

Robert Wood Johnson University Hospital Somerset 2019 Nursing Annual Report

Robert Wood Johnson RWJBarnabas University Hospital Somerseť

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Living the Magnet Principles A Message from the Chief Nursing Officer and Vice President of Nursing

At Robert Wood Johnson University Hospital Somerset (RWJUH Somerset), we are embarking on the journey to our third Magnet designation. Yet to our nurses, physicians, staff and leadership throughout the hospital, this embodies far more than preparing for an application submission and site visit. The Magnet core principles have become part of our culture and are embedded in the ways we provide patient care each and every day.

Throughout 2019, we reinforced our commitment to quality individually and collectively among the nursing team. We have enhanced care processes on many fronts, substantiated outcomes through clinical research, provided clinical advancement opportunities and empowered nurses to thrive through shared governance and other roles. All of these efforts contribute not only to personal development, but also to our ability to offer the highest level of patient care.

As part of our High Reliability Organization (HRO) journey, we have further integrated safety throughout our culture and encourage individual perspectives at all levels. Every nurse and staff member has received HRO training, and performance assessment is now linked to safety values hospital-wide. We embrace these values every morning in safety huddles, and carry them with us throughout each day. Our efforts can be seen in various outcomes, including a zero PVAP (possible ventilator-assisted pneumonia) rate in 2019.

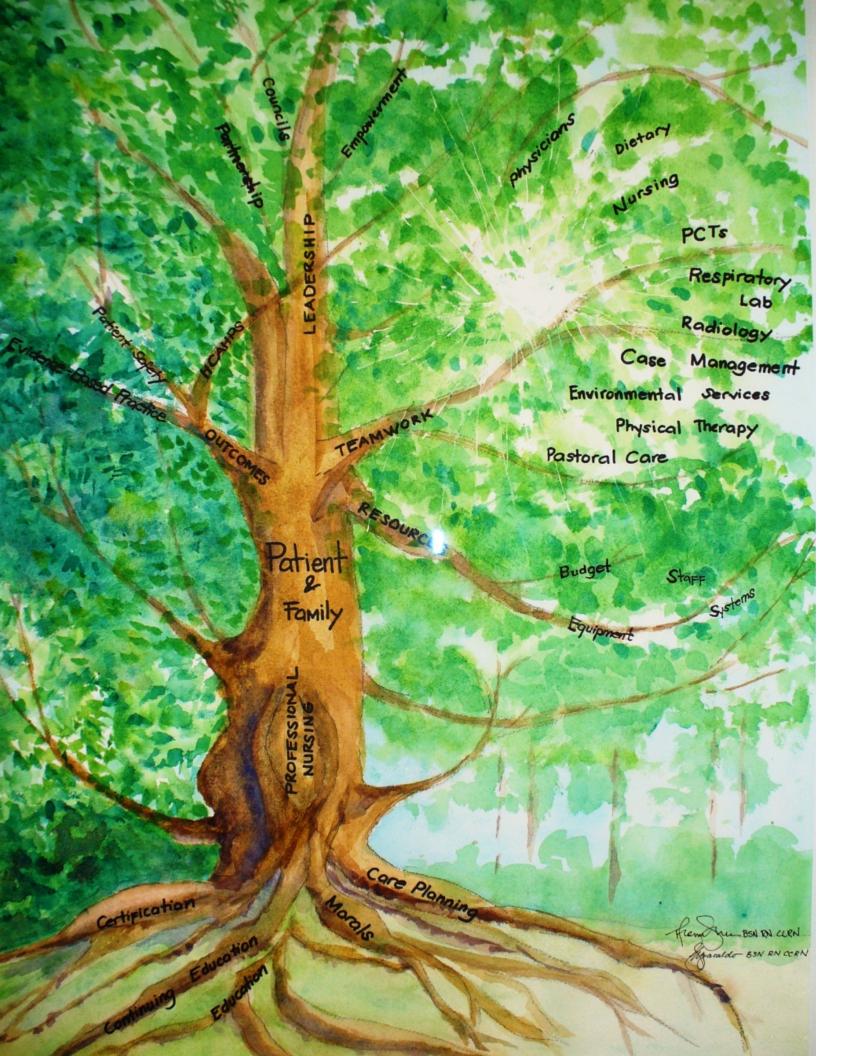
In collaboration with staff throughout the hospital, our nurses also have made great strides in improving patient experience over the past year through new rounding protocols and other enhancements. The level of trust patients and families place in us is evidenced by a significant increase in patient experience scores and ongoing positive verbal feedback. With our nurses' input, we are growing our services to meet the needs of our community through a number of expansions and renovations. Last year, we completed renovations of the 2-East/2-West Cardiac Pavilion, Same Day Surgery Center and Emergency Department Crisis Unit, and we are currently expanding additional units, including behavioral health and gastroenterology. In addition to complementing these upgrades with the latest technology and increased patient privacy, the insight of our nurses has been integral to creating spaces that foster improved workflow, greater efficiency and increased patient satisfaction.

The role of a nurse is unique in serving as an everpresent resource and caregiver for patients, day and night. As you will see throughout these pages, our nurses go beyond the role of providing exceptional clinical care. In taking a broader, holistic view that also encompasses social and emotional support, they are truly invested in caring for patients and families throughout our region.

Sincerely,

Micego E. Valendo

Michael Valendo, MSN, RN, NE-BC, CEN Chief Nursing Officer and Vice President of Nursing RWJUH Somerset



Rooted in Excellence

The RWJUH Somerset professional practice model, "Our Caring Tree," represents the Ten Carative Factors of the nursing professional practice model defined by Jean Watson, RN, PhD. This approach sees nursing as a human science that focuses on the process of caring for individuals, families and groups. Through caring transactions, nurses assist people in gaining a higher degree of harmony within the mind, body and soul.

The tree image represents how nurses are rooted in excellence and continually seek to transform, empower and inspire. It reflects nurse, patient and family relationships, the foundations of professional practice, the standards of care that ensure a nurturing environment and the shared governance structure that supports patient care delivery.

- Based upon sound judgment, competence, evidence-based research and ethics, adaptation is key in our ever-changing health care environment.
- Methods of quality improvement, research and innovation refine our practice.
- Nurses serve as leaders, aspiring for the highest level of judgment, ethics and standards. Leadership is recognized through accountability and accepting the responsibilities, privileges and rights within our professional practice.

Mission, Vision and Values

The nursing team at RWJUH Somerset embraces the mission, vision and values of the hospital, which are:

MISSION – To improve the health and well-being of the patients and communities we serve by:

- Fostering an environment of excellence in all areas, including the highest quality, evidence-based medical care
- Advancing patient care by the diffusion of medical knowledge
- Facilitating medical discovery that improves patient care
- Promoting and engaging in community outreach activities to enhance the health of the residents of our region
- Exhibiting stewardship of all available resources

VISION - Robert Wood Johnson University Hospital, in partnership with Rutgers Robert Wood Johnson Medical School, will be a leading, nationally distinguished academic medical center.

VALUES -

Commitment | Understanding | Learning | Trust | Unity | Respect | Empathy

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At RWJUH Somerset, nurses at all levels and in all roles serve as transformational leaders who share in decision-making to achieve the organization's mission and to inspire nursing practice across the care continuum. Exemplary safety, service and quality outcomes are achieved through open communication, execution of a well-defined nursing strategic plan, application of a well-articulated nursing philosophy and a vision that supports nursing excellence in an ever-changing health care environment.

Clinical Enhancements in Patient Experience

In 2019, RWJUH Somerset created a new framework for clinical interactions with patients through enhanced leadership practices, staff education and purposeful rounding procedures. These included:

Leadership rounding: Facilitated by a nurse leader at the unit level, these structured rounds focus on higher-level goals such as reviewing the plan of care, managing the patient's educational needs and validating that the team is meeting or exceeding expectations.

Purposeful hourly rounding: Conducted by staff nurses and clinical care technicians (CCTs), these rounds are designed to formally check in on patients each hour, asking specific questions that are proven through evidence to better ensure patient safety and comfort. Purposeful hourly rounding also provides an additional opportunity for patient education and answering questions, as well as more efficient workflow.

Bedside handoff: At the end of each shift, staff nurses meet with patients to review care and facilitate the shift transition. This practice is intended to include patients in their plan of care, instill confidence by transferring the trust that was established from one caregiver to the next and ensure that key information is validated by both nurses and the patient in real time.

As these procedures were implemented, nursing leaders on each unit worked with nursing staff to observe bedside handoffs, provide coaching and discuss effective ways to enhance patient care.

"When a nurse coming into a shift conducts rounds with the nurse who is leaving, everyone is on the same page and we're ready to safely execute the care plan for that shift," says 1-East Geriatrics nurse Marchelle Boyd, BSN, RN. "We've found that patients really enjoy these opportunities to be more involved and confident in their care. Family members are often present at the evening shift change, so it's a great time to provide updates, answer their questions and review safety information."

"At all levels of nursing, we're ensuring that there is structure behind our protocols with regard to safety, quality and the patient's perception of their care experience," says Joanne Arico, BSN, **RN, Director of Patient Experience.** "Patients are gaining more insight into their care, and as a result we're seeing improved patient satisfaction scores."



Tony Cava, RWJUH Somerset president and chief executive officer (left), joins Cardiology Pavilion staff in cutting the ribbon on the hospital's newly renovated 2-East patient care unit.

Cardiac Pavilion Restructuring and Renovation

The Cardiac Pavilion at RWJUH Somerset originally comprised two large units with 70 beds and one staffing team and nurse leader. After examining this structure from a service and quality perspective, RWJUH Somerset launched a restructuring initiative to enhance patient care.

In 2019, the hospital completed the renovation of the 2-East Cardiac Pavilion. This 30-bed unit, which includes eight private rooms, mirrors the hospital's 2-West Cardiac Pavilion, which was renovated in 2018. Both now feature a state-of-the-art wireless telemetry system that allows patients to move freely without being tethered to a bedside monitor. Each room features a "smart bed" which projects visual symbols on the floor so caregivers can monitor all aspects of bed safety at a glance. The beds also offer verbal safety warnings when a patient tries to get up out of bed unassisted.

With the new structure, cardiac nursing staff was able to align with either 2-East or 2-West rather than working intermittently across both units. Each unit has a nursing leader and its own unit council, creating additional opportunities for nurses to become more involved and participate in unit governance. Since this transition, patient experience scores have markedly increased.

"We're very proud to have a brand new unit with all the latest technology," says 2-West Cardiac Pavilion nurse Joy Dimagmaliw, BSN, RN-BC. "Having a home base rather than rotating across the two units gives our nurses a greater sense of ownership and enhances continuity of care for patients, who get to see familiar faces each day. For me, this setup also facilitates ongoing coaching opportunities with newer nurses."

Structural Empowerment



Professional Practice Council

Solid structures and processes have been developed at RWJUH Somerset to support nurses' professional development, promote participation in community and population health outreach activities and recognize nurses for their contributions in achieving strategic priorities. Interprofessional collaboration and participation in shared governance councils are encouraged to promote an innovative and research-intensive professional practice environment in which nurses, patients, families, colleagues and the community at large flourish.

Center for Professional Development, Innovation and Research

The Center for Professional Development, Innovation and Research (CPDIR) provides staff with opportunities to practice, learn and grow professionally in an increasingly complex and challenging health care environment. The team is committed to providing structural empowerment for patient/family centered care, shared decision-making, autonomy and clinical excellence. By incorporating the HRO tenants, CPDIR helps ensure that outcomes and safety are always a priority.

Magnet Enculturation Council Performance Improvement Council Patient Family Education Council

Shared Governance Councils

Shared governance provides an organizational framework that empowers clinical nurses to participate in and lead decision-making processes. Through unit-based departmental councils, the shared governance model provides a forum for the exchange of ideas and information that enhances the quality of nursing care and promotes clinical excellence through accountability and collaboration.

Education Council

Education Council representatives disseminate current and ongoing educational activities and updates to their nursing units while serving as a resource to identify and address unit-specific educational needs.

Magnet Enculturation Council

Members of the Magnet Enculturation Council support the Magnet framework of facilitating professional growth and continuous lifelong learning by increasing the academic progression of education in nursing, promoting continuing competencies, developing leaders and facilitating educational opportunities supporting the advancement of the profession through evidence-based practice.

Nursing Performance Improvement (PI) Council

As part of shared governance efforts, the Nursing Performance Improvement (PI) Council meets monthly to recommend appropriate actions for quality assurance and performance improvement activities across the organization.

Patient/Family Education Council

This council provides a forum for a systematic, multidisciplinary approach to facilitate the assessment, design, planning, implementation and evaluation of patient and family educational resources, materials and programs. The council strives to ensure appropriate literacy levels in educational materials for patients and families.

Professional Practice Council

Members of the Professional Practice Council ensure that nursing practice standards are ethical, current, evidencebased, theoretically sound and aligned with the RWJUH Somerset mission, vision and strategic goals.

Nurse of the Year Awards

During a National Nurses' Week celebration, Jennifer Tinn, BSN, RN, CCRN, a staff nurse in the Critical Care Unit, was honored with the RWJUH Somerset 2019 Magnet Nurse of the Year Award. Tinn was recognized for her initiative in engaging in new projects and responsibilities that improve patient outcomes, unit workflow and employee engagement, from placing midlines and serving as a preceptor to earning her CCRN and taking on a charge nurse role.



The following awards also were presented at the Nursing Excellence Awards and Luncheon:

Professional Development Magnet® Enculturation Scholarship Awards:

- BSN Scholarship: Linet Angir, RN, CCRN, Same Day Center
- MSN Scholarship: Areeba Kahn, BSN, RN, Orthopedics

Nursing Technician/Technologist Award

Megan Carley, CCT, 4 West

Community Outreach Award

Rhonda Lane, BSN, RN, Care Management

Friend of Nursing Award CJ Cruz, Manager, Clinical Engineering Support Services

Advanced Practice Provider Award Simona Schneider, MSN, RN, APN, ANP-BC, CBEC, Steeplechase Cancer Center

Transformational Leadership Award Laura Smith, BSN, RN, CCRN, Neuroscience Program Manager

Structural Empowerment Award Magnet Enculturation Council

Exemplary Professional Practice Award Galina Saburova, BSN, RN, ONC, Orthopedic Pavilion

New Knowledge, Innovation, and Improvements Award

Megan Allen, MSN, RN-BC, CCM, CCDS, Performance Improvement



In addition, the hospital presented a special Distinguished Service Award to Lynn Kearney, MS, BSN, RN, NE-BC, FABC, Chief Nursing Officer, in recognition of her four decades in nursing.



Magnet Enculturation Council Launches DAISY Awards

Last October, the Magnet® Enculturation Council initiated the DAISY Award at RWJUH Somerset. Established by the DAISY Foundation, this award recognizes the extraordinary acts of compassion or relationships nurses have established with patients that have truly made a difference. The following nurses received DAISY Awards in 2019:



Exemplifying excellent customer service in day-to-day practice, Ashley Cardoso, ASN, RN has received numerous recognitions from patients during nurse leader rounds and through letters from discharged patients. She embodies the HCAHPS model of effective communication through active listening and explaining concepts in a way that patients understand. Cardoso had several "great catches" in July in which she was able to identify two separate hospitalacquired pressure injuries (HAPI). Her compassion and ongoing ability to listen and communicate effectively make her a true DAISY nurse.

Ashley Cardoso, ASN, RN 2 West Cardiac Pavilion



patience.

Robetson Fleurmond, BSN, RN Critical Care



Kathleen Marsh, ASN, RN, SCRN 4-West Edward and Anita Hogan Neuroscience Pavilion

Kathleen Marsh, RN, SCRN has been instrumental in transforming the way colleagues think with regard to safety, error prevention and performance excellence. She has embraced the role of safety coach on the High Reliability Organization (HRO) journey and is always engaged at the unit-based practice council. Perhaps Marsh's greatest asset to 4-West is her unyielding commitment to quality patient care. In fact, her efficient knowledge, clinical acumen and timely critical thinking were lifesaving for a recovering patient who became unstable. Her leadership, commitment, knowledge and care have shaped and impacted her colleagues as well as her patients and their families on the 4-West Edward and Anita Hogan Neuroscience Pavilion.

Additional Awards/Honors

Kathleen Marsh, ASN, RN, SCRN RWJUH Somerset Employee of the Month, December 2019



Every day, Robetson Fleurmond, BSN, RN comes in to work with a smile and a positive attitude, regardless of the staffing or assignments given or the challenges he might encounter. The Critical Care team appreciates working with him because he is very knowledgeable and always willing to lend a hand. His patients consistently provide positive feedback about his care, compassion and

Oriana St. George, MSN, RN-BC RWJUH Somerset Employee of the Month, January 2019



Nurses Embrace Community Outreach

RWJUH Somerset respects and celebrates the unique backgrounds of its nurses and all employees. The hospital has earned national recognition for its diversity and inclusion efforts, and encourages and supports related outreach initiatives. Through various community outreach initiatives, nurses and other health care providers partner to promote healthy behaviors, improve access to primary and preventive care and reduce health disparities.

First Healing Home Restored

Last March, nurses and staff spent two Saturdays painting and preparing the hospital's first Healing Home at 41 Rehill Avenue in Somerville. Through this program, housing is offered for up to 24 months for individuals or individual families in Somerset County who have a chronic or acute health condition that causes financial hardship and are unable to afford housing or their basic needs. The Healing Homes Program is part of RWJBarnabas Health's Social Impact and Community Investment (SICI) efforts to support the provision of safe and affordable housing for those in need.

Participating nurses included members of the Philippine Nurses Association of Somerset County who had stayed in the home, which is owned by the hospital, when they first arrived in the United States and began working at RWJUH Somerset. Renovations to the Somerville house were completed in April and a family of three moved into the home in July.

"It was an amazing experience to help prepare a home where a family could be more comfortable while dealing with illness and financial hardship," says Cardiac Rehabilitation nurse Leominda Bathan, BSN, RN-BC, who helped paint the home's interior. "As nurses, we care for patients every day and we understand what they go through. This was a wonderful opportunity to extend that care beyond our daily roles."

MLK Week of Service

As part of RWJBarnabas Health's Martin Luther King Week of Service, RWJUH Somerset hosted a volunteer project in celebration of Dr. Martin Luther King, Jr. and his legacy. Thirty-six nurses and employees from RWJUH Somerset and other RWJBarnabas Health facilities made 150 "First Night" kits, including toiletries and handmade cards with inspirational messages. Together with 15 fleece blankets, these kits were distributed to Feeding Hands food pantry in Somerville. The event was organized by the RWJUH Somerset Community Health Department and Jersey Cares.





Boxed Lunch Donations for the Homeless

The RWJUH Somerset Strong Committee assembled and donated 80 boxed lunches to the Samaritan Homeless Interim Program (SHIP) in Somerville as a community service project in conjunction with National Volunteer Week in 2019. Nurses and other employees donated sandwiches, snacks and beverages for the lunches.

Somerset County 4-H Fair Screenings

As part of the Somerset County 4-H Fair last summer, nurses volunteered for the RWJUH Somerset tent in coordination with the hospital's Community Health Department. Over the course of this three-day event, nurses provided free blood pressure screenings, information about the hospital's health care services and fun ways to learn about health.

Thanksgiving Food Donations

RWJUH Somerset nurses and staff donated turkeys and chickens to help brighten the Thanksgiving holiday for families throughout the community. With assistance from the Somerset County Sheriff's Office, team members delivered 185 birds to the Samaritan Homeless Interim Program (SHIP) in Somerville, the Food Bank Network of Somerset County, Salvation Army of Bound Brook, Franklin Food Bank and Feeding Hands in Somerville.

With assistance from the RWJUH Somerset Community Health Department, nurses and staff also provided bags of Thanksgiving items for 81 families in the community. The bags included food items and grocery store gift cards, and were distributed to families served by Somerset County Social Services through the Adopt-a-Family program.

December Toy and Gift Drive

In December, nurses and employees donated toys and gifts for underserved families in Somerset County with coordination assistance from the Community Health Department. Toys were distributed to more than 80 children at a holiday celebration at the Steeplechase Cancer Center. In addition, gifts were distributed to 36 families served by Somerset County Social Services through the Adopt-a-Family Program.

Community Service Activities

RWJUH Somerset nurses also were involved in the following outreach activities in 2019.

Eileen Allen, MSN, RN-BC Stacey Alphas, BSN, RN, COCN Jazmin Cruz, BSN, RN-BC Dana Farese, RN, ACM Gina Roarty, BSN, RN, CPPS Oriana St. George, MSN, RN-BC Kathleen Wilson, MSN, RN, CNL, SCRN Far Hills Race Volunteers

Eileen Allen, MSN, RN-BC Magnet Enculturation Diaper Drive

Stacey Alphas, BSN, RN, OCN Simona Schneider, MSN, RN, ANP-BC Steeplechase Distance Run Volunteers

Ma. Arlene Azores, BSN, RNC-LRN Leominda Bathan, BSN, RN-BC Dianne Bautista, BSN, RN-BC Ma. Nelda Bernales, BSN, RN-BC Maria Theresa Domider, BSN, RN-BC Maria Theresa Domider, BSN, RN-BC Rhea Ethelyn Goleta, BSN, RN-BC Maria Cristina Jusay, BSN, RN, CCRN Lilia Makiling, BSN, RN-BC Jhoanna Nitschke, BSN, RN Nellie Sun, MSN, RN, CEN Bernadette Mia Tomale, BSN, RN-BC

Christmas Caroling, Laurel Circle Nursing Home

Ma. Arlene Azores, BSN, RNC-LRN Leominda Bathan, BSN, RN-BC Irisbeth Binuya, BSN, RN Peachie Miranda, BSN, RN Bernadette Mia Tomale, BSN, RN-BC Healing Home Painting Project

Ma. Arlene Azores, BSN, RNC-LRN Dianne Bautista, BSN, RN-BC Bernadette Mia Tomale, BSN, RN-BC **Healthy Aging Health Fair** Ma. Arlene Azores, BSN, RNC-LRN Peachie Miranda, BSN, RN Joyce Narciso, BSN, RN-BC Harvinder Singh, BSN, RNC

Health Screening, Garden State Sikh Association Gurudwara

Leominda Bathan, BSN, RN-BC Joy Dimagmaliw, BSN, RN-BC Patricia Kerwin, BSN, RN-BC Aileen Lausin, BSN, RN-BC Peachie Miranda, BSN, RN Peggy Moore, MSN, RN Peggy Moore, MSN, RN Solmayra Murray, RN Harvinder Singh, BSN, RNC Pearl Tomale, BSN, RN, CPAN **Somerset County 4-H Fair Blood Pressure Screening**



Peggy Moore, MSN, RN, checks blood pressures at the Somerset County 4-H Fair.

Marchelle Boyd, BSN, RN

Middlesex Regional Black Nurses Association Blanket and Coat Drive

Mary Cuccio, BSN, RN

St. Elizabeth Ann Seton Church Soup Kitchen Volunteer, Three Bridges, NJ

Marie Dauphin, ASN, RN Kimberly Delbrune, MSN, RN-BC Haitian Clothes Drive Kathleen Edge, BSN, RN, PCCN, CCRN Lauren Keane, BSN, RN, CCRN Renee Shubiak, BSN, RN-BC Oriana St. George, MSN, RN-BC

Cardiac Athletic Screening, RWJUH Somerset Family Practice

Janna Gutierrez, ASN, RN Feeding the Homeless, New Brunswick

Martha Kelly, MSN, APN, RN, ACNP-BC Swim Across America Cancer Fundraising Uganda Medical Clinic Volunteer

Janice Klein, MSN, RN, CRRN

Blood Glucose Screening and Diabetes Presentation, RWJUH Somerset

Marilyn Omabegho, MSN, RN, NE-BC, OCN

Fall Prevention in Seniors, Quail Brook Senior Center and Bridgewater Mall Health Walk

Irene Ondieki, DNP, RN-BC

Health and Temperance Day Health Screening, Muungano Seventh Day Adventist Church, Jersey City

Shankari Ravichandran, DNP, APN, ANP-BC Chair, Lung Transplant Lifeline

Melissa Richardson, DNP, RN, FNP-BC

National Black Nurses Association (NBNA) Day on Capitol Hill

Lenore Rubino Rogers, MSN, RN, OCN, CHPN Great American Smokeout Volunteer

Simona Schneider, MSN, RN, ANP-BC Survivorship Dinner Volunteer, Bridgewater Elks Mary Jane Sibayan, BSN, RN, CPAN

Blood Glucose Screening, 4 H Fair, Flemington, NJ

Jasmine Simpson, MSN, RN FNP-BC

Asian Indian Chamber of Commerce and New Jersey Chinese American Chamber of Commerce Event Volunteer, Steeplechase Cancer Center

Laura Smith, BSN, RN, CNRN

Stroke Screenings

There's No Sugar-Coating Stroke

Somerset County Senior Wellness Center Senior Expo

Hillsborough Wellness Fair

Stroke Prevention, Hidden Brook, Franklin Township

Somerset County Business Partners Workplace Wellness Expo

Tracy Smith-Tinson, MPA, BSN, RN

Annual Neighborhood Health Fair Screenings, Pine Street Park

Men's Health Forum, AME Mount Zion Church

Patricia Sonsiadek, MSN, RN, ACM Religious Education, Our Lady of Peace at Fords

Siby Varughese, MA, MBA, BSN, RN, OCN, CCRP Komen CSNJ More than Pink Walk



Far Hills Race Volunteers

Exemplary Professional Practice



The bariatric team celebrates reaccreditation as a Center of Excellence.

The true essence of a Magnet[®] organization stems from the nurses' exemplary professional practice. **RWJUH Somerset nurses are competent, accountable, autonomous practitioners who uphold** ethical, safety and regulatory standards while striving for excellence through the application of evidence-based practice. Our nurses embrace the principles of exemplary professional practice as evidenced by our professional practice model and overarching care delivery model that places the patient and family in the center of all that we do.

Bariatric Center of Excellence

In 2019, the Bariatric Program at RWJUH Somerset was reaccredited as a Center of Excellence in Metabolic and Bariatric Surgery by the Surgical Review Corporation (SRC), making it one of only five centers in New Jersey to achieve this designation. SRC is a nonprofit patient safety organization that develops and administers best-in-class accreditation programs worldwide, recognizing the highest levels of patient safety and quality.

RWJUH Somerset's Bariatric Program offers surgical and nonsurgical weight loss options with care from a multidisciplinary team. Highly trained nurses play an integral role in patient care, from extensive preoperative education to intraoperative clinical care and follow up at discharge. During its full-day site visit, the SRC interviewed nurses, physicians and staff and examined every process related to bariatric care.

"It's incredible to see how our team has worked together not only in preparing for this reaccreditation, but also in the ongoing support of our patients," says Sandra Calado, MSN, RN, Bariatric Program Coordinator. "We're proud to make a difference in our patients' lives for the long term."

Analyzing Mistakes and Misjudgments

Each month, RWJUH Somerset nurses are invited to participate in a peer review safety meeting that recently evolved in scope to be called "Mistakes and Misjudgments." In this format, nurses present clinical care examples and discuss in detail ways to improve processes and avoid mistakes.

"Our nurses are on the front lines of patient care, and this approach capitalizes on their point of view while empowering them to examine processes and make improvements," says Kimberly Bates, BSN, RN, CCRN-CMC, Clinical Nurse Educator with the Center for Professional Development, Innovation and Research and Co-Chair of Mistakes and Misjudgments.

"We're fostering an environment where nurses can talk freely without judgment if they question something," adds Critical Care nurse Mimi Lambino, RN, CCRN, Co-Chair of Mistakes and Misjudgments. "Every nurse is encouraged to participate and contribute to these discussions. Through this process, we're helping nurses better recognize specific situations that might lead to a mistake."

Donor Wall Rededication Ceremony

In October, RWJUH Somerset leadership, nurses and staff gathered with NJ Sharing Network staff and family members of patients who gave the gift of life to honor the legacy of these organ and tissue donors in a Tree of Life Dedication Ceremony. Initially dedicated in 2017 with the names of 42 organ and tissue donors, the Tree of Life was rededicated with the names of 18 heroes. The ceremony also featured moving remarks from a tissue recipient. The Tree of Life memorial is located outside the Critical Care Unit.

While NJ Sharing Network team members facilitate all discussions about organ and tissue donation, nurses in the Critical Care Department play a key role in supporting the needs of patients who are approaching the end of life and family members who are considering donation.

"Facing a loved one's death is an extremely emotional and difficult situation for family members, and it's a powerful experience to witness them helping others during that time," says Critical Care nurse Theresa Domider, BSN, RN-BC. "They're saying goodbye to their own loved one, yet helping others live on to pursue their dreams and plans. It's an honor to support the needs of these families through such a heroic and humbling experience."



Family members look for a loved one's names on the "Tree of Life."

Schwartz Rounds Reflect on Human Connections in Care

Through the Schwartz Center for Compassionate Healthcare, RWJUH Somerset offers Schwartz Rounds[™] to help reduce caregiver stress and address the emotional challenges that nurses, physicians and staff throughout the hospital face in their daily roles. Since 2016, in this forum, participants share their feelings on selected topics drawn from staff and patient experiences. Five Schwartz Rounds were held at RWJUH Somerset in 2019, including two that hosted team members from other RWJBarnabas Health sites to help them in the initiation of their own Schwartz Round programs. Each session averaged 100 to 200 attendees.

"It's a unique opportunity for colleagues to come together and discuss the social and emotional issues that are an inherent part of working in health care," says Schwartz Round Site Coordinator Jeannine Creazzo, MLIS, AHIP, Director of the Medical Library and Continuing Education and Research. "Participants share successes and concerns in a way that stimulates thoughtful and candid discussion."

"Sharing personal experiences in this way allows us to take the time to reflect on where we've been and the lives we've been a part of," says Critical Care nurse Ashley Lamont, BSN, RN, CCRN, one of the Schwartz Round panelists for "A Difficult Gift to Give: Organ Donation" together with Operating Room nurse Linda DeCosta, RN, and Director of Perioperative Services Sunitha John, BSN, RN, RM, CNOR. "As families face grief and loss, organ donation can be a positive thing to hold onto. Presenting on this topic encouraged a moving discussion beyond the bedside setting."

Quality Indicator Improvements

In 2019, RWJUH Somerset nurses had a positive impact on quality, as evidenced by specific quality indicators. In particular:

- The hospital achieved a zero possible ventilator-assisted pneumonia (PVAP) rate in 2019.
- For the first full year, every department where hand hygiene is monitored including all nursing units achieved their goals.
- Through active efforts to standardize processes, the Joint Surgery Program team decreased hip and knee surgical site infections by 70 percent, even with a more than 20 percent increase in the number of cases performed from 2018 to 2019.

"Nurses and other caregivers on the Critical Care and Joint Surgery Program teams did an amazing job in enhancing safety, and these rates reflect the quality of care they provide," says Sharon Parrillo, BSN, RN, CIC, CPPS, Director of Infection Prevention. "In addition, after starting the hand hygiene initiative eight years ago, it was an impressive accomplishment to hit hospital-wide goals. Handwashing is the single most effective way to prevent transmission of disease, and everyone played a role in this accomplishment."



2019 RWJUH Somerset Infection Data

Possible Ventilator-Associated Pneumonia (PVAP) Rate:

0 infections in 2019

Catheter-Associated Urinary Tract Infection (CAUTI) Rate:

1.06 per 1000 catheter days

Central Line-Associated Blood Stream Infection (CLABSI) Rate:

0.53 per 1000 central line days

Hand Hygiene Compliance:

94.3 percent for all disciplines

95.9 percent for nursing

95.1 percent for CCTs

Hospital-Acquired Clostridium difficile Rate:

0.64 per 1000 patient days

Quality and Safety Awards

From hospital quality and patient safety to specific program recognitions, nurses have played a key role in the many awards and accreditations that were earned by RWJUH Somerset in 2019.

Excellence in Patient Safety

RWJUH Somerset earned the Leapfrog Group's highest grade – an "A" – in Spring and Fall 2019. The hospital has earned an "A" rating nine times. The Leapfrog Hospital Safety Grade is one of the nation's gold standard measures of patient safety, recognizing the commitment to providing the highest quality care to patients.

The hospital also was honored with the Healthgrades Patient Safety Excellence Award[™], ranking among the top 5 percent in the nation for patient safety. Only 13 hospitals in New Jersey achieved this recognition. The award recognizes hospitals that prevent infections, medical errors and other preventable complications.

Best Hospital Recognition

U.S.News & World Report ranked RWJUH Somerset among the best hospitals in New Jersey in its 2019 hospital rankings. The hospital ranked 9th out of 111 hospitals in New Jersey and 22nd out of 197 hospitals in the New York Metro region, which includes New York City, Long Island, Westchester County and northern New Jersey. In addition, RWJUH Somerset was rated "high performing" in orthopedics, hip replacement surgery, colon cancer surgery and congestive heart failure. The U.S.News & World Report listing is considered to be the nation's most prestigious hospital ranking system.



"Most Wired" Award

RWJUH Somerset is one of only 13 hospitals in New Jersey to be named one of the nation's "Most Wired" hospitals by the College of Healthcare Information Management Executives (CHIME). Hospitals designated "Most Wired" are on the forefront of using health care information technology to enhance the delivery of care and improve patient safety and outcomes.

Honored for Surgical Excellence

In addition to being one of only five in New Jersey to achieve accreditation as a Center of Excellence in Metabolic and Bariatric Surgery by the Surgical Review Corporation, RWJUH Somerset earned the Joint Commission's Gold Seal of Approval® for total hip and total knee replacement surgery, acute myocardial infarction and stroke in 2019. The Primary Stroke Center also received the American Heart Association/American Stroke Association's 2019 Get With The Guidelines®-Stroke Gold Plus Quality Achievement Award.

An LGBTQ Healthcare Equality Leader

For the third consecutive year, RWJUH Somerset was nationally recognized in 2019 as a "Leader in LGBTQ Healthcare Equality" by the Human Rights Campaign (HRC) Foundation, the educational arm of the nation's largest LGBTQ civil rights organization. RWJUH Somerset was among a select group of health care facilities nationwide to receive this designation. .

Quality Fair

In October, RWJUH Somerset hosted its 4th annual Quality Fair, featuring 24 posters highlighting quality improvement initiatives underway throughout the hospital. RWJBarnabas Health leaders reviewed the posters and selected finalists who presented at the RWJBarnabas Health Quality Fair in November.

Finalists that included nurses were:

 Relationship between Cancer Health Literacy and Hope in Outpatients Receiving Cancer Treatment Stacey Alphas, BSN, RN OCN Kim Cromwell-Pinella, BSN, RN, CBCN, OCN Lenore Rogers, MSN, RN, OCN, CHPN Marianna Szafranska, BSN, RN, ONC Siby Varughese, MA, MBA, BSN, RN, OCN, CCRP Kathleen Zavotsky, PhD, RN, ACNS-BC, CCRN, CEN, FAEN

 Emergency Department Interventions Reduce Hospital-Acquired Clostridium difficile Infection Sharon Parrillo, BSN, RN, CIC, CPPS



Professional Nursing Certifications

Congratulations to the following nurses for achieving certifications in their specialties in 2019:

Sandra Calado, MSN, RN, BCS, Bariatric Care Special

Kim Cromwell-Pinella, BSN, RN, CBCN, OCN, Oncolog

Ariane Dequina, BSN, RN-BC, Medical Surgical Certif

Lauren Halsey, BSN, RN, CCDS, Certified Clinical Doc

Mary Jo Kelleher, MSN, RN, CPPS, Certified Professio

Mi Youn Kim, BSN, RN-BC, Medical Surgical Certificat

Kimberly McKevitt, BSN, RN, CWON, WCC, OMS, Cer

Connie McKoy-Holt, MSN, RN, CPPS, Certified Profes

Gina Roarty, BSN, RN, CPPS, Certified Professional in

Sharon Parrillo, BSN, RN, CIC, CPPS, Certified Profess

Christine Woolf, BSN, RN-BC, Medical Surgical Certifi

Professional Appointments

Shankari Ravichandran, DNP, APN, ANP-BC, Appointed Associate Professor of Clinical Nursing, Columbia University

Kathleen Zavotsky, PhD, RN, CCRN, CEN, ACNC-BC, FAEN, Inducted as a Fellow in the Academy of Clinical Nurse Specialists (FCNS)

Educational Achievements

Congratulations to the following nurses who earned degrees in 2019:

BSN Degrees

Kathleen Duncil, BSN, RN, Kean University Akeisha Punch, BSN, RN, South University

MSN Degrees

Kimberly Delbrune Mitter, MSN, RN-BC, Chamberlain University

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New Knowledge, Innovations and Improvements



RWIUH Somerset promotes a research-intensive environment and a culture of inquiry and innovation. Nurses at all levels participate in the Nursing Research Council, monthly Journal Club meetings and Nursing Informatics end-user teams to collaborate, plan, implement and evaluate practices, knowledge and innovations new to the organization.

New Same Day Surgery Center Opens

Last June, RWJUH Somerset opened a new Same Day Surgery Center in a newly renovated 11,000-square-foot space on the hospital's third floor. In addition to conveniences like direct elevator access and onsite registration, the unit features greater privacy in patient bays. A private hallway connects the center to the Operating Room and a comfortable family waiting area facilitates frequent access to a patient/family liaison. Renovation plans included significant input from nurses with regard to workflow and the optimal location for patient care items ranging from stretchers to sharps.

"The new unit is designed to better serve patients and families while

improving care processes, including creating separate areas for preoperative and postoperative patients," says Same Day Surgery nurse Lena Arago, BSN, RN-BC. "It's allowed us to increase productivity, provide care more effectively and enhance accessibility to other team members, like anesthesiologists and surgeons. We've even acquired new skills, such as the ability to perform nerve blocks in two dedicated rooms."

Expanding Behavioral Health Treatment Space

With nursing and staff input, RWJUH Somerset moved and expanded its Emergency Department Crisis Center, which accepts patients who require acute treatment for behavioral health issues. The renovation added three new rooms and increased staffing accordingly, including two nurses for each shift. Nurses and staff received special training to ensure ongoing safety measures during the transition.

"We're seeing an expanded demand in our area for these services, and we're working to meet this need, connect with the community and remove the stigma that's historically been associated with behavioral health issues," says Latoya Stewart, MSN, RN, Interim Director of Behavioral Health Services.

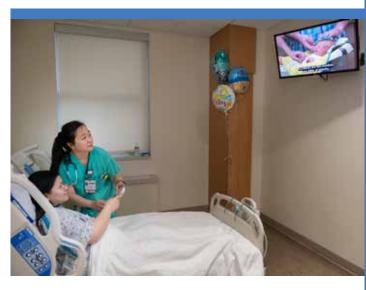
The hospital also completed the first phase of a two-phase renovation of its inpatient behavioral health unit on 5 West. Renovations included a dedicated new space for voluntary patients, a new group therapy room and a therapist office. Renovation and expansion of the involuntary space and the Eating Disorders Unit is currently underway.

GetWellNetwork® Engages Patients in Care

In 2019, RWJUH Somerset launched the GetWellNetwork® on three units: the Cardiac Pavilion, the Edward and Anita Hogan Neuroscience Pavilion and the Maternity Unit. Using smart TVs, this patient engagement technology enables patients to choose from a broader selection of television programs and movies, access the Internet, select from hundreds of educational videos about health conditions and discharge advice, learn about their medications and contact various departments, such as Food Services, when needed. The system is paired with keyboards, so patients can also access email or work remotely if desired.

"This has been a wonderful tool to help us educate our maternity patients and prepare them for discharge," says maternity nurse Ma. Arlene Azores, BSN, RNC-LRN. "With topics like breastfeeding and infant bathing, we can now pair hands-on teaching with educational videos simultaneously. We've found that patients better understand and retain information when it's presented in multiple formats."

In collaboration with the Center for Professional Development, Innovation and Research (CPDIR) and the Patient Experience team, nurses from day and night shifts were chosen by unit leadership for GetWellNetwork training. In turn, they trained their colleagues on the use of this technology. The system has received positive feedback from patients, and patient satisfaction scores on preparation for discharge have increased since its implementation.



Ma. Arlene Azores, BSN, RNC-LRN, shows a patient how to use the Get Well Network.





A Unique Tool for the Visually Impaired

RWJUH Somerset recently became the first hospital in the nation to offer Aira navigation services for blind and low-vision patients and visitors. This app-based service connects those with sight loss to highly trained, remotely located agents who can guide them throughout the hospital and assist with other tasks where visual information can be useful, such as reading patient forms.

Through the use of the camera on a smartphone, Aira agents can see the individual's surroundings and direct them step by step to their destination. The service is available free of charge when users are on the hospital's campus. Nurse educators and the Patient Experience team helped train nurses and staff throughout the hospital on the use of the navigation service.

"This technology allows for greater independence as it guides patients and visitors safely through our hallways and to their destinations," says Joanne Arico, BSN, RN, Director of Patient Experience. "We're helping to ensure that our facility is accessible to everyone."

ElectroClaves™ Sanitize Mobile Devices

As part of hospital-wide efforts to prevent the transmission of infections, RWJUH Somerset was the first hospital in New Jersey to install ElectroClaves[™] to sanitize mobile devices such as phones and iPads. This technology is now available in the hospital's Physician Lounge, Operating Room, Critical Care Unit and Emergency Department. While traditional hospital sterilization techniques utilize high heat that can damage personal electronic devices, the ElectroClaves can safely charge, sync and sanitize up to 10 phones and/or four tablets in less than two minutes using HEPA filtration and positive pressure with high efficacy UVC LED technology to provide the most efficient means of combating pathogens that are a concern.

"As technology advances, mobile devices have become seamlessly integrated into health care processes, so we need to ensure that they don't become a vehicle for disease transmission," explains Sharon Parrillo, BSN, RN, CIC, CPPS, Director of Infection Prevention. "In addition to utilizing Electroclaves, we've placed screen wipe stands throughout the hospital to be accessible to nurses, physicians, staff and visitors."



Navigating Breast Cancer Surgery

In 2019, breast cancer navigator Kimberly Cromwell-Piniella, BSN, RN, CBCN, OCN began breast cancer preoperative education classes to help Steeplechase Cancer Center patients and their support individuals understand every aspect of the care journey, from hospital logistics to postoperative care instructions on topics like showering and drain management. By providing this level of detail before surgery, the program aims to ease patient anxiety, make the treatment process easier and improve outcomes.

"Often, an individual's emotional state can dictate their physical state," explains Cromwell-Piniella. "Helping patients understand what to expect about their plan of care can diminish anxiety and support the healing process."

Gynecologic Oncology APN Joins Cancer Team

Jasmine Simpson, MSN, RN, FNP-BC joined the Steeplechase Cancer Center team in 2019, working with gynecologic oncologist Mihae Song, MD to care for patients with ovarian, uterine, cervical, vulvar and vaginal cancers. Simpson provides day-to-day clinical care and patient education for both inpatients and outpatients.

"From preoperative education through survivorship, nurses establish relationships with patients that enable us to meet their needs physically and emotionally," says Simpson. "Through this one-on-one connection, we build a comfort level with patients that makes the treatment journey smoother and helps ensure the best outcomes."



Nurses Engage in Research on Many Levels

The Center for Professional Development, Innovation and Research (CPDIR) supports and encourages RWJUH Somerset nurses to participate in research and present findings at the local, regional and national levels.

"Health care continually changes, so best practices evolve as well," says Kathleen Wilson, MSN, RN, CNL, SCRN, Director of the CPDIR. "Nurses have a unique vantage point not only about medical care, but also about treating the patient as a whole from admission through discharge. We encourage them to use this perspective to improve care processes, and research provides an effective platform for doing so."

Annual Symposium Highlights Nursing Research

In collaboration with Rutgers University School of Nursing, RWJBarnabas Health nurses and other team members convened at Rutgers University in November to present their research and evidence-based findings at the 14th Annual Research Symposium. Five RWJUH Somerset nurses gave podium presentations and several presented posters at the event, which was themed "Constructing New Knowledge."

Lenore Rogers, MSN, RN, OCN, CHPN, Stacey Alphas, BSN, RN OCN and Siby Varughese, MA, MBA, BSN, RN, OCN, CCRP gave a podium presentation on "Relationship between Cancer Health Literacy and Hope in Outpatients Receiving Cancer Treatment." Health literacy is related to a broad range of health outcomes, but no literature exists about how cancer health literacy and hope are correlated. Conducted at both RWJUH Somerset and RWJUH Hamilton, this research examined how health literacy and hope are related among 150 patients with newly diagnosed and recurrent cancer within 12 months of diagnosis, and examined factors that might influence the correlation, such as age, gender, race and education. The study found a relationship between cancer health literacy and hope, and the nursing team is preparing this research for publishing.

Studying the Benefits of Aromatherapy

Several years ago, nurses at RWJUH Somerset began a research study to examine whether the use of aromatherapy would benefit patients recovering from total hip and total knee replacement, partnering with the orthopedic nursing team at RWJUH Hamilton. With nearly 200 patients participating, the study recently found that the use of aromatherapy was associated with a statistically significant increase in overall hospital experience. Among female participants, who comprised 70 percent of the patient population, there was a statistically significant decrease in the use of IV and oral narcotics.

In November, Lisa Redler, BSN, RN, ONC presented "The Effects of Aromatherapy on Pain in Total Hip and Total Knee Arthroplasty" at the New Jersey Council of Magnet Organizations, Inc. (NJCOMO) Annual Meeting in Princeton. In addition, Swapna Kandithil, BSN, RN, ONC presented these results to the Magnet Enculturation Council at RWJUH Somerset. Currently, other departments and RWJBarnabas Health sites are considering replicating the study or offering aromatherapy to patients.





RWJUH Somerset Nurses Disseminate New Knowledge to Internal and External Audiences

Publications

Publication Citation

Implementing shared governance at the organizational level. (2019). In D. Swihart & R. Hess (Eds.), Shared Governance: A Practical Approach to Transforming Interprofessional Healthcare. (4th ed., pp. 112-116). Brentwood, TN: HCPro.

EVLP Pivotal Study for Lung Placement Using ExVivo. (2019). *Technology.*

2018 Visionary Leader: Lori A. Colineri. (January 2019). *Nursing Management.* 50(1):13-16.

Emergency Nurses' Perceptions of Risk for Firearm Injury and its Effect on Assessment Practices: A Mixed Methods Study. (2019). *Journal of Emergency Nursing*. 45(1):54-66.

Emergency Nurses' Perceptions of Geriatric Readiness in the ED Setting: A Mixed Methods Study. (2019). Journal of Emergency Nursing. 45(2):1-5.

External Podium Presentations

Title of Presentation	Staff	Venue
Hourly Rounding to Prevent Falls	Irene Ondieki, DNP, RN-BC	Research Day, Ramapo College
The Impact of Opioid Addiction on Brain Health	Melissa Richardson, DNP, RN, FNP-BC	New Jersey Council of Black Nurses Association, Union, NJ
Relationship between Cancer Health Literacy and Hope in Outpatients Receiving Cancer Treatment	Siby Varughese, MA, MBA, BSN, RN, OCN, CCRP	Society of Clinical Research Associates (SOCRA) Annual Meeting, California
Be a VTE Prevention Champion: Successful Strategies for Driving Down VTE Rates	Kathleen Wilson, MSN, RN, CNL, SCRN Kathleen E. Zavotsky, PhD, RN, CCRN,	American Nurse Today Webinar
	CEN, ACNC-BC, FAEN	
The Difference between Research, EBP and PI/QI	Kathleen E. Zavotsky, PhD, RN, CCRN, CEN, ACNC-BC, FAEN	National Association of Clinical Nurse Specialists (NACNS) Webinar

Internal Podium Presentations

Title of Presentation	Staff	Venue
Transitions of Care	Patricia Mussen, BSN, BA, RN	Medical Surgical Fair, RWJUH Somerset
Relationship between Cancer Health Literacy and Hope in Outpatients Receiving Cancer Treatment	Lenore Rogers, MSN, RN, OCN, CHPN Stacey Alphas, BSN, RN OCN Siby Varughese, MA, MBA, BSN, RN, OCN, CCRP	14th Annual Research Symposium, Rutgers University

Staff

Kathy Easter, MSN, RN, CCRN-K

Shankari Ravichandran, DNP, APN, ANP-BC

Kathleen E. Zavotsky, PhD, RN, CCRN, CEN, ACNC-BC, FAEN Kathy Easter, MSN, RN, CCRN-K

Kathleen E. Zavotsky, PhD, RN, CCRN, CEN, ACNC-BC, FAEN

Kathleen E. Zavotsky, PhD, RN, CCRN, CEN, ACNC-BC, FAEN

External Poster Presentations

Title of Poster	Staff	Venue
Clinical Benefit of Skin/Wound Education with New RNs	Denise Gerhab, BSN, RN, WCC-OMS	ANA Quality and Innovation Conference and Pathway to Excellence® Conference, Orlando, Florida
Improving Transitions of Care	Rhonda Lane, BSN, RN	Improving Transitions of Care across the
	Patricia Mussen, BSN, BSBA, RN	Continuum Conference, NJHA
Effects of Aromatherapy on Pain in Total Hip and Total Knee Arthroplasty	Lisa Redler, BSN, RN ONC	New Jersey Council of Magnet Organizations, Inc. (NJCOMO), New Jersey Hospital Association, Princeton
Structured Ambulation Program Using Single Longest Distance Walked as a	Kathleen Wilson, MSN, RN, CNL, SCRN	National Association of Orthopaedic Nurses (NAON), Atlanta
Predictor for Discharge Disposition Following TKA and THA	Marcella O'Herlihy, BSN, RN	
	C. Hildeman, OTD, MOTR/L	
Knowledge of Nurses Caring for Patients with Diabetes	Kathleen E. Zavotsky, PhD, RN, CCRN, CEN, ACNC-BC, FAEN	ANA Quality and Innovation Conference and Pathway to Excellence® Conference, Orlando, Florida
	Oriana Calo, MSN, RN-BC	

Internal Poster Presentations

Title of Poster	Staff	Venue
CMSRN Patient Education	Suja Abrahan, BSN, RN	Patient and Family Education and Falls Fair, RWJUH Somerset
Malignant Hyperthermia Drill	Jocelyn Accetta, BSN RN	Skills Lab, RWJUH Somerset
	Edna Estrada, BSN, RN, CCRN	
	Maisy Koshy, BSN, RN, CCRN	
Pain Management on Q Pumps/Blocks	Jocelyn Accetta, BSN RN	Patient and Family Education Fair, RWJUH
	Edna Estrada, BSN CCRN,	Somerset
	Susan Veranga, BSN RN, CEN	
Transitions of Care	Bolade Ajiboro, MSN-PH, RN	Quality Fair, RWJUH Somerset
Implementing a New Skill and Role in Same	Linet Angir, RN, CCRN	14th Annual Research Symposium, Rutgers
Day Center on Peripheral Nerve Blocks	Lena Arago, BSN, RN-BC	University
	Patricia Kerwin, BSN, RN-BC	
Huddle up for Safety	Emma Coady, RN	Quality Fair, RWJUH Somerset
	Vivian Madamba, BSN, RN, CMSRN	
Nursing Communication	Geraldine Contreras, BSN, RN-BC	Quality Fair, RWJUH Somerset
What Do Patients Experience During Hospitalization		Patient Experience Fair, RWJUH Somerset
Patient Centered Care through Bedside	Geraldine Contreras, BSN, RN-BC	Magnet Fair, RWJUH Somerset
Shift Reporting	Jocelyn Dimagmaliw, BSN, RN-BC	
Falls and Fall Injuries: Prevention & Reduction		
What Do Patients Experience During Hospitalization		
Postpartum Warning Signs	Mary Cuccio, BSN, RN	MCH Skills Day, RWJUH Somerset
Patient and Family Education Annual Symposium, RWJUH Somerset		
Fetal Monitoring Principles		

Internal Poster Presentations (Cont'd)

Title of Poster	Staff	Venue
Pressure Injury: Staging & Management	Maria Theresa Domider, BSN, RN-BC Alicia Guillemette, RN, CCRN	Magnet Fair, RWJUH Somerset
Fall Prevention	Linda Flanagan, BSN, RN, OCN	RWJUH Somerset Falls Festival
Impact of Safety Together Actions and RWJ Somerset STRONG Initiatives on Engagement Survey Results	Loren Herka, MSN, RN	Quality Fair, RWJUH Somerset
Journey through Peri-Oz	Alison Hosler- Koemm, RN	Magnet Fair, RWJUH Somerset
Preoperative Education for the Total Joint Replacement Patient		
Implementing a New Skill and Role in Same Day Center: Regional Block Nurse		
Same Day Center Falls Prevention		
Effects of Aromatherapy on Pain in Total Hip and Total Knee Arthroplasty	Swapna Kandithil, BSN, RN, ONC	Magnet Fair, RWJUH Somerset
Magnet Enculturation Council, RWJUH Somerset		
Nursing Interventions to Prevent Pressure Injuries in Patients with Braden Scale Assessment Below 18		
Chemo Side Effects	Marie Li, RN, OCN, BMCN	Patient and Family Education Fair, RWJUH Somerset
Algorithm for Reporting Workplace Violence Injury	Peachie Miranda, BSN, RN	Magnet Fair, RWJUH Somerset
Algorithm for Reporting Slips, Trips, and Falls Injury		
Algorithm for Reporting Splashes Injury		
Algorithm for Reporting a Needle Stick/ Sharps Injury		
Algorithm for Reporting Musculoskeletal Injury Related to Patient Handling		
Transforming Healthcare One BPCI-A Patient at a Time	Patricia Mussen, BSN, BSBA, RN	Quality Fair, RWJUH Somerset
Emergency Department Interventions Reduce Hospital-Acquired Clostridium difficile Infection	Sharon Parrillo, BSN, RN, CIC, CPPS	Quality Fair, RWJUH Somerset
Falls TIPS Poster Teaching on 2 West	Alaine SanRafael, BSN, RN	Transforming Care at the Bedside (TCAB) RN Residency Program, RWJUH
PAT	Mary Jane Sibayan, BSN, RN, CPAN	Diabetes Education Day, RWJUH Somers

Internal Poster Presentations

Title of Poster	Staff	Venue
Relationship between Cancer Health Literacy and Hope in Outpatients Receiving Cancer Treatmen	Marianna Szafranska, BSN, RN, ONC	Magnet Fair, RWJUH Somerset
RWJUH Somerset Critical Care Fall Prevention 2019	Jennifer Tinn, BSN, RN, CCRN	Magnet Fair, RWJUH Somerset
Relationship between Cancer Health Literacy and Hope in Outpatients Receiving Cancer Treatment	Siby Varughese, MA, MBA, BSN, RN, OCN, CCRP	Quality Fair, RWJUH Somerset
	Stacey Alphas, BSN, RN OCN	
	Lenore Rogers, MSN, RN, OCN, CHPN	
	Marianna Szafranska, BSN, RN, ONC	
	Kim Cromwell-Pinella, BSN, RN, CBCN, OCN	
Falls Safety	Fasika Yeshanew, BSN, RN	Magnet Fair, RWJUH Somerset



