. See appendix for list of zip codes.

Incidence of Screenings/Exams/Tests – by Age

- **Most screening exams skew towards the older population (50+). However, mental health counseling, parenting classes, nutrition education and dental screens skew younger.**

	21-49 (n=64) (A)	50-64 (n=120) (B)	65+ (n=172) (C)
Blood Pressure Check	91%	94%	98%AB
Cholesterol Screening	70%	87%A	90%A
Diabetes/Blood Sugar Check	77%	86%	82%
Heart Disease Education	53%	67%A	59%
Annual Physical Exam	84%	92%	94%A
Dental Screening	91%B	81%	86%
Vision Screening	73%	87%A	95%AB
Mammogram/Breast Exam (Females)	46%	82%A	81%A
Prostate Cancer Screen (Males)	21%	80%A	79%A
Flu Shot	80%	73%	84%B
Skin Cancer Screening	25%	42%A	70%AB
Hearing Screening	44%B	29%	46%B
Nutrition Education	41%C	36%	27%
Parenting Classes	9%BC	3%C	-
Mental Health Counseling	19%	20%C	10%
Alcohol/Drug Counseling	-	2%	1%
Stop Smoking Program	3%	4%	4%

Q.7 - Please indicate if you have had, or participated in, the services that are listed below in the past 2 years.
(A/B/C) = Significantly greater than indicated cell at the 90% confidence level.

Incidence of Screenings/Exams/Tests – by Gender

- **Females report a higher incidence than males with regard to mental health counseling.**

	Male (n=89) (A)	Female (n=279) (B)
Blood Pressure Check	97%	96%
Cholesterol Screening	88%	86%
Diabetes/Blood Sugar Check	85%	82%
Heart Disease Education	65%	59%
Annual Physical Exam	91%	92%
Dental Screening	89%	84%
Vision Screening	90%	88%
Mammogram/Breast Exam (Females)	NA	76%
Prostate Cancer Screen (Males)	71%	NA
Flu Shot	83%	79%
Skin Cancer Screening	57%	51%
Hearing Screening	44%	39%
Nutrition Education	30%	33%
Parenting Classes	1%	3%
Mental Health Counseling	8%	17%[A]
Alcohol/Drug Counseling	2%	1%
Stop Smoking Program	6%	3%

Q.7 - Please indicate if you have had, or participated in, the services that are listed below in the past 2 years.

(A/B) = Significantly greater than indicated cell at the 90% confidence level.

NA = Not applicable.

Incidence of Screenings/Exams/Tests – by Income

- **In general, higher income residents surveyed have more screening tests vs. lower income respondents.**

	Under $25K (n=19) (A)	$25-50K (n=62) (B)	$50-100K (n=98) (C)	$100-150K (n=60) (D)	$150K+ (n=36) (E)
Blood Pressure Check	95%	94%	94%	95%	94%
Cholesterol Screening	68%	82%	87%	82%	94% ABD
Diabetes/Blood Sugar Check	84%	77%	83%	77%	86%
Heart Disease Education	42%	42%	68% AB	68% AB	68% AB
Annual Physical Exam	84%	86%	96%B	88%	92%
Dental Screening	58%	71%	92% AB	92% AB	97% AB
Vision Screening	79%	94%	90%	90%	83%
Mammogram/Breast Exam (Females)	61%	66%	81%B	76%	74%
Prostate Cancer Screen (Males)	100% CE	91% CE	56%	93% CE	59%
Flu Shot	68%	76%	87%B	83%	89% AB
Skin Cancer Screening	21%	50%A	53%A	65% AB	53%A
Hearing Screening	26%	42%	47% AD	32%	36%
Nutrition Education	16%	24%	36%A	35%A	42% AB
Parenting Classes	-	2%	1%	3%	8%A
Mental Health Counseling	21%	26% CD	13%	7%	17%
Alcohol/Drug Counseling	-	2%	1%	2%	-
Stop Smoking Program	5%	2%	6%	3%	3%

Q.7 - Please indicate if you have had, or participated in, the services that are listed below in the past 2 years.
(A/B/C/D/E) = Significantly greater than indicated cell at the 90% confidence level.

Conditions Diagnosed by Physician (Self or Family Member)

- **Older respondents (50+) report being diagnosed with more conditions versus their younger counterparts, although depression/anxiety, asthma and substance abuse skew towards the younger population.**

Chart 1 (top):

Condition	%	Notes
High Blood Pressure	63%	• Older (65+) • Lowest income (<$25K)
High Cholesterol	62%	• Lowest income (<$25K) • Older (50+)
Weight Problem	52%	• Mid age (50-64)
Heart Condition	38%	• Male • Older (65+)
Cancer	38%	• Older (50+) • Lowest income (<$25K)
Depression/Anxiety	28%	• Younger (<50) • Lower income (<$50K) • Female
Diabetes	27%	• Older (50+) • Lowest income (<$25K)
Hearing Problem	26%	• Older (50+) • Mid income ($25-50K)

Chart 2 (bottom):

Condition	%	Notes
Asthma	17%	• Female • Younger (<65)
Lung Disease	15%	• Older (50+) • Lower income (<$50K)
Kidney Disease	11%	• Older (50+) • Mid income ($25-50K)
Smoking Addiction	11%	
Stroke	9%	• Older (50+)
Substance Abuse	5%	• Younger (<65)
Alzheimer's/Dementia	5%	

(n=369)

Q.8 - Have you, or a household family member, ever been told by a doctor or other health professional that you have had any of the following?

Conditions Diagnosed by Physician – by Ethnicity

- **Two-thirds of the Caucasian group surveyed report being diagnosed with high blood pressure and/or high cholesterol. One-half say they have a weight problem.**

High blood pressure, high cholesterol and weight problems appear to be frequently diagnosed conditions among all ethnic groups.

	Caucasian (n=314)	African Am. (n=139)*	Hispanic (n=205)*	Asian (n=48)*
High blood pressure	63%	59%	40%	56%
High cholesterol	63%	37%	41%	54%
Diabetes	25%	30%	24%	44%
Heart condition	38%	23%	22%	29%
Cancer	39%	14%	18%	27%
Weight problem	51%	36%	42%	42%
Depression or anxiety	29%	17%	21%	17%
Asthma	16%	22%	19%	8%
Lung disease	14%	9%	8%	2%
Smoking addiction	12%	15%	10%	8%
Kidney disease	10%	8%	8%	10%
Hearing problem	27%	9%	9%	19%
Stroke	8%	7%	3%	10%
Alzheimer's/dementia	5%	5%	3%	6%
Substance use/abuse	4%	6%	5%	2%

Top 2 Box Agreement

Q.8 - Have you, or a household family member, ever been told by a doctor or other health professional that you have had any of the following?

*Multi-area group from CMC/MMC/MMCS PSA's. See appendix for list of zip codes.

Conditions Diagnosed by Physician – by Age

- Not surprisingly, older respondents report being diagnosed with more conditions than younger respondents, although younger residents surveyed report more asthma, depression/anxiety and substance use/abuse.

	21-49 (n=64) (A)	50-64 (n=120) (B)	65+ (n=172) (C)
High blood pressure	47%	54%	76%AB
High cholesterol	45%	68%A	66%A
Diabetes	14%	27%A	31%A
Heart condition	27%	28%	47%AB
Cancer	19%	35%A	46%AB
Weight problem	44%	60%AC	49%
Depression or anxiety	42%C	30%	23%
Asthma	22%C	24%C	12%
Lung disease	6%	17%A	16%A
Smoking addiction	13%	16%C	8%
Kidney disease	5%	11%	12%A
Hearing problem	13%	21%	36%AB
Stroke	3%	13%A	8%A
Alzheimer's/dementia	5%	5%	6%
Substance use/abuse	9%C	7%C	2%

Top 2 Box Agreement

Q.8 - Have you, or a household family member, ever been told by a doctor or other health professional that you have had any of the following?

(A/B/C) = Significantly greater than indicated cell at the 90% confidence level.

Conditions Diagnosed by Physician – by Gender

- **Females report more depression/anxiety and asthma versus males, while males cite more heart conditions.**

	Male (n=89) (A)	Female (n=279) (B)
High blood pressure	69%	62%
High cholesterol	62%	63%
Diabetes	28%	27%
Heart condition	47%B	35%
Cancer	35%	39%
Weight problem	45%	55%
Depression or anxiety	16%	32%A
Asthma	8%	20%A
Lung disease	12%	15%
Smoking addiction	8%	13%
Kidney disease	16%	9%
Hearing problem	32%	25%
Stroke	7%	10%
Alzheimer's/dementia	7%	5%
Substance use/abuse	2%	5%

Top 2 Box Agreement

Q.8 - Have you, or a household family member, ever been told by a doctor or other health professional that you have had any of the following?

(A/B) = Significantly greater than indicated cell at the 90% confidence level.

Conditions Diagnosed by Physician – by Income

- **Residents surveyed in the lowest income levels report more diagnosed conditions versus higher income respondents.**

	Under $25K (n=19) (A)	$25-50K (n=62) (B)	$50-100K (n=98) (C)	$100-150K (n=60) (D)	$150K+ (n=36) (E)
High blood pressure	90% BCDE	66%E	71%E	60% E	42%
High cholesterol	74% E	66%	63%	55%	50%
Diabetes	37% E	27%E	27%E	22%	14%
Heart condition	42%	31%	43%	45%	31%
Cancer	53% E	39%	43%E	42% E	25%
Weight problem	68% D	55%	62%D	42%	53%
Depression or anxiety	37%	47% CDE	24%	25%	28%
Asthma	26%	21%	16%	20%	17%
Lung disease	26% D	23%D	13%	8%	11%
Smoking addiction	16%	15%	13%	12%	8%
Kidney disease	5%	19% ACE	7%	15% E	3%
Hearing problem	21%	44% ACDE	23%E	20%	11%
Stroke	11%	11%	11%	5%	8%
Alzheimer's/dementia	-	8%A	4%A	7%A	6%
Substance use/abuse	5%	5%	6%	2%	6%

Top 2 Box Agreement   Q.8 - Have you, or a household family member, ever been told by a doctor or other health professional that you have had any of the following?
(A/B/C/D/E) = Significantly greater than indicated cell at the 90% confidence level.

How Conditions Are Being Managed

- Diagnosed conditions most likely to be under a physician's care include: high blood pressure, diabetes, high cholesterol, heart conditions, kidney disease and asthma.
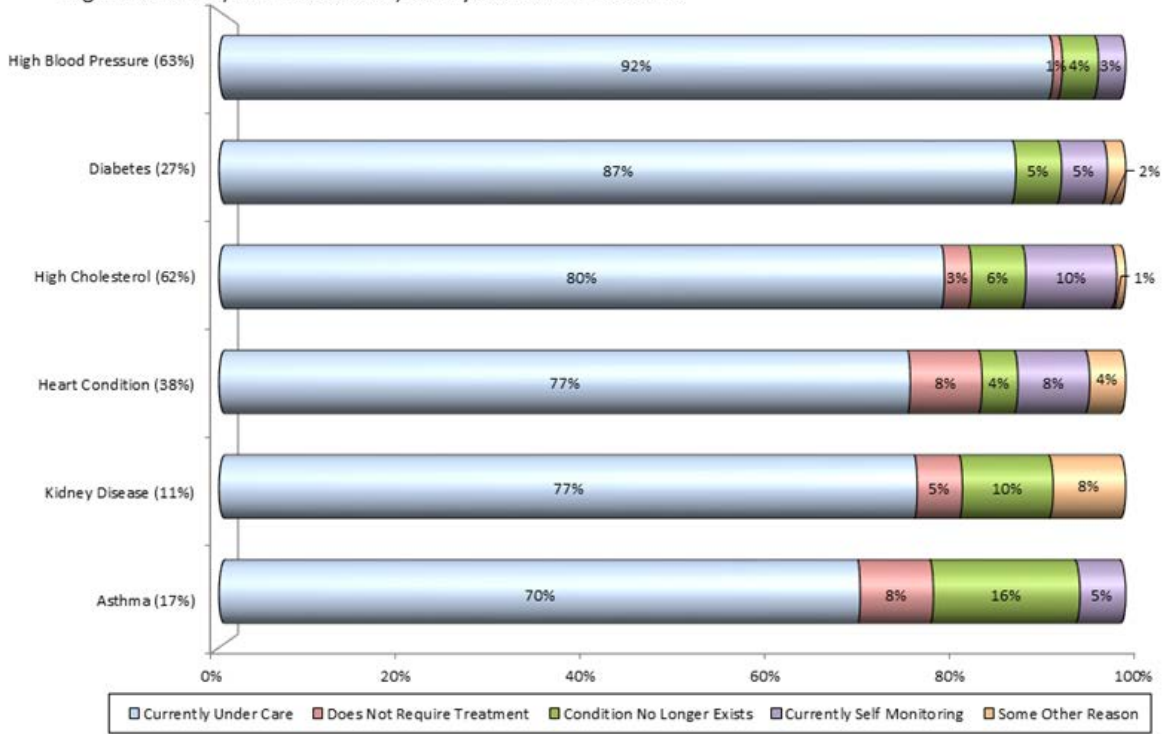
Condition	Currently Under Care	Does Not Require Treatment	Condition No Longer Exists	Currently Self Monitoring	Some Other Reason
High Blood Pressure (63%)	92%	1%	4%	3%	
Diabetes (27%)	87%		5%	5%	2%
High Cholesterol (62%)	80%	3%	6%	10%	1%
Heart Condition (38%)	77%	8%	4%	8%	4%
Kidney Disease (11%)	77%	5%	10%	8%	
Asthma (17%)	70%	8%	16%	5%	

Legend: ☐ Currently Under Care ☐ Does Not Require Treatment ☐ Condition No Longer Exists ☐ Currently Self Monitoring ☐ Some Other Reason

NOTE: Multiple mentions.
Q.9 - Are you/household family member currently under care for this [CONDITION]?
Q.10 - Why are you/household family member not under current care for the [CONDITION]?
Would you say it is because...

How Conditions Are Being Managed – (continued)

- Many are also under a physician's care for depression/anxiety, lung disease, hearing problems and Alzheimer's.
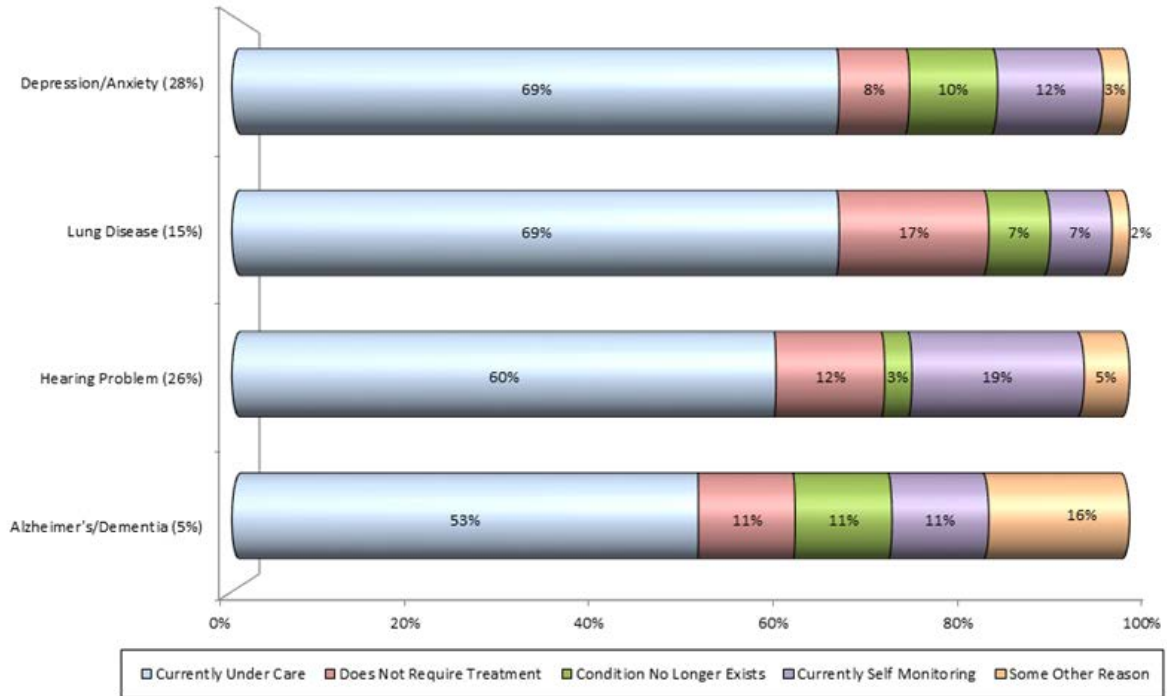
NOTE: Multiple mentions.
Q.9 - Are you/household family member currently under care for this [CONDITION]?
Q.10 - Why are you/household family member not under current care for the
[CONDITION]? Would you say it is because...

How Conditions Are Being Managed – (continued)

- For strokes and cancer roughly half are under a doctor's care, with a large proportion who say the condition no longer exists.
- For respondents with weight issues, about one-third are under a physician's care while four-of-ten say they are self-monitoring their condition.
- For substance abuse and smoking addiction, a large percentage say they are either self-monitoring or the condition no longer exists.
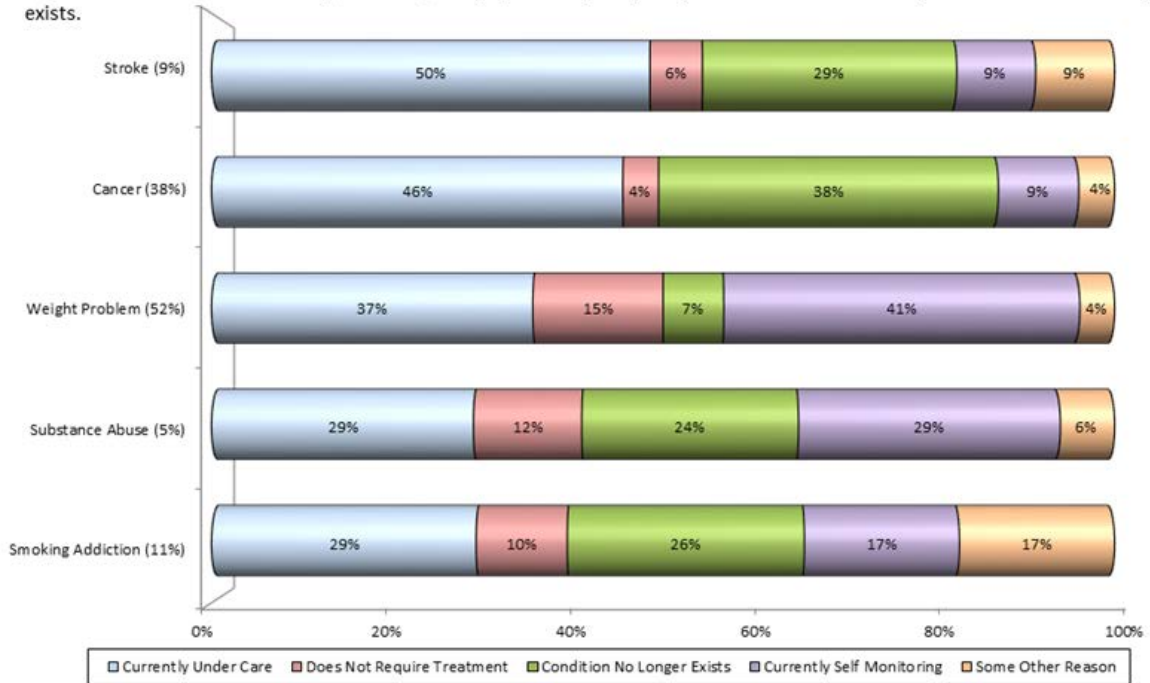
NOTE: Multiple mentions.
Q.9 - Are you/household family member currently under care for this [CONDITION]?
Q.10 - Why are you/household family member not under current care for the
[CONDITION]? Would you say it is because...

G. *ADDITIONAL DATA*

Statements About Ample Food/Food Assistance Programs

- Only a small minority of respondents agreed with statements regarding running out of food or money or relying on food assistance programs. Those who agree with these statements tend to be lower income and younger.

| "We worried whether our food would run out before we got money to buy more." | "The food that we bought just didn't last and we didn't have money to get more." | "We rely on a community supper program, food pantry or meal assistance program to supplement our household." |

Never True 86%
Some-times True 11%
Often True 3%

Never True 90%
Some-times True 7%
Often True 3%

Never True 96%
Some-times True 2%
Often True 2%

(n=369)
Q.12 - Please read the following statements that people have made about their food situation.
For each one, indicate how true the statement was for your household over the last 12 months.

Physician Habits

- Older respondents (50+) are more likely visit the same doctor or group every year or two for a check-up while younger respondents are more likely to visit the doctor only when sick or need medical care.

	Total	Age			Caucasian		Ethnicity		
		21-49 (A)	50-64 (B)	65+ (C)			AA*	Hispanic*	Asian*
	%	%	%	%	%		%	%	%
Go to Dr/group every year or two for check-up	80	67	80ᴬ	85ᴬ	80		69	57	77
Go to Dr/group only when sick/hurt	19	31ᶜ	21	15	20		23	35	27
Only go to urgent care center or ER when need medical care	8	16ᴮᶜ	7	6	7		20	26	10

(n=369)
NOTE: Multiple mentions.
*Multi-area group from CMC/MMC/MMCS PSA's. See appendix for list of zip codes.
Q.13 - When you need medical care, which of the statements below best describes you?
(A/B/C) = Significantly greater than indicated cell at the 90% confidence level.

Likelihood of Accessing Medical Care Virtually

- About one-fourth of residents surveyed indicated a strong likelihood of accessing medical care virtually, highest among younger and higher income respondents.

Somewhat Likely
30%

Not Very Likely
24%

Very Likely
14%

Extremely Likely
10%

Not at All Likely
22%

Extremely/
Very Likely
24%

Not
Very/Not at
All Likely
46%

21-49 yrs.	36%
50-64 yrs.	32%
High income ($150K+)	42%

65+ yrs.	55%
Under $25K	58%
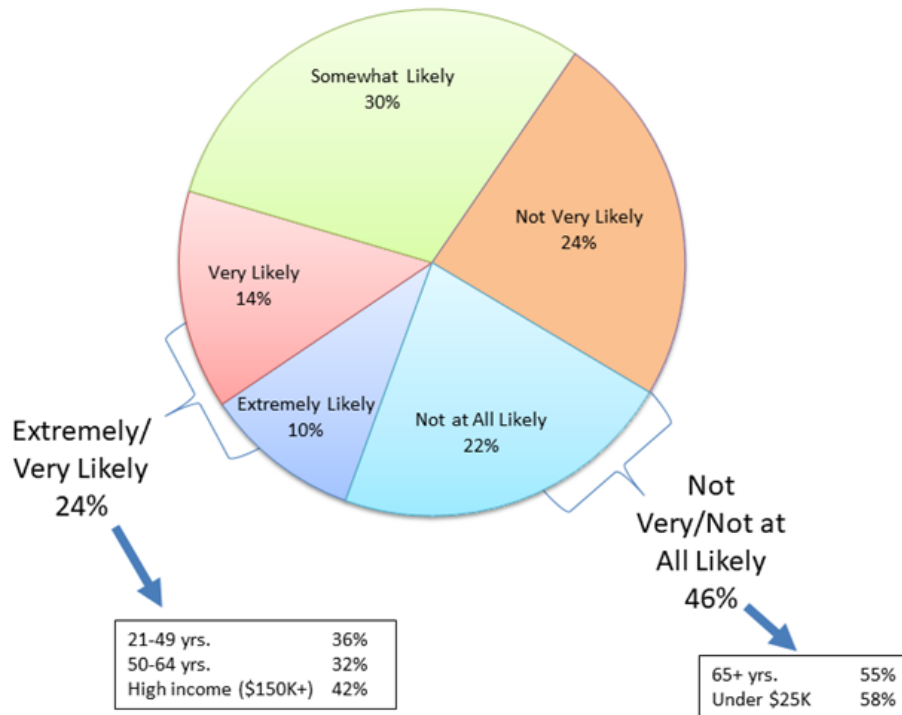
(n=369)

Q.14 - If you were able to access medical care virtually, for example, through FaceTime or Skype, how likely would you be to use this type of technology?

Sampling of Additional Comments - (Reference Data File for Complete List)

"I personally like face-to-face discussion where my doctor can examine me and answer all my questions right then."

"Keeping active is important for everyone, especially seniors."

"Better health care begins with excellent prenatal care and breastfeeding. Everyone needs to be educated on the significant importance of breastfeeding to reduce heart disease, obesity, diabetes and many more health concerns….."

"How to live with COPD."

"The community does not offer enough services to those on Medicaid. People have to travel away from the community for specialist services who take Medicaid."

"Need for geriatricians and geriatric psychiatrists in Ocean County."

"I wish there was some education and classes on Parkinson Disease."

"Public transportation in our large senior community is lacking terribly…."

"Would like to see more programs like the Mayo Clinic, the Cleveland Clinic and Seton Hall working on a natural healing approach to health."

"Skin cancer is a major problem. Finding competent physicians and surgeons is a problem….."

"Reasonable cost in dental care."

Q.15 - Use the space below to expand on a topic previously mentioned or an important health-related topic that was not mentioned in this survey.

4. FOCUS GROUP REPORT

A. LAKEHURST COMMUNITY FOCUS GROUP AND INTERVIEW

During September and October of 2019, New Solutions Inc. conducted an interview and a focus group to obtain additional insight into the health and mental health needs of the population of Lakehurst. Participants included representatives from a faith-based organization and a local FQHC. Representatives from the FQHC included nursing management, dietary, and social work services.

When asked about the most pressing health and mental health issues facing the Lakehurst community, respondents indicated mental health services, pain management services, diabetes, and obesity, as well as a general lack of health care services.

- *"Mental health and pain management are big problems."*
- *There aren't a lot of psychiatrists in the area. Patients have to travel for those services and there are often waits."*
- *"The need for mental health services far exceeds what is available."*
- *"We can provide some bridge medications until patients can get to the psychiatrist."*
- *"Lakehurst patients are middle-aged, 40+, young families, Caucasian and Hispanic, with increasing BMIs and a lot of diabetes."*
- *"I think just basic wellness. Getting to the doctors for a wellness check or when someone's not feeling well."*
- *We are a small town, there might be one doctor. Dr. _____, I think he's in Lakehurst . . . he might be the only one I know.*

When asked about what barriers patients faced in getting care, most responded that insurance, copays or a lack of insurance, and lack of transportation for services not readily available in the region were the most problematic issues facing patients.

- *"Lakehurst is a small town without a lot of services. Patients often have to travel out of the area, even to North Jersey for some specialty services."*
- *"I've heard patients say if I lose my insurance my health will just have to hold out."*
- *"A lot of self-pay patients can't or won't pay for health care services even on a sliding fee scale."*
- *"One of the barriers is language. Because a lot of them come in here to register their kids, they bring the kids with them so that the children can speak for them."*
- *"Transportation is a barrier. Most of our patients live around here and walk to the office. There are some transportation services for elderly, disabled and Medicaid."*
- *It might be just one person in the house that has a car and that person is working."*

When asked about what services were most difficult to access, respondents cited specialty care services, particularly rheumatology, neurology, cardiology, and pain management, along with the previously mentioned issues of mental health services.

- *"There is a large Eastern European Roma population of 50 or more somehow inter-related individuals who have a genetic predisposition to autoimmune diseases and it's difficult to access rheumatology services for them."*

- *"We provide some specialty services here, but a cardiologist may only be available once a week so people can have long waits for specialty services."*
- *"There were a few groups providing prescriptions for pain management, but they've changed their practices to using surgical techniques and injections. Some have even left the area, but patients are still looking for prescriptions. We also have a large methadone population and they use clinics in Toms River."*
- *"Many of Lakehurst's military families receive their care on base or at McGuire."*

Most of the providers we spoke to believed that services were insufficient to meet the community's needs, especially for those who are uninsured and undocumented; and because of the lack of specialty care providers in the area.

When asked about problems and challenges faced by the Lakehurst community in maintaining a healthy lifestyle, participants often mentioned the fact that many patients had co-morbid mental health conditions that impacted their ability to maintain a healthy lifestyle. Participants discussed the impact of psychiatric medications on patients' ability to lose weight and about how depression and anxiety lead them to seek *"comfort foods"* (high fat/high sugar foods) to calm their anxiety. Others spoke about the lack of coping skills patients displayed and how life stressors sent them into a spiral. Respondents also talked about the wide range of fast food options in the community and the lack of grocery stores in the immediate area to provide for easily available healthy choices. They also mentioned the lack of opportunities for recreational activities (gyms or organized physical activities and exercise).

- *"You have a 15 minute visit and by the time the patient finishes discussing his anxieties, how much time is left to deal with his medical issues?"*
- *"Mental health issues impact every aspect of their health, what they eat, how they care for chronic health issues – everything."*
- *"One of the things I see missing is the opportunity for people to get exercise – there are no gyms. The lack of exercise doesn't help their diabetes or depression."*
- *"People lack cooking skills, maybe they know how to make a sandwich or fry an egg, but that's not healthy eating."*
- *"I think it's a pretty safe community. We have military housing on Myrtle Street. They have nice facilities over there. They have a park and everything over there for kids . . . I think it's open to anyone."*

Asked what hospitals or providers could do to meet the health and mental health services needs in the community, respondents suggested health fairs aimed at Hispanic and undocumented populations with information available in Spanish. They also suggested that providers make sure they offer welcoming environments in which patients feel safe and secure. Participants also spoke of the need for greater information sharing among providers so that a patient's medical history was available to the provider rendering services. While respondents felt that strides were being made toward this, they were anxious to have this type of interoperability increased. They also believed that tele-psychiatry services would greatly enhance their ability to better serve patients.

- *"If people are treated well and the environment is welcoming – they'll come back."*
- *"Tele-psychiatry has some reimbursement issues, but it would definitely be helpful."*

- *"I can call our main office and usually get the patient's hospital records, but it would be easier if I could do it from here, and I'm sure if they end up in the ED, the hospital would like access to our records."*
- *"Flyers and information have to be in Spanish if you are trying to reach them."*

5. *OCEAN COUNTY/SERVICE AREA HEALTH PROFILE*

The Ocean County Health Profile provides a discussion of outcomes and factors in determining health. Ocean County data are compared to local, county, state, and national measures.

A. *OCEAN COUNTY OVERVIEW*

Ocean County is the second largest county in New Jersey. It is located along the Jersey Shore. The county encompasses a land mass of 915.40 square miles, the largest county in New Jersey. The county is made up the following municipalities: Barnegat Light, Barnegat Township, Bay Head, Beach Haven, Beachwood, Berkeley Township, Brick Township, Eagleswood, Harvey Cedars, Island Heights, Jackson Township, Lacey Township, Lakehurst, Lakewood Township, Lavallette, Little Egg Harbor Township, Long Beach Township, Manchester Township, Mantoloking, Ocean Gate, Ocean Township, Pine Beach, Plumsted Township, Point Pleasant Beach, Point Pleasant Borough, Seaside Heights, Seaside Park, Ship Bottom, South Toms River, Stafford Township, Surf City, Toms River Township, and Tuckerton. Much of the County is flat and coastal, with many beaches. Forty miles of Barrier Island form the Barnegat and Little Egg Harbor Bay, offering a wide range of water sports. In addition to being the northeast gateway to New Jersey's Pine Barrens, Ocean County is also home to six state parks.
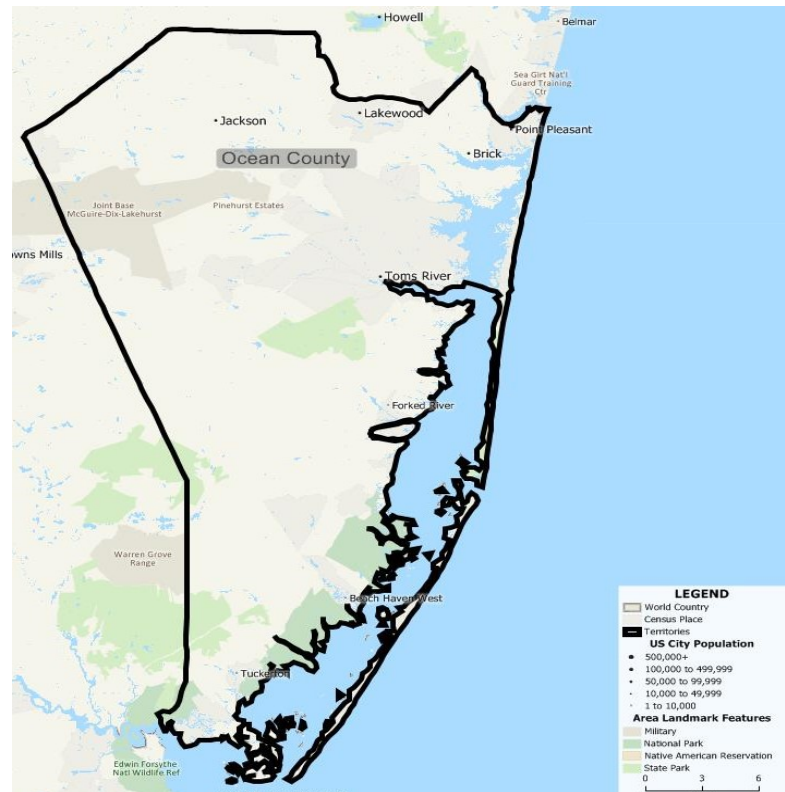
The following is an example of community health disparities identified in the CHNA.

- In 2016, the median household income in Ocean County ($63,108) was more than $10,000 below the statewide median of $73,702.
- In 2016, (19.7%) of Seaside Heights residents were living in poverty compared to (11.2%) county-wide.
- Ocean County's population is much older than the State.
- Ocean County's population is predominantly White (83.9%) compared to (54.4%) in New Jersey.
- Ocean County's teen birth rate (15-17-year-olds) among Hispanics (20.1/1,000) was higher than statewide (15.0/1,000).

- Black residents in Ocean County had the highest age-adjusted mortality rate (AAMR) for heart disease compared to Whites and Hispanics.
- Black residents in Ocean County had higher rates of AAMR for cancer than Whites and Hispanics.
- The drug overdose death rate was higher in Ocean County than the rate statewide and in Monmouth County.
- The percent of Ocean County low birth weight and very low birth weight infant are higher among Blacks than for Whites and Hispanics.

B.   CMC SERVICE AREA OVERVIEW

Between 2010 and 2018, the population of the CMC Service Area increased by over 2% (2.32%). In 2023, the Service Area population is expected to increase another 1.67% to 272,776.

Population Change in CMC Service Area
2018-2023
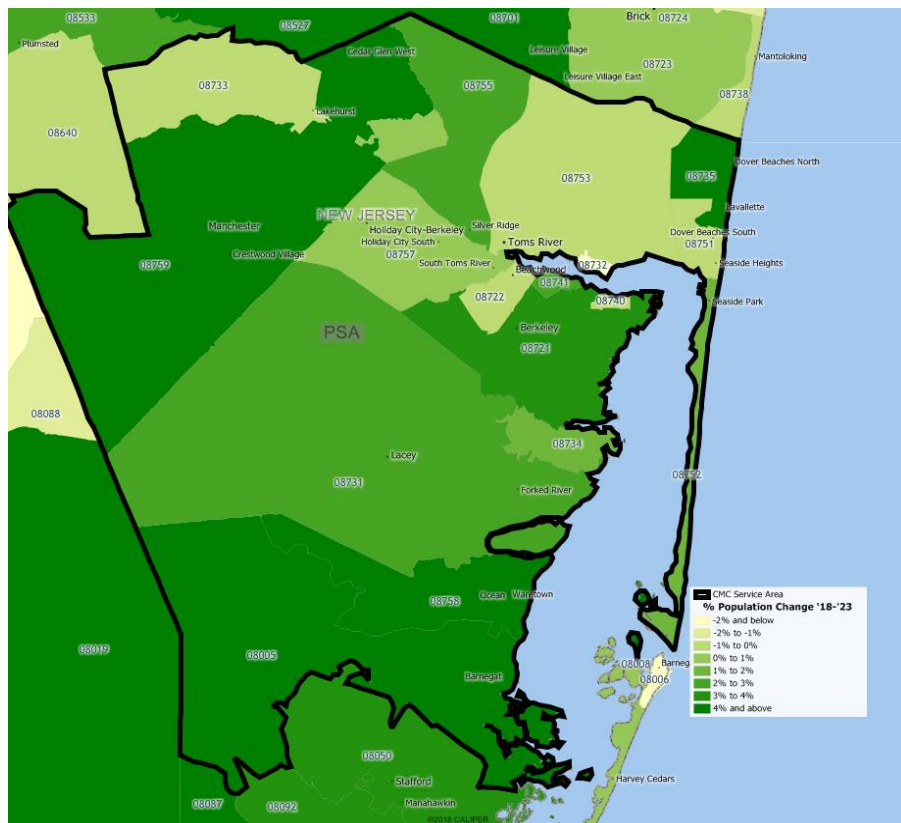
* Source: Claritas Population Estimates 2018, 2023

CMC Service Area
Population Distribution & Projected Percent Change 2018-2023

AGE COHORT	GEOGRAPHIC AREA										
	New Jersey	Ocean County	Monmouth County	CMC Service Area	Barnegat (08005)	Forked River (08731)	Seaside Heights (08751)	Toms River (08753)	Toms River (08755)	Toms River (08757)	Manchester Township (08759)
0-17	1,924,893	146,445	122,489	50,479	5,235	4,745	849	13,856	5,183	4,113	2,775
% of Total	21.19%	23.98%	19.60%	18.51%	20.48%	22.79%	21.34%	22.13%	19.75%	12.19%	7.59%
% Change '18-'23	-1.87%	3.95%	-6.65%	4.04%	6.01%	3.83%	8.85%	2.39%	1.31%	6.53%	13.03%
18-44	3,063,151	178,271	197,440	73,051	7,046	6,788	1,285	20,852	7,693	5,528	4,273
% of Total	33.72%	29.20%	31.60%	26.78%	27.57%	32.60%	32.30%	33.30%	29.32%	16.39%	11.69%
% Change '18-'23	-0.71%	3.35%	1.43%	2.83%	5.56%	3.62%	-5.72%	0.65%	7.76%	-1.07%	9.45%
45-64	2,440,092	135,984	180,834	62,206	5,785	5,591	1,086	16,484	6,523	5,228	4,814
% of Total	26.86%	22.27%	28.94%	22.80%	22.64%	26.86%	27.30%	26.33%	24.86%	15.50%	13.16%
% Change '18-'23	-1.87%	-7.39%	-5.08%	-9.80%	-7.90%	-6.25%	-8.35%	-9.53%	-8.05	-16.82%	-20.27%
65+	1,656,700	149,888	124,099	87,040	7,491	3,695	758	11,418	6,839	18,867	24,705
% of Total	18.24%	24.55%	19.86%	31.91%	29.31%	17.75%	19.05%	18.24%	26.07%	55.93%	67.56%
% Change '18-'23	15.44%	9.52%	14.70%	9.11%	14.63%	8.14%	12.97%	11.67%	6.00%	5.74%	7.93%
All Ages	9,084,836	610,588	624,862	272,776	25,557	20,819	3,978	62,610	26,238	33,736	36,567
% of Total	100%	100.0%	100%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%
% Change '18-'23	1.30%	2.27%	0.05%	1.67%	4.62%	1.55%	-0.53%	-0.14%	1.69%	0.47%	3.63%
Female 15-44	1,677,665	99,216	109,400	40,389	3,927	3,699	671	11,367	4,417	3,110	2,411
% of Total	18.47%	16.25%	17.51%	14.81%	15.37%	17.77%	16.87%	18.16%	16.83%	9.22%	6.59%
% Change '18-'23	-1.21%	3.37%	-0.01%	2.64%	4.80%	2.98%	-1.47%	0.19%	5.57%	0.42%	10.65%

Source: Claritas Population Estimates 2018, 2023

C.   SOCIAL DETERMINANTS OF HEALTH

Social determinants of health include socioeconomic and environmental factors which influence health outcomes, disparities in health, equity in health care, and are important tools to assess health at the local level. *Healthy People 2020* provides a framework for assessing social determinants of health across five topic areas: economic stability; education; social and community context; health and health care; and, neighborhood and built environment. While a relatively affluent county, there are residents of Ocean County and CMC Service Area that face many socioeconomic challenges that may have consequences for health and health care in the region.[9]

1.   Socioeconomic Status

Socioeconomic status is the aggregate of several social, economic, and demographic measures. In this analysis, these measures include household Income and poverty, unemployment, education, ethnic and racial makeup, age, and Divinity Health's Health Need Index by service area. According to *Healthy People 2020*, socioeconomic factors contribute to disparities in disease incidence and mortality among racial, ethnic and underserved groups. Studies indicate that income and socioeconomic status (SES) is a better predictor of the likelihood of an individual's or group's access to education, health insurance, and safe and healthy living and working conditions than race or ethnicity. SES also impacts the prevalence of behavioral risk factors (tobacco smoking, physical inactivity, obesity, excessive alcohol use) and rates of preventive screenings (lower SES, fewer screenings).

---

[9] https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health

Income, Poverty, and Unemployment

Income influences the way people invest in their health and provides options for healthy lifestyle choices. In low income circumstances, preventive care expenses are more often neglected in favor of immediate living expenses. The longer people live in poverty, the more abject their income disadvantage and the more likely they are to suffer from a range of health problems. Circumstances that lead to poverty also may lead to social exclusion, discrimination, racism, stigmatization, and unemployment. Thus, the following measures of income and poverty may be evidence of these problems.

Unemployment puts health at risk, starting when people first feel their jobs are threatened, before they become unemployed. Job insecurity increases mental health issues, particularly anxiety and depression. Populations with higher unemployment rates have collective increased risk of premature death.

Those who are unemployed face greater challenges to health and well-being, including lost income and health insurance. Unemployed individuals are 54% more likely to be in poor or fair health as compared to employed individuals. According to CHR, racial and ethnic minorities and those with less education, often already at-risk for poor health outcomes, are most likely to be unemployed. Labor statistics indicate unemployment rates peaked at the height of the recession in 2010 and began to show some improvement beginning in 2014. Most areas of the State have shown continued improvement.

Ocean County
Ocean County residents have traditionally had lower median household income than residents of the State.
- In 2016, the median household income in Ocean County was $63,108, less than $10,000 below the State median of $73,702
- In 2016, Ocean County had a higher percentage of people living below the federal poverty level than statewide, (11.2%) and (10.9%) respectively. [10]
- Between 2014 and 2016, unemployment throughout New Jersey declined. In 2016, the Ocean County unemployment rate was 4.5%, a decrease of 1.4 percentage points from 2014, and lower than the New Jersey unemployment rate of 5.2%.[11]

CMC Service Area
- The 2016 median household income of Forked River ($70,976) and Toms River 08753 ($73,227) residents was more than the county-wide figure ($63,108), and higher than most of the other Service Area zip codes.
- In 2016, 19.7% of Seaside Heights residents were living in poverty compared to 11.2% county-wide.

---

10 Ibid.
11 United States Bureau of Labor Statistics Newark, NJ-PA, Division Economic Summary 2016 http://www.bls.gov/regions/new-york-new-jersey/summary/blssummary_newark_div.pdf

Median Household Income
State and County Comparisons – 2014-2016

	2014	2016
■ New Jersey	$72,062	$73,702
■ Ocean County	$61,839	$63,108
■ Monmouth County	$85,605	$87,297
■ Toms River (08753)	$75,480	$73,227
■ Toms River (08755)	$66,859	$69,682
■ South Toms River (08757)	$37,762	$39,271
■ Manchester Township (08759)	$36,911	$36,980
■ Barnegat (08005)	$67,190	$64,907
■ Forked River (08731)	$65,750	$70,976
■ Seaside Heights (08751)	$36,167	$50,982
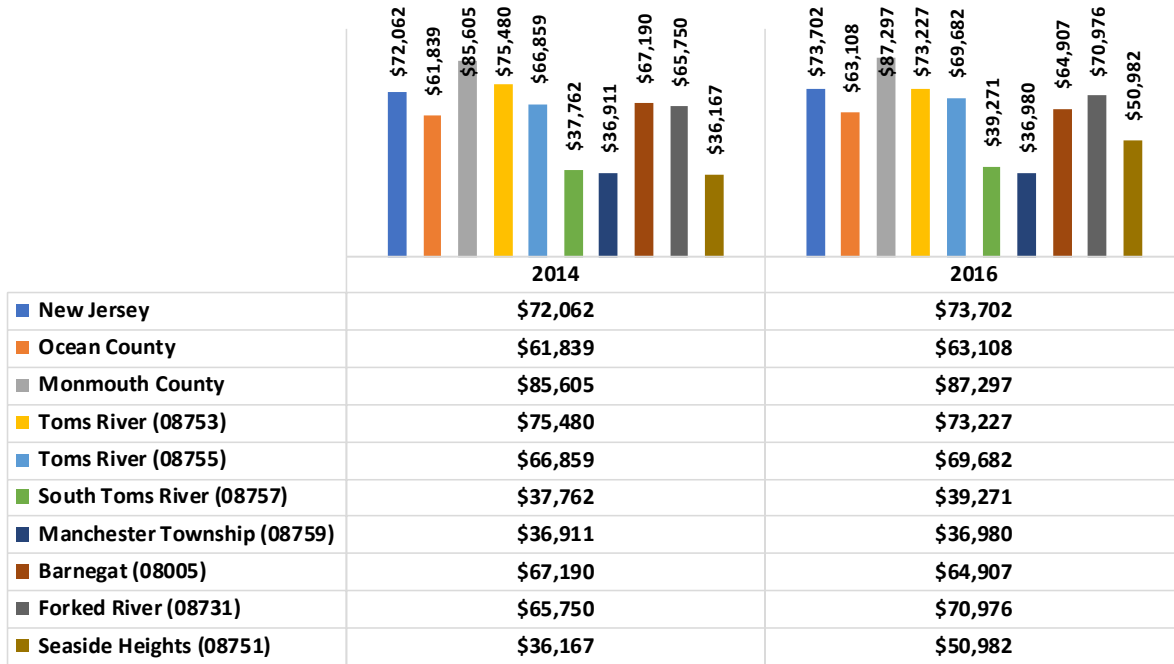
Source: United States Census 2016 5 Year ACS Estimates

Median Household Income, 2018
Ocean County

HOUSEHOLD INCOME (2018*)	
GEOGRAPHIC AREA	MEDIAN
New Jersey	$78,317
Ocean County	$68,797
Pine Beach (08741)	$90,891
Toms River (08753)	$80,553
Forked River (08731)	$75,035
Toms River (08755)	$74,801
Barnegat (08005)	$70,560
South Toms River (08757)	$45,110
Seaside Heights (08751)	$45,000
Manchester Township (08759)	$43,168

Source: Claritas 2018 Estimates

Source: Claritas 2018 Estimates

- In 2016, the percent of families living in poverty in Ocean County (7.5%) was lower than the State (8.1%).[12]
  - o In 2016, (19.7%) of people and (13.8%) of families were living in poverty in Seaside Heights. The Seaside Heights percentage of children in poverty was (35.6%).
- The percent of children living in poverty in Seaside Heights is more than double the New Jersey percentage (15.6%).

Income Below Federal Poverty Level
State and County Comparisons, 2016

	Families	People	Children	Seniors
New Jersey	8.1%	10.9%	15.6%	8.1%
Ocean County	7.5%	11.2%	19.8%	6.1%
Monmouth County	5.3%	7.6%	10.1%	6.2%
Toms River (08753)	4.6%	6.3%	7.6%	4.5%
Toms River (08755)	3.9%	5.4%	6.6%	6.9%
South Toms River (08757)	5.6%	8.4%	15.5%	6.7%
Manchester Township (08759)	4.4%	7.7%	8.0%	6.3%
Barnegat (08005)	6.7%	10.2%	19.6%	6.8%
Forked River (08731)	7.2%	11.2%	18.2%	6.5%
Seaside Heights (08751)	13.8%	19.7%	35.6%	5.3%

Source: United States Census 2016 5 Year ACS Estimates

---

12 United States Census Bureau American Community Survey 2014
http://factfinder.census.gov/faces/tableservices/jsf/pages/productview.xhtml?pid=ACS_14_5YR_DP03&prodType=table

Unemployment

- In 2016, the unemployment rate for Ocean County (4.5%) was below the rate statewide (5.2%) and the same as the Monmouth County rate.
- The Ocean County unemployment rate declined 1.4 percentage points between 2014-2016.
- In 2016, Seaside Heights unemployment rate was (5.1%), a decrease from (8.1%) in 2014, but higher than the Ocean County rate of (4.5%), and the State rate of (5.2%).[13]
- In 2016, the Forked River unemployment rate was (4.7%), a decrease from (8.6%) in 2014 but higher than the County rate of (4.5%).
- In 2016, Toms River 08755 had the lowest unemployment rate (3.2%) of the comparative zip codes.

Unemployment
State and County Comparisons, 2014-2016

	2014	2016
New Jersey	6.4%	5.2%
Ocean County	5.9%	4.5%
Monmouth County	5.7%	4.5%
Toms River (08753)	6.1%	5.2%
Toms River (08755)	4.6%	3.2%
South Toms River (08757)	4.6%	4.6%
Manchester Township (08759)	4.1%	3.9%
Barnegat (08005)	5.2%	6.3%
Forked River (08731)	8.6%	4.7%
Seaside Heights (08751)	8.1%	5.1%

Ocean County

Year	Rate
2016	4.5%
2015	5.2%
2014	5.9%
2013	6.2%
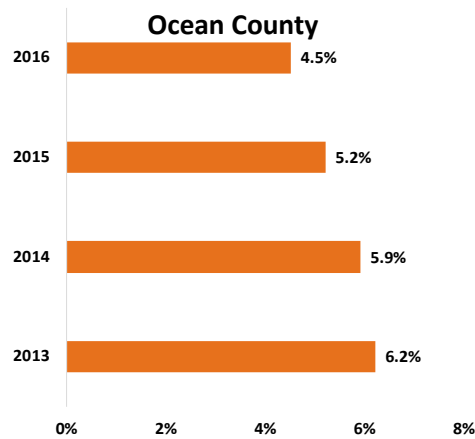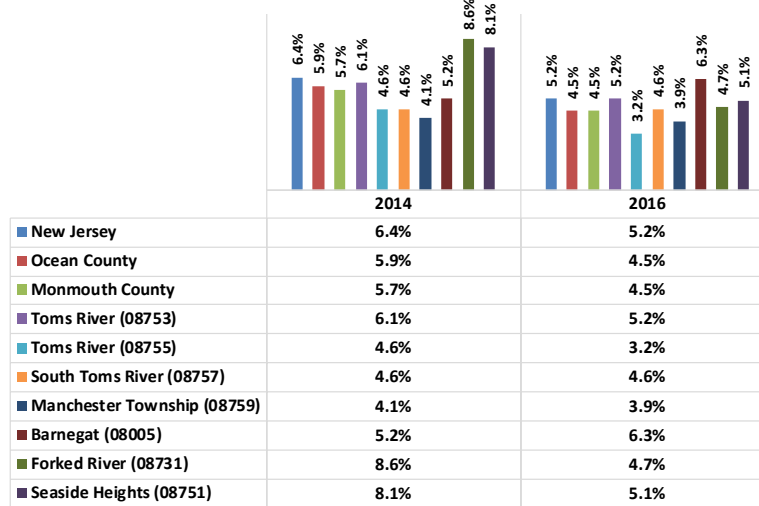
Source: United States Census 2016, 5 Year ACS Estimates

County Health Rankings & Roadmaps
Building a Culture of Health, County by County
A Robert Wood Johnson Foundation program

National Benchmark: 3.2%
Ocean County 2016: 4.5%

---

13 Ibid.

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Unemployment *Percent of Labor Force Unemployed*	N.A		
Income *Median Household*	N.A		
Income in the Past Year Below Federal Poverty Level *Percent of Total Population*	N.A	N.A	
Income in the Past Year Below Federal Poverty Level *Percent of Families*	N.A.	N.A	
Income in the Past Year Below Federal Poverty Level *Percent of Children*	N.A	N.A.	
Income in the Past Year Below Federal Poverty Level *Percent of Seniors*	N.A	N.A	

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

Asset Limited Income Constrained Employed Project

Many believe that the Federal Poverty Level (FPL) understates true poverty and is prejudicial to New Jersey as it fails to adjust for differences in the cost of living across states.

To ascertain the number of households that may be struggling due to the high cost of living in New Jersey we turned to the United Way's ALICE (Asset Limited Income Constrained Employed project)[14] to get a better idea of the number of households that earn more than the Federal Poverty Level but less than the basic cost of living in Ocean County. As shown in the chart below, the Alice Threshold (AT) combined the number of households in poverty and ALICE households equals the population struggling to afford basic needs. In Ocean County, this percentage amounts to 47% (2016).

---

[14] http://www.unitedwaynj.org/ourwork/aliceatnj.php

Households by Income, 2010 to 2016
Ocean County

Sources: **2016 Point-in-Time Data**: American Community Survey. **ALICE Demographics:** American Community Survey; the ALICE Threshold. **Budget:** U.S. Department of Housing and Urban Development (HUD); U.S. Department of Agriculture (USDA); Bureau of Labor Statistics (BLS); Internal Revenue Service (IRS); State of New Jersey Department of the Treasury; Child Care Aware NJ (CCANJ).

The United Way's analysis shows ALICE households in Ocean County may earn above the Federal poverty level for a single adult, $11,880, or $24,300 for a family of four, but less than the household survival budget for Ocean County.

Household Survival Budget, Ocean County		
	SINGLE ADULT	**2 ADULTS, 1 INFANT, 1 PRESCHOOLER**
Monthly Costs		
Housing	$904	$1,417
Child Care	$–	$1,625
Food	$182	$603
Transportation	$314	$627
Health Care	$196	$727
Technology	$55	$75
Miscellaneous	$202	$597
Taxes	$369	$891
Monthly Total	$2,222	$6,562
ANNUAL TOTAL	$26,664	$78,744
Hourly Wage	*$13.33*	*$39.37*

Sources: **2016 Point-in-Time Data**: American Community Survey. **ALICE Demographics:** American Community Survey; the ALICE Threshold. **Budget:** U.S. Department of Housing and Urban Development (HUD); U.S. Department of Agriculture (USDA); Bureau of Labor Statistics (BLS); Internal Revenue Service (IRS); State of New Jersey Department of the Treasury; Child Care Aware NJ (CCANJ).

There appears to be differences among municipalities in Ocean County in terms of the percentage of households living in poverty or at the ALICE threshold. Sixty-six percent of Seaside Heights and Lakewood residents and over 50% of the residents of Manchester, Tuckerton, Lakehurst, Berkeley, South Toms River and Ocean Gate had incomes at the Federal poverty level or at the ALICE threshold.

Ocean County, 2016		
Town	Total HH	% ALICE & Poverty
Barnegat	8,411	46%
Barnegat Light	264	34%
Bay Head	457	25%
Beach Haven	530	34%
Beachwood	3,726	45%
Berkeley	19,978	54%
Brick	29,986	44%
Eagleswood	560	45%
Harvey Cedars	216	34%
Island Heights	683	36%
Jackson	20,356	33%
Lacey	10,872	41%
Lakehurst	860	54%
Lakewood	23,738	66%
Lavallette	996	38%
Little Egg Harbor	8,385	49%
Long Beach	1,517	28%
Manchester	23,008	58%
Mantoloking	135	15%
Ocean	3,835	45%
Ocean Gate	818	51%

Ocean County, 2016		
Town	Total HH	% ALICE & Poverty
Pine Beach	825	30%
Plumsted	2,982	36%
Point Pleasant	7,274	35%
Point Pleasant Beach	1,986	36%
Seaside Heights	1,124	66%
Seaside Park	903	42%
Ship Bottom	418	35%
South Toms River	1,045	53%
Stafford	10,138	42%
Surf City	571	31%
Toms River	34,609	43%
Tuckerton	1,403	57%

Temporary Assistance Needy Families (TANF)

In order to qualify for TANF in New Jersey, applicants must comply with all requirements of Work First New Jersey. This includes signing over rights of child support payments, helping to establish paternity of children, cooperating with work requirements and applying for all assistance programs for which a household may be eligible. Additionally, eligible applicants must meet income and resource guidelines.[15]

- As of December 2017, (0.53%) of Ocean County children were receiving Work First NJ/TANF benefits, far less than the statewide rate (1.39%); Ocean County ranks in the middle performing quartile in New Jersey.
- As of December 2017, (0.07%) of Ocean County adults were receiving Work First NJ/TANF benefits, less than statewide (0.17%).
- Between 2015 and 2017, the percentage of adults and children receiving WFNJ/TANF benefits declined by (58.8%) and (53.1%), respectively.
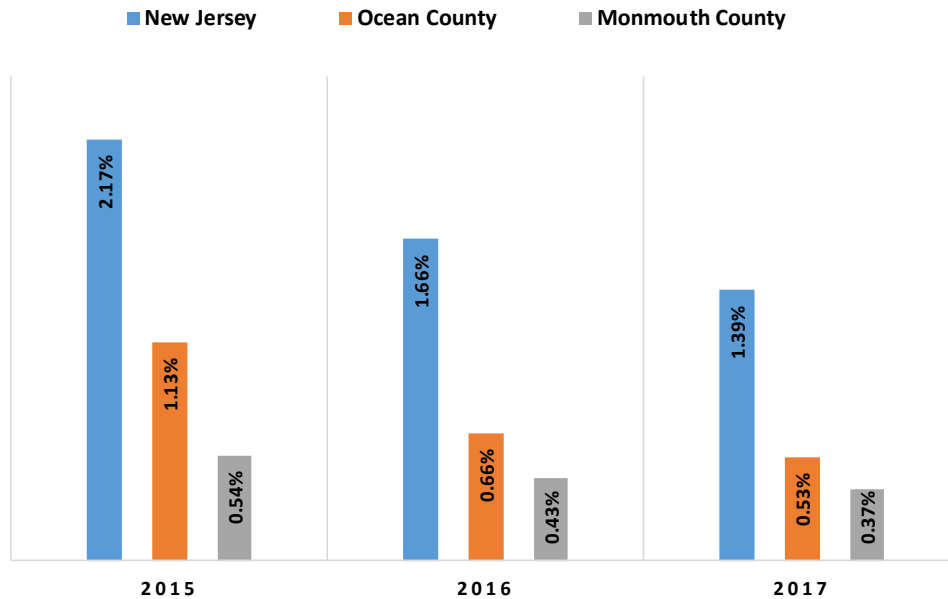
Temporary Assistance to Needy Families
State & County Comparisons Children 2015-2017

Source: http://www.nj.gov/humanservices/dfd/news/cps_dec17.pdf

---

[15] *http://www.tanfprogram.com/new-jersey-tanf-eligibility*

Temporary Assistance to Needy Families
State & County Comparisons Adults 2015-2017

■ **New Jersey** ■ **Ocean County** ■ **Monmouth County**
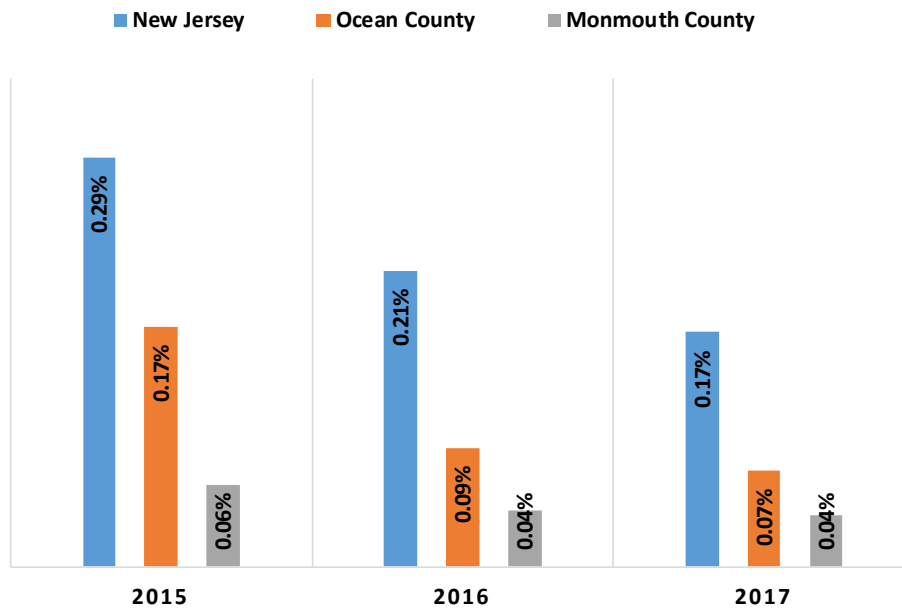
Source: http://www.nj.gov/humanservices/dfd/news/cps_dec17.pdf

Supplemental Nutrition Assistance Program (SNAP)

SNAP offers nutrition assistance to millions of eligible, low-income individuals and families. The Food and Nutrition Service works with State agencies, nutrition educators and neighborhood and faith-based organizations to ensure that those eligible for nutrition assistance make informed decisions and access benefits.[16]

- In 2017, more Ocean County children (20.6%) used SNAP benefits compared to (18.6%) of children statewide.
- In 2017, (4.6%) of Ocean County adults used SNAP benefits compared to (5.8%) of adults statewide.
- The percentage of Ocean County children and adults receiving SNAP benefits ranks in the middle performing quartile among all counties.

---

[16] *http://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program-snap*

Supplemental Nutrition Assistance Program (SNAP) State & County Comparisons Children 2015-2017

New Jersey ■ **Ocean County** ■ **Monmouth County**

	2015	2016	2017
New Jersey	20.89%	19.96%	18.60%
Ocean County	24.75%	23.56%	20.57%
Monmouth County	12.44%	11.83%	10.75%

Source: http://www.nj.gov/humanservices/dfd/news/cps_dec17.pdf

Supplemental Nutrition Assistance Program (SNAP) State & County Comparisons Adults 2015-2017

New Jersey ■ **Ocean County** ■ **Monmouth County**

	2015	2016	2017
New Jersey	6.8%	6.3%	5.8%
Ocean County	6.2%	5.4%	4.6%
Monmouth County	4.0%	3.6%	3.3%

Source: http://www.nj.gov/humanservices/dfd/news/cps_dec17.pdf

Children Eligible for Free Lunch

Public schools nationwide and across New Jersey have free lunch programs for children living at or near poverty. New Jersey requires public schools serve school lunches meeting at least one-third of recommended dietary allowances. According to the National School Lunch Program, the objective is "to provide a nutritious, well-balanced lunch for children in order to promote sound eating habits, to foster good health and academic achievement and to reinforce the nutrition education taught in the classroom."[17]

- The percentage of children eligible for free lunch increased or remained constant throughout New Jersey, Monmouth, and Ocean Counties between 2012-2013 and 2015-2016.
- Ocean County reported a 10 percentage point increase in students eligible for free lunch from 24% during the 2012-2013 school years to 34% in 2014-2016 school years.
- Ocean County is within the middle performing quartile compared to of all New Jersey counties for free school lunch eligibility, and the top performing quartile for County Health Rankings.

Children Eligible for Free Lunch
State & County Comparisons 2012-2016
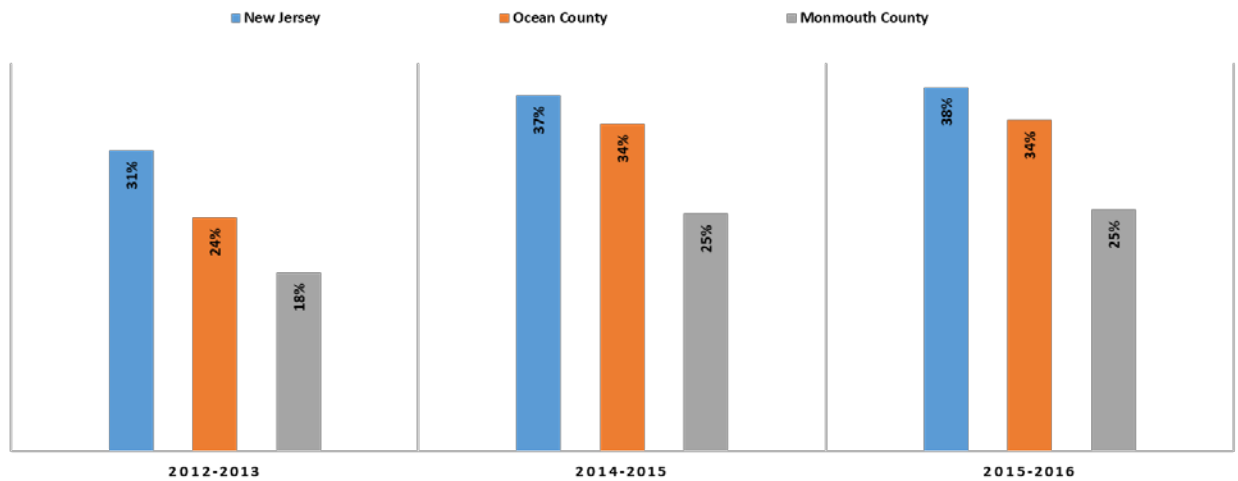
Source: http://www.nj.gov/humanservices/dfd/news/cps_dec16.pdf

National Benchmark: 33.0%
Ocean County 2016: 34.0%

---

[17] http://www.nj.gov/agriculture/divisions/fn/childadult/school_lunch.html

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
WFNJ/TANF (Supplemental Nutritional Assistance Program) *Percent of Population*	N.A.	N.A.	
WFNJ/TANF-Children *Percent of Children*	N.A.	N.A.	
SNAP (Supplemental Nutrition Assistance Program) *Percent of Population Receiving SNAP*	N.A.	N.A.	
SNAP-Children *Percent of Children Receiving SNAP*	N.A.	N.A.	
Children Eligible for Free Lunch	N.A.		

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

2.   *Education*

People with higher levels of educational attainment tend to have lower morbidity rates from acute and chronic diseases, independent of demographic and labor market factors. Life expectancy is increasing in the United States, yet differences have become more pronounced between those with and without a college education. The mechanisms by which education influences health are complex and likely include interrelationships between demographic and family background indicators, effects of poor health in childhood, greater resources associated with higher levels of education, a learned appreciation for the importance of good health behaviors, and one's social networks.[18] The ability to communicate in English is also a key part of educational competence.

The lack of English proficiency can negatively impact one's ability to understand and follow medical directions. Ocean County residents experienced a decrease in the percentage of the population over age 5 with limited English proficiency.

Ocean County
- In 2016, (9.1%) of Ocean County residents did not graduate from high school, 2.0 percentage points lower than New Jersey at (11.1%).[19] This represents an improvement from (9.8%) of County residents and (11.6%) statewide that did not graduate from high school as reported in the previous CHNA.
- In 2016, (27.5%) of Ocean County residents earned a bachelor's degree or higher.[20] This represents an increase from (26.3%) of County residents that earned a bachelor's degree or higher as reported in the previous CHNA.

---

18 National Poverty Center Policy Brief #9 Education and Health 2007 http://www.npc.umich.edu/publications/policy_briefs/brief9/
19 United States Census Bureau American Community Survey 2014
20 Ibid.

CMC Service Area

- In 2016, (15.1%) of South Toms River residents did not complete high school, higher than the statewide percentage (11.1%).
- In 2016, (9.8%) of Seaside Heights residents did not complete high school, fewer than the statewide percentage (11.1%).

Educational Attainment
State & County Comparisons, 2016

	No High School Diploma	High school graduate (includes equivalency)	Some College/associate's degree	Bachelor's degree	Graduate or professional degree
New Jersey	11.1%	28.2%	23.2%	23.1%	14.4%
Ocean County	9.1%	35.2%	28.2%	18.3%	9.2%
Monmouth County	7.3%	25.1%	24.3%	26.2%	17.1%
Toms River (08753)	6.5%	34.6%	27.7%	21.0%	10.3%
Toms River (08755)	10.6%	33.8%	25.1%	19.0%	11.5%
South Toms River (08757)	15.1%	47.4%	23.5%	10.6%	3.3%
Manchester Township (08759)	12.1%	43.7%	25.5%	13.1%	5.6%
Barnegat (08005)	7.9%	36.7%	32.1%	15.7%	7.5%
Forked River (08731)	8.1%	33.5%	30.8%	17.0%	10.6%
Seaside Heights (08751)	9.8%	35.0%	28.7%	19.1%	7.3%

Source: United States Census 2016 5 Year ACS Estimates

Healthy People 2020

Baseline: 89.0 %
Target: 97.9%
Ocean County 2016: 90.9%

Limited English Proficiency

The lack of English proficiency can negative impact one's ability to understand and follow medical directions. Ocean County residents experienced a decrease in the percentage of the population over age 5 with limited English proficiency.

- The percentage of Limited English Proficiency (LEP) persons age 5+ in Ocean County (4.5%) was lower than New Jersey (12.2%).
- In 2016, the percentage of Limited English Proficiency (LEP) individuals in Seaside Heights (10.0%) was lower than New Jersey (12.2%) and higher than the Ocean County rate (4.5%).

Limited English Proficiency Households (%)
State & County Comparisons, 2014-2016

	2014	2016
New Jersey	12.2%	12.2%
Ocean County	4.5%	4.5%
Monmouth County	6.6%	6.6%
Toms River (08753)	4.5%	3.4%
Toms River (08755)	3.5%	4.0%
South Toms River (08757)	4.9%	4.7%
Manchester Township (08759)	3.4%	3.0%
Barnegat (08005)	3.4%	3.3%
Forked River (08731)	1.4%	1.9%
Seaside Heights (08751)	12.7%	10.0%
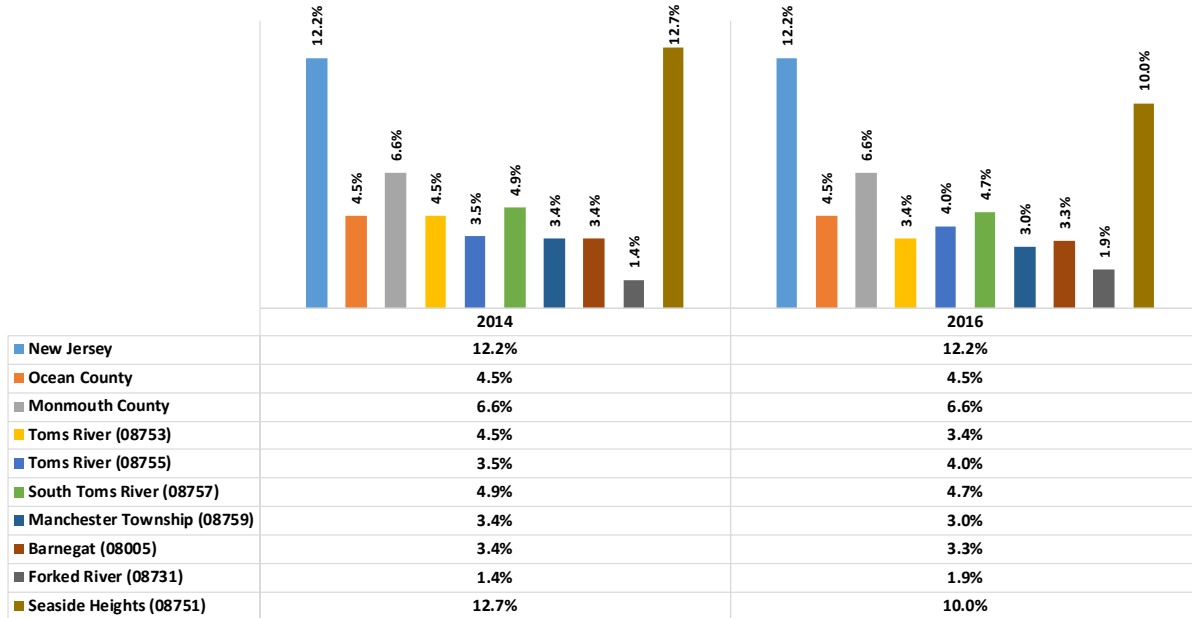
Source: United States Census 2014-2016 ACS 5 Year Estimates; Persons Age 5+ reporting speaking English "less than well".

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Educational Attainment: No High School Diploma *Percent of Population (Age 25+)*	N.A.	N.A.	
Limited English Proficiency *Percent of Population (Age 5+)*	N.A.	N.A.	

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

3.   Demographics

Age

Age affects how people behave in relation to their health; as people age, the body becomes more prone to disease and health behaviors become more important to good health.

Ocean County
- Ocean County's population distribution is much older than the State.
- In 2018, (22.9%) of Ocean County residents were over 65 compared to (16.0%) statewide.

CMC Service Area
- In 2018, (7.0%) of Manchester Township residents were 0-17, lower than the (23.6%) in Ocean County and (21.8%) in New Jersey.
- In 2018, (34.1%) of Seaside Heights residents were 18-44, higher than (28.9%) in Ocean County and (34.4%) in New Jersey.
- In 2018, (64.9%) of Manchester Township residents were 65+, higher than (22.9%) in Ocean County and (16.0%) in New Jersey.

Population by Age Cohort
State & County Comparisons

	0-17	18-44	45-64	65+
New Jersey	21.87%	34.40%	27.73%	16.00%
Ocean County	23.60%	28.89%	24.59%	22.92%
Monmouth County	21.01%	31.17%	30.50%	17.32%
Community Medical Center	18.08%	26.48%	25.70%	29.73%
Toms River (08753)	21.59%	33.05%	29.06%	16.31%
Toms River (08755)	19.83%	27.67%	27.50%	25.01%
Toms River (08757)	11.50%	16.64%	18.72%	53.14%
Manchester Township (08759)	6.96%	11.06%	17.11%	64.87%
Barnegat (08005)	20.21%	27.32%	25.71%	26.75%
Forked River (08731)	22.29%	31.95%	29.09%	16.67%
Seaside Heights (08751)	19.50%	34.08%	29.63%	16.78%

Source: Claritas 2018 Population Estimate

Ethnic and Racial Makeup

Racial and ethnic minorities receive lower quality healthcare than non-minorities, even when access-related factors such as insurance status and income are controlled. Sources of disparities are complex and rooted in historic and contemporary inequities, and involve many participants at several levels, including health systems administrative and bureaucratic processes, utilization managers, healthcare professionals, and patients.[21]

---

21 Institute of Medicine, Unequal Treatment: confronting Racial and Ethnic Disparities in Health Care, 2003, http://www.nap.edu/read/10260/chapter/2

Ocean County

- In 2018, Ocean County had lower percentages of African-American, Hispanic and Asian populations than New Jersey.
    - o 3.1% of the county population was African-American, compared to (12.8%) statewide.
    - o 9.6% of the population was Hispanic/Latino compared to (20.7%) statewide.
    - o Whites were (83.9%) of the county's population compared to (54.4%) in New Jersey.

CMC Select Service Area

- In 2018, (5.7%) of Seaside Heights' population was African-American, lower than (12.8%) in New Jersey.
- In 2018, (90.9%) of Forked River's population was White, higher than (83.9%) in Ocean County.
- In 2018, (17.8%) of Seaside Heights' population was Hispanic/Latino, compared to (9.6%) in Ocean County and (20.7%) in New Jersey.
- In 2018, (1.0%) of Forked River's population was Asian, less than the (2.0%) in Ocean County.
- Between 2010 and 2018, the Asian population in Ocean County grew (22%).

Population by Race/Ethnicity
State & County Comparisons

	White	Hispanic	Black or African American	Asian
New Jersey	54.39%	20.65%	12.78%	9.88%
Ocean County	83.86%	9.58%	3.09%	2.03%
Monmouth County	74.09%	11.29%	6.92%	5.72%
Community Medical Center	84.96%	7.88%	2.93%	2.55%
Toms River (08753)	81.76%	10.08%	2.64%	3.56%
Toms River (08755)	79.42%	8.55%	4.04%	6.16%
Toms River (08757)	83.17%	7.96%	5.16%	2.19%
Manchester Township (08759)	90.32%	4.05%	3.10%	1.47%
Barnegat (08005)	84.47%	7.88%	3.40%	2.16%
Forked River (08731)	90.94%	5.99%	0.71%	1.04%
Seaside Heights (08751)	71.87%	17.80%	5.73%	1.60%

Source: Claritas 2018 Population Estimate

Population by Race/Ethnicity
Ocean County – Trend

Ocean County			
RACE / ETHNICITY	2010	2018	% Change
White (alone)	495,534	500,683	1.0%
Black / African American (alone)	16,583	18,473	11.4%
Asian (alone)	9,924	12,111	22.0%
Native American / Pacific Islander / Other Race (alone)	1,104	1,176	6.5%
Two or More Races (alone)	5,639	7,440	31.9%
Hispanic / Latino (of Any Race)	47,783	57,180	19.7%

Source: Claritas 2018 Population Estimate

4. *Social and Community Context*

Social Associations

Social isolation can negatively impact health outcomes. Having a strong social network is associated with healthy lifestyle choices, positive health status, and reduced morbidity and mortality. Participation in community organizations can enhance social trust and a sense of belonging.[22] Social associations include structured membership organizations such as civic organizations, bowling centers, golf clubs, fitness centers, sports organizations, religious organizations, political organizations, business and professional associations.

- Between 2013 and 2015, Ocean County had lower membership association rates than New Jersey and Monmouth County.
- The membership association rate for Ocean County falls within the worst performing quartile compared to all 21 counties statewide.

---

[22] http://www.countyhealthrankings.org/app/new-jersey/2015/measure/factors/140/description

Number of Membership Organizations
State & County Comparisons, 2013-2015
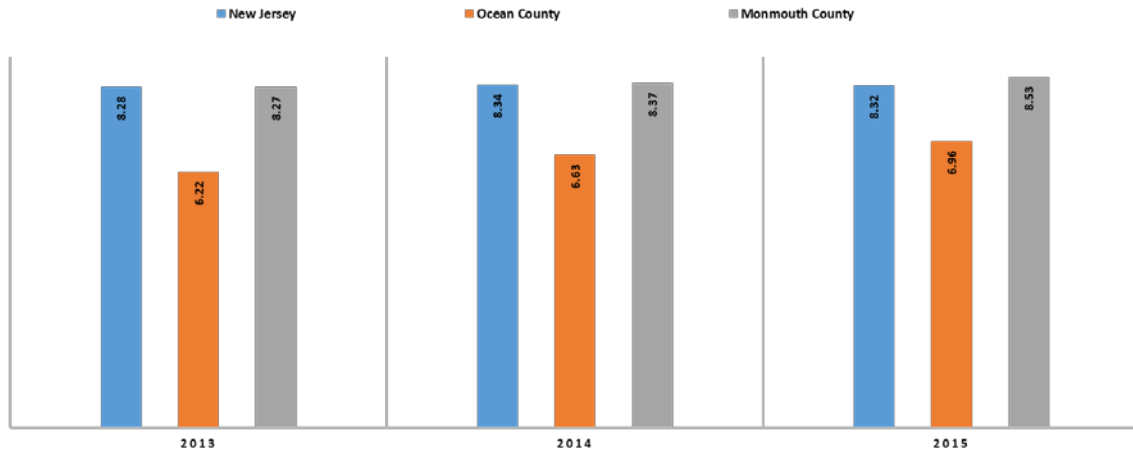
Source: County Health Rankings, CDC Wonder Mortality Data, 2010 - 2015

National Benchmark: 22.1
Ocean County 2015: 6.96

Indicator	*Healthy People 2020* Target	County Health Rankings Benchmark	New Jersey
Membership Organizations	N.A.		

RED:	Poorest Performing Quartile
Yellow:	Middle Quartiles
Green:	Best Performing Quartile

5.   *Health and Health Care*

Access to affordable quality health care is important to physical, social, and mental health. Health insurance helps individuals and families access needed primary care, specialists, and emergency care, but does not ensure access. It is also necessary for providers to offer affordable care, be available to treat patients and be near patients.[23]

---

[23] http://www.countyhealthrankings.org/our-approach/health-factors/access-care

Health Insurance

The expansion of Medicaid coverage and the Affordable Care Act's (ACA) coverage provisions, which began taking effect in 2010, helped decrease the nation's uninsured rate by 7.2 percentage points, from 16 percent in 2016. That translates into 20.4 million fewer people who lacked health insurance in 2016 compared to 2010. The uninsured rate is estimated to have increased to 15.5% in the first quarter of 2018, meaning another 4 million lost coverage since 2016 due to changes in health policy and insurance offerings. The uninsured are less likely to have primary care providers than the insured; they also receive less preventive care, dental care, chronic disease management, and behavioral health counseling. Those without insurance are often diagnosed at later, less treatable disease stages than those with insurance and, overall, have worse health outcomes, lower quality of life, and higher mortality rates.

Neighborhoods with low health insurance rates often have fewer providers, hospital beds and emergency resources than areas with higher rates. Even the insured have more difficulty getting care in these areas.

Cost can be a barrier to care even for those who have insurance. Lack of insurance creates barriers to timely access to care for patients and financial burdens to the providers who care for them.

- Since 2013, the non-elderly population without health insurance in Ocean County has trended downward, decreasing from (13.6%) in 2013 to (8.8%) in 2015.
- From 2013 through 2015, Ocean County had consistently lower rates of non-elderly population without health insurance than statewide.
- In 2015, Ocean County (8.8%) was higher than the ambitious *Healthy People 2020* target of no person without health coverage. Ocean County also had a higher percentage of individuals without insurance than the CHR Benchmark.

**Non-elderly Population Without Health Insurance
State & County Comparisons 2013-2015**

Legend: New Jersey | Ocean County | Monmouth County

2013: New Jersey 15.0%, Ocean County 13.6%, Monmouth County 12.4%
2014: New Jersey 12.6%, Ocean County 12.1%, Monmouth County 10.1%
2015: New Jersey 10.0%, Ocean County 8.8%, Monmouth County 7.9%
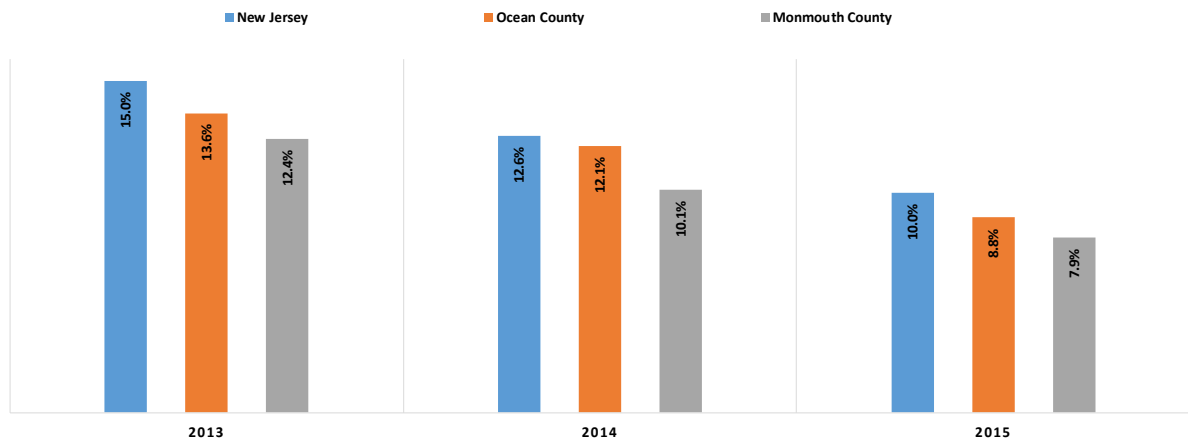
Source: Healthy People 2020 - CDC Behavioral Risk Factor Surveillance System
           County Health Rankings - US Census Bureau's Small Area Health Insurance Estimates (SAHIE)

Baseline: 10.0%
Target: 0.0%
Ocean County 2015: 8.8%

National Benchmark: 6.0%
Ocean County 2015: 8.8%

Access to Care

Access to affordable quality health care is important to ensuring physical, social, and mental health. Health insurance assists individuals and families to obtain primary care, specialists, and emergency care, but does not ensure access. Access to care goes beyond just insurance, it is also necessary for providers to offer affordable care, be available to treat patients and be near patients.[24]

Primary Care Physicians

Nationally, many areas lack sufficient providers to meet patient needs; as of June 2014, there are about 7,200 primary care, 5,000 mental health and 5,900 dental federally designated Health Professional Shortage Areas in the US. Having a usual primary care provider is associated with a higher likelihood of appropriate care and better outcomes. In 2017, 88% of Americans had a usual source of care, but those with low incomes are less likely to than those with higher incomes, and the uninsured are twice as likely as the insured to lack a usual care source.[25,26]

- Between 2013 and 2015, the ratio of population to primary care physicians in Ocean County increased from (2,099:1) to (2,230:1).
- In 2015, the Ocean County ratio for primary care providers was worse than the CHR national benchmark (1,030:1).
- Ocean County performs in the worst performing quartile of all New Jersey counties for the ratio of primary care physicians to population.

Ratio of Population to Primary Care Physicians
State & County Comparisons 2013 - 2015
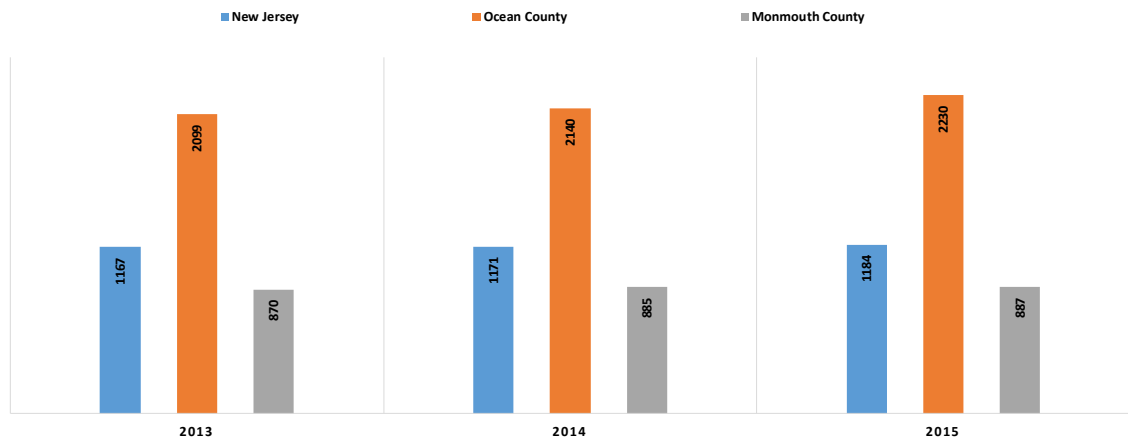
Source: County Health Rankings – HRSA Area Resource File

National Benchmark: 1030:1
Ocean County 2015: 2230:1

---

[24] http://www.countyhealthrankings.org/our-approach/health-factors/access-care

[25] http://www.countyhealthrankings.org/our-approach/health-factors/access-care

[26] http://www.cdc.gov/fastfactsaccesstohealthcare.htm

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Primary Care Physicians *Rate/ 100000 Population*	N.A		
Health Care Access/ Coverage *Do You Have Any Kind of Coverage* *% No*			

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

Community Need Index [27]

The Community Need Index (CNI), jointly developed by Dignity Health and Truven Health in 2004, is strongly linked to variations in community healthcare needs and is a strong indicator of a community's demand for services.

Based on a wide array of demographic and economic statistics, the CNI provides a score for every populated ZIP Code in the United States. A score of 1.0 indicates a ZIP Code with the least need and a score of 5.0 represents a ZIP Code with the most need. The CNI is useful as part of a larger community health needs assessment to pinpoint specific areas with greater need than others.

The CNI score is an average of five barrier scores that measure socio-economic indicators of each community using 2017 source data. The five barriers are:

1. Income Barrier
    *   Percentage of households below poverty line, with head of household age 65 or older
    *   Percentage of families with children under 18 below poverty line
    *   Percentage of single female-headed families with children under 18 below poverty line

---

2. Cultural Barrier
   - Percentage of population that is minority (including Hispanic ethnicity)
   - Percentage of population over age 5 that speaks English poorly or not at all
3. Education Barrier
   - Percentage of population over 25 without a high school diploma
4. Insurance Barrier
   - Percentage of population in the labor force, aged 16 or more, without employment
   - Percentage of population without health insurance
5. Housing Barrier
   - Percentage of households renting their home

A comparison of CNI scores and hospital utilization reveals a strong correlation between need and use. Communities with low CNI scores can be expected to have high hospital utilization. There is a causal relationship between CNI scores and preventable hospitalizations and ED visits for manageable conditions. Communities with high CNI scores may have more hospitalization and ED visits that could have been avoided with improved healthy community structures and appropriate outpatient and primary care.

Community Needs Index

	Service Area	ZIP Code	ZIP Code Description	CNI Score
Highest CNI Score (Highest Need)	RWJBH_CMC	08751	Seaside Heights	4.4
		08733	Lakehurst	3.4
		08757	Toms River	3.0
		08740	Ocean Gate	3.0
Lowest CNI Score (Lowest Need)	RWJBH_CMC	08759	Manchester Township	2.4
		08755	Toms River	2.0
		08731	Forked River	1.4
		08758	Waretown	1.4

Source: 2017 Dignity Health, Truven Health Analytics, 2016; Insurance Coverage Estimates, 2016; Claritas, 2016; and Community Need Index, 2016.

Seaside Heights (4.4) and Lakehurst (3.4) CNI scores indicated the highest need in the Service Area, followed by Toms River 08757 (3.0) and Ocean Gate (3.0). Conversely, Waretown (1.4) and Forked River (1.4) scores represented the lowest need in the Service Area.

Timeliness of Service

A key indicator of the timeliness of service is emergency department (ED) utilization for conditions that could have been treated in a primary care setting.

Reasons for accessing the ED instead of a more appropriate, lower acuity level of care include:
- No regular source of primary care
- Lack of health insurance
- Cost
- Transportation
- Office hours
- Citizenship status

ED Utilization of Ambulatory Care Conditions

Ambulatory Care Sensitive Conditions (ACSC) are potentially preventable medical conditions that are treated in the ER although more appropriate care should have been provided in a non-emergent outpatient primary care setting. ED utilization rates may be reduced by addressing primary care access issues.

ED Utilization for Ambulatory Care Sensitive Conditions

Ambulatory Care Sensitive Conditions (ACSC) are potentially preventable medical conditions that are treated in the ED although more appropriate care should have been provided in a non-emergent outpatient primary care setting. ED utilization rates may be reduced by addressing primary care access issues. Higher rates of ACSC conditions in Emergency Departments may indicate primary care access issues, poor preventative care among the population and in some instances health barriers related to socio-economic status.

The map shows the total New Jersey ACSC Emergency Department Rate by county. Dark Red shading represents the counties with the 5 highest rates in the State. White Shading represents the counties with the 5 lowest rates in the State. Pink Shading represents counties between the highest and lowest "Top 5s".

- In 2016, Ocean County's ACSC ED visit rate at (59.29/1,000) was slightly higher than the statewide rate (58.22/1,000).

Sussex 36.14
Passaic 72.95
Bergen 31.49
Warren 41.28
Morris 32.96
Essex 85.99
Hudson 63.83
Union 64.24
Hunterdon 25.64
Somerset 30.51
Middlesex 47.45
Mercer 74.33
Monmouth 52.52
Ocean 59.29
Burlington 48.54
Gloucester 53.60
Camden 87.44
Salem 75.01
Atlantic 84.99
Cumberland 89.34
Cape May 66.41
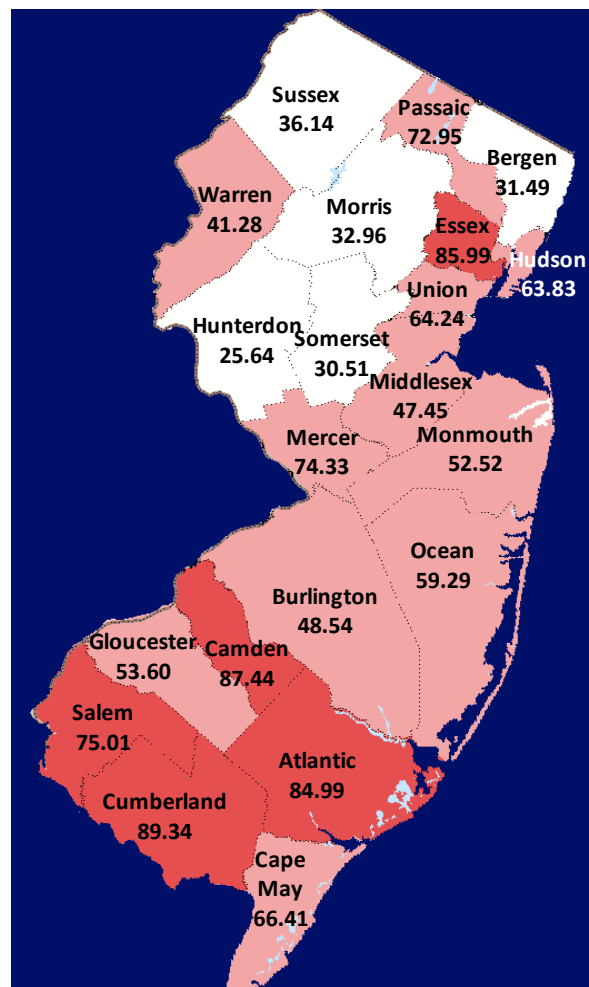
- Ocean County had the 11th highest ACSC ED visit rate of the 21 counties in 2016, (59.29/1,000), this was a 2.83 percentage point decrease from the 2013 rate.

Total ACSC ED Visits/Rate/1,000 Population

ACSC - ED Rate/1,000			
COUNTY	NJ 2013	NJ 2016	Change '13-'16
CUMBERLAND	82.08	89.34	7.26
CAMDEN	92.53	87.44	(5.09)
ESSEX	81.43	85.99	4.56
ATLANTIC	85.64	84.99	(0.65)
SALEM	77.56	75.01	(2.55)
MERCER	73.13	74.33	1.20
PASSAIC	70.77	72.95	2.18
CAPE MAY	71.68	66.41	(5.27)
UNION	61.98	64.24	2.26
HUDSON	58.01	63.83	5.81
OCEAN	62.11	59.29	(2.83)

ACSC - ED Rate/1,000			
COUNTY	NJ 2013	NJ 2016	Change '13-'16
GLOUCESTER	53.34	53.60	0.27
MONMOUTH	52.97	52.52	(0.46)
BURLINGTON	53.85	48.54	(5.31)
MIDDLESEX	48.46	47.45	(1.01)
WARREN	36.90	41.28	4.38
SUSSEX	25.76	36.14	10.38
MORRIS	30.40	32.96	2.56
BERGEN	31.74	31.49	(0.25)
SOMERSET	30.77	30.51	(0.26)
HUNTERDON	23.72	26.62	2.90
STATEWIDE	57.56	58.22	0.65

Source: NJDHSS 2012/2016 UB-04 Data – NJ Residents; Population: United States Census American Community Survey 5yr Estimate

Children

- In 2016, Ocean County's ACSC ED visits for children age 0-17 (65.08/1,000) was lower than the statewide rate (81.95/1,000).
- The 2016 Ocean County ACSC visit rate among children was also lower than the rate in the CMC Service Area (76.31/1,000).
- The towns with the highest ACSC ED visit rate were Seaside Heights (218.42/1,000), Seaside Park 08752 (121.05/1,000), and Lakehurst (113.31/1,000), each of which have rates considerably higher than the CMC Service Area.

ACSC ED 2016 – Pediatric (Age 0-17)
Rate/1,000 Population

GEOGRAPHIC AREA	RATE	HIGHEST SERVICE AREA RATES	
New Jersey	81.95	(08751) Seaside Heights	218.42
Ocean County	65.08	(08752) Seaside Park	121.05
CMC Service Area	76.31	(08733) Lakehurst	113.31
		(08722) Beachwood	93.81
		(08757) Toms River	93.40

Total ACSC ED Visits for Children (Age 0-17); Rate/1,000 Population

NJ	81.95
Ocean County	65.08
CMC Service Area	76.31
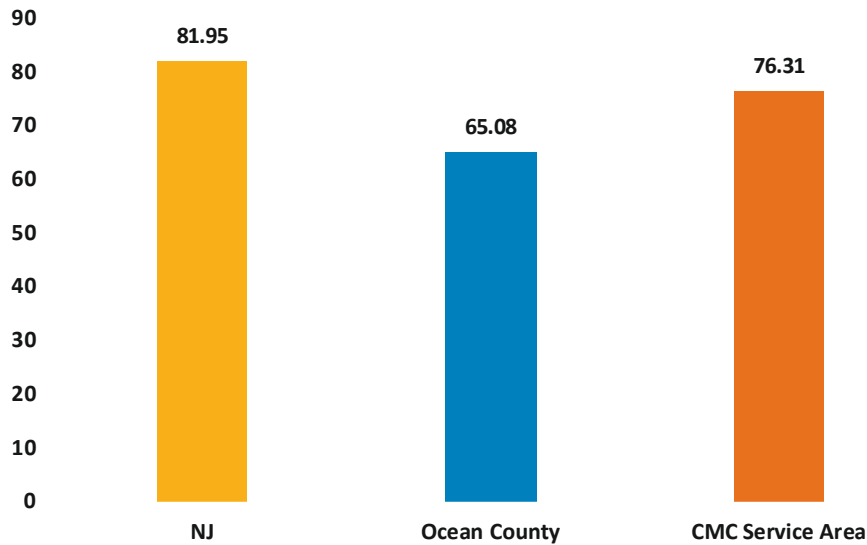
Source: UB-04 2016 Discharges

ED ACSC Volume: Top 5 by Service Area Zip Codes – Pediatric (Age 0-17), 2016 Rate/1,000 Population

	ENT	ASTHMA	BACTERIAL PNEUMONIA	GASTROINTESTINAL OBSTRUCTION	KIDNEY/URINARY INFECTION
NJ	48.68	8.63	4.00	5.13	3.62
Ocean County	40.22	5.51	3.82	3.14	2.55
Monmouth County	39.23	7.64	3.99	4.26	3.39
CMC Service Area	47.82	6.87	4.22	3.41	3.00
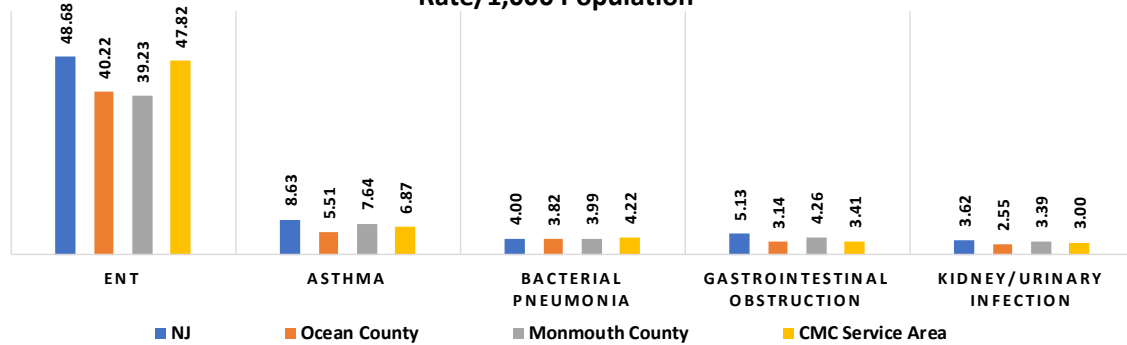
ED ACSC (2016) Pediatrics (Age 0-17)				
Geographic Area	Rate	Geographic Area		Rate
New Jersey	81.95	08751	Seaside Heights	218.42
Ocean County	65.08	08752	Seaside Park	121.05
CMC	76.31	08733	Lakehurst	113.31
		08722	Beachwood	93.81
		08757	Toms River	93.40

Source: UB-04 2016 Discharges

- There was a total of 3,688 ACSC ED visits for children from CMC's Service Area in 2016.
- ENT is the most common ACSC that resulted in an ED visit for children, followed by asthma, gastrointestinal obstruction, bacterial pneumonia and kidney/urinary infection.

ACSC ED Volume: Top 5 by Service Area – Pediatric (Age 0-17)

EMERGENCY DEPARTMENT (2016) – AGE 0-17		
Service Area	**ACSC Description** **(Top 5 Combined Service Area)**	**TOTAL** **IN AREA**
	ENT	2,311
	Asthma	332
	Gastrointestinal Obstruction	204
CMC	Bacterial Pneumonia	165
	Kidney/Urinary Infection	145
	All Others	531
TOTAL CMC Service Area		**3,688**

Top 5 Based on Total ACSCs in CMC Service Area: 2016

Adults

- The 2016 adult ED ACSC rate for Seaside Heights was 106.38/1,000, more than double the New Jersey rate (52.13/1,000).
- In 2016, of the top 5 zip codes with the highest adult ED ACSC rates in the Service Area, South Toms River 08755 had the lowest adult ED ACSC rate (61.16/1,000) but was higher than the State rate (52.13/1,000).

ACSC ED 2016 – Adults (Age 18+)
Rate/1,000 Population

GEOGRAPHIC AREA	RATE	Top 5 By Zip Code	RATE
Ocean County	56.80	08751 Seaside Heights	106.38
New Jersey	52.13	08733 Lakehurst	89.01
CMC Service Area	55.49	08722 Beachwood	64.00
		08740 Ocean Gate	63.75
		08755 Toms River	61.16

RATE

Source: UB-04 2016 Discharges

- The 2016 Ocean County's adult ED ACSC rate (56.80/1,000) was higher than the statewide rate (52.13).
- Ocean County adult ED ACSC rate was higher than CMC's Service Area rate (55.49/1,000).

Total ACSC ED Visits for Adults (age 18+): Rate 1,000 Population
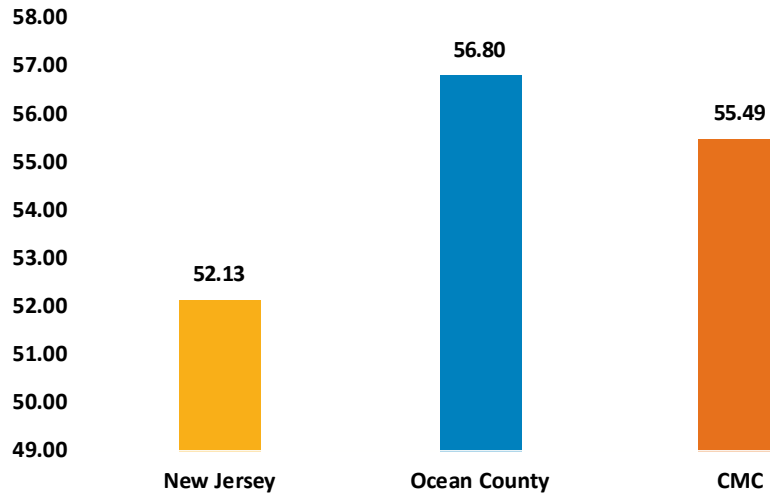
Source: UB-04 2016 Discharges

- There was a total of 12,123 adult ED ACSC visits in 2016 in the CMC Service Area.

Service Area	ACSC Description (Top 5 Combined Service Area)	TOTAL IN AREA
	EMERGENCY DEPARTMENT (2016) – AGE 18+	
CMC	Kidney/ Urinary inf.	1,955
	ENT	1,869
	Cellulitis	1,354
	COPD	1,078
	Dental Conditions	1,077
	All Others	4,790
	TOTAL CMC Service Area	**12,123**

Top 5 Based on Total ACSCs in RBMC PA/OB Combined Service Area: 2016

- In 2016, ENT was the leading cause of adult ED ACSC followed by kidney/urinary infection, cellulitis, dental conditions and COPD in the Service Area.
- In 2016, Ocean County adults had ED visit rates that were higher than the state in 4 of the top 5 ACSCs. The exception was dental conditions which were cover among Ocean County adults than adults statewide.

Total ACSC ED Visits for Adults (Age 18+): Rate/1,000 Population
Top 5 Conditions (2016)
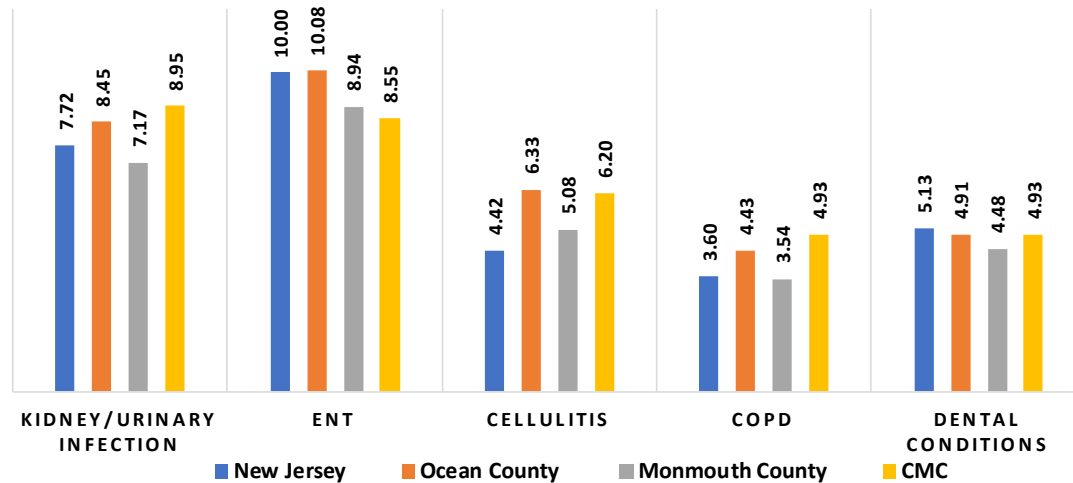
ED ACSC (2016) Adults 18+				
Geographic Area	**Rate**		**Geographic Area**	**Rate**
Ocean County	56.80	08751	Seaside Heights	106.38
New Jersey	52.13	08733	Lakehurst	89.01
CMC	55.49	08722	Beachwood	64.00
		08740	Ocean Gate	63.75
		08755	Toms River	61.16

Source: UB-04 2016 Discharges

Inpatient Utilization for Ambulatory Care Sensitive Conditions

Individuals may be admitted to the hospital due to an ACSC; higher rates of ACSC conditions among inpatients indicate primary care access issues, poor preventive care and barriers related to socioeconomic status.

- Ocean County ranks as the fifth highest county with 20.19/1,000 ACSC Inpatient admissions in 2016, a 4.60 percentage point decrease from 2013.
- In 2016, Ocean County (20.19/1,000) had 18.4% more ACSC Inpatient admissions than the State where noted (16.99/1,000).

Total Ambulatory Care Sensitive Conditions (ACSCs) Inpatient Admissions, per 1,000 Population 2013-2016

ACSC - IP Rate/1000			
COUNTY	NJ 2013	NJ 2016	Change '13-'16
SALEM	26.07	27.47	(1.40)
CUMBERLAND	24.18	26.12	(1.94)
CAMDEN	22.87	22.61	(-0.26)
CAPE MAY	20.71	22.36	(1.65)
OCEAN	24.79	20.19	(-4.60)
ESSEX	21.61	19.76	(-1.85)
ATLANTIC	23.63	19.66	(-3.97)
BURLINGTON	18.91	18.90	(-0.01)
HUDSON	20.58	17.35	(-3.23)
PASSAIC	20.78	17.32	(-3.46)
MERCER	20.17	17.23	(-2.94)

ACSC - IP Rate/1000			
COUNTY	NJ 2013	NJ 2016	Change '13-'16
MONMOUTH	19.07	17.22	(-1.85)
GLOUCESTER	19.84	15.85	(-3.99)
WARREN	15.94	15.69	(-0.25)
MIDDLESEX	17.07	15.33	(-1.74)
UNION	16.18	15.21	(-0.97)
SUSSEX	15.34	14.12	(-1.22)
HUNTERDON	13.81	13.90	(0.09)
MORRIS	15.04	13.13	(-1.91)
BERGEN	15.20	12.18	(-3.02)
SOMERSET	14.04	11.48	(-2.56)
STATEWIDE	19.13	16.99	(-2.14)

Source: NJDHSS 2012/2016 UB-04 Data – NJ Residents; Population: United States Census American Community Survey 5yr Estimate

- In 2016, Manchester had the highest inpatient admissions due to ACSC (42.49/1,000) followed by Toms River 08757 (39.72/1,000).

Total ACSC Inpatient Admissions – Rate/1,000 Population All Ages 2016

GEOGRAPHIC AREA	RATE	HIGHEST SERVICE AREA RATES	
New Jersey	16.99	08759 Manchester Township	42.49
Ocean County	20.19	08757 Toms River	39.72
CMC Service Area	25.10	08751 Seaside Heights	24.44
		08755 Toms River	23.92
		08721 Bayville	22.59

*Source: UB-04 2016 Discharges

- In 2016, CMC's Service Area inpatient use rate for ACSC was higher than the Ocean County and State rates.

Total ACSC Inpatient Admissions – All Ages per 1,000 Population, 2016

Category	Value
NJ	16.99
Ocean County	20.19
CMC Service Area	25.10
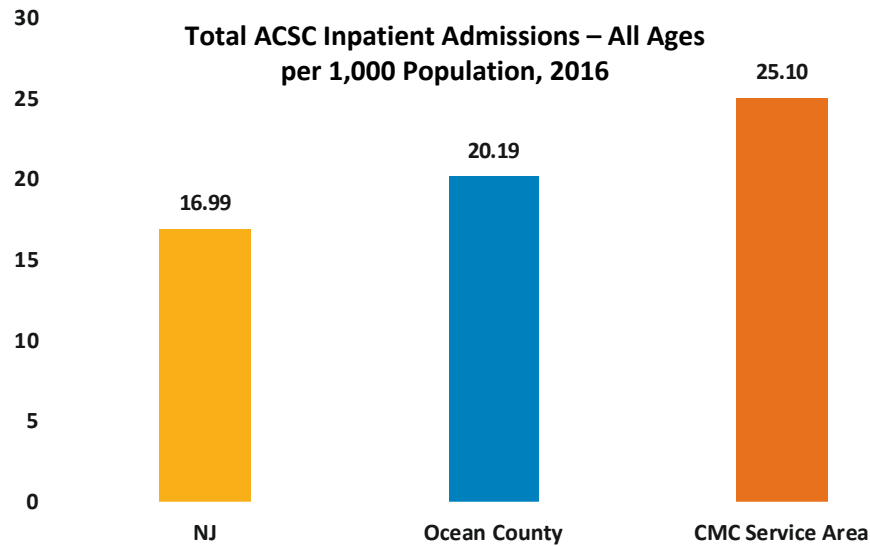
Source: UB-04 2016 Discharges

- In 2016, there were a total of 6,696 ACSC admissions from the CMC Service Area.

INPATIENT (2016) – ALL AGES		
SERVICE AREA	**ACSC Description (Top 5Conditions Combined)**	**TOTAL IN AREA**
CMC	Congestive Heart Failure	1,263
	COPD	1,231
	Bacterial Pneumonia	924
	Kidney/Urinary Infection	618
	Cellulitis	503
	All Others	2,157
	TOTAL CMC Service Area	**6,696**

Source: UB-04 2016 Discharges

- In 2016, congestive heart failure was the leading cause of inpatient ACSC admissions in Ocean County followed by COPD, Bacterial Pneumonia, Kidney/Urinary Infections and Cellulitis.
- The 2016, Ocean County inpatient ACSC rates for the top 5 ACSCs were higher than the statewide rates for these ACSCs.

Total ACSC Inpatient Admissions (All Ages) by Top 5 Conditions, 2016: Rate/1,000 Population

Legend: ■ NJ ■ Ocean County ■ Monmouth County ■ CMC Service Area
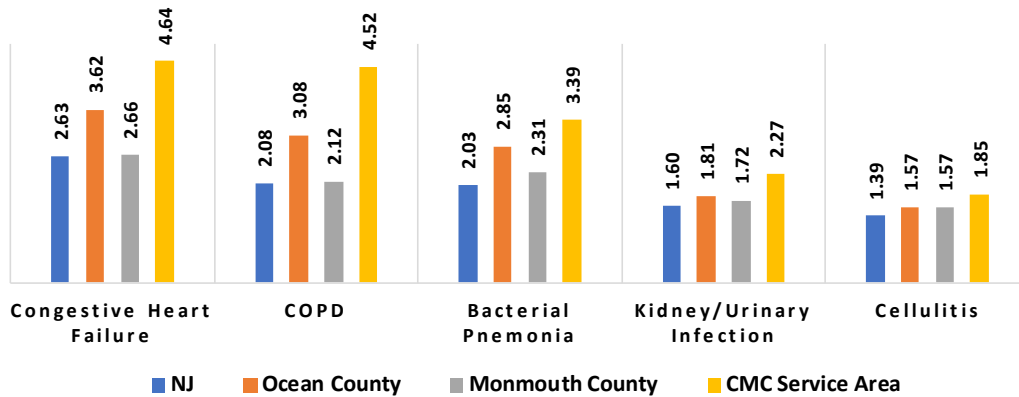
IP ACSC (2016) All Ages				
Geographic Area	Rate	Geographic Area		Rate
New Jersey	16.99	08759	Manchester Township	42.49
Ocean County	20.19	08757	Toms River	39.72
CMC Service Area	25.10	08751	Seaside Heights	24.44
		08755	Toms River	23.92
		08721	Bayville	22.59

Source: UB-04 2016 Discharges

Additional information regarding Ambulatory Care Sensitive Conditions may be found in **Appendix G**: Discharges and Population 18-64 for Ambulatory Care Sensitive Conditions.

6. Neighborhood and Built Environment

The neighborhood and built environment contribute to health in a variety of ways. Pollution, crime, and access to healthy food and water are environmental and neighborhood factors that may be hazardous to a community's health.[28]

Air Quality

Outdoor air quality has improved since the 1990, but many challenges remain in protecting Americans from air quality problems. Air pollution may make it harder for people with asthma and other respiratory diseases to breathe.[29]   County level data masks ZIP Code level analysis that may reveal higher concentrations of air pollution, particularly in industrialized areas of a county.

- In 2012, the daily measure of fine particle matter in Ocean County (7.9 PM2.5) is lower than the State rate (9.8 PM2.5). Compared to all 21 counties, Ocean County ranks in the top performing quartile statewide.

---

[28] Source: Commission to Build a Healthier America, Robert Wood Johnson Foundation http://www.commissiononhealth.org/PDF/888f4a18-eb90-45be-a2f8-159e84a55a4c/Issue%20Brief%203%20Sept%2008%20-%20Neighborhoods%20and%20Health.pdf
[29] http://www.cdc.gov/air/default.htm

- Ocean County experienced a 28.2% reduction in fine particulate matter in between 2011 (11.0 per cubic meter) and 2012 (7.9 per cubic meter).
- In 2012, Ocean County (7.9 PM2.5) average daily measure of fine particles is lower than the CHR national benchmark (6.7 PM2.5), placing it in the in the middle performing quartile.

Average Daily Density of Fine Particulate Matter
State & County Comparisons, 2011-2012
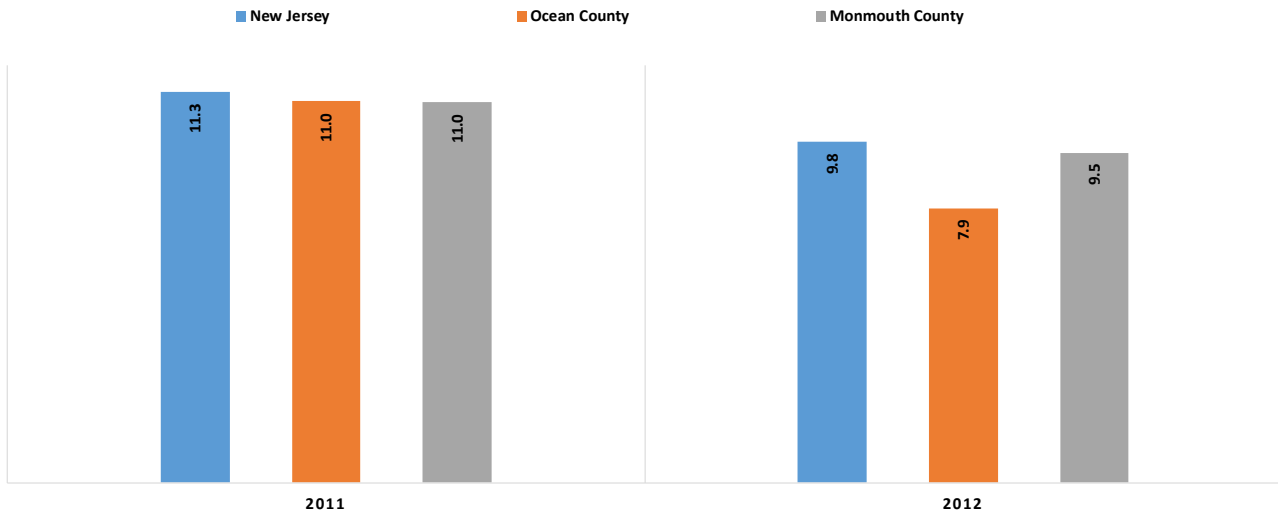
Source: County Health Rankings - Environmental Public Health Tracking Network

National Benchmark: 6.7
Ocean County 2012: 7.9

Housing Built before 1950

The potential for exposure to lead based paint in housing units built before 1950 is high. A main source of lead exposure is found in household dust with lead-based paint. Children are highly vulnerable to exposure to lead because of its adverse effects on the developing brain and nervous system.[30]

- In 2016, only 7.3% of Ocean County housing units were built before 1950, 71% lower than New Jersey overall at 25.8%.
- Ocean County ranked among the top performing quartiles of all counties in New Jersey, in terms of housing units built before 1950.

---

[30] Report On the National Survey of Lead-Based Paint in Housing, https://www.epa.gov/sites/production/files/documents/r95-003.pdf

Housing Built Before 1950 With Possible Lead-Based Paint Hazard
State & County Comparisons 2016

■ New Jersey   ■ Ocean County   ■ Monmouth County

25.80%

19.70%

7.30%

2016

Source: https://www26.state.nj.us/doh-shad/indicator/view/pre1950home.percent.html
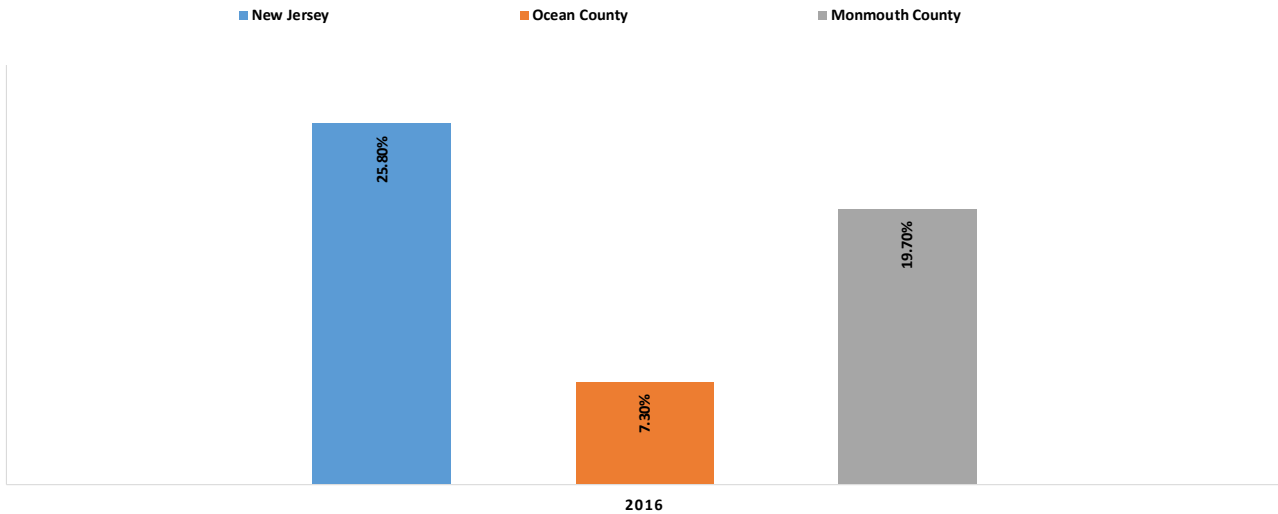
Lead Hazards

The Centers for Disease Control and Prevention (CDC) defines lead poisoning in children as a blood lead level of 10 micrograms per deciliter (µg/dL) or above. Young children can be exposed by swallowing lead dust or soil that gets on their hands or objects they put into their mouths such as toys; swallowing leaded paint chips; breathing leaded dust or lead contaminated air and eating food or drinking water that is contaminated with lead.

Very high levels of lead can cause seizures, brain damage, developmental or intellectual disabilities, coma and even death. Exposure to lead, even at low levels, has been associated with decrease hearing, lower intelligence, hyperactivity, attention deficit, and developmental problems.[31] County level analysis cannot reveal individual town disparities in blood lead levels particularly in towns with housing stock built before 1950.

- In 2015, (0.1%) of Ocean County children had elevated blood lead levels compared to (0.52%) statewide.
- The percent of children with elevated blood lead levels decreased from (0.30%) in 2013 to (0.10%) in 2015. In 2015, Ocean County ranked in the top performing quartile of counties statewide.

---

[31] http://www.nj.gov/ health/fhs/newborn/ lead.shtml

Children with Elevated Blood Levels
State & County Comparisons 2013 – 2015

■ New Jersey　　　■ Ocean County　　　■ Monmouth County

New Jersey 0.58%, Ocean County 0.30%, Monmouth County 0.40% — **2013**

New Jersey 0.52%, Ocean County 0.10%, Monmouth County 0.60% — **2015**

Source: https://www.cdc.gov/nceh/lead/data/state/njdata.htm
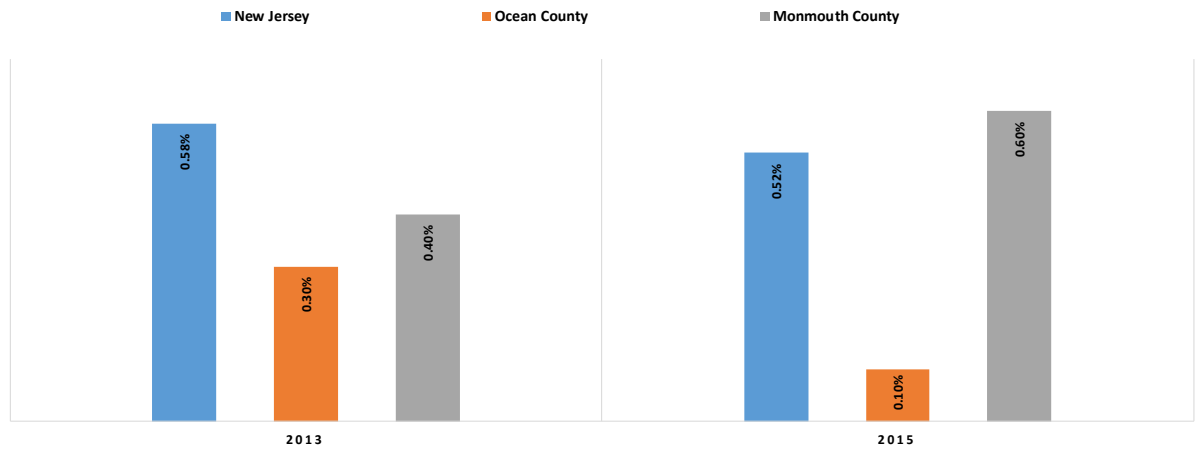
Access to Healthy Foods

Choices about food and diet are influenced by accessibility and affordability of retailers. Specifically, travel time to shopping, availability of healthy foods and food prices are key to decision making. Low-income families face greater barriers in accessing healthy and affordable food retailers, which in turn negatively affect diet and food security.[32]

- In 2015, (3.65%) of New Jersey and (9.01%) of Ocean County residents suffered from limited access to healthy foods.
- Between 2010 and 2015, the percent of Ocean County residents with limited access to healthy foods declined from (10.27%) to (9.01%).

---

[32] https://www.ers.usda.gov/data-products/food-environment-atlas/go-to-the-atlas/

Limited Access to Healthy Foods
State & County Comparisons 2010 - 2015
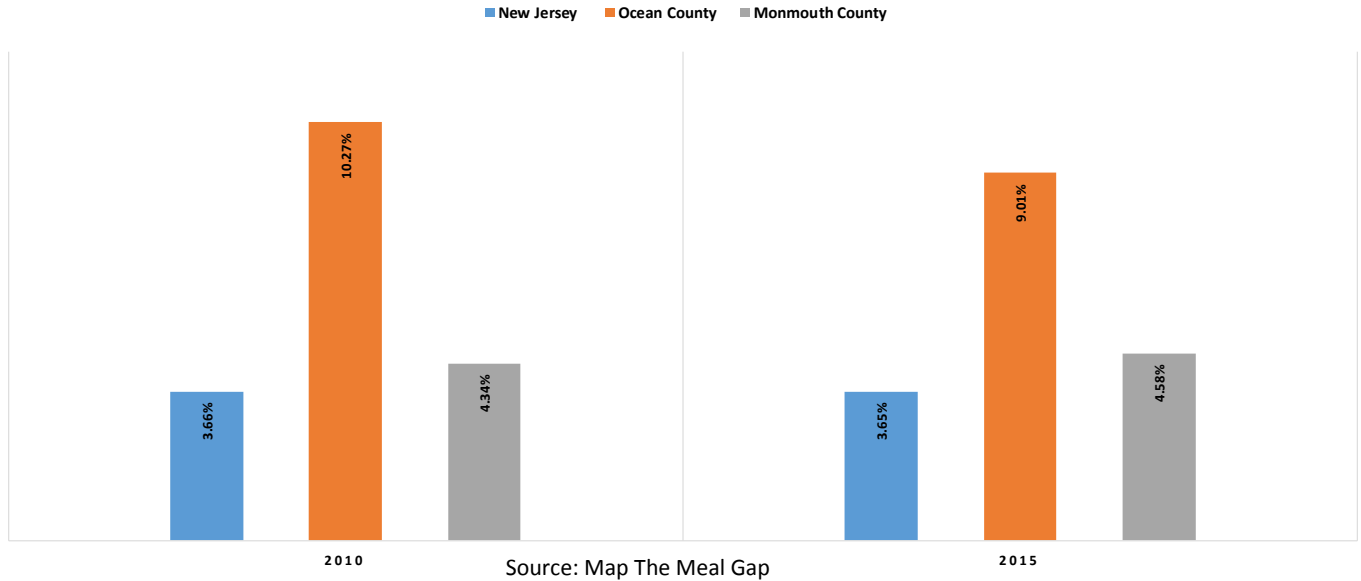
■ New Jersey ■ Ocean County ■ Monmouth County

2010   Source: Map The Meal Gap   **2015**

National Benchmark: 2.0
Ocean County 2015: 9.0

- In 2015, Ocean County had a rate of 8.2 out of 10 on the food environment index which is an indicator of access to healthy foods compared to 9.2 for New Jersey residents.

Food Environment Index 2015

■ New Jersey   ■ Ocean County   ■ Monmouth County

2013   **2014**   **2015**
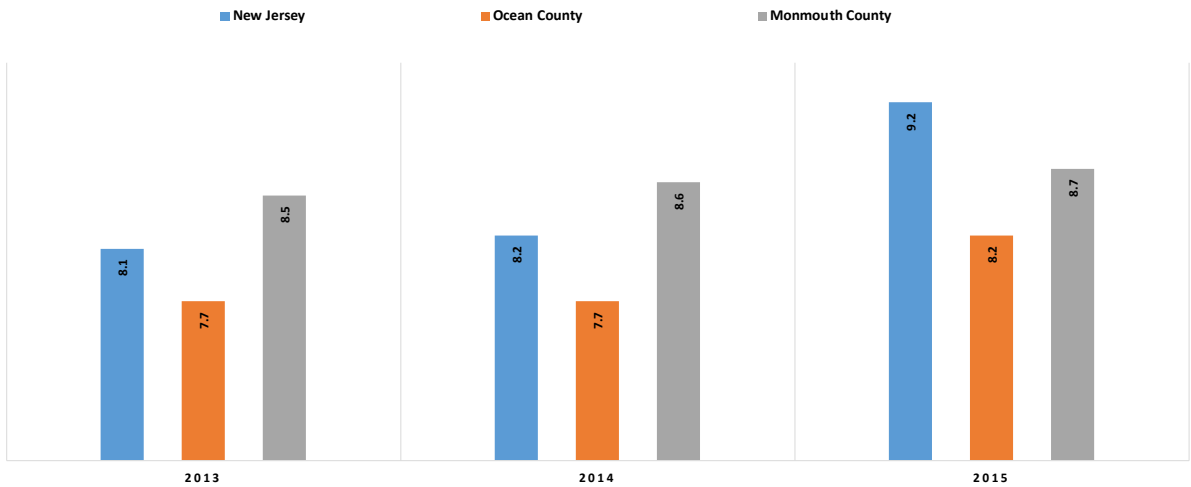
Source: USDA Food Environment Atlas, Map the Meal Gap from Feeding America, County Health Rankings

National Benchmark: 8.6
Ocean County 2015: 8.2

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Limited Access to Healthy Foods			■
Food Environment Index *Index of factors that contribute to a healthy food environment*	N.A.	■	■
Housing Built Before 1950 with Possible Lead-Based Paint Hazard	N.A	N.A.	■
Percent of Children With Elevated Blood Lead Levels *Percent of Children*	N.A.	N.A.	■
Annual Number of Unhealthy Air Quality Days *Due to Fine Particulate Matter*	N.A	■	■

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

Injury and Crime Prevention

Injuries and violence are widespread. Most events resulting in injury, disability or death are predictable and preventable. Individual behaviors, physical environment, access to health services and the social environment affect the risk of unintentional injury and violence. Violent crime, burglaries and motor vehicle crash deaths in Ocean County have seen steady decreases and are lower than rates statewide.

- Between 2014 and 2016, the violent crime rate in Ocean County decreased from (100/100,000) to (81/100,000).
- The violent crime rate for Ocean County places it in the worst performing quartile compared to the County Health Rankings benchmark.

Violent Crime
Rate per 100,000 Population
State & County Comparisons 2014-2016

	2014	2015	2016	2017
New Jersey	260	260	240	235
Ocean County	100	98	97	81
Monmouth County	142	150	155	149

■ New Jersey ■ Ocean County ■ Monmouth County
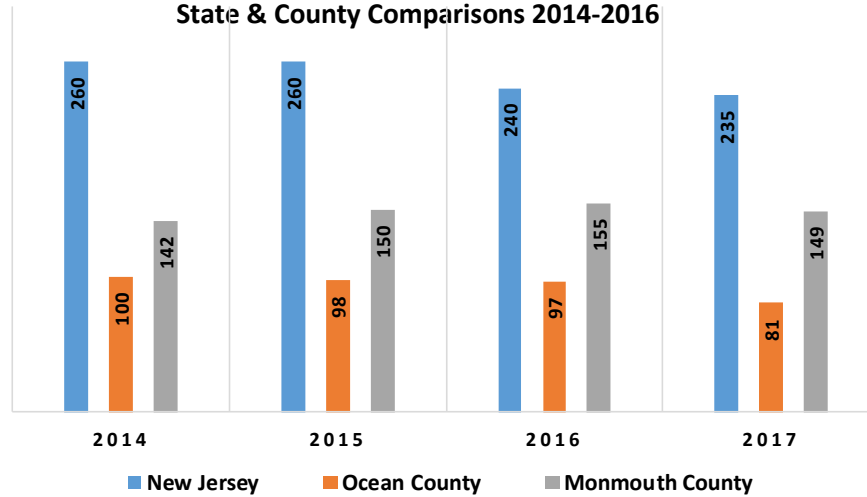
Source: http://www.njsp.org/ucr/2015/pdf/2016a_sect_7.pdf

Ocean County
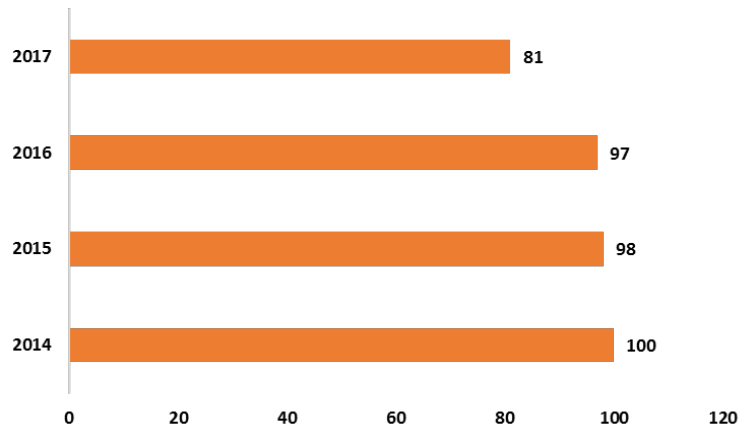
Year	Value
2017	81
2016	97
2015	98
2014	100

Source: http://www.njsp.org/ucr/2015/pdf/2016a_sect_7.pdf

County Health Rankings & Roadmaps
Building a Culture of Health, County by County
A Robert Wood Johnson Foundation program

National Benchmark: 62
Ocean County 2016: 81

Burglaries

- Ocean County (207.7/100,000) was lower than the New Jersey (277.0/100,000) rate and higher than the Monmouth County (189.3/100,000) burglary rate in 2016.

- The Ocean County burglary rate decreased from (309.4/100,000) in 2014 to (207.7/100,000) in 2016.
- Ocean County's burglary rate ranks in the middle performing quartile of New Jersey counties.

Burglary Rate
State & County Comparisons, 2014-2016

■ New Jersey   ■ Ocean County   ■ Monmouth County
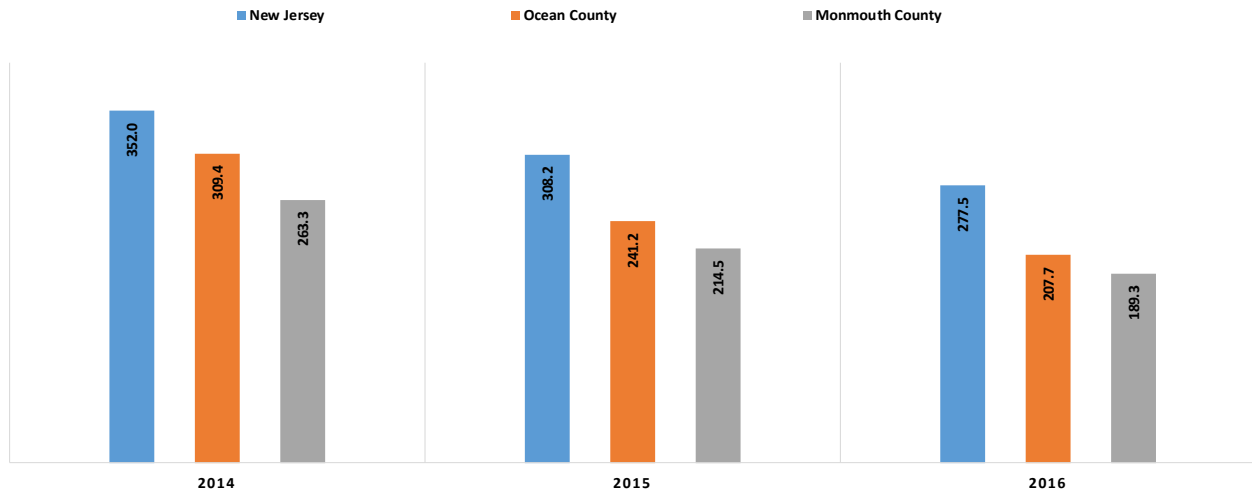
Source: http://www.njsp.org/ucr/2016/pdf/2016a_sect_7.pdf

Domestic Violence Arrests

Domestic violence can negatively impact a victim's health beyond the domestic violence incident. Victims of domestic violence exhibit physical and emotional problems including, but not limited to, chronic pain, depression, anxiety, eating disorders, and post-traumatic stress disorder.[33]

- Statewide domestic violence arrest rates have remained fairly constant.
- In 2016, the Ocean County domestic violence arrest rate (1.93/1,000) was lower than the State (2.17/1,000) and Monmouth County (2.41/1,000).
- Between 2014 and 2016, the rate of domestic violence arrests in Ocean County decreased (7.2%).
- Ocean County is in the middle quartile compared to all New Jersey counties for arrests due to domestic violence.

---

[33] http://www.stopvaw.org/health_effects_of_domestic_violence

Domestic Violence Arrests: Rate per 1,000
State & County Comparisons 2014 - 2016

Legend: ■ New Jersey ■ Ocean County ■ Monmouth County

	2014	2015	2016
New Jersey	2.17	2.15	2.17
Ocean County	2.08	2.14	1.93
Monmouth County	2.29	2.29	2.41
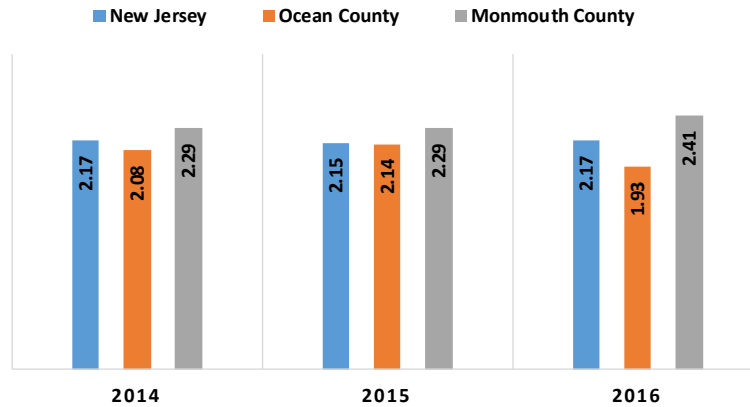
Source: County Health Rankings - The Uniform Crime Reporting (UCR) Program

Motor Vehicle Crash Deaths

- In 2010-2016, Ocean County (8.78/100,000) had more motor vehicle crash deaths than New Jersey (6.59/100,000).
- Deaths due to motor vehicle accidents decreased slightly in Ocean County between 2009-2015 (8.97/100,000) and 2010-2016 (8.78/100,000).
- 2010-2016 Ocean County (8.78/100,000) automobile related deaths occurred 29.2% less often than the *Healthy People 2020* target (12.4/100,000).

Number of Motor Vehicle Crash Deaths
State & County Comparisons, 2009-2016

Legend: ■ New Jersey ■ Ocean County ■ Monmouth County

	2009-2015	2010-2016
New Jersey	6.51	6.59
Ocean County	8.97	8.78
Monmouth County	5.92	6.08
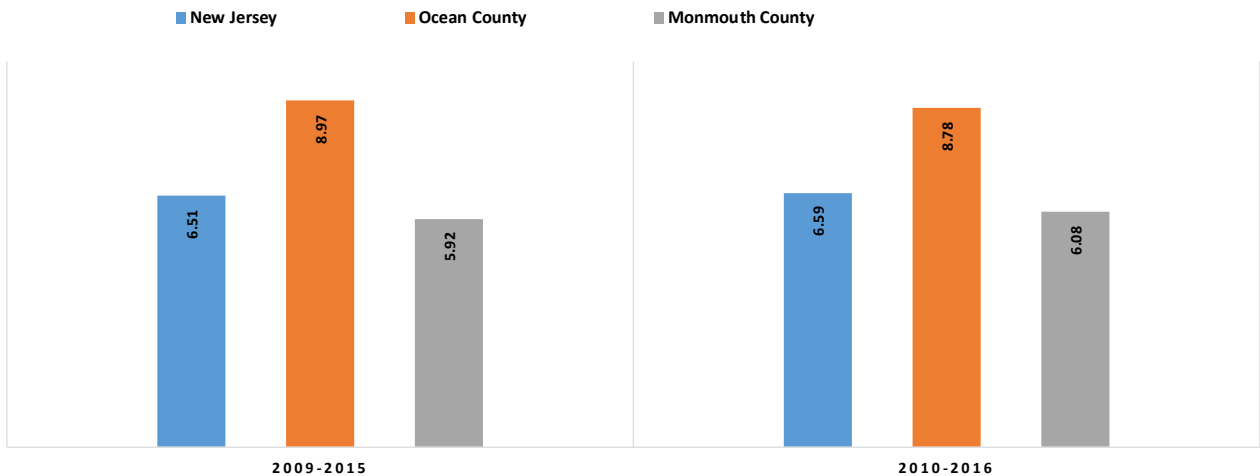
Source: County Health Rankings, CDC Wonder Mortality Data, 2010 - 2016

Healthy People 2020

Baseline: 13.8
Target: 12.4
Ocean County 2016: 8.78

County Health Rankings & Roadmaps
Building a Culture of Health, County by County
A Robert Wood Johnson Foundation program

National Benchmark: 9
Ocean County 2016: 8.78

Accidental Poisoning and Exposure to Noxious Substances

- In 2016, Ocean County (39.0/100,000) had a higher death rate due to accidental poisoning and exposure to noxious substances than statewide (22.5/100,000).
- Ocean County had more deaths due to accidental poisoning and exposure to noxious substances in 2016 than in 2015.
- Ocean County ranks in the worst performing quartile in New Jersey, and in the worst performing quartile with respect to the *Healthy People 2020* target.

**Deaths Due to Accidental Poisoning and Exposure to Noxious Substances
State & County Comparisons 2015-2016**
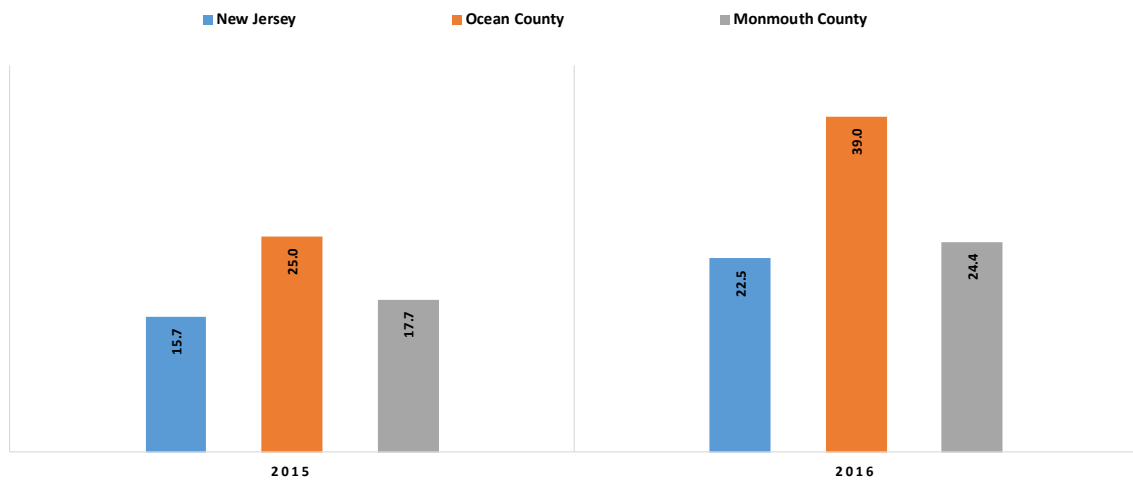
Source: NJ SHAD

Baseline: 13.2
Target: 13.2
Ocean County 2016: 39.0

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Violent Crime *Rate/ 100000 Population*	N.A	🟥 (RED)	🟨 (YELLOW)
Burglary *Rate/ 100000 Population*	N.A	N.A.	🟨 (YELLOW)
Domestic Violence Arrests *Rate/ 1000 Population*	N.A	N.A	🟨 (YELLOW)
Deaths Due to Motor Vehicle Crashes *Rate/ 100000 Population*	🟩 (GREEN)	🟩 (GREEN)	🟨 (YELLOW)
Deaths Due to Poisoning *Rate/ 100000 Population*	🟥 (RED)	N.A	🟥 (RED)

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

D.   HEALTH FACTORS

Health factors represent the influences that impact one's health. These include demographic, social, environmental, economic, and individual behaviors as well as clinical care and access to services. Social determinants are described in Section B following Health Factors.

1.   *Clinical Care Measures*

Inpatient and ED Utilization

Factors impacting hospital utilization may include policy change, advances in technology, practice patterns and demographics. Many federal and state health care payment reforms, including the Affordable Care Act (ACA), were designed to improve care transitions, coordination of care, enhance ambulatory care and improve access to primary care. The anticipated result would include improved coordinated care resulting in declines in inpatient and ED utilization.

Inpatient

- Ocean County's 2016 inpatient utilization rate (199.73/1,000) was higher than the State (160.22/1,000).
- CMC's Service Area inpatient use rate (216.83/1,000) was higher than the Ocean County and State rates.
- Manchester had the highest inpatient use rate in the CMC Service Area (310.56/1,000), likely due to the high concentration of seniors in this area.

Inpatient Use Rates per 1,000 Population 2016

GEOGRAPHIC AREA	RATE
New Jersey	160.22
Ocean County	199.73
Community Medical Center	216.83
TOP 5 BY ZIP CODE	
08759 Manchester Township	310.56
08757 Toms River	278.81
08758 Waretown	227.56
08005 Barnegat	226.38
08755 Toms River	204.56

Source: UB-04 2016 Discharges Includes Inpatient & Same Day Stay,
Excludes Normal Newborn; Population – Claritas 2016 Estimate

Emergency Department

- Ocean County's 2016 ED visit rate (360.63/1,000) was higher than the State rate (352.20/1,000).
- CMC's 2016 Service Area (379.70/1,000) ED use rate was higher than the State and County rates.
- In 2016, Seaside Heights' ED visit rate (619.83/1,000) was the highest in the Service Area.

ED Use Rate per 1,000 Population 2016

GEOGRAPHIC AREA	RATE
New Jersey	352.20
Ocean County	360.63
Community Medical Center	379.70
TOP 5 BY ZIP CODE	
08751 Seaside Heights	619.83
08733 Lakehurst	506.15
08757 Toms River	411.24
08005 Barnegat	409.23
08740 Ocean Gate	405.89
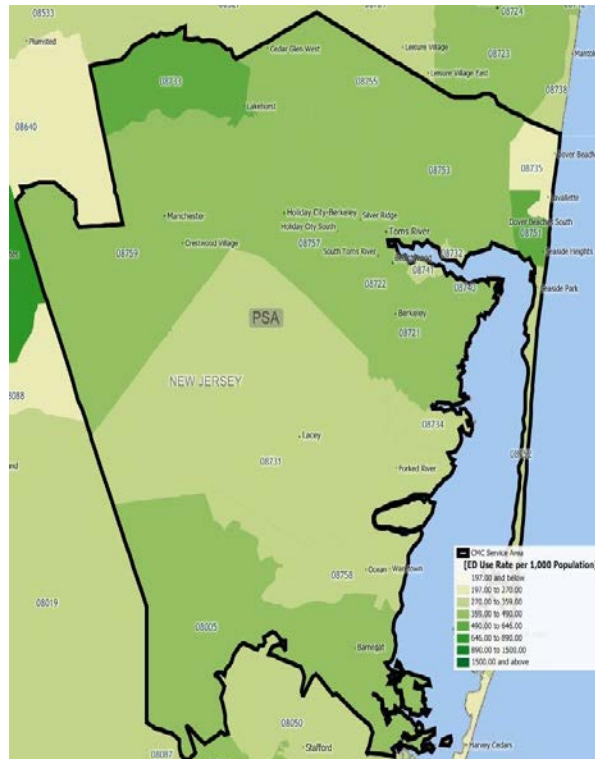
*Source: UB-04 2016 ED Discharges; Claritas 2016 Estimate
** Emergency Room Use Among Adults Aged 18–64: Early Release of Estimates From the National Health Interview Survey, January–June 2011; http ://www.cdc.gov/nchs/data/nhis/earlyrelease/emergency_room_use_january-june_2011.pdf

Cesarean Section

A Cesarean Section (C-section) is a major surgical procedure performed because of health problems in the mother, position of the baby, and/or distress in the infant.[34] The U.S. cesarean delivery rate reached a high of 32.9% of all births in 2009, rising 60% from 1996 (20.7%). Recently, the American College of Obstetricians and Gynecologists developed clinical guidelines for reducing the occurrence of non-medically indicated cesarean delivery and labor induction prior to 39 weeks. Efforts to reduce such births include initiatives to improve perinatal care quality, and changes in hospital policy to disallow elective delivery prior to 39 weeks and education of the public.[35]

- Ocean County's 2016 primary C-section rate (15.2%) was lower than the State rate (25.2%).
- The 2016 Ocean County primary C-section rate (15.2%) was lower than Monmouth County (28.3%).
- In 2016, the Ocean County primary C-section rate was in the best performing quartile of New Jersey counties, and the best quartile for the *Healthy People 2020* target and the County Health Ranking benchmark.
- County-wide, women with a primary C-section trended downward from 2013 through 2016, decreasing from (17.3%) in 2013, to (15.2%) in 2016.

Primary C-Section Rates (2016)
State & County Comparisons

■ **New Jersey**   ■ **Ocean County**   ■ **Monmouth County**

25.2%   15.2%   28.3%

2016

Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database http://www4.state.nj.us/dhss-shad/query/result/birth/BirthBirthCnty/Count.html
*Primary C-Section: Single >=37 Week Low Risk Births Delivered By C-Section/Single Live Births To Low Risk Females
**Repeat C-Section: Single >=37 Week Low Risk Births Delivered By C-Section With Prior Cesarean/Live Births To Low Risk Females With A Prior Cesarean

---
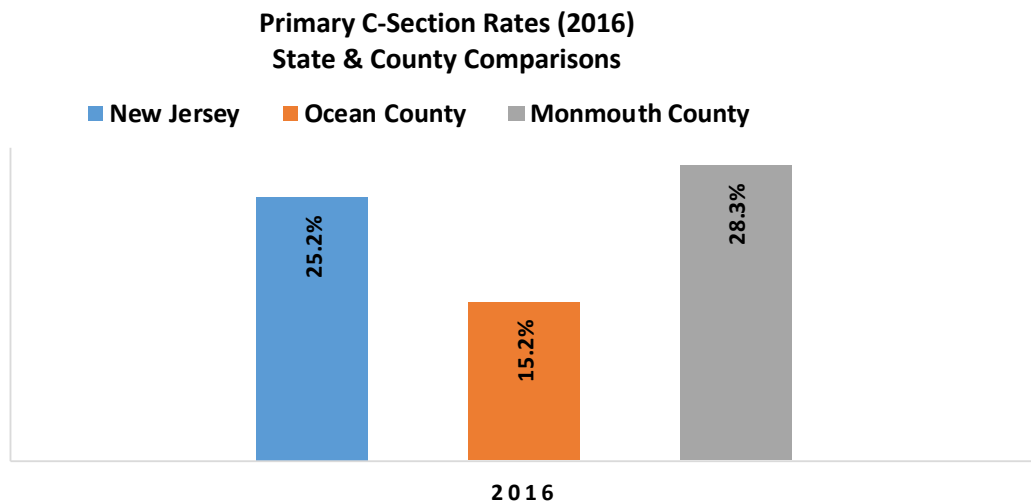
[34] http://www.nlm.nih.gov/medlineplus/cesareansection.html
[35] http://www.cdc.gov/nchs/data/nvsr/nvsr63/nvsr63_01.pdf

Primary C-Section Rates (2016)
Ocean County – Trend
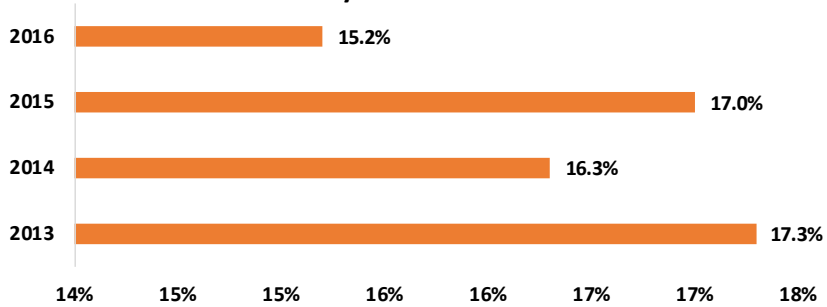
Year	Rate
2016	15.2%
2015	17.0%
2014	16.3%
2013	17.3%

Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database http://www4.state.nj.us/dhss-shad/query/result/birth/BirthBirthCnty/Count.html
*Primary C-Section: Single >=37 Week Low Risk Births Delivered By C-Section/Single Live Births To Low Risk Females
**Repeat C-Section: Single >=37 Week Low Risk Births Delivered By C-Section With Prior Cesarean/Live Births To Low Risk Females With A Prior Cesarean

Baseline: 26.5%
Target: 23.9%
Ocean County 2016: 15.2%

Vaginal Birth After C-Section (VBAC)

- Ocean County's 2016 VBAC rate (24.5%) was higher than the State rate (11.9%). Ocean County ranks in the best performing quartile of all 21 New Jersey counties.
- County-wide women with a VBAC fluctuated between 2013 and 2016, with an overall increase from (23.8%) in 2013 to (24.5%) in 2016.

Vaginal Birth After Cesarean Section (VBAC) Rates (2016)
State & County Comparisons
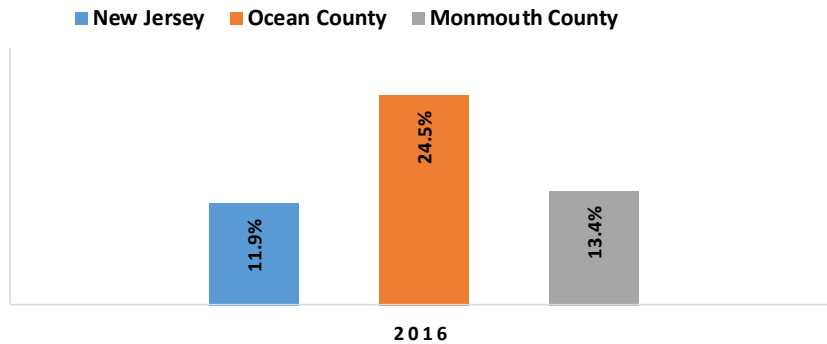
■ New Jersey ■ Ocean County ■ Monmouth County

	2016
New Jersey	11.9%
Ocean County	24.5%
Monmouth County	13.4%

Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database   http://www4.state.nj.us/dhss-shad/query/result/birth/BirthBirthCnty/Count.html
*Primary C-Section: Single >=37 Week Low Risk Births Delivered By C-Section/Single Live Births To Low Risk Females
**Repeat C-Section: Single >=37 Week Low Risk Births Delivered By C-Section With Prior Cesarean/Live Births To Low Risk Females With A Prior Cesarean

Vaginal Birth After Cesarean Section (VBAC) Rates (2016)
Ocean County – Trend
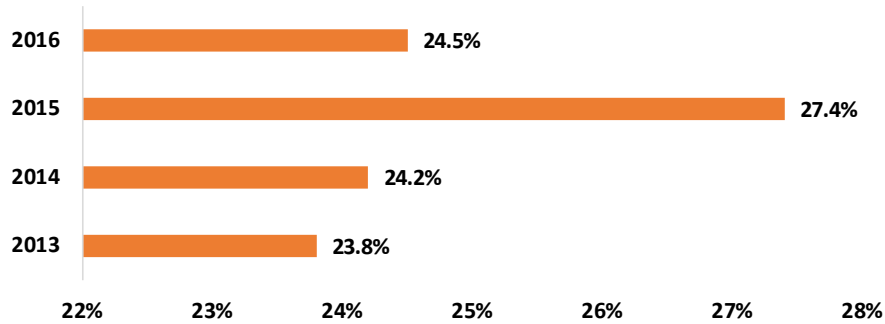
Year	Rate
2016	24.5%
2015	27.4%
2014	24.2%
2013	23.8%

Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database   http://www4.state.nj.us/dhss-shad/query/result/birth/BirthBirthCnty/Count.html
*Primary C-Section: Single >=37 Week Low Risk Births Delivered By C-Section/Single Live Births To Low Risk Females
**Repeat C-Section: Single >=37 Week Low Risk Births Delivered By C-Section With Prior Cesarean/Live Births To Low Risk Females With A Prior Cesarean

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Primary C-Section Rate *Single >=37 Week Low Risk Births Delivered By C-Section/Single Live Births To Low Risk Females*	(green)	N.A.	(green)
VBAC Rate	N.A	N.A.	(green)

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

2.   *Health Behaviors*

Maternal / Fetal Health

Prenatal Care

The medical care a woman receives during pregnancy monitors her health and the developing fetus. Low-risk pregnancies should visit a prenatal provider every four or six weeks through 28 weeks, then every two or three weeks from weeks 28-36, and finally every week in the ninth month until delivery. A high-risk pregnancy requires additional visits.[36] Pregnant women who do not receive adequate prenatal care risk undetected complications and an increased possibility of adverse outcomes.

---

[36] http://www.plannedparenthood.org/health-info/pregnancy/prenatal-care

Early and regular prenatal care is a strategy to improve health outcomes for mothers and infants. Two significant benefits are improved birth weight and decreased preterm delivery. Infants born to mothers who receive no prenatal care have an infant mortality rate five times higher than mothers who receive appropriate prenatal care in the first trimester of pregnancy. Enrollment in care during the first trimester of pregnancy reflects timely initiation of prenatal care.[37]

- In 2016, only (65.9%) of Ocean County women entered prenatal care in the first trimester compared to (72.1%) in New Jersey. As compared to other New Jersey counties, Ocean County ranks in the worst performing quartile.
- Ocean County women enrolled in first trimester prenatal care declined from (82.0%) in 2014 to (65.9%) in 2016.

Percentage of Live Births with First Trimester Prenatal Care
State & County Comparisons 2014-2016
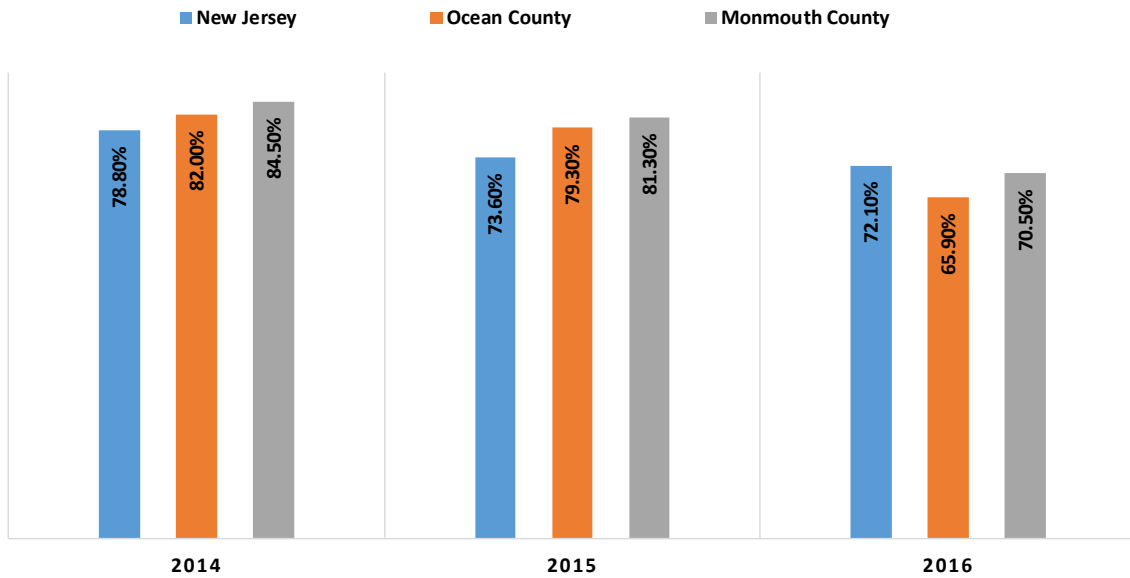
Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database
Note: Percentages are based on Total Number of Live Births for County and State

---

[37] http://www.hrsa.gov/quality/toolbox/measures/prenatalfirsttrimester/index.html

Percentage of Live Births with First Trimester Prenatal Care
Ocean County – Trend
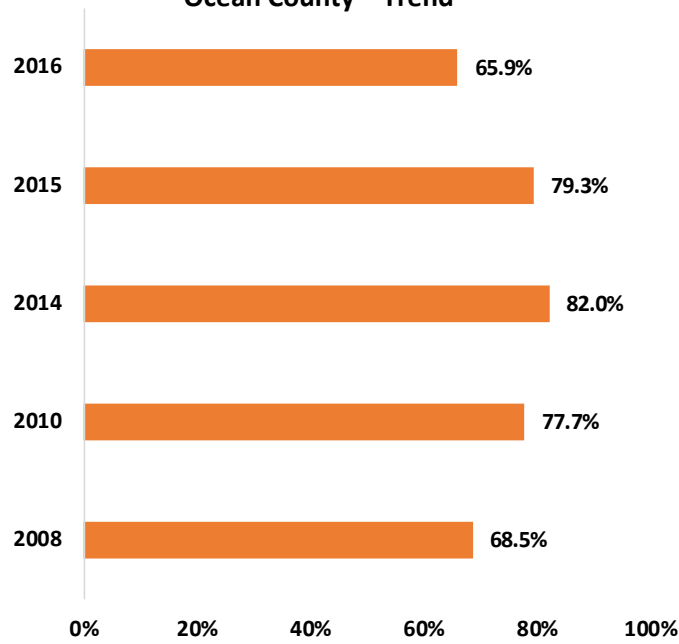
Year	Percentage
2016	65.9%
2015	79.3%
2014	82.0%
2010	77.7%
2008	68.5%

Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database
Note: Percentages are based on Total Number of Live Births for County and State

Healthy People 2020

Baseline: 70.8%
Target: 77.9%
Ocean County 2016: 65.9%

- The percent of Ocean County women without prenatal care ranged from a low of (0.3%) in 2009, and 2014 to a high of (0.8%) in 2015.
- The 2016 Ocean County rate for no prenatal care (0.7%) was less than half the State rate of (1.6%) and performed in the top quartile for New Jersey.

Percentage of Live Births with No Prenatal Care
State & County Comparisons 2014-2016
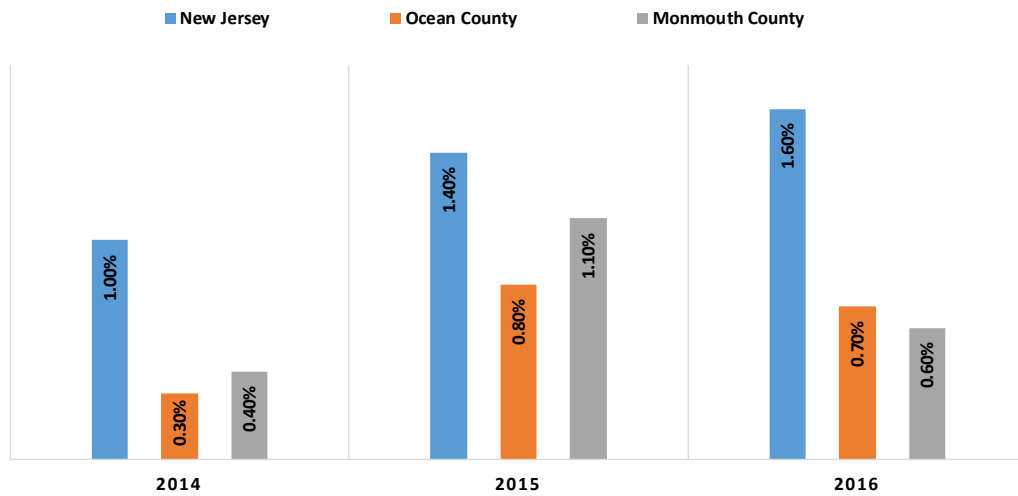
Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database
Note: Percentages are based on Total Number of Live Births for County and State

Percentage of Live Births with No Prenatal Care, 2014-2016
Ocean County – Trend
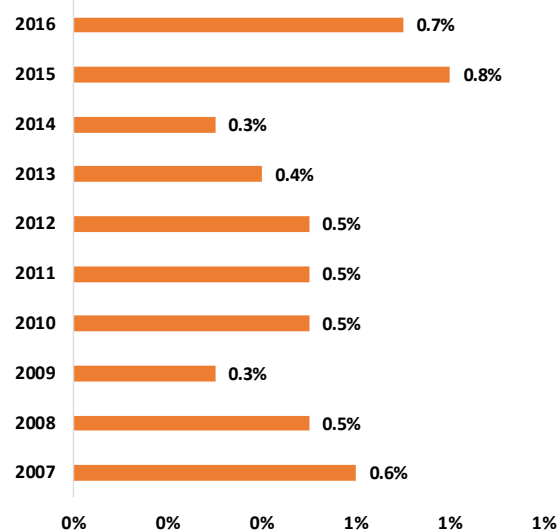
Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database
Note: Percentages are based on Total Number of Live Births for County and State

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
First Trimester Prenatal Care *Percentage of Live Births*		N.A.	
No Prenatal Care *Percentage of Live Births*	N.A	N.A.	

RED: *Poorest Performing Quartile*
Yellow: Middle Quartiles
Green: Best Performing Quartile

High Risk Sexual Behaviors

Teen Pregnancy

In 2016, there were 20.3 births/1,000 American adolescent females aged 15-19 years; approximately 209,809 babies were born to teens, with nearly eighty-nine percent of these births occurring outside of marriage. The national teen birth rate has trended downward over the past 20 years. In 1991, the U.S. teen birth rate was 61.8 births/1,000 adolescent females. However, the U.S. teen birth rate remains higher than that of many other developed countries, including Canada and the United Kingdom.[38] Pregnant teens are less likely than older women to receive recommended prenatal care and are more likely to have pre-term or low birth weight babies. Teen mothers are often at increased risk for STIs and repeat pregnancies, are less likely than their peers to complete high school and more likely to live below the poverty level and rely on public assistance. Risky sexual behaviors can have high economic costs for communities and individuals.[39]

- The 2010-2016 Ocean County (12.3/1,000) birth rate among teens aged 15-19 was lower than the State rate (15.3/1,000) and in the best performing quartile for the County Health Ranking benchmark.

---

[38] http://www.hhs.gov/ash/oah/adolescent-health-topics/reproductive-health/teen-pregnancy/trends.html
[39] http://www.countyhealthrankings.org/our-approach/health-factors/sexual-activity

- The birth rate among Ocean County teens aged 15-17 decreased from (7.0/1,000) in 2007-2011 to (4.1/1,000) in 2012-2016 and was in the middle quartile statewide.
- For both age cohorts, 15-17 and 15-19, the percent of Ocean County teen births is consistently lower than statewide rates.

Teen Births Age 15-19, Rate 1,000 Female Population
State & County Comparisons

■ **New Jersey**　■ **Ocean County**　■ **Monmouth County**

	2004-2010	2010-2016
New Jersey	23.6	15.3
Ocean County	19.8	12.3
Monmouth County	14.4	7.9
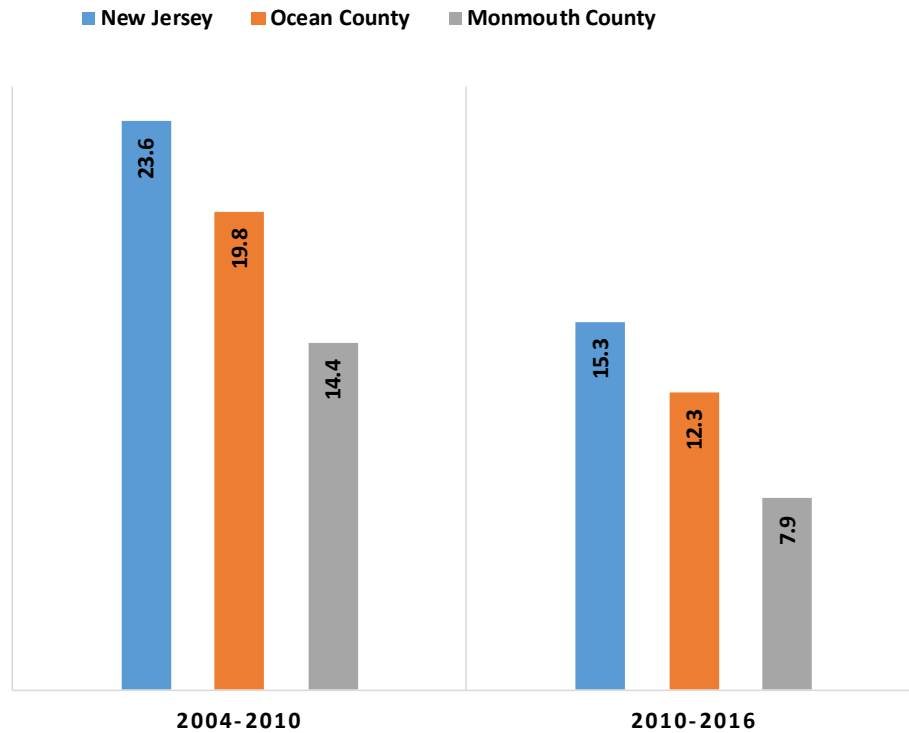
Source: NJDOH Center for Health Statistics State Health Assessment Data

County Health Rankings & Roadmaps
Building a Culture of Health, County by County
A Robert Wood Johnson Foundation program

National Benchmark: 15
Ocean County 2016: 12.3

Teen Births Age 15-17, Rate 1,000 Female Population
State & County Comparisons

■ **New Jersey**　■ **Ocean County**　■ **Monmouth County**

2007-2011

- New Jersey: 10.4
- Ocean County: 7.0
- Monmouth County: 5.2

2012 - 2016

- New Jersey: 6
- Ocean County: 4.1
- Monmouth County: 2.9

Source: NJDOH Center for Health Statistics State Health Assessment Data

Healthy People 2020
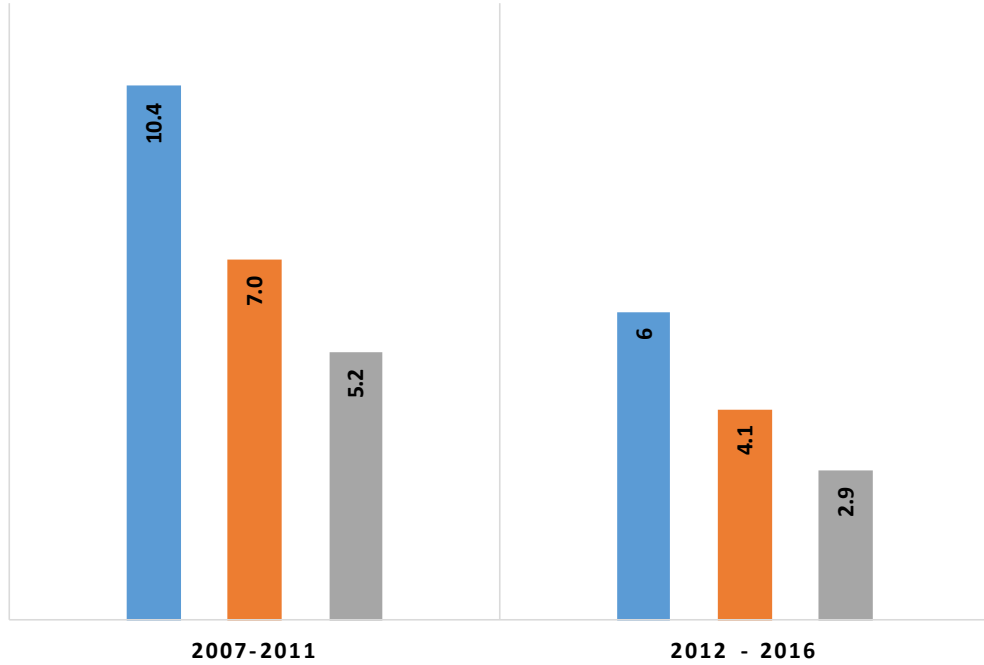
Baseline: 40.2
Target: 36.2
Ocean County 2016: 11.4

In a 2016 CDC Teen Pregnancy Statistics data brief, *State Disparities in Teenage Birth Rates in the United States*, based upon 2014 data, New Jersey is one of 10 states with the lowest teen birth rates (<20/1,000) compared to National figures (41.5/1,000). However, the New Jersey rate shows tremendous variability when examined by town.

- The Seaside Park 2016 birth rate to teens aged 15-19 (33.47/1,000) was more than three times the Ocean County rate (7.77/1,000).

Teen Birth Rates 2016 – Deliveries Among 15-19 Year-Old

GEOGRAPHIC AREA	RATE
New Jersey	11.54
Ocean County	7.77
CMC Service Area	8.55
TOP 5 BY SA ZIP CODE	**2016 Rates**
Seaside Park (08752)	33.47
Seaside Heights (08751)	26.36
Toms River (08757)	13.42
Waretown (08758)	13.30
Lakehurst (08733)	12.10

*Source: UB-04 2016 Discharges – All Deliveries to Mothers Age 15-19; Claritas Population Estimate
** NCHS Data Brief http://www.cdc.gov/nchs/data/databriefs/db46.pdf

Teen Births by Mother's Race/Ethnicity (Age 15-17)

- The rate among Ocean County teens, 15-17, was highest among Hispanics (20.1/1,000).

Teen Births by Mother's Race/Ethnicity, Aged 15-17
State & County Comparisons, 2012-2016

■ White, non-Hispanic   ■ Black, non-Hispanic   ■ Hispanic (of any race)

	White, non-Hispanic	Black, non-Hispanic	Hispanic (of any race)
NEW JERSEY	1.4	11.7	15
OCEAN COUNTY	1.9	#N/A	20.1
MONMOUTH COUNTY	0.8	9	13
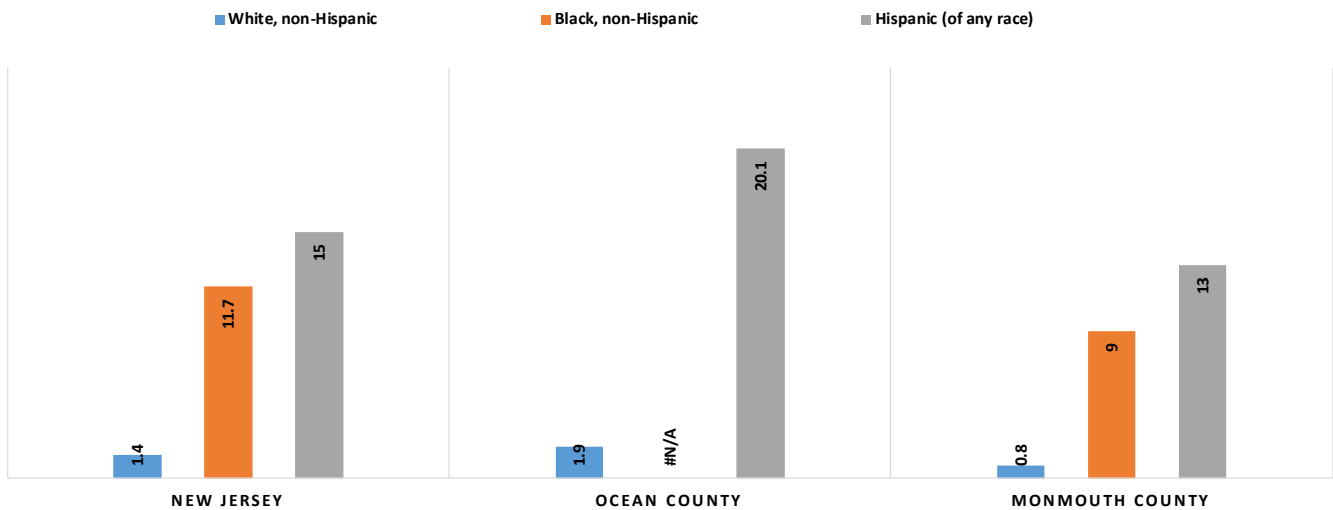
Source: Age 15-17- NJDOH Center for Health Statistics State Health Assessment Data

Sexually Transmitted Infection

Sexually transmitted infections (STI) are caused by bacteria, parasites and viruses contracted through relations with an infected individual. There are more than 20 types of STIs, including Chlamydia, Gonorrhea, Genital herpes, HIV/AIDS , HPV, Syphilis and Trichomoniasis. Most STIs affect both men and women, but in many cases health problems may be more severe for women. If pregnant, a STI can cause serious health complications for the baby.[40]

- Chlamydia is the most prevalent STI. In 2016, Ocean County's Chlamydia rate (193.1/100,000) was lower than the New Jersey rate (386.4/100,000) and the Monmouth County rate (272.4/100,000) and performed in the top quartile statewide.
- The rate of chlamydia in Ocean County (193.1/100,000) was higher than the CHR national benchmark (145.1/1,000) and performed in the bottom quartile.
- In 2016, Ocean County (33.1/100,000) had a far lower gonorrhea rate than the State (91.4/100,000).
- Ocean County ranks in the top quartile of New Jersey counties with regard to chlamydia and gonorrhea infection rates.

---

[40] http://www.nlm.nih.gov/medlineplus/sexuallytransmitteddiseases.html

Sexually Transmitted Diseases: Rate / 100,000 Population
Chlamydia and Gonorrhea Rates
State & County Comparisons 2016

■ New Jersey   ■ Ocean County   ■ Monmouth County

CHLAMYDIA RATE			GONORRHEA		
386.4	193.1	272.9	91.4	33.1	52.9
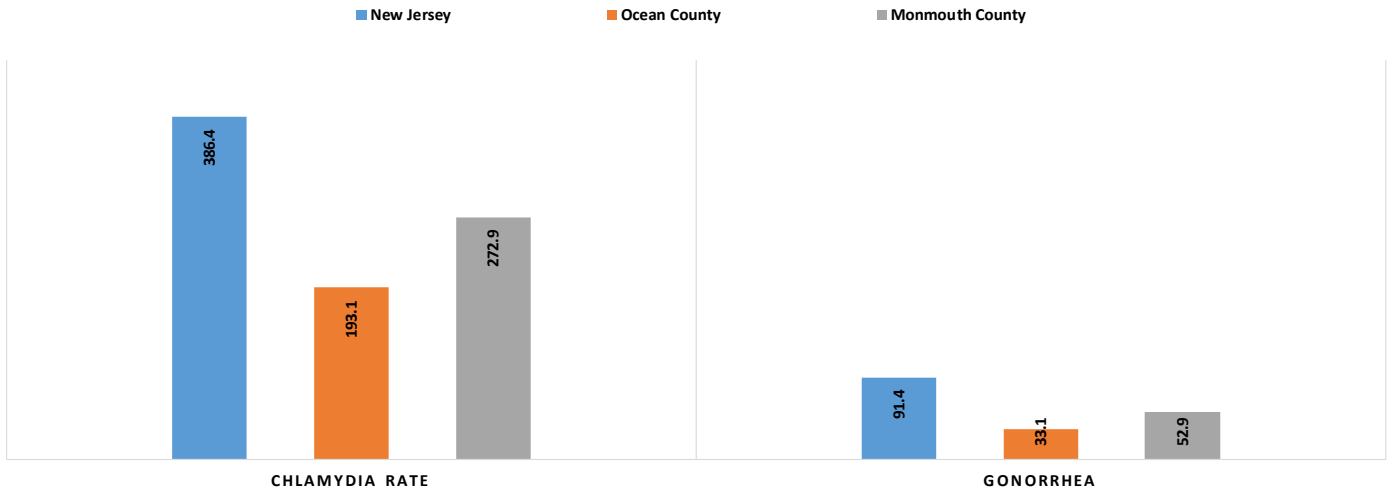
Source: NJ SHAD

National Benchmark: 145.1
Ocean County 2016: 193.1

HIV/AIDS

Human immunodeficiency virus (HIV) is spread mainly by having sex with someone infected with HIV or sharing needles with someone positive. Approximately 50,000 new HIV infections occur in the United States each year.

- County-wide HIV/AIDS prevalence rates increased between 2013 (127.0/100,000) and 2015 (135.4/100,000).
- In 2015, HIV/AIDS prevalence rate in Ocean County (135.4/100,000) was lower than the New Jersey rate (473.7/100,000) and the Monmouth County rate. Ocean County is in the top performing quartile statewide.
- The County prevalence rate for HIV/AIDS was higher than the CHR benchmark of 49/100,000 and was in the bottom quartile.

HIV Prevalence Rates 2013-2015
State & County Comparisons

■ New Jersey   ■ Ocean County   ■ Monmouth County

	2013			2015	
New Jersey	505.8		New Jersey	473.7	
Ocean County	127		Ocean County	135.4	
Monmouth County	350.3		Monmouth County	322.6	
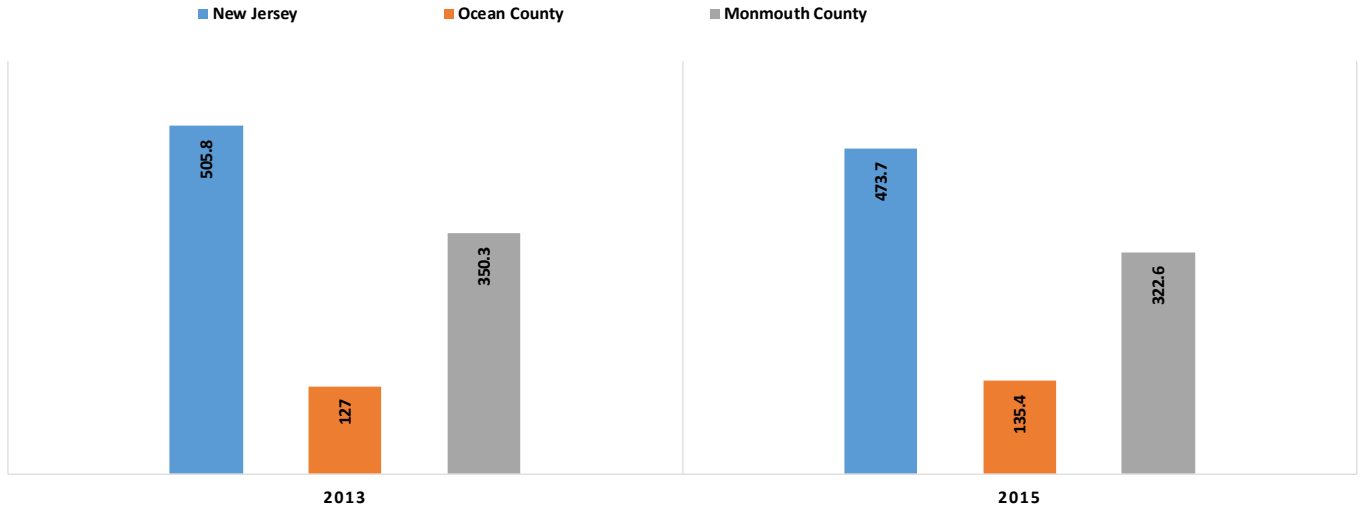
Source: National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention, County Health Rankings

County Health Rankings & Roadmaps
Building a Culture of Health, County by County
A Robert Wood Johnson Foundation program

National Benchmark: 49
Ocean County 2015: 135.4

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
STDs: Chlamydia *Rate per 100,000 Population*	N.A.	RED	GREEN
STDs: Gonorrhea *Rate per 100,000 Population*	N.A.	N.A.	GREEN
Teen Births Ages 15-19 *Rate per 100,000 Female Population*	N.A	GREEN	YELLOW
Teen Births Ages 15-17 *Rate per 100,000 Female Population*	GREEN	N.A.	YELLOW
HIV: Rates *Rate per 100,000 Population*	N.A	RED	GREEN

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

Individual Behavior

A CDC report indicates that people can live longer if they practice one or more healthy lifestyle behaviors including: eating a healthy diet, not smoking, regular exercise and limiting alcohol consumption. People who engage in all of these behaviors are 66 percent less likely to die early from cancer, 65 percent less likely to die early from cardiovascular disease and 57 percent less likely to die early from other causes compared to those who do not engage in any of these behaviors.[41]

Tobacco Use

Tobacco use is the leading cause of preventable death in the United States. Smoking leads to disease and disability, and harms nearly every organ in the body, and causes cancer, heart disease, stroke, diabetes, and lung diseases such as emphysema, bronchitis, and chronic airway obstruction. Exposure to secondhand smoke can lead to lung cancer and heart disease. Each year, smoking kills approximately 480,000 Americans, including 41,000 from secondhand smoke. On average, smokers die 10 years earlier than nonsmokers.

About 15% of U.S. adults smoke. Each day, nearly 3,200 youth smoke their first cigarette, and 2,100 people transition from occasional to daily smokers. Smokeless tobacco also leads to various cancers, gum and teeth problems, and nicotine addiction. Almost 6% of young adults use smokeless tobacco and half of new users are younger than 18.[42], [43]

- Between 2012 and 2016, smoking rates decreased in Ocean County from 20.3% to 13.1% in 2016.
- In 2016, the percent of smokers in Ocean County (13.1%) was lower than New Jersey (14.0%) and Monmouth County (19.6%). Ocean County performs in the middle quartile statewide among all counties and the *Healthy People 2020* target, and in the best quartile with respect to the County Health Rankings benchmark.

---

[41] http://www.cdc.gov/features/livelonger/
[42] http://www.countyhealthrankings.org/our-approach/health-factors/tobacco-use
[43] http://www.cdc.gov/tobacco/data_statistics/fact_sheets/index.htm

Adults Who Are Current Smokers
State & County Comparisons, 2014-2016

■ New Jersey　　■ Ocean County　　■ Monmouth County

2014
- New Jersey: 15.10%
- Ocean County: 20.30%
- Monmouth County: 14.90%

2015
- New Jersey: 13.50%
- Ocean County: 19.10%
- Monmouth County: 14.00%

2016
- New Jersey: 14.00%
- Ocean County: 13.10%
- Monmouth County: 19.60%
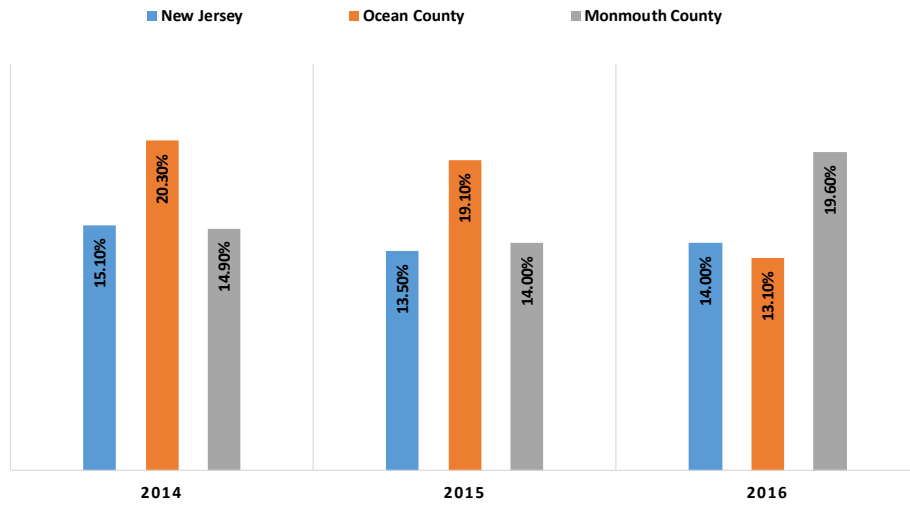
Source: CDC New Jersey Behavioral Risk Factor Surveillance System (NJBRFS)

Adults Who Are Current Smokers
Ocean County – Trend

- 2016: 13.1%
- 2015: 19.1%
- 2014: 20.3%
- 2013: 19.1%
- 2012: 20.3%
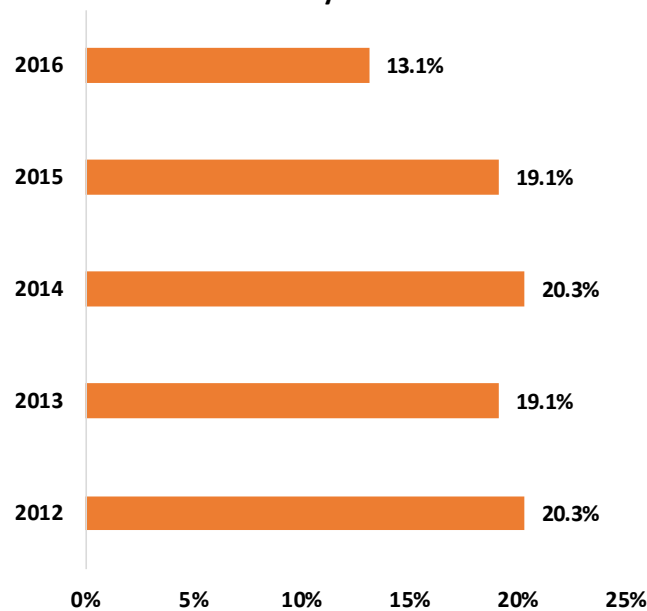
Source: CDC New Jersey Behavioral Risk Factor Surveillance System (NJBRFS)

Baseline: 20.6%
Target: 12.0%
Ocean County 2016: 13.1%

National Benchmark: 14.0%
Ocean County 2016: 13.1%

Alcohol Use

Although moderate alcohol use is associated with reduced risk of heart disease and diabetes, excessive consumption is the third leading cause of preventable death nationally. Excessive consumption considers both the amount and the frequency of drinking. Short-term, excessive drinking is linked to alcohol poisoning, intimate partner violence, risky sexual behaviors, failure to fulfill responsibilities and motor vehicle crashes. Over time, excessive alcohol consumption is a risk factor for hypertension, acute myocardial infarction, fetal alcohol syndrome, liver disease and certain cancers.[44]

- Binge drinkers, those men that consume more than 5 drinks and women that consume more than 4 drinks in one occasion, increased from (10.6%) in 2014, to (16.4%) in 2016.
- In 2016, (16.4%) of Ocean County residents were binge drinkers compared to (16%) statewide and (22.7%) in Monmouth County.
- Statewide, Ocean County performs in the middle performing quartile for New Jersey counties, and the worst performing quartile for the County Health Rankings benchmark.

Adults Reporting Binge Drinking
State & County Comparisons, 2014-2016
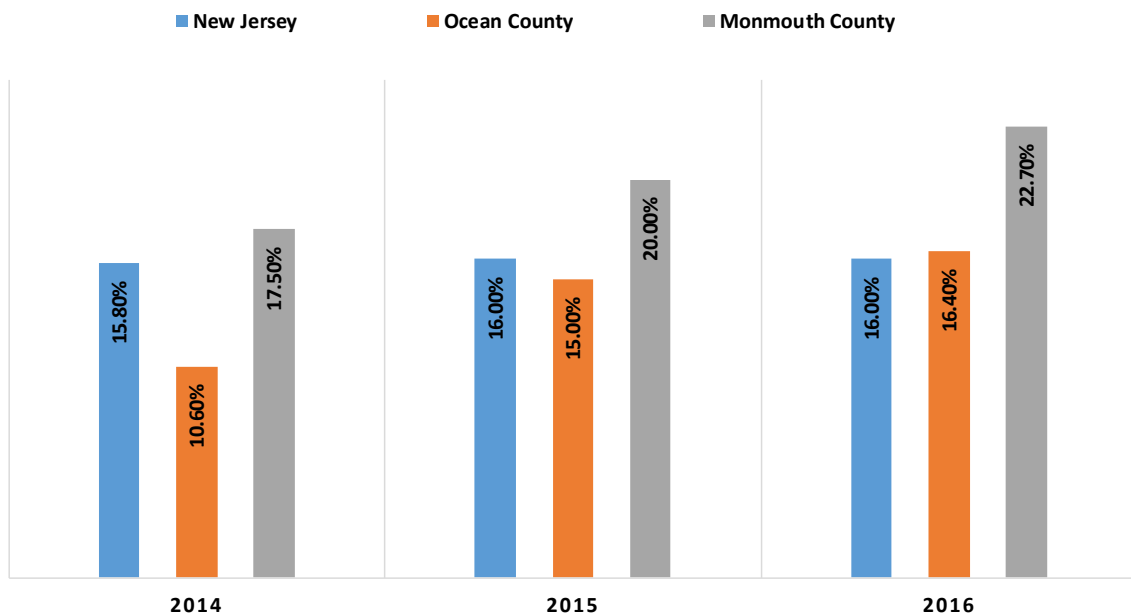
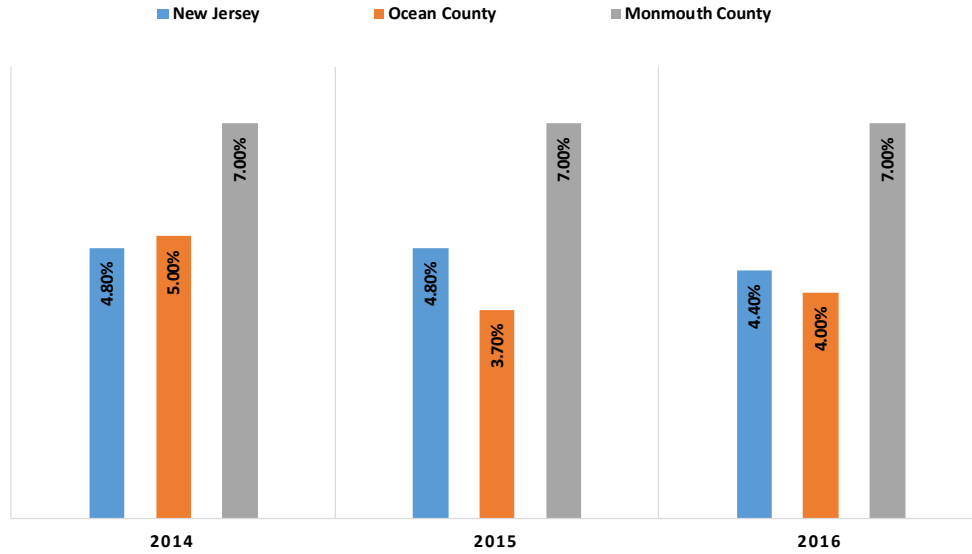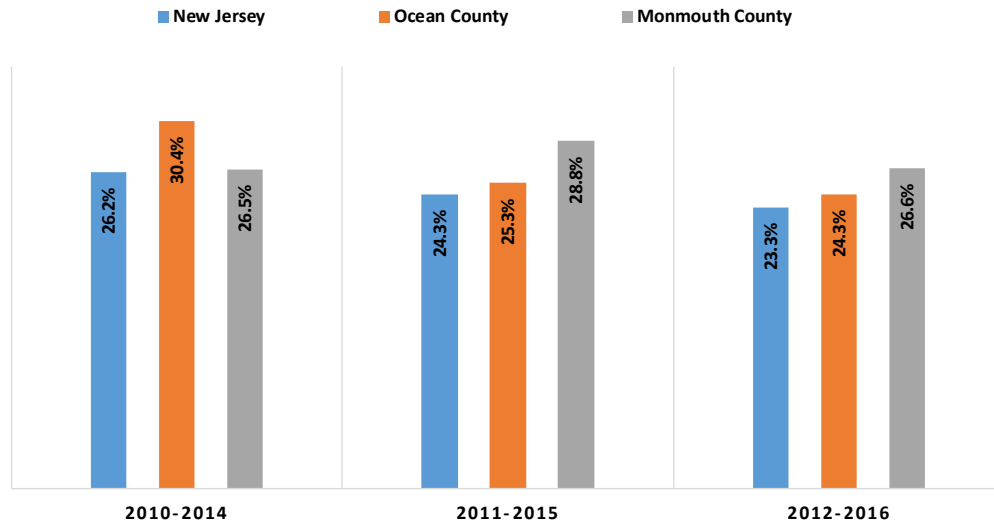*Source: CDC New Jersey Behavioral Risk Factor Surveillance System*
Question: During the past 30 days how many days per week or per month did you have at least one drink of any alcoholic beverage? If response is not 0 then ask: Considering all types of alcoholic beverages how many times during the past 30 days did you have 5(for males)/4(for females) or more drinks on an occasion?
"Binge Drinking" is defined when someone has at least 5(for males)/4(for females) or more drinks on an occasion a month.

National Benchmark: 13.0%
Ocean County 2016: 16.4%

---
[44] http://www.countyhealthrankings.org/our-approach/health-factors/alcohol-drug-use
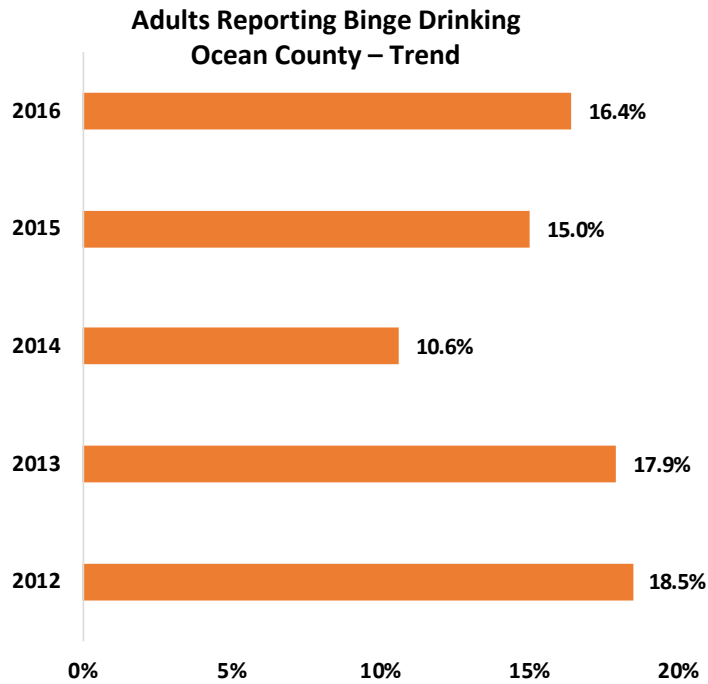
Adults Reporting Binge Drinking
Ocean County – Trend

Year	Percent
2016	16.4%
2015	15.0%
2014	10.6%
2013	17.9%
2012	18.5%

Source: CDC New Jersey Behavioral Risk Factor Surveillance System
Question: During the past 30 days how many days per week or per month did you have at least one drink of any alcoholic beverage? If response is not 0 then ask: Considering all types o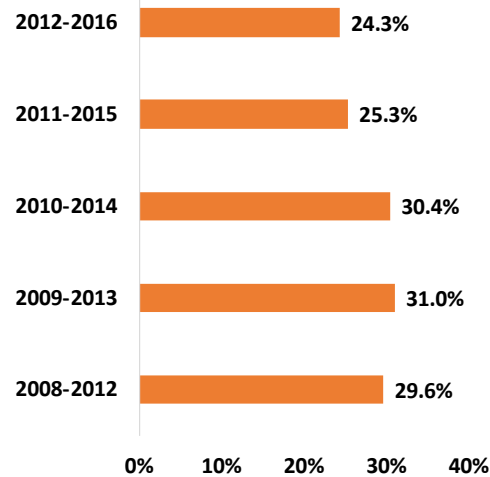f alcoholic beverages how many times during the past 30 days did you have 5(for males)/4(for females) or more drinks on an occasion?
"Binge Drinking" is defined when someone has at least 5(for males)/4(for females) or more drinks on an occasion a month.

Heavy drinking is defined when someone has at least 60 drinks a month (for males) and 30 (for females).

- County-wide, residents who were heavy drinkers decreased slightly from (5.0%) in 2012 to (4.0%) in 2016.
- In 2016, Ocean County had a lower percent of residents reporting heavy drinking, relative to residents of the State and Monmouth County.
- Ocean County ranked in the middle quartile among the 21 counties in New Jersey.

Adults Reporting Heavy Drinking
State & County Comparisons, 2014-2016
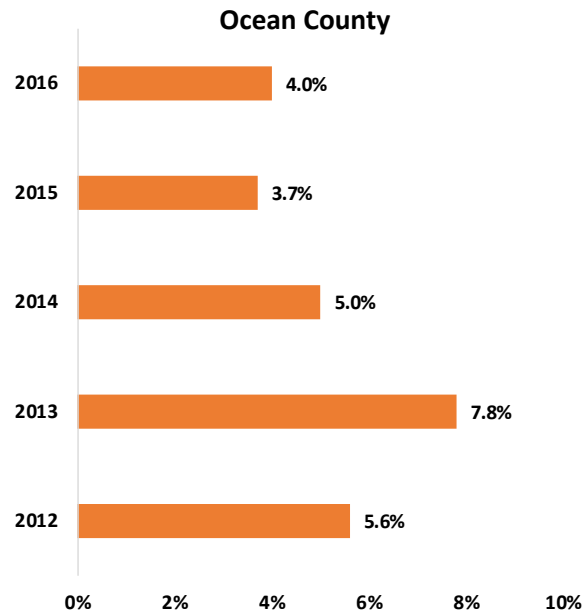
■ New Jersey   ■ Ocean County   ■ Monmouth County

	2014	2015	2016
New Jersey	4.80%	4.80%	4.40%
Ocean County	5.00%	3.70%	4.00%
Monmouth County	7.00%	7.00%	7.00%

Ocean County

Year	Value
2016	4.0%
2015	3.7%
2014	5.0%
2013	7.8%
2012	5.6%

Source: CDC New Jersey Behavioral Risk Factor Surveillance System
Question: During the past 30 days how many days per week or per month did you have at least one drink of any alcoholic beverage? If response is not 0 then ask: Considering all types of alcoholic beverages how many drinks have you had during the past 30 days?
"Heavy Drinking" is defined when someone has at least 60(for males)/30(for females) or more drinks a month.

- Alcohol impaired driving deaths in Ocean County decreased between 2010-2014 and 2012-2016 from (30.4%) to (24.3%).
- The rate of alcohol impaired driving deaths in Ocean County was historically higher than New Jersey.

Alcohol-Impaired Driving Deaths
State & County Comparisons, 2010-2016

■ New Jersey   ■ Ocean County   ■ Monmouth County

	2010-2014	2011-2015	2012-2016
New Jersey	26.2%	24.3%	23.3%
Ocean County	30.4%	25.3%	24.3%
Monmouth County	26.5%	28.8%	26.6%

Ocean County

2012-2016	24.3%
2011-2015	25.3%
2010-2014	30.4%
2009-2013	31.0%
2008-2012	29.6%

Source: NJDOH New Jersey Fatality Analysis Health Reporting System County Health Rankings

National Benchmark: 13.0%
Ocean County 2016: 24.3%

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Excessive Drinking *Binge Drinkers*	N.A.	RED	YELLOW
Excessive Drinking *Heavy Drinkers*	N.A.	N.A.	YELLOW
Alcohol Impaired Driving Deaths	N.A.	RED	YELLOW
Tobacco Use *Adults Who Are Current Smokers*	YELLOW	GREEN	YELLOW

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

Obesity

Healthy food is a key component to good health; insufficient nutrition hinders growth and development. As of 2016, 41 million Americans struggled with hunger in the U.S. A household that is food insecure has limited or uncertain access to enough food to support a healthy life. Obesity among food insecure people, as well as low income individuals, occurs in part because they are often subject to the same challenges as other Americans (more sedentary lifestyles, increased portion size) and because they face unique challenges in adopting and maintaining healthy behaviors, including limited resources and lack of access to affordable healthy food, cycles of food deprivation and overeating, high levels of stress and anxiety, fewer opportunities for physical activity, greater exposure to marketing of obesity promoting products, and limited access to health care.[45]

- The percent of Ocean County residents with a Body Mass Index (BMI) >=30 trended upward from (26.8%) in 2012, to (28.8%) in 2016.
- In 2016, Ocean County (28.8%) had a higher rate of obesity than Monmouth County (25.4%) and the State (27.3%).
- In 2016, a lower percent of Ocean County residents (28.8%) are obese than the *Healthy People 2020* target (30.6%)
- In 2016, Ocean County residents with a BMI>=30 ranked in the middle performing quartile in New Jersey and with regard to the County Health Rankings.
- In 2016, Ocean County ranked in the best performing quartile with regard to the *Healthy People 2020* target.

---

[45] http://www.frac.org

Reported BMI>=30
State & County Comparisons, 2012-2016

Legend: ■ New Jersey ■ Ocean County ■ Monmouth County

Grouped bar chart values:

2012: New Jersey 24.60%, Ocean County 26.80%, Monmouth County 23.50%
2014: New Jersey 26.90%, Ocean County 31.30%, Monmouth County 24.50%
2016: New Jersey 27.30%, Ocean County 28.80%, Monmouth County 25.40%

Ocean County

Year	Value
2016	28.8%
2015	30.4%
2014	31.3%
2013	33.3%
2012	26.8%
2011	28.1%

Source: CDC Behavioral Risk Factor Surveillance System
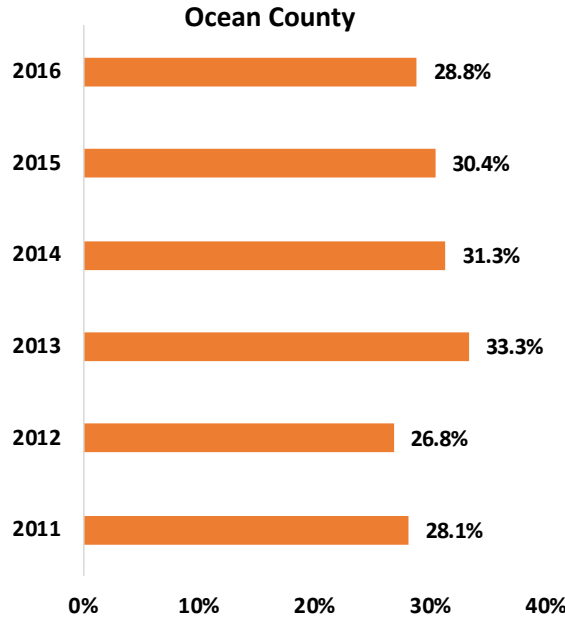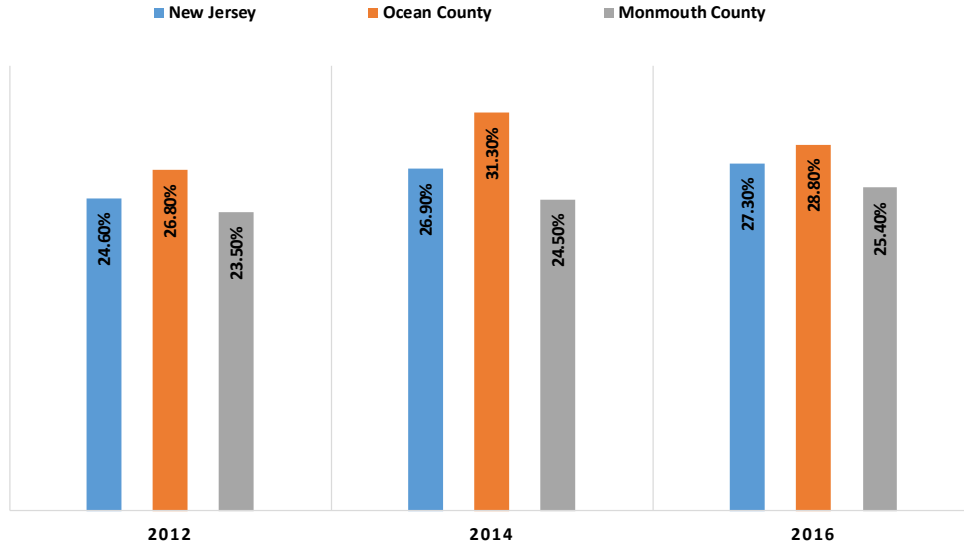
Healthy People 2020
Baseline: 33.9%
Target: 30.5%
Ocean County 2016: 28.8%

County Health Rankings & Roadmaps
Building a Culture of Health, County by County
A Robert Wood Johnson Foundation program

National Benchmark: 26.0%
Ocean County 2016: 28.8%

- In 2016, Manchester Township residents had a higher rate of patients hospitalized with a diagnosis of obesity (36.35/1,000) as compared to Ocean County (18.30/1,000).
- In 2016, patients hospitalized from Forked River had the lowest rate of obesity.

Disease Incidence: Obesity, Rate per 1,000 Population
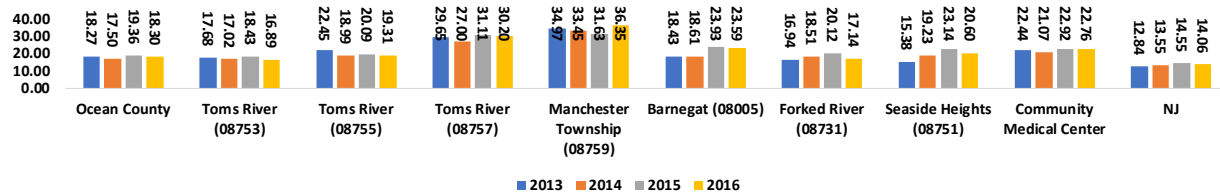
Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges For MS-DRGs In the Range 682-685

Exercise

Inadequate physical activity contributes to increased risk of coronary heart disease, diabetes and some cancers. Nationally, half of adults and nearly three-quarters of high school students do not meet the CDC's recommended physical activity levels.[46]

- Within Ocean County, the percent of individuals reporting no leisure time physical activity trended upward from (25.5%) in 2014, to (34.8%) in 2016.
- From 2014 to 2016, Ocean County had a higher percentage of residents reporting no leisure time physical activity than the State and Monmouth County.
- Compared to all counties statewide, Ocean County performs in the bottom quartile.
- Ocean County performs in the lowest quartile compared to the County Health Rankings benchmark.
- Ocean County performs in the middle quartile with regard to the *Healthy People 2020* target.

---

[46] http://www.county healthrankings.org/our-approach/health-factors/diet-and-exercise

Percent of Adults Age 20+ Reporting No Leisure-Time Physical Activity
State and County Comparison 2014-2016

■ New Jersey   ■ Ocean County   ■ Monmouth County

	2014	2015	2016
New Jersey	23.30%	27.20%	29.80%
Ocean County	25.50%	27.80%	34.80%
Monmouth County	16.40%	23.60%	29.40%

Source: CDC Behavioral Risk Factor Surveillance System

Healthy People 2020
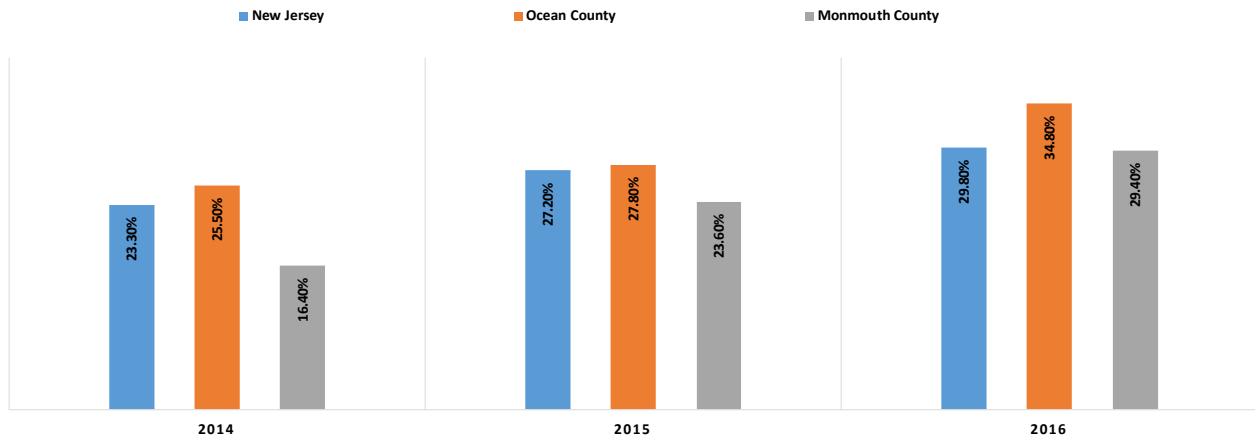
Baseline: 36.2%
Target: 32.6%
Ocean County 2016: 34.8%

County Health Rankings & Roadmaps
Building a Culture of Health, County by County
A Robert Wood Johnson Foundation program

National Benchmark: 20.0%
Ocean County 2016: 34.8%

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Obesity *Percent With Reported BMI >= 30*	🟩	🟨	🟨
Exercise: Adults *Percent of Adults Age 20+ Reporting No Leisure-Time Physical Activity*	🟨	🟥	

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

Health Screenings

Screening tests can detect disease and conditions in early stages, when they may be easier to treat.

Cancer Screening

Breast Cancer (mammography)

According to the American Cancer Association, women ages 40 to 44 should have the choice to start annual breast cancer screening with mammograms (x-rays of the breast) if they wish to do so. Women age 45 to 54 should get mammograms every year. Women 55 and older should switch to mammograms every 2 years, or can continue yearly screening. Screening should continue as long as a woman is in good health and is expected to live 10 more years or longer. Women should also know how their breasts normally look and feel and report any breast changes to a health care provider right away. Some women – because of their family history, a genetic tendency, or certain other factors – should be screened with MRIs along with mammograms. The number of women who fall into this category is very small.

- In 2016, (79.9%) of Ocean County women over age 40 had a mammography within the past two years, up 23.5 percentage points since 2012. Compared to all counties statewide, Ocean County performs in the top quartile.
- In 2016, Ocean County performed in the top quartile in terms of the County Health Ranking benchmark and in the middle quartile for the *Healthy People 2020* target.

Women Age 50+ Who Had a Mammogram Within Past 2 Years
State & County Comparisons, 2012-2016

■ New Jersey   ■ Ocean County   ■ Monmouth County

2012
- New Jersey: 55.80%
- Ocean County: 56.40%
- Monmouth County: 55.80%

2014
- New Jersey: 76.40%
- Ocean County: 74.10%
- Monmouth County: 80.30%

2016
- New Jersey: 77.30%
- Ocean County: 79.90%
- Monmouth County: 79.00%

Ocean County

- 2016: 79.9%
- 2014: 74.1%
- 2012: 56.4%

0%   20%   40%   60%   80%   100%
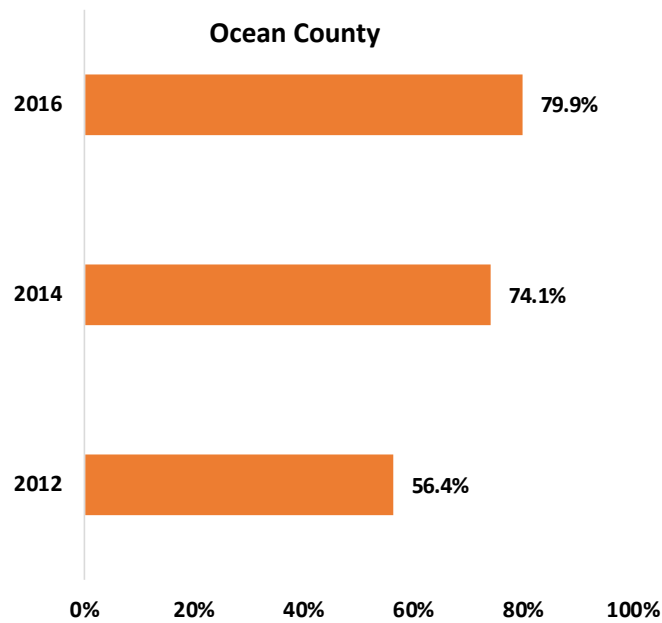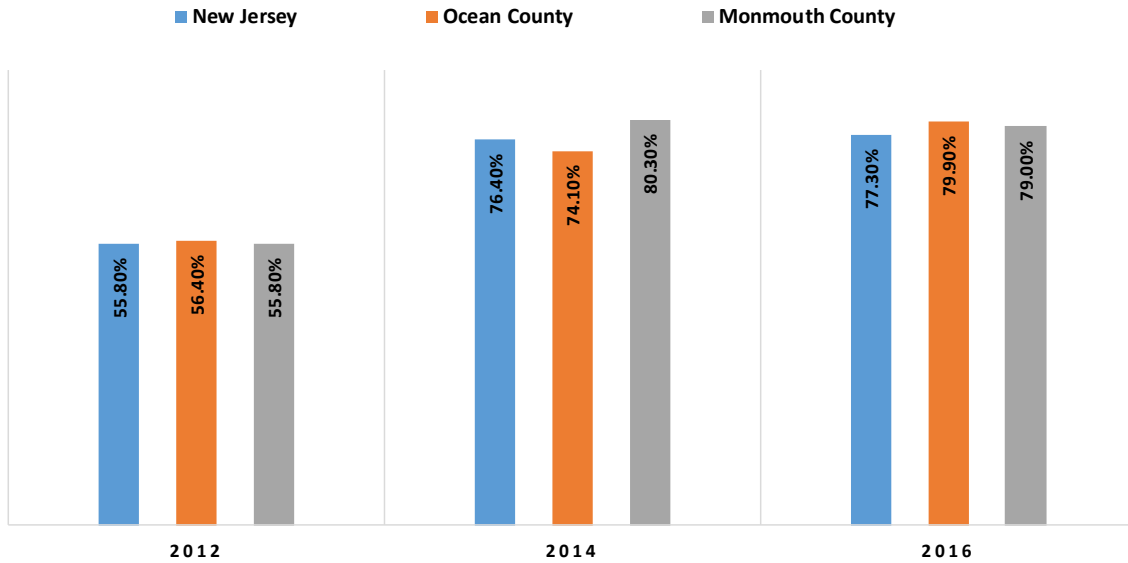
Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

Baseline: 69.8%
Target: 81.1%
Ocean County 2016: 79.9%

National Benchmark: 71.0%
Ocean County 2016: 79.9%

Healthy People 2020

County Health Rankings & Roadmaps
Building a Culture of Health, County by County
A Robert Wood Johnson Foundation program

Cervical Cancer (pap smear)

According to the American Cancer Association, cervical cancer testing should start at age 21. Women between the ages of 21 and 29 should have a Pap test done every 3 years. Women between the ages of 30 and 65 should have a Pap test plus an HPV test (called "co-testing") done every 5 years. Women over age 65 who have regular cervical cancer testing in the past 10 years with normal results should not be tested for cervical cancer. Women with a history of a serious cervical pre-cancer should continue to be tested for at least 20 years after that diagnosis, even if testing goes past age 65. Some women – because of their health history (HIV infection, organ transplant, DES exposure, etc.) – may need a different screening schedule for cervical cancer.

- In 2016, 73.4% of Ocean County women over age 18 had a pap smear within the past three years as compared to 74.5% of New Jersey women 18+.
- More Ocean County women over age 18 had a pap test within 3 years than in comparative Monmouth County (66.6%).
- Compared to the State overall, Ocean County performs in the middle performing quartile and in the top quartile with respect to the *Healthy People 2020* target.
- Between 2014 and 2016, Ocean County women who had a pap test within the past three years increased 3 percentage points from 70.4% to 73.4%.

Women How Had Received a Pap Test
State & County Comparisons, 2014-2016
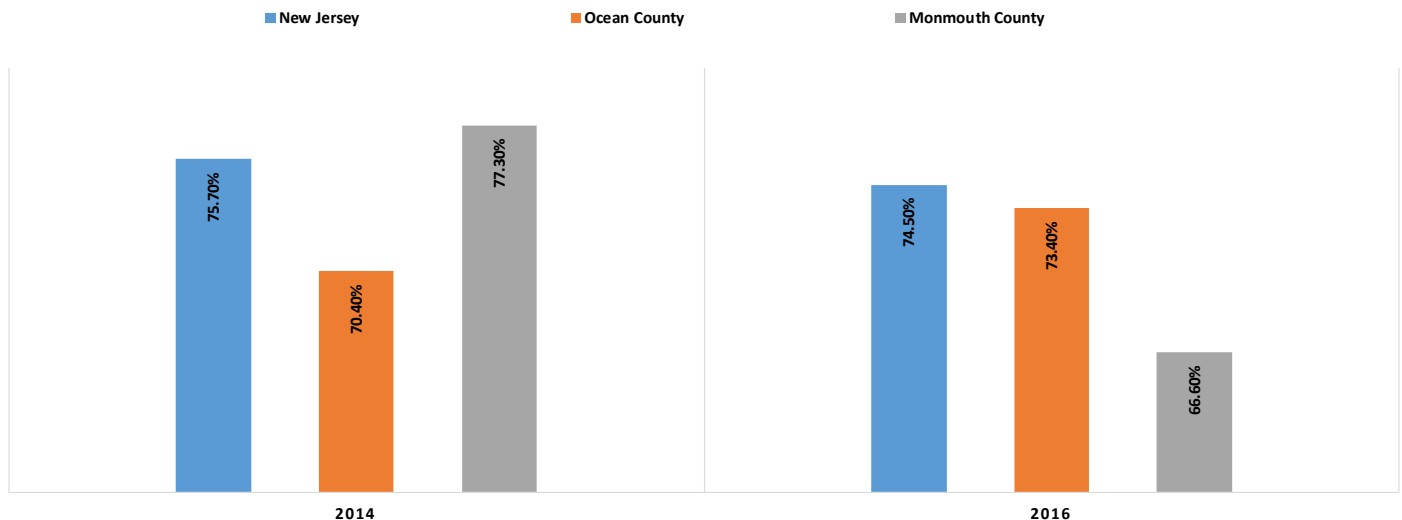
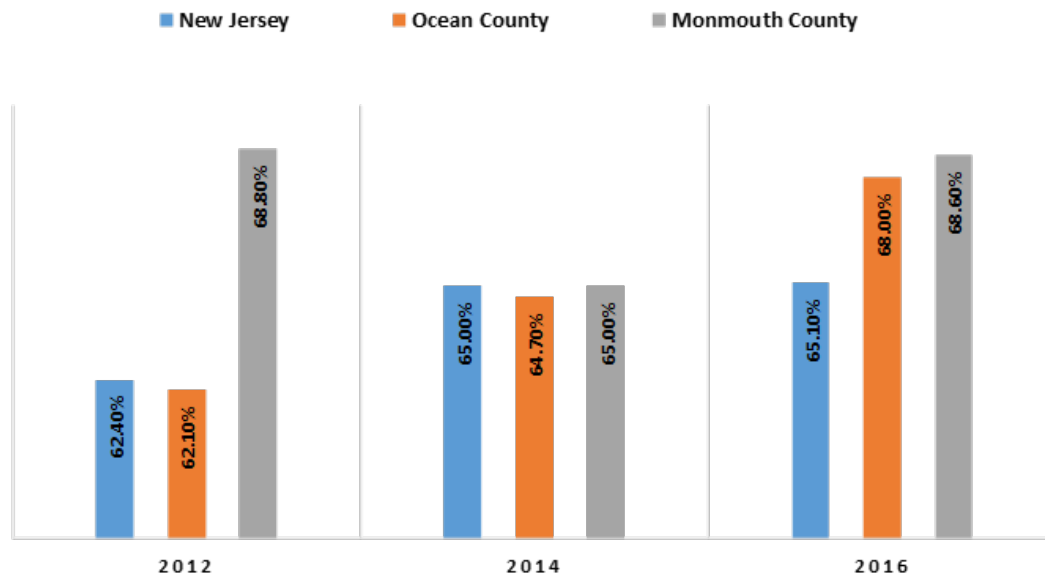Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

Baseline: 60.2%
Target: 66.2%
Ocean County 2016: 73.40%

Colon-rectal Cancer (sigmoidoscopy or colonoscopy)

According to the American Cancer Association, starting at age 50, both men and women should follow one of these testing plans: colonoscopy every 10 years, CT colonography (virtual colonoscopy) every 5 years, flexible sigmoidoscopy every 5 years, or double-contrast barium enema every 5 years.

- In 2016, a greater percentage of Ocean County adults over age 50 (68.0%) participated in colon-rectal screening than in 2012 (62.1%). Compared to all New Jersey counties, Ocean County performs in the middle performing quartile.
- In 2016, the percent of Ocean County residents screened for colon cancer was 2.9 percentage points higher than the State, and 0.6 percentage points lower than Monmouth County.
- In 2016, fewer Ocean County adults (68.0%) over age 50 had a colonoscopy/sigmoidoscopy than the *Healthy People 2020* target of 70.5% of adults (50+) ever having colon-rectal screening in 2016.

Adults Age 50+ Who Ever Had a Colonoscopy or Sigmoidoscopy
State & County Comparisons, 2012-2016

Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

Adults Age 50+ Who Ever Had a Colonoscopy or Sigmoidoscopy
Ocean County – Trend

Year	Percentage
2016	68.0%
2014	64.7%
2012	62.1%

Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)
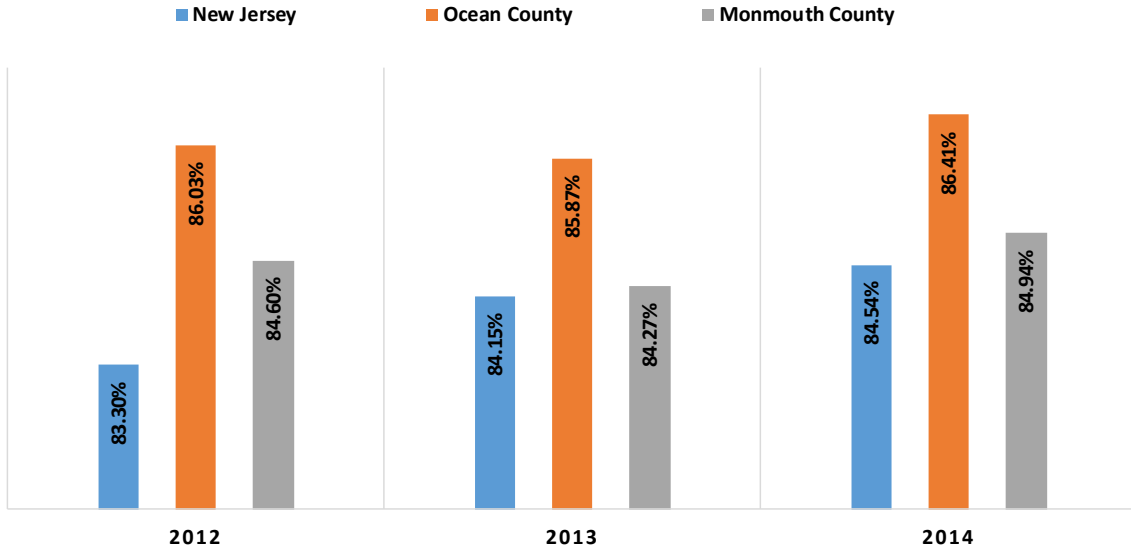
Healthy People 2020
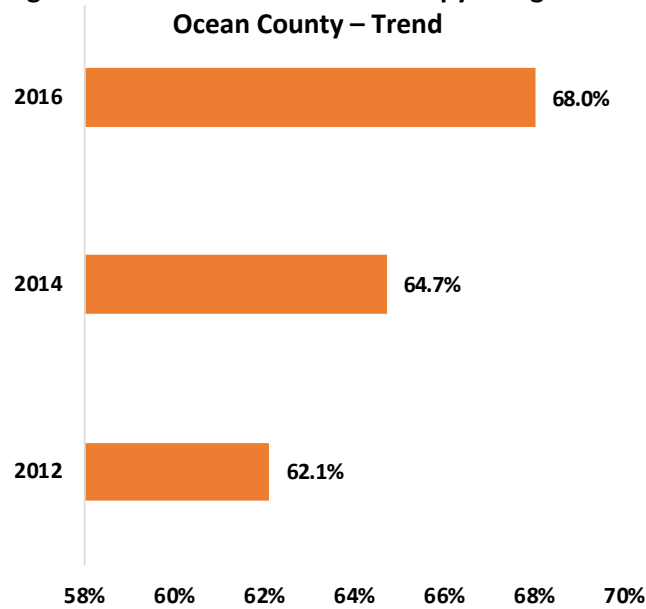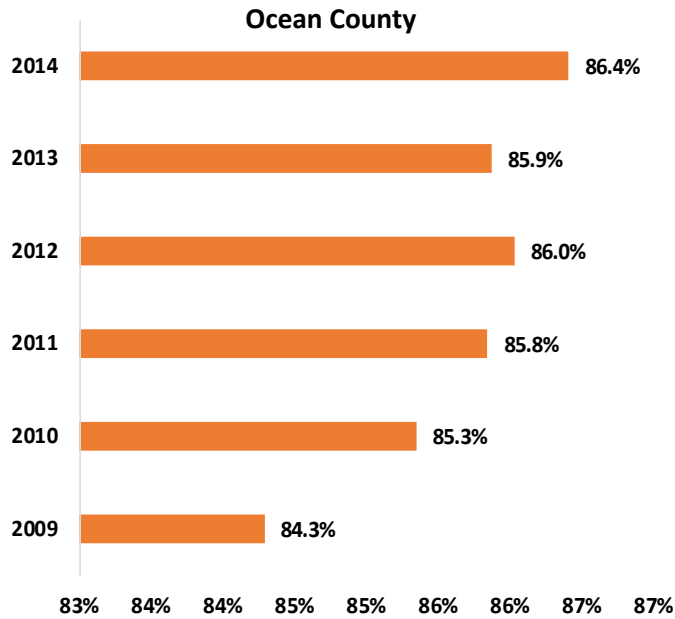
Baseline: 52.1%
Target: 70.5%
Ocean County 2016: 68.0%

Diabetes

There are several ways to diagnose diabetes including A1C, Fasting Plasma Glucose (FPG), Oral Glucose Tolerance Test (OGTT) and Random (Casual) Plasma Glucose Test. Diabetes screenings are an effective means of diagnosing and managing illness.

- In 2014, 86.4% of Ocean County diabetic Medicare enrollees received HbA1c screening, higher than the State and surrounding counties. As compared to all New Jersey counties, Ocean County performs in the top performing quartile.
- The percent of Ocean County diabetic Medicare enrollees receiving HbA1c screening has trended upward since 2009.
- In 2014, fewer Ocean County diabetic Medicare enrollees (86.4%) were screened than the CHR national benchmark (91%). Ocean County ranked in the middle quartile of the CHR benchmark.

Diabetic Medicare Enrollees That Received Screening
State & County Comparisons, 2012-2014

- New Jersey
- Ocean County
- Monmouth County

2012
- 83.30%
- 86.03%
- 84.60%

2013
- 84.15%
- 85.87%
- 84.27%

2014
- 84.54%
- 86.41%
- 84.94%

Source: County Health Rankings – Dartmouth Atlas of Health Care

Ocean County

Year	Value
2014	86.4%
2013	85.9%
2012	86.0%
2011	85.8%
2010	85.3%
2009	84.3%

83% 84% 84% 85% 85% 86% 86% 87% 87%

Source: County Health Rankings – Dartmouth Atlas of Health Care

County Health Rankings & Roadmaps
Building a Culture of Health, County by County
A Robert Wood Johnson Foundation program

National Benchmark: 91.0
Ocean County 2014: 86.4

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Mammograms *Women Age 50+ Who Have NOT Had a Mammogram Within Past Two Years*	🟨	🟩	🟩
Sigmoidoscopy/ Colonoscopy *Adults Age 50+ Who Have Ever Had a Sigmoidoscopy or Colonoscopy*	🟨	N.A.	🟨
HbA1c Screening *% Diabetic Medicare Enrollees Receiving Screening*	N.A.	🟨	🟩
Pap Test *Women Who Have Had a PAP Test Within Past Three Years*	🟩	N.A.	🟨

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

Immunizations

It is better to prevent disease than to treat it after it occurs; vaccines prevent disease and save millions of lives. Vaccines introduce the antigens that cause diseases. Immunity, the body's means to preventing disease, recognizes germs and produces antibodies to fight them. Even after many years, the immune system continues to produce antibodies to thwart disease from recurring. Through vaccination we can develop immunity without suffering from disease.[47]

### *Childhood Immunizations: DPT, polio, MMR & Hib (aged 19-35 months)*

Young children are readily susceptible to disease and the consequences can be serious or life-threatening. Childhood immunizations minimize impact of vaccine preventable diseases. Combined 4 vaccine series (4:3:1:3) refers to 4 or more doses of DTP/DT, 3 or more doses of poliovirus vaccine, 1 or more doses of MCV and 3 or more doses of Hib.[48]   Conflicting information in the news and on the internet about children's immunizations may cause vaccine hesitancy among select parents. Health care providers have been encouraged to use interventions to overcome vaccine non-compliance, including parental counseling, increasing access to vaccinations, offering combination vaccines, public education, and reminder recall strategies.

Childhood immunization is an evidenced-based strategy, which is known to reduce the incidence, prevalence and mortality of many communicable diseases in many Western Countries including the U.S.

- In 2016, (95.9%) of first grade students in Ocean County had received all required immunizations compared to (92.7%) statewide.
- 93.3% of all Ocean County students received all required immunizations, less than the statewide percentage (94.4%).
- Ocean County ranks in the bottom quartile statewide.

---

[47] http://www.cdc.gov/vaccines/vac-gen/howvpd.htm#why
[48] http://www.cdc.gov/vaccines/imz-managers/coverage/nis/child/tech-notes.html)

**Childhood Immunization: Percent of Children Meeting All Immunization Requirements
State and County Comparisons, 2016**
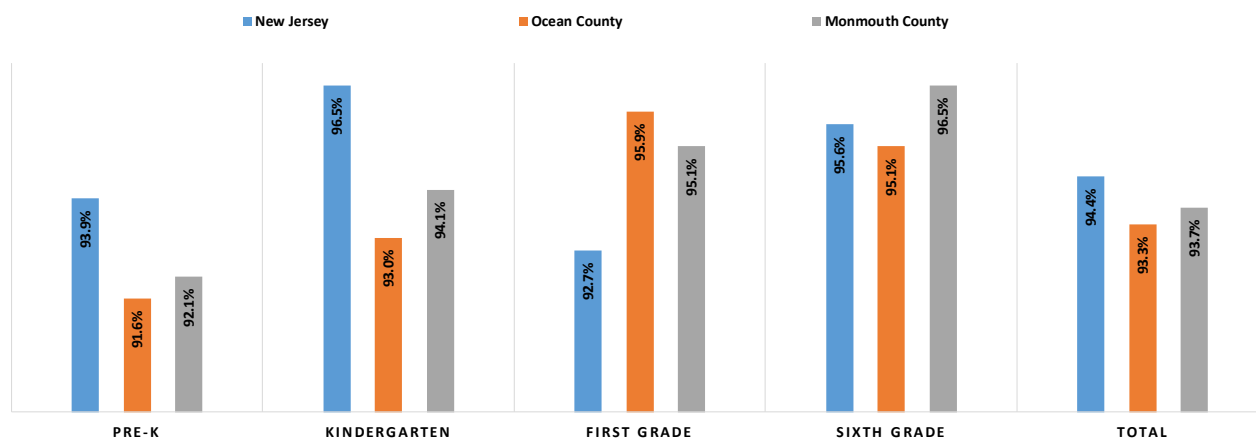
Source: NJDOH Annual Immunization Status Report
http://www.nj.gov/health/cd/documents/status_report/2016/all_schools_vac.pdf
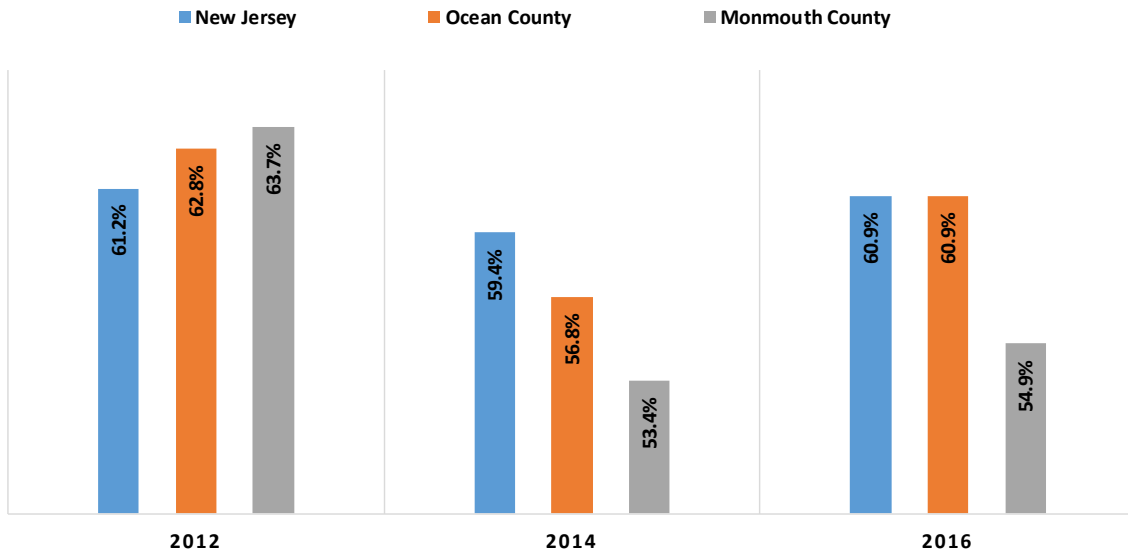*Data are the most current County-Level figures available.*

<u>Adult Flu</u>

Immunizations are not just for children.   As we age, the immune system weakens putting us at higher risk for certain diseases. Greater than 60 percent of seasonal flu-related hospitalizations occur in people 65 and older. The single best way to protect against the flu is an annual vaccination.[49]

- Ocean County had the same percent of adults receiving flu shots as residents of New Jersey.
- Between 2012 and 2016, the percentage of Ocean County adults who had a flu shot fluctuated with an overall decrease of nearly 2 percentage points.
- The percent of 2016 Ocean County adults who received the flu shot in the past year (60.9%) was lower than the *Healthy People 2020* target of 90.0%.
- Ocean County performs in the worst performing *Healthy People 2020* quartile.
- As compared to all counties statewide, Ocean County performs in the middle performing quartile.

---

[49] http://www.cdc.gov/vaccines/adults/rec-vac/index.html)

Adults Age 65+ Who Had a Flu Shot in the Past Year
State & County Comparisons, 2012-2016

■ New Jersey   ■ Ocean County   ■ Monmouth County

2012
- New Jersey: 61.2%
- Ocean County: 62.8%
- Monmouth County: 63.7%

2014
- New Jersey: 59.4%
- Ocean County: 56.8%
- Monmouth County: 53.4%

2016
- New Jersey: 60.9%
- Ocean County: 60.9%
- Monmouth County: 54.9%

Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

Ocean County

- 2016: 60.9%
- 2015: 61.6%
- 2014: 56.8%
- 2013: 58.2%
- 2012: 62.8%
- 2011: 70.6%

Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

Healthy People 2020
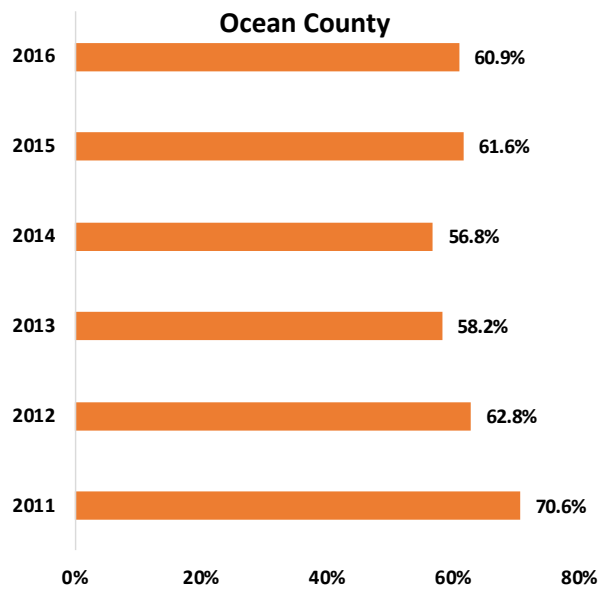
Baseline: 66.6%
Target: 90.0%
Ocean County 2016: 60.9%

Adult Pneumonia

The pneumococcal vaccine protects us against some of the 90 types of pneumococcal bacteria. Pneumococcal vaccine is recommended for all adults 65 years or older.[50]

- The percent of Ocean County adults age 65+ who had a pneumonia vaccine fluctuated from 2012 through 2016, with an overall increase from 64.9% in 2014 to 72.3% in 2016.
- In 2016, the percent of Ocean County (72.3%) adults that have had a pneumonia vaccine is higher than statewide (66.5%) but less than the *Healthy People 2020* target (90.0%). As compared to all counties statewide, Ocean County performs in the middle quartile. Ocean County performs in the middle quartile for the *Healthy People 2020* target as well.
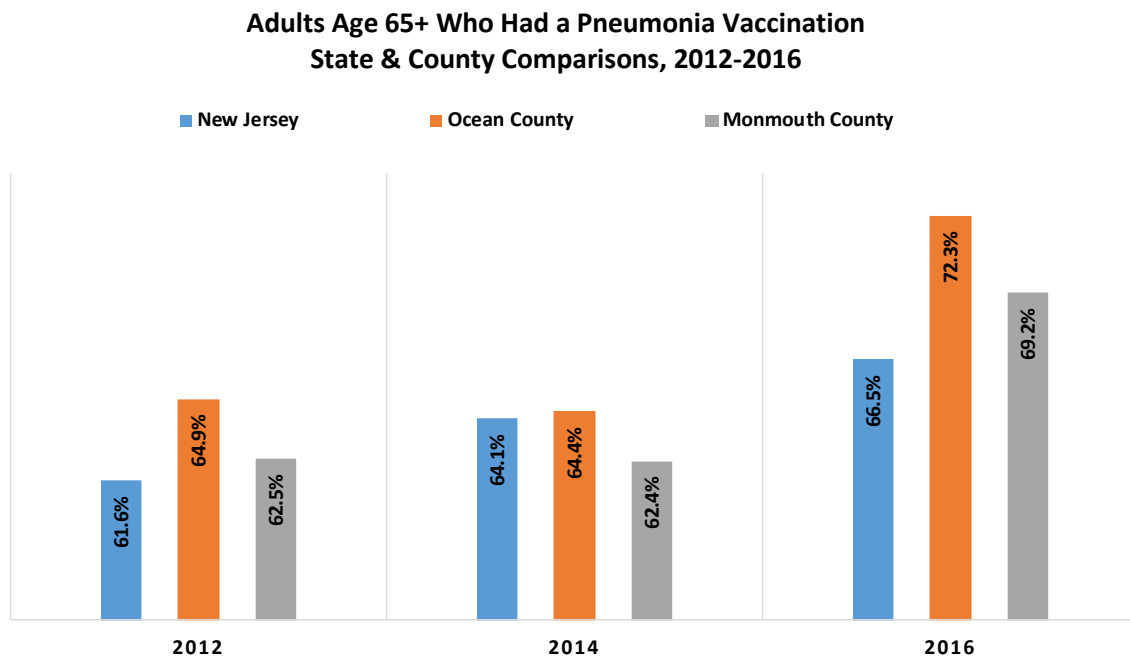
Adults Age 65+ Who Had a Pneumonia Vaccination
State & County Comparisons, 2012-2016

Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

---

[50] http://www.cdc.gov/pneumococcal/about/prevention.html

Adults Age 65+ Who Had a Pneumonia Vaccination
Ocean County

Year	Percentage
2016	72.3%
2015	57.6%
2014	64.4%
2013	64.5%
2012	64.9%
2011	67.8%

Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

Healthy People 2020
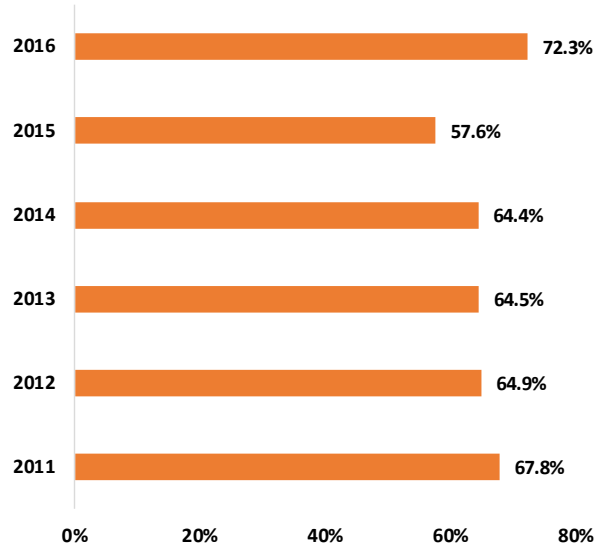
Baseline: 60.0 %
Target: 90.0%
Ocean County 2016: 72.3%

- CMC Service Area residents who used a hospital service had a higher rate of pneumonia (8.62/1,000) than residents of the State (5.84/1,000).
- In 2016, Manchester Township residents who used a hospital service had the highest rate of pneumonia (10.88/1,000), and Forked River at 6.33/1,000 was the lowest of the comparison geographies.

Acute Care IP, Same Day and ED Discharges; Rate / 1,000 Population: Pneumonia
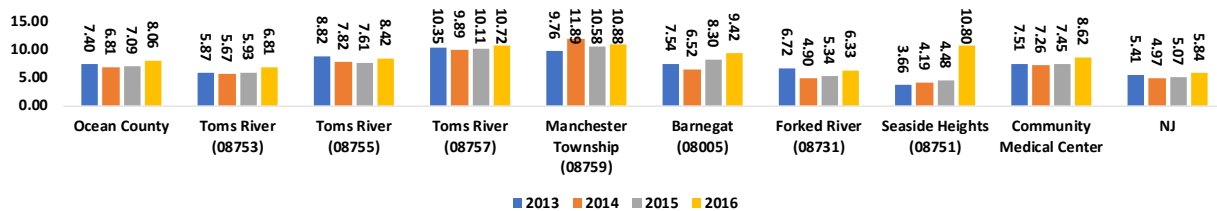
	2013	2014	2015	2016
Ocean County	7.40	6.81	7.09	8.06
Toms River (08753)	5.87	5.67	5.93	6.81
Toms River (08755)	8.82	7.82	7.61	8.42
Toms River (08757)	10.35	9.89	10.11	10.72
Manchester Township (08759)	9.76	11.89	10.58	10.88
Barnegat (08005)	7.54	6.52	8.30	9.42
Forked River (08731)	6.72	4.90	5.34	6.33
Seaside Heights (08751)	3.66	4.19	4.48	10.80
Community Medical Center	7.51	7.26	7.45	8.62
NJ	5.41	4.97	5.07	5.84

Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census Definition: Inpatient, Same Day Stay and ED Discharges – For MS-DRGs 177, 178, 179, 193, 194, 195

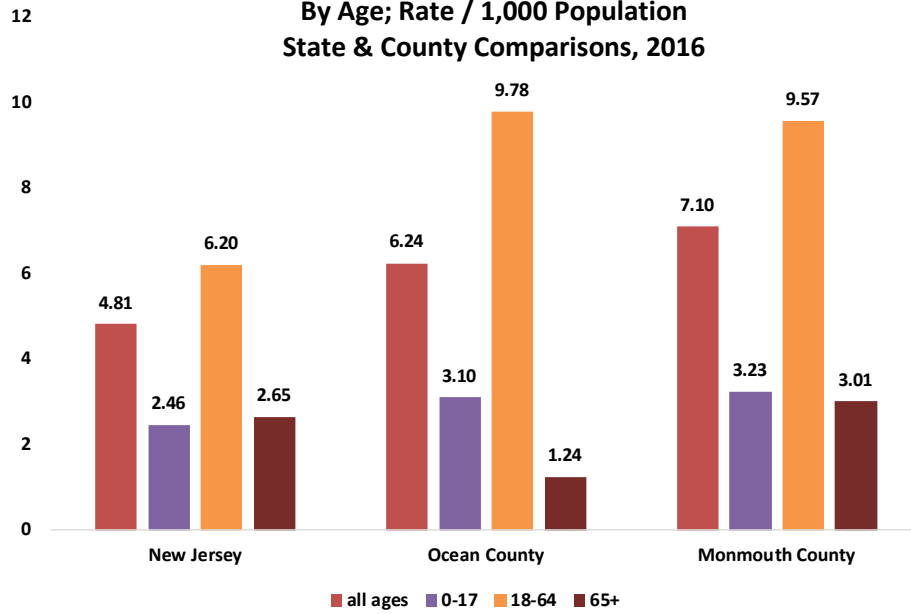| Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Flu Shot *Adults Age 65+ Who Have NOT Had a Flu Shot in the Past Year* *%No*	RED	N.A	YELLOW
Pneumonia Vaccination *Adults Age 65+ Who Have NOT Ever Had a Pneumonia Vaccination* *%Never*	YELLOW	N.A.	YELLOW
Children Meeting All Immunization Requirements	N.A.	N.A.	RED

RED: *Poorest Performing Quartile*
Yellow: *Middle Quartiles*
Green: *Best Performing Quartile*

4.   *Behavioral Health Utilization*

Mental Health

- In 2016, Ocean County (6.24/1,000) had a higher rate of residents with an inpatient hospitalization for a mental health condition among all age cohorts than the State.
- Within Ocean County, by age cohort in 2016, adults 18-64 (9.78/1,000) had the highest rate of mental/behavioral health inpatient hospital admissions compared to older adults 65+ (1.24/1,000) and children (3.10/1,000).
- Ocean County had a slightly higher rate of inpatient hospitalizations for mental/behavioral health conditions in 2016 (6.24/1,000) than in 2012 (6.07/1,000).
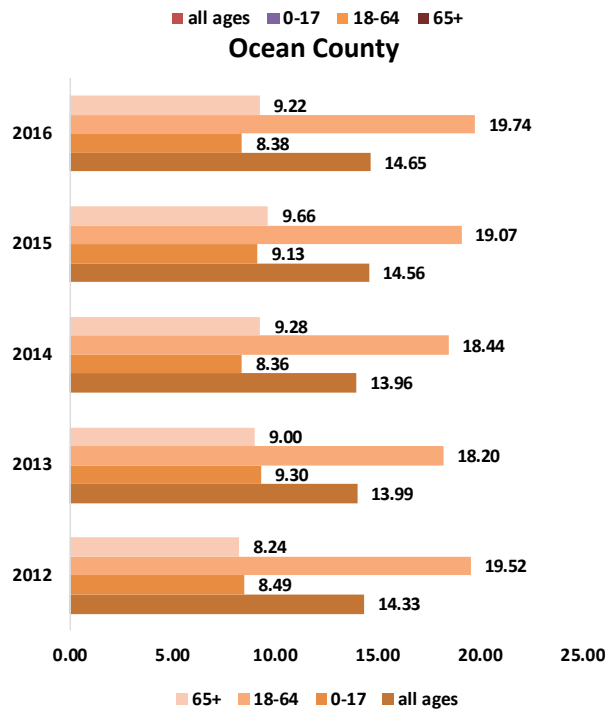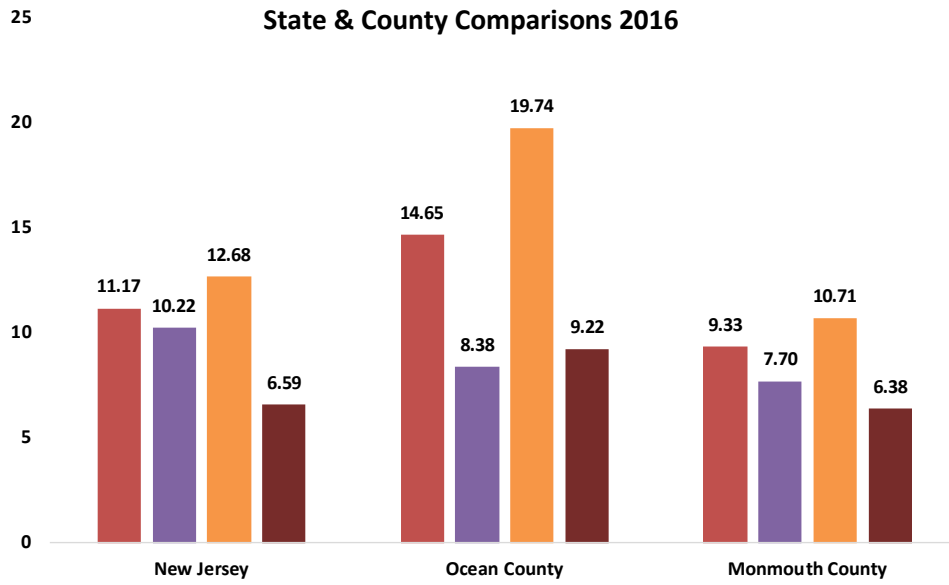
Inpatient Admissions for Mental/Behavioral Health Conditions
By Age; Rate / 1,000 Population
State & County Comparisons, 2016
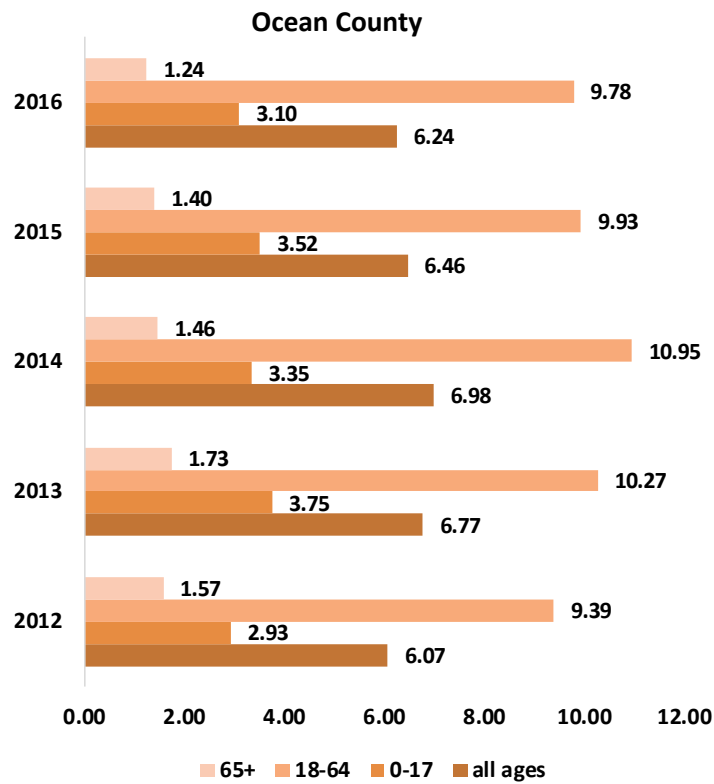
Legend: all ages | 0-17 | 18-64 | 65+

New Jersey: all ages 4.81, 0-17 2.46, 18-64 6.20, 65+ 2.65
Ocean County: all ages 6.24, 0-17 3.10, 18-64 9.78, 65+ 1.24
Monmouth County: all ages 7.10, 0-17 3.23, 18-64 9.57, 65+ 3.01

Ocean County

Year	65+	18-64	0-17	all ages
2016	1.24	9.78	3.10	6.24
2015	1.40	9.93	3.52	6.46
2014	1.46	10.95	3.35	6.98
2013	1.73	10.27	3.75	6.77
2012	1.57	9.39	2.93	6.07

Legend: 65+ | 18-64 | 0-17 | all ages

Source: NJDHSS 2012 - 2016 UB-04 Data MDC 19 – NJ Residents; Population: United States Census American Community Survey 5yr Estimate

- In 2016, Ocean County (14.65/1,000) had a higher ED visit rate for mental health conditions than the State (11.17/1,000) and Monmouth County (9.33/1,000).
- In 2016, Ocean County adults 18-64 (19.74/1,000) had the highest rate of ED visits compared to children (8.38/1,000) and older adults 65+ (9.22/1,000).
- Ocean County's ED visits rate for mental/behavioral health conditions increased slightly between 2012 (14.33/1,000) and 2016 (14.65/1,000).
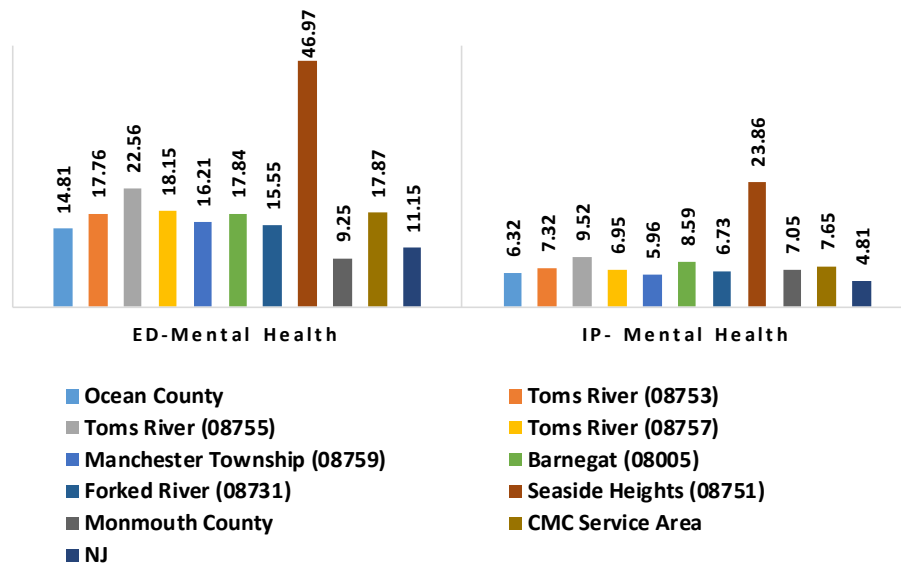
ED Visits for Mental/Behavioral Health Conditions (2016): By Age; Rate / 1,000 Population State & County Comparisons 2016

	all ages	0-17	18-64	65+
New Jersey	11.17	10.22	12.68	6.59
Ocean County	14.65	8.38	19.74	9.22
Monmouth County	9.33	7.70	10.71	6.38

Ocean County

	65+	18-64	0-17	all ages
2016	9.22	19.74	8.38	14.65
2015	9.66	19.07	9.13	14.56
2014	9.28	18.44	8.36	13.96
2013	9.00	18.20	9.30	13.99
2012	8.24	19.52	8.49	14.33

Source: NJDHSS 2012- 2016 UB-04 Data MDC 19 – NJ Residents; Population: United States Census American Community Survey 5yr Estimate

- In 2016, inpatient hospitalizations for mental/behavioral health for CMC's Service Area (7.65/1,000) exceeded the New Jersey rate (4.81/1,000) and was higher than the Monmouth County rate (7.05/1,000).
- In 2016, the emergency department use rate for mental/behavioral health in Seaside Heights (46.97/1,000) was greater than Ocean County (14.81/1,000) and greater than New Jersey (11.15/1,000).
- In 2016, the emergency department use rate for mental health in Manchester Township (16.21/1,000) was higher than the New Jersey rate (11.15/1,000) and the Ocean County rate (14.81/1,000).

**Mental Health Use Rate /1,000 Population: 2016**

ED-Mental Health: 14.81, 17.76, 22.56, 18.15, 16.21, 17.84, 15.55, 46.97, 9.25, 17.87, 11.15

IP-Mental Health: 6.32, 7.32, 9.52, 6.95, 5.96, 8.59, 6.73, 23.86, 7.05, 7.65, 4.81

- Ocean County
- Toms River (08753)
- Toms River (08755)
- Toms River (08757)
- Manchester Township (08759)
- Barnegat (08005)
- Forked River (08731)
- Seaside Heights (08751)
- Monmouth County
- CMC Service Area
- NJ

*Source: UB-04 2016 Discharges; Claritas Population Estimate
** Mental Health Defined as MDC 19

Substance Abuse

Substance abuse has a major impact on individuals, families and communities. In 2005, an estimated 22 million Americans struggled with a drug or alcohol problem. Almost 95 percent of people with substance use problems are considered unaware of their problem. These estimates highlight the importance of increasing prevention efforts and improving access to treatment for substance abuse and co-occurring disorders.[51]
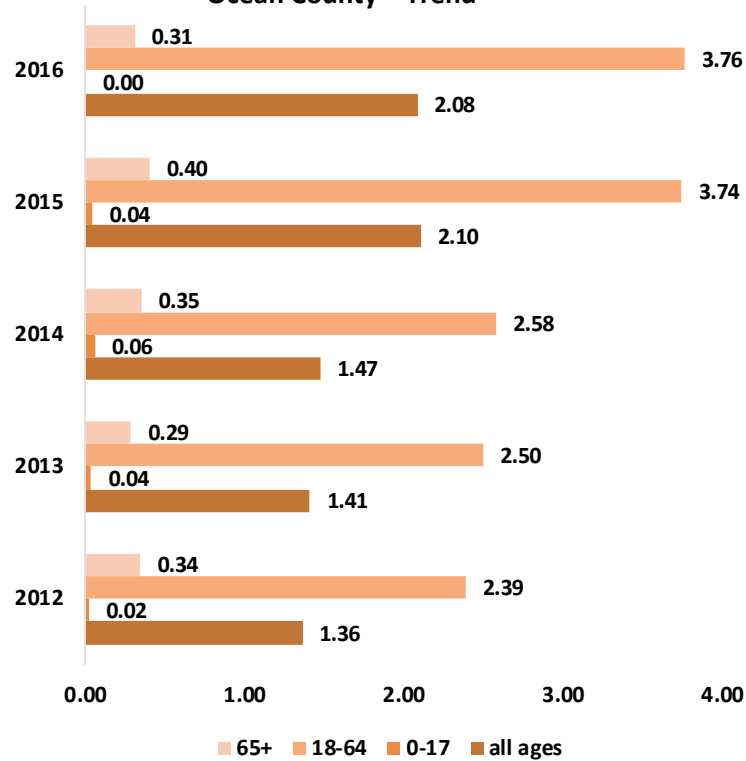
- In 2016, Ocean County had a higher use rate for residents with an inpatient admission for substance abuse than Monmouth County.
- Inpatient use rates by age cohort in Ocean County trended upward from 1.36/1,000 in 2012 to 2.08/1,000 in 2016.
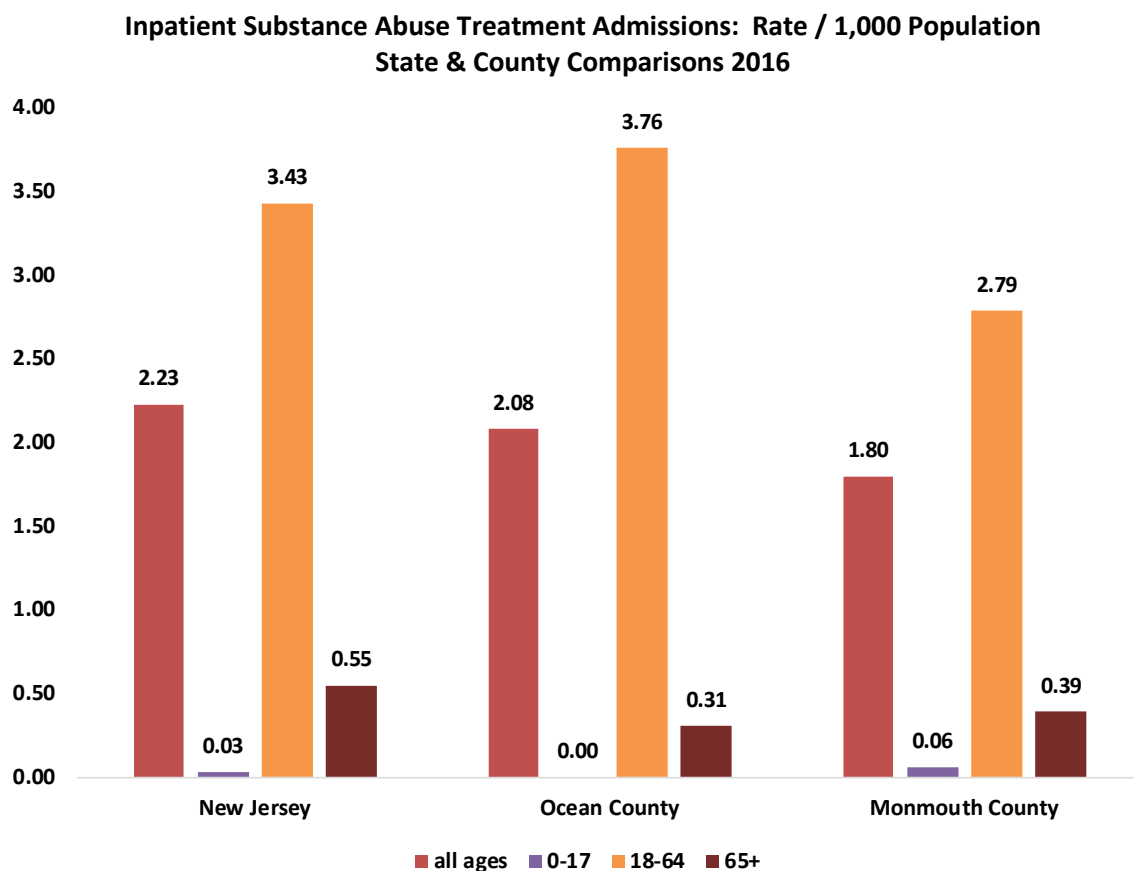
Inpatient Substance Abuse Treatment Admissions: Rate / 1,000 Population
State & County Comparisons 2016

Source: NJDHSS 2012 - 2016 UB-04 Data MDC 20 – NJ Residents; Population: United States Census American Community Survey 5yr Estimate

---
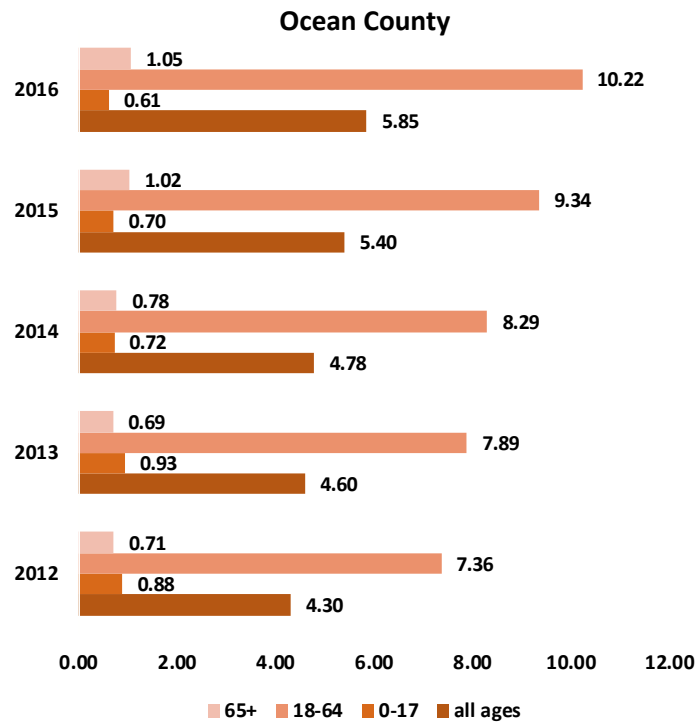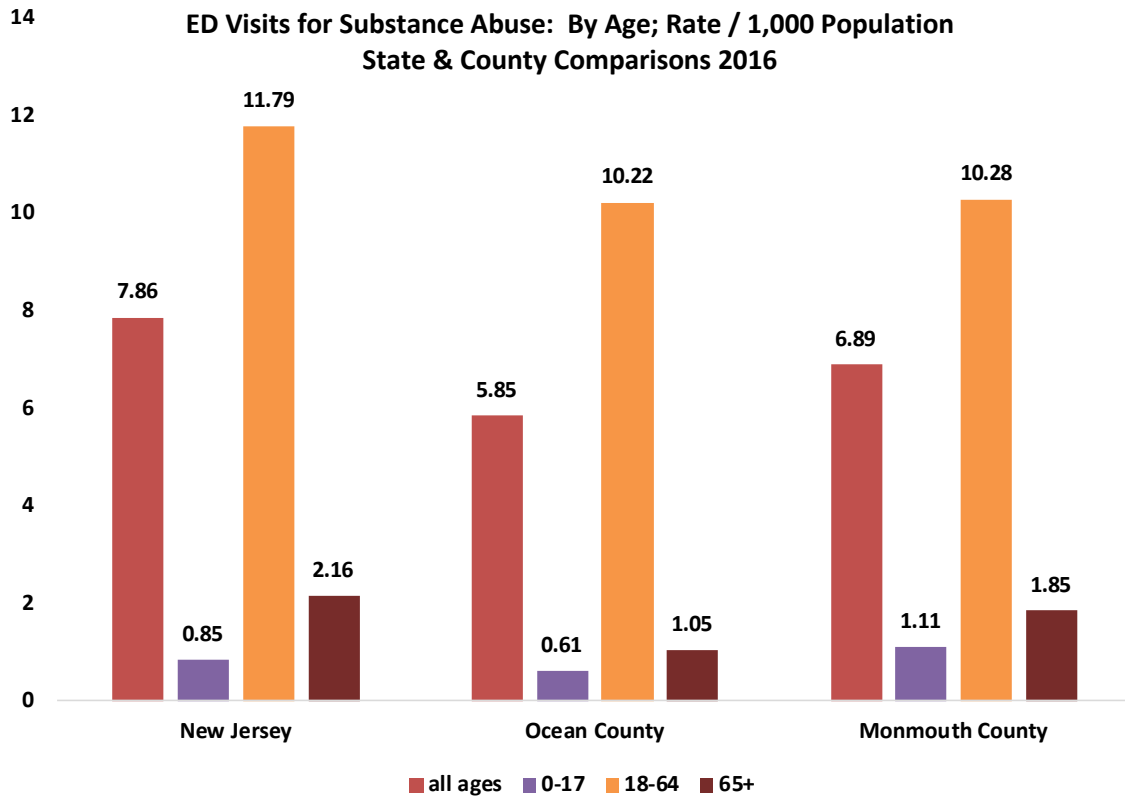
[51] http://www.healthypeople.gov/2020/topics-objectives/topic/substance-abuse

Inpatient Substance Abuse Treatment Admissions: Rate / 1,000 Population
Ocean County – Trend

2016
- 0.31
- 3.76
- 0.00
- 2.08

2015
- 0.40
- 3.74
- 0.04
- 2.10

2014
- 0.35
- 2.58
- 0.06
- 1.47

2013
- 0.29
- 2.50
- 0.04
- 1.41

2012
- 0.34
- 2.39
- 0.02
- 1.36

0.00   1.00   2.00   3.00   4.00

■ 65+ ■ 18-64 ■ 0-17 ■ all ages

Source: NJDHSS 2012 - 2016 UB-04 Data MDC 20 – NJ Residents; Population: United States Census American Community Survey 5yr Estimate

- In 2016, Ocean County (5.85/1,000) had a lower ED visit rate for substance abuse than the State (7.86/1,000) and Monmouth County (6.89/1,000).
- Between 2012 and 2016, ED visit rate for substance abuse in Ocean County increased from 4.30/1,000 to 5.85/1,000.

ED Visits for Substance Abuse: By Age; Rate / 1,000 Population
State & County Comparisons 2016

New Jersey
- all ages: 7.86
- 0-17: 0.85
- 18-64: 11.79
- 65+: 2.16

Ocean County
- all ages: 5.85
- 0-17: 0.61
- 18-64: 10.22
- 65+: 1.05

Monmouth County
- all ages: 6.89
- 0-17: 1.11
- 18-64: 10.28
- 65+: 1.85

Legend: ■ all ages ■ 0-17 ■ 18-64 ■ 65+

Ocean County

2016
- 65+: 1.05
- 18-64: 10.22
- 0-17: 0.61
- all ages: 5.85

2015
- 65+: 1.02
- 18-64: 9.34
- 0-17: 0.70
- all ages: 5.40

2014
- 65+: 0.78
- 18-64: 8.29
- 0-17: 0.72
- all ages: 4.78

2013
- 65+: 0.69
- 18-64: 7.89
- 0-17: 0.93
- all ages: 4.60

2012
- 65+: 0.71
- 18-64: 7.36
- 0-17: 0.88
- all ages: 4.30

Legend: ■ 65+ ■ 18-64 ■ 0-17 ■ all ages

Source: NJDHSS 2012 - 2016 UB-04 Data MDC 20 – NJ Residents; Population: United States Census American Community Survey 5yr Estimate

- Inpatient hospitalization to general hospitals for substance abuse in the CMC Service Area (2.69/1,000) was higher than the County rate (2.11/1,000), and the State (2.22/1,000).
- The Seaside Heights' (7.03/1,000) rate for inpatient hospitalization for substance abuse was higher than Ocean County (2.11/1,000).
- In 2016, emergency department visits for substance abuse in CMC's Service Area (6.10/1,000) was higher than the Ocean County rate (5.91/1,000) and lower than the New Jersey rate (7.84/1,000).
- In 2016, emergency department utilization rates for substance abuse in Seaside Heights (25.12/1,000) was higher than the Ocean County rate (5.91/1,000).

Substance Abuse Use Rate 1,000 Population: 2016
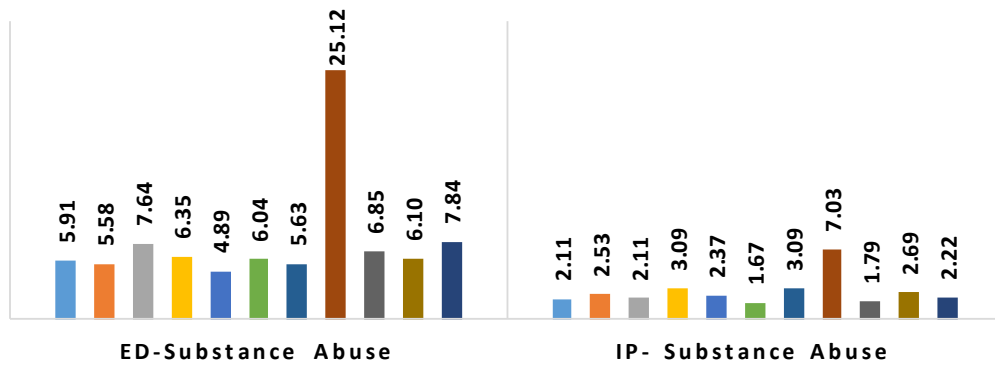
■ Ocean County   ■ Toms River (08753)
■ Toms River (08755)   ■ Toms River (08757)
■ Manchester Township (08759)   ■ Barnegat (08005)
■ Forked River (08731)   ■ Seaside Heights (08751)
■ Monmouth County   ■ CMC Service Area
■ NJ

*Source: UB-04 2016 Discharges; Claritas Population Estimate
** Substance Abuse Defined as MDC 20

- In 2016, heroin was the leading reason for admission to a drug treatment center followed by alcohol for Ocean County residents.

Primary Drug Treatment Admissions
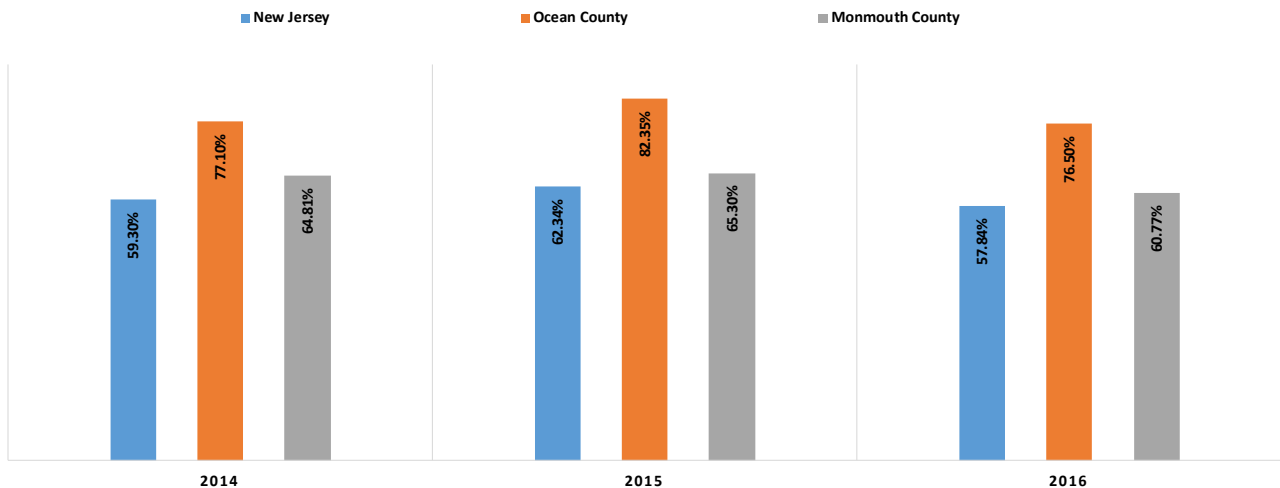**State & County Comparisons 2016**

	Alcohol	Cocaine/Crack	Heroin	Other Opiates	Marijuana/Hashish	Other Drugs
New Jersey	27.1%	4.8%	43.3%	6.7%	14.7%	3.1%
Ocean County	27.1%	3.1%	49.4%	7.6%	10.7%	1.9%
Monmouth County	30.0%	4.6%	43.2%	6.9%	12.8%	2.2%

Source: http://www.nj.gov/humanservices/dmhas/publications/statistical/
Substance%20Abuse%20Overview/2016/statewide.pdf
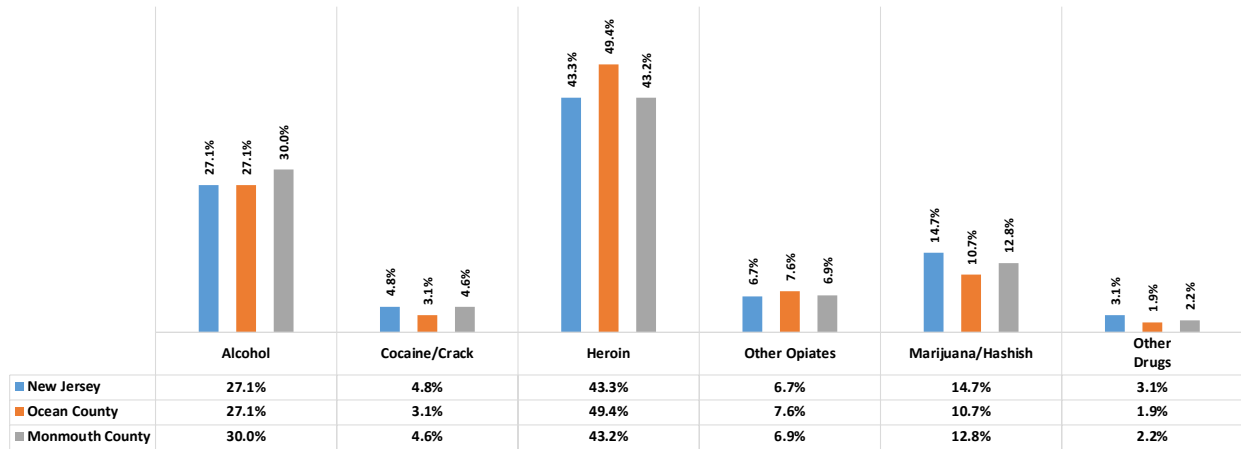
Between 2014 and 2016, the number of drugs dispensed went down across the State, as well as in Ocean County.
- In 2016, the number of drugs dispensed reached more than 75% of the Ocean County population.
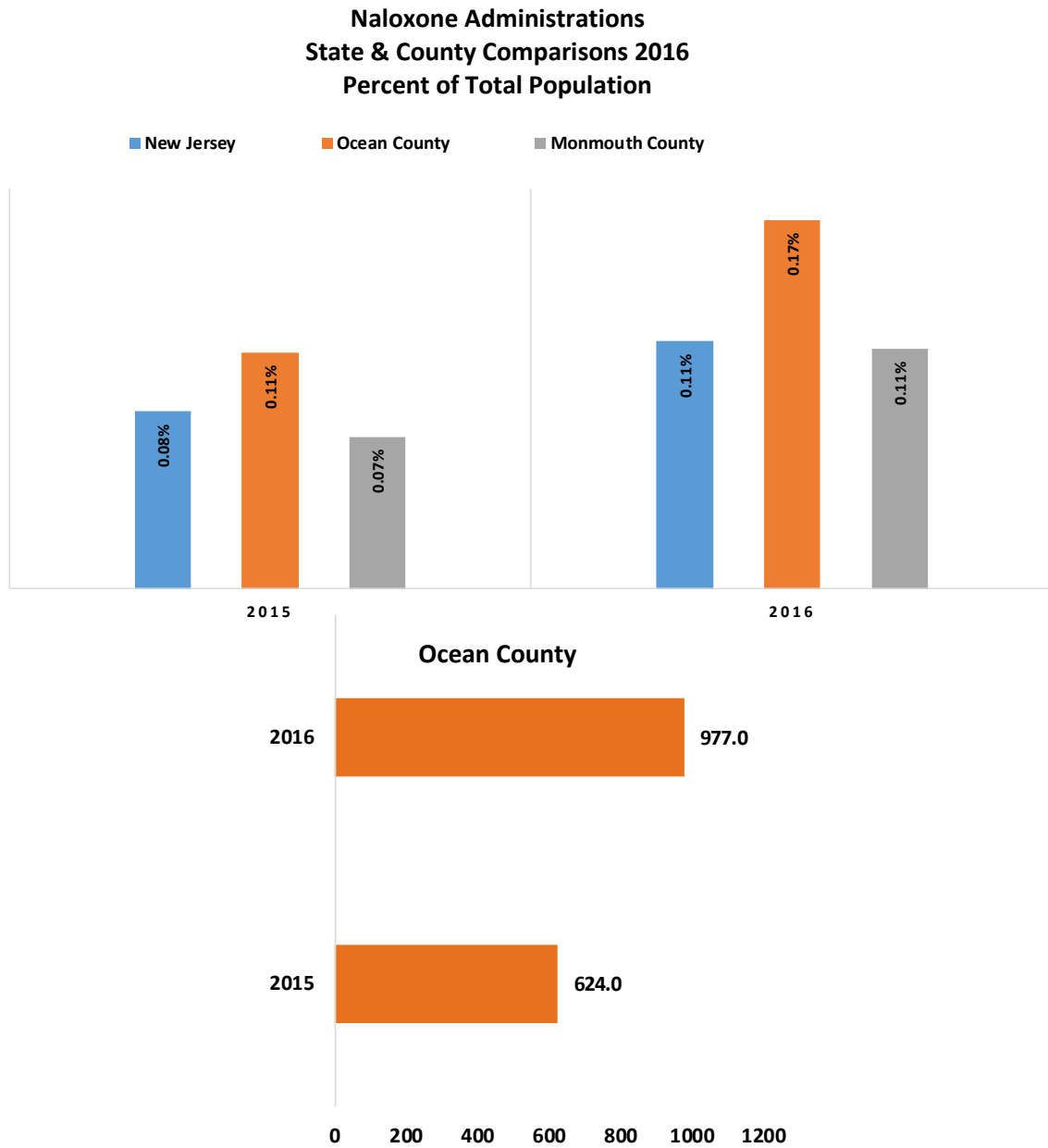
Opioid Dispensing
State & County Comparisons 2016

Source: http://www.nj.gov/humanservices/dmhas/publications/statistical/
Substance%20Abuse%20Overview/2016/statewide.pdf

Naloxone is a FDA approved medication to prevent overdose by opiods such as herion, morphine and oxycodone. It blocks opiod receptor sites reversing the toxic effects of overdose.

- Between 2015 and 2016, the number of Naloxone administrations increased statewide; and in Monmouth and Ocean Counties. In Ocean County, Naloxone administrations increased from 624 to 977 doses.

Naloxone Administrations
State & County Comparisons 2016
Percent of Total Population

■ New Jersey ■ Ocean County ■ Monmouth County

Ocean County

Source: http://www.nj.gov/humanservices/dmhas/publications/statistical/
Substance%20Abuse%20Overview/2016/statewide.pdf

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Treatment Admissions for Alcohol *Percentage of Total Treatment Admissions*	N.A	N.A.	🟨
Treatment Admissions for Heroin *Percentage of Total Treatment Admissions*	N.A	N.A	🟥
Treatment Admissions for Cocaine *Percentage of Total Treatment Admissions*	N.A.	N.A	🟩
Treatment Admissions for Marijuana *Percentage of Total Treatment Admissions*	N.A	N.A.	🟩
Treatment Admissions for Other Drugs *Percentage of Total Treatment Admissions*	N.A	N.A	🟩
Treatment Admissions for Opiates *Percentage of Total Treatment Admissions*	N.A	N.A	🟨
Total Opioid Dispensations *Rate/ 100000 Population*	N.A	N.A	🟨
Total Substance Abuse Treatment Admissions *Rate/ 100000 Population*	N.A	N.A	🟥
Total Naloxone Administrations *Rate/ 100000 Population*	N.A	N.A	🟨

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

E. HEALTH OUTCOMES

Disease-specific mortality, health status and morbidity are among the outcomes presented. Indicators of general health and mental health measures are also discussed in this section.

1. *Mortality - Leading Cause of Death*

According to the CDC, mortality statistics are one of few data sets comparable for small geographic areas, available for long time periods and appropriate as a primary source for public health planning.

- Between 2013 and 2016, Ocean County's age-adjusted mortality rates (AAMR) improved (decreased) for influenza and pneumonia (-24.4%), stroke (-16.6%), septicemia (-2.0%), nephritis (-7.8%), chronic lower respiratory disease (-3.9%), and cancer (-0.2%).
- Between 2013 and 2016, four of the top 10 leading causes of death for Ocean County increased including: diseases of the heart (1.6%), unintentional injuries (49.7%), diabetes (0.7%), and Alzheimer's disease (11.2%).

Top 10 Causes of Death in Ocean County
Age-Adjusted Rate/100,000 Population 2008-2016

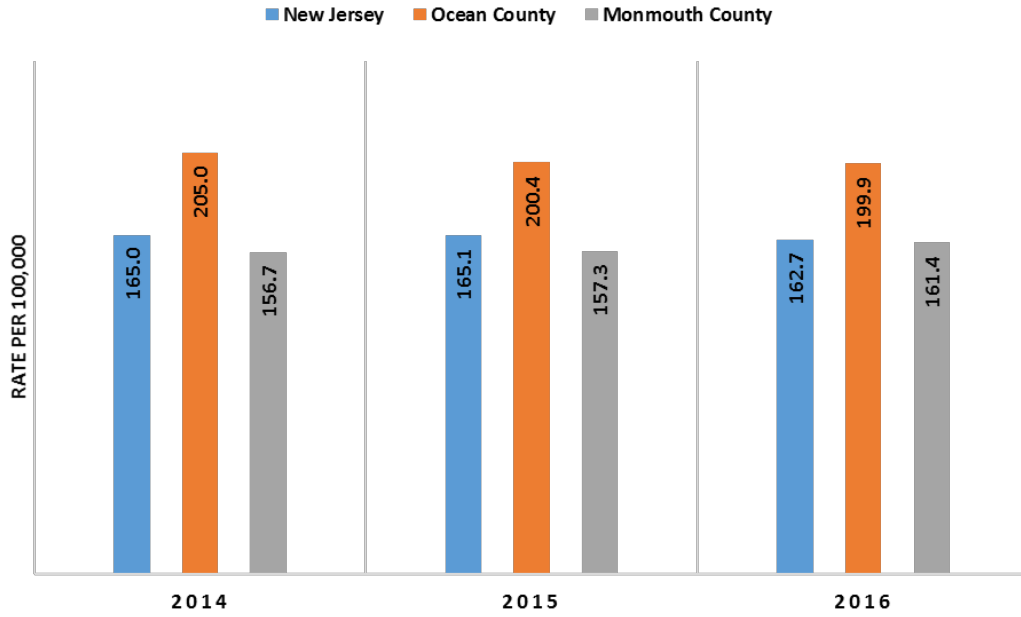| CAUSE	2008	2013	2016	% Change '13-'16
Diseases of heart	206.8	196.7	199.9	1.6%
Cancer (malignant neoplasms)	192.7	162.9	162.6	-0.2%
Unintentional injuries	27.9	43.3	64.8	49.7%
Chronic lower respiratory diseases (CLRD)	36.6	36.0	34.6	-3.9%
Stroke (cerebrovascular diseases)	31.8	31.3	26.1	-16.6%
Alzheimer's disease	21.8	19.7	21.9	11.2%
Septicemia	18.0	15.1	14.8	-2.0%
Nephritis, nephrotic syndrome and nephrosis (kidney disease)	19.6	15.4	14.2	-7.8%
Diabetes mellitus	16.9	14.1	14.2	0.7%
Influenza and pneumonia	11.4	12.7	9.6	-24.4%

Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.
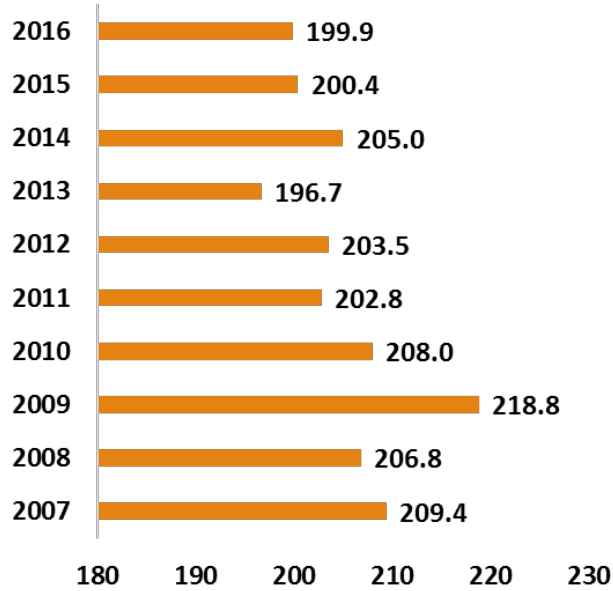
Heart Disease (1)

Heart disease includes several conditions, most commonly, coronary artery disease, angina, heart failure and arrhythmias. Nationally, statewide and in Ocean County, heart disease remains the leading cause of death. Responsible for 1 in every 4 deaths, approximately 610,000 people die of heart disease in the United States each year.

- The County AAMR for heart disease deaths decreased between 2014 (205.0/100,000) and 2016 (199.9/100,000).
- The 2016 Ocean County mortality rate due to heart disease (199.9/100,000) was higher than statewide rate (162.7/100,000).
- In 2016, across the County, Blacks (253.8/100,000) had the highest heart disease mortality rate as compared to Whites (204.7/100,000) and Hispanics (70.1/100,000).
- The mortality rate for heart disease was higher in Ocean County for Blacks (253.8/100,000) and Whites (204.7/100,000) than the New Jersey rate, but the Hispanic mortality rate (70.1/100,000) in Ocean County was lower than the rate for Hispanics statewide.

Deaths Due to Diseases of the Heart: Age-Adjusted Rate/100,000 Population
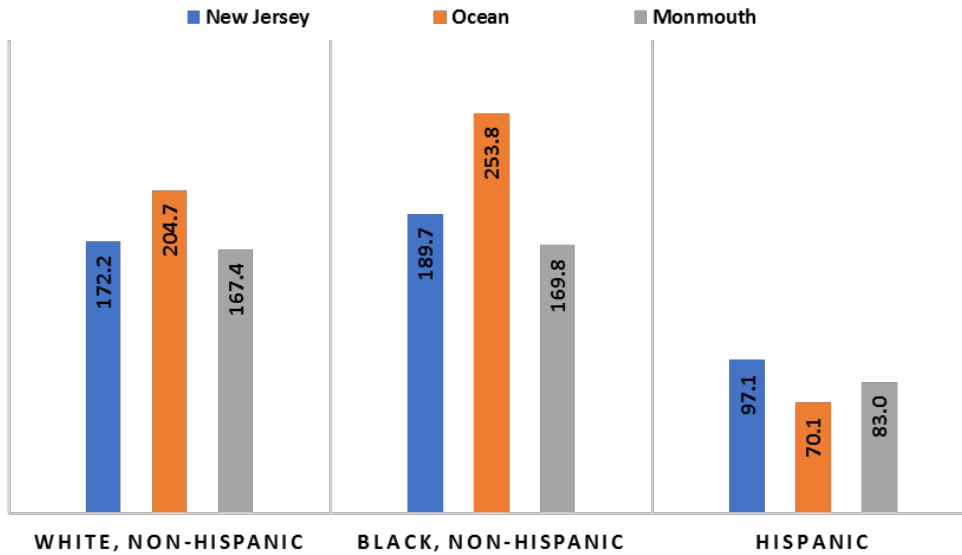## State & County Comparisons 2014-2016

■ New Jersey   ■ Ocean County   ■ Monmouth County

Ocean County

Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.
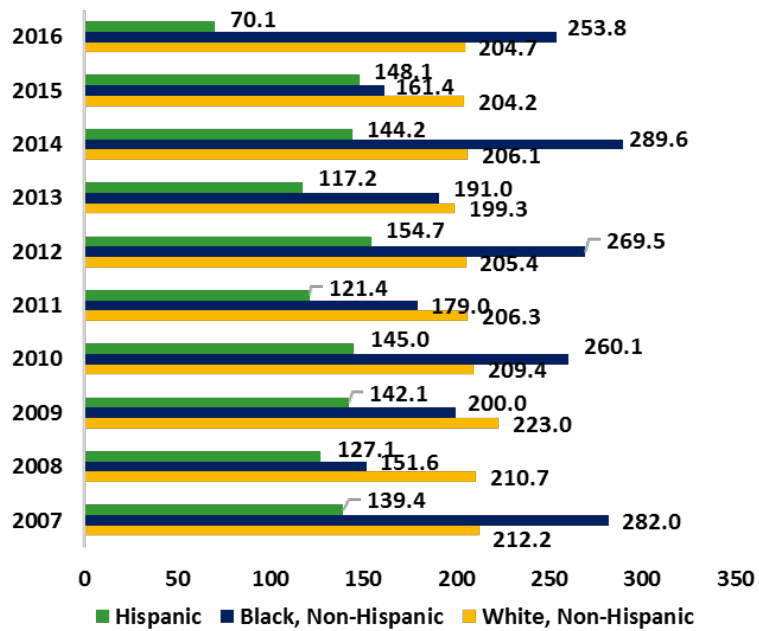
Healthy People 2020

Baseline: 129.2
Target: 103.4
Ocean County 2016: 199.9

Deaths Due to Diseases of the Heart by Race/Ethnicity, 2016
Ocean County Age-Adjusted Rate/100,000 Population

Legend: ■ New Jersey ■ Ocean ■ Monmouth

WHITE, NON-HISPANIC
- New Jersey: 172.2
- Ocean: 204.7
- Monmouth: 167.4

BLACK, NON-HISPANIC
- New Jersey: 189.7
- Ocean: 253.8
- Monmouth: 169.8

HISPANIC
- New Jersey: 97.1
- Ocean: 70.1
- Monmouth: 83.0

Ocean County

Legend: ■ Hispanic ■ Black, Non-Hispanic ■ White, Non-Hispanic

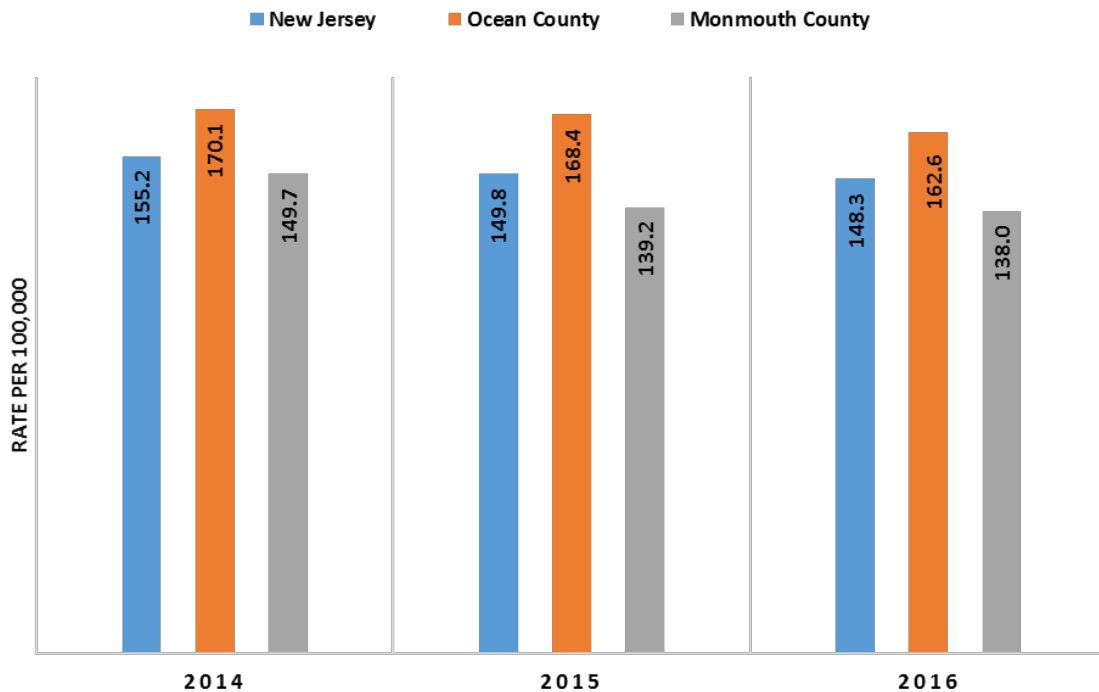| Year	Hispanic	Black, Non-Hispanic	White, Non-Hispanic
2016	70.1	253.8	204.7
2015	148.1	161.4	204.2
2014	144.2	289.6	206.1
2013	117.2	191.0	199.3
2012	154.7	269.5	205.4
2011	121.4	179.0	206.3
2010	145.0	260.1	209.4
2009	142.1	200.0	223.0
2008	127.1	151.6	210.7
2007	139.4	282.0	212.2

Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

Cancer (2)

Although there are many types of cancer, all originate from abnormal cells with untreated disease.[52] Approximately half of American men and one-third of women will develop some form of cancer throughout their lifetimes. Cancer risk may be reduced by basic lifestyle modifications including limiting or avoiding tobacco, sun protection, being physically active and eating healthy foods. Early detection greatly improves positive outcomes. Cancer is the second leading cause of death in the United States, New Jersey and Ocean County.[53]

- The 2016, the County mortality rate (162.6/100,000) was higher than New Jersey (148.3/100,000) and ranks in the middle quartile statewide.
- The 2016, Ocean County cancer AAMR (162.6/100,000) performed slightly worse than the *Healthy People 2020* target of 161.4/100,000.

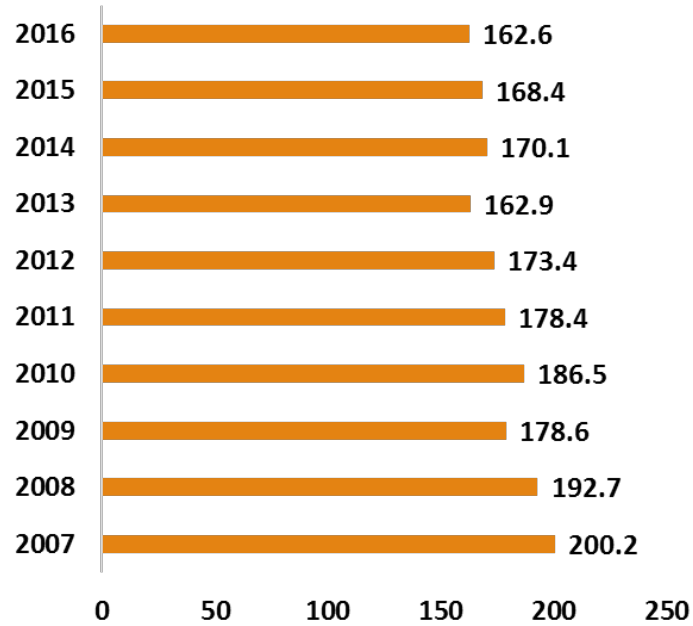**Deaths Due to Malignant Neoplasms (Cancer): Age-Adjusted Rate/100,000 Population State & County Comparisons, 2014-2016**

Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

---

[52] http://www.cancer.org/cancer/cancerbasics/what-is-cancer
[53] http://www.cancer.org/ cancer/cancerbasics/questions-people-ask-about-cancer

**Deaths Due to Malignant Neoplasms (Cancer): Age-Adjusted Rate/100,000 Population
Ocean County – Trend**

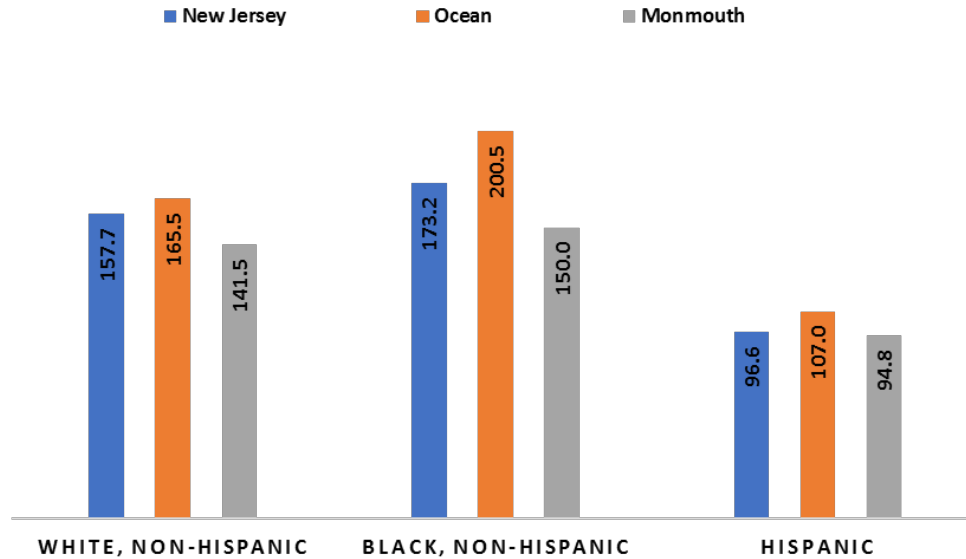| Year	Rate
2016	162.6
2015	168.4
2014	170.1
2013	162.9
2012	173.4
2011	178.4
2010	186.5
2009	178.6
2008	192.7
2007	200.2

Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.
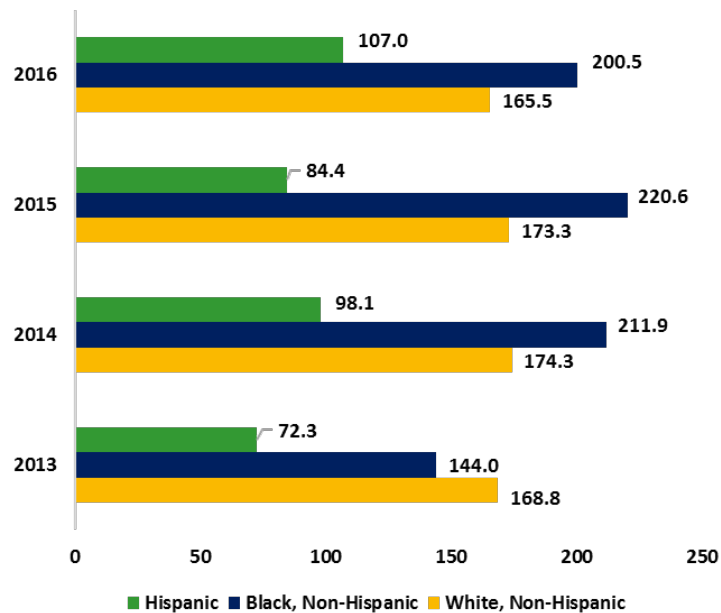
Healthy People 2020

Baseline: 179.3
Target: 161.4
Ocean County 2016: 162.6

- In 2016, the mortality rate for malignant neoplasm deaths among Blacks in Ocean County was higher than the rates for Whites and Hispanics.
- Beginning in 2014, the mortality rate for cancer among Blacks in Ocean County has been higher than Whites who historically experienced a higher death rate than Hispanics.

Deaths Due to Malignant Neoplasms (Cancer): By Race/Ethnicity
State & County Comparisons, 2014-2016

Legend: ■ New Jersey ■ Ocean ■ Monmouth

Race/Ethnicity	New Jersey	Ocean	Monmouth
WHITE, NON-HISPANIC	157.7	165.5	141.5
BLACK, NON-HISPANIC	173.2	200.5	150.0
HISPANIC	96.6	107.0	94.8

Ocean County

Year	Hispanic	Black, Non-Hispanic	White, Non-Hispanic
2016	107.0	200.5	165.5
2015	84.4	220.6	173.3
2014	98.1	211.9	174.3
2013	72.3	144.0	168.8

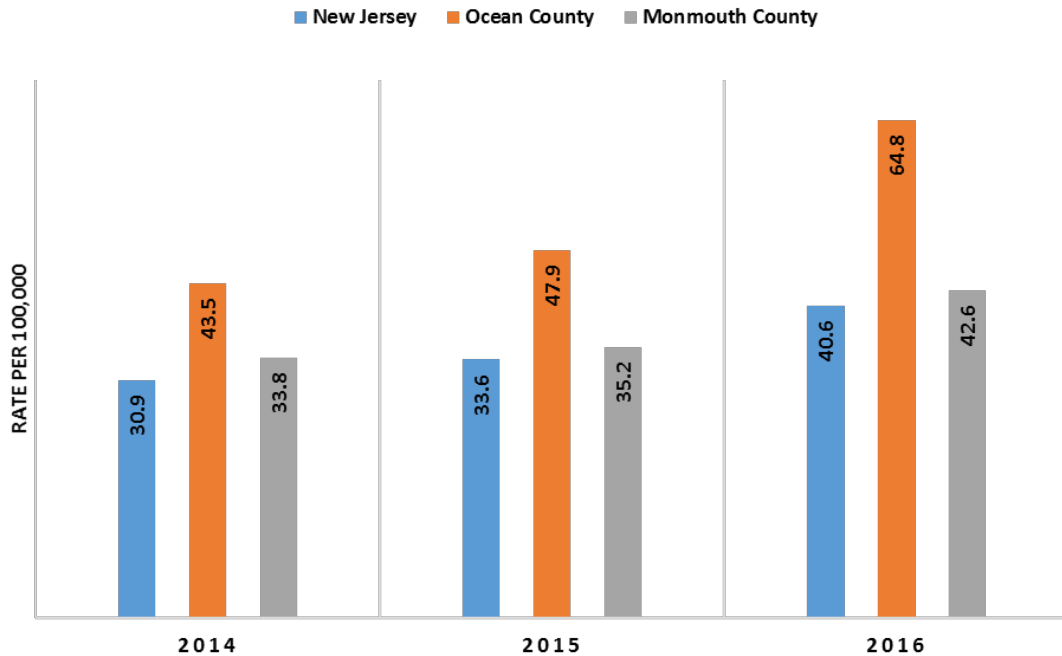Legend: ■ Hispanic ■ Black, Non-Hispanic ■ White, Non-Hispanic

Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

Unintentional Injuries (3)

The majority of unintentional injuries are preventable and predictable. Deaths due to unintentional injury often occur as a result of motor vehicle accidents, falls, firearms, drownings, suffocations, bites, stings, sports/recreational activities, natural disasters, fires, burns and poisonings. Public Health prevention strategies including minimum age drinking requirements, seatbelt and helmet laws, smoke alarms, exercise programs and other safety awareness campaigns reduce unintentional injury and death.[54]

- The unintentional injury death rate increased between 2014 and 2016 from (43.5/100,000) to (64.8/100,000). Ocean County ranked in the bottom performing quartile among New Jersey counties and according to the *Healthy People 2020* target.
- The 2016 Ocean County unintentional injury AAMR was higher than the State (40.6/100,000) and Monmouth County (42.6/100,000).
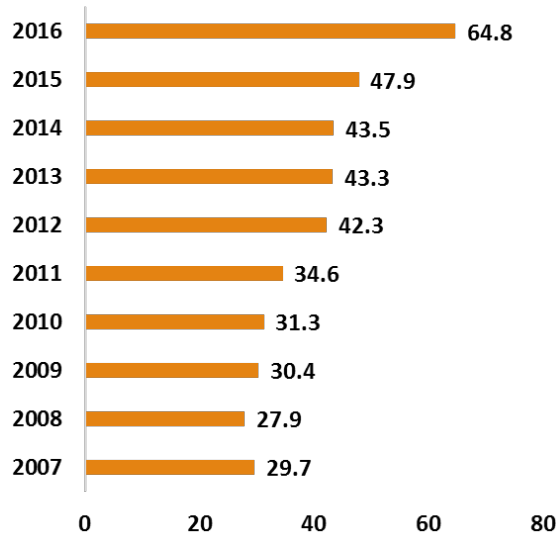
**Unintentional Injuries
State & County Comparisons, 2014-2016**

Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

---

[54] http://www.cdph.ca.gov/programs/ohir/Pages/UnInjury2010Background.aspx

Unintentional Injuries
Ocean County – Trend

Year	Rate
2016	64.8
2015	47.9
2014	43.5
2013	43.3
2012	42.3
2011	34.6
2010	31.3
2009	30.4
2008	27.9
2007	29.7

Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

Healthy People 2020

Baseline: 40.4
Target: 36.4
Ocean County 2016: 64.8

- The 2016 unintentional injury death rate for Whites (71.2/100,000) was higher than the rate for Hispanics (44.9/100,000).

Unintentional Injuries: Age-Adjusted Rate/100,000 Population by Race/Ethnicity
State & County Comparisons, 2014-2016

Race/Ethnicity	New Jersey	Ocean	Monmouth
White, Non-Hispanic	50.5	71.2	46.2
Black, Non-Hispanic	41.9	#N/A	#N/A
Hispanic	28.9	44.9	32.7

Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.
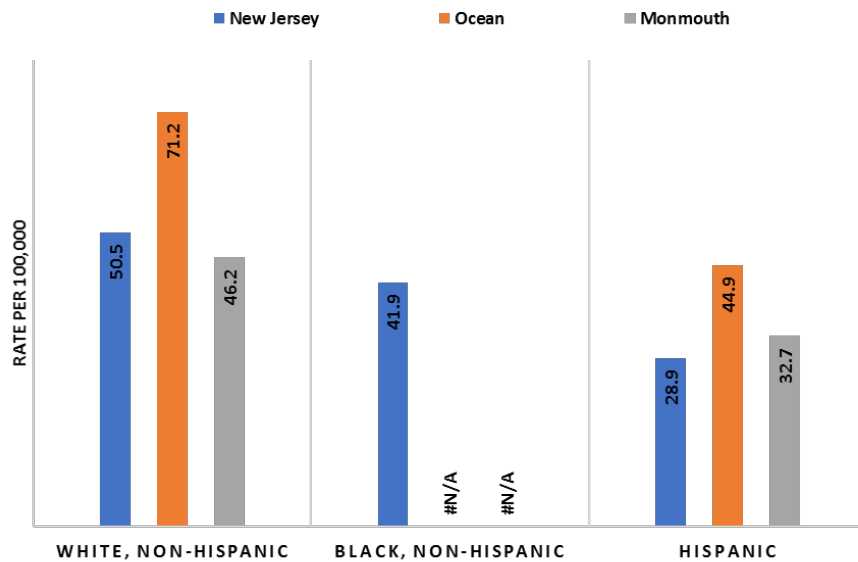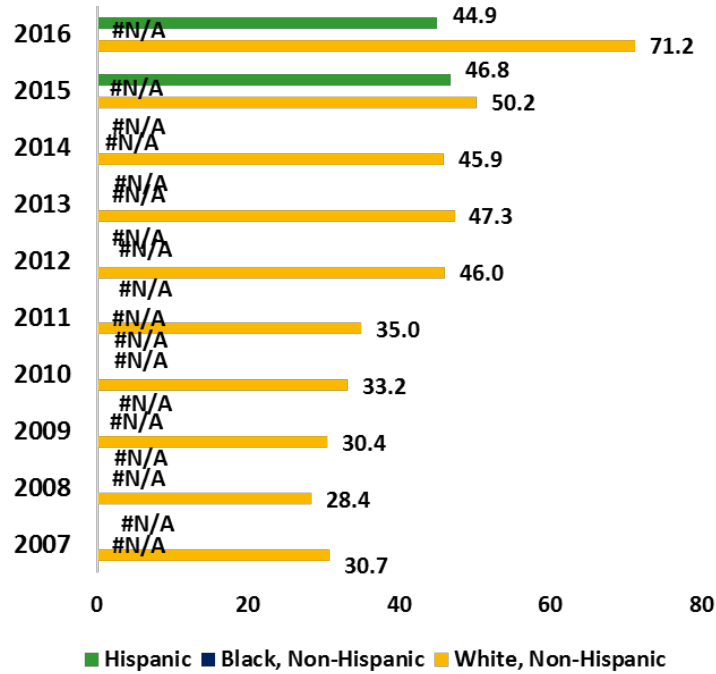
Unintentional Injuries: Age-Adjusted Rate/100,000 Population by Race/Ethnicity Ocean County
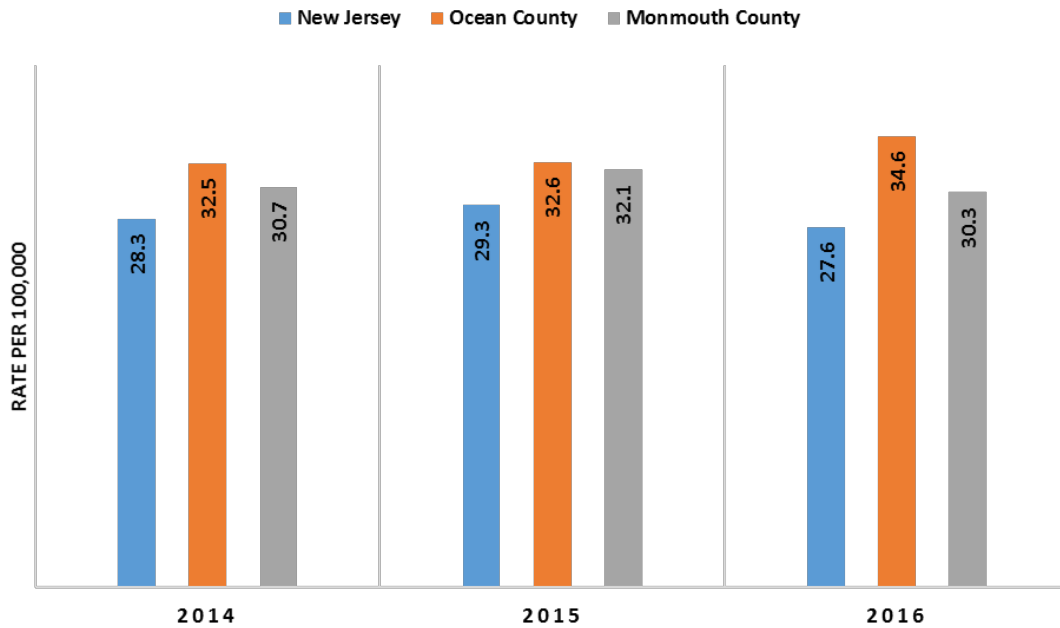

Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.
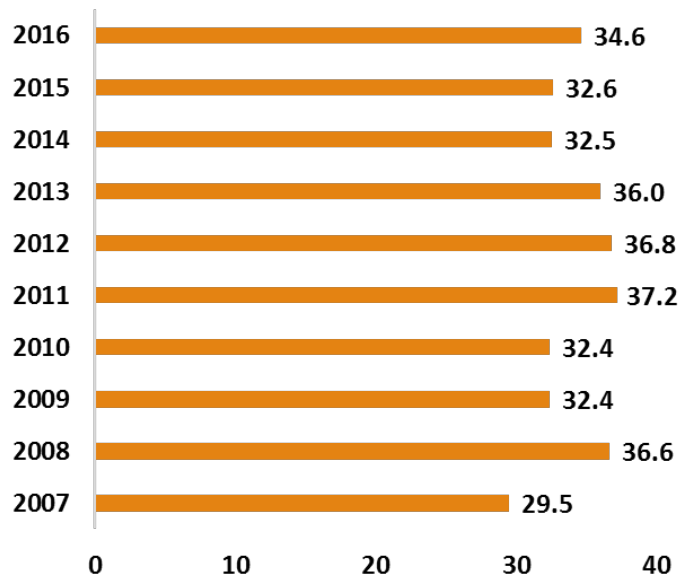
Chronic Lower Respiratory Disease (4)

Chronic Lower Respiratory Diseases (CLRD) is the fourth leading cause of death in Ocean County. CLRD includes chronic bronchitis, emphysema, and asthma, all characterized by shortness of breath caused by airway obstruction. The obstruction is irreversible in chronic bronchitis and emphysema and reversible in asthma.

- In 2016, the countywide AAMR due to chronic lower respiratory disease in Ocean County was higher than the statewide rate and the rate in Monmouth County.
- Since 2014, the AAMR for chronic lower respiratory disease has increased from 32.5/100,000 in 2007 to 34.6/100,000 in 2016.
- Countywide the rate among White Ocean County residents rose from 34.2/100,000 in 2014 to 36/100,000 in 2016.

Deaths Due to Chronic Lower Respiratory Disease
Age-Adjusted Rate/100,000 Population
State & County Comparisons, 2014-2016

■ New Jersey ■ Ocean County ■ Monmouth County

RATE PER 100,000

2014
- 28.3
- 32.5
- 30.7

2015
- 29.3
- 32.6
- 32.1

2016
- 27.6
- 34.6
- 30.3

Ocean County

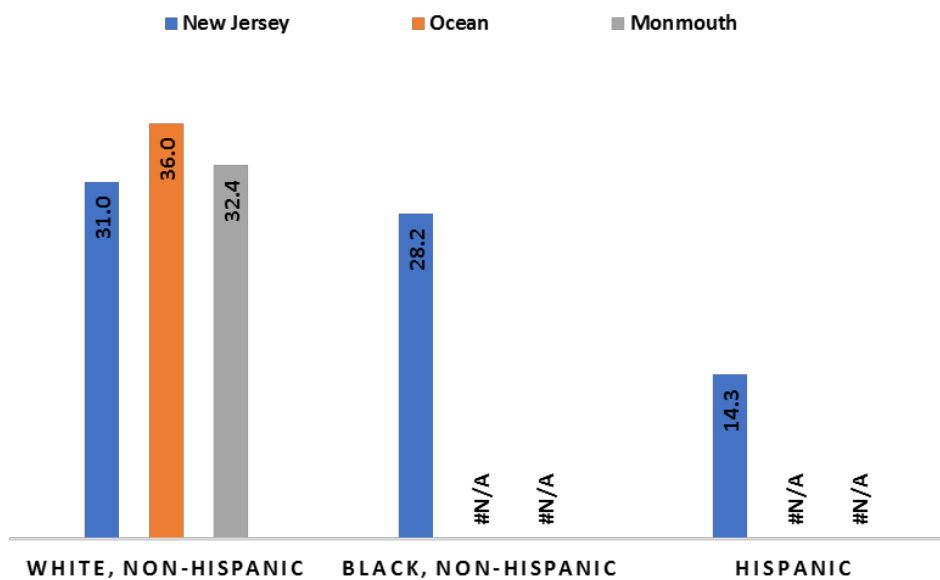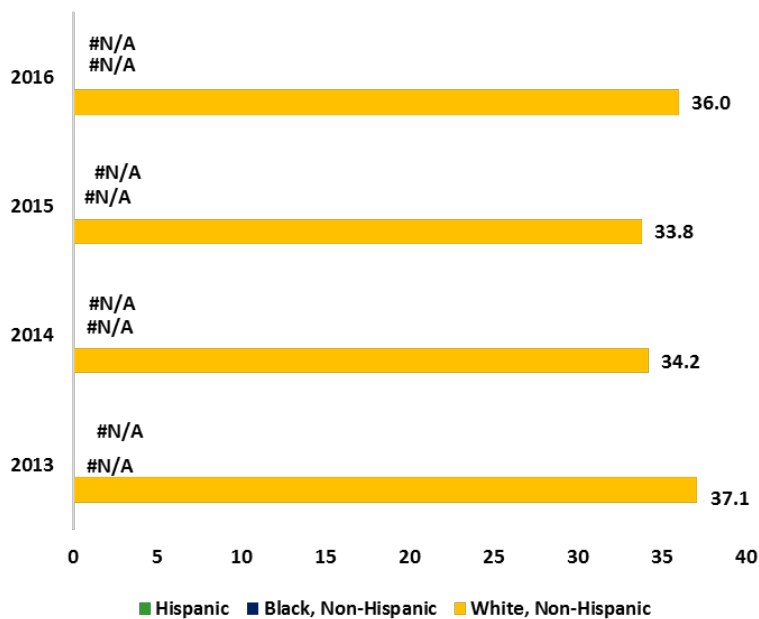| Year	Rate
2016	34.6
2015	32.6
2014	32.5
2013	36.0
2012	36.8
2011	37.2
2010	32.4
2009	32.4
2008	36.6
2007	29.5

0   10   20   30   40

Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

Deaths Due to Chronic Lower Respiratory: Age-Adjusted Rate/100,000 Population
By Race/Ethnicity
State & County Comparisons, 2014-2016

Legend: ■ New Jersey   ■ Ocean   ■ Monmouth

WHITE, NON-HISPANIC
- New Jersey: 31.0
- Ocean: 36.0
- Monmouth: 32.4

BLACK, NON-HISPANIC
- New Jersey: 28.2
- Ocean: #N/A
- Monmouth: #N/A

HISPANIC
- New Jersey: 14.3
- Ocean: #N/A
- Monmouth: #N/A

Ocean County

Legend: ■ Hispanic   ■ Black, Non-Hispanic   ■ White, Non-Hispanic

- 2016: #N/A (Hispanic), #N/A (Black, Non-Hispanic), 36.0 (White, Non-Hispanic)
- 2015: #N/A (Hispanic), #N/A (Black, Non-Hispanic), 33.8 (White, Non-Hispanic)
- 2014: #N/A (Hispanic), #N/A (Black, Non-Hispanic), 34.2 (White, Non-Hispanic)
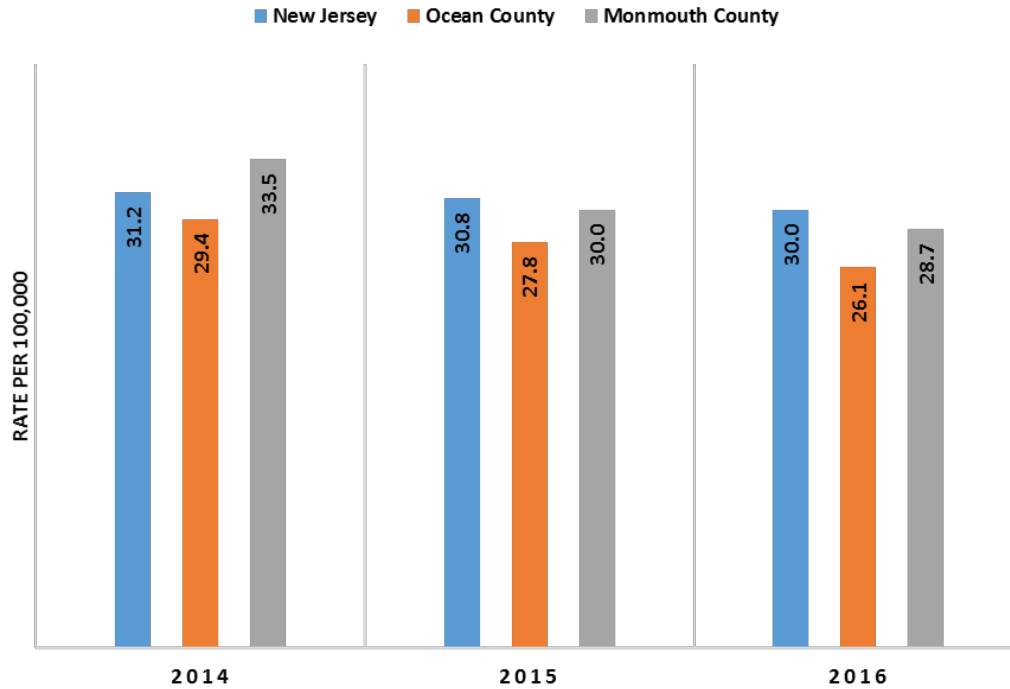- 2013: #N/A (Hispanic), #N/A (Black, Non-Hispanic), 37.1 (White, Non-Hispanic)

Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

Stroke (Cerebrovascular Diseases) (5)

A stroke occurs when a clot blocks blood supply to the brain or if a blood vessel within the brain bursts.

- The Ocean County stroke AAMR decreased from 2014 (29.4/100,000) to 2016 (26.1/100,000). In 2016, the County AAMR was lower than the *Healthy People 2020* target (34.8/100,000).
- The 2016 Ocean County stroke AAMR (26.1/100,000) was lower than the State (30.0/100,000) and Monmouth County (28.7/100,000) and ranks in the top quartile statewide.
- Over the last 10 years, the stroke mortality rate ranged from a high of 31.8/100,000 in 2010 to a low of 26.2/100,000 in 2016.

**Deaths Due to Stroke: Age-Adjusted Rate/100,000 Population
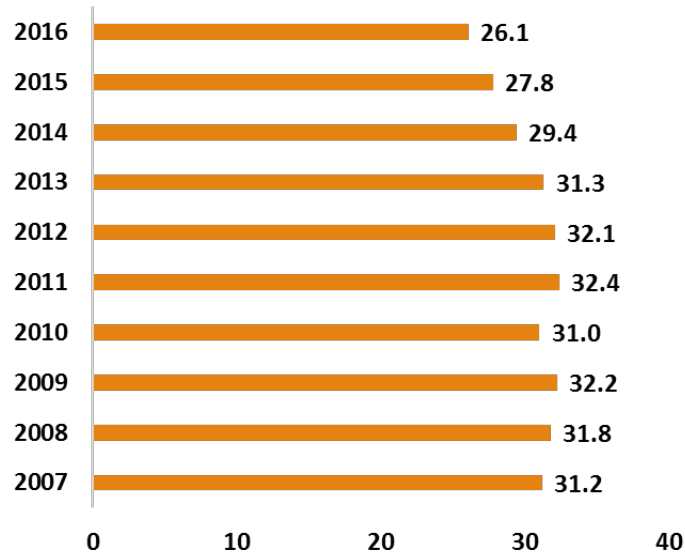State & County Comparisons, 2014-2016**

Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

*Baseline: 43.5
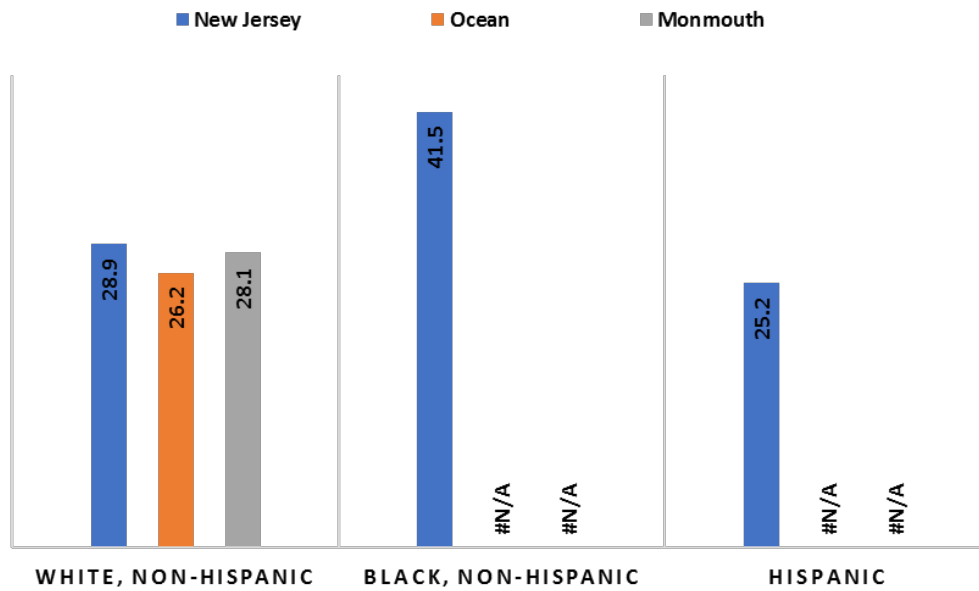Target: 34.8
Ocean County 2016: 26.1*

Deaths Due to Stroke: Age-Adjusted Rate/100,000 Population
Ocean County – Trend

Year	Rate
2016	26.1
2015	27.8
2014	29.4
2013	31.3
2012	32.1
2011	32.4
2010	31.0
2009	32.2
2008	31.8
2007	31.2

Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.
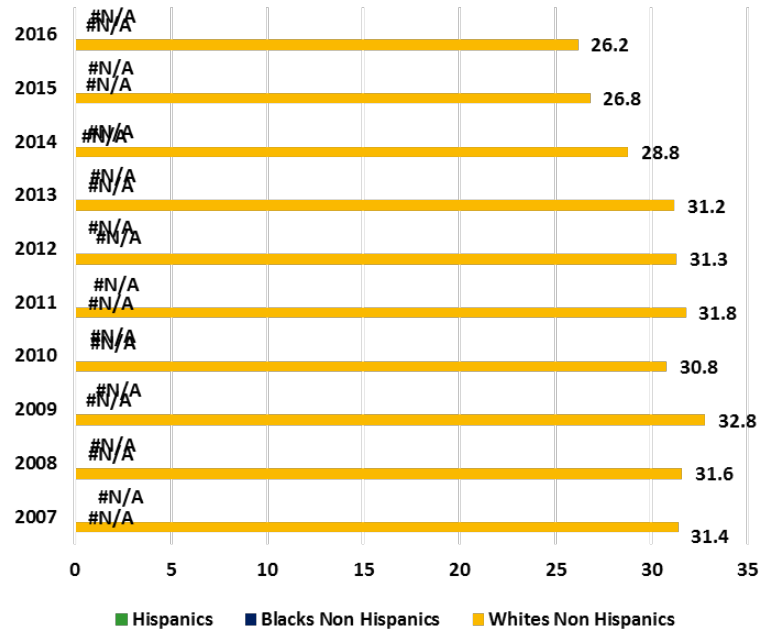
- By race/ethnicity in 2016, Whites (26.2/100,000) saw similar mortality decline between 2009-2016.

Deaths Due to Stroke: Age-Adjusted Rate/100,000 Population By Race/Ethnicity
State & County Comparisons, 2014-2016

Legend: ■ New Jersey ■ Ocean ■ Monmouth

	White, Non-Hispanic	Black, Non-Hispanic	Hispanic
New Jersey	28.9	41.5	25.2
Ocean	26.2	#N/A	#N/A
Monmouth	28.1	#N/A	#N/A

Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

Deaths Due to Stroke: Age-Adjusted Rate/100,000 Population By Race/Ethnicity
Ocean County – Trend

Year	White Non Hispanics
2016	26.2
2015	26.8
2014	28.8
2013	31.2
2012	31.3
2011	31.8
2010	30.8
2009	32.8
2008	31.6
2007	31.4

■ Hispanics ■ Blacks Non Hispanics ■ Whites Non Hispanics

Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2016 is most recent year available.

| Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Deaths Due to Diseases of The Heart *Age-Adjusted Rate/100000 Population*	RED	N.A.	RED
Deaths Due to Diseases of The Heart (Black, Non-Hispanic) *Age-Adjusted Rate/100000 Population*	N.A.	N.A.	RED
Deaths Due to Malignant Neoplasms (Cancer) *Age-Adjusted Rate/100000 Population*	YELLOW	N.A.	YELLOW
Deaths Due to Malignant Neoplasms (Cancer) (Black, Non-Hispanic) *Age-Adjusted Rate/100000 Population*	N.A.	N.A.	
Deaths Due to Cerebrovascular Disease (Stroke) *Age-Adjusted Rate/100000 Population*	GREEN	N.A.	GREEN
Deaths Due to Cerebrovascular Disease (Stroke) (Whites, Non-Hispanic) *Age-Adjusted Rate/100000 Population*	N.A	N.A.	GREEN
Deaths Due to Unintentional Injuries *Age-Adjusted Rate/100000 Population*	RED	N.A.	RED
Deaths Due to Unintentional Injuries (Whites, Non-Hispanic) *Age-Adjusted Rate/100000 Population*	N.A.	N.A.	RED
Deaths Due to Chronic Lower Respiratory Deaths *Age-Adjusted Rate/100000 Population*	N.A.	N.A	YELLOW
Deaths Due to Chronic Lower Respiratory Deaths (Whites , Non-Hispanic) *Age-Adjusted Rate/100000 Population*	N.A	N.A	YELLOW

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

2.   *Premature Deaths*

An alternate method to reviewing crude or age-adjusted death rates as a measure of premature mortality is assessing Years of Potential Life Lost (YPLL). YPLL calculates the number of years of potential life lost for each death occurring before a predetermined end point, in this case, age 75 per 100,000 population. Premature deaths are reviewed to highlight potentially preventable adverse outcomes.

- The Ocean County YPLL rate increased from 6,161.8/100,000 for the period 2010-2012, to 6,397.6/100,000 for the period from 2014-2016. The 2014-2016 Ocean County YPLL rate (6,397.6/100,000) was higher than the statewide rate (5,469.35/100,000) and ranks in the middle performing statewide quartile.
- The 2014-2016 Ocean County YPLL rate (6,397.6/100,000) was in the middle quartile for the County Health Ranking benchmark (5,300/100,000).
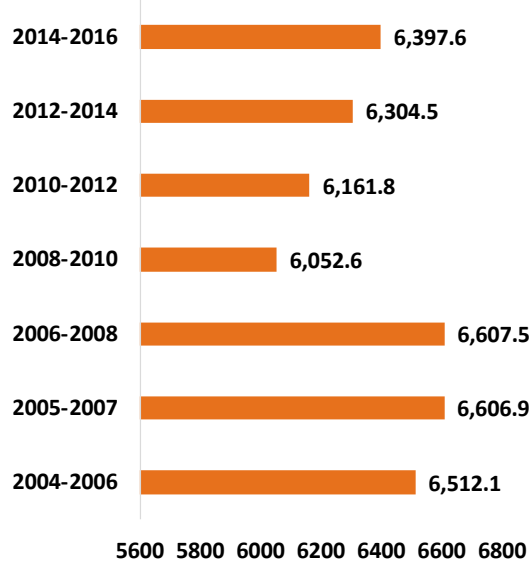
Premature Death: Years of Potential Life Lost Before Age 75: Age-Adjusted Rate/100,000 Population State & County Comparisons, 2010-2016
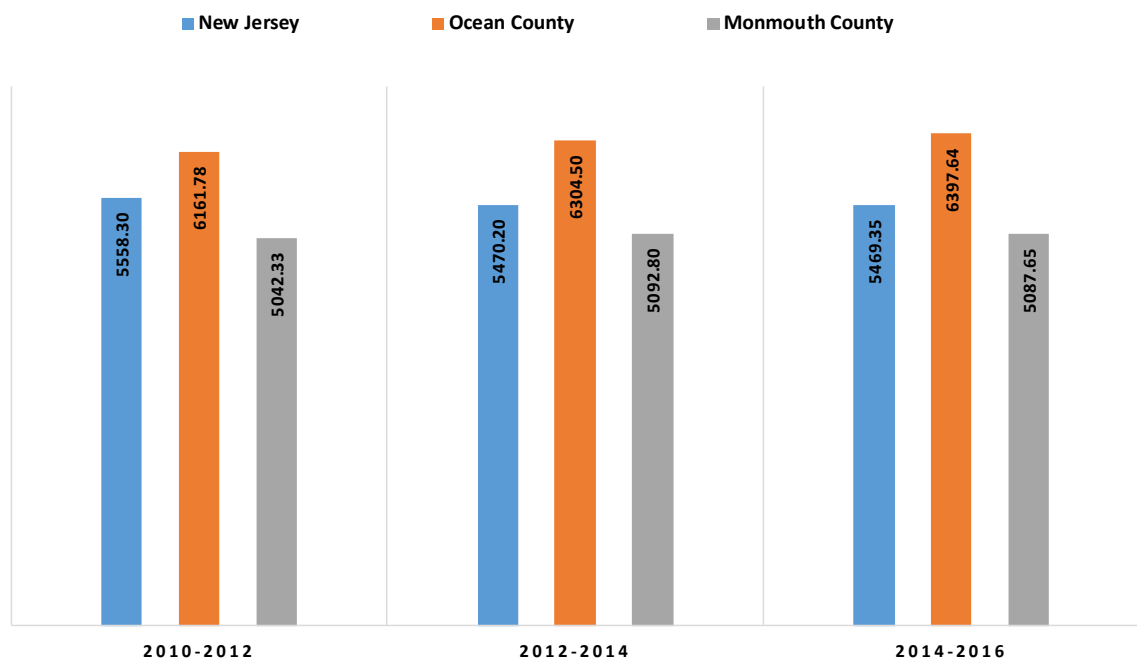
Source: County Health Rankings; National Vital Statistics System
Note: Every death occurring before the age of 75 contributes to the total number of years of potential life lost

Premature Death: Years of Potential Life Lost Before Age 75: Age-Adjusted Rate/100,000 Population Ocean County

Period	Value
2014-2016	6,397.6
2012-2014	6,304.5
2010-2012	6,161.8
2008-2010	6,052.6
2006-2008	6,607.5
2005-2007	6,606.9
2004-2006	6,512.1

5600 5800 6000 6200 6400 6600 6800

Source: County Health Rankings; National Vital Statistics System
Note: Every death occurring before the age of 75 contributes to the total number of years of potential life lost

County Health Rankings & Roadmaps
Building a Culture of Health, County by County
A Robert Wood Johnson Foundation program

National Benchmark: 5300.00
Ocean County 2014-2016: 6,397.64

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Premature Death: Years of Potential Life Lost Before Age 75 *Age-Adjusted Rate/100000 Population*	N.A.		

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
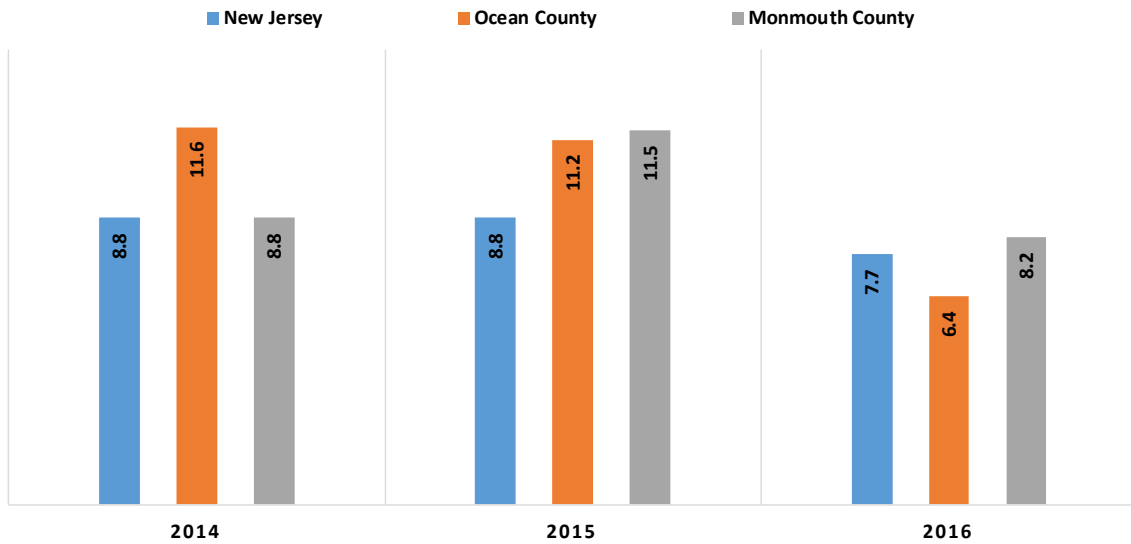Green: Best Performing Quartile

3.   *Behavioral Health-Related Deaths*

Mental health is a state of well-being in which an individual realizes his or her own abilities, copes with normal life stresses, works productively, and is able to contribute to his or her community. Mental illness includes diagnosable mental disorders or health conditions characterized by alterations in thinking, mood, or behavior (or some combination thereof) associated with distress and/or impaired functioning. Depression, the most common type of mental illness, is associated with higher rates of chronic disease, increased health care utilization, and impaired functioning. However, rates of mental illness treatment remain low, and often the treatment received is inadequate.

- Statewide deaths due to   decreased from 2014 (8.8/100,000) to 2016 (7.7/100,000), or 12.5%, while Ocean County's suicide rate declined from 11.6/100,000 to 6.4/100,000 for the same period.
- Ocean County's 2016 suicide rate was lower than the rate statewide and for Monmouth County and ranked in the middle quartile for all New Jersey counties.
- The 2016 Ocean County suicide rate (6.4/100,000) was lower than the *Healthy People 2020* target (10.2/100,000) and ranked in the top performing quartile.

Deaths Due to Suicide: Age-Adjusted Rate/100,000 Population

State & County Comparisons, 2014-2016

- New Jersey
- Ocean County
- Monmouth County

2014
- New Jersey: 8.8
- Ocean County: 11.6
- Monmouth County: 8.8

2015
- New Jersey: 8.8
- Ocean County: 11.2
- Monmouth County: 11.5

2016
- New Jersey: 7.7
- Ocean County: 6.4
- Monmouth County: 8.2

Ocean County

Year	Rate
2016	6.4
2015	11.2
2014	11.6
2013	12.4
2012	8.6
2011	9.2
2010	9.5
2009	10.8
2008	9.6
2007	5.8

Source: NJDOH Center for Health Statistics; NJ State Health Assessment Data

Healthy People 2020
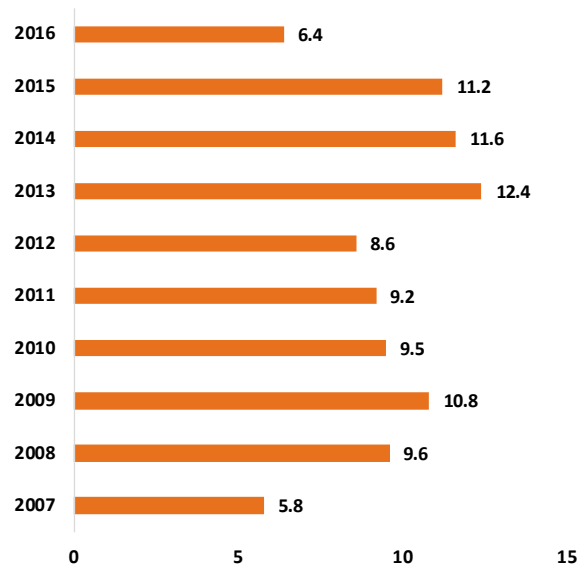
Baseline: 11.3
Target: 10.2
Ocean County 2016: 6.4

- Between 2014 and 2016, the rate of drug overdose deaths in Ocean County increased from 22.9/100,000 to 40.8/100,000.
- Drug overdose deaths in Ocean County increased from 134 to 242.

**Drug Overdose Deaths, Rate/100,000 Population
State & County Comparisons, 2016**
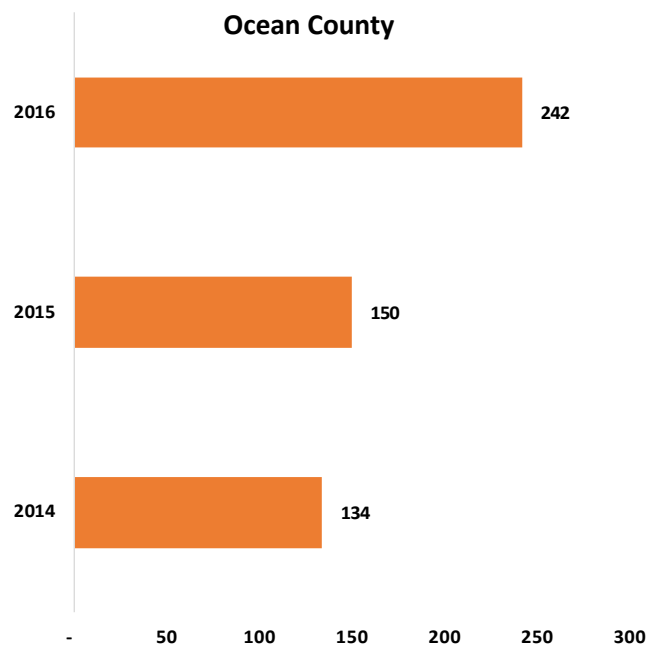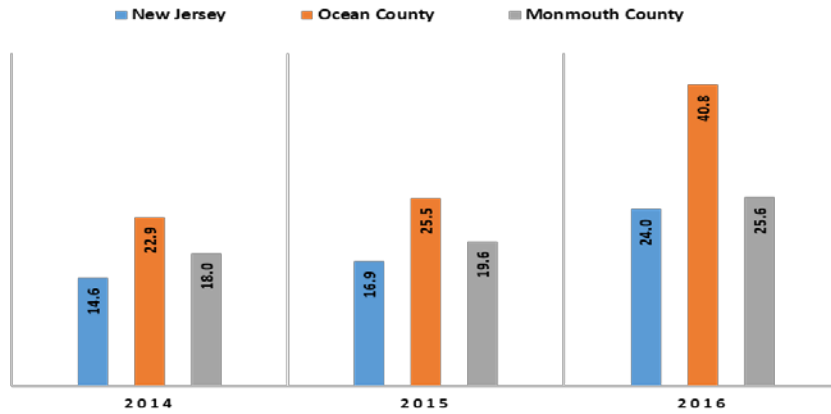
Source: http://www.nj.gov/humanservices/dmhas/publications/statistical/
Substance%20Abuse%20Overview/2016/statewide.pdf

*National Benchmark: 10
Ocean County 2016: 25.0*

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Deaths Due to Suicide *Age-Adjusted Rate/100,000 Population*	🟩	N.A.	🟨
Drug overdose deaths	N.A.	🟥	

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
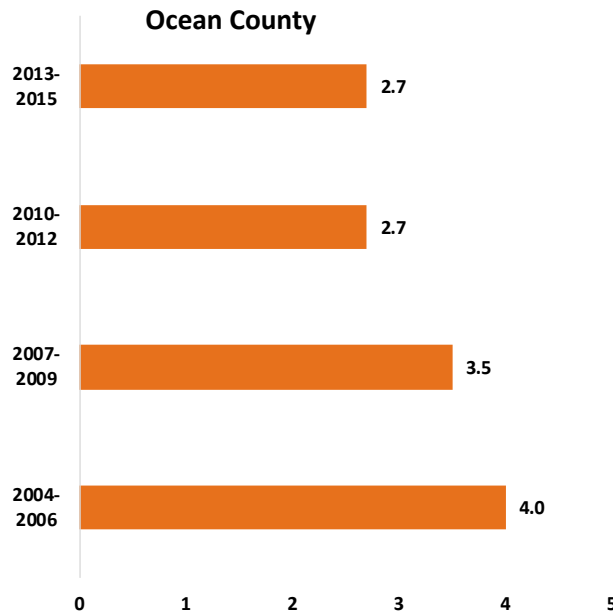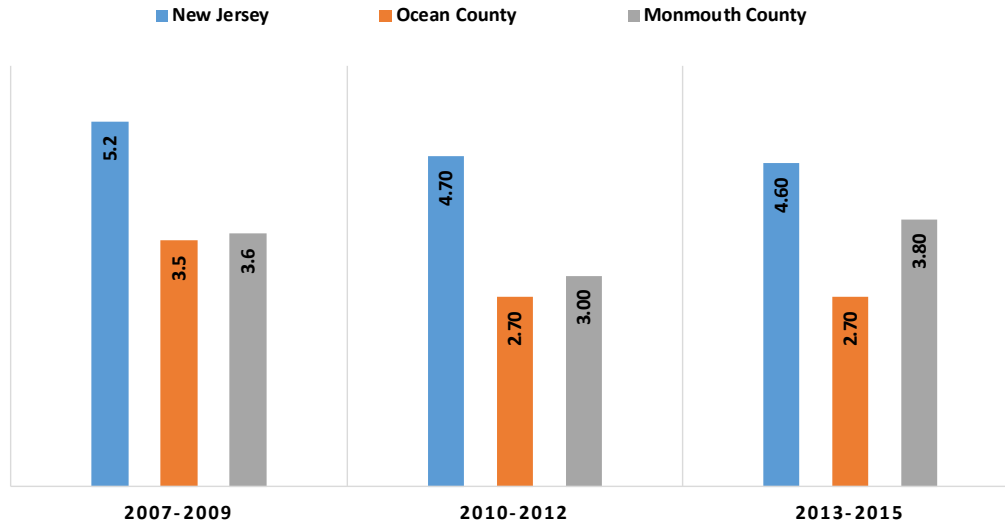Green: Best Performing Quartile

4.   *Infant Mortality*

Infant mortality, the death of a baby prior to his or her first birthday, is t*raditionally* used as an indicator of the health and well-being of a nation. Infant mortality is calculated as the number of infant deaths under age 1 per 1,000 live births. Great disparities exist in infant mortality by age, race, and ethnicity. Most frequent causes are serious birth defect, preterm birth / low birth weight, Sudden Infant Death Syndrome (SIDS), maternal complications of pregnancy, and injury.[55]

- The overall infant mortality rate declined statewide from the period 2007-2009 (5.2/100,000) to 2013-2015 (4.6/100,000).
- The Ocean County infant mortality rate declined from (3.5/100,000) during the period 2007 to 2009 to (2.7/100,000) between 2013 and 2015.
- Ocean County ranks in the top performing quartile among New Jersey counties for overall infant mortality in 2013-2015 and is in the best performing quartile for the *Healthy People 2020* target and the County Health Ranking benchmark.

---

[55] http://www.cdc.gov/reproductivehealth/maternalinfanthealth/infantmortality.htm

Infant Mortality Rate: Rate of Infant (Under 1 Year) Deaths/1,000 Live Births
State & County Comparisons, 2007-2015

■ New Jersey ■ Ocean County ■ Monmouth County

2007-2009
- New Jersey: 5.2
- Ocean County: 3.5
- Monmouth County: 3.6

2010-2012
- New Jersey: 4.70
- Ocean County: 2.70
- Monmouth County: 3.00

2013-2015
- New Jersey: 4.60
- Ocean County: 2.70
- Monmouth County: 3.80

Ocean County

- 2013-2015: 2.7
- 2010-2012: 2.7
- 2007-2009: 3.5
- 2004-2006: 4.0

Source: NJDOH Center for Health Statistics NJ State Health Assessment Data – 2015 is most recent year available.

Baseline: 6.7
Target: 6.0
Ocean County 2013-2015: 2.7

Healthy People 2020

County Health Rankings & Roadmaps
Building a Culture of Health, County by County
A Robert Wood Johnson Foundation program

National Benchmark: 4.0
Ocean County 2015: 2.7

5.   *Low and Very Low Birth Weight Infants*

Birth weight is the most important factor affecting neonatal mortality and a significant determinant of post neonatal mortality. Low birth weight infants (less than 2,500 grams) are at an increased risk for health problems ranging from neurodevelopmental disabilities to respiratory disorders.[56]   Racial disparities in low birth weight babies persist; nationally, non-Hispanic Black infants continue to die at nearly twice the rate of non-Hispanic Whites.

Low Birth Weight
- In 2016, Ocean County had a lower percentage of low birth weight babies (6.4%) than the State (8.1%) and Monmouth County (7.4%).
- The 2016 percent of Ocean County low birth weight babies was lower than the *Healthy People 2020* target of 7.8%.
- The percentage of Ocean County low birthweight babies was higher among Blacks (20.1%) than for Whites (5.8%) and Hispanics (6.4%) in 2016.

Very low birth weight babies (less than 1,500 grams) are at greater risk of adverse outcomes than low birth weight babies.

Very Low Birth Weight
- In 2016, 0.9% of Ocean County babies were very low birth weight as compared to 1.4% statewide.
- The 2016 percent of very low birth weight babies in Ocean County was lower than the rate in Monmouth County (1.0%).
- By race, between 2011 and 2016, the percent of low birth weight babies decreased among Whites from 1.0% to 0.7%, increased from 3.1% to 3.9% for Blacks, and increased from 1.3% to 1.5% for Hispanics.

---

[56] http://www.cdc.gov/PEDNSS/how_to/interpret_data/case_studies/low_birthweight/what.htm

Birth Weight: Percent of Live Births with Low and Very Low Birth Weight
State & County Comparisons, 2016
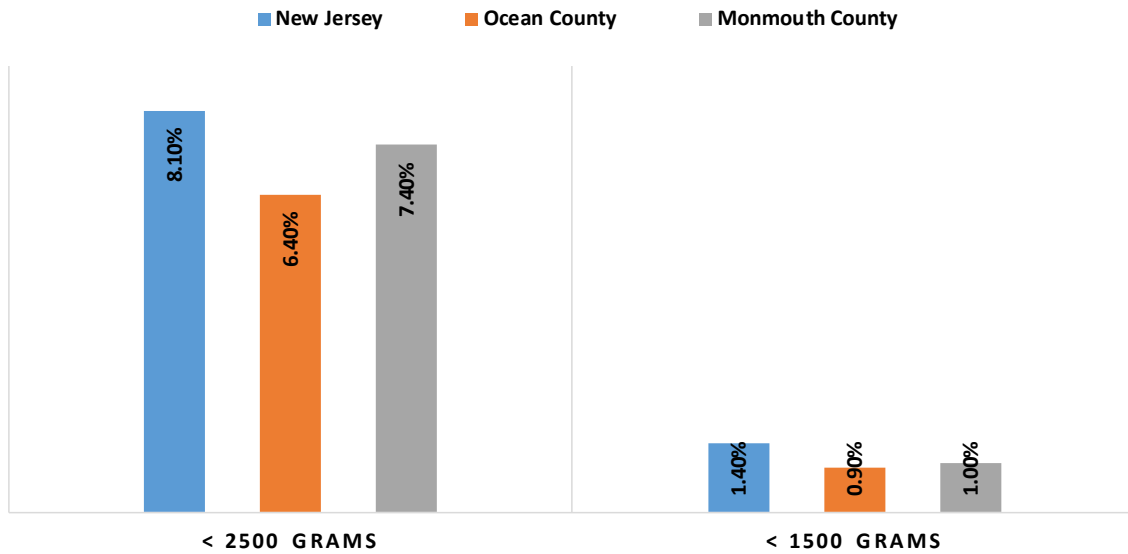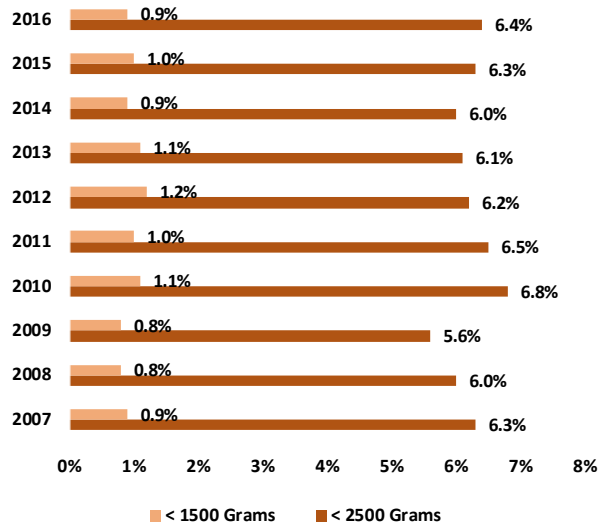
■ New Jersey ■ Ocean County ■ Monmouth County

< 2500 GRAMS

- New Jersey: 8.10%
- Ocean County: 6.40%
- Monmouth County: 7.40%

< 1500 GRAMS

- New Jersey: 1.40%
- Ocean County: 0.90%
- Monmouth County: 1.00%

Ocean County

| Year	< 1500 Grams	< 2500 Grams
2016	0.9%	6.4%
2015	1.0%	6.3%
2014	0.9%	6.0%
2013	1.1%	6.1%
2012	1.2%	6.2%
2011	1.0%	6.5%
2010	1.1%	6.8%
2009	0.8%	5.6%
2008	0.8%	6.0%
2007	0.9%	6.3%

■ < 1500 Grams ■ < 2500 Grams

Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database
Note: Percentages are based on the total number of live births for the County and State

Healthy People 2020

<2500/<1500
Baseline: 8.20% / 1.50%
Target: 7.80% / 1.40%
Ocean County 2016: 6.40% / 0.90%

Low Birth Weight by Mother's Race/Ethnicity: Percent of Live Births with Low Birth Weight Ocean County, 2011-2016
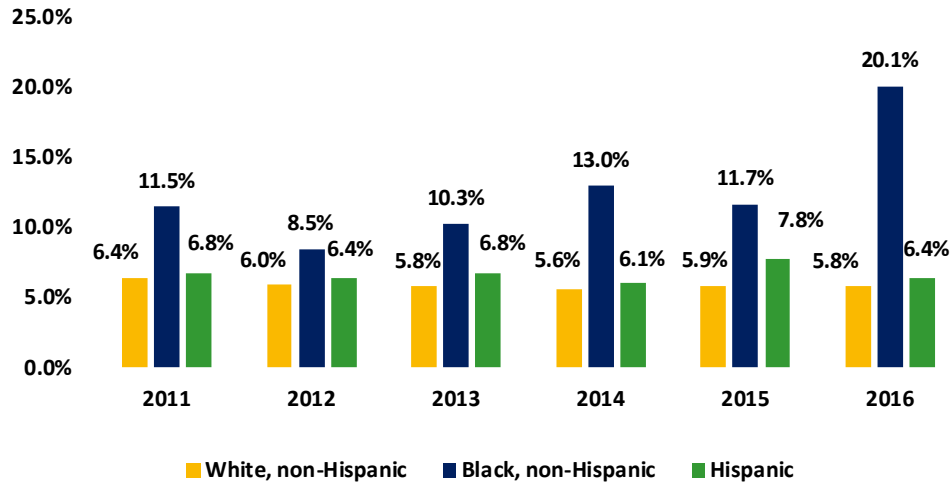
Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database
Note: *Percentages are based on the total number of Low or Very Low Birth Weight Births / Live births for the County and State
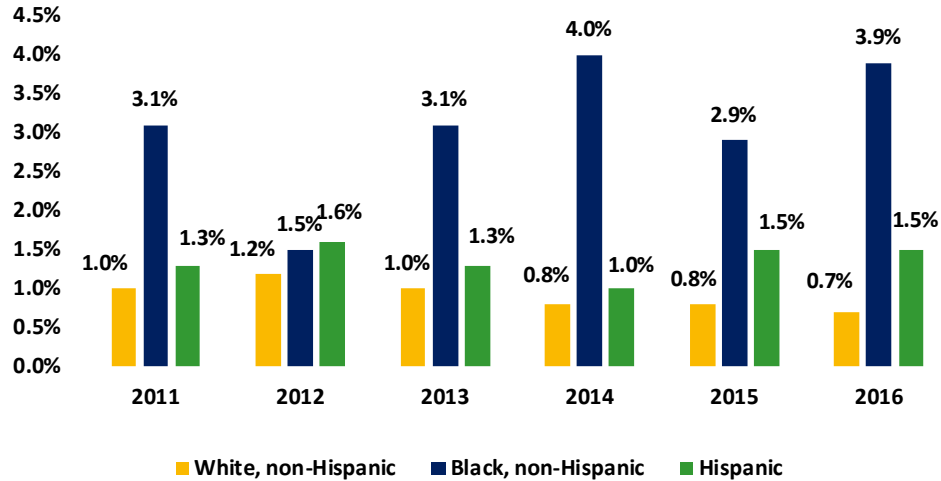
Very Low Birth Weight by Mother's Race/Ethnicity: Percent of Live Births with Very Low Birth Weight Ocean County, 2011-2016

Source: NJDOH Bureau of Vital Statistics and Registration NJ Birth Certificate Database
Note: *Percentages are based on the total number of Low or Very Low Birth Weight Births / Live births for the County and State

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Infant Mortality Rate *Rate of Infant (Under 1 Year) Deaths/ 1000 Live Births*			
Low Birthweight (<2500 Grams) *Percentage of Live Births*		N.A.	
Low Birthweight (<2500 Grams) (Black Non-Hispanic) *Percentage of Live Births*	N.A.	N.A.	
Very Low Birthweight (<1500 Grams) *Percentage of Live Births*		N.A.	
Very Low Birthweight (<1500 Grams) (Black Non-Hispanic) *Percentage of Live Births*	N.A.	N.A.	

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

6.   Health Status and Behavioral Health Status

Health status and behavioral health status are broad multidimensional concepts including self-report measures of physical and mental health.

Behavioral Risk Factor Surveillance System (BRFSS), the nation's premier system of health-related telephone surveys, collects data about U.S. residents regarding health-related risk behaviors, chronic health conditions and use of preventive services. In 1984, the survey began collecting data in 15 states and is currently conducted in all states including Washington D.C. and three United States territories. The most recent data available are for the year 2016.

General Health Status
- Between 2012 and 2016, BRFSS data reported an increase in the percent of Ocean County residents who indicate their health as "poor or fair," from 16.8% to 17.6%.
- In 2016, 17.5% of New Jersey respondents report that their health is "fair or poor," slightly lower than the rate among Ocean County residents.
- As compared to all New Jersey counties, Ocean County residents with "fair or poor" health rank in the middle performing quartile.
- As compared to the County Health Ranking, Ocean County residents report with "fair or poor" health rank in the bottom quartile.

Percent of Respondents Reporting Their Health as "Fair or Poor"
State & County Comparisons, 2012-2016

■ New Jersey ■ Ocean County ■ Monmouth County

2012
- New Jersey: 16.10%
- Ocean County: 16.80%
- Monmouth County: 13.20%

2014
- New Jersey: 16.90%
- Ocean County: 18.50%
- Monmouth County: 11.90%

2016
- New Jersey: 17.50%
- Ocean County: 17.60%
- Monmouth County: 12.30%

Ocean County

Year	Percent
2016	17.6%
2015	18.2%
2014	18.5%
2013	16.3%
2012	16.8%
2011	13.9%
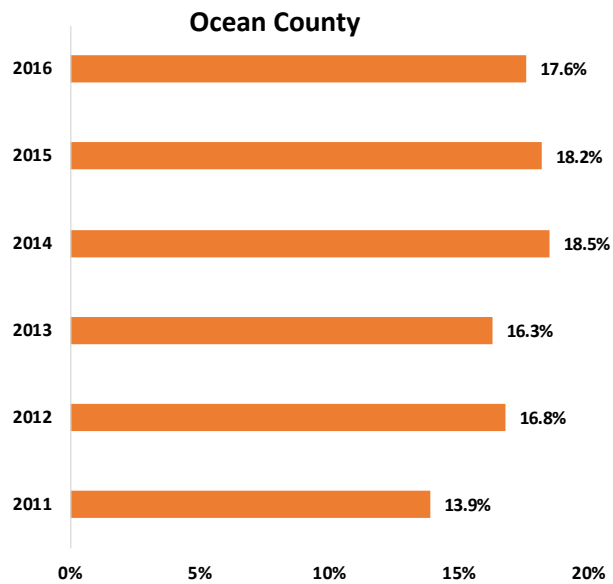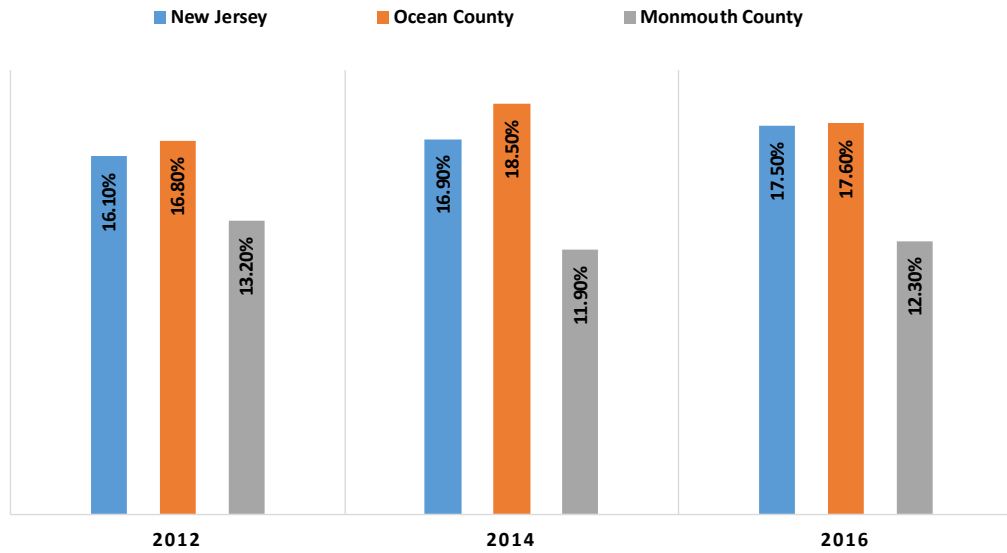
Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

County Health Rankings & Roadmaps
Building a Culture of Health, County by County
A Robert Wood Johnson Foundation program

National Benchmark: 12%
Ocean County 2016: 17.6%

- NJBRFSS reports that the number of Ocean County adults with 14 or more physically unhealthy days (in the last 30 days) increased 5.7 percentage points between 2012 (9.9%) and 2016 (15.6%).
- Ocean County residents with 14+/30 days of poor physical health rank in the poorest performing quartile in New Jersey and compared to the County Health Ranking benchmark.

Percent Reporting 14 or More of the Past 30 Days Physical Health Not Good: Age-Adjusted State & County Comparisons, 2014-2016

Ocean County

Source: New Jersey Behavioral Risk Factor Survey
Note: The physical health measure is based on response to the question: "Now thinking about your physical health which includes physical illness and injury for how many days during the past 30 days was your physical health not good?"

National Benchmark: 3.0%
Ocean County 2016: 15.6%

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
Reported "Fair" or "Poor" Health *Percent of Respondents*	N.A.	🟥	🟨
Physically Unhealthy Days Reported in the Past 30 Days *Average Age-Adjusted Number*	N.A.	🟥	🟥

RED:	Poorest Performing Quartile
Yellow:	Middle Quartiles
Green:	Best Performing Quartile

Behavioral Health Status

- County-wide, adults who report 14 or more of the past 30 days with "not good" mental health status decreased slightly from 15.4% in 2012, to 15.1% in 2016. The 2016 Ocean County report of 14+/30 days with "not good" mental health was higher than New Jersey at 10.7%.
- As compared to all New Jersey counties, Ocean County residents with 14+/30 days in poor physical health ranks in the worst performing quartile.
- As compared to County Health Ranking Ocean County ranks in the bottom quartile.

Frequent Mental Distress
Percent Reporting 14 or More of the Past 30 Days Mental Health Not Good
State & County Comparisons, 2014-2016

Legend: ■ New Jersey   ■ Ocean County   ■ Monmouth County

Year	New Jersey	Ocean County	Monmouth County
2014	10.5%	15.4%	10.6%
2015	10.7%	12.6%	10.7%
2016	10.7%	15.1%	7.6%

Source: New Jersey Behavioral Risk Factor Survey
Note: The physical health measure is based on response to the question: "Now thinking about your physical health which includes physical illness and injury for how many days during the past 30 days was your physical health not good?"
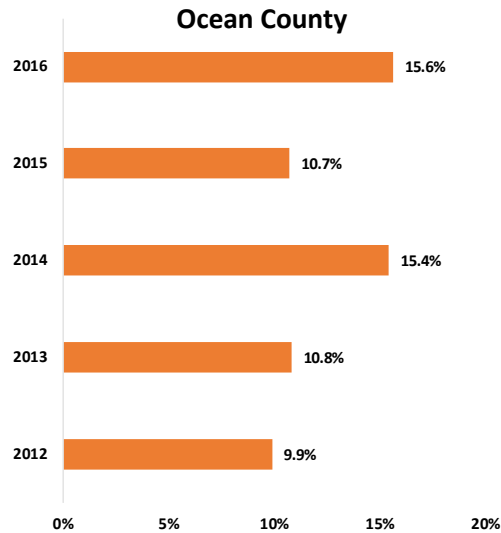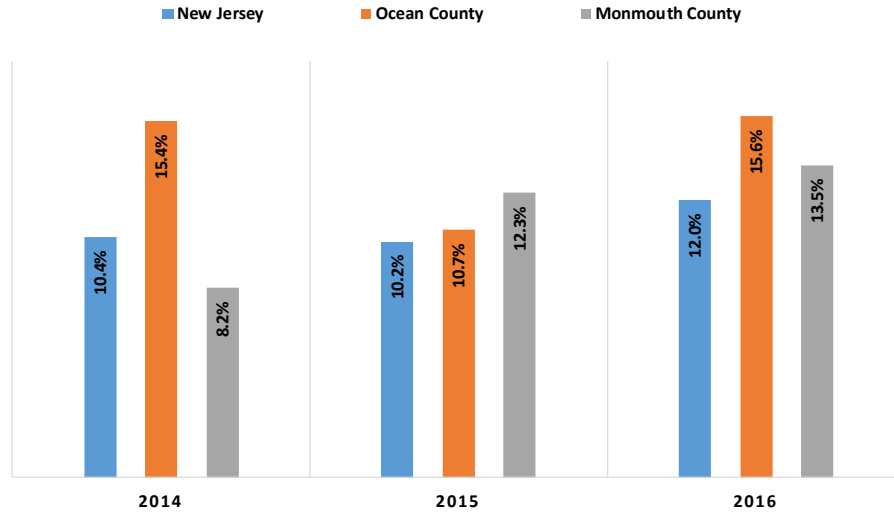
County Health Rankings & Roadmaps
Building a Culture of Health, County by County
A Robert Wood Johnson Foundation program

National Benchmark: 3.1%
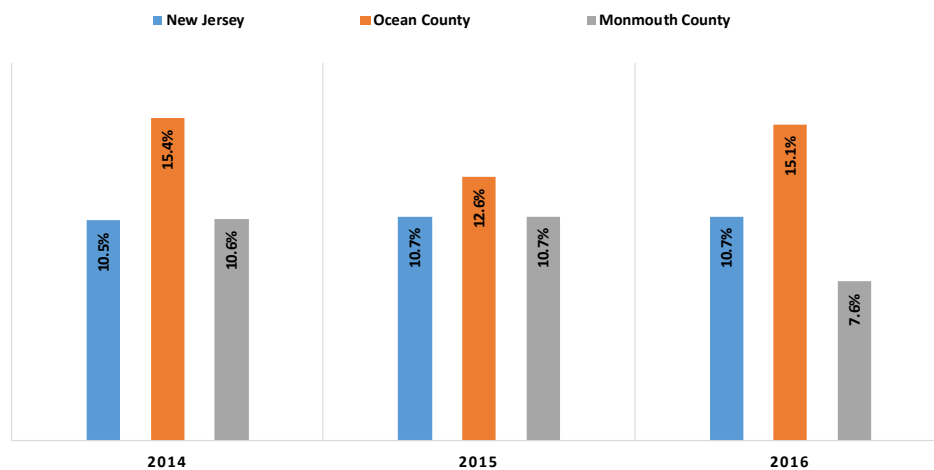*Ocean County 2016: 15.1%*

Frequent Mental Distress
Percent Reporting 14 or More of the Past 30 Days Mental Health Not Good
Ocean County – Trend

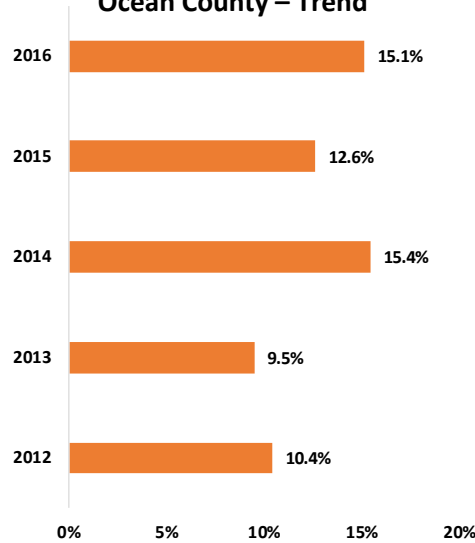| Year	Percent
2016	15.1%
2015	12.6%
2014	15.4%
2013	9.5%
2012	10.4%

Source: New Jersey Behavioral Risk Factor Survey
Note: The physical health measure is based on response to the question: "Now thinking about your physical health which includes physical illness and injury for how many days during the past 30 days was your physical health not good?"

- Between 2012 and 2016, the percent of Ocean County residents reporting a history of depression increased from 11.7% to 16.3%.
- The Ocean County rate for history of depression was higher than the statewide rate (12.1%) and ranked in the worst performing quartile among New Jersey counties.

History of Diagnosed Depression
State & County Comparisons 2014-2016
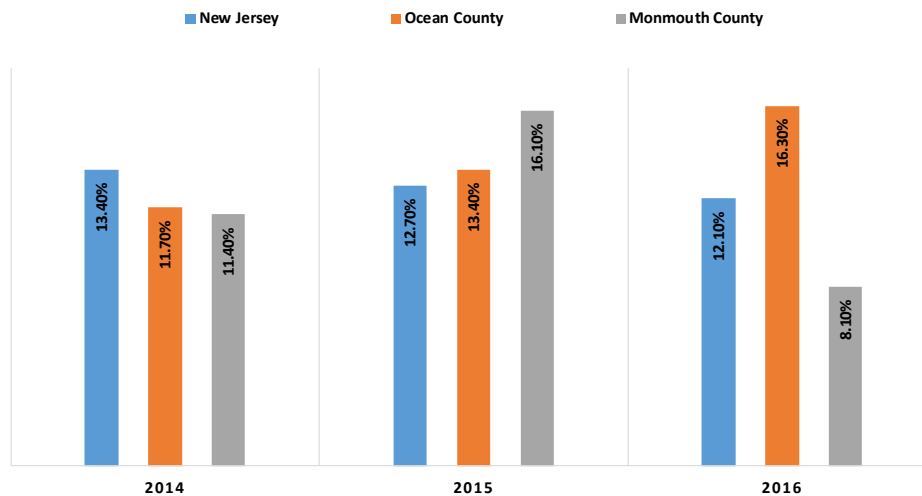
Legend: ■ New Jersey   ■ Ocean County   ■ Monmouth County

	New Jersey	Ocean County	Monmouth County
2014	13.40%	11.70%	11.40%
2015	12.70%	13.40%	16.10%
2016	12.10%	16.30%	8.10%

Source: New Jersey Behavioral Risk Factor Survey
Note: The frequent mental distress health measure is based on response to the question: "Now thinking about your mental health which includes stress depression and problems with emotions for how many days during the past 30 days was your mental health not good?"

**History of Diagnosed Depression
Ocean County – Trend**
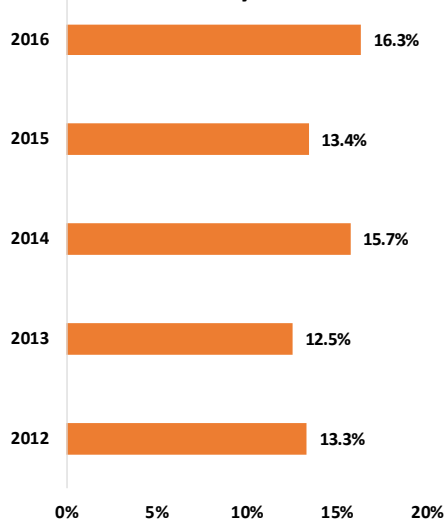
Source: New Jersey Behavioral Risk Factor Survey
Note: The frequent mental distress health measure is based on response to the question: "Now thinking about your mental health which includes stress depression and problems with emotions for how many days during the past 30 days was your mental health not good?"

Indicator	*Healthy People 2020* Target	County Health Rankings Benchmark	New Jersey
Mentally Unhealthy Days Reported in the Past 30 Days *Average Age-Adjusted Number*	N.A.		
History of Diagnosed Depression	N.A.	N.A.	

RED: Poorest Performing Quartile
Yellow: Middle Quartiles
Green: Best Performing Quartile

7.   Morbidity

Morbidity, the rate of disease incidence, is a measure of quality of life and how healthy a population is in terms of being disease free.

Heart Disease

- According to BRFSS, the percent of Ocean County residents told they have angina or coronary heart disease decreased from 7.7% in 2014, to 2.6% in 2016. In 2016, BRFSS indicates 3.9% of New Jersey respondents have angina or coronary heart disease.

- As compared to New Jersey, Ocean County residents reporting angina or coronary heart disease ranks in the top performing quartile.

Cardiovascular Disease (Percent "Yes")
Were You Ever Told You Had Angina or Coronary Heart Disease?
State & County Comparisons, 2014-2016

■ New Jersey   ■ Ocean County   ■ Monmouth County

	2014	2015	2016
New Jersey	4.40%	3.70%	3.90%
Ocean County	7.70%	6.00%	2.60%
Monmouth County	3.90%	3.50%	3.50%

Ocean County

Year	Percent
2016	2.6%
2015	6.0%
2014	7.7%
2013	5.5%
2012	5.8%
2011	5.9%
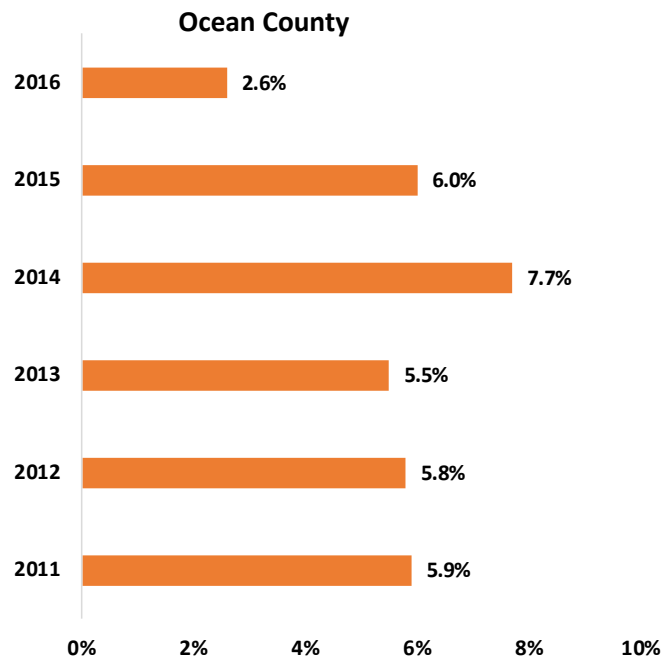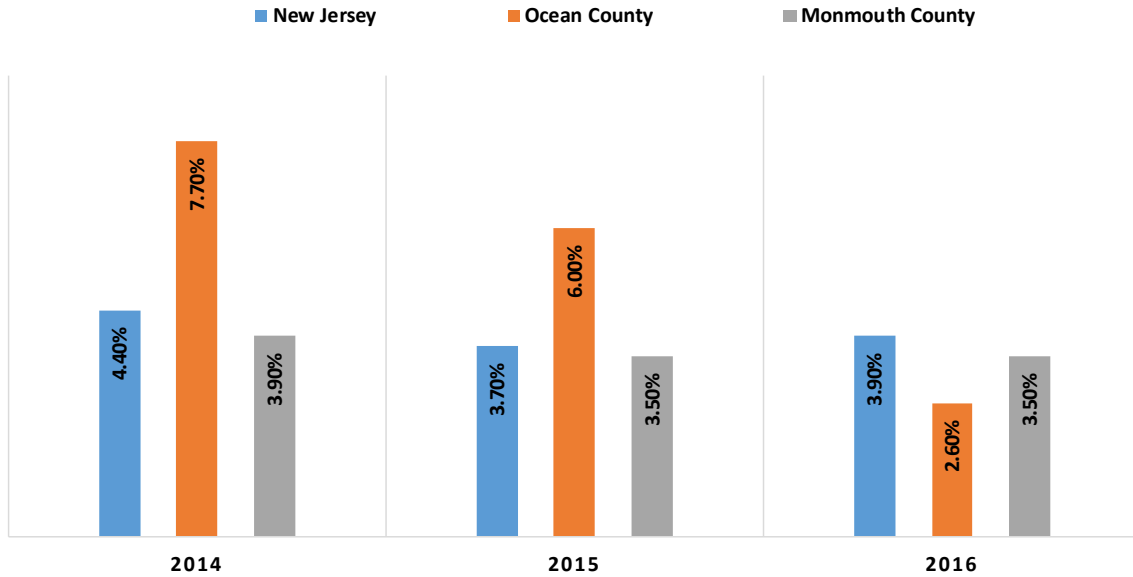
Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

- According to BRFSS, the percent of Ocean County residents told they have had a heart attack declined 2.9 percentage points from 6.1% in 2011 to 4.0% in 2016. In 2016, BRFSS indicated 4.4% of New Jersey respondents were told they had a heart attack.
- Ocean County ranks in the middle performing quartile compared to all 21 New Jersey counties for residents who had a heart attack.

Cardiovascular Disease (Percent "Yes")
Were You Ever Told You Had a Heart Attack? (Myocardial Infarction)
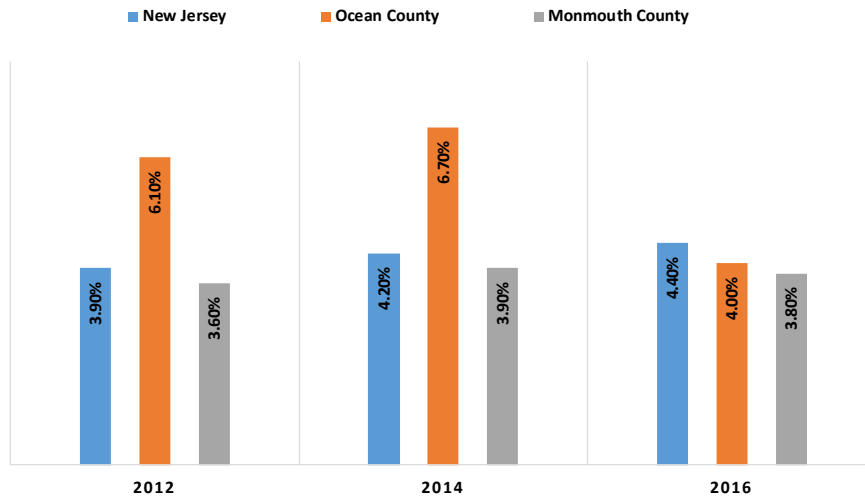
Ocean County
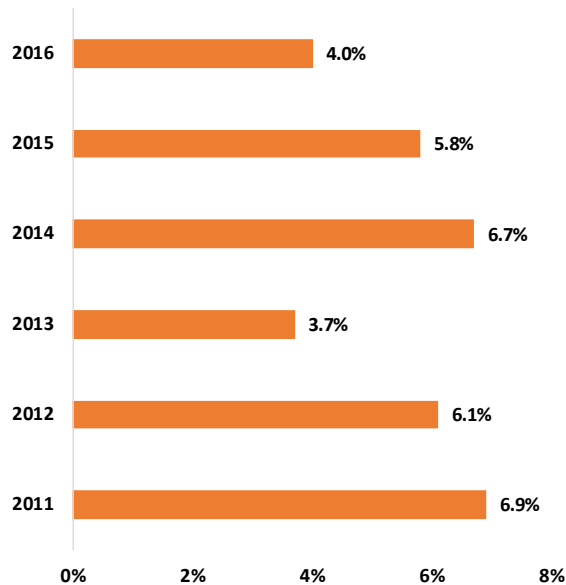
Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

Heart Disease Hospital Use Rates for County, CMC Service Area, and Selected Towns

- In 2016, the rate of Ocean County residents using a hospital service with a heart attack diagnosis was higher than those in the State but lower than those in the CMC Service Area.
- Manchester Township had the highest rate of patients hospitalized with a diagnosis of heart attacks at 5.64/1,000 and Toms River 08753 residents reported the lowest rate of heart attack at 1.75/1,000.

Heart Attack: Acute Care IP, Same Day and ED Discharges; Rate / 1,000 Population, 2013-2016
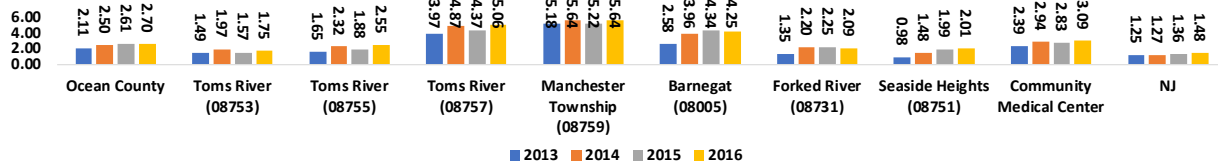
Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges for MS-DRGs 280-285

- Between 2013 and 2016, the rate of patients hospitalized with a diagnosis of heart failure in Ocean County was lower than CMC's Service Area.
- In 2016, Manchester Township residents exhibited the highest rate of patients hospitalized with a diagnosis of heart failure/CHF at 15.40/1,000 and Toms River 08753 residents had the lowest rate at 3.35/1,000.

Heart Failure/CHF: Acute Care IP; Same Day and ED Discharges; Rate / 1,000 Population, 2013-2016

Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges for MS-DRGs 291-293

Stroke

- In 2016, BRFSS reported 3.9% of Ocean County respondents indicated they had a stroke.
- In 2016, Ocean County (3.9%) reported a higher rate of strokes than the State (2.8%) and Monmouth County residents (3.3%).
- Ocean County ranks in the bottom quartile of New Jersey counties for percentage of the population that had a stroke.

Cardiovascular Disease (Percent "Yes"): Have You Ever Been Told You Had a Stroke? State & County Comparisons, 2014-2016

■ New Jersey ■ Ocean County ■ Monmouth County
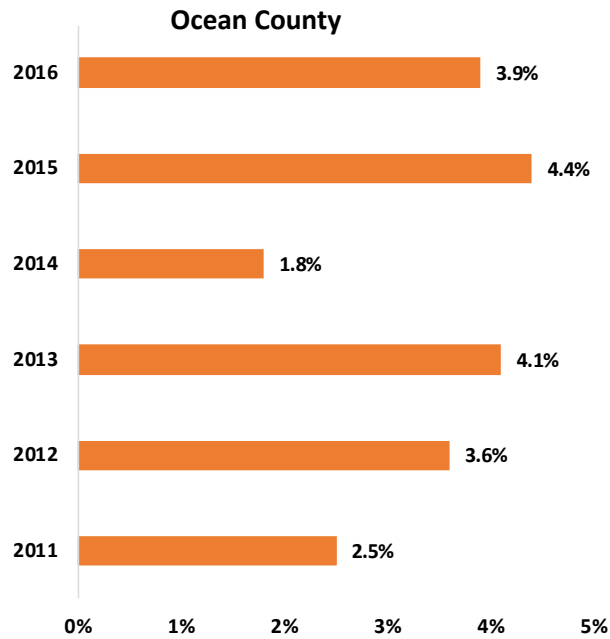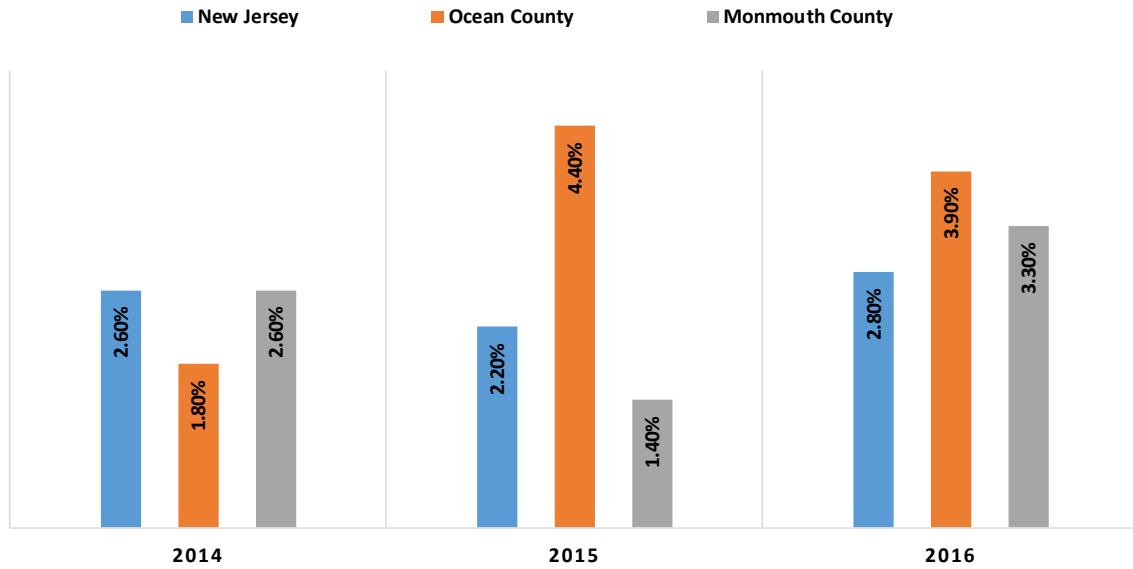
Ocean County

Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

Stroke Hospital Use Rates for County, CMC Service Area, and Selected Towns

- From 2013 through 2016, Ocean County had a lower rate of patients using a hospital service with stroke/TIA diagnosis compared to the CMC Service Area.
- In 2016, Manchester Township (10.45/1,000) had a higher rate for patients hospitalized for stroke/TIA diagnosis than the State, County or CMC Service Area.
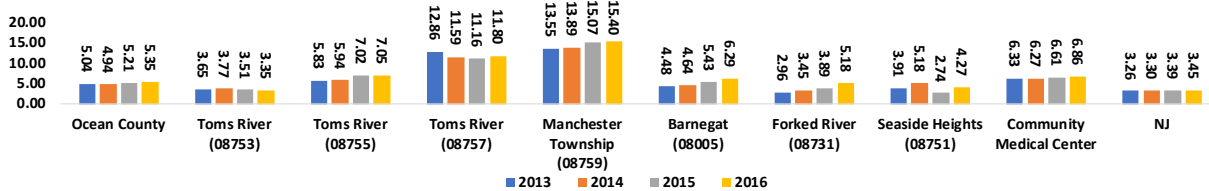
Stroke/TIA: Acute Care IP; Same Day and ED Discharges; Rate / 1,000 Population, 2013-2016
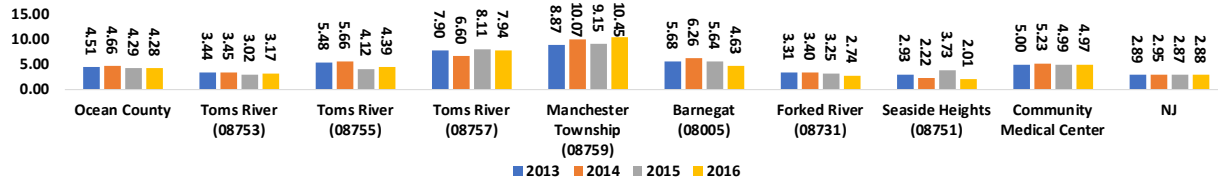
Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges for MS-DRGs 061-069

Hypertension and High Cholesterol

According to the American Heart Association, risk factors associated with developing cardiovascular disease include: high blood pressure, high cholesterol, cigarette smoking, physical inactivity, poor diet, overweight and obesity and Diabetes.

- In 2015, BRFSS reported 33.6% of Ocean County adults were told that they suffered from hypertension, higher than the percentage among New Jersey adults (30.9%), and adults in Monmouth County (28.5%).
- Between 2011 and 2015, Ocean County adults who were told they had high blood pressure decreased 4.8 percentage points.
- In 2015, Ocean County (33.6%) was higher than the *Healthy People 2020* target (26.9%) for adults with high blood pressure.

Adults Who Have Been Told They Have Hypertension
State & County Comparisons, 2011-2015

■ New Jersey   ■ Ocean County   ■ Monmouth County

2011
- New Jersey: 30.6%
- Ocean County: 38.4%
- Monmouth County: 34.8%

2013
- New Jersey: 31.00%
- Ocean County: 31.60%
- Monmouth County: 29.80%

2015
- New Jersey: 30.90%
- Ocean County: 33.60%
- Monmouth County: 28.50%

Ocean County

- 2015: 33.6%
- 2013: 31.6%
- 2011: 38.4%

0%   10%   20%   30%   40%   50%

Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

Healthy People 2020
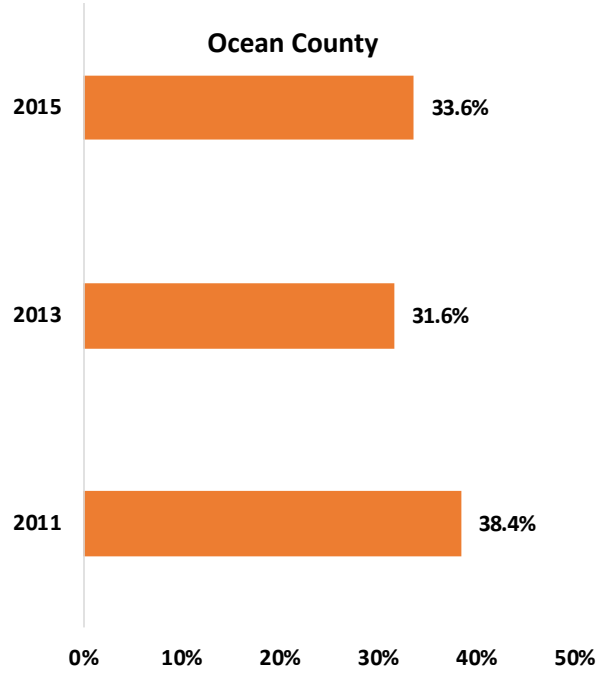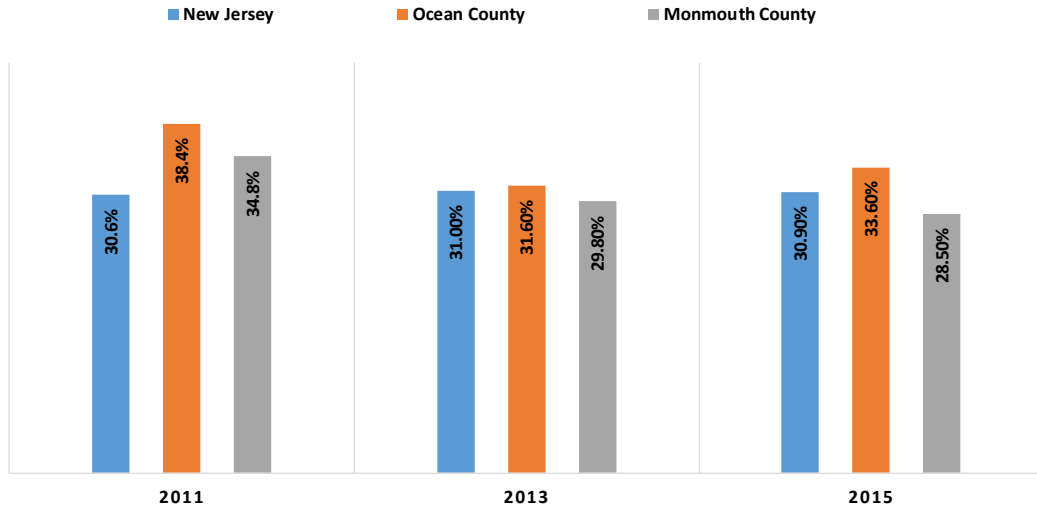
Baseline: 29.9%
Target: 26.9%
Ocean County 2015: 33.6%

Hypertension Hospital Use Rates for County, CMC Service Area, and Selected Towns

- Manchester Township had a higher rate of patients using a hospital service with a diagnosis of hypertension for each year from 2013 through 2016 than the CMC Service Area.
- In 2016, CMC's Service Area (208.59/1,000) had a higher rate of patients using a hospital service with a hypertension diagnosis than Ocean County (175.31/1,000).

Hypertension: Acute Care IP, Same Day and ED Discharges; Rate / 1,000 Population, 2013-2016
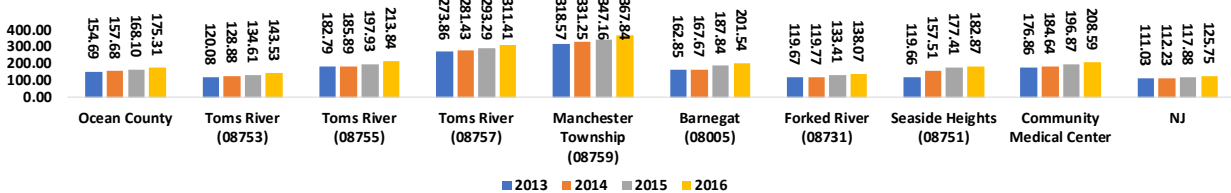
|	2013	2014	2015	2016
Ocean County	154.69	157.68	168.10	175.31
Toms River (08753)	120.08	128.88	134.61	143.53
Toms River (08755)	182.79	185.89	197.93	213.84
Toms River (08757)	273.86	281.43	293.29	311.41
Manchester Township (08759)	318.57	331.25	347.16	367.84
Barnegat (08005)	162.85	167.67	187.84	201.54
Forked River (08731)	119.67	119.77	133.41	138.07
Seaside Heights (08751)	119.66	157.51	177.41	182.87
Community Medical Center	176.86	184.64	196.87	208.59
NJ	111.03	112.23	117.88	125.75

Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges – ICD-9 DX Codes in Range 401-405.99 (Appearing Anywhere In First 13 DX Codes On Patient Record)

Cholesterol

- In the 2015 BRFSS, 37.6% of Ocean County adults who had their cholesterol checked were told it was high, higher than New Jersey adults (35.4%) and adults in Monmouth County (36.2%).
- The percent of Ocean County adults reporting high cholesterol remained fairly consistent between 2011 and 2015.
- The 2015 Ocean County percent of adults who had their cholesterol checked and were told it was high was nearly three times the *Healthy People 2020* target of 13.5%. Ocean County is in the lowest performing quartile with respect to the *Healthy People 2020* target.

Adults Who Have Had Their Cholesterol Checked and Told It Was High
State & County Comparisons, 2011-2015
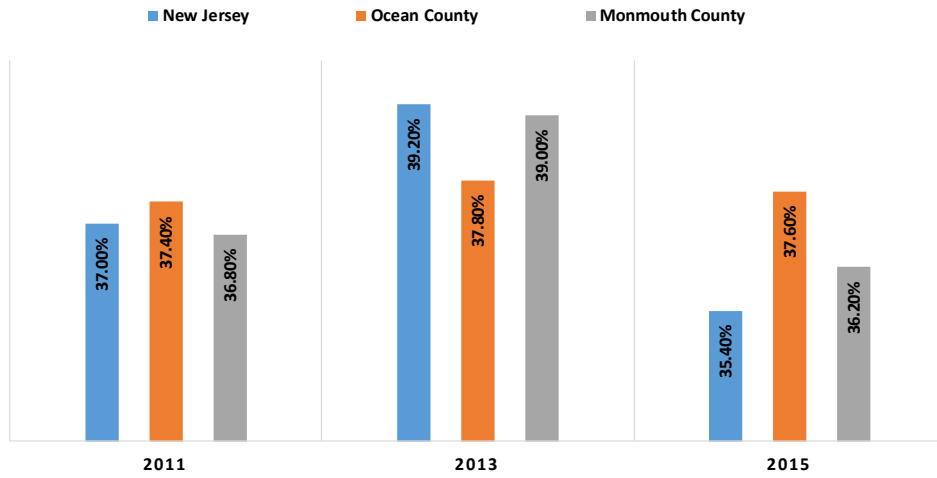
■ New Jersey   ■ Ocean County   ■ Monmouth County

	2011	2013	2015
New Jersey	37.00%	39.20%	35.40%
Ocean County	37.40%	37.80%	37.60%
Monmouth County	36.80%	39.00%	36.20%

Ocean County

2015 — 37.6%
2013 — 37.8%
2011 — 37.4%

37% 37% 37% 38% 38% 38% 38% 38%

Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

Healthy People 2020
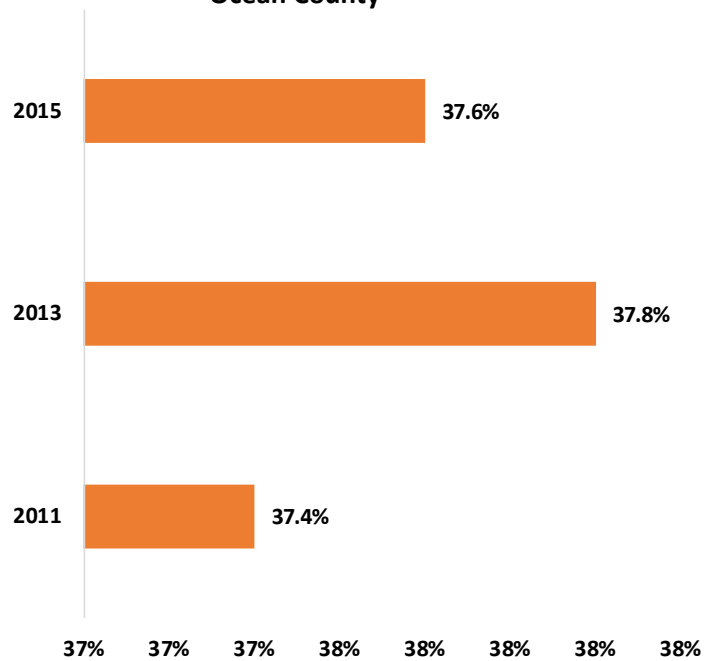
Baseline: 15.0 %
Target: 13.5%
Ocean County 2015: 37.6%

High Cholesterol Hospital Use Rates for County, CMC Service Area, and Selected Towns

- The rate of patients using a hospital service with a diagnosis of high cholesterol was higher in CMC's Service Area than the State or County.
- In 2016, the rate of patients using a hospital service with a diagnosis of high cholesterol was highest in Manchester Township in comparison to the other geographies.

High Cholesterol: Acute Care IP, Same Day and ED Discharges; Rate / 1,000 Population, 2013-2016
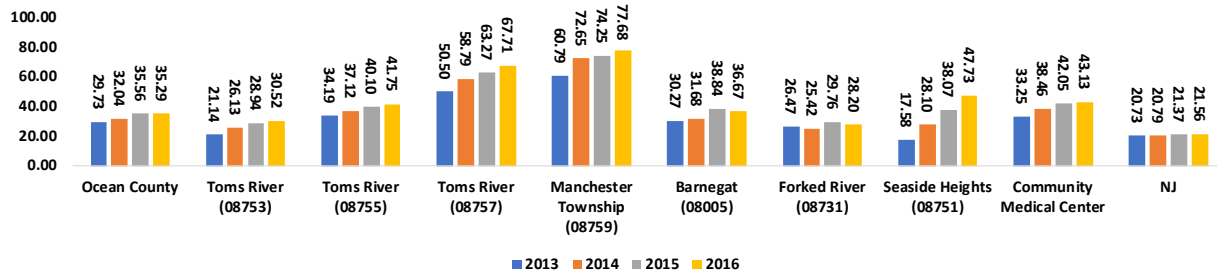
Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges – ICD-9 DX Codes 272.0 or 272.2 (Appearing Anywhere In First 13 DX Codes On Patient Record)

Cancer

- The incidence of overall invasive cancer in Ocean County decreased from (799.5/100,000) in 2007, to (509.4/100,000) in 2015.
- In 2015, the overall incidence of cancer in Ocean County was higher than the State and Monmouth County.

Overall Invasive Cancer Incidence: Age-Adjusted Rate / 100,000 Population
State & County Comparisons, 2013-2015
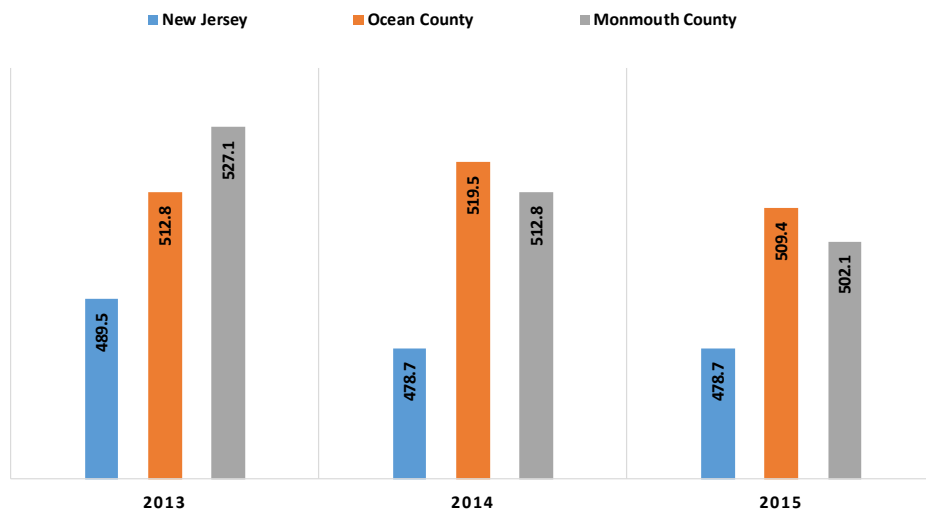
Source: NJDOH New Jersey Cancer Registry
Note: The Rate / 100,000 for Prostate Cancer is based on Males and the Rate / 100000 for Breast Cancer is based on Females

**Overall Invasive Cancer Incidence: Age-Adjusted Rate / 100,000 Population
Ocean County – Trend**

Year	Rate
2015	509.4
2014	519.5
2013	512.8
2012	778.4
2011	777.3
2010	749.6
2009	778.4
2008	798.6
2007	799.5
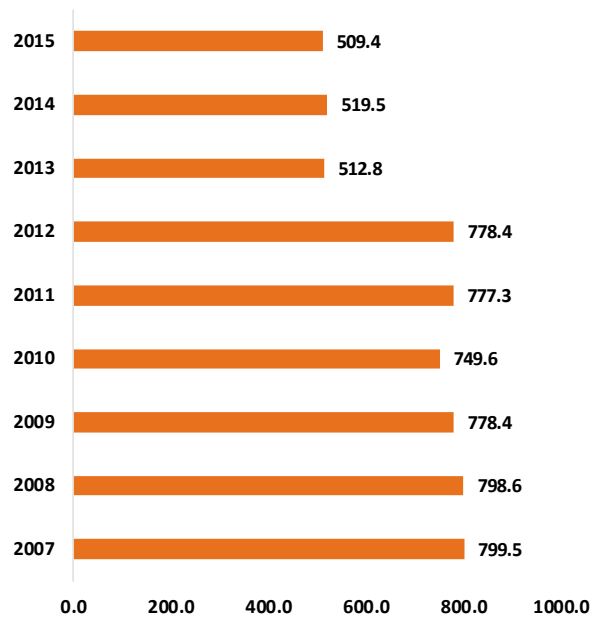
Source: NJDOH New Jersey Cancer Registry
Note: The Rate / 100,000 for Prostate Cancer is based on Males and the Rate / 100000 for Breast Cancer is based on Females

Incidence by Site

- In Ocean County, breast (188.8/100,000) and prostate (160.4/100,000) cancers had the highest incidence rates among the top five cancers, followed by digestive system (86.8/100,000), respiratory system (72.0/100,000) and male genital system (52.3/100,000).
- In 2015, only male genital system cancer incidence rates in Ocean County were lower than New Jersey.
- Prostate and digestive system cancer incidence for Ocean County performs in the middle quartile in comparison to all 21 New Jersey counties.
- Male genital system cancer performs in the top quartile and breast and respiratory cancers perform in the worst performing quartile.

Invasive Cancer Incidence by Site: Age-Adjusted Rate / 100,000 Population
State & County Comparison, 2015
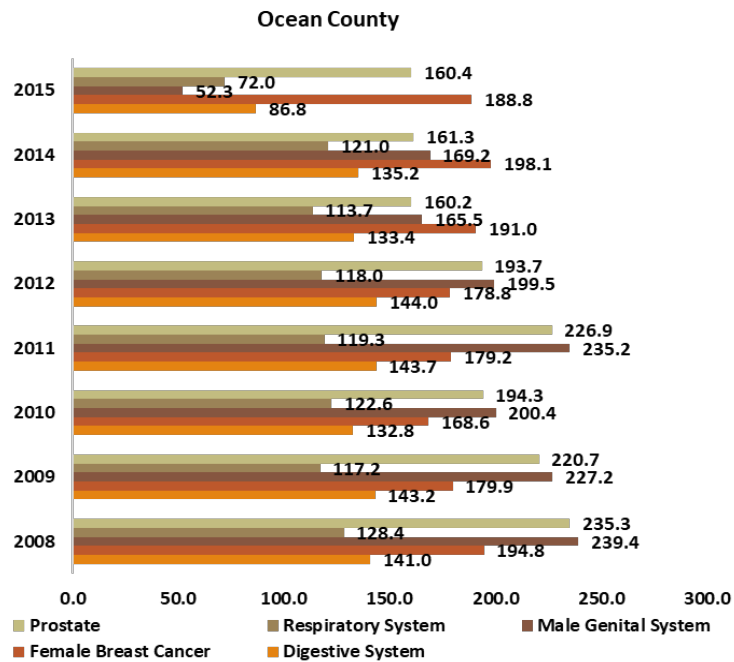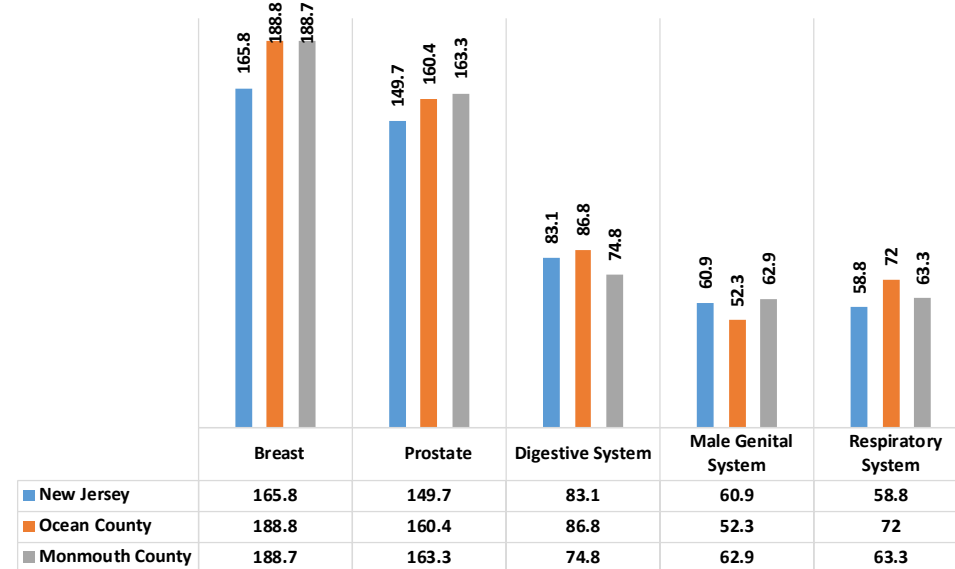
	Breast	Prostate	Digestive System	Male Genital System	Respiratory System
New Jersey	165.8	149.7	83.1	60.9	58.8
Ocean County	188.8	160.4	86.8	52.3	72
Monmouth County	188.7	163.3	74.8	62.9	63.3

Ocean County

Source: NJDOH New Jersey Cancer Registry

Note: The Rate / 100000 for Prostate Cancer is based on Males and the Rate / 100000 for Breast Cancer is based on Females

Cancer Hospital Use Rates for County, CMC Service Area, and Selected Towns

- The 2016 rate of patients using a hospital service with a cancer diagnosis per 1,000 population was highest in Manchester Township compared to the other geographies.
- In 2016, the rate for patients discharged with a cancer diagnosis/1,000 population was lower in the County (31.85/1,000) than in the CMC Service Area (39.24/1,000).

Cancer: Acute Care IP, Same Day and ED Discharges; Rate / 1,000 Population, 2013-2016
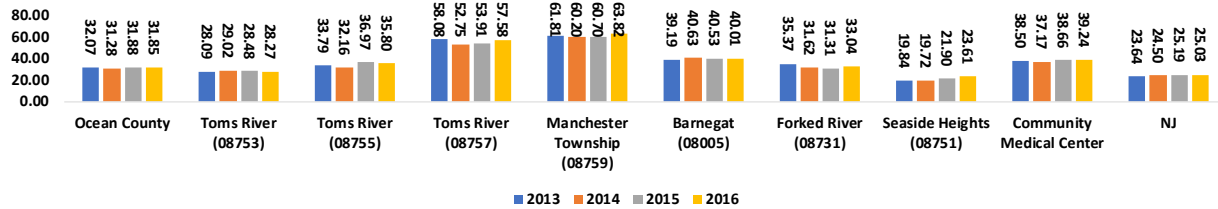
Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census Definition: Inpatient, Same Day Stay and ED Discharges – New Solution's Inc. Oncology Product Line (includes History of Cancer)

- The 2016 rate of residents using a hospital service that had a history of cancer diagnosis was highest in Manchester Township (48.60/1,000) in terms of the comparison areas.
- In 2016, the rate of patients hospitalized with a history of cancer diagnosis/1,000 population was lowest in Seaside Heights (14.82/1,000).

History of Cancer: Acute Care Inpatient, Same Day and ED Discharges; Rate / 1,000 Population

Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census
Definition: Inpatient, Same Day Stay and ED Discharges – New Solution's Inc. Oncology Product Line (History of Cancer Only)

Asthma

Asthma, a chronic lung disease often with childhood onset, inflames and narrows airways and causes recurring periods of wheezing, chest tightness, shortness of breath and coughing.[57] The exact cause of asthma is unknown; however, researchers believe genetic and environmental factors are involved. Factors may include: atopy, parents with asthma, certain respiratory infections during childhood and contact with some airborne allergens or exposure to some viral infections in infancy or in early childhood when the immune system is developing.[58]

---

[57] http://www.nhlbi.nih.gov/health/health-topics/topics/asthma
[58] ibid

- According to the 2016 BRFSS survey, 13.0% of Ocean County adults reported ever being told they had asthma.
- The percent of Ocean County residents with asthma (13.0%) was higher than the State (12.0%), and Monmouth County (9.5%). Compared to all 21 New Jersey counties, Ocean County performed in the middle quartile.

**Asthma (Percent "Yes"): Adults Who Have Ever Been Told They Have Asthma
State & County Comparisons, 2014-2016**
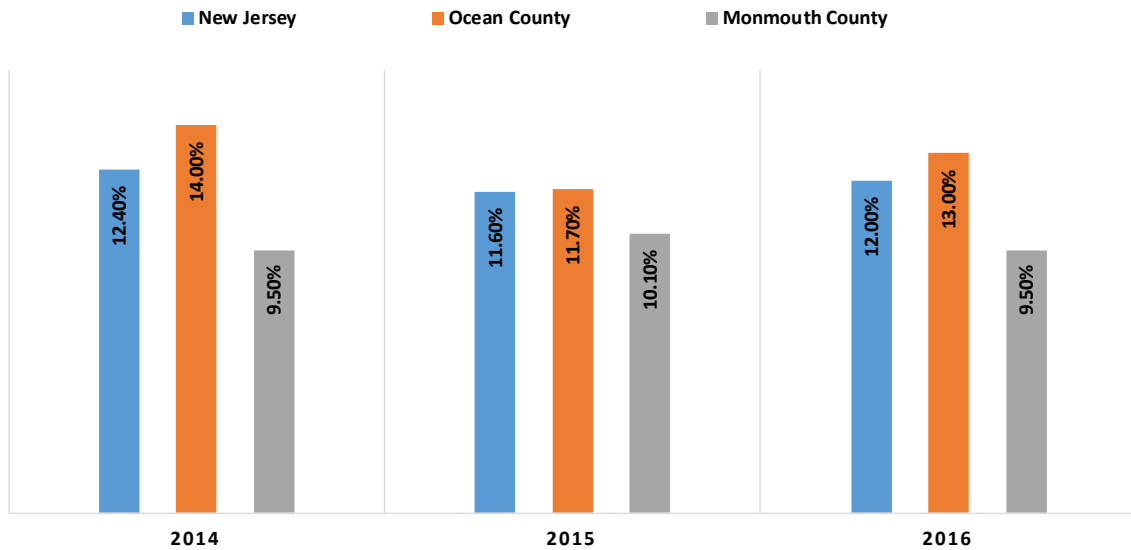

Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

Asthma (Percent "Yes"): Adults Who Have Ever Been Told They Have Asthma
Ocean County – Trend

Year	Percent
2016	13.0%
2015	11.7%
2014	14.0%
2013	15.2%
2012	11.4%
2011	12.1%
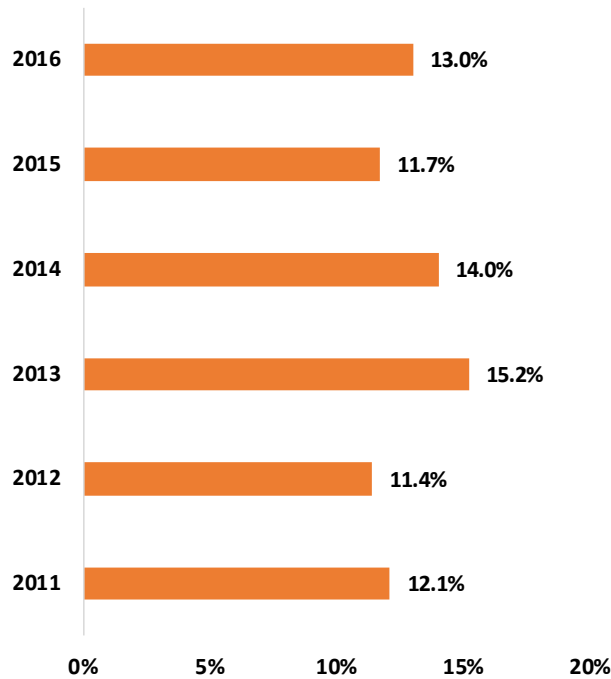
Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

Asthma Hospital Use Rates for County, CMC Service Area, and Selected Towns

- Rates of residents using a hospital service with a diagnosis of asthma were highest in Seaside Heights in 2016 (68.07/1,000) of the comparative geographies.
- In 2016, the rate of CMC Service Area residents (32.04/1,000) using a hospital service with a diagnosis of asthma exceeded the New Jersey (30.57/1,000) rate and the Ocean County rate (28.51/1,000).

Asthma: Acute Care IP, Same Day and ED Discharges; Rate / 1,000 Population, 2013-2016
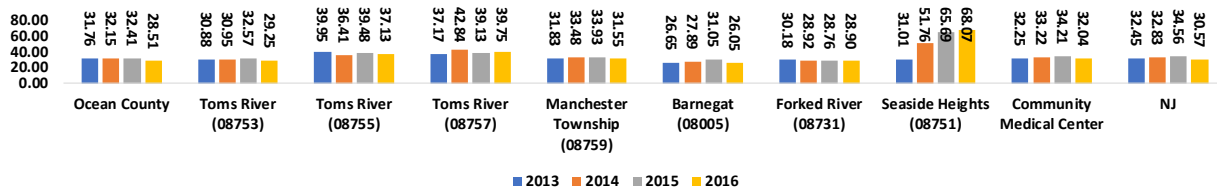
Geography	2013	2014	2015	2016
Ocean County	31.76	32.15	32.41	28.51
Toms River (08753)	30.88	30.95	32.57	29.25
Toms River (08755)	39.95	36.41	39.48	37.13
Toms River (08757)	37.17	42.84	39.13	39.75
Manchester Township (08759)	31.83	33.48	33.93	31.55
Barnegat (08005)	26.65	27.89	31.05	26.05
Forked River (08731)	30.18	28.92	28.76	28.90
Seaside Heights (08751)	31.01	51.76	65.69	68.07
Community Medical Center	32.25	33.22	34.21	32.04
NJ	32.45	32.83	34.56	30.57

Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges – ICD-9 DX Codes In the Range 493-493.9 (Appearing Anywhere In First 13 DX Codes On Patient Record)

COPD (excluding Asthma)

Chronic Obstructive Pulmonary Disease (COPD) is a group of diseases that cause airflow blockage and breathing-related problems including emphysema, chronic bronchitis. In the United States, tobacco smoke is a key factor in the development and progression of COPD, although exposure to air pollutants in the home and workplace, genetic factors, and respiratory infections also play roles.

- Rates of residents hospitalized with a diagnosis of COPD were higher in Manchester Township (99.71/1,000) in 2016, than in the CMC Service Area.
- In 2016, the rate of hospitalization for patients with a diagnosis of COPD was lowest in Toms river 08753 (36.29/1,000) compared to the other Ocean County comparison areas.
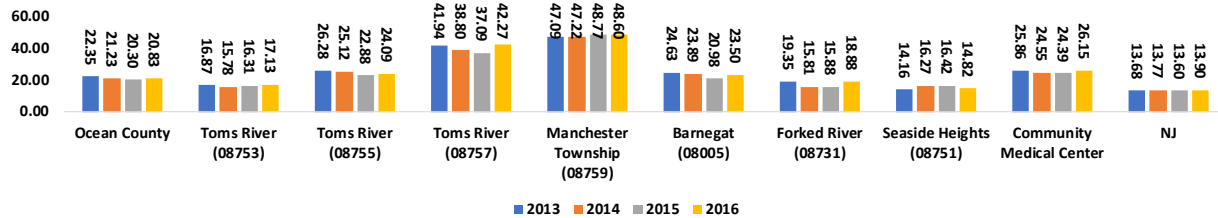
COPD (excluding Asthma): Acute Care IP, Same Day and ED Discharges; Rate / 1,000 Population, 2013-2016

Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges – ICD-9 DX Codes In the Ranges 490-492 & 494-496 (Appearing Anywhere In First 13 DX Codes On Patient Record)

Diabetes

Diabetes is indicated by high levels of blood glucose as a result of problems in insulin production, effectiveness, or a combination of both. The three most common types of diabetes are Type 1, Type 2 and Gestational. Individuals with diabetes may develop serious health complications including heart disease, stroke, kidney failure, blindness, amputation and premature death.

Type 1 develops when insulin producing cells located in the pancreas are destroyed. There is no known way to prevent Type 1 diabetes. In order to survive, Type 1 diabetics must have insulin delivered by injection or pump. Type 2 primarily onsets with insulin resistance disorder in which cells within the muscles, liver, and fat tissue are unable to properly use insulin. Higher risk for developing Type 2 diabetes is associated with older age, obesity, family history of diabetes, history of gestational diabetes, impaired glucose metabolism, physical inactivity, and race/ethnicity. African Americans, Hispanics/Latinos, American Indians, some Asians, and Native Hawaiians or other Pacific Islanders are at particularly high risk for Type 2. Gestational diabetes is a form of glucose intolerance diagnosed during the second or third trimester of pregnancy. The risk factors for gestational diabetes are similar to those for type 2 diabetes.[59]

---

[59] http://www.cdc.gov/diabetes/pdfs/data/2014-report-generalinformation.pdf

- Diabetes is decreasing among Ocean County residents. Between 2014 (11.5%) and 2016 (6.6%), the rate decreased by 4.9 percentage points.
- In 2016, Ocean County had a lower percentage of patients reporting diabetes than the State and Monmouth County. Ocean County is in the top performing quartile for diabetes as compared to all 21 counties statewide.

Diabetes (Percent "Yes"): Have You Ever Been Told by a Doctor That You Have Diabetes?
State & County Comparison, 2014-2016
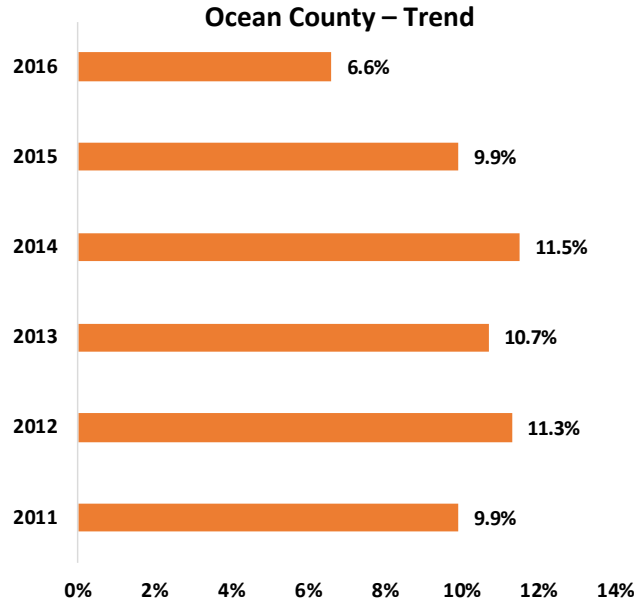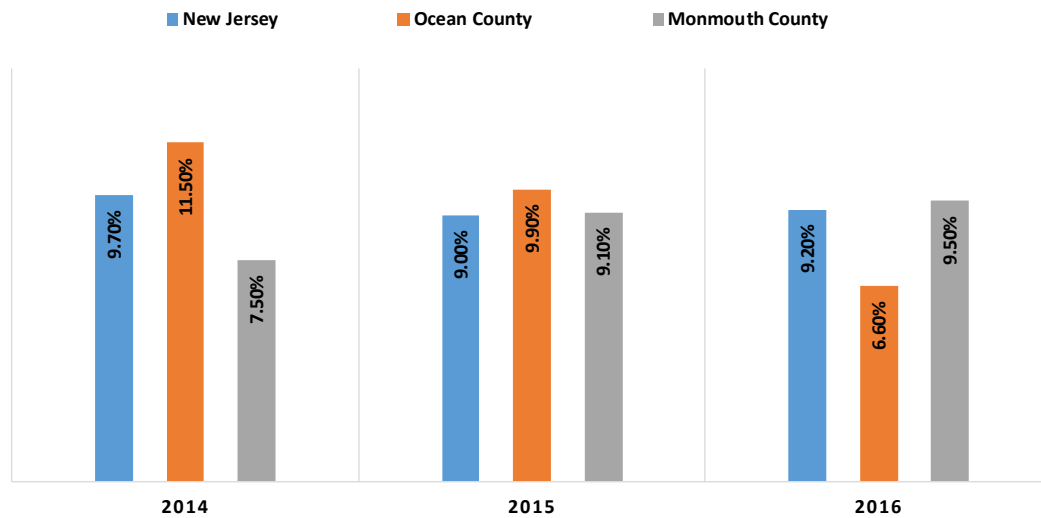
Ocean County – Trend

Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

National Benchmark: 8.0%
Ocean County 2016: 7.2%

- High rates of Manchester Township (131.00/1,000) and Toms River 08757 (111.95/1,000) residents using a hospital service with a diabetes diagnosis were observed.
- In 2016, the rate of patients using a hospital service with a diabetes diagnosis was higher in the CMC Service Area (73.48/1,000) than in the County (60.69/1,000).

Diabetes: Acute Care IP, Same Day and ED Discharges; Rate / 1,000 Population 2013-2016
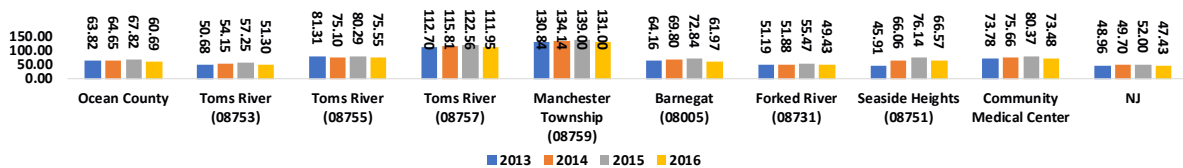
Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges – ICD-9 DX Codes In The Range 249.00-250.03 (Appearing Anywhere In First 13 DX Codes On Patient Record)

Diabetes is a contributing factor to renal failure. More than 35% of U.S. adults with diabetes have chronic kidney disease. High blood sugar and high blood pressure increase the risk that chronic kidney disease will eventually lead to kidney failure.[60]

- In 2016, the rate of Ocean County residents using a hospital service with diagnosis of renal failure in CMC's Service Area (4.04/1,000) was higher than the State and County.
- The 2016 rate of Ocean County (3.44/1,000) residents using a hospital service with diagnosis of renal failure was higher than for New Jersey residents (2.53/1,000).

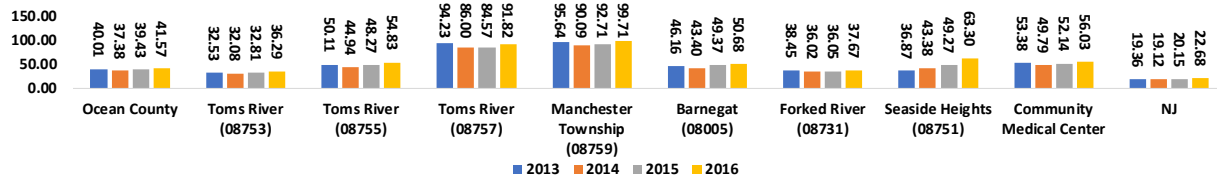**Renal Failure: Acute Care IP, Same Day and ED Discharges; Rate / 1,000 Population, 2013-2016**
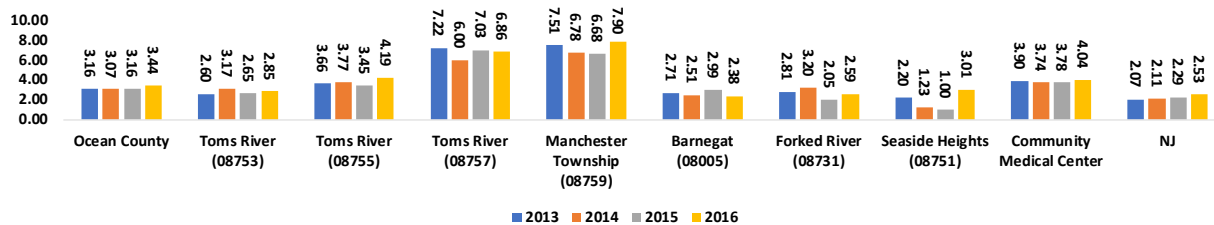
Source: NJ UB-04 Acute Care IP, Same Day Stay, ER Discharges (2013 – 2016), Population: 2010, 2016 Claritas/HCDA, 2011 Straight Line Value Based on 2000 and 2010 Census; Definition: Inpatient, Same Day Stay and ED Discharges For MS-DRGs In the Range 682-685

---

[60] http://www.cdc.gov/Features/WorldKidneyDay

Arthritis

Arthritis affects more than 1 in 5 adults and is the nation's most common cause of disability. A*rthritis* describes more than 100 rheumatic diseases and conditions that affect joints, the tissues which surround the joint and other connective tissue. The pattern, severity and location of symptoms vary depending on the specific form of the disease. Typically, rheumatic conditions are characterized by pain and stiffness in and around one or more joints. The symptoms can develop gradually or suddenly.[61]

- Between 2013 and 2016, the percentage of Ocean County residents reporting arthritis decreased from 29.5% to 27.2%.
- The percentage of Ocean County residents reporting arthritis was higher than the State (23.2%) and Monmouth County (23.4%). As compared to 21 counties statewide, Ocean County ranks in the bottom quartile.

Arthritis (Percent "Yes"): Adults Who Have Ever Been Told They Have Arthritis
State and County Comparison 2013-2016
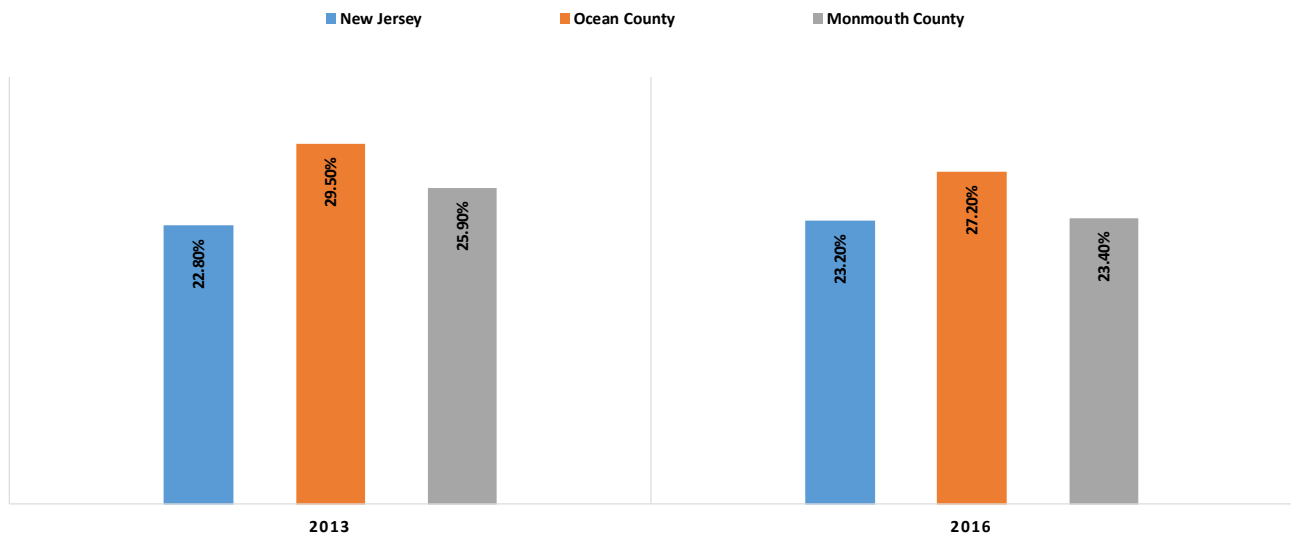
Source: CDC Behavioral Health Risk Factor Surveillance System (BRFSS)

---

[61] http://www.cdc.gov/arthritis/basics.htm

Indicator	Healthy People 2020 Target	County Health Rankings Benchmark	New Jersey
CARDIOVASCULAR DISEASE *Were You Ever Told You Had Angina or Coronary Heart Disease?* % Yes	N.A.	N.A.	🟩
CARDIOVASCULAR DISEASE *Were You Ever Told You Had a Heart Attack?* % Yes	N.A.	N.A.	🟨
STROKE *Were You Ever Told You Had a Stroke?* % Yes	N.A.	N.A.	🟥
Hypertension Awareness *Adults Who Have Been Told They Have High Blood Pressure*	🟨	N.A.	🟥
Cholesterol Awareness *Adults Who Have Had Their Cholesterol Checked and Told it Was High*	🟥	N.A.	🟨
ASTHMA *Adults Who Have Ever Been Told They Have Asthma* % Yes	N.A	N.A.	🟨
DIABETES *Have You Ever Been Told by a Doctor That You Have Diabetes* % Yes	N.A.	🟩	🟨
ARTHRITIS *Adults Who Have Ever Been Told They Have Arthritis* % Yes	N.A.	N.A.	🟥

RED:	**Poorest Performing Quartile**
Yellow:	*Middle Quartiles*
Green:	*Best Performing Quartile*

6. *ASSETS AND GAPS ANALYSIS*

The Assets and Gaps Analysis summarizes and highlights each component of the CHNA. Assets highlight Ocean County's or Community Medical Center's Service Area, indicating improvements over time in comparison to other counties and the State or in comparison to other races and genders. Gaps focus on disparities in Ocean County's or in Community Medical Center's Service Area that have negative trends in comparison to other counties and the State or in comparison to other races or genders.

A. *HEALTH DISPARITIES*

Economic Status

ASSETS

- The 2016 median household income of Forked River ($70,976) and Toms River 08753 ($73,227) residents was more than the county-wide figure ($63,108), and higher than most of the other Service Area zip codes.
- Between 2014 and 2016, unemployment throughout New Jersey declined. In 2016, the Ocean County unemployment rate was 4.5%, a decrease of 1.4% from 2014, and lower than the New Jersey unemployment rate of 5.2%.
- Between 2015 and 2017, the percentage of adults and children receiving WFNJ/TANF benefits declined by 58.8% and 53.1%, respectively.
- In 2016, 27.5% of Ocean County residents earned a bachelor's degree or higher. This represents an increase from 26.3% of County residents that earned a bachelor's degree or higher as reported in the previous CHNA.
- In 2016, 9.8% of Seaside Heights residents did not complete high school, fewer than the statewide percentage (11.1%).

GAPS

- In 2016, the median household income in Ocean County was $63,108, more than $10,000 below the State median of $73,702
- In 2016, there were 19.7% of Seaside Heights residents living in poverty compared to 11.2% county-wide.
- The percent of children living in poverty in Seaside Heights (35.6%) was more than double the New Jersey percentage (15.6%).
- Ocean County reported a 10-percentage point increase in students eligible for free lunch from 24% during the 2012-2013 school years to 34% in 2014-2016 school years.

Health and Health Care

ASSETS

- Since 2013, the non-elderly population without health insurance in Ocean County has trended downward, decreasing from 13.6% in 2013 to 8.8% in 2015.

- From 2013 through 2015, Ocean County had consistently lower rates of non-elderly population without health insurance than statewide.
- The 2016 Ocean County ACSC visit rate among children was also lower than the state rate (81.95/1,000).

GAPS

- Between 2013 and 2015, the ratio of population to primary care physicians in Ocean County increased from 2,099:1 to 2,230:1.
- In 2015, the Ocean County ratio for primary care providers was worse than the CHR national benchmark (1,320:1).
- The 2016 Adult ED ACSC rate for Seaside Heights was (106.38/1,000), more than double the New Jersey rate (52.13/1000).
- The 2016 Ocean County's Adult ED ACSC rate (56.80/1000) is higher than the statewide rate (52.13).
- In 2016, Ocean County (20.19/1,000) had 18.4% more ACSC Inpatient admissions than the State (16.99/1,000).

Neighborhood and Built Environment

ASSETS

- Ocean County experienced a 28.2% reduction in fine particulate matter in between 2011 (11.0 per cubic meter) and 2012 (7.9 per cubic meter).
- In 2016, only 7.3% of Ocean County housing units were built before 1950, 71% lower than New Jersey overall at 25.8%.
- In 2015, 0.1% of Ocean County children had elevated blood lead levels compared to 0.52% statewide. The percent of children with elevated blood lead levels decreased from 0.30% in 2013 to 0.10% in 2015.
- Between 2014 and 2016, the violent crime rate in Ocean County decreased from 100/100,000 to 81/100,000.

GAPS

- In 2010-2016, Ocean County (8.78/100,000) had more motor vehicle crash deaths than New Jersey (6.59/100,000).
- In 2016, Ocean County (39.0/100,000) had a higher death rate due to accidental poisoning and exposure to noxious substances than statewide (22.5/100,000).

B.   HEALTH FACTORS

Clinical Care Measures

ASSETS

- Ocean County's 2016 primary C-section rate (15.2%) was lower than the State rate (25.2%).
- County-wide, women with a primary C-section trended downward from 2013 through 2016, decreasing from 17.3% in 2013, to 15.2% in 2016.
- Ocean County's 2016 VBAC rate (24.5%) was higher than the State rate (11.9%).

GAPS

- Ocean County's 2016 inpatient utilization rate (199.73/1,000) was higher than the State (160.22/1,000). CMC's Service Area inpatient rate (216.83/1,000) was higher than the Ocean County and State rates.
- Ocean County's 2016 ED visit rate (360.63/1,000) was higher than the State rate (352.20/1,000). CMC's 2016 Service Area (379.70/1,000) ED use rate was higher than the State rate.

Health Behaviors

ASSETS

- The 2016 Ocean County rate for no prenatal care (0.7%) was less than half the State rate of 1.6%.
- The 2010-2016 Ocean County (12.3/1,000) birth rate among teens aged 15-19 was lower than the State rate (15.3/1,000).
- The birth rate among Ocean County teens aged 15-17 decreased from 7.0/1,000 in 2007-2011 to 4.1/1,000 in 2012-2016.
- Chlamydia is the most prevalent STI. In 2016, Ocean County (193.1/100,000) was lower than the New Jersey rate (386.4/100,000).
- In 2016, Ocean County (33.1/100,000) had a far lower gonorrhea rate than the State (91.4/100,000).

GAPS

- In 2016, only 65.9% of Ocean County women entered prenatal care in the first trimester compared to 72.1% in New Jersey.
- The rate of chlamydia in Ocean County (193.1/100,000) was higher than the CHR national benchmark (145.1/1,000)
- County-wide HIV/AIDS prevalence rates increased between 2013 (127.0/100,000) and 2015 (135.4/100,000).

Individual Behaviors

ASSETS

- In 2016, the percent of smokers in Ocean County (13.1%) was lower than New Jersey (14.0%) and Monmouth County (19.6%).
- Ocean County residents who were heavy drinkers decreased slightly from 5.0% in 2012 to 4.0% in 2016.
- Alcohol impaired driving deaths in Ocean County decreased between 2010-2014 and 2012-2016 from 30.4% to 24.3%.
- In 2016, a lower percent of Ocean County residents (28.8%) are obese than the *Healthy People 2020* target (30.6%)

GAPS

- Binge drinkers, those men that consume more than 5 drinks and women that consume more than 4 drinks in one occasion, increased from 10.6% in 2014, to 16.4% in 2016 for Ocean County.
- The percent of Ocean County residents with a Body Mass Index (BMI) >=30 trended upward from 26.8% in 2012, to 28.8% in 2016.
- Within Ocean County, the percent of individuals reporting no leisure time physical activity trended upward from 25.5% in 2014, to 34.8% in 2016.

Health Screenings and Immunizations

ASSETS

- In 2016, 79.9% of Ocean County women over age 40 had a mammography within the past two years, up 23.5 percentage points since 2012.
- Between 2014 and 2016, Ocean County women who had a pap test within the past three years increased 3 percentage points from 70.4% to 73.4%.
- In 2016, 95.9% of first grade students in Ocean County had received all required immunizations compared to 92.7% statewide

GAPS

- In 2016, fewer Ocean County adults (68.0%) over age 50 had a colonoscopy/sigmoidoscopy than the *Healthy People 2020* target of 70.5% of adults (50+) ever having colon-rectal screening in 2016.
- In 2014, fewer Ocean County diabetic Medicare enrollees (86.4%) were screened than the CHR national benchmark (91%).
- The percent of 2016 Ocean County adults who received the flu shot in the past year (60.9%) was lower than the *Healthy People 2020* target of 90.0%.
- In 2016, the percent of Ocean County (72.3%) adults that have had a pneumonia vaccine is higher than statewide (66.5%) but less than the *Healthy People 2020* target (90.0%).

Behavioral Health Utilization

ASSETS

- In 2016, Ocean County (5.85/1,000) had a lower ED visit rate for substance abuse than the State (7.86/1,000) and Monmouth County (6.89/1,000).

GAPS

- In 2016, Ocean County (6.24/1,000) had a higher rate of residents with an inpatient hospitalization for a mental health condition than the State
- In 2016, Ocean County (14.65/1,000) had a higher ED visit rate for mental health conditions than the State (11.17/1,000) and Monmouth County (9.33/1,000).
- In 2016, inpatient hospitalizations for mental/behavioral health for CMC's Service Area (7.65/1,000) exceeded the New Jersey rate (4.81/1,000) and was higher than the Monmouth County rate (7.05/1,000).
- In 2016, the emergency department rate for mental/behavioral health in Seaside Heights (46.97/1,000) was greater than Ocean County (14.81/1,000) and greater than New Jersey (11.15/1,000).
- In Ocean County, Naloxone administrations increased from 624 administrations to 977.

C. HEALTH OUTCOMES

Mortality

ASSETS

- Between 2013 and 2016, Ocean County age-adjusted mortality rates (AAMR) improved (decreased) for influenza and pneumonia (-24.4%), stroke (-16.6%), septicemia (-2.0%), nephritis (-7.8%)Chronic lower respiratory disease (-3.9%), and cancer (-0.2%).
- Ocean County's suicide rate declined from (11.6/100,000) to (6.4/100,000) from 2014 to 2016.
- The Ocean County infant mortality rate declined from (3.5/100,000) to (2.7/100,000) between 2013 and 2015.

GAPS

- Between 2013 and 2016, four of the top 10 leading causes of death for Ocean County increased including: diseases of the heart (1.6%), unintentional injuries (49.7%), diabetes (0.7%) and Alzheimer's diseas (11.2%).
- The 2016 Ocean County age adjusted mortality rate due to heart disease (199.9/100,000) was higher than statewide (162.7/100,000).
- In 2016, across the County, Blacks (253.8/100,000) had the highest heart disease mortality rate as compared to Whites (204.7/100,000) and Hispanics (70.1/100,000).
- The 2016 Ocean County cancer AAMR (162.6/100,000) performed worse than the *Healthy People 2020* target of 161.4/100,000.

- The 2016 Ocean County unintentional injury AAMR (64.8/100,000) was higher than the State (40.6/100,000) and Monmouth County (42.6/100,000).
- The AAMR for chronic lower respiratory disease has increased from (29.5/100,000) in 2007 to (34.6/100,000) in 2016.
- The Ocean County YPLL increased from 6,161.8/100,000 for the period 2010-2012, to 6,397.6/100,000 for the period from 2014-2016. The Ocean County YPLL (6,397.6/100,000) was higher than the statewide rate (5,469.35/100,000).
- Between 2014 and 2016, the rate of drug overdose deaths in Ocean County increased from 22.9/100,000 to 40.8/100,000.
- Drug overdose deaths in Ocean County increased from 134 to 242 from 2014 to 2016.

Maternal and Child Health

ASSETS

- The 2016 percent of Ocean County low birth weight babies was lower than the *Healthy People 2020* target of 7.8%.
- In 2016, Ocean County had a lower percentage of low birth weight babies (6.4%) than the State (8.1%) and Monmouth County (7.4%).
- In 2016, 0.9% of Ocean County babies were very low birth weight as compared to 1.4% statewide.

GAPS

- By race, between 2011 and 2016, the percent of very low birth weight babies increased from 3.1% to 3.9% for Blacks and increased from 1.3% to 1.5% for Hispanics.
- The percentage of Ocean County low birthweight babies was higher among Blacks (20.1%) than for Whites (5.8%) and Hispanics (6.4%) in 2016.

Health Status and Behavioral Health Status

GAPS

- Between 2012 and 2016, BRFSS data reported an increase in the percent of Ocean County residents who indicate their health as "poor or fair," from 16.8% to 17.6%.
- NJBRFSS reports that the number of Ocean County adults with 14 or more physically unhealthy days (in the last 30 days) increased 5.7 percentage points between 2012 (9.9%) and 2016 (15.6%).
- The 2016 Ocean County report of 14+/30 days with "not good" mental health (15.1%) was higher than New Jersey at 10.7%.
- Between 2012 and 2016, the percent of Ocean County residents reporting a history of depression increased from 11.7% to 16.3%.

Morbidity

<u>ASSETS</u>

- According to BRFSS, the percent of Ocean County residents told they have angina or coronary heart disease decreased from 7.7% in 2014, to 2.6% in 2016.
- According to BRFSS, the percent of Ocean County residents told they have had a heart attack declined 2.9 percentage points from 6.1% in 2011 to 4.0% in 2016.
- From 2013 through 2016, Ocean County had a lower rate of patients using a hospital service with stroke/TIA diagnosis compared to the CMC Service Area.
- Incidence of overall invasive cancer in Ocean County decreased from 799.5/100,000 in 2007, to 509.4/100,000 in 2015.
- Diabetes is decreasing among Ocean County residents. Between 2014 (11.5%) and 2016 (6.6%), the rate decreased by 4.9 percentage points.

<u>GAPS</u>

- In 2016, the rate of Ocean County residents using a hospital service with a heart attack diagnosis was higher than those in the State.
- In 2016, Ocean County (3.9%) reported a higher rate of strokes than the State (2.8%) and Monmouth County residents (3.3%).
- In 2015, Ocean County (33.6%) was higher than the *Healthy People 2020* target (26.9%) for adults with high blood pressure.
- In the 2015 BRFSS, 37.6% of Ocean County adults who had their cholesterol checked were told it was high, higher than New Jersey adults (35.4%) and adults in Monmouth County (36.2%).
- The 2015 Ocean County percent of adults who had their cholesterol checked and were told it was high was nearly three times the *Healthy People 2020* target of 13.5%.
- The percent of Ocean County residents with asthma (13.0%) is higher than the State (12.0%), and Monmouth County (9.5%).
- The percentage of Ocean County residents reporting arthritis (27.2%) was higher than the State (23.2%) and Monmouth County (23.4%) in 2016.

APPENDICES

Community Health Needs Assessment

Community Medical Center

RWJ Barnabas HEALTH

Let's be healthy together.

Introduction

In 2016, Community Medical Center (CMC) conducted and adopted its Community Health Needs Assessment (CHNA) which consisted of a community health needs survey of residents in our service area, a detailed review of secondary source data and a survey of local health officials and community agencies. The Plan can be accessed at www.rwjbh.org/community-medical-center/about/community-health-needs-assessment/

Through the CHNA process, health need priorities were chosen based on the Medical Center's capacity, resources, competencies, and the needs specific to the populations it serves. The Implementation Plan addresses the manner in which CMC will address each priority need and the expected outcome for the evaluation of its efforts. The implementation plan which follows is based on the four selected priority areas*:

- Chronic Disease Prevention and Management
- Access to Care
- Behavioral Health: Mental Health & Substance Abuse
- Cancer

CMC participates in the Ocean County Health Advisory Group which is made up of key stakeholders in the county (government, civic, community-based organizations and healthcare providers) who are focused on improving the health of community members. CMC will continue to work with the Ocean County Health Advisory Group, other providers and community organizations to improve the health and welfare of our communities.

*The four focus areas do not represent the full extent of the Medical Center's community benefit activities or its support of the community's health needs. Other needs identified through the CHNA may be better addressed by other agencies/organizations or deferred to another timeframe.

Goal #1: Chronic Disease Prevention and Management

Key CHNA Findings:

- Two thirds of residents have been diagnosed with one of the following: high blood pressure, high cholesterol, weight problems, or heart conditions. All of these conditions are prevalent among older and lower income groups.
- CHF is the most common inpatient ACSC among adults in the CMC service area.

Strategy/Initiative 1.1

Evaluate and improve the care transitions for chronic cardiac conditions.

Indicator/Metric
- Reduce CHF admissions by 5% by 2016 – 2019
- Reduce AMI readmissions by 5% by 2016 – 2019

Tracking/Outcome
2015 Baseline: CHF: 20.76%   AMI: 14.83%

Strategy/Initiative 1.2

In collaboration with community partners, continue to provide screenings for heart disease, cancer and related risk factors including blood pressure and diabetes to enhance early identification and treatment.

Indicator/Metric
- Expand the annual number of attendees by 3% per year, 2016-2019

Tracking/Outcome
2015 Baseline: 12,500
Attendees expected to increase in 2016 given more coordinated efforts

Strategy/Initiative 1.3

Continue efforts to educate community members about diabetes self-care.

Indicator/Metric
- Continue to provide outpatient diabetic self-management classes monthly
- Continue to provide outpatient education and support groups, increasing session attendance by 10% by 2017

Tracking/Outcome
In-house program continued as described
Implemented tracking system in 2016

Strategy/Initiative 1.4

Continue to provide Employee Health and Wellness Program services aimed at prevention and management of chronic diseases.

Indicator/Metric

- Increase employee participation in 2-3 program activities since 2013
- Increase the percentage of employees receiving preventive care visits since 2013

Tracking/Outcome

2017 to establish a baseline
2018 increase participation in program activities by 1%
2018 increase percentage of employees receiving preventative care visits by 10%

Strategy/Initiative 1.5

Continue sponsorship of exercise activities in the community.

Indicator/Metric

- Boost participation in the Insane Inflatable 5K by 3% from 2016 to 2019

Tracking/Outcome

2015 Baseline: 4,000 attendees

Strategy/Initiative 1.6

Offer "The Whimsical Foodtastic Fun Tour" – Children's National School Assembly Program to children grades K-4 in Ocean County schools encouraging healthy eating habits.

Indicator/Metric

- Number of schools served
- Number of students in attendance

Tracking/Outcome

2015 Baseline: 11 schools served; 2,715 students attended

Strategy/Initiative 1.7

Continue hosting an annual food drive in the spring/summer when food pantries are low in stock to provide proper nutrition to Ocean County children and families in need.

Indicator/Metric

- Total pounds of food donated by employees and Medical Staff

Tracking/Outcome

2015 Baseline: 12,319 lbs.

Goal #2: Access to Care.

Key CHNA Findings:

- Need for free/low cost preventatives services in the community. Need to communicate effectively with culturally and ethnically diverse populations.
- Free or low cost screenings for preventative health services are of the greatest importance to females, single residents and lower income groups.

Strategy/Initiative 2.1

In line with needs identified in the service area for primary care physicians (PCP), recruit a minimum of two primary care physicians per year over the next three years.

Indicator/Metric

- Number of physicians recruited

Tracking/Outcome

2015 Baseline: 2 PCPs recruited

Strategy/Initiative 2.2

Matthew J. Morahan Cardiac & ImPact Concussion Screenings – provide education and health screenings regarding concussion and pediatric cardiac disease.

Indicator/Metric

- Provide education, evaluation, and assessment of sports injury and sports-related cardiac and concussion screenings

Tracking/Outcome

2015 Baseline Screenings: Cardiac: 87; ImPact Concussion: 46

Strategy/Initiative 2.3

In collaboration with community partners, continue to provide bilingual health fairs and screenings.

Indicator/Metric

• Provide educational material in Spanish with bilingual healthcare providers to communicate effectively with the community

Tracking/Outcome

2015 Baseline: Hispanic Health Wellness Fair, 75 attendees and 38 health screenings

Strategy/Initiative 2.4

Continue to offer free cancer screenings for breast, cervical, prostate and colon cancer to the uninsured/underinsured, pursuant to the NJCEED grant program objectives.

Indicator/Metric

• Increase number of participants by 5% annually, 2016-2019
• Number of positive findings/patients referred for treatment

Tracking/Outcome

2015 Baseline: 1,437 patients screened with 24 positive or questionable findings referred for follow up

Strategy/Initiative 2.5

Provide access to clinical trials and maintain accrual compliance/comprehensive cancer status as required by the Commission on Cancer (COC) and NAPBC.

Indicator/Metric

• CoC and NAPBC requirements for clinical trial.
  • CoC requirements: 4% in 2015 & 2016
  • NAPBC requirements: 2% in 2015 & 2016

Tracking/Outcome

2015 CMC accruals: CoC: 19%; NAPBC: 6%

CMC is above benchmark for both requirements

Goal #3: Behavioral Health: Mental Health and Substance Abuse

Key CHNA Findings:

- Nearly one in five area residents has sought treatment for excessive stress, depression and other mental health conditions. A portion of survey respondents report that drugs have had a harmful effect on family and view the process of seeking treatment as difficult.

- The percentage of Ocean County adults reporting limited activity due to physical, social, or emotional problems increased from 2009 - 2011.

Strategy/Initiative 3.1

Staff ED with a psychiatrist to evaluate and treat emergent/urgent patients to help prevent unnecessary hospitalizations.

Indicator/Metric

- Track turnaround time from evaluate/treat to disposition, using Cerner

Tracking/Outcome

Achieve Length of Stay less than 10 hours from medical clearance to discharge

Strategy/Initiative 3.2

Through collaboration with RWJBarnabas Health Behavioral Health Center ("BHBHC"), increase staff awareness and provide appropriate referrals to select services to needed individuals and families.

- Project MORE program for youths at risk for social problems, emotional problems, etc.
- Strengthening Families Programs

Indicator/Metric

- Provide quarterly postings to Hospital ED staff and Nursing Staff of select BHBHC programs and services being offered to at risk populations and the community

Tracking/Outcome

Behavioral Health program information will be shared with CMC employees and posted in the emergency department to include, but not limited to: Depression Awareness, PTSD and Smoking Cessation

Strategy/Initiative 3.3

The Opioid Overdose Program responds to individuals reversed from an opioid overdose who are treated at CMC's Emergency Department as a result of the reversal.

Indicator/Metric

Navigators will track each patient to monitor treatment compliance

Tracking/Outcome

Monthly outcomes will be distributed to CMC Administration and the Division of Mental Health

Goal #4: Cancer

Key CHNA Findings:

- Cancer tops the list of health issues among consumer survey respondents. Mammograms and pap smears for women are seen as being most important to survey respondents.
- Breast cancer has the highest incidence rate in the County (and increased from 2010-2013), followed by prostate, lung, melanoma and colorectal. Rates for breast, melanoma, lung and colorectal were higher than the state.

Strategy/Initiative 4.1

Provide a patient navigator process for lung, breast, social work and survivorship, to address the needs of cancer patients and will continue to monitor the number of patients served.

Indicator/Metric

- Increase number of participants served by 5% annually, 2016-2019

Tracking/Outcome

Disparities/Barriers to Care in 2015 include:

Fear of screening: Widespread fear of a lung cancer diagnosis which prohibits large number of the high risk population from obtaining screening CT.

Lack of understanding of navigator: Trend is for patients to not call navigator for assistance due to lack of understanding of role. They associate navigator with the department in which they meet, despite education as to navigator's role. Also, separate patient surveys were sent to evaluate navigation services. To-date, 98 sent out and 15 returned.

Disparities to care identified: Lack of education about the disease process and coordination of care remain the two largest barriers to quality care.

Lack of familiarity or trust: 2015 trend noticed in physician practices and fellow navigator that patients reluctant to have surgery at CMC and transfer their surgery and/or care to other hospitals. Going forward, these are numbers that will be tracked to better understand the problem and formulate a plan of action.

**Community
Medical Center** | **RWJBarnabas
HEALTH**
Let's be healthy together.

99 HIGHWAY 37 WEST | TOMS RIVER, NEW JERSEY 08755 | **rwjbh.org/community**

6587-05/18cmc

APPENDIX B: SECONDARY DATA SOURCES

Source	
Advocates for Children of New Jersey	http://acnj.org
Agency for Healthcare Research and Quality	http://www.ahrq.gov
Alcohol Retail Density and Demographic Predictors of Health Disparities: A Geographic Analysis	http://www.ncbi.nlm.nih.gov/
American Cancer Society Guidelines for Early Detection of Cancer	http://www.cancer.org
American Nutrition Association	http://americannutritionassociation.org
Annals of Family Medicine, Inc.	http://www.annfammed.org
Asthma and Allergy Foundation of America	www.aafa.org
BRFSS and Youth BRFSS	www.cdc.gov
Bruno and Ridgway Community Health Assessment Study	
Bureau of Labor Statistics	http://data.bls.gov
CDC	http://www.cdc.gov
CDC Community Health Indicators Service	http://wwwn.cdc.gov/CommunityHealth
CDC Division of Nutrition, Physical Activity, and Obesity	http://www.cdc.gov/obesity
CDC National Center for Environmental Health	http://www.cdc.gov/nceh
CDC National Center for Health Statistics	http://www.cdc.gov/nchs/fastats/
CDC National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention	https://www.cdc.gov/std
CDC NCIRD	http://www.cdc.gov/vaccines
CDC Preventing Chronic Disease	http://www.cdc.gov/pcd
CDC WONDER	http://wonder.cdc.gov
Centers for Medicare and Medicaid Services (CMS)	https://www.cms.gov
Child Trends	http://www.childtrends.org
County Health Rankings	http://www.countyhealthrankings.org
Department of Numbers	http://www.deptofnumbers.com
Do Something	https://www.dosomething.org
Enroll America	https://www.enrollamerica.org
Free Clinic Directory	http://freeclinicdirectory.org
Gallup	http://www.gallup.com
Health Care Decision Analyst	New Solutions, Inc.
Healthgrades	https://www.healthgrades.com
Health Grove	http://www.healthgrove.com
Health Indicators Warehouse (BRFSS)	www.healthindicators.gov
Health Resources and Services Administration Data Warehouse	https://datawarehouse.hrsa.gov
Healthy People 2020	https://www.healthypeople.gov
Home Facts	http://www.homefacts.com
Institute of Medicine	http://www.nap.edu
Kaiser Family Foundation	http://kff.org
Kaiser Health News	http://khn.org
Kids Count	http://www.datacenter.kidscount.org
March of Dimes	http://www.marchofdimes.org
NJ Department Human Services, Division of Addiction Services, New Jersey Drug and Alcohol Abuse Treatment	http://www.state.nj.us/humanservices/dmhas/home/
NJ Department of Health and Senior Services, Center for Health	http://www.nj.gov/health/chs/
National Association for Convenience and Fuel Retailing	http://www.nacsonline.com
National Center for Biotechnology Information	http://www.ncbi.nlm.nih.gov
National Center for Health Statistics CDC	http://www.cdc.gov/nchs/data
National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention; Division of HIV/AIDS Prevention	http://www.cdc.gov/hiv
National Highway Traffic Safety Administration	http://www-nrd.nhtsa.dot.gov
National Institute for Mental Illness	http://www.nami.org
National Institute of Diabetes, Digestive & Kidney Diseases	http://www.niddk.nih.gov
National Institutes of Health Medline Plus Health Screening	https://www.nlm.nih.gov/medlineplus
National Poverty Center University of Michigan	http://www.npc.umich.edu

Source

Source	URL
Neighborhood Scout	http://www.neighborhoodscout.com/nj/crime/
New Jersey Council of Teaching Hospitals	http://njcth.org
New Jersey Death Certificate Database, Office of Vital Statistics and Registry	http://www.nj.gov/health/vital/
New Jersey State Health Assessment Data Complete Indicator Profile of Risk Factor for Childhood Lead Exposure: Pre-1950 Housing	https://www26.state.nj.us/doh-shad
NIH Medline Plus	https://www.nlm.nih.gov/medlineplus
NJ Department of Education	http://www.state.nj.us/education
NJ DOH Family Health	http://www.nj.gov/health/fhs
NJ DOH, Division of Communicable Disease Services	http://www.nj.gov/health/cd/
NJ DOH, New Jersey Cancer Registry	http://www.cancer-rates.info/nj/
NJ DOH Division of HIV, STD, and TB Services	http://www.nj.gov/health/hivstdtb/
NJ Department of Labor and Workforce Development	http://lwd.dol.state.nj.us/labor
NJ Department of Law and Public Safety, Uniform Crime Reporting Unit, US Census Bureau, American Community Survey	http://www.njsp.org/ucr/crime-reports.shtml
NJ State Police Uniform Crime Reporting Unit	http://www.njcedv.org
NJ Substance Abuse Monitoring System	https://njsams.rutgers.edu/njsams
NJ.Com	http://www.nj.com
NJ State Health Assessment Data (SHAD)	https://www26.state.nj.us/doh-shad/home/Welcome.html
Pro Publica	https://propublica.org
Rutgers Center for Health Policy	http://www.cshp.rutgers.edu
Substance Abuse and Mental Health Services Administration	http://www.samhsa.gov
The Annie E. Casey Foundation Kids Count Data Center Children Receiving TANF (Welfare)	http://www.datacenter.kidscount.org
United States Department of Agriculture Economic Research Service	http://www.ers.usda.gov
United States Department of Health and Human Services	http://www.hhs.gov/healthcare
United States Department of Health and Human Services, Agency for Healthcare Research and Quality Understanding Quality Measurement 2016	http://www.ahrq.gov
United Way	http://www.unitedwaynj.org/ourwork/alicenj.php
University of Nevada	https://www.unce.unr.edu
US Department of Education	http://www.ed.gov
US Department of Health and Human Services, Maternal and Child Health Bureau	http://mchb.hrsa.gov
US DHHS Administration for Children and Families	http://www.acf.hhs.gov
Washington Post	https://www.washingtonpost.com
World Health Organization	http://www.who.int

APPENDIX C1: CANCER INCIDENCE RATE REPORT: CANCER PATIENT ORIGIN
OCEAN COUNTY 2017

Over ninety-one percent of CMC's cancer inpatients, and over 82.3% of the hospital's cancer outpatients originated from the hospital's Primary Service Area.   In total, 97.9% of inpatients and 96.4% of outpatients served in the hospital's cancer programs resided in Ocean County. Manchester (08759) and Toms River (08757) represent the largest segment of CMC's inpatient cancer patients. The same two zip codes represent the largest segments of CMC's outpatient cancer patients. The health factors and outcomes explored in this CHNA bear relevance to the oncology services and its review of specific cancer needs for the community.

CANCER PATIENT ORIGIN	2017 CMC IP PATIENTS	%	2017 CMC OP PATIENTS	%
Ocean County	2,262	97.9%	3,600	96.4%
Primary Service Area	2,121	91.8%	3,076	82.3%
Secondary Service Area	140	6.1%	522	14.0%
Out of Service Area (NJ)	35	1.5%	111	3.0%
Out of State	14	0.6%	27	0.7%
TOTAL	2,310	100.0%	3,736	100.0%
Manchester (08759)	604	26.1%	737	19.7%
Toms River (08757)	557	24.1%	707	18.9%

Source; Decision Support; IP volume includes cases with ICD10 principal or secondary codes C00 thru D49.9 (Neoplasms); OP volume includes cases with ICD10 principal or secondary codes Z51.0 or Z51.11 (Chemo and Radiation Therapy).

APPENDIX C2: CANCER INCIDENCE RATE REPORT: OCEAN COUNTY 2011-2015

Cancer Site	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend
INCIDENCE RATE REPORT FOR OCEAN COUNTY 2011-2015				
All Cancer Sites	515.9	4370	falling	-0.7
Bladder	24.4	230	falling	-3.5
Brain & ONS	7.7	54	stable	0.4
Breast	130.8	567	falling	-0.6
Cervix	8.7	28	falling	-2.1
Colon & Rectum	45.5	406	falling	-3
Esophagus	5.7	51	stable	5.5
Kidney & Renal Pelvis	17.7	144	rising	1.7
Leukemia	16	132	stable	0.3
Liver & Bile Duct	8.1	71	rising	4.3
Lung & Bronchus	70.3	647	falling	-1.6
Melanoma of the Skin	34.3	277	rising	3.7
Non-Hodgkin Lymphoma	22.6	195	stable	0.6
Oral Cavity & Pharynx	11.8	100	stable	0.2
Ovary	12.6	57	falling	-1.8
Pancreas	15.2	140	rising	1.1
Prostate	125.8	506	falling	-2.9
Stomach	7.6	68	falling	-1.6
Thyroid	23.1	142	stable	-2.8
Uterus (Corpus & Uterus, NOS)	31.7	144	stable	0.3

The Source for C, and the following tables C3, C4, C5 and C6 is: Source: https://statecancerprofiles.cancer.gov

APPENDIX C3: CANCER INCIDENCE DETAILED RATE REPORT: OCEAN COUNTY 2011-2015
SELECT CANCER SITES: RISING INCIDENCE RATE

		Kidney & Renal Pelvis	Liver & Bile Duct	Melanoma of the Skin	Pancreas
INCIDENCE RATE REPORT FOR OCEAN COUNTY 2011-2015 All Races (includes Hispanic), All Ages	Age-Adjusted Incidence Rate - cases per 100,000	17.7	8.1	34.3	15.2
	Average Annual Count	144	71	277	140
	Recent Trend	rising	rising	rising	rising
	Recent 5-Year Trend in Incidence Rates	1.7	4.3	3.7	1.1
White Non-Hispanic, All Ages	Age-Adjusted Incidence Rate - cases per 100,000	17.8	8	35.1	15.2
	Average Annual Count	134	65	260	130
	Recent Trend	rising	rising	stable	rising
	Recent 5-Year Trend in Incidence Rates	1.7	4.4	0.7	1.1
Black (includes Hispanic), All Ages	Age-Adjusted Incidence Rate - cases per 100,000	*	*	*	*
	Average Annual Count	3 or fewer	3 or fewer	3 or fewer	3 or fewer
	Recent Trend	*	*	*	*
	Recent 5-Year Trend in Incidence Rates	*	*	*	*
Asian or Pacific Islander (includes Hispanic), All Ages	Age-Adjusted Incidence Rate - cases per 100,000	*	*	*	*
	Average Annual Count	3 or fewer	3 or fewer	3 or fewer	3 or fewer
	Recent Trend	*	*	*	*
	Recent 5-Year Trend in Incidence Rates	*	*	*	*
Hispanic (any race), All Ages	Age-Adjusted Incidence Rate - cases per 100,000	18.7	9.2	9.9	17.1
	Average Annual Count	6	3	3	5
	Recent Trend	*	*	*	*
	Recent 5-Year Trend in Incidence Rates	*	*	*	*
MALES	Age-Adjusted Incidence Rate - cases per 100,000	24.4	12.9	44.1	17.1
	Average Annual Count	89	50	166	66
	Recent Trend	rising	rising	rising	stable
	Recent 5-Year Trend in Incidence Rates	1.4	4.3	3.9	0.7
FEMALES	Age-Adjusted Incidence Rate - cases per 100,000	12.2	4.2	27.3	13.8
	Average Annual Count	55	21	112	73
	Recent Trend	rising	rising	rising	rising
	Recent 5-Year Trend in Incidence Rates	2	3.9	3.5	1.4

Data has been suppressed to ensure confidentiality and stability of rate estimates. Counts are suppressed if fewer than 16 records were reported in a specific area-sex-race category. If an average count of 3 is shown, the total number of cases for the time period is 16 or more which exceeds suppression threshold (but is rounded to 3).

APPENDIX C4: CANCER MORTALITY RATE REPORT: OCEAN COUNTY 2011-2015

Cancer Site	Met Healthy People Objective	Age-Adjusted Death Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend
MORTALITY RATE REPORT FOR OCEAN COUNTY 2011-2015					
All Cancer Sites	No	169	1589	falling	-1.4
Bladder	***	5.7	56	stable	0.2
Brain & ONS	***	4.4	35	stable	-0.1
Breast	No	21.4	108	falling	-2.4
Cervix	Yes	2	8	stable	-1.7
Colon & Rectum	No	15.5	150	falling	-2.5
Esophagus	***	4.2	39	stable	0.1
Kidney & Renal Pelvis	***	3.2	30	stable	-1
Leukemia	***	6.8	63	falling	-1.2
Liver & Bile Duct	***	6.1	56	rising	2.8
Lung & Bronchus	No	45.9	434	falling	-3.3
Melanoma of the Skin	No	2.8	26	stable	-0.5
Non-Hodgkin Lymphoma	***	5.7	57	stable	-1.2
Oral Cavity & Pharynx	Yes	1.8	17	falling	-1.7
Ovary	***	7.1	37	falling	-2.1
Pancreas	***	12.4	119	stable	0.5
Prostate	Yes	17	71	falling	-3.6
Stomach	***	2.8	27	falling	-4.2
Thyroid	***	0.5	4	*	*
Uterus (Corpus & Uterus, NOS)	***	5.3	28	rising	1.5

*** No Healthy People 2020 Objective for this cancer.

* Data has been suppressed to ensure confidentiality and stability of rate estimates. Counts are suppressed if fewer than 16 records were reported in a specific area-sex-race category. If an average count of 3 is shown, the total number of cases for the time period is 16 or more which exceeds suppression threshold (but is rounded to 3).

APPENDIX C5: CANCER MORTALITY DETAILED RATE REPORT FOR RISING RATES: MONMOUTH COUNTY 2011-2015

		Liver & Bile Duct	Uterus (Corpus & Uterus, NOS)
MORTALITY RATE REPORT FOR OCEAN COUNTY 2011-2015 All Races (includes Hispanic), All Ages	Met Healthy People Objective	***	***
	Age-Adjusted Death Rate - cases per 100,000	6.1	5.3
	Average Annual Count	56	28
	Recent Trend	rising	rising
	Recent 5-Year Trend in Death Rates	2.8	1.5
White Non-Hispanic, All Ages	Met Healthy People Objective	***	***
	Age-Adjusted Death Rate - cases per 100,000	6.4	5.5
	Average Annual Count	55	27
	Recent Trend	rising	rising
	Recent 5-Year Trend in Death Rates	3.2	1.7
Black (includes Hispanic), All Ages	Met Healthy People Objective	*	*
	Age-Adjusted Death Rate - cases per 100,000	*	*
	Average Annual Count	3 or fewer	3 or fewer
	Recent Trend	*	*
	Recent 5-Year Trend in Death Rates	*	*
Asian or Pacific Islander (includes Hispanic), All Ages	Met Healthy People Objective	*	*
	Age-Adjusted Death Rate - cases per 100,000	*	*
	Average Annual Count	3 or fewer	3 or fewer
	Recent Trend	*	*
	Recent 5-Year Trend in Death Rates	*	*
Hispanic (any race), All Ages	Met Healthy People Objective	*	*
	Age-Adjusted Death Rate - cases per 100,000	*	*
	Average Annual Count	3 or fewer	3 or fewer
	Recent Trend	*	*
	Recent 5-Year Trend in Death Rates	*	*
MALES	Met Healthy People Objective	***	n/a
	Age-Adjusted Death Rate - cases per 100,000	9.6	n/a
	Average Annual Count	38	n/a
	Recent Trend	rising	n/a
	Recent 5-Year Trend in Death Rates	3	n/a
FEMALES	Met Healthy People Objective	***	***
	Age-Adjusted Death Rate - cases per 100,000	3.3	5.3
	Average Annual Count	18	23
	Recent Trend	rising	stable
	Recent 5-Year Trend in Death Rates	2.1	0.5

* Data has been suppressed to ensure confidentiality and stability of rate estimates. Counts are suppressed if fewer than 16 records were reported in a specific area-sex-race category. If an average count of 3 is shown, the total number of cases for the time period is 16 or more which exceeds suppression threshold (but is rounded to 3).

APPENDIX C6: CANCER INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015

County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
ALL SITES: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	441.2	1,580,653	falling	-1.4
New Jersey	477.5	49,332	falling	-0.9
Atlantic County	490.9	1,646	falling	-0.6
Bergen County	462	5,311	falling	-1.1
Burlington County	521.7	2,845	stable	-1
Camden County	513.9	2,982	stable	-1.4
Cape May County	557.2	864	stable	-0.1
Cumberland County	502.9	862	stable	0.1
Essex County	452.1	3,717	falling	-1.2
Gloucester County	529.7	1,753	stable	-1.7
Hudson County	391.1	2,429	falling	-1.5
Hunterdon County	481.7	762	stable	-0.2
Mercer County	498.1	2,058	falling	-0.4
Middlesex County	455.8	4,118	falling	-1
Monmouth County	511.5	3,950	falling	-1.6
Morris County	470.4	2,848	falling	-1.7
Ocean County	515.9	4,370	falling	-0.7
Passaic County	441.4	2,378	falling	-0.9
Salem County	534.1	443	stable	0.1
Somerset County	461.1	1,761	falling	-1.4
Sussex County	489.7	863	falling	-0.5
Union County	451.9	2,692	falling	-1.2
Warren County	497.8	665	falling	-0.5
Bladder: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	20.3	72,640	falling	-1.7
New Jersey	23.6	2,449	falling	-1.5
Atlantic County	27.9	94	stable	0.2
Bergen County	23	272	falling	-0.8
Burlington County	26.7	147	stable	0
Camden County	25.3	146	stable	0
Cape May County	35	58	rising	1.3
Cumberland County	26.4	45	stable	1
Essex County	19.1	153	stable	-0.4

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Gloucester County	28.4	91	rising	0.7
Hudson County	17.5	102	falling	-1.5
Hunterdon County	28.2	44	rising	1.4
Mercer County	22.1	91	stable	-0.5
Middlesex County	23.1	205	stable	-0.3
Monmouth County	25.8	202	stable	-0.2
Morris County	24.3	149	stable	-0.3
Ocean County	24.4	230	falling	-3.5
Passaic County	21.2	113	stable	-0.6
Salem County	29.5	25	stable	0.3
Somerset County	21.3	81	stable	0.3
Sussex County	26.6	45	stable	-0.3
Union County	20.1	119	falling	-3.7
Warren County	27.6	37	stable	-0.6
Brain & ONS: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	6.5	22,226	falling	-0.9
New Jersey	6.9	669	falling	-0.3
Atlantic County	7.3	22	stable	0.3
Bergen County	7.7	81	stable	-0.4
Burlington County	7.2	36	stable	0.5
Camden County	7.2	39	stable	0
Cape May County	7.1	9	stable	0
Cumberland County	7.1	12	stable	-0.8
Essex County	5.1	42	falling	-1.4
Gloucester County	7.3	23	stable	-0.3
Hudson County	5.7	37	falling	-1.2
Hunterdon County	7.8	10	stable	-0.5
Mercer County	7.1	27	stable	-0.5
Middlesex County	6.3	55	falling	-1
Monmouth County	7.3	54	stable	0.5
Morris County	7.9	43	stable	0.1
Ocean County	7.7	54	stable	0.4
Passaic County	6.7	35	falling	-0.9
Salem County(7)	7.3	5	*	*
Somerset County	6.1	22	stable	-0.5
Sussex County	7.7	12	stable	-0.5

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Union County	6.2	36	falling	-1
Warren County	10.4	13	stable	1.6
Breast: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	124.7	234,445	stable	0.2
New Jersey	133.4	7,357	rising	0.4
Atlantic County	132.5	236	stable	-0.1
Bergen County	135.5	822	falling	-0.6
Burlington County	139.6	405	stable	-0.1
Camden County	140.1	440	stable	0.4
Cape May County	129.9	100	falling	-0.7
Cumberland County	113.9	101	falling	-0.8
Essex County	133.5	610	rising	5.7
Gloucester County	142.6	257	stable	0
Hudson County	104.4	356	falling	-0.5
Hunterdon County	155.1	133	stable	-0.1
Mercer County	140	309	stable	-0.4
Middlesex County	129.2	625	falling	-0.5
Monmouth County	144.1	594	stable	-0.1
Morris County	144.4	465	stable	-0.3
Ocean County	130.8	567	falling	-0.6
Passaic County	117	344	falling	-0.5
Salem County	126.1	55	stable	-0.5
Somerset County	140.4	290	stable	0.4
Sussex County	134.3	125	stable	-0.2
Union County	133.4	433	falling	-0.4
Warren County	127.7	91	stable	-0.3
Cervix: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	7.5	12,529	stable	0.2
New Jersey	7.6	380	falling	-2.6
Atlantic County	9.8	15	falling	-3.6
Bergen County	6.7	36	falling	-2
Burlington County	6.1	15	stable	-9.4
Camden County	7.8	22	falling	-2.4
Cape May County	10.2	5	stable	-0.4
Cumberland County	12	9	falling	-3.8
Essex County	9.5	42	falling	-3.7

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Gloucester County	6.9	11	falling	-2.5
Hudson County	10.1	35	falling	-2.7
Hunterdon County	5.3	4	falling	-2.3
Mercer County	5.5	11	falling	-3.3
Middlesex County	6.1	28	falling	-2.3
Monmouth County	6.9	26	falling	-2.6
Morris County	5.9	18	falling	-2.2
Ocean County	8.7	28	falling	-2.1
Passaic County	7.9	21	falling	-2.2
Salem County(7)	*	3 or fewer	*	*
Somerset County	8.3	15	stable	-1.3
Sussex County	5.8	5	falling	-3.1
Union County	8.5	26	falling	-1.9
Warren County	7.8	5	falling	-3.1
Colon & Rectum: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	39.2	139,950	falling	-1.7
New Jersey	41.9	4,346	falling	-1.6
Atlantic County	42.1	143	falling	-2.7
Bergen County	38.3	447	stable	0.4
Burlington County	46.8	256	falling	-2.1
Camden County	45.5	263	falling	-2.9
Cape May County	46.2	72	falling	-2.8
Cumberland County	49.3	84	falling	-1.4
Essex County	43.3	355	stable	0.4
Gloucester County	44.1	144	falling	-2.2
Hudson County	41.4	254	falling	-2.5
Hunterdon County	41	65	falling	-2.8
Mercer County	39.5	164	falling	-4.4
Middlesex County	41.6	375	falling	-2.5
Monmouth County	41.9	326	falling	-3.7
Morris County	36.5	224	falling	-3
Ocean County	45.5	406	falling	-3
Passaic County	40	215	falling	-3.6
Salem County	47.4	40	falling	-2.1
Somerset County	35.9	139	falling	-2.4
Sussex County	42.5	71	falling	-2.9

County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
Union County	40.4	241	falling	-2.5
Warren County	46.3	62	falling	-2.9
Esophagus: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	4.6	16,795	falling	-0.9
New Jersey	4.4	465	falling	-1
Atlantic County	4.4	15	falling	-2.5
Bergen County	3.3	39	falling	-1.8
Burlington County	5.3	30	stable	-0.1
Camden County	5.2	31	stable	-1
Cape May County	5.5	8	stable	-0.8
Cumberland County	5.6	10	stable	0.6
Essex County	3.9	32	falling	-3.1
Gloucester County	6.3	22	stable	1.1
Hudson County	3	18	falling	-2.9
Hunterdon County	4.6	8	stable	-0.4
Mercer County	4.7	19	stable	-1.3
Middlesex County	4	37	falling	-1.1
Monmouth County	4.6	36	stable	-0.4
Morris County	4.6	29	stable	0.3
Ocean County	5.7	51	stable	5.5
Passaic County	4.4	24	stable	-1.1
Salem County	5.4	5	stable	-2
Somerset County	3.2	12	falling	-1.6
Sussex County	5.5	10	stable	0.2
Union County	3.6	22	falling	-1.7
Warren County	5.8	8	stable	1.4
Kidney & Renal Pelvis.: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	16.4	58,599	rising	0.8
New Jersey	16	1,655	stable	0.2
Atlantic County	17.2	58	rising	1.4
Bergen County	16.1	186	rising	1
Burlington County	19.9	108	rising	2.6
Camden County	19.5	112	rising	2
Cape May County	18.1	29	rising	1.9
Cumberland County	22.6	38	rising	4.2
Essex County	13	108	rising	0.8

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Gloucester County	19.2	65	rising	2
Hudson County	12.4	79	stable	0.7
Hunterdon County	13.4	22	rising	1.6
Mercer County	16.2	68	rising	2.1
Middlesex County	14.8	135	rising	0.9
Monmouth County	16.7	131	rising	1.3
Morris County	13.7	83	stable	0.9
Ocean County	17.7	144	rising	1.7
Passaic County	15.9	85	rising	1.6
Salem County	18.1	15	stable	1
Somerset County	13.8	54	rising	1.7
Sussex County	14.1	27	stable	0.1
Union County	15.1	90	rising	1
Warren County	16.3	21	rising	1
Leukemia: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	13.6	47,270	falling	-1.6
New Jersey	15.2	1,523	rising	0.6
Atlantic County	14.5	47	stable	0.5
Bergen County	16.1	182	rising	0.8
Burlington County	15.3	80	rising	1.2
Camden County	15.2	86	rising	0.9
Cape May County	15.9	24	rising	1.2
Cumberland County	15.3	26	rising	2
Essex County	13.1	104	stable	-0.3
Gloucester County	17.3	55	rising	1.6
Hudson County	12.1	73	falling	-0.7
Hunterdon County	13.2	20	stable	-0.8
Mercer County	15.8	65	stable	0.6
Middlesex County	15	133	rising	0.6
Monmouth County	15.7	118	rising	1.1
Morris County	16	94	stable	0.6
Ocean County	16	132	stable	0.3
Passaic County	15.1	78	stable	0.1
Salem County	12.9	10	stable	0.8
Somerset County	15.3	56	stable	0.6
Sussex County	16.5	28	stable	1

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Union County	16	92	rising	1.2
Warren County	15.6	20	stable	0.1
Liver & Bile Duct: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	8.1	30,492	rising	2.2
New Jersey	7.5	808	rising	2.2
Atlantic County	8.2	30	rising	2.9
Bergen County	6.8	81	rising	1.6
Burlington County	7.4	42	rising	3.2
Camden County	9.1	55	rising	3.8
Cape May County	8.8	15	rising	5.4
Cumberland County	10.7	19	rising	6.8
Essex County	7.7	67	rising	1.8
Gloucester County	8.6	30	rising	4
Hudson County	7.8	49	rising	2.2
Hunterdon County(7)	5.8	10	*	*
Mercer County	8.4	36	rising	4.1
Middlesex County	7.4	68	rising	3
Monmouth County	6.8	56	rising	1.9
Morris County	5.7	36	rising	1.3
Ocean County	8.1	71	rising	4.3
Passaic County	8.2	46	rising	2.9
Salem County	10.9	9	rising	4.6
Somerset County	6.6	27	rising	3.2
Sussex County	7.2	13	rising	1.9
Union County	6	37	rising	2.4
Warren County	7.4	10	stable	1
Lung & Bronchus: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	60.2	217,545	falling	-2.1
New Jersey	57.3	5,940	falling	-2.2
Atlantic County	68.2	232	falling	-2.8
Bergen County	50.9	596	falling	-1.3
Burlington County	63.1	344	falling	-0.9
Camden County	71.4	415	falling	-0.6
Cape May County	79.3	131	stable	-0.2
Cumberland County	70.9	122	falling	-2.7
Essex County	48.7	392	falling	-2.4

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Gloucester County	76	249	falling	-0.5
Hudson County	46.3	274	falling	-2
Hunterdon County	52.1	80	falling	-1.5
Mercer County	58.9	242	falling	-1
Middlesex County	52.3	466	falling	-1.6
Monmouth County	61.6	478	falling	-2.5
Morris County	48	291	falling	-1.5
Ocean County	70.3	647	falling	-1.6
Passaic County	49.6	266	stable	-5.7
Salem County	76.5	66	stable	-0.6
Somerset County	47.1	177	falling	-1.2
Sussex County	62.4	109	falling	-1.1
Union County	47.5	275	falling	-1.6
Warren County	63.4	87	falling	-1
Melanoma of the Skin: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	21.3	74,467	rising	2.1
New Jersey	22.1	2,251	stable	0.2
Atlantic County	25.5	85	stable	-1.5
Bergen County	17.8	203	falling	-2.3
Burlington County	26.6	145	stable	0.8
Camden County	20.7	120	stable	-0.3
Cape May County	45	68	rising	3.9
Cumberland County	16.2	28	rising	1.9
Essex County	13.1	106	stable	0.8
Gloucester County	26.9	86	stable	0.1
Hudson County	7.9	50	stable	-0.6
Hunterdon County	39.1	61	rising	5
Mercer County	23.4	95	stable	-8.1
Middlesex County	17.9	161	rising	1.8
Monmouth County	31.6	237	rising	2
Morris County	26.5	159	stable	-0.4
Ocean County	34.3	277	rising	3.7
Passaic County	14	74	rising	1.8
Salem County	36.8	28	rising	5.3
Somerset County	24.1	91	stable	-1.2
Sussex County	28.7	49	rising	2.7

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Union County	15.3	91	rising	1.1
Warren County	26	33	rising	1.7
Non-Hodgkin Lymphoma: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	18.9	66,509	falling	-1
New Jersey	21.6	2,188	stable	-0.2
Atlantic County	20.9	67	stable	-0.3
Bergen County	22.4	255	stable	-0.1
Burlington County	21.8	116	rising	0.6
Camden County	19.8	114	stable	0.1
Cape May County	20.2	31	stable	-0.2
Cumberland County	21.7	37	stable	0.4
Essex County	19.4	157	stable	0
Gloucester County	22.2	71	stable	0.7
Hudson County	17.7	110	stable	-0.4
Hunterdon County	23.4	36	stable	0.6
Mercer County	21.7	88	stable	0.4
Middlesex County	22.4	199	rising	0.6
Monmouth County	23.4	177	stable	-0.6
Morris County	22.7	134	stable	-0.7
Ocean County	22.6	195	stable	0.6
Passaic County	19.5	101	stable	0.4
Salem County	20.7	17	stable	0.6
Somerset County	21	80	stable	0.8
Sussex County	22.2	38	stable	0.3
Union County	22.4	134	stable	-0.3
Warren County	23.2	30	stable	0.6
Oral Cavity & Pharynx: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	11.6	42,585	stable	0.4
New Jersey	10.6	1,118	stable	0.6
Atlantic County	14.1	49	stable	0.3
Bergen County	9.4	109	stable	0.1
Burlington County	11.4	63	stable	0
Camden County	11.6	69	stable	0.4
Cape May County	13	20	stable	0.4
Cumberland County	13.1	23	stable	0.6
Essex County	8.9	75	falling	-2.1

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Gloucester County	11.1	39	stable	0.8
Hudson County	7.9	50	falling	-2.4
Hunterdon County	9.4	17	stable	0.6
Mercer County	9.3	40	falling	-1.6
Middlesex County	10.4	95	stable	0.1
Monmouth County	11.9	96	stable	0.2
Morris County	10.5	66	stable	0.3
Ocean County	11.8	100	stable	0.2
Passaic County	9.9	55	falling	-1.1
Salem County	14	11	stable	1.5
Somerset County	10.1	41	rising	1
Sussex County	13.3	24	stable	0.5
Union County	9.5	59	stable	-0.3
Warren County	11.3	16	stable	0.5
Ovary: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	11.3	21,476	falling	-1.6
New Jersey	12.3	692	falling	-1.9
Atlantic County	11.5	20	falling	-1.7
Bergen County	12.1	75	falling	-2.5
Burlington County	14.1	42	falling	-1.2
Camden County	13	41	falling	-1.4
Cape May County	15.2	12	stable	-0.8
Cumberland County	8.4	8	falling	-2.5
Essex County	12.2	56	falling	-2
Gloucester County	13.3	25	stable	-1.2
Hudson County	11.4	39	falling	-2
Hunterdon County	11	10	falling	-3.1
Mercer County	14.3	32	stable	-0.6
Middlesex County	11.8	57	falling	-2
Monmouth County	12.3	53	falling	-1.9
Morris County	12.1	40	falling	-1.9
Ocean County	12.6	57	falling	-1.8
Passaic County	12.1	36	falling	-1.9
Salem County	13.6	6	stable	0
Somerset County	12.3	26	falling	-1.1
Sussex County	13.8	13	stable	-1.4

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Union County	10.7	36	falling	-2.6
Warren County	12.6	9	stable	-1.2
Pancreas: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	12.6	45,703	rising	0.6
New Jersey	14	1,465	rising	1.2
Atlantic County	13.3	45	stable	-0.2
Bergen County	13.8	164	stable	0.2
Burlington County	15.7	87	rising	3
Camden County	13.6	79	stable	0.6
Cape May County	13.9	23	stable	0.9
Cumberland County	14.5	25	rising	1.6
Essex County	14.6	117	stable	0
Gloucester County	13.8	46	rising	1.6
Hudson County	13.1	78	rising	3.8
Hunterdon County	15.1	24	rising	1.4
Mercer County	17.1	70	rising	2.4
Middlesex County	13.3	120	stable	0.2
Monmouth County	14.2	113	stable	0.5
Morris County	13.4	83	rising	1.5
Ocean County	15.2	140	rising	1.1
Passaic County	13.2	72	stable	0.4
Salem County	12.6	11	stable	1.3
Somerset County	12.9	49	rising	1.3
Sussex County	13.1	22	stable	0.2
Union County	12.9	77	stable	0
Warren County	15	21	rising	1.5
Prostate: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	109	190,639	falling	-7.3
New Jersey	134.7	6,575	falling	-6
Atlantic County	120.7	199	falling	-3
Bergen County	131.1	714	falling	-4
Burlington County	147.8	390	falling	-6.3
Camden County	141.7	385	stable	-0.7
Cape May County	161.5	126	falling	-1.5
Cumberland County	127.2	103	falling	-1.2
Essex County	158.8	580	falling	-4.8

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Gloucester County	136.8	219	falling	-7.5
Hudson County	111.8	297	falling	-4.4
Hunterdon County	103	83	falling	-2.1
Mercer County	147	285	falling	-1.7
Middlesex County	127.3	542	falling	-3.4
Monmouth County	144.9	544	falling	-1.8
Morris County	135.5	397	falling	-7.8
Ocean County	125.8	506	falling	-2.9
Passaic County	137.1	342	falling	-1.4
Salem County	138.9	57	stable	-1
Somerset County	125.2	228	falling	-2.3
Sussex County	122.5	115	falling	-6.8
Union County	138.4	378	falling	-6
Warren County	125.2	84	falling	-8.3
Stomach: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	6.6	23,501	falling	-1.2
New Jersey	8	827	falling	-1.6
Atlantic County	7.5	25	falling	-1.5
Bergen County	9.1	107	falling	-1.1
Burlington County	6.4	36	falling	-1.6
Camden County	8.9	51	stable	-0.5
Cape May County	5.8	9	stable	-0.4
Cumberland County	7.4	12	falling	-1.7
Essex County	9.3	75	falling	-2
Gloucester County	6.7	22	falling	-1.5
Hudson County	10	61	falling	-0.9
Hunterdon County	5	8	falling	-3.4
Mercer County	8.2	33	falling	-2.2
Middlesex County	7.4	67	falling	-1.8
Monmouth County	6.1	49	falling	-2.3
Morris County	7.1	43	falling	-1.2
Ocean County	7.6	68	falling	-1.6
Passaic County	9.8	53	stable	-0.8
Salem County	6.6	5	stable	-1.3
Somerset County	6.9	26	falling	-1.7
Sussex County	6.8	11	falling	-2.5

INCINDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Union County	9.4	55	falling	-1.5
Warren County	6.8	9	falling	-2.6
Thyroid: All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	14.5	47,777	stable	0.6
New Jersey	19.2	1,833	stable	0.8
Atlantic County	14.9	44	stable	-2.3
Bergen County	19.6	201	stable	-2.1
Burlington County	21.4	105	stable	2.1
Camden County	22.2	119	rising	3.2
Cape May County	16.9	18	rising	6
Cumberland County	17.2	28	stable	-7.2
Essex County	12.6	103	rising	5.1
Gloucester County	21.7	67	rising	4.9
Hudson County	14.8	105	stable	-0.3
Hunterdon County	16.5	23	rising	4.5
Mercer County	24.1	96	rising	7.2
Middlesex County	19.1	167	rising	5.8
Monmouth County	24.4	166	stable	0.2
Morris County	20.6	111	stable	-1.9
Ocean County	23.1	142	stable	-2.8
Passaic County	17	87	rising	6.7
Salem County	19.2	13	rising	7.3
Somerset County	22.6	83	stable	-4.5
Sussex County	17.1	28	rising	6.6
Union County	18.1	105	stable	-7.1
Warren County	17.3	21	rising	4.9
Uterus (Corpus & Uterus, NOS): All Races (includes Hispanic), Both Sexes, All Ages				
US (SEER+NPCR)	26.2	51,560	rising	1.2
New Jersey	31.3	1,822	rising	0.7
Atlantic County	30.5	57	stable	0.6
Bergen County	29.8	193	stable	0.4
Burlington County	33.4	102	rising	1.1
Camden County	34.3	113	stable	-0.8
Cape May County	32.5	28	rising	1.3
Cumberland County	36.1	34	stable	1
Essex County	31.8	151	rising	1.3

INCIDENCE RATE REPORT: ALL COUNTIES 2011-2015				
County	Age-Adjusted Incidence Rate - cases per 100,000	Average Annual Count	Recent Trend	Recent 5-Year Trend in Incidence Rates
Gloucester County	33.1	62	rising	1.1
Hudson County	23.9	84	stable	0
Hunterdon County	32.7	30	stable	-0.2
Mercer County	34.5	79	rising	0.8
Middlesex County	31.7	161	rising	0.8
Monmouth County	30	131	stable	-5
Morris County	32.9	111	stable	0.5
Ocean County	31.7	144	stable	0.3
Passaic County	26.8	82	stable	0.3
Salem County	37.4	17	stable	1.2
Somerset County	33.7	73	stable	0.8
Sussex County	35.5	35	stable	-0.1
Union County	32.2	107	stable	0.4
Warren County	35.9	27	stable	-0.5

In 2016, CMC's tumor registry data showed that 12.0% and 16.0% of overall cases were Stage 3 and Stage 4 respectively. The following primary sites were made up of more than 25% of Stage 4 cases: Oral Cavity and Pharynx (45.5%) and Respiratory System (35.2%).

Compared to 2015, there was an increase of 84 cases (+7.2%) in 2016. The three biggest increases in overall cases occurred in Oral Cavity and Pharynx (+18, +120%), followed by Respiratory System (+17, +7.1%) and Female genital System (+15, 17.4%). Please note that case volume counts smaller than 10 are suppressed. Staging percentages are calculated on analytic cases only.

	Cases (both analytic and non-analytic)		2015			2016			2015 - 2016			
	2015	2016	% Stage III	% Stage IV	Total % Stage III & IV	% Stage III	% Stage IV	Total % Stage III & IV	Change in Case Volume	Change in % points for Stage III	Change in % points for Stage IV	Change in % points for Stage III & IV
ORAL CAVITY & PHARYNX	15	33	6.7%	46.7%	53.3%	12.1%	45.5%	57.6%	18	5.5	(1.2)	4.2
DIGESTIVE SYSTEM	212	217	18.4%	24.1%	42.5%	19.4%	23.0%	42.4%	5	1.0	(1.0)	(0.1)
RESPIRATORY SYSTEM	239	256	23.0%	39.3%	62.3%	18.8%	35.2%	53.9%	17	(4.3)	(4.2)	(8.4)
BONES AND JOINT	-	-	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0	0.0	0.0	0.0
SOFT TISSUE	■	■	1.0%	1.0%	2.1%	11.1%	0.0%	11.1%	7	10.1	(1.0)	9.0
SKIN EXCLUDING BASAL & SQUAMOUS	96	89	0.0%	0.0%	0.0%	4.5%	2.2%	6.7%	(7)	4.5	2.2	6.7
BASAL & SQUAMOUS SKIN	-	-	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0	0.0	0.0	0.0
BREAST	205	204	13.2%	4.9%	18.0%	9.3%	4.9%	14.2%	(1)	(3.9)	0.0	(3.8)
FEMALE GENITAL SYSTEM	86	101	12.8%	14.0%	26.7%	19.8%	10.9%	30.7%	15	7.0	(3.1)	3.9
MALE GENITAL SYSTEM	62	73	9.7%	4.8%	14.5%	5.5%	6.8%	12.3%	11	(4.2)	2.0	(2.2)
EYE & ORBIT	-	-	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0	0.0	0.0	0.0
URINARY SYSTEM	67	74	6.0%	6.0%	11.9%	1.4%	16.2%	17.6%	7	(4.6)	10.2	5.6
BRAIN & OTHER NERVOUS SYSTEM	18	17	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	(1)	0.0	0.0	0.0
ENDOCRINE SYSTEM	51	39	9.8%	7.8%	17.6%	2.6%	2.6%	5.1%	(12)	(7.2)	(5.3)	(12.5)
LYMPHOMA	49	46	10.2%	12.2%	22.4%	15.2%	10.9%	26.1%	(3)	5.0	(1.4)	3.6
MYELOMA	11	14	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	3	0.0	0.0	0.0
LEUKEMIA	14	27	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	13	0.0	0.0	0.0
MESOTHELIOMA	■	■	16.7%	50.0%	66.7%	0.0%	0.0%	0.0%	5	(16.7)	(50.0)	(66.7)
KAPOSI SARCOMA	-	-	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0	0.0	0.0	0.0
MISCELLANEOUS	39	46	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	7	0.0	0.0	0.0
Total	1,172	1,256	13.2%	16.6%	29.9%	12.0%	16.0%	28.0%	84	(1.2)	(0.6)	(1.8)

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Ambulatory Care Facility	Advanced Medical Imaging Of Toms River	1430 Hooper Avenue	Toms River	08753	(732) 349-2867
Ambulatory Care	Advanced Spine Care and Physical Rehabilitation, LLC	728 Bennetts Mills Rd, Suite 1	Jackson	08527	(732)-415-1401
Ambulatory Care	Aims Diagnostic Imaging Services Of New Jersey	1113 Beacon Avenue	Manahawkin	08050	(609) 978-6302
Ambulatory Care	Aims Diagnostic Imaging Services Of NJ, LLC	1109 Beacon Avenue	Manahawkin	08050	(609) 978-6301
Ambulatory Care	Ami Atlanticare	517 Route 72 West	Manahawkin	08050	(609)-568-9149
Ambulatory Care	Atlantic Medical Imaging	455 Jack Martin Boulevard	Brick	08724	(732) 840-6500
Ambulatory Care	Atlantic Medical Imaging	864 Route 37 West, West Hills Plaza	Toms River	08755	(732) 240-2772
Ambulatory Care	Family Planning Center Of Ocean County	290 River Avenue	Lakewood	08701	(732) 364-9696
Ambulatory Care	FMC-John J DePalma Renal Center	1 Plaza Drive	Toms River	08757	(732)-505-0637
Ambulatory Care	Garden State Medical Center, LLC	1314 Hooper Avenue - Bldg B	Toms River	08753	(732) 849-0077
Ambulatory Care	Garden State Radiation Oncology	512 Lakehurst Road	Toms River	08755	(732) 240-0053
Ambulatory Care	Health Village Imaging	27 S Cooks Bridge Road	Jackson	08527	(732)-497-1200
Ambulatory Care	Health Village Imaging	1301 Route 72 West	Manahawkin	08050	(609) 660-9729
Ambulatory Care	Jersey Advanced Mri And Diagnostic Center Ii	1 Kathleen Drive	Jackson	08527	(732) 901-6820
Ambulatory Care	Lacey Diagnostic Imaging	833 Lacey Road, Units #2 And #3	Forked River	08731	(609) 242-2334
Ambulatory Care	Lakewood Dialysis Services, LLC	1328 River Avenue, Suite 16	Lakewood	08701	(732)-730-2222
Ambulatory Care	Meridian-Fresenius Dialysis At Brick	1640 Route 88, Suite 102	Brick	08724	(732)-206-8200
Ambulatory Care	Meridian Imaging	27 S Cooks Bridge Road	Jackson	08527	(732) 497-1200
Ambulatory Care	New Jersey Radiology Associates	1322 Route 72	Manahawkin	08050	(609) 978-7900
Ambulatory Care	NJN Of Toms River-East	21 Stockton Drive	Toms River	08755	(732) 286-6333

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Ambulatory Care	North Dover Open MRI LLC	1215 Route 70	Lakewood	08701	(732) 370-9902
Ambulatory Care	Ocean Health Initiatives	1610 Route 88, Suite 102	Brick	08723	(732)363-6655
Ambulatory Care	Ocean Health Initiatives	101 2Nd Street	Lakewood	08701	(732) 363-6655
Ambulatory Care	Ocean Health Initiatives	798 Route 539, Building 3	Little Egg Harbor Tw	08087	(732) 363-6655
Ambulatory Care	Ocean Health Initiatives	333 Haywood Road	Manahawkin	08050	(732)-363-6655
Ambulatory Care	Ocean Orthopedic Associates, Pa	530 Lakehurst Road	Toms River	08755	(732) 349-8454
Ambulatory Care	OHI-Manchester Township New Access Point	686 State Route 70	Manchester Township	08733	(732) 363-6655
Ambulatory Care	Open MRI Of Central Jersey	226 Route 37 West, Suite 5	Toms River	08755	(732) 349-1620
Ambulatory Care	Our Birthing Center	326 3rd Street, #2B	Lakewood	08701	(732)-370-5627
Ambulatory Care	Physicians Dialysis Brick	150 Brick Boulevard	Brick	08723	(732)-477-2247
Ambulatory Care	Saint Barnabas Specialty Center	780 Route 37 West	Toms River	08755	(973) 322-9878
Ambulatory Care	Shore Heart Group, P.C.	115 East Bay Ave	Manahawkin	08050	(609)-971-3300
Ambulatory Care	Shore Imaging	1166 River Avenue	Lakewood	08701	(732) 364-9565
Ambulatory Care	Shore Imaging, PC	1100 Route 70 West	Whiting	08759	(732) 364-9565
Ambulatory Care	Shore Open MRI	1255 Route 70	Lakewood	08701	(732) 942-2300
Ambulatory Care	Shore Point Radiation Oncology Center	900 Route 70 East	Lakewood	08701	(732) 901-7333
Ambulatory Care	Sleep Health LLC	483 River Avenue	Lakewood	08701	(732) 364-3530
Ambulatory Care	Toms River X-Ray/Ct/MRI Center	154 Highway 37 West	Toms River	08755	(732) 244-0777
Ambulatory Care	University Radiology Group, Pc	3822 River Road	Point Pleasant	08742	(732) 892-1200
Ambulatory Care Satellite	OHI At Clifton Avenue Grade School	625 Clifton Avenue	Lakewood	08701	(732) 363-6655
Ambulatory Care Satellite	OHI Mobile Dental Van	101 2Nd Street	Lakewood	08701	(732) 363-6655
Ambulatory Surgical	Atlanticare Surgery Center-Ocean County	798 Route 539, Building A, Suite 1	Little Egg Harbor Tw	08087	(609) 296-1122
Ambulatory Surgical	Coastal Endoscopy Center LLC	175 Gunning River Road Bldg A Unit 4	Barnegat	08005	(609)-698-0700
Ambulatory Surgical	Jackson Surgery Center	27 South Cooks Bridge Road, Suite L2	Jackson	08527	(972) 763-3893

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Ambulatory Surgical	Jackson Township Dialysis	260 North County Line Rd, Suite 120	Jackson	08527	(732)-364-2055
Ambulatory Surgical	Jasper Ambulatory Surgical, LLC	74 Brick Boulevard, Building 3, Suite 121	Brick	08723	(732) 262-0700
Ambulatory Surgical	Lakewood Surgery Center, LLC	1215 Route 70	Lakewood	08701	(732) 719-1800
Ambulatory Surgical	Manchester Surgery Center	1100 Route 70	Whiting	08759	(732) 716-8116
Ambulatory Surgical	Ocean Endosurgery Center	129 Route 37 West, Suite 1	Toms River	08755	(732) 797-3960
Ambulatory Surgical	Physicians' Surgicenter, LLC	1 Plaza Drive, Units 2-4	Toms River	08757	(732) 818-0059
Ambulatory Surgical	Seashore Surgical Institute, LLC	495 Jack Martin Boulevard	Brick	08724	(732) 836-9800
Ambulatory Surgical	Shore Outpatient Surgicenter, LLC	360 Route 70	Lakewood	08701	(732) 942-9835
Ambulatory Surgical	Shore Spine and Physical Rehabilitation, P.C.	1104 Arnold Ave	Point Pleasant	08742	(732)-714-0070
Ambulatory Surgical	Shore Surgical Pavilion LLC	475 Route 70	Lakewood	08701	(732) 730-3939
Ambulatory Surgical	Southern Ocean County Dialysis Center	1301 Route 72, Suite 110	Manahawkin	08050	(609)-597-0483
Ambulatory Surgical	Toms River Surgery Center, LLC	1430 Hooper Avenue	Toms River	08753	(732) 240-2277
Ambulatory Surgical	University Radiology, P.C.	833 Lacey Road, Units #2 And #3	Forked River	08731	(609)-242-2334
Behavioral Health	Brighter Days School Self-Help Center	268 Bennetts Mills Road	Jackson	08527	(732) 534-9960
Behavioral Health	Journey To Wellness - Self Help Center	226 Route 37 West, Unit 14	Toms River	08755	(732) 914-1546
Behavioral Health	Mental Health Assoc Of Ocean Cty - Systems Advocacy	226 Route 37 West, Unit 14	Toms River	08755	(732) 914-1546
Behavioral Health	Ocean Mental Health Services Inc, Program Of Assertive Comm. Treatment (Pact)	1057 Route 9	Bayville	08721	(732) 606-9478
Behavioral Health	Ocean Mental Health Services, Inc. Partial Care - Project Recovery	160 Route 9	Bayville	08721	(732) 349-5550
Behavioral Health	Preferred Behavioral Health Of NJ - Dare - Partial Care	700 Airport Road	Lakewood	08701	(732) 367-4700
Behavioral Health	Preferred Behavioral Health Of NJ - Partial Care -	725 Airport Road	Lakewood	08701	(732) 367-8859

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
	Interact & Prime Time				
Behavioral Health	Preferred Behavioral Health Services - Learn Of The Jersey Shore	725 Airport Road, Suite 7G	Lakewood	08701	(732) 276-1510
Behavioral Health	Triple C Housing, Inc. - Supportive Housing	1 Distribution Way	Monmouth Junction	08852	(609) 655-3950
Behavioral Health-OP	Agape Counseling Services	815 Route 9	Lanoka Harbor	08734	(609) 242-0086
Behavioral Health-OP	Community Health Law Project - Systems Advocacy	44 Washington Street, Suite 101	Toms River	08753	(732) 380-1012
Behavioral Health-OP	Life Excel, Inc	35 Beaverson Blvd - Bldg 1	Brick	08723	(732) 920-7933
Behavioral Health-OP	Lighthouse At Ocean County	400 N Main Street, Bldg 1 Suite 2	Manahawkin	08050	(609) 489-0789
Behavioral Health-OP	Monmouth Medical Center - Deaf Enhanced Screening Center	Southern Campus (Barnabas Health) 600 River Avenue	Lakewood	08701	(732) 886-4474
Behavioral Health-OP	Monmouth Medical Center (PESS)- Primary Screening Center For Ocean	Southern Campus (Barnabas Health) 600 River Avenue	Lakewood	08701	(732) 886-4474
Behavioral Health-OP	Ocean County Human Services - County Mental Health Board	1027 Hooper Avenue - Bldg 2	Toms River	08754	(732) 506-5374
Behavioral Health-OP	Ocean County Mental Health Services, Inc	687 Route 9	Bayville	08721	(732) 269-4849
Behavioral Health-OP	Ocean Medical Services, Inc.	2001 Route 37 East	Toms River	08753	(732) 288-9322
Behavioral Health-OP	Ocean Mental Health Services Early Intervention Support Services	1376 Route 9	Toms River	08754	(732) 240-3760
Behavioral Health-OP	Ocean Mental Health Services - Involuntary Outpatient Commitment	687 Route 9	Bayville	08721	(732) 269-4849
Behavioral Health-OP	Ocean Mental Health Services Project Recovery	160 Route 9	Bayville	08721	(732) 349-5550
Behavioral Health-OP	Ocean Mental Health Services, Inc	81 Nautilus Drive	Manahawkin	08755	(609) 597-5327
Behavioral Health-OP	Ocean Mental Health Services, Inc -	687 Route 9	Bayville	08721	(732) 269-4849

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
	Homeless Services (Path)				
Behavioral Health-OP	Ocean Mental Health Services, Inc - Program Of Assertive Comm Treatment (PACT)	122 Lien Street	Toms River	08753	(732) 349-0515
Behavioral Health-OP	Ocean Mental Health Services, Inc. Partial Care - Project Anchor	687 Route 9	Bayville	08721	(732) 269-4849
Behavioral Health-OP	Ocean Mental Health Services, Inc. - Crisis Diversion	687 Route 9	Bayville	08721	(732) 269-4849
Behavioral Health-OP	Ocean Mental Health Services, Inc. - Intensive Family Support Services	160 Route 9	Bayville	08721	(732) 349-3535
Behavioral Health-OP	Preferred Behavioral Health Access Center	700 Airport Road	Lakewood	08701	(732) 367-1602
Behavioral Health-OP	Preferred Behavioral Health (Lakewood)	999 Airport Road	Lakewood	08701	(732) 458-1700
Behavioral Health-OP	Preferred Behavioral Health Of NJ	725 Airport Road	Lakewood	08701	(732) 276-1510
Behavioral Health-OP	Preferred Behavioral Health Of NJ ntegrated Case Mgt Services	591 Lakehurst Road	Toms River	08755	(732) 323-3664
Behavioral Health-OP	Preferred Behavioral Health Of NJ - Justice Involved Services	591 Lakehurst Road	Toms River	08755	(732) 323-3664
Behavioral Health-OP	Preferred Behavioral Health Of NJ - Supportive Employment Services	725 Airport Road	Lakewood	08701	(732) 367-5439
Behavioral Health-OP	Preferred Behavioral Health Of NJ - Supportive Housing	725 Airport Road	Lakewood	08701	(732) 367-2665
Behavioral Health-OP	Preferred Behavioral Health Of NJ - Homeless Services (Path)	725 Airport Road	Lakewood	08701	(732) 367-2665
Behavioral Health-OP	Preferred Behavioral Health Of NJ	700 Airport Road	Lakewood	08701	(732) 367-4700
Behavioral Health-OP	Seashore Family Services Of NJ	35 Beaverson Blvd - Bldg 6 Suite A	Brick	08723	(732) 920-2700
Behavioral Health-OP	Seashore Family Services Of NJ	226 Main Street	Toms River	08753	(732) 244-1600
Behavioral Health-OP	St Barnabas Behavioral Health Center	1691 Route 9	Toms River	08753	(732) 914-1688

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Behavioral Health-OP	St Barnabas Behavioral Health Center - Deaf Enhanced STFC	1691 Route 9	Toms River	08753	(732) 914-1688
Behavioral Health-OP	The Center At Advanced Behavioral Care Services, LLC	5 Airport Road	Lakewood	08701	(732) 961-9666
Behavioral Health-OP-Res.	Ocean Mental Health Services, Inc. Supportive Housing	160 Route 9	Bayville	08721	(732) 281-1658
Behavioral Health-OP-Res.	Preferred Behavioral Health (Barnegat)	Barnegat Commons Suite C-1	Barnegat	08805	(609) 660-0197
Behavioral Health-OP-Res.	Preferred Behavioral Health (Toms River)	1191 Lakewood Road	Toms River	08755	(732) 458-1700
Behavioral Health-OP-Res.	RHD - Ocean Supportive Housing	317 Brick Boulevard	Brick	08723	(732) 920-5000
Behavioral Health-OP-Res.	RHD - Ocean/Monmouth Supportive Housing	2040 Sixth Avenue - Suite C	Neptune City	07753	(732) 361-5845
Behavioral Health-Res.	Jersey Shore University Medical Ctr - Short Term Care Facility	1945 Corlies Avenue	Neptune	07754	(732) 776-4361
Behavioral Health-Res.	Monmouth Med Ctr Southern Campus (Barnabas Health) Short Term Care	1691 Route 9	Toms River	08753	(732) 914-3836
Behavioral Health-Res.	Ocean Mental Health Services, Inc.	160 Route 9	Bayville	08721	(732) 349-5550
Behavioral Health-Res.	Resource For Human Development - Residential Intensive Support Team (RIST)	850 West Main Street	Barnegat	08005	(609) 698-8300
Behavioral Health-Res.	Resource For Human Development - Residential Intensive Support Team (RIST)	317 Brick Boulevard, Suite 200	Brick	08723	(732) 920-5000
Behavioral Health-Res.	Resource For Human Development (Coastal Wellness) - Residential Intensive Support Team (RIST) Ocean/Monmouth Program	2040 Sixth Avenue - Suite C	Neptune City	07753	(732) 361-5845
Clinical Care-Dental	Center For Health Education, Medicine & Dentistry (Chemed)	1771 Madison Avenue	Lakewood	08701	(732) 364-2144

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Clinical Care-Dental	Ocean Health Initiatives	101 Second Street	Lakewood	08701	(732) 363-6655
Clinical Care-Dental	Ocean Health Initiatives	301 Lakehurst Road	Toms River	08753	(732) 552-0377
Communicable Disease-Tb Testing	Long Beach Island Health Department	2119 Long Beach Boulevard - 1St Floor	Ship Bottom	08008	(609) 492-1212
Communicable Disease-Tb Testing	Ocean County Health Department	175 Sunset Avenue P.O. Box 2191	Toms River	08754	(732) 341-9700
Comprehensive Rehabilitation	HealthSouth Rehabilitation Hospital Of Toms River	14 Hospital Drive	Toms River	08755	(800) 765-4772
Comprehensive Rehabilitation	Shore Rehabilitation Institute	425 Jack Martin Boulevard, Second Floor, East Wing	Brick	08724	(732) 836-4530
End Stage Renal Dialysis	Bricktown Dialysis Center	525 Jack Martin Boulevard, Suite 200-201	Brick	08724	(732) 836-9669
End Stage Renal Dialysis	Fresenius Medical Care Lakewood	1328 River Avenue, Suite 16	Lakewood	08701	(732) 730-2222
End Stage Renal Dialysis	Fresenius Medical Care Toms River	970 Hooper Avenue	Toms River	08753	(732) 286-6502
End Stage Renal Dialysis	Fresenius Medical Center John J DePalma	1 Plaza Drive	Toms River	08757	(732) 505-0637
End Stage Renal Dialysis	Meridian-Fresenius Dialysis At Brick	1640 Route 88, Suite 102	Brick	08724	(732) 206-8200
End Stage Renal Dialysis	Ocean County Dialysis Center	635 Bay Avenue	Toms River	08753	(732) 341-2730
End Stage Renal Dialysis	RCG Whiting	430 Pinewald-Keswick Road, Route 530	Whiting	08759	(732) 350-8405
End Stage Renal Dialysis	Renal Center Of Brick	150 Brick Boulevard	Brick	08723	(732) 477-2247
End Stage Renal Dialysis	Southern Ocean County Dialysis Clinic	1301 Route 72, Suite 110	Manahawkin	08050	(609) 597-0483
Federally Qualified Health Centers	Center For Health Education, Medicine And Dentistry	1771 Madison Avenue Route 9	Lakewood	08701	(732) 364-2144
Federally Qualified Health Centers	Ocean Health Initiatives	855 Somerset Avenue	Lakewood	08701	(732) 363-6655
Federally Qualified Health Centers	Ocean Health Initiatives	333 Haywood Road	Manahawkin	08050	(609) 489-0110
Federally Qualified Health Centers	Ocean Health Initiatives Inc	301 Lakehurst Road	Toms River	08755	(732) 363-6655
General Acute Care Hospital	Community Medical Center	99 Rt 37 West	Toms River	08755	(732) 557-8000

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
General Acute Care Hospital	Monmouth Medical Center-Southern Campus	600 River Ave	Lakewood	08701	(732) 363-1900
General Acute Care Hospital	Ocean Medical Center	425 Jack Martin Blvd	Brick	08724	(732) 840-2200
General Acute Care Hospital	Southern Ocean Medical Center	1140 Rt 72 W	Manahawkin	08050	(609) 597-6011
Home Health Agency	Bayada Home Health Care, Inc	401 Lacey Road	Whiting	08759	(732) 350-2355
Home Health Agency	Hackensack Meridian Health at Home Ocean County	1759 Route 88, Suite 100	Brick	08724	(732)-206-8100
Home Health Agency	Meridian Home Care-Ocean County	Laurelton Plaza, 1759 State Highway 88, Suite 100	Brick	08724	(732) 206-8100
Home Health Agency	VNA Of Central Jersey Home Care & Hospice	1443 Hooper Avenue	Toms River	08755	(732) 818-6800
Hospice	Bayada Hospice	96 East Water Street	Toms River	08753	(609)-387-6410
Hospice	CareSense Health	1935 Swathmore Avenue	Lakewood	08701	(888) 444-8157
Hospice	Compassionate Care Hospice Of Marlton, LLC	1130 Hooper Avenue, Suite 200	Toms River	08753	(732) 244-6380
Hospice	Hackensack Meridian Health Hospice	80 Nautilus Drive	Manahawkin	08050	(609)-489-0252
Hospice	Holisticare Hospice Of New Jersey	1144 Hooper Avenue - Suite 208	Toms River	08753	(732) 731-8100
Hospice	Holy Redeemer Hospice - New Jersey, Shore	1228 Route 37 West	Toms River	08755	(732) 240-2449
Hospice	Meridian Hospice	80 Nautilus Drive	Manahawkin	08050	(609) 489-0252
Hospice	New Jersey Cuidado Casro Hospice	74 Brick Blvd- Bldg 4, Ste 120	Brick	08723	(732) 477-0516
Hospice	Ocean Hospice, LLC	A-108 Commons Way	Toms River	08755	(732)-505-0080
Hospice	VNA Of Central Jersey Home Care & Hospice	1433 Hooper Avenue	Toms River	08755	(732) 818-6800
Hospice Care Branch	Compassionate Care Hospice Of Marlton LLC	1130 Hooper Avenue, Suite 200	Toms River	08753	(732) 244-6380
Hospice Care Branch	Holy Redeemer Hospice-NJ, Shore	1228 Route 37 West	Toms River	08755	(732) 240-2449
Hospice Care Branch	Meridian Hospice	80 Nautilus Drive	Manahawkin	08050	(609) 489-0252
Hospice Care Branch	New Jersey Cuidado Casero Hospice	74 Brick Blvd - Bldg 4, Ste 120	Brick	08723	(732) 477-0516

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Hospice Care Program	CareSense Health	1935 Swarthmore Avenue	Lakewood	08701	(888) 444-8157
Hospice Care Program	Holisticare Hospice Of New Jersey	1144 Hooper Avenue, Suite 208	Toms River	08753	(732) 731-8100
Hospice Care Program	VNA Of Central Jersey Home Care & Hospice	1433 Hooper Avenue	Toms River	08755	(732) 818-6800
Hosp-Based, Off-Site Amb. Care	Children's Specialized Hospital	94 Stevens Road	Toms River	08755	(732) 797-3800
Hosp-Based, Off-Site Amb. Care	CMC Radiology Center At Whiting	65 Lacey Road	Manchester	08759	(732) 557-8000
Hosp-Based, Off-Site Amb. Care	Community Medical Center Sleep Center-Manahawkin	647 Mill Creek Road, Suites 4,5,7	Manahawkin	08050	(732) 557-8000
Hosp-Based, Off-Site Amb. Care	CSH Outpatient Center-Toms River	94 Stevens Road	Toms River	08755	(908) 233-3272
Hosp-Based, Off-Site Amb. Care	Meridian Cancer Care	27 South Cooks Bridge Road, Suite M7	Jackson	08527	(732) 840-3321
Hosp-Based, Off-Site Amb. Care	Meridian Rehab Outpatient Therapy At Manahawkin	56 Nautilus Drive	Manahawkin	08050	(609) 978-3110
Hosp-Based, Off-Site Amb. Care	Meridian Rehab Outpatient Therapy Center At Brick	150 Allaire Road	Brick	08724	(732) 836-4368
Hosp-Based, Off-Site Amb. Care	Ocean Care Center	1517 Richmond Avenue, Route 35 South	Point Pleasant	08742	(732) 295-6377
Hosp-Based, Off-Site Amb. Care	Ocean Medical Center Family Health Center	1608 State Route 88, Suite 207	Brick	08724	(732) 840-3322
Hosp-Based, Off-Site Amb. Care	SleepCare Center of Ocean Medical Center	1610 Route 88, Second Floor	Brick	08724	(732)-836-4295
Hosp-Based, Off-Site Amb. Care	SOMC's Center For Sleep Disorders	2446 Church Road, Suite 3A	Toms River	08753	(609) 978-8900
Hosp-Based, Off-Site Amb. Care	Southern Ocean Medical Center Clinic	53 Nautilus Drive	Manahawkin	08050	(609) 978-8900
Hosp-Based, Off-Site Amb. Care	Southern Ocean Medical Center Sleep Center	53 Nautilus Drive	Manahawkin	08050	(609) 978-8900
Hospitals - Cancer Center	Community Medical Center	99 Route 37 West	Toms River	08755	(732) 557-8000
Hospitals - Cancer Center	Monmouth Medical Center - Southern Campus	600 River Avenue	Lakewood	08701	(732) 363-1900
Hospitals - Cancer Center	Ocean Medical Center	425 Jack Martin Boulevard	Brick	08724	(732) 840-2200

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Hospitals - Cancer Center	Southern Ocean Medical Center	1140 Rte 72 West	Manahawkin	08050	(609) 597-6011
Inpatient Rehab & Long Term Care	Arbors Care Center	1750 Route 37 West	Toms River	08757	(732) 914-0090
Inpatient Rehab & Long Term Care	AristaCare At Manchester	1770 Tobias Avenue	Manchester	08759	(732) 657-1800
Inpatient Rehab & Long Term Care	AristaCare At Whiting	23 Schoolhouse Road	Whiting	08759	(732) 849-4300
Inpatient Rehab & Long Term Care	Atlantic Coast Rehabilitation & Health Care	485 River Road	Lakewood	08701	(732) 364-7100
Inpatient Rehab & Long Term Care	Barnegat Rehabilitation and Nursing Center	859 West Bay Avenue	Barnegat	08005	(609) 698-1400
Inpatient Rehab & Long Term Care	Bartley Healthcare Nursing & Rehabilitation	175 Bartley Road	Jackson	08527	(732) 370-4700
Inpatient Rehab & Long Term Care	Bey Lea Village Care Center	1351 Old Freehold Road	Toms River	08753	(732) 240-0090
Inpatient Rehab & Long Term Care	Care One At Jackson	11 History Lane	Jackson	08527	(732) 367-6600
Inpatient Rehab & Long Term Care	Children's Specialized Hospital	94 Stevens Road	Toms River	08755	(732) 797-3800
Inpatient Rehab & Long Term Care	Claremont Center	1515 Hulse Road	Pt Pleasant	08742	(732) 295-9300
Inpatient Rehab & Long Term Care	Community Medical Center TCU	99 Route 37 West	Toms River	08755	(732) 557-8000
Inpatient Rehab & Long Term Care	Concord Healthcare & Rehabilitation Center	963 Ocean Avenue	Lakewood	08701	(732) 367-7444
Inpatient Rehab & Long Term Care	Crestwood Manor	50 Lacey Road	Whiting	08759	(732) 849-4900
Inpatient Rehab & Long Term Care	Crystal Lake Healthcare & Rehabilitation Center	395 Lakeside Boulevard	Bayville	08721	(732) 269-0500
Inpatient Rehab & Long Term Care	Fountain View Care Center	527 River Avenue	Lakewood	08701	(732) 905-0700
Inpatient Rehab & Long Term Care	Green Acres Manor	1931 Lakewood Road	Toms River	08755	(732) 286-2323
Inpatient Rehab & Long Term Care	Hamilton Place At The Pines At Whiting	507 Route 530	Whiting	08759	(732) 849-0400
Inpatient Rehab & Long Term Care	Hampton Ridge Healthcare & Rehabilitation	95 Stevens Road	Toms River	08755	(732) 286-5005
Inpatient Rehab & Long Term Care	Harrogate	400 Locust Street	Lakewood	08701	(732) 905-7070
Inpatient Rehab & Long Term Care	Holiday Care Center	4 Plaza Drive	Toms River	08757	(732) 204-0900
Inpatient Rehab & Long Term Care	Laurelton Village Care Center	475 Jack Martin Boulevard	Brick	08724	(732) 458-6600

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Inpatient Rehab & Long Term Care	Leisure Chateau Rehabilitation	962 River Avenue	Lakewood	08701	(732) 370-8600
Inpatient Rehab & Long Term Care	Leisure Park Health Center	1400 Route 70	Lakewood	08701	(732) 370-0444
Inpatient Rehab & Long Term Care	Manahawkin Convalescent Center	1211 Route 72 West	Manahawkin	08050	(609) 597-8500
Inpatient Rehab & Long Term Care	Meridian Nursing & Rehabilitation At Brick	415 Jack Martin Boulevard	Brick	08724	(732) 206-8000
Inpatient Rehab & Long Term Care	Monmouth Medical Center - Southern Campus	600 River Avenue	Lakewood	08701	(732) 363-1900
Inpatient Rehab & Long Term Care	Mystic Meadows Rehab & Nursing Center	151 Ninth Avenue	Little Egg Harbor Twp	08087	(609) 294-3200
Inpatient Rehab & Long Term Care	Ocean Medical Center	425 Jack Martin Boulevard	Brick	08724	(732) 840-2200
Inpatient Rehab & Long Term Care	Rose Garden Nursing & Rehab Center	1579 Old Freehold Road	Toms River	08753	(732) 505-4477
Inpatient Rehab & Long Term Care	Seacrest Village	1001 Center Street	Little Egg Harbor Twp	08087	(609) 296-9292
Inpatient Rehab & Long Term Care	Shore Meadows Rehabilitation & Nursing Center	231 Warner Street	Toms River	08757	(732) 942-0800
Inpatient Rehab & Long Term Care	Shorrock Gardens Care Center Inc	75 Old Toms River Road	Brick	08723	(732) 451-1000
Inpatient Rehab & Long Term Care	Southern Ocean Center	1361 Route 72 West	Manahawkin	08050	(609) 978-0600
Inpatient Rehab & Long Term Care	Southern Ocean Medical Center	1140 Route 72 West	Manahawkin	08050	(609) 978-8900
Inpatient Rehab & Long Term Care	Southern Ocean Medical Center	1140 Route 72 West	Manahawkin	08050	(609) 597-6011
Inpatient Rehab & Long Term Care	Tallwood's Care Center	18 Butler Boulevard	Bayville	08721	(732) 237-2220
Inpatient Rehab & Long Term Care	Whiting Health Care Center	3000 Hilltop Road	Whiting	08759	(732) 849-4400
Inpatient Rehab & Long Term Care	Willow Springs Rehab & Health Care Center	1049 Burnt Tavern Road	Brick	08724	(732) 840-3700
Mammography Centers	Advanced Medical Imaging Of Toms River	1430 Hooper Avenue - Suite 102	Toms River	08753	(732) 349-2867
Mammography Centers	Aims Diagnostic Imaging	1109 Beacon Avenue	Manahawkin	08050	(609) 978-6301
Mammography Centers	CMC Radiology At Whiting	65 Lacey Road	Whiting	08755	(732) 557-8145
Mammography Centers	Community Medical Center	99 Hwy 37 West	Toms River	08755	(732) 557-3363
Mammography Centers	Community Medical Center - Nexus Building	368 Lakehurst Road - Nexux Bldg - 1St Floor	Toms River	08755	(732) 557-3363

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Mammography Centers	Ella Health Of Toms River MSO, LLC	222 Oak Avenue - Suite 1	Toms River	08753	(848) 221-8209
Mammography Centers	Garden State Medical Center LLC, Dba Shore Imaging, Pc	1100 Route 70 West - Suite 102	Whiting	08759	(732) 364-9565
Mammography Centers	Health Village Imaging	1301 Route 72 West- Suite 100	Manahawkin	08050	(609) 660-9729
Mammography Centers	Jacqueline M Wilentz MMC-SC	500 River Avenue - Suite 200	Lakewood	08701	(732) 923-7942
Mammography Centers	Lacey Diagnostic Imaging	833 Lacey Road	Forked River	08731	(609) 242-2334
Mammography Centers	Ocean Gynecological & Obstetrical Associates	475 Route 70	Lakewood	08701	(732) 364-8000
Mammography Centers	Ocean Medical Imaging Women's Center	9 Mule Road	Toms River	08757	(732) 240-1400
Mammography Centers	Shore Imaging, Chandru Jain, Md, PC	1166 River Avenue - Suite 102	Lakewood	08701	(732) 364-9565
Mammography Centers	Southern Ocean Medical Center	1140 Route 72 West	Manahawkin	08050	(609) 978-8900
Mammography Centers	Toms River X-Ray	154 Hwy 37 West	Toms River	08755	(732) 244-0777
Mammography Centers	University Radiology Group, Pc	3822 River Road	Point Pleasant	08742	(732) 892-1200
Mammography Centers	Woman's Imaging Pavilion At Ocean Medical Center	425 Jack Martin Boulevard	Bricktown	08724	(732) 836-4083
Maternal & Pediatric	Planned Parenthood	800 West Main Street	Freehold	07728	(732) 431-1717
Maternal & Pediatric	Center For Health Education, Medicine & Dentistry (Chemed)	1771 Madison Avenue	Lakewood	08701	(732) 364-2144
Maternal & Pediatric	Community Medical Center / RWJ Barnabas Health	99 Highway 37 West	Toms River	08755	(732) 557-8000
Maternal & Pediatric	Ocean Health Initiatives	101 Second Street	Lakewood	08701	(732) 363-6655
Maternal & Pediatric	Ocean Health Initiatives	333 Haywood Road	Manahawkin	08055	(609) 489-0110
Maternal & Pediatric	Ocean Health Initiatives	301 Lakehurst Rd	Toms River	08755	(732) 552-0377
Maternal & Pediatric	Ocean Health Initiatives - Lakehurst Circle Ctr Ii	686 Route 70	Lakehurst	08733	(732) 363-6655

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Maternal & Pediatric	Ocean Health Initiatives - The Mobile Unit	101 Second Street	Lakewood	08701	(732) 363-6655
Maternal & Pediatric	Ocean Health Initiatives Elementary School	625 Clifton Avenue	Lakewood	08701	(732) 363-6655
Maternal & Pediatric	Planned Parenthood	268 South Academy Street	Hightstown	08520	(609) 448-3439
Maternal & Pediatric	Planned Parenthood	69 Newman Springs Road East	Shrewsbury	07702	(732) 842-9300
Maternal & Pediatric	Southern Ocean Medical Center	1140 Route 37 West	Manahawkin	08050	(609) 597-6011
Monmouth County Cancer Coalition	Center For Kids & Family	Att: Debra Levinson 99 Route 37 West	Toms River	08755	(732) 286-3693
Ocean County Cancer Coalition	Center For Kids & Family	Att: Debra Levinson 99 Route 37 West	Toms River	08755	(732) 286-3693
Primary Health Care Center	Lakewood Resource & Referral Center - Chemed	1771 Madison Ave (Route 9)	Lakewood	08701	(732) 364-2144
Primary Health Care Center	Lakewood Resource & Referral Center - Chemed	1771 Madison Avenue (RTE 9)	Lakewood	08701	(732) 364-2144
Primary Health Care Center	Ocean Health Initiatives	Lakehurst Circle Center Ii - 686 Route 70	Lakehurst	08733	(732) 363-6655
Primary Health Care Center	Ocean Health Initiatives	Lakehurst Circle Ctr Ii- 686 Rt 70	Lakehurst	08733	(732) 363-6655
Primary Health Care Center	Ocean Health Initiatives	101 Second Street	Lakewood	08701	(732) 363-6655
Primary Health Care Center	Ocean Health Initiatives	333 Haywood Road	Stafford	08050	(609) 489-0110
Primary Health Care Center	Ocean Health Initiatives	301 Lakehurst Road	Toms River	08755	(732) 552-0377
Primary Health Care Center	Ocean Health Initiatives Elementary School	625 Clifton Avenue	Lakewood	08701	
Primary Health Care Center	Ocean Health Initiatives - The Mobile Unit	101 Second Street	Lakewood	08701	
Psychiatric Hospital	St Barnabas Behavioral Health Center	1691 Highway 9 CN 2025	Toms River	08755	(732) 914-1688
Senior Services	A Friend's House (Manahawkin)	179 South Main Street	Manahawkin	08050	(609) 978-6444
Senior Services	A Friend's House (Toms River)	105 Sunset Avenue, Cn2010	Toms River	08754	(800) 511-1510

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Senior Services	Ambassador Medical Day Care, LLC	619 River Avenue	Lakewood	08701	(732) 367-1133
Senior Services	Brick Twp Senior Outreach Services & Senior Center	373 Adamston Road	Brick Twp	08723	(732) 920-8686
Senior Services	Day Break	816 Beaver Dam Road	Point Pleasant	08742	(732) 892-1717
Senior Services	Golden Years Care Of Freehold	20 Jackson Street, Suite 1A	Freehold	07728	(732) 845-3332
Senior Services	James Howard Clinic	970 Route 70	Brick	08724	(732) 836-6008
Senior Services	Little Egg Harbor Senior Center	641 Radio Road	Tuckerton	08087	(609) 296-1789
Senior Services	Long Beach Island Senior Center	4700 Long Beach Blvd	Brant Beach	08008	(609) 494-8861
Senior Services	Ocean County Office Of Senior Citizens	1027 Hooper Avenue Bldg #2 First Floor	Toms River	08754	(732) 929-2091
Senior Services	Regency Memory Club (Toms River)	1311 Route 37 West	Toms River	08755	(732) 286-2220
Senior Services	Riverside Manor Medical Day	699 Cross Street	Lakewood	08701	(732) 370-9400
Senior Services	Riverside Manor Medical Day	699 Cross Street	Lakewood	08701	(732) 370-9400
Senior Services	Seacrest Village Adult Day Center	1001 Center Street, P.O. Box 1480	Little Egg Harbor	08087	(609) 296-9292
Senior Services	Senior Care Of Brick	2125 Route 88	Brick	08724	(732) 899-1331
Senior Services	Stainton Senior Center	1735 Simpson Avenue	Ocean City	08226	(609) 399-0055
Senior Services	Toms River Twp Senior Center	652 Garfield Avenue	Toms River	08753	(732) 341-1000
Senior Services	Upper Township Senior Center	1369 Old Stagecoach Road	Ocean View	08230	(609) 390-9409
Senior Services	Visiting Homecare Service Of Ocean County, Inc.	105 Sunset Avenue	Toms River	08754	(732) 244-5565
Senior Services	Whiting Health Care Center	3000 Hilltop Road	Whiting	08759	(732) 849-4969
Senior Services	Young At Heart	2125 Route 88	Brick	08724	(732) 899-1331
Senior Services	Young At Heart	2125 Route 88	Brick	08724	(732) 899-1331
Senior Services	Young At Heart Adult Center	115 Grawton Road	Jackson	08527	(732) 928-9222
Senior Services	Young At Heart Adult Center	115 Grawton Road	Jackson	08527	(732) 928-9222
Special Hospital	Specialty Hospital Of Central Jersey	600 River Avenue, 4 West	Lakewood	08701	(732) 806-3207
Surgical Practice	Bey Lea Ambulatory Surgical	54 Bey Lea Road Building 2	Toms River	08753	(732) 281-1020

Provider Type	Provider Name	Street Address	Town	Zip Code	Phone
Surgical Practice	Cataract & Laser Institute P A	101 Prospect Street, Suite 102	Lakewood	08701	(732) 367-0699
Surgical Practice	Center For Special Procedures	475 Route 70, Suite 203	Lakewood	08701	(732) 886-1234
Surgical Practice	Coastal Endoscopy Center LLC	175 Gunning River Road Bldg A, Unit 4	Barnegat	08005	(609) 698-0700
Surgical Practice	Dr Michael Rosen Md Pc	1114 Hooper Avenue	Toms River	08753	(732) 240-6396
Surgical Practice	Endoscopy Center Of Ocean County	477 Lakehurst Road	Toms River	08755	(732) 349-4422
Surgical Practice	Endoscopy Center Of Toms River	473 Lakehurst Road	Toms River	08755	(732) 349-4422
Surgical Practice	Garden State Ambulatory Surgery Center	1 Plaza Drive	Toms River	08757	(732) 341-7010
Surgical Practice	NJ Cataract and Laser Institute, P.A.	101 Prospect Street, Suite 102	Lakewood	08701	(732)-367-0699
Surgical Practice	Northeast Surgi-Care LLC	475 Route 70, Suite 203	Lakewood	08701	(732)-886-1234
Surgical Practice	Ocean County Eye Associates	18 Mule Road	Toms River	08755	(732) 818-1200
Surgical Practice	Ocean Surgery Center	501 Lakehurst Road	Toms River	08753	(732) 341-7299
Surgical Practice	The Surgicenter	500 Lakehurst Road	Toms River	08755	(732) 914-2233

APPENDIX E: DISCHARGES AND POPULATION 18-64 FOR AMBULATORY CARE SENSITIVE CONDITIONS

ACSC Discharges from NJ Hospitals	Total ACS Discharges	ANGINA	ASTHMA	BACTERIAL PNEUMONIA	CELLULITIS	CONGESTIVE HEART FAILURE	CONVULSION	COPD	DEHYDRATION	DENTAL CONDITIONS	DIABETES	ENT
ALL RACES												
Statewide	55,565	603	3,780	6,170	6,230	5,260	963	6,355	2,923	761	7,624	533
CMC PSA	1,768	18	79	267	184	143	36	305	41	18	218	9
WHITE												
Statewide	27,668	276	1,289	3,316	4,150	2,014	528	3,729	1,469	379	3,271	237
CMC PSA	1,558	15	61	237	171	129	35	281	36	14	182	8
BLACK												
Statewide	15,535	160	1,363	1,578	892	2,180	242	1,792	740	186	2,603	134
CMC PSA	97		10	11	5	5	1	13	2	2	22	

ACSC Discharges from NJ Hospitals	Total ACS Discharges	GASTRO-INSTESTINAL OBSTRUCTION	GRAND MAL STATUS/OTHER EPILEPTIC CONVULSION	HYPERTENSION	HYPOGLYCEMIA	IMMUNIZATION RELATED PREVENTABLE	KIDNEY/URINARY INFECTION	NUTRITION DEFICIENCIES (til 12/14 DSCHG)	OTHER TUBERCULOSIS	PELVIC INFLAMMATORY DISEASE	PULMONARY TUBERCULOSIS	SKIN GRAFTS W CELLULITIS
ALL RACES												
Statewide	55,565	1,936	4,534	994	60	8	4,164	2,068	33	359	73	134
CMC PSA	1,768	77	200	17	1		113	32		4		6
WHITE												
Statewide	27,668	969	2,226	346	25	3	2,051	1,203	4	110	6	67
CMC PSA	1,558	67	173	13	1		98	29		3		5
BLACK												
Statewide	15,535	437	1,293	427	26	2	841	462	10	118	16	33
CMC PSA	97	5	12	4			5					

ACSC 2016 Discharge Rate per 1,000 population	Est 2016 Population 18-64	Total ACS Discharges	ANGINA	ASTHMA	BACTERIAL PNEUMONIA	CELLULITIS	CONGESTIVE HEART FAILURE	CONVULSION	COPD	DEHYDRATION	DENTAL CONDITIONS	DIABETES	ENT
ALL RACES													
Statewide	5,610,651	9.903	0.107	0.674	1.100	1.110	0.938	0.172	1.133	0.521	0.136	1.359	0.095
CMC PSA	140,330	12.599	0.128	0.563	1.903	1.311	1.019	0.257	2.173	0.292	0.128	1.553	0.064
Variance from Statewide		2.695	0.021	(0.111)	0.803	0.201	0.082	0.085	1.041	(0.229)	(0.007)	0.195	(0.031)
WHITE													
Statewide	3,657,780	7.564	0.075	0.352	0.907	1.135	0.551	0.144	1.019	0.402	0.104	0.894	0.065
CMC PSA	125,980	12.367	0.119	0.484	1.881	1.357	1.024	0.278	2.231	0.286	0.111	1.445	0.064
Variance from Statewide		4.803	0.044	0.132	0.975	0.223	0.473	0.133	1.211	(0.116)	0.008	0.550	(0.001)
BLACK													
Statewide	783,378	19.831	0.204	1.740	2.014	1.139	2.783	0.309	2.288	0.945	0.237	3.323	0.171
CMC PSA	4,861	19.955	0.000	2.057	2.263	1.029	1.029	0.206	2.674	0.411	0.411	4.526	0.000
Variance from Statewide		0.124	(0.204)	0.317	0.249	(0.110)	(1.754)	(0.103)	0.387	(0.533)	0.174	1.203	(0.171)
Variance Black from White													
Statewide		12.27	0.13	1.39	1.11	0.00	2.23	0.16	1.27	0.54	0.13	2.43	0.11
PSA		7.59	-0.12	1.57	0.38	-0.33	0.00	-0.07	0.44	0.13	0.30	3.08	-0.06
Est Admissions Statewide		9609.41	100.89	1086.94	867.82	3.20	1748.67	128.92	993.37	425.39	104.83	1902.46	83.24
Est Admissions PSA		36.88	-0.58	7.65	1.86	-1.60	0.02	-0.35	2.16	0.61	1.46	14.98	-0.31

ACSC 2016 Discharge Rate per 1,000 population	Est 2016 Population 18-64	Total ACS Discharges	GASTRO-INSTESTINAL OBSTRUCTION	GRAND MAL STATUS/OTHER EPILEPTIC CONVULSION	HYPERTENSION	HYPOGLYCEMIA	IMMUNIZATION RELATED PREVENTABLE	KIDNEY/URINARY INFECTION	NUTRITION DEFICIENCIES (til 12/14 DSCHG)	OTHER TUBERCULOSIS	PELVIC INFLAMMATORY DISEASE	PULMONARY TUBERCULOSIS	SKIN GRAFTS W CELLULITIS
ALL RACES													
Statewide	5,610,651	9.903	0.345	0.808	0.177	0.011	0.001	0.742	0.369	0.006	0.064	0.013	0.024
CMC PSA	140,330	12.599	0.549	1.425	0.121	0.007	0.000	0.805	0.228	0.000	0.029	0.000	0.043
Variance from Statewide		2.695	0.204	0.617	(0.056)	(0.004)	(0.001)	0.063	(0.141)	(0.006)	(0.035)	(0.013)	0.019
WHITE													
Statewide	3,657,780	7.564	0.265	0.609	0.095	0.007	0.001	0.561	0.329	0.001	0.030	0.002	0.018
CMC PSA	125,980	12.367	0.532	1.373	0.103	0.008	0.000	0.778	0.230	0.000	0.024	0.000	0.040
Variance from Statewide		4.803	0.267	0.765	0.009	0.001	(0.001)	0.217	(0.099)	(0.001)	(0.006)	(0.002)	0.021
BLACK													
Statewide	783,378	19.831	0.558	1.651	0.545	0.033	0.003	1.074	0.590	0.013	0.151	0.020	0.042
CMC PSA	4,861	19.955	1.029	2.469	0.823	0.000	0.000	1.029	0.000	0.000	0.000	0.000	0.000
Variance from Statewide		0.124	0.471	0.818	0.278	(0.033)	(0.003)	(0.045)	(0.590)	(0.013)	(0.151)	(0.020)	(0.042)
Variance Black from White													
Statewide		12.27	0.29	1.04	0.45	0.03	0.00	0.51	0.26	0.01	0.12	0.02	0.02
PSA		7.59	0.50	1.10	0.72	-0.01	0.00	0.25	-0.23	0.00	-0.02	0.00	-0.04
Est Admissions Statewide		9609.41	229.47	816.26	352.90	20.65	1.36	401.74	204.36	9.14	94.44	14.71	18.65
Est Admissions PSA		36.88	2.41	5.32	3.50	-0.04	0.00	1.22	-1.12	0.00	-0.12	0.00	-0.19