Breastfeeding websites and Information

http://aap.org/

American Academy of Pediatrics: Children's Health Topics

http://www.healthychildren.org/

American Academy of Pediatrics Website: Pediatric health information Insert keyword breastfeeding for breastfeeding information

http://www.cdc.gov/

Centers for Disease Control & Prevention-Breastfeeding resources

http://www.womenshealth.gov/breastfeeding/

The Federal Government Source for Women's Health Information Finding support and information on breastfeeding

National Breastfeeding Helpline

800-994-9662

Talk with a trained breastfeeding peer counselor in English or Spanish. Monday through Friday 9am to 6pm (if you call after hours, leave a message and your call will be returned on the next business day by a breastfeeding counselor)

http://www.ilca.org/

International Lactation Consultant Association Breastfeeding resources How to find a lactation consultant

http://www.llli.org/

La Leche League International: International organization providing information and support to breastfeeding mothers

http://www.mch.library.org/

Information from across the Maternal and Child spectrum

http://www.mchlibrary.info/families

Family section of the Maternal & Child Health Library

http://www.state.nj.us/njparentlink/

State of NJ: The Early Childhood, Parenting, & Professional Resource Center

http://www.thenewbornchannel.com

Password = newborn View Newborn Channel programs on computer <u>http://www.drjacknewman.com/</u> Website of Dr. Jack Newman

Breastfeeding help

http://www.nwica.org/

National WIC Association Quality nutrition services

- nutrition and breastfeeding education
- nutritious foods, and
- healthcare access for low and moderate income women and children with, or at risk of developing, nutrition related health problem