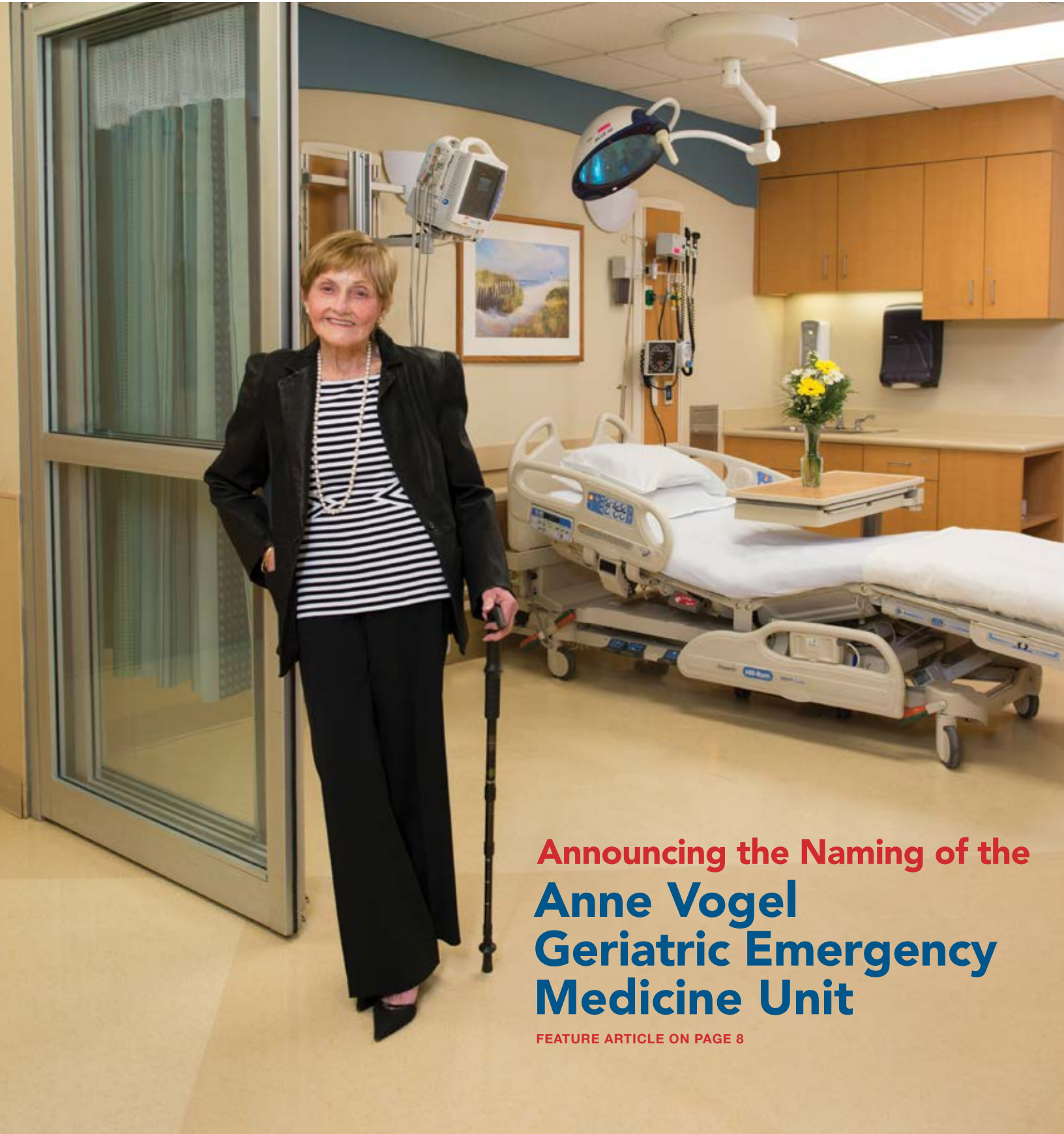


# MILESTONES



Announcing the Naming of the  
**Anne Vogel**  
Geriatric Emergency  
Medicine Unit

FEATURE ARTICLE ON PAGE 8

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## Mission

As an RWJBarnabas Health facility, Monmouth Medical Center Foundation is a leader in identifying, cultivating and soliciting charitable gifts in support of Monmouth Medical Center's mission to deliver quality-driven, efficient and responsive health care services to the community.

## Vision

Monmouth Medical Center Foundation, a charitable organization dedicated to supporting Monmouth Medical Center and its programs and services, has a five-fold mission:

To **develop** and **implement foundation programs** that provide charitable financial support to MMC

To **demonstrate** to the public at large how philanthropy benefits donors, patients and the community served by MMC

To **increase public awareness** and enhance the community's positive perception of MMC by being an advocate of the center's commitment to the community

To **serve responsibly** as the steward of contributed funds to MMC

To **develop candidates** for leadership positions for MMCF and MMC

# Board of Trustee Members Finish Their First Year



**ROBERT BUTTERS** is the CEO and owner of Green Distribution LLC, based in Secaucus, New Jersey. Green Distribution started in 2009 and has grown to be one of the largest independent apparel screen printers, heat-applied graphic manufacturers and pick-and-pack distribution companies on the East Coast. Green Distribution, as part of its mission of giving back to the communities in which it operates, works hand-in-hand with Spectrum, an organization empowering people with autism to be part of an integrated workforce. Robert resides in Rumson, New Jersey with his wife, Dianne, and their four children.



**GARY CHROPUVKA** is co-head of the Quantitative Investment Strategies (QIS) team within Goldman Sachs Asset Management (GSAM), managing leading big data, smart beta and alternative risk premia strategies around the world, focusing on factor-based approaches in stock selection, rules-based and customized indices, hedge fund beta and impact investing, as well as tax efficient investment strategies. Gary joined Goldman Sachs in 1998 as an analyst in GSAM's Private Equity Group and was named managing director in 2006 and partner in 2014.

In addition to serving on the Board of Trustees for Monmouth Medical Center Foundation, Gary serves on the Board of Trustees of Rutgers University and is a member of the Board's Joint Committee on Investments. Gary earned a BA in Mathematics from Rutgers University and a master's degree in financial engineering from Columbia University. He is a CFA charterholder.



**ANIL K. SHARMA, MD** is the founder and President of Spine & Pain Centers of New Jersey and New York. He received his fellowship training in Pain Management at the prestigious Cleveland Clinic Foundation. Dr. Sharma currently serves as the Director of Pain Management at Monmouth Medical Center.

Dr. Sharma specializes in the use of minimally invasive techniques to treat spinal disorders. He has performed over 40,000 spinal procedures in his 20 years of clinical practice. His expertise ranges from diagnosing difficult and rare cases, to pinpointing the source of back, neck and other chronic pain conditions. He is a leading practitioner of state-of-the-art techniques.

## Officers

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# Bringing Monmouth Medical Center into the Future

## Message from President and CEO

For the past several years in April, Monmouth Medical Center (MMC) and RWJBarnabas Health (RWJBH) have proudly sponsored the Novo Nordisk New Jersey Marathon and Half Marathon and the RWJBH Family Day and Kids Races. This year, 200 RWJBH employees ran in the marathon and the 5K and brought their children to participate in the kids races. It was great to see so many employees taking advantage of a weekend dedicated to health and fun on the Long Branch boardwalk. An important part of Monmouth Medical Center's mission is to empower our community to take charge of their health by sponsoring events like the marathon, improving access to care and screenings and educating the public.

The evidence shows that good access to primary care can help us live longer, feel better, and avoid disability and long absences from work. In areas of the country where there are more primary care providers per person, death rates for cancer, heart disease, and stroke are lower and people are less likely to be hospitalized. MMC has collaborated with Barnabas Health Medical Group (BHMGM) to expand access to primary care physicians in Monmouth County by opening two state-of-the-art, easily accessible primary care offices in Tinton Falls and Eatontown.

In addition to strengthening our primary care network, we've expanded Monmouth's cardiology services and welcomed Isaac H. Tawfik, M.D., as chief of cardiology at MMC. Dr. Tawfik, who brings years of interventional cardiology experience, has joined BHMGM Cardiology Services—Monmouth, currently located at 166 Morris Avenue in Long Branch. The practice will provide care as part of the RWJBH Cardiac Institute, which will be coming this fall to a 12,000-square-foot building on Route 35 in Eatontown close to the Monmouth Mall.

The growth of cardiac services continues with expanded local access to the vast resources of the RWJBH award-winning, technologically advanced cardiac care network through MMC's Transcatheter Aortic Valve Replacement (TAVR) Screening Program, which is located off the hospital's main lobby. TAVR is a minimally invasive alternative to surgical aortic valve replacement that offers quicker recovery, less pain, fewer complications and a shorter hospital stay. In addition to performing more TAVR procedures than any other health system in the state, RWJBH has one of the three largest heart transplant programs in the nation and the largest pediatric cardiology and cardiac surgery programs in the state.

As we continue to improve access, efficiency and convenience and leverage the latest technologies available, MMC is providing the best care possible when and where our community members need them. Thank you for supporting us in our mission and helping us bring MMC's trusted services far beyond the walls of our hospital.

**“ The growth of cardiac services continues with expanded local access to the vast resources of the RWJBH award-winning, technologically advanced cardiac care network through MMC's Transcatheter Aortic Valve Replacement (TAVR) Screening Program.**

**– Bill Arnold**

**Bill Arnold**  
PRESIDENT AND CHIEF EXECUTIVE OFFICER  
MONMOUTH MEDICAL CENTER

## MEET OUR DEDICATED CARDIOLOGISTS

**Monmouth Medical Center is proud to welcome an expert team of dedicated cardiologists skilled in all aspects of heart care and developing coordinated, individualized treatment plans for cardiac patients of all ages.**

The new chief of cardiology, Issac H. Tawfik, MD, leads Monmouth Medical Center's team of heart specialists. Board certified in cardiovascular disease and interventional cardiology, Dr. Tawfik brings years of interventional cardiology experience to his new position.

Barnabas Health Medical Group (BHMG) Cardiology Services – Monmouth, currently located in Long Branch, will provide care as part of the RWJBH Cardiac Institute, which will be coming this fall to a 12,000-square-foot building on Route 35 in Eatontown, close to the Monmouth Mall.



**Chief of Cardiology**  
**Isaac Tawfik, MD**  
Clinical Interests:  
Interventional Cardiology,  
Peripheral Vascular  
Intervention, Structural Heart  
Intervention



**Julie Master, DO, FACC**  
Clinical Interests:  
Noninvasive Cardiology,  
Preventive Cardiology



**Ajay Shah, MD, MS,  
FACC, FASE, RPVI**  
Clinical Interests:  
Noninvasive Cardiology,  
Preventive Cardiology



**Peter Farrugia, MD,  
FACC, RPVI**  
Clinical Interests:  
Interventional Cardiology,  
Peripheral Vascular Disease,  
Nuclear Cardiology





# Stronger and Healthier Community

## Message from Foundation Leadership

“Jersey Strong” was the rallying cry that brought New Jersey together to fight the adversity brought about by Hurricane Sandy. The rallying cry we now need is “a stronger and healthier Monmouth County.” We believe Monmouth Medical Center is at the core of a healthier future for our community. And they need support from us – the Foundation.

2017 was an amazing year with exceptional philanthropy and true community support, MMC Foundation raised over \$9 million! These funds went directly into ensuring the best possible medical care for our community. This includes the creation of the Judith W. Dawkins Women’s Health Program and addressing a strong need facing the community for an open discussion and education on behavioral health.

Through the Foundation’s funding, MMC clinical teams can do their work more effectively with the use of advanced technology and state-of-the-art equipment. Throughout this issue you will meet our grateful patients and see for yourself how MMC and the equipment and programs your donations made possible continue to keep the community healthy.

Fundraising activities, including various events like our Invitational Golf Classic & Tennis Tournament and Power of Pink Luncheon, not only raise necessary funds, they raise awareness of essential health issues facing local families. These events and additional outreach efforts brought us face to face with over 1,500 people last year, allowing us to empower, educate and improve the health of our shared community.

Over the next few years, we envision even more community involvement. This year we will prepare to launch exciting fundraising initiatives designed to prepare the hospital for the changes in healthcare and the growing needs for you and your family. In the decades ahead investments in MMC will provide future improvements to facilities and new technology while expanding the footprint of our clinical teams throughout Monmouth County.

MMC is a community leader. You can be too. Let’s work together to keep our community healthy and strong....Jersey Strong.

Yours in health,

**Robert Butters**  
BOARD CHAIR

**Tara Kelly**  
VICE PRESIDENT OF DEVELOPMENT  
MONMOUTH MEDICAL CENTER FOUNDATION

**To make a gift or to learn more about the ways  
you can be involved, visit [monmouthgiving.org](http://monmouthgiving.org)**

**PICTURED:** In 2017, MMCF trustees and dedicated supporters opened their homes to host eight cultivation events, introducing new friends to MMC. Pictured: Maja Meighan, AVP, MMCF and Ruth Harms; Victoria and Vincent Tizzio; Pragati and Anil Sharma, MD, MMCF Trustee; Bill Arnold, President and CEO, MMC, Kari Rallo, Margaret Fisher, MD, Medical Director, Unterberg Children’s Hospital, Victor Rallo, Jr.; Robert Butters, Chair, MMCF, Kevin Kelly, MMCF Trustee, Corbett Donato; Linda and Peter Carton, MMC Trustee; Bill Arnold, Rick Stavola, Tara Kelly, VP Development, MMCF, Robert Butters.

# Announcing the Naming of the Anne Vogel Geriatric Emergency Medicine Unit

## Milestone Gift will allow Emergency Services to offer a Care Area Specifically for Seniors

With an aging population and the demographic shift of older adults in the health care system, emergency departments are increasingly challenged with the complexities of providing care for geriatric patients. Estimates are that by 2030, one in five Americans will be 65 or older, and while the aging of the U.S. population will impact all areas of health care, emergency departments in particular will be affected. In response, Monmouth Medical Center has introduced a dedicated Geriatric Emergency Medicine (GEM) unit to better meet the complexities of providing care to geriatric patients.

In grateful recognition of Anne Vogel's generosity and decades of commitment to our community, Monmouth Medical Center is honored to name the Geriatric Emergency Medicine Unit after Anne. Anne, along with her husband Sheldon, have been pillars of the community for decades.

Vogel's Department Store was a fixture in Long Branch; Anne's father, Joseph Purcell, served Long Branch Police Department for over 34 years, ending his career as Chief of Police; and Anne's sister, Judy Ziegler, worked at Monmouth Medical Center for 45 years. The family's dedication to the community is an inspiration to us all.

Each year, over **4200 patients** over the age of **65** are cared for in the GEM Unit

**10 treatment rooms** geared toward meeting the needs of the aging population and their caretakers

**An interdisciplinary team of caregivers** trained in Geriatric Medicine

**A dedicated pharmacist** focused on medications commonly prescribed to seniors with special attention to issues that can result in dangerous interactions

Lower beds equipped with **safety alarms** to prevent patient falls

Consults with a **board certified** geriatrician

**PICTURED:** Longtime MMCF supporter, Anne Vogel





# Let's beat cancer together.

Celebrating the Future of Cancer Care



**PICTURED:** Bill Arnold, President and CEO, MMC, Tara Kelly, VP, Development, MMCF, Woody Knopf, Trustee, MMC, Eric Carney, COO, MMC, Claire Knopf, MMCF Trustee, Steven K. Libutti, MD, FACS, Senior Vice President, Oncology Services, RWJBarnabas Health and Director, Rutgers Cancer Institute of New Jersey, along with Amy Mansue, President, Southern Region, RWJBarnabas Health.



On March 19, 2018, Claire and Woody Knopf welcomed Monmouth Medical Center Foundation and RWJBarnabas Health leaders into their home for an important discussion about the vision and future of cancer care in New Jersey. Guests heard from the evening's featured speaker, Dr. Steven K. Libutti, the newly appointed Senior Vice President of Oncology Services for RWJBarnabas Health and the Director of the Rutgers Cancer Institute of New Jersey. Together, RWJBH and RCINJ will bring a world class team, providing close-to-home access to the latest oncology treatments and clinical trials.

From eleven facilities across New Jersey, our multidisciplinary team of oncologists, nurses, and other care specialists at our NJ cancer hospitals ensure a compassionate, innovative approach to diagnosing and treating all types of cancer. From blood and breast cancers to pediatric and prostate cancers, we deliver the highest level of cancer care to those in the tri-state area. That approach is grounded in the partnership between RWJBarnabas Health and Rutgers Cancer Institute of New Jersey, where physicians, researchers, and scientists deliver the very latest in clinical trials and available cancer treatments to our patients.

The evening also celebrated the joining of The Women's Council and The Women of Wilentz to form The Leon Hess Cancer Center Council, continuing philanthropic members' long-standing dedication to the Leon Hess Cancer Center at Monmouth Medical Center.

The partnership between RWJBarnabas Health and the Rutgers Cancer Institute of New Jersey offers patients the opportunity to receive care from the **best research physicians.**

Our teams of specialists are working together to provide truly integrated cancer care close-to-home.

### Our Services

- Cyberknife
- Proton Therapy
- Gamma Knife
- Brachytherapy
- Tomo Therapy
- Robotic Surgery
- Genomic Analysis
- Precision Medicine

**Monmouth  
Medical Center**

**RWJBarnabas  
HEALTH**

[rwjbh.org/beatcancer](http://rwjbh.org/beatcancer)

**RUTGERS**  
Cancer Institute  
of New Jersey  
**RUTGERS HEALTH**





# Our Impact.

## Teaching the Next Generation of Surgeons

MMC Recognized as  
Top Teaching Hospital  
by The Leapfrog Group

Foundation funding will provide a **Virtual Laparoscopic 3D Training System**, allowing surgical residents to perform virtual surgeries with real time feedback, virtual bleeding and tactile feedback – all while mimicking an actual surgical procedure. Simulation based training is of high importance when it comes to an effective and safe way to train the next generation of surgeons for difficult surgical interventions.

**PICTURED:** Gregory A. Greco, DO, FACS, Program Director, General Surgery Residency Training Program; Section Chief, Division of Plastic Surgery; Clinical Assistant Professor, Drexel University College of Medicine with general surgery residents William Boyan, MD, Chief Resident, Shabiah Martin, MD, Michael Farr, MD and Natalie Swergold, MD.

# Providing Specialized Cleft Palate Care

## One of Only Five Centers in New Jersey

At the Regional Cleft Palate Center at The Unterberg Children's Hospital at Monmouth Medical Center, a team of specialists takes a personalized approach to the treatment of cleft lip and palate – common birth defects affecting one in 700 newborns.



 Dr. Manolakis  
ADVANCED FACIAL SURGERY

**PICTURED:** Manolis Manolakis, DMD, FACS, Director, Facial Cosmetic Surgery Fellowship, Monmouth Medical Center, with grateful pediatric cleft palate patient, Cooper, age 3. Cooper has been a patient at the Regional Cleft Palate Center at The Unterberg Children's Hospital at Monmouth Medical Center since he was born. Dr. Manolakis is only one of many specialists dedicated to the Cleft Palate Center's program.



# Our Impact.

Through the support of Grant Funding, the specialists of The Unterberg Children's Hospital at Monmouth Medical Center, take a **multidisciplinary approach** to Cleft Palate Care

Audiology

Dentistry

Ear, Nose and Throat

Genetics

Orthodontics

Pediatrics

Plastic Surgery

Prosthodontics

Social Work

Speech Language Pathology

Oral Maxillofacial Surgery







# Our Impact.

## Always There, Even When Parents Can't Be

### Angel Eyes Camera System

Through a generous donation from the Scire Family Foundation, the new Angel Eyes Camera System delivers secure, live-streaming video and audio feed on mobile devices, allowing parents to see and interact with their babies in The Hirair and Anna Hovnanian Foundation Regional Newborn Center. The far-reaching ability of the system allows for babies to hear the voices of family members worldwide.

The Sheehan family welcomed triplets on March 25, 2018. The three girls were born at 32 weeks gestation – six weeks early. Cora, pictured, was 3 lbs., 6 oz. at birth. The Angel Eyes Camera System gives Richelle and Thomas Sheehan peace of mind at times when they are unable to be by the babies' sides. The system also allows family in New York and Georgia to be a part of the girls' journey. "We cannot express how much Angel Eyes means to our family. It allows us to see the triplets, even when we cannot be there. Being parents of three babies in the NICU is an emotional and physical challenge. The cameras have helped make the experience easier for our entire family."

Since its inception as one of the first neonatal intensive care units in the country, The Hirair and Anna Hovnanian Foundation Regional Newborn Center has one of the highest survival rates among NICU units nationally.

A generous donation from the Scire Family Foundation will help **over 500 families** see their premature babies 24 hours a day, seven days a week from anywhere on a mobile device, improving the NICU experience.

PICTURED: Richelle and Thomas Sheehan with daughter, Cora.

# Women's Choice Award for Breast Health

The Jacqueline M. Wilentz Breast Center has been a recipient of the Women's Choice Award for America's Best Breast Center since 2014.



# Our Impact.



Through the support of The Leon Hess Cancer Center Council, proceeds from the annual Swing Pink event, held each September, gives nearly **10,000 women** access to the state-of-the-art, tomosynthesis 3-D Mammography machine for early detection – **a first in the region.**

3D Mammography exam **detects 20-65% more** invasive breast cancers compared to 2-D alone.

**PICTURED:** Manpreet Kohli, MD, FACS, Jacqueline M. Wilentz Comprehensive Breast Center, with the tomosynthesis 3-D Mammography machine for early detection, purchased through the support of The Leon Hess Cancer Center Council.

# Employee and Physician 2018 Charitable Gift Campaign

## Employees Helping Employees

Employee and physician philanthropy will provide over **\$40,000 in scholarships** to Monmouth Medical Center employees this year alone.

Support through the gift campaign gave **75 employees** financial support from the Employee Assistance Fund in their greatest time of need.

**\$24,000** from the gift campaign was turned over to the Patient Comfort Fund, providing vital medications and medical supplies to patients in need.





**PICTURED:** Lauren Russo, RN, is pictured with team members from Monmouth Medical Center's Surgical Unit, which had 100% staff participation in both the 2017 and 2018 Employee and Physician Charitable Gift Campaigns.



*Dr. M. Stovick*

## The Physician's Leadership Council

### Physician Leaders Recognize Meaningful Philanthropy

The Physician's Leadership Council is a system-wide program allowing RWJBarnabas Health foundations and physicians to work together to identify grateful patients. We fully recognize that without the excellent work of our physicians and nurses, we simply would not have grateful patients. Every time a patient or family member writes a thank-you note, expresses gratitude to our physicians or their staff, posts on Facebook or other social media, calls to say thank you, or asks, "Is there anything I can do..." there is an opportunity to start a discussion that could lead to meaningful philanthropy.

**"As a physician, accepting gratitude graciously is not something we are trained to do. It is a privilege as a physician to care for patients and their families.**

#### Physician's Leadership Council

Michael Arvanitis, MD, FACS,  
FASCRS, Chair

Victor Almeida, DO, FACEP

Steven Binnebaum, MD, FACS, FASMBS

Frank Borao, MD, FACS, FASMBS

John Checton, MD, FACC

Jason Cohen, MD, FAAOS

Roy Dresser, DO, FACS, FASCRS

David Estin, MD, FACS

Gregory Fedorcik, MD

Margaret Fisher, MD

Robert A. Graebe, MD

Kenneth Granet, MD, FACP

Gregory Greco, DO, FACS

Susan Hudome, MD

Jessica Israel, MD

Matthew Klein, MD

Jeffrey Lederman, DO

Jonathan Lustgarten, MD, FACS

Pierre Mendoza, MD

Joshua Mendelson, MD

Martin Michalewski, MD

Ty Olson, MD, FACS

Mohsen Rehim, MD

Richard Ruchman, MD, FACR

Anil Sharma, MD

David Sharon, MD

Sang Sim, MD

Andrew Sun, MD

Mitchell Weiss, MD

# The Power of Thank You.

## Grateful Patients Judi and David Marrus Leon Hess Cancer Center

Together with the Rutgers Cancer Institute of New Jersey, RWJBarnabas Health brings a world class team, providing close-to-home access to the latest cancer treatments and clinical trials. Monmouth County residents, Judy and David Marrus, know this all too well.

"Living with cancer was unthinkable and unlikely not so very long ago. Today we live. We meet the challenges of cancer with growing confidence, thanks to the care available within our communities. Well-staffed and equipped health facilities, such as Monmouth Medical Center, are close at hand. Care is accessible and expertly ministered by dedicated physicians, such as Dr. Seth Cohen, who draw upon their extensive research and insight to provide guidance and build confidence. Further positive developments in treatment undoubtedly reflect on Dr. Cohen's decisions. We are understandably most grateful to Dr. Cohen."

The Leon Hess Cancer Center at Monmouth Medical Center is the region's only designated academic comprehensive cancer program by the American College of Surgeons' Commission on Cancer.

**To make a gift to the  
Grateful Patient Program, visit  
[barnabashealth.org/monmouthmakeagift](http://barnabashealth.org/monmouthmakeagift)**



**PICTURED:** Grateful patients and financial supporters of the Leon Hess Cancer Center at Monmouth Medical Center, Judi and David Marrus, are pictured with Seth Cohen, MD, Regional Medical Director, Oncology Clinical Research, Monmouth Medical Center and Monmouth Medical Center, Southern Campus.









# The Power of Thank You.

## Grateful Patient Barbara McMorrow

### Primary Care Services

What began as an office visit to her primary physician, Dr. Kenneth Granet, for an excruciating headache, ended with Barbara McMorrow hospitalized at Monmouth Medical Center. After a myriad of tests and a serious case of pneumonia, along with daily infusions of antibiotics, Barbara was diagnosed with osteomyelitis, a serious bone infection.

Barbara credits Dr. Granet for saving her life. "Through it all, Dr. Granet never gave up on me. Even when the prospect of recovery continued to dim and the prognosis continued to worsen. He did everything in his power to keep me alive. I don't know who was happier when I finally turned a corner and began to get well...me or Dr. Granet!"

While Barbara still has residual complications, she is back to leading her normal life. She is grateful for each day, as this time last year, she was doubtful that there was a future for her.

Monmouth Medical Center and Barnabas Health Medical Group is proud to announce the opening of two primary care offices in Eatontown and Tinton Falls. These are two of three Monmouth County sites to open in the new internal medicine network, to provide expanded access to primary care.

**"**Through it all, Dr. Granet never gave up on me. He did everything in his power to keep me alive.

**To make a gift to the Grateful Patient Program, visit [barnabashealth.org/monmouthmakeagift](http://barnabashealth.org/monmouthmakeagift)**

# The Power of Thank You.

## Grateful Patient Michael Restuccia

### The Hirair and Anna Hovnanian Foundation Regional Newborn Center

Monmouth Medical Center's Foundation Trustee Mario Monello's grandson, Michael Restuccia, now one year old, was delivered via emergency caesarean section at Monmouth Medical Center at exactly 28 weeks. He was three months early, weighing only 3 lbs., 4 oz., and was immediately transferred to the Hirair and Anna Hovnanian Foundation Regional Newborn Center

Life challenged the Restuccia and Monello families in those early weeks – Michael developed an infection and subsequently a life-threatening endocarditis, an infection in the inner lining of the heart chambers and valves. He was very sick and with not much time left, the neonatologists at MMC explained that his needs exceeded what Monmouth was capable of. That afternoon, the team made the arrangements to take Michael in a helicopter to the Children's Hospital of Philadelphia. After five long weeks at CHOP and too many uncertain nights to count, Michael returned to MMC.

After 63 days, Michael came home. The family is eternally grateful to the entire neonatologist staff at MMC, including Dr. Kale, Dr. Hudome, Dr. Rekedal, Dr. Qualter, Dr. Alemany and Dr. Attardi, as well as to his nurses, especially Michael's primary nurse, Alexandra Sargent. The family credits the team's knowledge, attentiveness, compassion and care for saving Michael's life.

**To make a gift to the  
Grateful Patient Program, visit  
[barnabashealth.org/monmouthmakeagift](http://barnabashealth.org/monmouthmakeagift)**

**Monmouth Medical Center Foundation  
is proud to announce The Monello Family  
as the honorees for the 12th annual Big Steps  
for Little Feet Walk on September 16, 2018.**

Big Steps for Little Feet is a little walk to make a big difference, raising funds and awareness for The Hirair and Anna Hovnanian Foundation Regional Newborn Center.

### Big Steps for Little Feet Walk



The Hirair and Anna  
Hovnanian Foundation  
Neonatal Intensive Care Unit  
At The Unterberg Children's Hospital

Monmouth  
Medical Center

RWJ Barnabas  
HEALTH

[bigstepsforlittlefeet.com](http://bigstepsforlittlefeet.com)

**PICTURED:** Neonatologist Meera Kale, MD, with Michael Restuccia, age 1, a patient from The Anna and Hirair Hovnanian Foundation Regional Newborn Center.





**PICTURED:** Grateful Patient, Joseph Romanowski, with his surgeon, Jonathan Lustgarten, MD, FACS, Section Chief, Division of Neurosurgery, Monmouth Medical Center.



# The Power of Thank You.

## Grateful Patient Joseph Romanowski

### Division of Neurosurgery

A local business owner and supporter of Monmouth Medical Center for over 20 years, Joseph Romanowski is no stranger to the excellent medical care available to the residents of Monmouth County. That's why, when Joe started to experience neck and shoulder pain, he looked no further than to Dr. Jonathan Lustgarten, Section Chief of the Division of Neurosurgery at Monmouth Medical Center.

"What I really appreciated about Jonathan was his conservative approach to treatment. We tried physical therapy and different medications, but ultimately decided together that surgery would be the best route to get me back to doing the things I enjoy doing every day."

Joe had been suffering from four herniated discs with severe disc degeneration. On September 23, 2017, Dr. Lustgarten performed an anterior cervical discectomy and fusion with screws and plates for stabilization. This allowed for decompression of Joe's spinal cord and nerve roots.

"Two months after surgery, I was chipping golf balls in my backyard. I'm now seven months post-surgery and have returned to doing all the things I love to do, including traveling, golfing regularly and playing with my two grandchildren, with no pain or discomfort whatsoever," says Joe. "I truly believe in Monmouth Medical Center, Dr. Lustgarten and his clinical team. They were there for me when I needed them the most and have given me back my best quality of life."

**To make a gift to the  
Grateful Patient Program, visit  
[barnabashealth.org/monmouthmakeagift](http://barnabashealth.org/monmouthmakeagift)**

# The Leon Hess Cancer Center Council

Longtime Philanthropic Supporters Form New Council  
to Support the Leon Hess Cancer Center



**PICTURED:** The Leon Hess Cancer Center Council Co-Chairs, Claire Knopf and Terry Ingram, along with Power of Pink Event Chair, Terri Klein, and Swing Pink Event Co-Chairs, Meredith Barber and Debbie Memmott.





Over the past two decades, The Women's Council and The Women of Wilentz have **raised over \$6 million** to advance oncology services at The Leon Hess Cancer Center at Monmouth Medical Center.

The impact of this support has been far reaching – funding state-of-the-art equipment, as well as supportive programming for thousands of patients and families who have faced a cancer diagnosis.

As these two outstanding volunteer groups come together as The Leon Hess Cancer Center Council, their crucial work becomes even more impactful. Council members will continue to invest in excellence for cancer care by serving as community ambassadors and fund-raisers, focusing on cancer awareness and highlighting the resources and services of the Leon Hess Cancer Center.

Over the past two decades, the two groups have provided financial support for state-of-the-art equipment purchases and program funding, including a digital mammography machine, a patient infusion unit, deep inhalation breathing hold equipment, a TomoTherapy patient waiting room and a 3GE Logic 700 Ultrasound. The group also developed a patient resource room, provided the Jacqueline M. Wilentz Comprehensive Breast Center funds for the Patient Navigator Program and supported free Oncology Educational Lectures.

**Join The Leon Hess Cancer Center Council  
for their annual fundraising events,  
Power of Pink on Thursday, July 19, 2018 and  
Swing Pink on Monday, September 24, 2018**

## The Leon Hess Cancer Center Council

Terry Ingram, Co- Chair  
Claire Knopf, Co-Chair  
Jessica Angstreich  
Meredith Barber  
Avery Brighton  
Jen Cavise  
Stephanie Cupps  
Carolynn Diakon  
Caryn Elkwood  
Barbara Etter  
Kim Giblin  
Melissa Ginsberg  
Cathy Goldberg  
Lisa Goodwyn  
Anna Grace Howie  
Joyce Gulden  
Pari Harrison  
Rose Jones  
Diana Kennedy  
Terri Klein  
Gerri Lawrence  
Loretta Mannion-Birde  
Caryn Marra  
Stephanie McCarter Flynn  
Laura McGuire  
Debbie Memmott  
Debbie Menkowitz  
Carol Ann Mireider  
Elaine Monte  
Sonya Moroney  
Debbie O'Donoghue  
Susan Olson  
Stacy O'Neill  
Cathy Romano  
Kara Short  
Kim Smith  
Molly Vates  
Lauren Vernon



**“ If you support local, quality healthcare, chances are, they will be there for you when you need it and give you more time to enjoy your children and grandchildren.**

## **Longstanding Supporters Leave a Legacy**

### **Cramner Legacy Society**

**PICTURED:** Cramner Legacy Society Members, Simon and Bonnie Levin.

Bonnie and Simon Levin consider their life together to be very fortunate and, in turn, have always prioritized the importance of giving back. Recognizing the future needs of Monmouth Medical Center, they included a special gift to the hospital in their estate plan.

The Levins know from firsthand experience about the exceptional level of care that Monmouth Medical Center provides and have always been grateful. Bonnie, a cancer survivor, founded The Women’s Council at Monmouth Medical Center in 1995 in order to help educate women about cancer prevention, while Simon served on the Foundation’s Board of Trustees.

When asked about their legacy commitment, Bonnie said, “We have gotten so much from the hospital and wanted to make sure that some of the programs that we helped put in place continue.” She added, “If you support local, quality healthcare, chances are, they will be there for you when you need it and give you more time to enjoy your children and grandchildren.”

Now, the couple lives in Miami Beach, spend summers in New Jersey and attends MMC events whenever possible. Bonnie concluded with, “Monmouth Medical Center holds a very special place in our hearts.”

**For information about creating your legacy gift, please contact the Foundation’s Gift Planning Office, at 1-888-322-PLAN or [giftplan@rwjbh.org](mailto:giftplan@rwjbh.org)**

# WHAT SUP

A PADDLEBOARD RACE ON THE NAVESINK RIVER  
BENEFITTING THE UNTERBERG CHILDREN'S HOSPITAL

**JULY 21, 2018**

VICTORY PARK, RUMSON, NJ

**7AM CHECK IN / 9AM RACES START**

DIVISIONS INCLUDE

MEN'S 5 MILE, WOMEN'S 5 MILE, PRONE, COED 1 MILE

**\$65 ENTRY FEE**

REGISTER  [PADDLEGURU.com](http://PADDLEGURU.com)

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**RAIN DATE SUNDAY, JULY 22, 2018**

The Unterberg Children's Hospital  
at Monmouth Medical Center

Monmouth Medical Center | **RWJ**Barnabas  
HEALTH



# 2018 SPECIAL EVENTS

## SAVE THE DATES

### MAY

#### Pollak Cocktail Party

Hosted by The Pollak Committee

### JUNE

#### Golf & Tennis Tournaments

Hosted by  
Golf & Tennis Committee

### JULY

#### Power of Pink

Hosted by  
The Leon Hess Cancer  
Center Council

### WhatSUP

Hosted by The Unterberg Children's  
Hospital Leadership Council

### SEPTEMBER

#### Swing Pink

Hosted by  
The Leon Hess Cancer  
Center Council

#### Big Steps for Little Feet

Hosted by Big Steps Committee

### OCTOBER

#### A Toast to Children's Health

Hosted by The Unterberg Children's  
Hospital Leadership Council

### YUMI

Hosted by The Valerie Center

### NOVEMBER

#### NICU Wine Tasting

Hosted by Big Steps Committee

#### Health and Wellness Conference

Hosted by WEforum

### DECEMBER

#### Pollak Holiday Luncheon

Hosted by The Pollak Committee

**Monmouth Medical Center** | **RWJBarnabas**  
HEALTH

Foundation

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**\$100 per ticket**

Only 1,500 tickets will be sold.  
Drawing to be held at  
Monmouth Medical Center

**WEDNESDAY**  
**DECEMBER 19, 2018**  
**2:00 PM**

**2018 MERCEDES BENZ**  
**C-CLASS 300W 4Matic**  
**CAR RAFFLE**

**Monmouth Medical Center** | **RWJBarnabas**  
HEALTH

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