



Women's Health Day Brunch

Healthy Women, Healthy Families

Saturday, May 4, 2024 | 10:30 am to 4:00 pm

Newark Airport Marriott | 1 Hotel Road, Newark

Join us for Brunch, an Expert-led Health & Wellness Discussion and more:

- Free Health and Wellness Screenings
- Flexibility Yoga (bring your mats)
- Mind, Body and Soul Meditation
- Reiki and Massage
- Vendors
- Door Prizes

Complimentary parking.

Register at: rwjbh.org/NBIWHD

**Must be 21 or older to attend; registration is required.*

RWJBarnabas
HEALTH

**Newark Beth Israel
Medical Center**