

Fun Activities to Do At Home with Your Child

Fun Activities

- Play cards – Go Fish, War, Solitaire, and Memory are a few ideas.
- Take turns reading to each other.
- Have a spa night.
- Look through old photo albums together.
- Watch your child's favorite television show or movie together.
- Do a puzzle.
- Play a board game.
- Sit outside and look at the stars or clouds.
- Eat meals together.
- Help your child send an email to a grandparent, aunt, or uncle.
- Help your child write a letter to a friend or relative.
- Go bird watching and try to identify the birds you find.
- Play a video game together.
- Pull out a box of toys they haven't played with in a while.
- Plant seeds from something you've eaten, such as an apple or watermelon.
- Play games like I-Spy, Hot or Cold, Mother May I, Red Light/Green Light.
- Sing Karaoke.
- Teach your dog some new tricks.
- Let your child teach you about something they know or do well.



Movement, Exercise & Outdoor Play

- Play Hide-and-Go seek.
- Workout together.
- Write down exercises on separate pieces of paper and put them in a box, shake it and pull one out at a time. Do what it says! 10 jumping jacks, jog in place, do a somersault, 10 sit ups, 10 touch your toes, 10 arm circles, 10 lunges, walk sideways, or make up your own!
- Play hop-scotch.
- Ride bikes.
- Play Simon-says
- Take a walk in the woods and collect acorns, pretty rocks, and leaves.
- Rake leaves together.
- Play tag.
- Wash your car together.
- Teach your child how to ride a bike.
- Learn a new dance like the Chicken Dance, Electric Slide, the Hustle, or the Macarena.
- Help your child practice a sport they enjoy. Have a catch.
- Draw on the sidewalk with sidewalk chalk.
- Have a picnic outside.
- Have a dance party.

Imaginary Play

- Bring a book to life by acting it out like a play.
- Build a fort or tent out of sheets.
- Make a treasure map and have a scavenger hunt.
- Build Legos together.
- Play with dolls together.
- Play store, restaurant, or ice cream stand together.
- Have a tea party.
- Make swords out of rolled up newspaper and have a pretend sword fight.
- Have a picnic on the living room floor.



Arts & Crafts

- Print out coloring pages.
- Scrapbook together.
- Make a family tree.
- Write a story together.
- Make homemade playdough.
- Make homemade slime.
- Create memory boxes for your child's favorite pictures and artwork.
- Together make a time capsule.
- Create a special place in your home for displaying your child's artwork.
- Make a mobile.
- Make a slideshow of your favorite digital photographs by using a program like Snapfish.

Teach New Skills & Support Your Child with Self-Care

- Create a chore chart.
- Cook with your child – one fun idea is to make pancakes in the shape of your child's initials.
- Style your child's hair. Let your child style your hair.
- Help them clean their room or rearrange their bedroom furniture.
- Help them brush their hair.
- Reinforce teeth brushing skills.
- Paint your nails together.
- Together sort and do laundry.
- Bubble bath - make it fun with shaving cream.
- Help your child to make their bed.

