

THE GOOD LIVING MAGAZINE FROM MONMOUTH MEDICAL CENTER

MONMOUTH

health & life

AUGUST/SEPTEMBER 2019 | \$3.95
MONMOUTHHEALTHANDLIFE.COM



SWEET
TREATS
from
Duck Donuts
in
Middletown

THE BEST OF 2019

- DELIS & DONUTS
- GOLF & GIFTS
- HAPPY HOUR & HOME DECOR

+ 6 CELEBS WHO MADE THE GRADE

IN GOOD HEALTH

MEDICINE + TECHNOLOGY + PATIENT CARE AT MONMOUTH MEDICAL CENTER



TO THE NINES

MONMOUTH
MEDICAL CENTER
EARNS TOP
SAFETY HONORS
FOR THE NINTH
CONSECUTIVE
YEAR.

MONMOUTH MEDICAL CENTER (MMC) has been granted a top honor as the only hospital in the region to receive an "A" Hospital Safety Score for nine years in a row.

The Leapfrog Hospital Safety Grade, which independent national nonprofit The Leapfrog Group gives out twice a year, is the only rating system for hospital safety and is based on a facility's ability to prevent medical errors, infections and other harm. Letter grades from A to F are

given to hospitals each fall and spring to help people choose the safest hospital for their inpatient and outpatient care.

"This tremendous achievement is a testament to the dedication of our highly skilled physicians, nurses and care teams and their commitment to providing the highest quality patient-centered care in the safest environment," says Eric Carney, president and chief executive officer of Monmouth Medical Center.

Monmouth Medical Center is also one



of only eight hospitals in New Jersey and the only facility in the region to meet Leapfrog's standards on maternity safety, including as it pertains to cesarean section, episiotomy and early elective delivery rates. According to The Leapfrog Group's report, only 20 percent of hospitals nationwide achieve that standard. MMC is the largest birthing hospital in Monmouth and Ocean counties, delivering about 6,000 babies annually. Also, MMC is part of the system-wide Obstetric Collaborative Group formed within RWJBarnabas Health to better the quality and safety of care delivered to women in New Jersey.

"We are proud to be leaders in that initiative," says Robert Graebe, M.D., chairman and program director of the Department of Obstetrics and Gynecology. "Monmouth Medical Center has built one of the safest obstetrical and gynecologic services in New Jersey, and continues to expand and upgrade its facility to match its commitment to quality care and patient safety."

Lastly, MMC is also one of only 53 hospitals nationwide to receive one of The Leapfrog Group's most competitive titles, being named as a Top Teaching Hospital for the second consecutive year.



Monmouth Medical Center recently completed an ambitious renovation and expansion of its Labor and Delivery Unit, including patient rooms and nursing station.

"Monmouth Medical Center has a long history as a teaching hospital, and our respected reputation as a university-level medical center attracts the top physicians to our teaching faculty," Carney says. "Our resident physicians and medical students are an integral part of this collaborative approach to achieving superior safety and quality."

Monmouth is the campus for third- and fourth-year medical students at Rutgers Robert Wood Johnson Medical School, and trains residents and fellows in Dental Medicine, Internal Medicine, Obstetrics and Gynecology, Orthopedic Surgery, Pathology, Pediatrics, Pharmacy, Diagnostic Radiology and General Surgery.

FOR MORE INFORMATION ON THE LEAPFROG GROUP AND THE SPRING 2019 SCORES, VISIT HOSPITALSAFETYSCORE.ORG.



HOMETOWN HERO

LONGTIME MMC BOARD MEMBER AND DECORATED WWII OFFICER IS MEMORIALIZED WITH BRONZE BUST.

THE NEXT TIME YOU WALK THROUGH Monmouth Medical Center's (MMC) Administrative Hallway, you'll notice a welcoming new addition—a bronze bust memorializing Wall Township's Maj. Gen. Harry Rockafeller.

On May 29, the hospital held a dedication ceremony to unveil the bust of the late Gen. Rockafeller, a longtime MMC board member and decorated World War II hero. The bust is a replica of the 9-foot-tall bronze memorial statue at Wall Township Police Headquarters that portrays Rockafeller in December 1944 in the Battle of the Bulge, where he served as a major in the U.S. Army.

The statue, which was unveiled at the police department on Veterans Day 2018,

faces northeast toward the American military cemeteries in France, Belgium and the Netherlands. It also features shell casings from Chaumont, Belgium and sand from Utah Beach, Normandy. In the statue's left hand is a note "Rocky" received from his friend and Rutgers University classmate Maj. George A. Renoux, who was killed in action in 1945.

Rockafeller devoted nearly 40 years of service to the U.S. Army and was a two-time recipient of the Department of the Army Meritorious Civilian Service Medal. He served in the famed 4th Armored Division and was awarded the Silver Star three times. He also received the Bronze Star with Valor, the Purple Heart and several other citations during

WWII. He retired from the Army in 1974 as a major general.

"We are tremendously honored to house this special monument at MMC, where it will provide a lasting memory of his service to our country and our hospital," says MMC president and chief executive officer Eric Carney.

Rockafeller lived in Wall Township for more than 70 years, during which time he was very involved with Monmouth Medical Center. He formed a special bond with the members of the Wall Township Police Department, Patrolman Michael Malone in particular, in the last few years of his life. Rockafeller passed away at his home at the age of 100 in August 2017.



Pictured during the statue dedication ceremony are, from left, Wall Township Patrolman Michael Malone; Frank Vozos, M.D., FACS, MMCSC executive vice president, RWJBarnabas Health, chief executive Monmouth Medical Center South Campus; Bill Arnold, vice president, Southern Region; and Eric Carney, MMC president and chief executive officer.

TO LEARN MORE ABOUT MAJ. GEN. HARRY ROCKAFELLER, VISIT ROCKAFELLERMEMORIAL.COM. TO SHARE THIS ARTICLE WITH A FRIEND OR TO RECOMMEND IT ON YOUR FACEBOOK PAGE, VISIT MONMOUTHHEALTHANDLIFE.COM.



Louis Zinterhofer, M.D. (pictured with his wife, Susan), recently retired from his position as Monmouth Medical Center's chairman of pathology. He was honored at the Power of Pink luncheon in July.

DR. LOUIS ZINTERHOFER—POWER OF PINK HONOREE AND RETIRED CHAIR OF PATHOLOGY—CONTINUES HIS MEDICAL MISSION AT MMC.

LOUIS ZINTERHOFER, M.D., ISN'T READY TO CALL IT A CAREER

just yet. Though the 76-year-old Rumson resident retired from his position as Monmouth Medical Center's (MMC) chairman of pathology—a post he had held for the past three decades—he still maintains a significant role at the hospital's Long Branch facility and in the medical community. And there's no sign of him slowing down.

MMC recognized Dr. Zinterhofer for his 45 total years at the hospital and his ongoing commitment to health care, honoring him at The Leon Hess Cancer Center Council's 24th annual Power of Pink luncheon. The event, held in July, raised money and awareness for the cancer center's support programs and state-of-the-art technology, in particular equipment to perform deep inspiration breath hold (DIBH). This technique, designed for specific radiation patients, prevents radiation-induced abnormalities of blood flow to the heart.

Dr. Zinterhofer, who ended his 30-year chairmanship in January, continues to work at MMC, practicing and teaching residents there and helping with administrative transitions. In the past, he has received several awards, including the Pinnacle Award for Outstanding Medical Staff Member and the Outstanding Achievement Award from the Board of Trustees. His recognitions and

achievements include service as president of the New Jersey Society of Pathologists and chairman of the New Jersey delegation to the College of American Pathologists (CAP). Dr. Zinterhofer also has served on the laboratory inspection and accreditation council for CAP and inspected numerous labs in the U.S. and Asia.

"It's incredibly intense to be a pathologist because you're diagnosing cancer and other cases that can be very complex," explains Susan Zinterhofer, the doctor's wife. "Dr. Zinterhofer has helped build a great anatomic and clinical laboratory at MMC, one of the finest labs in the state."

In addition to his current responsibilities at MMC, Dr. Zinterhofer is also a recent governor-appointed member of the New Jersey Board of Medical Examiners. "He has to go to Trenton for that and help set policy for medical issues in the state," Susan Zinterhofer says. "So he's still working pretty hard."

"Dr. Zinterhofer also wants to focus on doing some work on energy and environmental issues—that's become his main interest besides medicine," she says. "We'll be traveling a lot and spending as much time as we can with our two children, four grandchildren and friends. He also loves classical music, so he's hoping to spend more time at concerts in New York."

FOR MORE INFORMATION ABOUT MONMOUTH MEDICAL CENTER, VISIT RWJBH.ORG/MONMOUTH.
TO SHARE THIS ARTICLE WITH A FRIEND OR TO RECOMMEND IT ON YOUR FACEBOOK PAGE, VISIT MONMOUTHHEALTHANDLIFE.COM.

